

Health and Wellness

QUICK LINKS

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- > FOOD PANTRY
- > NUTRITION EDUCATION
- > INTEGRATIVE NUTRITION AND CULINARY MEDICINE
- > BLOG/MEDIA
- > FOOD DISTRIBUTION

Team Undergraduate 8

- Brian Burwick
- Marco Tzunun



Food Distribution

Clients receive 60 - 80 pounds of food every week. Food includes meat, dairy, fresh fruit, vegetables, and items with a long shelf life. Eastmont Community Center is committed to providing its clients with programs and resources that work for them.

Our Impact in 2023

3,300 Households Served **15,125 Individuals Fed** **490,000 Pounds of Food Distributed**



How Can I Participate?

1. Meet the Requirements

- You need to live within the 1st Supervisorial District of Los Angeles County.
- Electric/gas bills, and pay-stubs/SSI statements to verify income and location of your residence.
- ID is preferred but not required.
- Unhoused folks are welcomed and are not screened for service area requirements.

2. Complete Registration

- An appointment is required to determine your eligibility and register to the program.

Contact:
Brissa Sanchez
(323) 312-5392
bsanchez@eastmontcommunitycenter.org

3. Pick up the Food

- Pick up is between 8:00 to 10:00 am on Fridays. An appointment is required to pick up the food.
- Bring a cart or something to carry the food. It can get heavy.
- You will line up outside our facility along the street.
- Our staff will confirm that all people in the line have an appointment. You will receive a numbered ticket securing your place in the line, ensuring nobody cuts the line.



Are you interested in enrolling, donating, or becoming our partner?

Contact:

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Team Graduate 3
- Prathima Sarvani
- Katherine Belknap

Gray sections are a collapse area designed to minimize overall appearance of text on the page with maximum information given

Triangle represents the button to open the collapsible sections

Food Distribution

The Eastmont Community Center operates a food distribution program, providing services to a diverse group of clients. This program is dedicated to helping those facing food insecurity through donations. We serve minority, low-income family, and senior citizen residents within the 1st—supervisory district through our distributions held

every Friday between 8 am and 10 am.

----- Year 2023 -----

3,300 15,125 490,000

households served

individuals served

lbs of food distributed



Meet Requirements:

1

- Live in LA County's 1st Supervisory district
- Meet income qualification

Documents as proof of residence and qualification

- An electric or gas bill
- 3 months of income ex: paystubs
 - Seniors may provide Social Security Award Letter, SSI, etc
 - ID is preferred but not required.

Unhoused individuals are exempt from screening for service area requirements.

2

Make an Appointment

Schedule a time to register for food distribution

3

Contact: Brissa Sanchez

📞 (323) 312-5392

✉️ bsanchez@eastmontcommunitycenter.org

4

Register

Bring documents to confirm eligibility and complete application for food distribution

Eastmont Community Center
📍 701 Hoefner Avenue
East Los Angeles, CA 90022

Must come **in-person** and fill out an intake packet

Pick up food

By **Appointment Only** and Community members pick up food **In-Person**

Eastmont Community Center
📍 701 Hoefner Avenue
East Los Angeles, CA 90022

- Please **bring your own cart**
- Walk-ins are not accepted!
- Staff will check appointments and provide numbered tickets to confirm space in line



Clients are provided with 60-80 pounds of food each week



Clients are provided with shelf stable items, meat, dairy, fresh fruits and vegetables



Additional programs and resources provided through the quick links



Client: Renee Contreras



Client: Ana Watkins

Food Distribution

We collect food donated from partner organizations and distribute it on scheduled pick-up days, helping individuals or families facing food insecurity.

Our Impact in 2023

3,300

Households served



490,000

lbs of food distributed



15,125

Individuals served



How does it work?

1. Meet the requirements

- Required to live within the **1st Supervisorial District** and not within the City of Los Angeles.
 - Meet the income qualification.
-
- Proof of residence can be an electric or gas bill.
 - Unhoused folks are exempt from presenting proof of residence.
 - Proof of income can be paystubs of three months.
 - Seniors may provide Social Security Award or Supplemental Security Income (SSI).
 - ID is preferred but not required.

2. Register

- Contact Brissa Sanchez at **(323) 726-7998** to register.
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- Registration is in person at the Eastmont Community Center.
 - You will fill out an intake pack list.
 - After registering, you will get an appointment to pick up the food.

3. Pick up your food

- Visit us at **701 Hoefner Avenue, East Los Angeles, CA 90022**.
 - Our pick-up times are **Fridays** from 8 a.m. to 10 a.m.
-
- It's advisable to bring a cart to help carry the food you'll receive.
 - Staff will check appointments and provide numbered tickets to confirm space in line.



If you're interested in enrolling, donating, or becoming our partner, please contact us:

Brissa Sanchez
(323) 312-5392
bsanchez@eastmontcommunitycenter.org