



The Neuropsychotherapist Therapy Notebook: Client Clinical Record (Paperback)

By Matthew Dahlitz

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English. Brand new Book. This client record notebook has been designed to work hand-in-hand with the companion publication, The Neuropsychotherapist Client Workbook, which provides clients with corresponding spaces to record their therapeutic journey with you. This case notebook can alternatively be used on its own, as an open framework, for you to record the biopsychosocial position of your client and take session notes-all in the one document. It is assumed that you are using your own intake form for new clients; however, an example of a comprehensive intake form is reproduced in the appendix and you may use this form or a variation of it if you wish. You may even like to have your clients fill out the form in this notebook itself prior to your first session. The layout of the notebook has been designed to encourage you to explore a bio-psycho-social-spiritual perspective of your client's state and circumstance while keeping in mind basic neurobiological underpinnings of behaviour. The neuropsychotherapeutic approach is founded on the fundamental concept that the protection and enhancement of basic psychological needs is driven by learned schemas, or models of reality. These motivational...



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