



## Personal Journal for Can't Hurt Me by David Goggins: A Blank Lined Writing Notebook to Master Your Mind and Defy the Odds (Paperback)

By Seal Books

Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. This is a blank lined writing notebook for you to write what you are reading and learning, so that you can apply the principles and put into practice lessons taken from the original book - Can't Hurt Me, by David Goggins. Do not fall into the trap of reading without practicing. Always take action! Use this diary to write the important lessons you extract from "Can't Hurt Me, by David Goggins! Read, learn and apply the main ideas, key points and principles from the original book by recording your lessons in this book. You can use it as your diary, writing book, notebook, journal or even a book to doodle in. The original book "Can't Hurt Me" is by far one of the books most read by CEOs around the world. It is always in the top 10 of the greatest self-help books recommended by influential people. Written by David Goggins, the book contains the most essential principles of financial management and highly effective techniques of dealing with money. Use this writing notebook together with the original book "Can't Hurt Me", where David Goggins shares his astonishing...



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