Village Medical

Patient Legal Name: Meenaa Kannan

Date of Birth: 06/14/1993

## lipid panel, serum

Ordered by Katina Hope, MD | 1/2/2024

<b>cholesterol, total</b> mg/dL		239
Above High Normal	100	199
triglycerides mg/dL	77	
	0	149
HDL cholesterol mg/dL	48	
	39	
<b>VLDL cholesterol cal</b> mg/dL	5	40
LDL chol calc (nih) mg/dL  Above High Normal	0	<b>178</b>
comment:	NP	

## Note from healthcare provider:

Your cholesterol is slightly elevated. No medication is warranted at this time, however I strongly recommend a low carb/low fat in order to avoid worsening cholesterol and complications such as heart disease or vascular disease

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