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# 30 DAYS TO DROP A BAD SPENDING HABIT: A MINDFULNESS PROGRAM WITH A TOUCH OF HUMOR (PAPERBACK)



Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. Have you ever heard the saying, "Money is power," and believed it? Do you have a spending habit that is causing you to save less and less? Do you even know where your money is going, or how it's being spent? This mindfulness guide doesn't teach you budgeting, personal finance, or investing (there are many other books that do that - and we encourage you to read them);...

### Read PDF 30 Days to Drop a Bad Spending Habit: A Mindfulness Program with a Touch of Humor (Paperback)

- Authored by Corin Devaso
- Released at 2019



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## Reviews

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