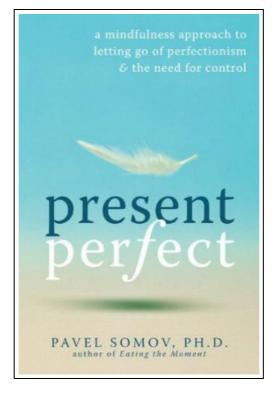
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PRESENT PERFECT: A MINDFULNESS APPROACH TO LETTING GO OF PERFECTIONISM AND THE NEED FOR CONTROL (PAPERBACK)



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