



Periodontics is the dental specialty focusing exclusively in the inflammatory disease that destroys the gums and other supporting structures around the teeth. A periodontist is a dentist who specializes in the prevention, diagnosis, and treatment of periodontal, or disease, and in the placement of dental implants. Periodontists receive extensive training in these areas, including three additional years of education beyond dental school. As specialists in periodontal disease, they are experts in the latest techniques for diagnosing and treating periodontal disease. They are also trained in cosmetic periodontal procedures.

Periodontists treat cases ranging from mild gingivitis to more severe periodontitis. Periodontists offer a wide range of treatments, such as scaling and root planing (the cleaning of infected root surfaces), root surface debridement (the removal of damaged tissue), and regenerative procedures (the reversal of lost bone and tissue). When necessary, periodontists can also perform surgical procedures for patients with severe gum disease. Additionally, periodontists are trained in the placement, maintenance and repair of dental implants.

Dr. Alida Andersen is a caring and devoted dentist. She works hard to provide the highest quality and standard of dental care, using the latest technology for her patients. Dr. Andersen completed her Honours in Bachelors of Science degree (B.Sc. Honours) from the University of Toronto in 2005. She then received her degree as a Doctor of Dental Surgery (D.D.S.) from Schulich School of Medicine & Dentistry at University of Western Ontario in 2009. Besides her professional achievements, she has always believed in maintaining a balanced lifestyle, which has led to her numerous involvements in her community during the past several years.

A periodontist is a dentist who specializes in the prevention, diagnosis, and treatment of periodontal disease, and in the placement of dental implants. Periodontists are also experts in the treatment of oral inflammation.

Periodontal disease is broken up into four separate stages: gingivitis, slight periodontal disease, moderate periodontal disease, and advanced periodontal disease.

In most cases, gingivitis usually clears up within 10 to 14 days. If your gingivitis is more serious, it could take longer to treat. Take charge of your dental health to prevent it from recurring.