

K L UNIVERSITY

DEPARTMENT OF ELECTRICAL AND ELECTRONICS ENGINEERING

Dt. 30-9-2015

SAHELI, KLU Girls' Student Forum of Department of Electrical and Electronics Engineering, conducted SAHELI Activity in E105 from 3:30 P.M to 5:00 P.M on 15th September 2015 under the guidance of Mrs.D.Sudha,KLU, EEE Women's Forum Incharge. In that activity, an awareness program on "Self Defense" was conducted. S.Dronika (13006034), R.Mounika (13003328), N.Chandana (13004251) organized the session. They gave demo on how to protect ourselves when we are being attacked by some body. They also explained about the anatomy of human body and the sensitive parts in the body so that we can counteract.





All the girl students participated very actively in this program. They felt that it would be really useful for them. Later on a video was played about the techniques regarding Self Defense. This program is followed by the interaction among the students regarding “When Women feel proud about themselves”. Some of the students expressed very good views.