## K L UNIVERSITY VADDESWARAM, GUNTUR WORKSHOP

A workshop was conducted on 8<sup>th</sup> March,2016. The workshop was conducted in New Seminar hall. Dr. Chalasani Praveena's Laser Clinic has organised the workshop. Rewind your life-Fitness and Wellness for Women was the sponsoring organisation for the workshop.

A group of members from the organisation have showed some fitness exercises that are required to keep the women fit and healthy. They have even made some of the girl students to do the exercises on the stage.

Dr. Chalasani Praveena, Dermatologist has arranged an open discussion on the queries related to skin and hair. Many a good number of students have participated and got their doubts clarified.







