

Report of Webinar on Health Awareness- Skin Care – Myths & Facts

Women's Forum in association with Department of **EEE**, KLEF conducted a Webinar on “Health Awareness- Skin Care – Myths & Facts” on 30th January 2021 from 11.00 am to 12.00 noon as part of its webinar series.

Link for Participation:

<https://kluniversity.webex.com/meet/III-EEE>

Event started with a welcome note by Mrs. K.Sarada, Associate Professor, EEE Department and Women's Forum incharge. Dr.S.V.N.L.Lalitha, Convener, Women's Forum introduced the resource person. Dr.J.Somlal, HoD,EEE has addressed the gathering and congratulated the organizers for taking the initiative. He emphasized that women should be treated with respect and everyone should understand the need for health care. A total of 175 participants have attended the webinar.

Resource Person:

Dr.D.Sudhavani

- ♦ **Associate Professor** – Department of DVL, Osmania Medical College, Hyderabad.
- ♦ **Consultant and Founder-** Sri Skin & Cosmetology Centre, Hyderabad.

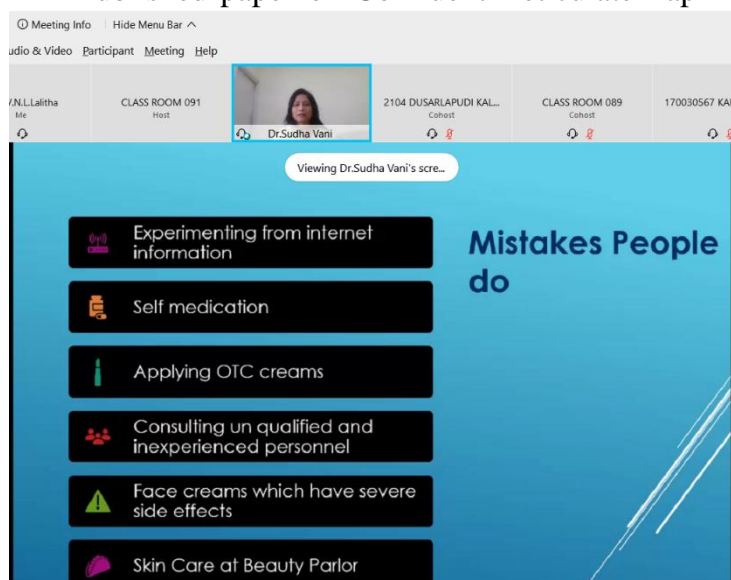
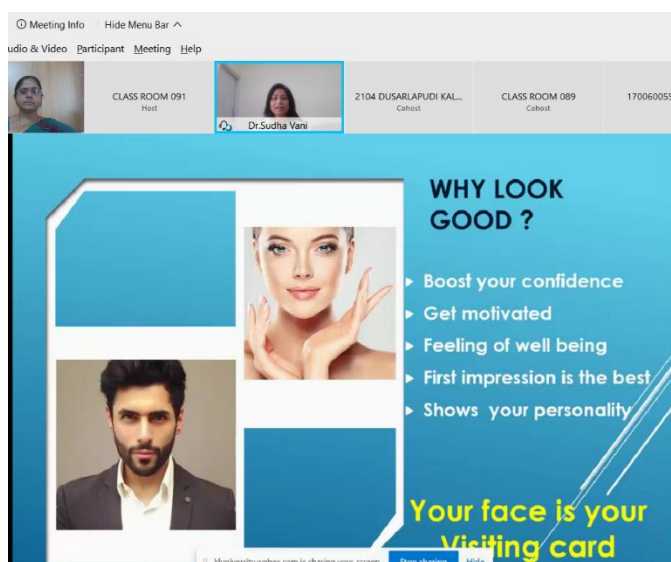
Profile of Resource Person:

- ♦ **MD (Dermatology)** from **Gandhi Medical College, Hyderabad**
- ♦ **Number of publications: 21**
- ♦ Actively involved in various research works done and ongoing in the Department of Dermatology.
- ♦ Presented original research papers in State, National and International conferences.

Published paper on Confluent Reticulate Papillomatosis in British journal of Dermatology (BJD) and various publications in national and international journals.

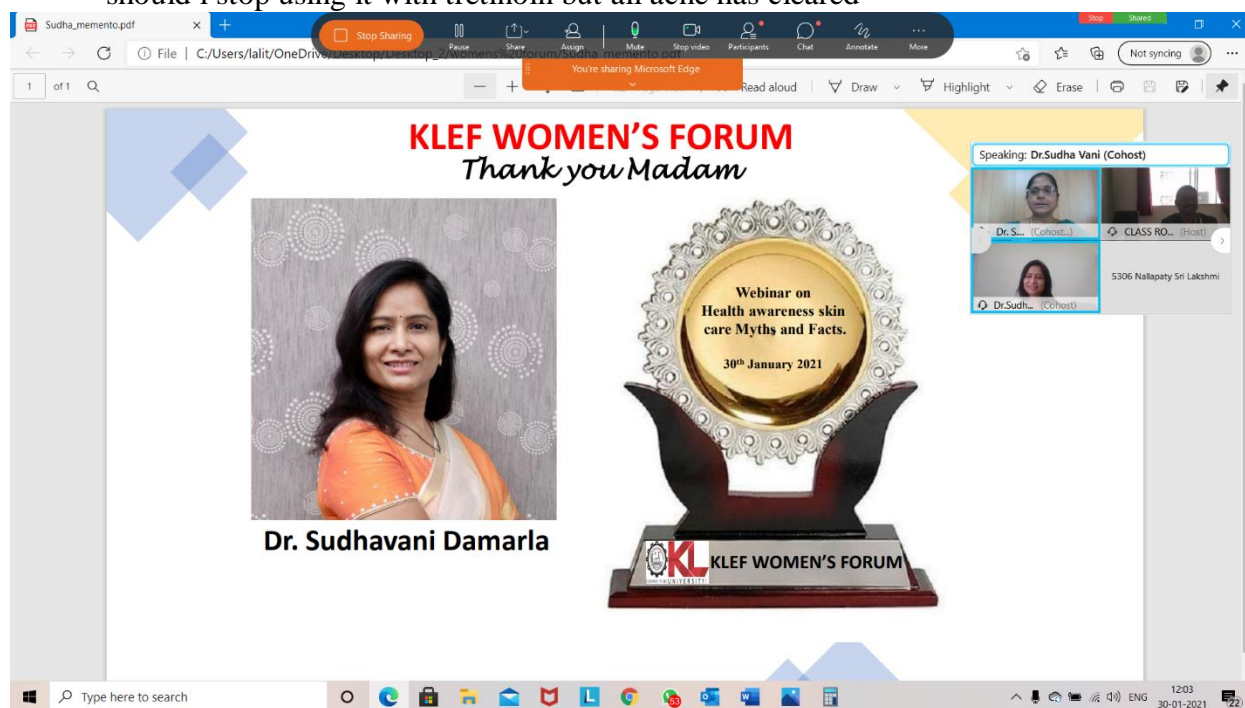
Dr.D.Sudhavani has delivered an interesting talk covering various aspects of skin care. She has explained the real time case studies and quoted the myths and facts related to skin care.

She explained these concepts with case studies and participants have actively interacted in sharing their views. There was an interactive session to the end of the talk. There were a number of questions raised by participants and Dr.Sudhavani has cleared all the doubts. Some of the questions raised by participants in the chat box are listed



below.

1. Are rice and ceramide moisturising emulsions good? Do you recommend them for matured skin?
2. can acnes be cured completely if so how much sittings required
3. please suggest some cream for acne which are not that hard.
4. can hyperpigmentation be cured
5. any method to take care of hair fall issue.
6. hair thinning prblm can be cured
7. can kojic acid have any future side effects if used to treat hyperpigmentation?
8. best shampoo for hair thinning
9. benzyl peroxide comes with 2.5% and 5%
10. is person suppose to apply sunscreen lotion even when at home
11. how to get rid of extreme oily skin?
12. whats the cause of having a very tender scalp and how can one deal with it
13. dark circles prblms
14. ring worm problem
15. does hydroquinone cause side effects after a long duration of using it
16. my dermatologist prescribed hydroquinone and have been on it for almost a year now should i stop using it with tretinoin but all acne has cleared



The meeting concluded with vote of thanks proposed by Ms. Sravani Priya, Student coordinator. A virtual memento is presented to the resource person. All members enjoyed the programme very well and felt it very useful. Participants requested for more such events in future to be conducted.