

Estd. u/s 3 of UGC Act 1956

Green Fields, Vaddeswaram, (via) K.C. Works P.O. - 522 502, Guntur District, A.P. Phones: 08645-246948, 246615 'FAX: 08645-247249, 0866-2577902 Constituent College KLCE Accredited by NAAC with CGPA 3.76/4.00 Approved by A.I.C.T.E ± Accredited by N.B.A.± ISO 9001-2000 Certified

Department of Electronics & Computer Engineering

Report on Health Awareness Programme

Conducted by

ECM Women's forum on 18th August 2015

KLU ECM Women's forum conducted "HEALTH AWARENESS PROGRAMME" for the Girl students on 18th August 2015.

> Resource person Dr. Kiranmai Alla, MBBS, DM

> > Specialist Diabetes & Endocrinology

Manipal hospital, Vijayawada

Venue C608

18th August 2015 Date

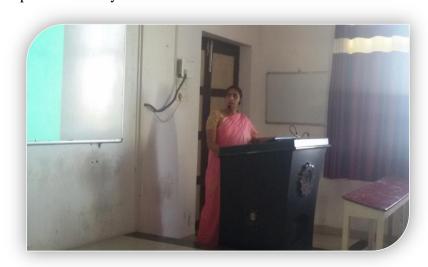
Time 3.30pm to 5.00pm

Co-Ordinator Mrs. P.S.G. Arunasri

No. of Participations 120 girls students

Obesity and its effects on Women's Health Topic

The Programme started with a welcome note by Dr. D Aruna Kumari, Professor Department of ECM. She introduced the resource person to the gathering. Dr. Kiranmai gave a power point presentation on the topic of "Obesity and its effects on Women's Health".



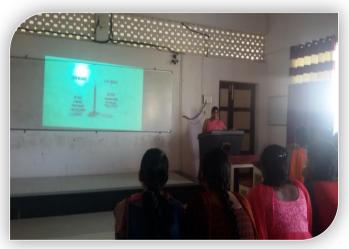


Dr. Kiranmai discussed about different girls related health problems like Obesity, Infertility. She said as the girls are future mothers they need to maintain the balance between food and activity. Otherwise it may cause hormonal imbalance which can lead to infertility.

She emphasized that obesity, acne and pigmentation problems should be

properly diagnosed. She said that, if these problems are due to PCOS, then medical treatment alone can solve these issues.













All participants appreciated the programme. They said that they have realized the importance of Diet care for preventing obesity and different symptoms for infertility girls related health problems. Dr. Neelima, Medical Officer, KLU Girls hostel has also participated in the program.

There was an interactive session at the end where the girls raised many doubts which are clarified by Dr. Kiranmai. Dr. T Anuradha, Professor and Alternate HOD of ECM felicitated the Guest with a shawl and presented a memento. Finally vote of thanks was given by Mrs. P S G Arunasri I/C- ECM Women's Forum. She thanked Dr. Kiranmai for sparing her time and giving wonderful suggestions to the students. She also thanked Dr. Neelima for her help on organizing the event.