

## Report on Health Awareness Camp – I – 2012-13

First women health awareness camp for the year 2012-13 is aimed at making all female employees to be aware about the ill effects and health hazards caused due to Anaemia. Following are the details.

Date & Time	: 18 <sup>th</sup> October 2012 from 1.00 pm to 5.00 pm
Program	: 1) PPT on Aneamia and its effects at Peacock Hall, KL University 2) Blood group and Hb percentage check at C312, Biology Lab, KLU 3) Counselling by doctor and free distribution of medicines
Resource Persons	: Bio- Technology Students & Dr. Lakshmi Kiran, General Surgeon
Participants	: More than 200 female employees of KL University
Organiser	: Ms. T.Leela, BT, Faculty Representative, KLU Women's Forum

Anaemia is a major disease in India. Statistics reveal that of every two Indian woman one is anaemic and one in every five maternal deaths is due to anaemia. It affects both adults and children of either sexes. Pregnant women and adolescent girls are more susceptible to this disease. The main motive behind the Health awareness program is to focus on Anemia.



The welcome address was given by Department of Biotechnology Women's forum In- charge Mrs.T.Leela followed by Biotech students elaborate presentation on Anemia, It includes how it causatives, types, symptoms, preventive measures and nutritional guidelines.



Convenor of Women's Forum Mrs.Lalitha highlighted the importance of women health awareness and need of conducting health awareness programs. KLU women's forum president

Dr.Rama Devi appreciated the role played by women in society at same time she added health is first and foremost aspect for women that they should take care of.



This health awareness program was attended by more than two hundred female employees of the university. A pamphlet giving exhaustive information regarding the measures to be taken to maintain good percentage of Hemoglobin has been distributed among participants.



After the power point presentation, various diagnostic tests to find the blood grouping and the percentage of Hemoglobin were conducted by Students of Biotechnology. Based on the Hemoglobin percentage test report, nearly 50% of the people, who got tested, proved to be anemic either moderately or severely. Dr.Lakshmi Kiran counseled and prescribed the medicine to the anemic participants. The prescribed medicines were distributed free of cost among the needy people from the KLU Women's Forum.

The event received overwhelming response from all the participants and the employees appreciated the efforts of Bio-Technology Department and KLU Women's forum for conducting such useful programme. KLU Women's forum thanked Dr.Vijaya Saradhi, HOD, BT and the faculty & Staff of Bio-Tech for encouraging their students to take up such useful task and making it a grand success.