

Report on Health Awareness Programme

Conducted by

KLU Women's forum on 19th December 2013

KLU Women's forum conducted "**HEALTH AWARENESS PROGRAMME**" for the Girl students on 19th December 2013.

Resource person : Dr.Padmashri M.B.B.S, M.D.
Specialist in Uro and Adolescent Gynecology
Manipal hospital, Vijayawada

Venue : Peacock hall

Date : 19th December 2013

Time : 3.00pm to 5.00pm

Coordinator : Mrs.S.V.N.Lalitha

No. of Participations : 350 girls students

Topic : Adolescent Gynecology

The Programme started with a welcome note by Mrs.S.V.N.L.Lalitha, Convener of KLU Women's forum. She briefed the students about the activities of K L U women's forum and motivated the students to take part actively in "saheli" activities.

Ms.Ramya, 2nd year EEE introduced the resource person to the gathering. Dr.Padmashri gave a power point presentation on the topic of "Adolescent Gynecology".





She has explained about different health problems faced by the girls. She has described the reasons leading to gynec disorders and also suggested the possible remedial measures to be adopted. She has also discussed about the emotional and physical problems from which the adolescent girls generally suffer. She has cautioned all the girls to take proper medical treatment without neglecting the polycystic ovary deficiency syndrome.

She emphasized that obesity, acne and pigmentation problems should be properly diagnosed. She said that, if these problems are due to PCOS, then medical treatment alone can solve these issues.

All participants appreciated the programme. They said that they have realized the importance of medical care for Gynec disorders and proper diagnosis. There was an interactive session in the end where the girls raised many doubts and Dr. Padmashri answered all of them. Ms. Sony of 2nd year EEE proposed vote of thanks at the end of the programme.