



# Striving For Excellence Together

## Curriculum Map Personal Development – Year 7

<p><b>Key Concepts:</b> <a href="#">(Threshold Concepts)</a> <i>State the big ideas or skills that students will revisit throughout the curriculum</i></p>	<ol style="list-style-type: none"><li>1. Developing goal setting, organisation skills and self-awareness.</li><li>2. Developing agency, strategies to manage influence and decision making.</li><li>3. Developing empathy, compassion, and communication.</li><li>4. Developing assertive communication, risk management and support-seeking skills.</li><li>5. Developing self-confidence and self-worth.</li><li>6. Developing agency and decision-making skills.</li></ol>
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7	Topics	Assessment	Key Concepts	Key Vocabulary	Our Pillars	Knowledge tracking
	The key topics taught in this term. (Change term to topic if appropriate)	Give the name, nature/content and date of the assessment in this term.	Where are the key areas of this subject visited and revisited?	List the <a href="#">Tier 3</a> words that will be encountered.	Diversity Literacy and oracy Life after SWR Life beyond SWR	What prior learning does this term's curriculum build on and what future learning does it link to?
Term 1	Who am I becoming?		1. Becoming part of SWR 2. Learning skills and teamwork 3. Respect in school	Stereotypes Prejudice Tolerance Aspirations	Diversity Literacy	KS2 PD Curriculum Employment Skills – CV in Year 10 Healthy Relationships – year 8 - 11
Term 2	How can I look after myself?	Multiple choice assessment designed to cover Term 1 and 2 content. Time has been given for feedback	1. Regulating emotions 2. Diet and exercise 3. Hygiene and dental health 4. Sleep	Emotions Hygiene	Literacy Life beyond SWR	Term 1 – Values Year 9 - Health Year 11 – Medical interventions
Term 3	How can I look after others?		1. Making and maintaining friendships 2. Identifying and challenging bullying 3. Communicating online	Conflict Reconciliation Cyber bullying Responsibilities	Diversity Literacy Life After SWR Life Beyond SWR	Year 8 – relationships Year 9 –relationships Year 10 –abusive relationships



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<b>Term 4</b>	What are my rights and responsibilities?	Multiple choice assessment designed to cover Term 3 and 4 content. Time has been given for feedback	1. FGM and forced marriage 2. Relationship boundaries 3. Unwanted contact including online & Consent 4. Rights in the community	Genitals Mutilation Honour based violence Harassment Criminal Antisocial	Diversity Literacy Life After SWR Life Beyond SWR	Year 8 – Boundaries, & being online Year 9 - Consent Year 10 –British values Year 11 – Misogyny
<b>Term 5</b>	How can I keep myself healthy?		1. Puberty 2. Menstruation and menopause 3. Body satisfaction and self-concept	Puberty Menstruation Menopause Emotional Addiction Marketing Advertising	Diversity Literacy Life After SWR Life Beyond SWR	Year 8 – Drugs, nudes Year 9 – Pregnancy, body checks Year 10 –Drugs Year 11 – Sexual health
<b>Term 6</b>	What could my future hold?	Multiple choice assessment designed to cover Term 5 and 6 content. Time has been given for feedback	1. Safety and first aid 2. Finances and online gambling	Defibrillators Gambling Finances Debt	Diversity Literacy Life After SWR Life Beyond SWR	Year 9 – Finances Year 10 - First aid Year 11 – Finances