



Striving For Excellence Together

Curriculum Map Personal Development – Year 7

Key Concepts: (Threshold Concepts) <i>State the big ideas or skills that students will revisit throughout the curriculum</i>	<ol style="list-style-type: none"> 1. Developing goal setting, organisation skills and self- awareness. 2. Developing agency, strategies to manage influence and decision making. 3. Developing empathy, compassion, and communication. 4. Developing assertive communication, risk management and support-seeking skills. 5. Developing self-confidence and self-worth. 6. Developing agency and decision-making skills.
--	---

7	Topics	Assessment	Key Concepts	Key Vocabulary	Our Pillars	Knowledge tracking
	The key topics taught in this term. (Change term to topic if appropriate)	Give the name, nature/content and date of the assessment in this term.	Where are the key areas of this subject visited and revisited?	List the Tier 3 words that will be encountered.	Does this unit address any of our 4 pillars? Diversity Literacy and oracy Life after SWR Life beyond SWR	What prior learning does this term's curriculum build on and what future learning does it link to?
Term 1	Who am I becoming?		<ol style="list-style-type: none"> 1. Becoming part of SWR 2. Learning skills and teamwork 3. Respect in school 	Stereotypes Prejudice Tolerance Aspirations	Diversity Literacy	KS2 PD Curriculum Employment Skills – CV in Year 10 Healthy Relationships – year 8 - 11
Term 2	How can I look after myself?	Multiple choice assessment designed to cover Term 1 and 2 content. Time has been given for feedback	<ol style="list-style-type: none"> 1. Regulating emotions 2. Diet and exercise 3. Hygiene and dental health 4. Sleep 	Emotions Hygiene	Literacy Life beyond SWR	Term 1 – Values Year 9 - Health Year 11 – Medical interventions
Term 3	How can I look after others?		<ol style="list-style-type: none"> 1. Making and maintaining friendships 2. Identifying and challenging bullying 3. Communicating online 	Conflict Reconciliation Cyber bullying Responsibilities	Diversity Literacy Life After SWR Life Beyond SWR	Year 8 – relationships Year 9 –relationships Year 10 –abusive relationships

Striving For Excellence Together

Curriculum Map Personal Development – Year 7

Term 4	What are my rights and responsibilities?	Multiple choice assessment designed to cover Term 3 and 4 content. Time has been given for feedback	<ol style="list-style-type: none"> 1. FGM and forced marriage 2. Relationship boundaries 3. Unwanted contact including online & Consent 4. Rights in the community 	Genitals Mutilation Honour based violence Harassment Criminal Antisocial	Diversity Literacy Life After SWR Life Beyond SWR	Year 8 – Boundaries, & being online Year 9 - Consent Year 10 –British values Year 11 – Misogyny
Term 5	How can I keep myself healthy?		<ol style="list-style-type: none"> 1. Puberty 2. Menstruation and menopause 3. Body satisfaction and self-concept 	Puberty Menstruation Menopause Emotional Addiction Marketing Advertising	Diversity Literacy Life After SWR Life Beyond SWR	Year 8 – Drugs, nudes Year 9 – Pregnancy, body checks Year 10 –Drugs Year 11 – Sexual health
Term 6	What could my future hold?	Multiple choice assessment designed to cover Term 5 and 6 content. Time has been given for feedback	<ol style="list-style-type: none"> 1. Safety and first aid 2. Finances and online gambling 	Defibrillators Gambling Finances Debt	Diversity Literacy Life After SWR Life Beyond SWR	Year 9 – Finances Year 10 - First aid Year 11 – Finances