BC HIGH SCHOOL CROSS COUNTRY PROVINCIAL CHAMPIONSHIPS 6 NOVEMBER 2004

RESULTS BY: WINNING TIME CANADA

OVERALL RESULTS

Place	No. Name	Team	Final
1	628 ANITA CAMPBELL	Aldergrove	15:00
2	400 JUSTINE JOHNSON	Oak Bay	15:11
3	561 CHANTELLE GROENEWOUD	Handsworth	15:18
4	547 JESSICA SMITH	Argyle	15:18
5	629 LISA EGAMI	Centennial	15:24
6	422 KIRSTEN SWEETLAND	Stelly's	15:26
7	555 HELEN CROFTS	West Vancouver	15:33
8	421 LAURA MITIC	Claremont	15:34
9	640 HEATHER MANCELL	Pinetree	15:42
10	492 RACHEL CLIFF	York House	15:44
11	638 MELISSA APPELT	Holy Cross	15:50
12	456 LAURA MCIVOR	Moscrop	15:53
13	573 SAMANTHA LOTNICK	Brookswood	15:53
14	401 EMILY WILSON	Oak Bay	15:54
15	424 CHELSEA BILSBURROW	Esquimalt	16:07
16	608 ANGELA SHAW	Walnut Grove - A	16:09
17	510 BRITTANY IMLACH	Little Flower Academy	16:12
18	429 CLAIRE ASHBURNER	Prince of Wales	16:12
19	645 ALYSHA HAGUE	Yale	16:15
20	554 EMILY FARNAN	West Vancouver	16:18
21	404 ALIX THOMSON	Oak Bay	16:19
22	473 AUGUST GRIFFITH	McRoberts	16:19
23	402 LAUREL DRAPER	Oak Bay	16:20
24	622 JESSICA SUDDABY	WJ Mouat	16:20
25	646 RHIANNA DEBRAYANNA	Penticton	16:20
26	587 KAYLA RAWLINGS	Earl Marriott	16:26
27	668 SAM AYNSLEY	Kelowna	16:26
28	493 ANDREA CHENG	York House	16:28
29	436 KATHERINE DIGBY	Kitsilano	16:29

30	594 JUSTINE CLIFT	Elgin Park	16:32
31	423 SHAWNEE LANDOLT	Stelly's	16:33
32	425 CODY WARD	Dover Bay	16:34
33	408 KELSEY BLAKE	Lambrick Park	16:35
34	548 ALI HUDSON	Argyle	16:36
35	411 LINDSAY BORROWS	Lambrick Park	16:37
36	405 ANNE-MARI NANO	Oak Bay	16:39
37	407 KALLEE ANDREW	Lambrick Park	16:39
38	630 TARALYN MUSFELT	Chilliwack	16:40
39	415 SARAH PROCTOR	Gulf Islands	16:42
40	414 BRITTA RUSTAD	Gulf Islands	16:50
41	427 SAHARA NADEAU	GP Vanier	16:51
42	625 ERIN MEEHAN	WJ Mouat	16:53
43	524 CHELSEA KNUTSON	Correlieu	16:53
44	634 BIANCA GONZALES	Fraser Heights	16:54
45	609 ALEXI FOSTER	Walnut Grove - A	16:54
46	545 EMILY PALIBRODA	Bert Bowes	16:55
47	635 JENNA NYARADY	Garibaldi	16:56
48	534 LARISSA LUKAC	South Peace	16:58
49	623 ALEAH TEER	WJ Mouat	16:58
50	476 LINDA STUTZ	JN Burnett	16:59
51	637 AMANDA HALL	HD Stafford	17:01
52	557 JILL WILSON	West Vancouver	17:02
53	631 HANNAH CARPENDALE	Dr. Charles Best	17:03
54	665 ERIKA LISPSETT	Shuswap	17:04
55	549 KAITLYN BURKE	Argyle	17:05
56	574 JENNIFER WESLOWSKI	Brookswood	17:08
57	663 JILL FLOCKHART	Shuswap	17:09
58	450 ERICA DIGBY	Sir Winston Churchill	17:09
59	403 BRITTANY COOPER	Oak Bay	17:12
60	525 SAMANTHA WECKWORTH	Correlieu	17:12
61	571 KENDRA POMFRET	Elphinstone	17:13
62	426 WHITNEY NELSON	Dover Bay	17:15
	656 REBECCA MCONIE	Pleasant Valley	17:16
	539 JILLIAN NEWMAN	DP Todd	17:17
	556 SYDNEY ROTHDRAM	West Vancouver	17:18
	615 SARAH BURGOYNE	Walnut Grove - B	17:19
67	515 NELLIE DOW	Smithers	17:19

68	550 STACEY DENNIS	Argyle	17:21
69	497 JULIA BAHEN	York House	17:23
70	776 CORRINE DOORNBERG Brookswood		17:23
71	595 ERIN PAYNE	Elgin Park	17:23
72	546 KATHERINE SHORT	Chatelech	17:24
73	494 ELENI BALOMENOS	York House	17:24
74	553 ALYSSA GARRISON	Argyle	17:26
75	449 ALISON MOORE	Lord Byng	17:27
76	674 JILL HEWITT	South Kamloops	17:29
77	526 CHELSEA WHITTEN	Correlieu	17:30
78	528 STEPHANIE VON HAHN	Correlieu	17:31
79	551 JEN MARSH	Argyle	17:33
80	601 CARLI STRAUSS	MEI	17:33
81	527 LEAH BLEZARD	Correlieu	17:34
82	406 KATE HAWKINS	Oak Bay	17:34
83	516 MORGAN PELLOW	Smithers	17:35
84	458 ALEX CUKOR	Moscrop	17:36
85	479 EMMA VOGT	Burnaby South	17:37
86	670 JEN WOODS	Rutland Middle	17:38
87	672 ALYSSON MARSHALL	Salmon Arm	17:38
88	531 SARA IRVINE	South Peace	17:38
89	459 LUBA KARAMYCHEVA	Moscrop	17:39
90	517 CARA ROULSTON	Smithers	17:39
91	428 BRITTANY THIERRIEN	St. Andrews	17:41
92	678 MARLI SWART	Fernie	17:41
93	684 LAUREL TEGART	David Thompson (I)	17:42
94	558 KATHERINE MCNEIL	West Vancouver	17:44
95	633 ALANNA FOSTER	Enver Creek	17:45
96	540 MEGHAN SWIFT	Kelly Road	17:45
97	538 CARMEN HANSFORD	Dutchess Park	17:47
98	673 CARA HEWITT	South Kamloops	17:47
99	438 JENNA NESTMAN	Kitsilano	17:48
100	496 EMMA MYERS	York House	17:49
101	570 HAYLEY SPURR	Rockridge	17:50
	575 KELSEY HORSTING	Brookswood	17:51
	434 CARMANAH MACKENZIE	Prince of Wales	17:54
	542 SARAH MAKOWSKY	Lakewood Junior	17:57
105	486 HEATHER HOLLMAN	LV Rogers	17:57

106	636 KELSEY DESJARLAIS	Garibaldi	17:58
107	564 KATY CHAPPAZ	Handsworth	18:01
108	639 KAITLIN HALEY	Maple Ridge	18:02
109	507 GRACE LING	York House	18:03
110	680 BRITTANY LANCASTER	Fernie	18:04
111	441 AILEEN NEALE	Point Grey	18:05
112	567 DARCY PATTERSON	Carson Graham	18:06
113	618 LEANNE CAINE	Walnut Grove - B	18:06
114	430 PAIGE HARRISON	Prince of Wales	18:07
115	642 CHRISTINE LOWE	Port Moody	18:07
116	652 LUCIA ZAMECNIK	Penticton	18:08
117	536 KATIE HILLS	South Peace	18:09
118	495 SHANNON TRAINOR	York House	18:09
119	583 MEGHAN MCKINNON	DW Poppy	18:09
120	671 CARLEIGH DREW	Salmon Arm	18:11
121	416 KRISTEN IVERSON	Gulf Islands	18:13
122	412 KATIE COUGHLIN	Lambrick Park	18:13
123	685 SPELA GRASIC	David Thompson (I)	18:14
124	442 RHIANNON EVANS	Point Grey	18:14
125	478 JILLIAN DICKSON	Burnaby North	18:14
126	677 ALISHA GLOVER	Fernie	18:15
127	667 KAITLEN PENNGELLY	JL Jackson	18:16
128	543 KARMEN FU	Lakewood Junior	18:16
129	409 COURTENEY LOGAN	Lambrick Park	18:16
130	569 JOCELYNE MCCORDIC	Argyle	18:17
131	589 BROOKE COOPER	Earl Marriott	18:17
132	626 COURTNEY ARDEN	WJ Mouat	18:18
133	697 SAM WITHENSHAW	RIVERSIDE	18:18
134	568 CHRISTIE GRAHAM	Argyle	18:19
135	514 JESICA DUDAS	Prince Rupert	18:19
136	485 SHAYLA MILLAN	LV Rogers	18:21
137	590 AYNSLEY MACLEOD	Earl Marriott	18:21
138	599 SASHA RINK	Elgin Park	18:22
139	600 KELLY STEWART	Elgin Park	18:22
140	559 HAYLEY IVANCOE	West Vancouver	18:23
	454 SHUDAN LIU	Killarney	18:23
142	474 MELISENDRA DAVIEL	McRoberts	18:24
143	647 NAEMI FIECHETER	Penticton	18:24

144	462 KASIA FILOPOWSKA	Moscrop	18:25
145	455 RACHEL HARTWICK	Killarney	18:25
146	413 KENDALL ALLEN	Lambrick Park	18:26
147	675 TIMA COAD	Vernon	18:28
148	541 MELISSA MARTINSON	Lakewood Junior	18:28
149	501 GILLIAN WRIGHT	Crofton House	18:30
150	563 MEGAN BAILEY	Handsworth	18:31
151	661 MONTANA BAHEN	Shuswap	18:34
152	611 KELLY BULLIVANT	Walnut Grove - A	18:36
153	487 MEGHAN MORRISON	LV Rogers	18:37
154	616 LEANNE HARVEY	Walnut Grove - B	18:38
155	653 JENNIFER AMOS	Pleasant Valley	18:38
156	498 LISA TINDLE	York House	18:39
157	572 MARY MESRI	Collingwood	18:41
158	686 ALEX WELLER	David Thompson (I)	18:41
159	643 KATE HANNA	Tamanawis	18:42
160	432 VICTORIA HEATH	Prince of Wales	18:44
161	651 ERIN RAISON	Penticton	18:44
162	521 KAITLIN SMITH	Trafalgar	18:44
163	603 ZANDRI STRAUSS	MEI	18:45
164	662 CARMYN FERGUSON	Shuswap	18:47
165	602 MARTY MOERMAN	MEI	18:48
166	509 BROOKE ST. GERMAIN	York House	18:49
167	419 CAITLYN PAL	Gulf Islands	18:51
168	437 SOPHIE MARTIN	Kitsilano	18:52
169	475 NAIELY CABRERA	Cambie	18:52
170	431 ZOE KRUTCHEN	Prince of Wales	18:54
171	588 MARIE HIEBERT	Earl Marriott	18:55
	484 MICHELLE MANNINGS	LV Rogers	18:56
173	417 CAROLYN POMAIZL	Gulf Islands	18:56
174	657 HALEY MORRIS	Pleasant Valley	18:58
175	577 LAUREN COLLIS	Brookswood	18:59
176	512 EMILY ROSS	Mount Elizabeth	19:00
177	506 LEISHA MAROTTO	St. Thomas More	19:00
	591 AIMIE PENDLETON-KNOLL	Earl Marriott	19:01
	592 DANIELLE FAIRBANK	Earl Marriott	19:02
	500 INGRID BRAUL	Crofton House	19:05
181	519 PAIGE BURGESS	Trafalgar	19:07

182	511 HALEY KUPPERS	Mount Elizabeth	19:08
183	491 ELORA VAN JARRETT	LV Rogers	19:09
184	610 TAYLOR KAVOLINAS	Walnut Grove - A	19:10
185	606 STEPHANIE HAMPSON	MEI	19:11
186	621 LAUREN PATZER	Walnut Grove - B	19:13
187	562 LAUREN SLATTERY	Handsworth	19:14
188	529 KARI HAWN	Correlieu	19:14
189	676 MAGGIE FINCH	Vernon	19:15
190	617 CHRISTINE GERIG	Walnut Grove - B	19:15
191	649 JENNIFER MILNE	Penticton	19:16
192	444 ANGIE RAMEY	Point Grey	19:17
193	552 AMELIA RAJALA	Argyle	19:18
194	466 MEGHAN LAMONT	New Westminster	19:18
195	535 DANIELLE SCHMIDT	South Peace	19:18
196	604 DANIA BARTSCH	MEI	19:19
197	597 CHRISSY CAVIGLIA	Elgin Park	19:20
198	448 JESSICA MARK	Lord Byng	19:21
199	477 DALLAS HALLDORSON	Burnaby Central	19:21
200	488 LUISA MUENTER	LV Rogers	19:21
201	580 GURBIE GILL	DW Poppy	19:22
202	463 REBECCA WITHERS	New Westminster	19:22
203	483 GILLIAN TAYLOR	McNair	19:22
204	489 KATELYN HURLEY	LV Rogers	19:23
205	508 RENA KAWABATA	York House	19:24
206	480 HEATHER WARWICK	McNair	19:24
207	544 NAOMI KURJATA	Central Middle	19:25
208	451 GEORGIA HERATY	Sir Winston Churchill	19:26
209	566 ROSE QUATTRIN	Handsworth	19:26
210	581 DEANNA BLYTHE	DW Poppy	19:29
211	461 NANCY ZENGER	Moscrop	19:30
212	532 HEATHER APPS	South Peace	19:31
213	410 LAUREN GOODMANSON	Lambrick Park	19:31
214	533 MOLLY NEWMAN	South Peace	19:33
215	490 LAURA PIERIK	LV Rogers	19:33
216	530 ALISON BUTLER	Correlieu	19:34
217	465 LAURA MATHESON	New Westminster	19:34
218	453 KETTY ALFARO	Killarney	19:35
219	464 LIZ VRANJKOVIC	New Westminster	19:38

220	578 MELISSA ADRIAN	Brookswood	19:39
	614 ALANA MATTHEWS	Walnut Grove - A	19:41
	443 CORRI FELL	Point Grey	19:41
	593 RAINU DHALIWAL	Earl Marriott	19:43
	605 MELISSA PRACHNAU	MEI	19:43
	598 ALEX DEBOAR	Elgin Park	19:44
226	435 DEBBIE WONG	Prince of Wales	19:44
227	655 STAPHANIE HAY	Pleasant Valley	19:46
228	520 AVERY DEBOER	Trafalgar	19:48
229	560 CALINDY RAMSDEN	West Vancouver	19:48
230	650 ROBYN MILNE	Penticton	19:49
231	460 ANNA ZIMMER	Moscrop	19:52
232	613 ALISON LINES	Walnut Grove - A	19:53
233	620 ANGELA WILLCOCK	Walnut Grove - B	19:57
234	624 GABBY DEGAGNE	WJ Mouat	20:00
235	596 ANDREA WEIDMANN	Elgin Park	20:01
236	584 MARIKA HETHERINGTON	DW Poppy	20:01
237	585 SHARLYNE PROULX	DW Poppy	20:01
238	687 KALLE WIDMER	David Thompson (I)	20:03
239	433 SHANNON WOELLER	Prince of Wales	20:06
240	468 JOVANNA LORD	New Westminster	20:08
241	612 CAITYN MOIR	Walnut Grove - A	20:08
242	681 AMANDA DIRK	Fernie	20:10
243	418 AVERY BROWN	Gulf Islands	20:13
244	607 LAURA KLASSEN	MEI	20:13
245	522 ALI PIERIK	Trafalgar	20:17
246	470 NIKKI PALLE	McRoberts	20:19
247	452 KAREN TAM	David Thompson (V)	20:20
248	445 CLARE BRACKLEY	Point Grey	20:21
249	660 SHELBY BABAKIOFF	Shuswap	20:26
250	467 CHARLOTTE MCLEOD	New Westminster	20:30
251	420 BECKY ACHESON	Gulf Islands	20:34
252	502 JANET WONG	Crofton House	20:34
253	457 MONIKA PROKOPOWICZ	Moscrop	20:36
254	666 JOCELYN UNDERHILL	Shuswap	20:38
255	537 MELISSA HETENYI	South Peace	20:41
256	505 LINDSAY LOS	Crofton House	20:47
257	619 SABRINA GASPARAC	Walnut Grove - B	20:47

258	513 MICHELLE DAHLER	Mount Elizabeth	20:48
259	682 NICOLE GALBRAITH	Fernie	21:26
260	586 STEVIE OLTSHOORN	DW Poppy	21:46
261	664 SARAH JOHNSON	Shuswap	21:50
262	579 MAYO AOKI	Brookswood	22:03
263	683 KATHY PELLETIER	Fernie	22:16
264	659 NICOLE STOBBE	Pleasant Valley	22:23
265	582 LEE-ANNE SYLVESTER	DW Poppy	22:39
266	648 KARI KILLINS	Penticton	22:55
267	447 ALEX EDGAR	Point Grey	22:57
268	446 LILLIAN YANG	Point Grey	23:12
269	469 ALISON WITHERS	New Westminster	23:25
270	471 SUZIE WRIGHT	McRoberts	23:29
271	472 BETHANY NICKEL	McRoberts	23:30
272	482 JACLYN WAHL	New Westminster	23:34
273	627 DANICA YORK	WJ Mouat	24:23
274	654 ROSANNE BROST	Pleasant Valley	24:50
275	658 DANIELLE STOBBE	Pleasant Valley	25:34
276	565 MELISSA LUTHER	Handsworth	42:59

BC HIGH SCHOOL CROSS COUNTRY PROVINCIAL CHAMPIONSHIPS 6 NOVEMBER 2004

RESULTS BY: WINNING TIME CANADA

TEAM RESULTS - FEMALE

1. 59 Oak Bay (16:05 1:20:23)

1 1 400 JUSTINE JOHNSON 15:11 5 24 405 ANNE-MARI NANO 16:39
2 8 401 EMILY WILSON 15:54 6 (38) 403 BRITTANY COOPER 17:12
3 12 404 ALIX THOMSON 16:19 7 (54) 406 KATE HAWKINS 17:34
4 14 402 LAUREL DRAPER 16:20

2. 148 West Vancouver (16:47 1:23:55)

1 4 555 HELEN CROFTS	15:33 5 59 558 KATHERINE MC	CNEIL
17:44		
2 11 554 EMILY FARNAN	16:18 6 (86) 559 HAYLEY IVANO	COE
18:23		

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3 33 557 JILL WILSON 17:02 7 (152) 560 CALINDY RAMSDEN 19:48
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4 41 556 SYDNEY ROTHDRAM 17:18

3. 151 Argyle (16:46 1:23:46)

- 1 3 547 JESSICA SMITH 15:18 5 48 553 ALYSSA GARRISON 17:26
- 2 22 548 ALI HUDSON 16:36 6 (51) 551 JEN MARSH 17:33
- 3 35 549 KAITLYN BURKE 17:05 7 (81) 568 CHRISTIE GRAHAM
- 4 43 550 STACEY DENNIS 17:21

4. 175 York House (16:58 1:24:48)

- 1 5 492 RACHEL CLIFF 15:44 5 61 496 EMMA MYERS 17:49 2 18 493 ANDREA CHENG 16:28 6 (72) 495 SHANNON TRAINOR 18:09 3 44 497 JULIA BAHEN 17:23 7 (98) 498 LISA TINDLE 18:39 4 47 494 ELENI BALOMENOS 17:24
- 5. 220 Correlieu (17:20 1:26:40)

- 1 29 524 CHELSEA KNUTSON 16:53 5 53 527 LEAH BLEZARD 17:34
- 2 39 525 SAMANTHA WECKWORTH 17:12 6 (121) 529 KARI HAWN 19:14
- 3 49 526 CHELSEA WHITTEN 17:30 7 (140) 530 ALISON BUTLER 19:34
- 4 50 528 STEPHANIE VON HAHN 17:31

6. 222 Lambrick Park (17:16 1:26:20)

- 1 21 408 KELSEY BLAKE 16:35 5 78 409 COURTENEY LOGAN 18:16
- 2 23 411 LINDSAY BORROWS 16:37 6 (90) 413 KENDALL ALLEN 18:26
- 3 25 407 KALLEE ANDREW 16:39 7 (137) 410 LAUREN GOODMANSON 19:31
- 4 75 412 KATIE COUGHLIN 18:13

7. 262 Brookswood (17:27 1:27:14)

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1 7 573 SAMANTHA LOTNICK	15:53 5 11	2 577 LAUREN
COLLIS 18:59		
2 36 574 JENNIFER WESLOWSKI	17:08 6 (14	3) 578 MELISSA
ADRIAN 19:39		
3 45 576 CORRINE DOORNBERG	17:23 7 (18	2) 579 MAYO
AOKI 22:03		
4 62 575 KELSEY HORSTING	17:51	

8. 312 WJ Mouat (17:42 1:28:29) _____ 1 15 622 JESSICA SUDDABY 16:20 4 80 626 COURTNEY ARDEN 18:18 2 28 625 ERIN MEEHAN 16:53 5 157 624 GABBY DEGAGNE 20:00 3 32 623 ALEAH TEER 16:58 6 (192) 627 DANICA YORK 24:23 9. 342 Moscrop (17:49 1:29:03) 1 6 456 LAURA MCIVOR 15:53 5 135 461 NANCY ZENGER 19:30 17:36 6 (154) 460 ANNA ZIMMER 2 55 458 ALEX CUKOR 19:52 3 57 459 LUBA KARAMYCHEVA 17:39 7 (174) 457 MONIKA PROKOPOWICZ 20:36 4 89 462 KASIA FILOPOWSKA 18:25 9. 342 Gulf Islands (17:55 1:29:32) _____ 1 26 415 SARAH PROCTOR 16:42 5 110 417 CAROLYN POMAIZL 18:56 2 27 414 BRITTA RUSTAD 16:50 6 (165) 418 AVERY BROWN 20:13 3 74 416 KRISTEN IVERSON 18:13 7 (172) 420 BECKY ACHESON 20:34 4 105 419 CAITLYN PAL 18:51 11. 348 Prince of Wales (17:59 1:29:51) ______ 1 10 429 CLAIRE ASHBURNER 16:12 5 107 431 ZOE KRUTCHEN 18:54 2 63 434 CARMANAH MACKENZIE 17:54 6 (149) 435 DEBBIE WONG 19:44 3 69 430 PAIGE HARRISON 18:07 7 (161) 433 SHANNON WOELLER 20:06 4 99 432 VICTORIA HEATH 18:44 12. 363 Elgin Park (18:00 1:29:59) _____ 1 20 594 JUSTINE CLIFT 16:32 5 128 597 CHRISSY CAVIGLIA 19:20 2 46 595 ERIN PAYNE 17:23 6 (148) 598 ALEX DEBOAR 19:44 3 84 599 SASHA RINK 18:22 7 (158) 596 ANDREA WEIDMANN 20:01 4 85 600 KELLY STEWART 18:22 13. 394 Walnut Grove - A (18:06 1:30:30) _____ 1 9 608 ANGELA SHAW 16:09 5 144 614 ALANA MATTHEWS 19:41 2 30 609 ALEXI FOSTER 16:54 6 (155) 613 ALISON LINES 19:53 3 94 611 KELLY BULLIVANT 18:36 7 (163) 612 CAITYN MOIR 20:08

4 117 610 TAYLOR KAVOLINAS 19:10

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14. 397 Penticton ( 18:11 1:30:52)
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1 16 646 RHIANNA DEBRAYANNA 16:20 5 123 649 JENNIFER
MILNE 19:16
2 70 652 LUCIA ZAMECNIK 18:08 6 (153) 650 ROBYN MILNE
19:49
3 88 647 NAEMI FIECHETER 18:24 7 (186) 648 KARI KILLINS
22:55
4 100 651 ERIN RAISON 18:44
15. 400 Earl Marriott ( 18:12 1:31:00)
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1 17 587 KAYLA RAWLINGS 16:26 5 113 591 AIMIE
PENDLETON-KNOLL 19:01
2 79 589 BROOKE COOPER 18:17 6 (114) 592 DANIELLE
FAIRBANK 19:02
3 83 590 AYNSLEY MACLEOD 18:21 7 (146) 593 RAINU DHALIWAL
19:43
4 108 588 MARIE HIEBERT 18:55
16. 412 Handsworth ( 18:06 1:30:30)
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1 2 561 CHANTELLE GROENEWOUD 15:18 4 120 562 LAUREN
SLATTERY 19:14
2 65 564 KATY CHAPPAZ
                        18:01 5 133 566 ROSE QUATTRIN
19:26
3 92 563 MEGAN BAILEY 18:31 6 (195) 565 MELISSA
LUTHER 42:59
17. 420 South Peace ( 18:19 1:31:34)
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1 31 534 LARISSA LUKAC 16:58 5 136 532 HEATHER APPS 19:31
2 56 531 SARA IRVINE 17:38 6 (138) 533 MOLLY NEWMAN 19:33
3 71 536 KATIE HILLS 18:09 7 (176) 537 MELISSA HETENYI
20:41
4 126 535 DANIELLE SCHMIDT 19:18
18. 437 Shuswap ( 18:24 1:32:00)
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1 34 665 ERIKA LISPSETT 17:04 5 170 660 SHELBY BABAKIOFF
20:26
2 37 663 JILL FLOCKHART 17:09 6 (175) 666 JOCELYN UNDERHILL
20:38
3 93 661 MONTANA BAHEN 18:34 7 (181) 664 SARAH JOHNSON
21:50
4 103 662 CARMYN FERGUSON 18:47
19. 447 Walnut Grove - B ( 18:31 1:32:31)
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1 42 615 SARAH BURGOYNE 17:19 5 122 617 CHRISTINE GERIG
19:15
2 68 618 LEANNE CAINE 18:06 6 (156) 620 ANGELA WILLCOCK
19:57
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3 96 616 LEANNE HARVEY 18:38 7 (178) 619 SABRINA GASPARAC
20:47
4 119 621 LAUREN PATZER 19:13
20. 479 LV Rogers ( 18:39 1:33:12)
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1 64 486 HEATHER HOLLMAN 17:57 5 129 488 LUISA MUENTER
19:21
2 82 485 SHAYLA MILLAN 18:21 6 (132) 489 KATELYN HURLEY
19:23
3 95 487 MEGHAN MORRISON 18:37 7 (139) 490 LAURA PIERIK
19:33
4 109 484 MICHELLE MANNINGS 18:56
21. 503 MEI ( 18:44 1:33:36)
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1 52 601 CARLI STRAUSS 17:33 5 127 604 DANIA BARTSCH
19:19
2 102 603 ZANDRI STRAUSS 18:45 6 (147) 605 MELISSA PRACHNAU
3 104 602 MARTY MOERMAN 18:48 7 (166) 607 LAURA KLASSEN
20:13
4 118 606 STEPHANIE HAMPSON 19:11
22. 544 Fernie (19:08 1:35:36)
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1 58 678 MARLI SWART
                    17:41 4 164 681 AMANDA DIRK
20:10
2 66 680 BRITTANY LANCASTER 18:04 5 179 682 NICOLE
GALBRAITH 21:26
3 77 677 ALISHA GLOVER 18:15 6 (183) 683 KATHY
PELLETIER 22:16
23. 581 Point Grey ( 19:08 1:35:38)
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1 67 441 AILEEN NEALE 18:05 5 169 445 CLARE BRACKLEY
20:21
2 76 442 RHIANNON EVANS 18:14 6 (187) 447 ALEX EDGAR 22:57
3 124 444 ANGIE RAMEY 19:17 7 (188) 446 LILLIAN YANG
23:12
4 145 443 CORRI FELL
                    19:41
24. 582 Pleasant Valley ( 19:25 1:37:01)
_____
1 40 656 REBECCA MCONIE 17:16 5 184 659 NICOLE STOBBE
22:23
2 97 653 JENNIFER AMOS 18:38 6 (193) 654 ROSANNE BROST
24:50
3 111 657 HALEY MORRIS 18:58 7 (194) 658 DANIELLE STOBBE
25:34
4 150 655 STAPHANIE HAY 19:46
25. 649 McRoberts ( 20:25 1:42:01)
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- 1 13 473 AUGUST GRIFFITH 16:19 4 190 471 SUZIE WRIGHT
- 23:29
- 2 87 474 MELISENDRA DAVIEL 18:24 5 191 472 BETHANY NICKEL
- 23:30
- 3 168 470 NIKKI PALLE 20:19
- 26. 656 DW Poppy (19:25 1:37:02)
- _____
- 1 73 583 MEGHAN MCKINNON 18:09 5 160 585 SHARLYNE PROULX
- 20:01
- 2 130 580 GURBIE GILL 19:22 6 (180) 586 STEVIE OLTSHOORN
- 21:46
- 3 134 581 DEANNA BLYTHE 19:29 7 (185) 582 LEE-ANNE
- SYLVESTER 22:39
- 4 159 584 MARIKA HETHERINGTON 20:01
- 27. 701 New Westminster (19:36 1:38:00)
- 1 125 466 MEGHAN LAMONT 19:18 5 162 468 JOVANNA LORD
- 20:08
- 2 131 463 REBECCA WITHERS 19:22 6 (171) 467 CHARLOTTE MCLEOD
- 20:30
- 3 141 465 LAURA MATHESON 19:34 7 (189) 469 ALISON WITHERS
- 23:25
- 4 142 464 LIZ VRANJKOVIC 19:38