Place	Name	School	Time	Bib	Grade
	1 Nathan Tadesse	North Surrey	0:20:35	461	12
	2 Sean Bergman	Kelowna Secondary	0:20:48	279	11
	3 Rowan Doherty	West Vancouver	0:21:00	840	12
	4 Sean Miller	John Barsby Community Scho	0:21:02	274	12
	5 Isaac Wadhwani	Terry Fox	0:21:02	770	11
	6 Kieran Lumb	Lord Byng	0:21:03	340	11
	7 Michael Milic	Seaquam	0:21:07	614	12
	8 Connor Jackson	WR Christian	0:21:10	863	11
	9 Sterling Ginther	Earl Marriott	0:21:35	224	12
	10 Thomas Oxland	Dover Bay Secondary	0:21:36		12
	11 Nic Ascui	Dover Bay Secondary	0:21:36		
	12 Alex Nemethy	Nechako Valley Sec	0:21:41		
	13 Brendan Hoff	Reynolds Secondary	0:21:42		
	14 Nick Colyn	Langley Christian	0:21:44		
	15 Reid Muller	Pitt Meadows	0:21:47		
	16 Miles Huynh	Dover Bay Secondary	0:21:54		
	17 Peter Oxland	Dover Bay Secondary	0:21:57		
	18 Aidan Bingert	WJ Mouat	0:21:58		
	19 Adam Murray	Okanagan Mission Secondary	0:22:02		
	20 Jemal Reta	BYRNE CREEK	0:22:05		
	21 Connor Dennehy	Sutherland Dovor Pay Secondary	0:22:09 0:22:11		
	22 Josh Bailey23 Max McCulloch	Dover Bay Secondary	0:22:11		
	24 Hamish Babin	Oak Bay Secondary Claremont Secondary	0:22:12		
	25 Chet Goerzen	Kelowna Secondary	0:22:14		
	26 Tanner Geary	Sardis	0:22:17		
	27 Roan McMillan	Argyle	0:22:32		
	28 Stefan Biro	Windsor	0:22:36		
	29 Davis Hughes-Geekie	Rutland Secondary School	0:22:37	579	
	30 David Walker	Kelowna Secondary	0:22:38		
	31 Dakota McGovern	Windsor House	0:22:40		
	32 Mack Moody	Pleasant Valley Secondary	0:22:42		
	33 Joshua Kozelj	Heritage Woods	0:22:47	265	11
	34 Kayden Sim	Handsworth	0:22:49	261	12
	35 Roberto Fedrigo	Claremont Secondary	0:22:50	132	11
	36 Brandon Balbirine	PSO Sec 100 Mile House	0:22:50	538	10
	37 Issac Goodrich	College Heights Sec	0:22:50	162	11
	38 Brodie Marshall	Jules Verne	0:22:51	277	11
	39 Malcolm Southerland	West Vancouver	0:22:55	841	11
	40 Joel Taylor	Mt. Douglas Secondary	0:22:55	410	12
	41 Joey Kohut	Fulton Secondary	0:22:59	246	11
	42 Riley Gray	Elgin Park	0:23:00		
	43 Luke Grandbois	Penticton High School	0:23:16		
	44 Erik Thies	Killarney	0:23:21		
	45 Ben Kirsh	St. George's School	0:23:21	722	11

46	Aidan Longcroft-Harris	Glenlyon Norfolk School	0:23:28	478	11
47	Alessandro Pozzollo	St. Thomas More	0:23:32	745	11
48	Anthony Serban	Dover Bay Secondary	0:23:33	209	12
49	Brenden Chow	Seycove	0:23:34	653	12
50	Colin Mitchell	St. George's School	0:23:36	724	12
51	Eamonn Keane	Holy Cross	0:23:37	271	11
52	Ben Demian	Walnut Grove	0:23:37	806	11
53	Gareth Williams	Kelowna Secondary	0:23:37	282	12
54	Cole Dinsdale	Correlieu Sec	0:23:37	171	11
55	Nick Good	St. George's School	0:23:39	721	11
56	Phil Vellacott	Claremont Secondary	0:23:39	134	10
57	Keith Chow	St. George's School	0:23:39	720	12
58	Brandon Lysholm	Dawson Creek Sec	0:23:45	188	12
	Brennen Smith	Claremont Secondary	0:23:45	133	12
	Ryan Niezen	Mt. Douglas Secondary	0:23:48	411	12
	•	St. Michaels University Schoo	0:23:48	738	11
	Richard Xiang	Penticton High School	0:23:49	513	12
	Tyrell Barley	Carihi Secondary	0:23:53	107	11
	Shaun Coburn	South Delta	0:23:54	680	12
	Alexsei Sajko	Mt. Douglas Secondary	0:23:55	412	10
	Hamish Woods		0:23:55	677	11
		Smithers Secondary			
	Owen Bulka	Elgin Park	0:23:56	228	12
	Taylor Chan	Oak Bay Secondary	0:23:58	472	12
	Simon Nemethy	Nechako Valley Sec	0:23:59	443	8
	Taylor Lyman	Reynolds Secondary	0:24:01	556 - 24	11
	Liam McGrath	W.L. Seaton	0:24:01	791	11
	Kristian Biela	Sardis	0:24:03	602	11
	Matthew Shobridge	Windsor	0:24:06	855	12
	Michael Pratt	Brookswood	0:24:07	48	12
_	Maxime Rochet	Jules Verne	0:24:08	278	12
76	Ryan Ibbitt	Maple Ridge	0:24:10	371	11
77	Alger Liang	Killarney	0:24:13	291	11
78	Enrique Pedroso	Archbishop Carney	0:24:15	24	11
79	Andrew Nash	Salmon Arm Secondary	0:24:15	586	11
80	Santiago Mazoy	St. Michaels University Schoo	0:24:17	739	11
81	Dane Jacobsen	Correlieu Sec	0:24:18	169	10
82	Julian Hart	MOSCROP	0:24:21	401	12
83	Charlie Borek	Nechako Valley Sec	0:24:21	442	10
84	Rylan Boothman	Reynolds Secondary	0:24:23	555	12
85	Cameron Davitt	Sutherland	0:24:24	769	12
86	Logan Clegg	Sardis	0:24:26	604	11
	Thomas Broatch	Point Grey	0:24:26	526	11
88	Steven Coulter	Campbell River Christian Scho	0:24:28	98	12
	Ben Paetzel	Lord Byng	0:24:29	341	9
	Hamish Clinton	ALPHA S S	0:24:33	23	11
	Carter Higgins	Dover Bay Secondary	0:24:34	210	11
	Seth Vanvarseveld	Salmon Arm Secondary	0:24:35	587	11
ے د	Jeni vanvarsevera	Jamion / min Jecondar y	0.27.33	307	-11

	Avi Singh	Johnston Heights	0:24:36	275	11
94	Nikola Maeda	Bodwell	0:24:36	31	11
95	Andrew Woinoski	BURNABY MOUNTAIN	0:24:37	79	11
96	Calder Staude	Sentinel	0:24:38	630	11
97	Jonah Smith	Reynolds Secondary	0:24:40	559	11
98	Daniel Stead	Walnut Grove	0:24:40	807	12
99	Angus Brown	Claremont Secondary	0:24:41	136	10
100	Liam Boland	Oak Bay Secondary	0:24:49	476	11
101	Evan Szabo	Belmont High School	0:24:49	889	12
102	Colis Cheng	David Thompson	0:24:52	180	12
103	Foster Dolling	Riverside	0:24:53	576	11
104	Riley Becker	WR Christian	0:24:53	864	12
	David Sikli	Mt. Douglas Secondary	0:24:55	413	12
106	Josh Holland	Penticton High School	0:24:55	512	11
107	Shogo Imamura	Bodwell	0:24:55	32	12
	Trevor Castangna	Seycove	0:24:56	880	11
	Omar Naoui	Queen Elizabeth	0:24:57	540	11
110	Matthew McLean	Oak Bay Secondary	0:24:58	473	11
_	Sam Sherlock	Carson Graham	0:24:58	109	12
	Xavier Nadeau	Penticton High School	0:24:58	514	11
	Liban Farah	BURNABY MOUNTAIN	0:24:59	80	11
	Walker Hathaway-Willi		0:25:00	231	12
	Liam Morgan	Oak Bay Secondary	0:25:00	474	11
	Aaron Giesbrecht	Fleetwood Park	0:25:00	233	12
	Jonathan Mueller	Nechako Valley Sec	0:25:04	444	10
	Aidan Doherty	West Vancouver	0:25:04	843	9
	Jordan Hopkins	Claremont Secondary	0:25:05	135	10
	James Sader	•		408	10
		Mount Boucherie Secondary			
	•	St. Andrews Secondary	0:25:06	879	12
	Leighton Wolf	Dawson Creek Sec	0:25:07	190	11
	Simon Edelman	Dawson Creek Sec	0:25:07	189	12
	Keegan Schram-Smith	Sardis	0:25:10	605	11
	Gurpreet Sandhu	Queen Elizabeth	0:25:13	541	12
	Matt Fogliato	Port Moody	0:25:14	528	12
	Daniel Wilkinson	RICHMOND CHRISTIAN	0:25:15	568	12
	Francesco Scaglione	St. Thomas More	0:25:15	746	11
	Ayoub Naoui	Queen Elizabeth	0:25:18	542	9
	Pavel Savinykh	Bodwell	0:25:19	33	11
	Matthew Bennet	Hazelton Secondary	0:25:22	264	11
132	Alex Nightingale	Chatelech	0:25:23	120	12
133	Ben Vandenboogaard	Brookswood	0:25:23	50	12
134	Miles Dignum	West Vancouver	0:25:26	842	11
135	Kieran Simpson	Prince Charles	0:25:33	532	11
136	Chris Weiss	Sentinel	0:25:35	628	12
137	Josh Adhmar	WJ Mouat	0:25:35	858	12
138	Dmitry Brooks	Bodwell	0:25:36	36	11
139	Jimmy Litt	WJ Mouat	0:25:37	857	12

140	Jordan Cheung	Mt. Douglas Secondary	0:25:38	414	12
141	Owen Thurston	LVR	0:25:47	354	11
142	Kelton McKee	Nechako Valley Sec	0:25:47	445	12
143	Matthew Ebert	Nechako Valley Sec	0:25:48	446	10
144	Kaden Foy	LVR	0:25:49	355	11
145	Emanuel Garrovillas	Notre Dame Secondary	0:25:52	2	11
146	Austin Chang	St. Thomas More	0:25:52	888	12
147	Matthew Evans	Reynolds Secondary	0:25:54	558	11
148	Liam Byrne	Mt. Douglas Secondary	0:25:55	415	11
149	Spencer Pratt	Sentinel	0:25:55	631	11
	Aiden Chung	Fleetwood Park	0:25:58	232	11
	Geoffrey Ng	David Thompson	0:25:59	181	11
	Mackenzie Bowman	Sentinel	0:26:04	629	11
153	Curtis Weng	St. George's School	0:26:07	723	11
154	Philip Ngo	Killarney	0:26:08	293	9
	Dylan Collins	Prince Charles	0:26:13	531	11
	Tyler Ikeda	BURNABY MOUNTAIN	0:26:13	81	11
	Thomas Cosh	College Heights Sec	0:26:13	163	11
	Troy Stuart	Sentinel	0:26:16	891	12
	Liam Sprangers	Holy Cross	0:26:16	272	11
	Owen Tanizawa	Queen Elizabeth	0:26:20	543	10
	Tim Bennet	North Surrey	0:26:20	462	11
	James O'Brien	St. George's School	0:26:23	725	11
	Kennedy Chow	St. George's School	0:26:29	726	12
	Ryan Elden	Correlieu Sec	0:26:32	170	10
	Brendan Posehn	South Delta	0:26:32	681	11
	Nelson Kleer	Salmon Arm Secondary	0:26:34	590	11
167	Sam Ogden	Claremont Secondary	0:26:35	137	9
	Dante Mercer	Walnut Grove	0:26:35	808	11
169	David Bakker	Salmon Arm Secondary	0:26:38	589	11
170	Sam Nelson	WR Christian	0:26:39	865	11
171	Ethan Carlson	Walnut Grove	0:26:40	811	12
172	Trevor Weltzin	Brookswood	0:26:40	46	11
173	Gabe Wilson	West Vancouver	0:26:41	844	11
	Dylan Jones	St. Michaels University Schoo	0:26:42	744	12
	Spencer Ball	South Delta	0:26:42	684	9
	Ben Parker	St. Michaels University Schoo	0:26:43	741	11
	Bryn Evans	Oak Bay Secondary	0:26:45	475	12
	Ethan Mothe	, , , , WR Christian	0:26:46	867	9
	Curtis Hrusik	Chilliwack	0:26:46	121	11
	Riley Clemons	Sardis	0:26:53	603	11
	Konrad Teetzen	Correlieu Sec	0:26:55	174	12
	Kyle Macmillan	West Vancouver	0:26:55	845	12
	Arjan Sandhu	MCNAIR	0:27:02	384	12
	Mirko Sempertegui	Penticton High School	0:27:05	516	11
	John Hanbury	South Delta	0:27:05	683	11
	Jared Fisher	Correlieu Sec	0:27:05	173	10
				-	

187 Recan Sayed-Nouri	Britannia	0:27:05	39	11
188 Spencer Reid	RICHMOND CHRISTIAN	0:27:07	570	12
189 Josh Franklin	Walnut Grove	0:27:12	812	12
190 Dylan Cathcart	Correlieu Sec	0:27:17	172	11
191 Rhys Arieta	Vancouver College	0:27:20	783	11
192 Jason Kimoto	Walnut Grove	0:27:26	810	11
193 Kenneth Ng	St. George's School	0:27:27	727	11
194 Josh Boland	Oak Bay Secondary	0:27:35	477	11
195 Abdi Bulle	BYRNE CREEK	0:27:35	96	12
196 Pablo Lowry	Sentinel	0:27:39	634	11
197 William Truong	BURNABY MOUNTAIN	0:27:33	84	11
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198 Santana McKay	Sardis	0:27:40	607	11
199 Shawn Hunt	BURNABY MOUNTAIN	0:27:40	82	11
200 Gurdas Hohti	BURNABY MOUNTAIN	0:27:47	85	12
201 Jordan Max Brown	WR Christian	0:27:48	866	11
202 Nic Bonneau	WJ Mouat	0:27:49	861	11
203 David Cunningham	St. Michaels University Schoo	0:27:51	740	11
204 Paul Hooley	Stratford Hall	0:27:54	759	11
205 Kyler Boucher	Nechako Valley Sec	0:27:54	447	9
206 Brandon McLeod	Brookswood	0:27:56	49	11
207 Simon Lambrechts	Reynolds Secondary	0:27:57	560	11
208 Conor Birarda	South Delta	0:28:07	686	12
209 Ryan Totz	St. Michaels University Schoo	0:28:08	742	12
210 Ulpiano Paulo	Vancouver College	0:28:09	784	11
211 Cameron Wiltshire	Queen Elizabeth	0:28:16	544	12
212 Melcom Dass	Killarney	0:28:27	288	11
213 Terrance Paisley	Penticton High School	0:28:30	515	12
214 Robbie Lum	Sentinel	0:28:35	633	11
215 Stefano Fadi	BURNABY MOUNTAIN	0:28:36	83	12
216 Nicholas Li				
	Killarney	0:28:48	290	10
217 Tristal Buller	Nechako Valley Sec	0:28:58	448	12
218 Roland Liao-Briere	St. Michaels University Schoo	0:29:03	743	12
219 Andrew Martinello	BURNABY CENTRAL	0:29:03	59	12
220 Fergus Wilson	Queen Charlotte Secondary	0:29:19	539	12
221 Dinu Fonseka	St. Thomas More	0:29:25	747	11
222 Aidan Hepburn	Salmon Arm Secondary	0:29:25	591	9
223 Kyle Martin	Kelowna Secondary	0:29:29	284	11
224 Keegan Lightle	Sardis	0:29:30	606	11
225 Seong Yoon Lee	WR Christian	0:29:36	869	9
226 Josh Morin	Killarney	0:29:50	292	9
227 Alex Hatch	NEW WESTMINSTER	0:30:10	460	11
228 Hyeonu Lee	Penticton High School	0:30:26	517	11
229 Jake Stephens	Salmon Arm Secondary	0:30:27	592	11
230 Danny Lee	Vancouver College	0:31:50	785	11
231 Daecheol Woo	Bodwell	0:32:08	37	11
232 Oscar Cao	Bodwell	0:32:52	34	11
233 Troy Chesley	Brookswood	0:32:32	47	12
233 Hoy Chesiey	PLOOK2MOOR	0.33.03	47	12

		235 Tiger Zhao	WJ Mouat			0:39:43	860
1.		over Bay Secondary	(L:50.22	1:49:11.13	0:35.38)
1	:===== 4	Thomas Oxland	21:35.18	:==			
2		Nic Ascui	21:35.49				
3		Miles Huynh	21:53.79				
4		Peter Oxland	21:56.11				
5		Josh Bailey	22:10.56				
6		Anthony Serban	23:32.23				
7	(49)	Carter Higgins	24:33.39				
2.	146	Claremont Secondary		(23:25.13	3 1:57:05.67	2:26.74)
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1	13	Hamish Babin	22:13.27				
2	17	Roberto Fedrigo	22:49.20				
3	29	Phil Vellacott	23:38.47				
4	31	Brennen Smith	23:44.72				
5	56	Angus Brown	24:40.01				
6	(69)	Jordan Hopkins	25:04.47				
7	(97)	Sam Ogden	26:34.06				
3.		St. George's School		(24:03.93	3 2:00:19.69	2:46.27)
1		Ben Kirsh	23:20.68				
2	24	Colin Mitchell	23:35.19				
3	28	Nick Good	23:38.02				
4	30	Keith Chow	23:38.85				
5	87	Curtis Weng	26:06.95				
6	(92)	James O'Brien	26:22.13				
7	(93)	Kennedy Chow	26:28.32				
4.		Kelowna Secondary		(23:44.79	9 1:58:43.95	8:41.32)
		Coop Domomon		:==			
1	1	Sean Bergman Chet Goerzen	20:47.48 22:13.92				
2		David Walker	22:13.92				
3 4		Gareth Williams	23:36.61				
5		Kyle Martin	29:28.80				
5	140	Ryle Martin	29.20.00				
5.	226	Mt. Douglas Secondary		•	24:13.82	2 2:01:09.13	2:43.04)
		Joel Taylor	======================================	·==			
1 2	19	Ryan Niezen	23:47.22				
3			23:54.68				
3 4		Alexsei Sajko David Sikli	23:54.68				
4	39	David SIKII	24.54.0/				

0:33:40

35

10 11

234 Matthew Chan Bodwell

5	80	Jordan Cheung	25:37.80				
6	(84)	Liam Byrne	25:54.39				
6.	230	Reynolds Secondary		(24:07.52	2:00:37.62	4:11.90)
		=======================================		===			
1	7		21:41.67				
2		Taylor Lyman	24:00.27				
3	47	•	24:22.66				
4		Jonah Smith	24:39.45				
5		Matthew Evans	25:53.57				
6	(129)	Simon Lambrechts	27:56.31				
7.		Oak Bay Secondary		(24:10.90	2:00:54.52	2:48.14)
1		======================================	======= 22:11.57	===			
2	37		23:57.36				
3		Liam Boland	24:48.72				
4		Matthew McLean	24:57.16				
5		Liam Morgan	24:59.71				
6		Bryn Evans	26:44.45				
7		Josh Boland	27:34.59				
	. ,						
8.		Nechako Valley Sec		(24:09.94	2:00:49.73	4:05.84)
1		Alex Nemethy	21:40.80				
2	38		23:58.38				
3		Charlie Borek	24:20.83				
4		Jonathan Mueller	25:03.08				
5	81		25:46.64				
6	(82)	Matthew Ebert	25:47.24				
7	(127)	Kyler Boucher	27:53.83				
9.		West Vancouver		(24:12.63	2:01:03.18	5:41.13)
1		Rowan Doherty	20:59.32				
2	18	Malcolm Southerland	22:54.21				
3	_	Aidan Doherty	25:03.54				
4		Miles Dignum	25:25.66				
5		Gabe Wilson	26:40.45				
6		Kyle Macmillan	26:54.72				
-	, /	<u> </u>					
10.	282	Sardis		(24:35.09	2:02:55.46	4:25.65)
=====	=====		=======	===			
1	15	Tanner Geary	22:26.60				
2	40	Kristian Biela	24:02.30				
3	48	Logan Clegg	24:25.06				
4	70	Keegan Schram-Smith	25:09.25				

_							
5		Riley Clemons	26:52.25				
6		Santana McKay	27:39.50				
7	(141)	Keegan Lightle	29:29.90				
11.		Penticton High School		(24:48.24	2:04:01.20	3:48.68)
1	20	Luke Grandbois	 23:15.73				
2	34	Richard Xiang	23:48.49				
3	60		24:54.75				
4	64	Xavier Nadeau	24:57.82				
5	112	Mirko Sempertegui	27:04.41				
6	(134)	Terrance Paisley	28:29.51				
7	(144)	Hyeonu Lee	30:25.42				
12.		Correlieu Sec		(25:40.83	2:08:24.17	3:27.75)
				==			
1	27	Cole Dinsdale	23:36.81				
2		Dane Jacobsen	24:17.27				
3		Ryan Elden	26:31.09				
4		Konrad Teetzen	26:54.44				
5		Jared Fisher	27:04.56				
6	(116)	Dylan Cathcart	27:16.85				
12.	390	Sentinel		(25:41.14	2:08:25.72	1:37.28)
=====	=====	=======================================	=======	==			
1	53	Calder Staude	24:37.77				
2	76	Chris Weiss	25:34.42				
3	85	Spencer Pratt	25:54.84				
4	86	Mackenzie Bowman	26:03.64				
5	90	Troy Stuart	26:15.05				
6	(119)	Pablo Lowry	27:38.61				
7	(135)	Robbie Lum	28:34.66				
14.		WR Christian		(25:26.53	2:07:12.68	6:38.40)
		Connon Toglegon		==			
1		Connor Jackson	21:09.26				
2		Riley Becker Sam Nelson	24:52.35				
3		Ethan Mothe	26:38.37				
4			26:45.04				
5		Jordan Max Brown	27:47.66				
6	(142)	Seong Yoon Lee	29:35.17				
15.	394	Walnut Grove		(25:44.29	2:08:41.48	3:35.23)
=====	=====	=======================================	=======	==			
1	25	Ben Demian	23:36.53				
2	55	Daniel Stead	24:39.55				
3	98	Dante Mercer	26:34.41				

4	101	Ethan Carlson	26:39.23				
5	115	Josh Franklin	27:11.76				
6	(117)	Jason Kimoto	27:25.55				
16.		Bodwell		(26:30.31	2:12:31.57	7:31.72)
1		======================================	24:35.71				
2		Shogo Imamura	24:54.83				
3		Pavel Savinykh	25:18.27				
4		Dmitry Brooks	25:35.33				
5		Daecheol Woo	32:07.43				
6	(147)	Oscar Cao	32:51.13				
7		Matthew Chan	33:39.05				
17.	413	St. Michaels University Scl			25:51.62	2:09:18.13	4:02.62)
1		Michael Wong-Harrison					
2			24:16.63				
3			26:41.10				
4		Ben Parker	26:42.44				
5		David Cunningham	27:50.29				
6		Ryan Totz	28:07.82				
7		Roland Liao-Briere	29:02.22				
	, ,						
18.	421	Killarney		(26:10.75	2:10:53.79	5:26.65)
				===			
1		Erik Thies	23:20.65				
2		Alger Liang	24:12.04				
3		Philip Ngo	26:07.33				
4		Melcom Dass	28:26.47				
5	137	Nicholas Li Josh Morin	28:47.30 29:49.69				
6	(143)	JOSH MOITH	29.49.09				
19. =====	427 ======	Salmon Arm Secondary	=======	(26:16.84	2:11:24.20	5:09.79)
1	43	Andrew Nash	24:14.51				
2	50	Seth Vanvarseveld	24:34.93				
3	96	Nelson Kleer	26:33.04				
4	99	David Bakker	26:37.42				
5	139	Aidan Hepburn	29:24.30				
6	(145)	Jake Stephens	30:26.85				
20.	428	Queen Elizabeth		(26:00.28	2:10:01.40	3:18.30)
=====	=====		======	===			
1	62	Omar Naoui	24:56.71				
2	71	Gurpreet Sandhu	25:12.88				
3	72	Ayoub Naoui	25:17.41				

4	91	Owen Tanizawa	26:19.39				
5	132	Cameron Wiltshire	28:15.01				
21.	441	WJ Mouat		(28:08.29	2:20:41.45	17:45.01)
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1	10	Aidan Bingert	21:57.99				
2	77	Josh Adhmar	25:34.75				
3	79	Jimmy Litt	25:36.76				
4	125	Nic Bonneau	27:48.95				
5	150	Tiger Zhao	39:43.00				
22.	448	BURNABY MOUNTAIN		(26:13.48	2:11:07.40	3:03.02)
=====	=====		=======	===			
1	52	Andrew Woinoski	24:36.90				
2	65	Liban Farah	24:58.81				
3	89	Tyler Ikeda	26:12.54				
4	120	William Truong	27:39.23				
5	122	Shawn Hunt	27:39.92				
6	(123)	Gurdas Hohti	27:46.08				
7	(136)	Stefano Fadi	28:35.90				
23.	478	South Delta		(26:27.66	2:12:18.32	4:12.43)
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1	35	Shaun Coburn	23:53.82				
2	95	Brendan Posehn	26:31.88				
3	105	Spencer Ball	26:41.89				
4	113	John Hanbury	27:04.48				
5	130	Conor Birarda	28:06.25				
24.		Brookswood		(27:25.49	2:17:07.47	8:56.39)
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1		Michael Pratt	24:06.51				
2			25:22.90				
3	102		26:39.63				
4		Brandon McLeod	27:55.53				
5	148	Troy Chesley	33:02.90				