| Place | Name | School | Time | Bib | Grade |
|-------|--|-----------------------------------|--------------------|-----|-------|
| | 1 Hannah Bennison | Vernon Secondary | 0:15:00 | 787 | 10 |
| | 2 Nicole Hutchinson | Sentinel | 0:15:17 | | 12 |
| | 3 Kyra McNulty | Kelowna Secondary | 0:15:40 | 286 | 10 |
| | 4 Madison Heisterman | Queen Margarets School | 0:15:50 | 545 | 9 |
| | 5 Jenaya Pynn | Wellington Secondary | 0:15:56 | 821 | 12 |
| | 6 Grace Thompson | Collingwood | 0:15:56 | 166 | 12 |
| | 7 Desirae Ridenour | Cowichan Secondary | 0:15:56 | 176 | 10 |
| | 8 Alyssa Mousseau | Wellington Secondary | 0:15:59 | 820 | 11 |
| | 9 Rhian Paterson | Sentinel | 0:15:59 | 636 | 9 |
| | 10 Glynis Sim | Salmon Arm Secondary | 0:16:01 | 593 | 11 |
| | 11 Olivia Willet | Riverside | 0:16:03 | | |
| | 12 Chelsea Ribeiro | Semiahmoo | 0:16:04 | | |
| | 13 Calli Charlton | Lord Byng | 0:16:08 | | |
| | 14 Olivia Baptiste | Correlieu Sec | 0:16:17 | | |
| | 15 Julia Greer | Semiahmoo | 0:16:24 | | |
| | 16 Mikaela Smart | Archbishop Carney | 0:16:25 | | |
| | 17 Isabella Boccia | Walnut Grove | 0:16:27 | | |
| | 18 Hannah Henry | Mt. Douglas Secondary | 0:16:27 | | |
| | 19 Chelsea Borrowdale20 Christina Johnstone | Walnut Grove | 0:16:27 | | |
| | 21 Amy Morris | Thomas Haney Wellington Secondary | 0:16:29 0:16:37 | | |
| | 22 Cassidy Steen | Mt. Douglas Secondary | 0:16:37 | | |
| | 23 Leiah Kirsh | West Point Grey Academy | | | |
| | 24 Dante Sali | West Point Grey Academy | | | |
| | 25 Katie Harris | Collingwood | 0:16:44 | | |
| | 26 Sophie De Goede | Oak Bay Secondary | 0:16:45 | | |
| | 27 Veronica Fagan | Mount Boucherie Seconda | | | |
| | 28 Emma Dearden | Walnut Grove | 0:16:56 | 815 | 11 |
| | 29 Emily Simpson | Prince Charles | 0:17:00 | 533 | 11 |
| | 30 Addy Townsend | Dr. Charles Best | 0:17:03 | 211 | 12 |
| | 31 Sarah Diamond | West Point Grey Academy | 0:17:04 | 833 | 10 |
| | 32 Bella Gustin | Seycove | 0:17:04 | 654 | 12 |
| | 33 Abby Speirs | Stelly's Secondary | 0:17:04 | 755 | 11 |
| | 34 Emily Morris | Little Flower Academy | 0:17:04 | 327 | 11 |
| | 35 Michelle Cheung | Sentinel | 0:17:05 | | |
| | 36 Caitlin Leblanc | Sardis | 0:17:06 | | |
| | 37 Justine Stecko | Oak Bay Secondary | 0:17:08 | | |
| | 38 Haley Ribeiro | Semiahmoo | 0:17:11 | | |
| | 39 Ashley Cathro | Claremont Secondary | 0:17:12 | | |
| | 40 Kennedy Randall | West Point Grey Academy | | | |
| | 41 Enid Au | Killarney | 0:17:17 | | |
| | 42 Adrianna Klassen | Langley Fundamental | 0:17:19 | | |
| | 43 Emily Kasa | West Point Grey Academy | | | |
| | 44 Karly Butterfield | Seycove | 0:17:22 | | |
| | 45 Emma Rainboth | Nanaimo District Seconda | r 0:17:23 | 436 | 11 |

| AC Core Dutler | Oak Bay Casandam | 0.17.26 | 401 | 0 |
|-------------------------|-----------------------------|---------|------------|----|
| 46 Cara Butler | Oak Bay Secondary | 0:17:26 | 481 | 9 |
| 47 Erica Johnson | Abbotsford Senior | 0:17:29 | 17 | 11 |
| 48 Andree Coschizza | Little Flower Academy | 0:17:31 | 328 | 11 |
| 49 Robyn Lee | BURNABY MOUNTAIN | 0:17:32 | 89 | 12 |
| 50 Julia Babicz | College Heights Sec | 0:17:34 | 157 | 12 |
| 51 Kassandra Richard | Terry Fox | 0:17:35 | 771 | 11 |
| 52 Morgan Roskelley | Oak Bay Secondary | 0:17:35 | 482 | 12 |
| 53 Alexa Porpaczy | Semiahmoo | 0:17:38 | 622 | 9 |
| 54 Joanna Williams | Campbell River Christian Sc | 0:17:39 | 99 | 12 |
| 55 Kyra Teetzen | Correlieu Sec | 0:17:39 | 167 | 11 |
| 56 Emilie Kaye | Sentinel | 0:17:40 | 639 | 8 |
| 57 Sarah Buckingham | Walnut Grove | 0:17:41 | 817 | 8 |
| 58 Patricia Horwood | Oak Bay Secondary | 0:17:43 | 483 | 10 |
| 59 Annika Richardson | Churchill | 0:17:45 | 130 | 11 |
| 60 Evelynne Pallard | Nanaimo District Secondar | 0:17:46 | 437 | 8 |
| 61 Jasmine Broeder | Semiahmoo | 0:17:50 | 624 | 11 |
| 62 Sarah Kapur | Seycove | 0:17:53 | 656 | 12 |
| 63 Kelsey Shellard | Sentinel | 0:17:53 | 637 | 11 |
| • | Mt. Douglas Secondary | 0:17:55 | 417 | 11 |
| 64 Holly Henry | , | | | |
| 65 Avery Drew | Quesnel Jr Sec | 0:17:56 | 546 | 9 |
| 66 Victoria Kray | Pacific Academy | 0:18:00 | 494 | 12 |
| 67 Mikayla Tinkham | Maple Ridge | 0:18:00 | 372 | 11 |
| 68 Kaitlyn Verduzco | Nechako Valley Sec | 0:18:03 | 451 | 11 |
| 69 Madeline Ertel | Kelowna Secondary | 0:18:04 | 287 | 11 |
| 70 Jessica Kampman | Abbotsford Christian | 0:18:05 | 14 | 8 |
| 71 Eliza Jane Kitchen | Handsworth | 0:18:09 | 262 | 12 |
| 72 Sienna Teti | West Point Grey Academy | 0:18:10 | 836 | 12 |
| 73 Delaney Chapman | Abbotsford Traditional | 0:18:11 | 19 | 12 |
| 74 Zoe Bizarro | Smithers Secondary | 0:18:12 | 678 | 12 |
| 75 Callum Pilgrim | WJ Mouat | 0:18:12 | 789 | 12 |
| 76 Paige Quinn | Lord Byng | 0:18:14 | 345 | 11 |
| 77 Lotta Friesenhahn | Sentinel | 0:18:15 | 641 | 11 |
| 78 Emma Harrison | Walnut Grove | 0:18:15 | 816 | 12 |
| 79 Rachel May | Salmon Arm Secondary | 0:18:15 | 595 | 10 |
| 80 Acacia Welsford | St. Michaels University Sch | 0:18:16 | 881 | 12 |
| 81 Sam Lapin | Kitsilano | 0:18:17 | 312 | 12 |
| 82 Emily Williams | Salmon Arm Secondary | 0:18:19 | 594 | 9 |
| 83 Alessandra Schmid | College Heights Sec | 0:18:21 | 158 | 11 |
| 84 Maya Asselin-Debelic | Nanaimo District Secondar | 0:18:22 | 438 | 11 |
| 85 Iris Janssen | STEVESTON LONDON | 0:18:23 | 757 | 12 |
| 86 Emily Liang | Semiahmoo | 0:18:28 | 623 | 11 |
| 87 Breanne Dejong | Walnut Grove | 0:18:28 | 818 | 11 |
| 88 Christina Martinusen | | | | |
| | Reynolds Secondary | 0:18:31 | 561 450 | 10 |
| 89 Anika Wallace | Nechako Valley Sec | 0:18:31 | 450 730 | 12 |
| 90 Alexa Bryant | St. Margaret's School | 0:18:31 | 729 | 11 |
| 91 Jeanie Wilding | Mennonite El | 0:18:32 | 397 | 12 |
| 92 Alexa Phipps | Duchess Park | 0:18:32 | 215 | 12 |

| 93 | Suraya Bondy | West Point Grey Academy | 0:18:33 | 837 | 11 |
|-----|----------------------------------|---------------------------|---------|-----|----|
| | Katie Weaver | Carson Graham | 0:18:34 | 110 | 12 |
| 95 | Reesa Wright | BURNABY CENTRAL | 0:18:35 | 60 | 11 |
| | Sarah Hall | Claremont Secondary | 0:18:35 | 139 | 12 |
| 97 | Sumara Stroshein | RE Mountain | 0:18:37 | 552 | 11 |
| 98 | Taylor Macintosh | St. Thomas More | 0:18:40 | 581 | 12 |
| | Sophie Vogel-Nakamura | | 0:18:43 | 306 | 11 |
| | Ellie McLeod | Glenlyon Norfolk School | 0:18:44 | 258 | 11 |
| | Riley Tesch | Mt. Douglas Secondary | 0:18:45 | 420 | 11 |
| | Kyra Danielson | Killarney | 0:18:46 | 296 | 9 |
| | Hayley Stephen | Nechako Valley Sec | 0:18:46 | 452 | 8 |
| | Laura Sullivan | Little Flower Academy | 0:18:48 | 329 | 11 |
| | Clara Seibel | Seycove | 0:18:49 | 658 | 11 |
| | Georgia Verduzco | Nechako Valley Sec | 0:18:50 | 449 | 9 |
| | Mia Kozak | Correlieu Sec | 0:18:54 | 168 | 11 |
| _0. | Lisa Eberlien | Carihi Secondary | 0:18:54 | 104 | 12 |
| | Olivia Mater | LVR | 0:18:55 | 356 | 11 |
| | Molly Brawdy | Smithers Secondary | 0:18:55 | 679 | 12 |
| | Filomena Loelhel | W.I Mouat | 0:18:55 | 790 | 11 |
| | Emily Wong | Killarney | 0:18:56 | 302 | 11 |
| | Ava Johnson | Nanaimo District Secondar | 0:18:56 | 439 | 8 |
| | Kaitlyn Lindhout | Chilliwack | 0:18:56 | 123 | 11 |
| | Danika Robson | Lake City Sec | 0:18:58 | 316 | 12 |
| | Emily Talman | Seycove | 0:18:58 | 657 | 11 |
| | Megan Nuttal | Carihi Secondary | 0:18:58 | 103 | 12 |
| | Emily Chong | David Thompson | 0:18:38 | 182 | 11 |
| | Esther Groeneweg | Abbotsford Christian | 0:19:02 | 102 | 12 |
| | Heather Saelman | Abbotsford Christian | 0:19:03 | 13 | 9 |
| | Autumn Wyatt | RE Mountain | 0:19:12 | 553 | 11 |
| | Manon Prairie | Nanaimo District Secondar | 0:19:13 | 440 | 12 |
| | Hannah Kornelsen | Mennonite El | 0:19:14 | 395 | 12 |
| _ | Sarah Thompson | Dr. Charles Best | 0:19:14 | 212 | 11 |
| | Tanisa Bimb | | | 421 | 11 |
| | Elena Bruns | Mt. Douglas Secondary | 0:19:15 | | |
| _ | | Salmon Arm Secondary | 0:19:17 | 598 | 12 |
| | Justine Rapier Shondra Martin | Little Flower Academy | 0:19:18 | 330 | 8 |
| | | Sentinel | 0:19:18 | 640 | 11 |
| | Jennifer Shannon | BURNABY SOUTH | 0:19:18 | 92 | 11 |
| | Miya Kosowick | Salmon Arm Secondary | 0:19:19 | 600 | 11 |
| | Kate Hodgson | Kitsilano | 0:19:21 | 313 | 12 |
| | Jessica Hasker | South Delta | 0:19:21 | 687 | 12 |
| | Gabby Thompson | Dr. Charles Best | 0:19:22 | 213 | 11 |
| | Gabby Toffoletto | Notre Dame Secondary | 0:19:23 | 464 | 11 |
| | Anika Bosch | South Delta | 0:19:24 | 688 | 11 |
| | Lauren Kean | Sardis | 0:19:27 | 609 | 12 |
| | Ciara O'Leary | Little Flower Academy | 0:19:30 | 332 | 11 |
| | Sara Brinkac | BURNABY CENTRAL | 0:19:33 | 62 | 10 |
| 139 | Marian Lee | Killarney | 0:19:34 | 297 | 11 |
| | | | | | |

| 4 40 | Mala da akkaman la | A I . | 0.40.35 | 20 | 43 |
|------|------------------------|-----------------------|---------|-----|----|
| | Valeriya Khomenko | Argyle | 0:19:35 | 30 | 12 |
| | Jessica Brown | Salmon Arm Secondary | 0:19:36 | 597 | 10 |
| | Mhari Runciman | Salmon Arm Secondary | 0:19:36 | 596 | 10 |
| | Elysee Pereira | Claremont Secondary | 0:19:37 | 140 | 9 |
| | Natasha Louie | BURNABY CENTRAL | 0:19:38 | 61 | 11 |
| 145 | Laura Choo | BURNABY CENTRAL | 0:19:38 | 63 | 10 |
| 146 | Naomi Perkins | LVR | 0:19:42 | 359 | 11 |
| 147 | Megan Parno | Fleetwood Park | 0:19:42 | 234 | 10 |
| 148 | Sydney Verburg | Seycove | 0:19:43 | 659 | 12 |
| 149 | Kara Lauer | Semiahmoo | 0:19:43 | 625 | 11 |
| 150 | Celestina Tenase | Port Moody | 0:19:44 | 529 | 11 |
| 151 | Isabela Hlavon | Reynolds Secondary | 0:19:48 | 562 | 10 |
| 152 | Kira Vordermark | Oak Bay Secondary | 0:19:48 | 484 | 10 |
| 153 | Bridian James Schneide | Nechako Valley Sec | 0:19:50 | 453 | 9 |
| | Jordan Fahey | Little Flower Academy | 0:19:50 | 333 | 10 |
| | Sheridan MacArthur | College Heights Sec | 0:19:50 | 159 | 12 |
| | Sophia Proust | Crofton House | 0:20:02 | 177 | 12 |
| | Franziska Rautmann | College Heights Sec | 0:20:02 | 161 | 11 |
| | Eden Luymes | Abbotsford Christian | 0:20:03 | 9 | 12 |
| | Olivia Rosser | MCMATH | 0:20:06 | 381 | 11 |
| | Helen Job | Abbotsford Christian | 0:20:06 | 12 | 9 |
| | Tara Yowek | LVR | 0:20:09 | 357 | 11 |
| | Jessy Tam | Killarney | 0:20:09 | 299 | 11 |
| | Simone Ismail | Panorama Ridge | 0:20:10 | 497 | 9 |
| | | - | | | 11 |
| | Sonja Pinto | Killarney | 0:20:11 | 298 | |
| | Laurel Hamm | Mennonite El | 0:20:13 | 392 | 12 |
| | Mika Thornitt-Pierre | Killarney | 0:20:17 | 300 | 9 |
| | Kristyne Hamre | Salmon Arm Secondary | 0:20:18 | 599 | 11 |
| | Jasmin Senghera | Panorama Ridge | 0:20:21 | 498 | 11 |
| | Clara Wong | Killarney | 0:20:25 | 301 | 10 |
| | Astrid Hawkes | Reynolds Secondary | 0:20:25 | 564 | 9 |
| | Beth Van Dyk | Abbotsford Christian | 0:20:25 | 15 | 8 |
| | Angela Law | Little Flower Academy | 0:20:26 | 331 | 11 |
| | Jenny Li | Gladstone | 0:20:29 | 252 | 10 |
| | Katharina Schmidt | LVR | 0:20:40 | 362 | 11 |
| 175 | Nicola Horwood | Oak Bay Secondary | 0:20:44 | 485 | 12 |
| 176 | Katrina Palmer | Abbotsford Christian | 0:20:46 | 11 | 12 |
| 177 | Ravneet Tiwana | Fleetwood Park | 0:20:48 | 239 | 9 |
| 178 | Angela Kulchar | Nechako Valley Sec | 0:20:51 | 454 | 11 |
| 179 | Lara Irwin | Reynolds Secondary | 0:20:58 | 563 | 11 |
| 180 | Kiana Olafson | Sardis | 0:20:58 | 610 | 11 |
| 181 | Hailie Minhas | Fleetwood Park | 0:20:59 | 240 | 9 |
| 182 | Kristen Louie | Seycove | 0:21:02 | 660 | 12 |
| 183 | Zoe Zhang | Killarney | 0:21:04 | 303 | 11 |
| | Amber Chan | BURNABY CENTRAL | 0:21:06 | 64 | 11 |
| | Taryn Stephen | Nechako Valley Sec | 0:21:07 | 455 | 11 |
| | Emelie Peelo | Fleetwood Park | 0:21:07 | 235 | 10 |
| | | | | | |

| 1 | 87 Rayanne Bimb | Mt. Douglas Secondary | 0:21:16 | 422 | 12 |
|---|-----------------------|-----------------------------|---------|-----|----|
| 1 | 88 Claire Reynolds | MCMATH | 0:21:18 | 380 | 11 |
| 1 | 89 Kaitlyn Joyce | College Heights Sec | 0:21:22 | 160 | 10 |
| 1 | 90 Sarah Hardjowasito | BURNABY MOUNTAIN | 0:21:24 | 90 | 12 |
| 1 | 91 Ha Young Yu | Fleetwood Park | 0:21:25 | 237 | 12 |
| 1 | 92 Kalyn Head | Chilliwack | 0:21:27 | 124 | 11 |
| 1 | 93 Danielle Labreche | BURNABY CENTRAL | 0:21:31 | 65 | 10 |
| 1 | 94 Sarah Semkow | MOSCROP | 0:21:32 | 402 | 11 |
| 1 | 95 Kianna House | Fleetwood Park | 0:21:34 | 236 | 12 |
| 1 | 96 Priyank Nehra | Reynolds Secondary | 0:21:41 | 565 | 11 |
| 1 | 97 Jocelyn McComb | Fleetwood Park | 0:21:46 | 238 | 12 |
| 1 | 98 Siobhan Board | Walnut Grove | 0:21:50 | 819 | 12 |
| 1 | 99 Claire Armstrong | Lord Byng | 0:21:53 | 342 | 11 |
| 2 | 00 Annice Li | MOSCROP | 0:21:56 | 403 | 11 |
| 2 | 01 Sofia Biela | Sardis | 0:22:00 | 612 | 11 |
| 2 | 02 Anna MacKenzie | Sardis | 0:22:12 | 611 | 12 |
| 2 | 03 Ada Browne | Prince Charles | 0:22:17 | 534 | 11 |
| 2 | 04 Edelphine Ji | St. Michaels University Sch | 0:22:19 | 884 | 11 |
| 2 | 05 May Wang | Claremont Secondary | 0:22:23 | 142 | 12 |
| 2 | 06 Mandip Gill | Panorama Ridge | 0:22:23 | 499 | 11 |
| 2 | 07 Megan Harrison | St. Michaels University Sch | 0:22:29 | 882 | 12 |
| 2 | 08 Jordyn Downey | Chilliwack | 0:22:30 | 126 | 11 |
| 2 | 09 Isla Francis | Lord Byng | 0:22:39 | 344 | 11 |
| 2 | 10 Sydney Zimmer | LVR | 0:22:40 | 358 | 11 |
| 2 | 11 Lisset Cabrera | St. Michaels University Sch | 0:22:42 | 886 | 12 |
| 2 | 12 Yiyi Zeng | St. Michaels University Sch | 0:23:00 | 885 | 11 |
| 2 | 13 Esther Sava | Reynolds Secondary | 0:23:09 | 566 | 11 |
| 2 | 14 Claire Young | LVR | 0:23:15 | 360 | 11 |
| 2 | 15 Katie Sanchez | Chilliwack | 0:23:17 | 122 | 11 |
| 2 | 16 Jane Chew | St. Michaels University Sch | 0:23:27 | 883 | 12 |
| 2 | 17 Inga Nebel | BURNABY CENTRAL | 0:23:35 | 66 | 12 |
| 2 | 18 Paula Akerman | Mennonite El | 0:23:37 | 391 | 11 |
| 2 | 19 Kana Kobayashi | Chilliwack | 0:23:46 | 125 | 11 |
| 2 | 20 Amanda Schmidt | Mennonite El | 0:24:18 | 396 | 12 |
| 2 | 21 Casey Thummerer | Sparwood | 0:24:22 | 699 | 11 |
| 2 | 22 Marnie Klassen | Mennonite El | 0:24:57 | 394 | 11 |
| 2 | 23 Pauline Erboleben | LVR | 0:25:41 | 361 | 11 |
| 2 | 24 Taranpreet Dosanjh | Panorama Ridge | 0:26:11 | 503 | 11 |
| 2 | 25 Elaine Lam | BURNABY MOUNTAIN | 0:28:20 | 91 | 12 |
| | | | | | |

| 79 West Point Grey Academy | (16:59.16 1:24:55.84 0:40.39) |
|--|--------------------------------|
|--|--------------------------------|

1 10 Leiah Kirsh 16:39.38
2 11 Dante Sali 16:40.44
3 14 Sarah Diamond 17:03.01
4 21 Kennedy Randall 17:13.24
5 23 Emily Kasa 17:19.77

```
6 (41) Sienna Teti
                         18:09.92
 7 ( 54) Suraya Bondy 18:32.41
                              ( 16:46.31 1:23:51.55 2:36.48)
    88 Sentinel
_____
    1 Nicole Hutchinson
                         15:16.21
     2 Rhian Paterson
                         15:58.95
                         17:04.01
 3 17 Michelle Cheung
    31 Emilie Kaye
                         17:39.69
 5
    37 Kelsey Shellard
                         17:52.69
 6 (42) Lotta Friesenhahn
                         18:14.01
 7 (74) Shondra Martin
                         19:17.53
                            ( 17:00.93 1:25:04.67 1:45.58)
 3. 94 Semiahmoo
-----
    4 Chelsea Ribeiro
                         16:03.57
    5 Julia Greer
 2
                         16:23.86
    20 Haley Ribeiro
                         17:10.57
 4
    30 Alexa Porpaczy
                         17:37.52
                         17:49.15
 5
    35 Jasmine Broeder
 6 (49) Emily Liang
                         18:27.57
 7 ( 87) Kara Lauer
                         19:42.77
 4. 102 Walnut Grove
                             ( 17:08.49 1:25:42.48 1:48.14)
_____
    6 Isabella Boccia
                         16:26.22
    8 Chelsea Borrowdale
 2
                        16:26.62
    13 Emma Dearden
                         16:55.01
                        17:40.27
    32 Sarah Buckingham
 4
 5
    43 Emma Harrison
                         18:14.36
 6 (50) Breanne Dejong
                         18:29.08
 7 (124) Siobhan Board
                         21:49.28
 5. 119 Oak Bay Secondary ( 17:19.00 1:26:35.01 0:57.34)
12 Sophie De Goede
                         16:44.86
 2
    19 Justine Stecko
                         17:07.97
 3
    26 Cara Butler
                         17:25.13
    29 Morgan Roskelley
                        17:34.85
                         17:42.20
 5
    33 Patricia Horwood
 6 (89) Kira Vordermark
                         19:47.33
 7 (105) Nicola Horwood
                         20:43.66
 6. 181 Mt. Douglas Secondary ( 17:47.74 1:28:58.74 2:47.84)
_____
    7 Hannah Henry
                         16:26.44
 2 9 Cassidy Steen 16:39.11
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38 Holly Henry
 3
                         17:54.33
    56 Riley Tesch
                         18:44.58
                         19:14.28
    71 Tanisa Bimb
 6 (116) Rayanne Bimb
                         21:16.00
 7. 201 Seycove
                            ( 18:00.59 1:30:02.95 1:54.15)
_____
    15 Bella Gustin
                          17:03.10
    24 Karly Butterfield
                         17:21.46
 3
    36 Sarah Kapur
                         17:52.39
 4
    60 Clara Seibel
                         18:48.75
 5
    66 Emily Talman
                         18:57.25
 6 (86) Sydney Verburg
                         19:42.48
 7 (112) Kristen Louie
                         21:01.38
 8. 240 Salmon Arm Secondary ( 18:13.77 1:31:08.86 3:18.54)
_____
     3 Glynis Sim
                          16:00.30
    44 Rachel May
                         18:14.72
 3
    46 Emily Williams
                         18:18.02
 4
    72 Elena Bruns
                         19:16.98
    75 Miya Kosowick
 5
                         19:18.84
 6 (80) Jessica Brown
                         19:35.27
 7 (81) Mhari Runciman
                         19:35.49
 8. 240 Nanaimo District Secondary School ( 18:19.63 1:31:38.18 1:50.61)
_____
    25 Emma Rainboth
                          17:22.34
    34 Evelynne Pallard
                         17:45.53
    48 Maya Asselin-Debelic 18:21.53
 3
    64 Ava Johnson
 4
                         18:55.83
 5
    69 Manon Prairie
                         19:12.95
10. 252 Little Flower Academy ( 18:25.53 1:32:07.66 2:25.28)
1 16 Emily Morris
                         17:03.99
    27 Andree Coschizza
                         17:30.08
 3
    59 Laura Sullivan
                         18:47.14
 4
    73 Justine Rapier
                         19:17.18
 5
    77 Ciara O'Leary
                         19:29.27
 6 (91) Jordan Fahey
                         19:49.63
 7 (103) Angela Law
                         20:25.10
11. 300 Nechako Valley Sec ( 18:47.48 1:33:57.43 1:46.54)
18:02.64
    39 Kaitlyn Verduzco
 2 52 Anika Wallace 18:30.65
```

| 3 | | Hayley Stephen | 18:45.61 | | | | |
|-------|-------|---|----------|----|----------|------------|----------|
| 4 | | Georgia Verduzco | 18:49.35 | | | | |
| 5 | 90 | Bridian James Schneider | 19:49.18 | | | | |
| 6 | | Angela Kulchar | 20:50.54 | | | | |
| 7 | (114) | Taryn Stephen | 21:06.53 | | | | |
| | | | | | | | |
| 12. | 318 | Killarney | | (| 18:56.24 | 1:34:41.23 | 2:52.99) |
| | | | | == | | | |
| 1 | | Enid Au | 17:16.97 | | | | |
| 2 | 57 | - | 18:45.25 | | | | |
| 3 | | Emily Wong | 18:55.44 | | | | |
| 4 | 79 | | 19:33.61 | | | | |
| 5 | 97 | - | 20:09.96 | | | | |
| 6 | | Sonja Pinto | 20:10.47 | | | | |
| 7 | (100) | Mika Thornitt-Pierre | 20:16.98 | | | | |
| | 254 | | | , | 10 10 50 | 1 06 00 50 | 0 01 10) |
| 13. | | Abbotsford Christian | | (| 19:18.50 | 1:36:32.52 | 2:01.18) |
| | | | | == | | | |
| 1 | | Jessica Kampman | 18:04.71 | | | | |
| 2 | | Esther Groeneweg | 19:08.52 | | | | |
| 3 | | Heather Saelman | 19:11.32 | | | | |
| 4 | | Eden Luymes | 20:02.08 | | | | |
| 5 | | Helen Job | 20:05.89 | | | | |
| 6 | | Beth Van Dyk | 20:24.54 | | | | |
| 7 | (106) | Katrina Palmer | 20:45.76 | | | | |
| 14. | 377 | College Heights Sec | | (| 19:25 36 | 1:37:06.84 | 3:48.22) |
| | | ======================================= | ======= | ` | 1, 20,00 | 1 37 33 33 | 3 10122, |
| 1 | 28 | Julia Babicz | 17:33.29 | | | | |
| 2 | 47 | Alessandra Schmid | 18:20.55 | | | | |
| 3 | 92 | Sheridan MacArthur | 19:49.80 | | | | |
| 4 | 93 | Franziska Rautmann | 20:01.69 | | | | |
| 5 | 117 | Kaitlyn Joyce | 21:21.51 | | | | |
| | | | | | | | |
| 15. | 411 | BURNABY CENTRAL | | (| 19:41.27 | 1:38:26.36 | 2:31.04) |
| ===== | ===== | | ======= | == | | | |
| 1 | 55 | Reesa Wright | 18:34.03 | | | | |
| 2 | 78 | Sara Brinkac | 19:32.23 | | | | |
| 3 | 82 | Natasha Louie | 19:37.36 | | | | |
| 4 | 83 | Laura Choo | 19:37.67 | | | | |
| 5 | 113 | Amber Chan | 21:05.07 | | | | |
| 6 | (120) | Danielle Labreche | 21:30.38 | | | | |
| 7 | (137) | Inga Nebel | 23:34.09 | | | | |
| | | | | | | | |
| 16. | 455 | Sardis | | (| 20:20.18 | 1:41:40.90 | 5:05.48) |
| ===== | ===== | | ======= | == | | | |
| 1 | 18 | Caitlin Leblanc | 17:05.95 | | | | |
| | | | | | | | |

| 2 | 76 | Lauren Kean | 19:26.25 | | | | |
|--|---|--|--|------|----------|------------|----------|
| 3 | | Kiana Olafson | 20:57.68 | | | | |
| 4 | 125 | Sofia Biela | 21:59.59 | | | | |
| 5 | 126 | Anna MacKenzie | 22:11.43 | | | | |
| _ | | | | | | | |
| 17. | 471 | Reynolds Secondary | | (| 20:15.82 | 1:41:19.13 | 3:10.61) |
| ===== | ===== | | ======= | == | | | |
| 1 | 51 | Christina Martinusen | 18:30.04 | | | | |
| 2 | 88 | Isabela Hlavon | 19:47.01 | | | | |
| 3 | 101 | Astrid Hawkes | 20:24.41 | | | | |
| 4 | 109 | Lara Irwin | 20:57.02 | | | | |
| 5 | 122 | Priyank Nehra | 21:40.65 | | | | |
| 6 | (133) | Esther Sava | 23:08.87 | | | | |
| 1.0 | 476 | TIP | | , | 00.04 50 | 1.40.00 00 | 2.45 06) |
| 18. | 476 | LVR | | (| 20:24.58 | 1:42:02.90 | 3:45.06) |
| 1 | | Olivia Mater | -====== 18:54.33 | -== | | | |
| 2 | 84 | Naomi Perkins | 19:41.62 | | | | |
| 3 | 96 | | 20:08.06 | | | | |
| 4 | | Katharina Schmidt | 20:39.50 | | | | |
| 5 | 130 | Sydney Zimmer | 22:39.39 | | | | |
| 6 | | Claire Young | 23:14.26 | | | | |
| 7 | (142) | Pauline Erboleben | 25:40.02 | | | | |
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| 19. | 500 | Mennonite EI | | (| 21:10.19 | 1:45:50.98 | 5:45.90) |
| | ===== | ======================================= | ====== | (| 21:10.19 | 1:45:50.98 | 5:45.90) |
| | ===== | Jeanie Wilding | 18:31.31 | (| 21:10.19 | 1:45:50.98 | 5:45.90) |
| ===== 1 2 | 53 70 | Jeanie Wilding Hannah Kornelsen | 18:31.31 19:13.21 | (| 21:10.19 | 1:45:50.98 | 5:45.90) |
| ===== 1 2 3 | 53 70 99 | Jeanie Wilding Hannah Kornelsen Laurel Hamm | 18:31.31 19:13.21 20:12.50 | (| 21:10.19 | 1:45:50.98 | 5:45.90) |
| ===== 1 2 3 4 | 53 70 99 138 | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman | 18:31.31 19:13.21 20:12.50 23:36.75 | (=== | 21:10.19 | 1:45:50.98 | 5:45.90) |
| 1 2 3 4 5 | 53 70 99 138 140 | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 | (=== | 21:10.19 | 1:45:50.98 | 5:45.90) |
| ===== 1 2 3 4 | 53 70 99 138 140 | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman | 18:31.31 19:13.21 20:12.50 23:36.75 | (=== | 21:10.19 | 1:45:50.98 | 5:45.90) |
| ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 | (| | | |
| ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | 1:45:50.98 | |
| ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) 536 | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) 536 =================================== | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) 536 =================================== | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park Megan Parno | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) 536 =================================== | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 20. ====== 1 2 3 | 53 70 99 138 140 (141) 536 ======= 85 107 111 115 | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park Megan Parno Ravneet Tiwana Hailie Minhas | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 20. ===== 1 2 3 4 | 53 70 99 138 140 (141) 536 ======: 85 107 111 115 118 | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park Megan Parno Ravneet Tiwana Hailie Minhas Emelie Peelo | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 20. ===== 1 2 3 4 5 | 53 70 99 138 140 (141) 536 =================================== | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park Megan Parno Ravneet Tiwana Hailie Minhas Emelie Peelo Ha Young Yu | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 20. ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) 536 =================================== | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| | | |
| ===== 1 2 3 4 5 6 20. ===== 1 2 3 4 5 6 | 53 70 99 138 140 (141) 536 ====== 85 107 111 115 118 (121) (123) | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| 20:47.66 | 1:43:58.34 | 1:42.61) |
| ===== 1 2 3 4 5 6 20. ===== 1 2 3 4 5 6 7 | 53 70 99 138 140 (141) 536 =================================== | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park Megan Parno Ravneet Tiwana Hailie Minhas Emelie Peelo Ha Young Yu Kianna House Jocelyn McComb | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| 20:47.66 | 1:43:58.34 | 1:42.61) |
| ===== 1 2 3 4 5 6 20. ===== 1 2 3 4 5 6 7 | ====================================== | Jeanie Wilding Hannah Kornelsen Laurel Hamm Paula Akerman Amanda Schmidt Marnie Klassen Fleetwood Park | 18:31.31 19:13.21 20:12.50 23:36.75 24:17.21 24:56.83 | (| 20:47.66 | 1:43:58.34 | 1:42.61) |

| 3 | 128 | Megan Harrison | 22:28.06 | | | | |
|--------|--------------|------------------------------------|----------------------|-----|----------|------------|----------|
| 4 | 131 | Lisset Cabrera | 22:41.51 | | | | |
| 5 | 132 | Yiyi Zeng | 22:59.94 | | | | |
| 6 | (136) | Jane Chew | 23:26.26 | | | | |
| | | | | | | | |
| 22. | 587 | Chilliwack | | (| 21:58.68 | 1:49:53.40 | 4:49.53) |
| | | | | | | | |
| ===== | ===== | | ======= | === | | | |
| 1 | ====== 65 | Kaitlyn Lindhout | ======= 18:55.84 | === | | | |
| 1 2 | | Kaitlyn Lindhout Kalyn Head | 18:55.84 21:26.09 | === | | | |
| _ | | - | | === | | | |
| 2 | 119 | Kalyn Head | 21:26.09 | === | | | |