Survey Questions

Table S2.1 contains a list of all questions from the survey in Chapter 5, along with details of the question type.

Table S2.1: Survey Questions

Tuble 52.1. Survey Questions		
#	Question Text	Details
1	For what reasons do you interact with other people on- line?	As part of your job Conducting research or studying For leisure To keep in touch with family/friends Staying informed
2. How do you prefer to receive information when it is something you might need to act on quickly? Please rate on a scale of 1-5, with 1 meaning you dislike that method and 5 meaning you actively prefer that method.		
2.1	Email	Likert scale (1-5)
2.2	Text message or SMS	Likert scale (1-5)
2.3	Using an application or website on a smartphone	Likert scale (1-5)

	2.2	Text message or SMS	Likert scale (1-5)
	2.3	Using an application or website on a smartphone	Likert scale (1-5)
	2.4	Receiving a notification on a smartphone	Likert scale (1-5)
	2.5	Using an application or website on a desktop computer	Likert scale (1-5)
	2.6	Receiving a notification on a desktop computer	Likert scale (1-5)
	2.7	Phone call	Likert scale (1-5)
	2.8	Voicemail message	Likert scale (1-5)
	2.9	In person	Likert scale (1-5)
	2.10	Letter	Likert scale (1-5)
П			

3. How do you prefer to receive information when it is something that might be important but does not need immediate action? Please rate on a scale of 1-5, with 1 meaning you dislike that method and 5 meaning you actively prefer that method.

3.1	Email	Likert scale (1-5)
3.2	Text message or SMS	Likert scale (1-5)
3.3	Using an application or website on a smartphone	Likert scale (1-5)
3.4	Receiving a notification on a smartphone	Likert scale (1-5)
3.5	Using an application or website on a desktop computer	Likert scale (1-5)
3.6	Receiving a notification on a desktop computer	Likert scale (1-5)
3.7	Phone call	Likert scale (1-5)
3.8	Voicemail message	Likert scale (1-5)
3.9	In person	Likert scale (1-5)
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Table S2.1 - continued from previous page

#	Question Text	Details
3.10	Letter	Likert scale (1-5)

4. How do you prefer to receive information when it is interesting but not particularly important or urgent? Please rate on a scale of 1-5, with 1 meaning you dislike that method and 5 meaning you actively prefer that method.

ail	Likert scale (1-5)
xt message or SMS	Likert scale (1-5)
ing an application or website on a smartphone	Likert scale (1-5)
ceiving a notification on a smartphone	Likert scale (1-5)
ing an application or website on a desktop computer	Likert scale (1-5)
ceiving a notification on a desktop computer	Likert scale (1-5)
one call	Likert scale (1-5)
cemail message	Likert scale (1-5)
person	Likert scale (1-5)
ter	Likert scale (1-5)
i	t message or SMS ng an application or website on a smartphone eiving a notification on a smartphone ng an application or website on a desktop computer eiving a notification on a desktop computer one call cemail message person

5. How often do you use the following online services or applications? Choose from: Never, Every month or less often, Every week, Daily, Many times a day

5.1	Twitter	Single choice
5.2	Facebook	Single choice
5.3	Reddit	Single choice
5.4	Instagram	Single choice
5.5	Snapchat	Single choice
5.6	Instant messaging	Single choice
5.7	Slack	Single choice
5.8	Skype	Single choice
5.9	Business collaboration software	Single choice
6	Which, if any, of the following applications for messaging/collaboration do you use to conduct work on?	Microsoft Skype or Lync IBM Sametime Slack IBM Connections Microsoft Sharepoint Google G Suite (Mail, Docs, Hangouts) WhatsApp Evernote Electronic Laboratory Notebook

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	Table S2.1 - continued from previous page		
#	Question Text	Details	
7	Which, if any, of the following applications for messaging/collaboration do you use in a personal or social capacity?	Microsoft Skype or Lync IBM Sametime Slack IBM Connections Microsoft Sharepoint Google G Suite (Mail, Docs, Hangouts) WhatsApp Evernote Electronic Laboratory Notebook	
8	Please let us know about any applications or services that you use very frequently that are not listed here.	Free text	
9	For this question, please think about your attitude towards online services. Please rate on a scale of 1-5, with 1 meaning you dislike that service and 5 meaning you actively use that service.	Likert scale (1-5)	
smartp Facebo	se think about your attitude to being interrupted by a hone or computer originating from online services su ok, Twitter, Instagram and messaging applications. P f 1-5, with 1 meaning you strongly disagree and 5 me I receive so much information online that I often miss	ich as Slack, news apps, lease rate each statement on a	
	things that are important or time critical	, ,	
9.2	I don't mind being interrupted when it's about something important	Likert scale (1-5)	
9.3	I often receive notifications about things that could have waited for later	Likert scale (1-5)	
9.4	Getting interrupted by notifications/alerts when I'm trying to get things done is a problem for me	Likert scale (1-5)	
9.5	My online services always get it right about what I want to be interrupted with	Likert scale (1-5)	
9.6	Online services always get it right when they judge what I'm interested in	Likert scale (1-5)	
apps, T	would like to ask you about how well online services witter and Instagram understand your preferences. Pf 1-5, with 1 meaning you strongly disagree and 5 me	lease rate each statement on a	
10.1	Online services always get it right when they judge what I'm interested in	Likert scale (1-5)	
10.2	Not all of the things that I follow (hashtags, people) are equally important to me	Likert scale (1-5)	
10.3	I want to be able to tell online services what matters to me most	Likert scale (1-5)	
		1	

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Likert scale (1-5)

choose for me

I don't have enough control over what online services

10.4

Table S2.1 - continued from previous page

#	Question Text	Details
10.5	I'm happy to have a computer make decisions about what content I should see	Likert scale (1-5)
10.6	The idea of being able to rank or prioritise hashtags and other content appeals to me	Likert scale (1-5)
10.7	I am happy to put in effort to 'train' the online services in order to see better results	Likert scale (1-5)

11. We would like you to tell us about your trust in online services. Please rate each statement on a scale of 1-5, with 1 meaning you strongly disagree and 5 meaning you strongly agree.

11.1	I trust online services to make the best decisions about what to show me	Likert scale (1-5)
11.2	I'm happy to share information about my interests and activities with online services if it will improve the service	Likert scale (1-5)
11.3	I am uncomfortable about sharing personal information with online services because I don't know what they do with it	Likert scale (1-5)
11.4	I prefer to keep information about my interests & activities under my control	Likert scale (1-5)
11.5	I'm more willing to let a computer program have personal information if I know that I can control it	Likert scale (1-5)
12	If you have time, please use this space to tell us more about your online habits.	Free text

13. Please tell us about some of your general views on smartphone and connected applications. Please rate each statement on a scale of 1-5, with 1 meaning you strongly disagree and 5 meaning you strongly agree.

13.1	I always take time to customise the applications and devices that I use	Likert scale (1-5)
13.2	I regularly update and ensure I have the latest version of applications I use	Likert scale (1-5)
13.3	I'm always looking to try new applications and services	Likert scale (1-5)
13.4	I consider myself very tech-savvy	Likert scale (1-5)
13.5	Computers are just tools rather than interesting in themselves	Likert scale (1-5)
13.6	I use all of the features on my phone and connected applications	Likert scale (1-5)
14	Do you use connected/online devices or applications for both work and personal purposes?	Yes/No

14.a. Please can you tell us what you think about the relationship between personal and work use of computers and notifications on connected/online devices. Please rate each statement on a scale of 1-5, with 1 meaning you strongly disagree and 5 meaning you strongly agree. Optional for those answering Yes to question 14.

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I keep my work and personal applications entirely separate	Likert scale (1-5)
I find it easy to switch off from work	Likert scale (1-5)
I'm happy to receive some work-related notifications during personal time	Likert scale (1-5)
I prefer to keep certain applications (such as instant messaging on my phone) for personal things and not for work	Likert scale (1-5)
I'm happy to see personal notifications while I'm at work	Likert scale (1-5)
My employer is happy for me to receive personal notifications while I'm at work	Likert scale (1-5)
I don't mind both work and personal information coming from the same device or application as long as it gets the timing and content right	Likert scale (1-5)
If you have any more comments on the distinction between personal and work use of devices, please let us know here. Optional for those answering Yes to question 14	Free text
How old are you?	Under 18 18 to 24 25 to 34 35 to 44 45 to 54 55 to 64 65 to 74 75 or older I would rather not say
What is your gender?	Female Male I would rather not say Other
Are you employed (or self-employed, a business owner, or freelancer)?	Yes No I would rather not say
Do you work full or part time?	Full time Part time
Which (if any) of the following describe your employment (select any that apply)?	IT professional Administrative/clerical Knowledge worker Academic researcher Business owner/director Medical professional Educational professional Civil servant Armed forces Police or justice professional Sales/retail
	messaging on my phone) for personal things and not for work I'm happy to see personal notifications while I'm at work My employer is happy for me to receive personal notifications while I'm at work I don't mind both work and personal information coming from the same device or application as long as it gets the timing and content right If you have any more comments on the distinction between personal and work use of devices, please let us know here. Optional for those answering Yes to question 14 How old are you? What is your gender? Are you employed (or self-employed, a business owner, or freelancer)? Do you work full or part time?

S2 Survey Questions

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#	Question Text	Details
18	Are you currently a student?	Yes No I would rather not say
18.a	How do you do most of your studying?	On site at an institution Via distance learning
18.b	Which best describes your current educational status?	School/further education student University student (undergraduate) University student (postgraduate)
19	What is the highest level of education that you have completed?	School / further education Undergraduate degree Masters degree Doctorate Not applicable / rather not say
20	Where do you live?	UK Other European country Africa Antarctica Asia Canada Central America Mexico Middle East Oceania South America USA West Indies I would rather not say
21	What are your primary languages (i.e., the languages you use most frequently)?	Multiple answer
21.a	If you selected Other, please specify	Free text
22	Your name	Free text
23	Your email address	Free text
24	Opt-in to follow-up contact	Please check here if you are happy to participate in follow-up research
25	If there is anything else you would like to add, please enter it below	Free text