Persona Scenarios

This document contains a number of Persona Scenarios that have been developed for the personas listed in Supplement S4 [doi:10.21954/ou.rd.28045454]. These can be used to provide general design scope and direction for an application intended to serve these personas.

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S5.1 Susan

Table S5.1: Scenario 1 for Persona Susan

Susan - Staying Connected with Family

Goal: Susan wants to stay updated on her children's activities without getting overwhelmed by unnecessary notifications.

Context: Susan is preparing for a tennis match on a Saturday morning and wants to check her notifications quickly.

Day/Time: Saturday morning

- 1. Susan opens her smartphone and checks her notifications.
- 2. She wants to see updates from her children on their various social media apps but is overwhelmed by unrelated posts.
- 3. Susan opens her Awareness Agent app on the Family Children channel.
- 4. The app presents a summarised feed of her children's posts and a tennis match reminder.
- 5. Satisfied, Susan heads out for her match without worrying that she missed anything important.

Table S5.2: Scenario 2 for Persona Susan

Susan - Maintaining Focus at Work

Goal: Susan wants to manage her work tasks effectively without being distracted by non-work-related notifications.

Context: Susan is at work after lunch on Wednesday, trying to focus on completing an important report.

Day/Time: Wednesday afternoon

Narrative:

- 1. Susan is working on her report when she receives several notifications on her phone.
- 2. She realises that many of the notifications are from social media and personal apps.
- 3. To avoid distraction, Susan opens her Awareness Agent app and filters on the *Work* channel
- 4. The app filters out non-work-related notifications, showing only work-related emails and messages.
- 5. Susan completes her report without interruption and feels more productive.

Table S5.3: Scenario 3 for Persona Susan

Susan - Balancing Personal and Professional Life

Goal: Susan wants to effectively manage the balance between her personal life and professional responsibilities.

Context: Susan is spending time with her family on a Sunday evening but still needs to keep an eye on work-related notifications in case something urgent arises.

Day/Time: Sunday evening

- 1. Susan is enjoying a film night with her family but she is getting notifications on her phone.
- 2. She doesn't want to disrupt the evening with work-related interruptions unless it's something urgent.
- 3. Susan opens her Awareness Agent app and sets it to the *Work Urgent* channel, where only urgent work notifications are allowed through.
- 4. The app filters out non-urgent emails and messages, notifying her only if there is a critical work issue.
- 5. Susan continues to enjoy her evening, confident that she won't miss any important work matters.

S5.2 Adam

Table S5.4: Scenario 1 for Persona Adam

Adam - Managing Multiple Projects

Goal: Adam needs to keep track of multiple ongoing projects without missing important updates or deadlines.

Context: Adam is working from home and needs to juggle several tasks across different projects.

Day/Time: Tuesday morning

Narrative:

- 1. Adam starts his day by reviewing his to-do list and checking project updates.
- 2. His inbox and messaging is filled with emails from various colleagues and clients, making it hard to prioritise.
- 3. Adam opens his Awareness Agent app and accesses his custom channel for priority project-related updates.
- 4. The app surfaces his relevant project communications, with other items kept out of the way.
- 5. Adam efficiently organises his day, ensuring that nothing important is overlooked.

Table S5.5: Scenario 2 for Persona Adam

Adam - Balancing Work and Personal Life

Goal: Adam wants to maintain a clear boundary between his work commitments and personal time.

Context: Adam is taking time to organise his cycling club's annual race championships, but he needs to stay available for urgent work matters.

Day/Time: Tuesday evening

- 1. Adam is in his home office working on logistics for the cycle club championships, and he needs to focus on this task.
- 2. He knows that there is also a possibility that he will need to visit a customer tomorrow, and needs to keep an eye out for communications about that.
- 3. Adam chooses only the *Personal Cycle Club* and *Work Urgent* channels in his Awareness Agent app.
- 4. The app filters out non-urgent work emails and messages, alerting him only if there's an emergency.
- 5. Adam completes his task, knowing he won't miss anything important at work.

Table S5.6: Scenario 3 for Persona Adam

Adam - Enhancing Productivity During Travel

Goal: Adam wants to remain productive while travelling on a business trip, managing both work and personal tasks efficiently.

Context: Adam is on an early train headed to a customer site on a Monday and needs to catch up on work.

Day/Time: Monday morning

Narrative:

- 1. Adam is travelling by train and wants to use the time to complete some tasks.
- 2. His phone is receiving a mix of personal and work notifications, making it hard to focus.
- 3. Adam switches his Awareness Agent app to the *Morning Catch-Up* channel, which prioritises important work and personal-related notifications & tasks.
- 4. The app provides a focused list of items for Adam to review during the journey, minimising distractions.
- 5. Adam completes several work and personal tasks efficiently, making the most of his travel time.

S5.3 Phoebe

Table S5.7: Scenario 1 for Persona Phoebe

Phoebe - Staying Connected without the Clutter

Context: Phoebe wants to keep in touch with her university friends without being overwhelmed by trivial updates and irrelevant notifications.

Day/Time: A typical evening after work, around 8 PM.

- 1. Phoebe wants to use her social media apps to check in with her university friends.
- 2. She sees a barrage of notifications about unimportant updates from friends and acquaintances.
- 3. She feels frustrated and wants to concentrate only on meaningful updates, such as messages about upcoming reunions or significant life events.
- 4. Phoebe uses her Awareness Agent app on the *Friends & Family Important* channel; this shows her only significant posts and notifications about her friends and family coming from multiple social apps.
- 5. Phoebe feels satisfied, as she can now stay connected without being distracted by trivial updates.

Table S5.8: Scenario 2 for Persona Phoebe

Phoebe - Managing Work-Life Balance

Goal: Phoebe needs to maintain a clear separation between her work and personal life, ensuring that neither one interferes unduly with the other.

Context: Phoebe is working from home in the afternoon, and she wants to keep her work and personal tasks separate.

Day/Time: Thursday afternoon

Narrative:

- 1. Phoebe is finishing up some work tasks at home when she receives several personal notifications on her phone.
- 2. She finds it challenging to stay focused with the constant stream of messages from friends and family.
- 3. Phoebe switches her Awareness Agent app to the *Work* channel, which prioritises work-related notifications and temporarily mutes personal alerts.
- 4. This allows her to complete her work without distractions.
- 5. After finishing her tasks, Phoebe switches to the Personal channel catching up on her messages and enjoying her evening without work interruptions.

Table S5.9: Scenario 3 for Persona Phoebe

Phoebe - Training the Awareness Agent

Goal: Phoebe wants to personalize her Awareness Agent app settings to better suit her unique preferences and routines.

Context: Phoebe is tweaking the settings of her Awareness Agent app on a Monday evening to ensure it matches her lifestyle.

Day/Time: Monday evening

- 1. Phoebe notices that some non-urgent work notifications are still coming through in her *Work Urgent* channel, which she finds distracting.
- 2. She decides to spend a short time training in her Awareness Agent app to better tell the difference between urgent and other work notifications.
- 3. After training the app, Phoebe finds that she sees far fewer non-urgent content in this channel and can focus her time better.

S5.4 Kenton

Table S5.10: Scenario 1 for Persona Kenton

Kenton - Handling Overlapping Deadlines

Goal: Kenton needs to manage multiple overlapping deadlines for different projects without missing any key tasks.

Context: Kenton is at his office on Wednesday, trying to prioritize tasks for two projects that have deadlines at the end of the week.

Day/Time: Wednesday afternoon

Narrative:

- 1. Kenton is aware that both of his projects have critical deadlines approaching and needs to focus on these.
- 2. His email and messaging tools are filled with notifications and updates, making it hard to focus.
- 3. Kenton chooses the *Work Current Projects* channel on his Awareness Agent app, filtering notifications to only show updates related to current projects.
- 4. Kenton is able to concentrate on the critical tasks, ensuring he meets both deadlines without missing important details.

Table S5.11: Scenario 2 for Persona Kenton

Kenton - Managing Interruptions

Goal: Kenton wants to minimise interruptions during his focus time to enhance productivity while working on detailed tasks.

Context: Kenton is working on a detailed report at work and wants to avoid interruptions from non-essential notifications.

Day/Time: Tuesday morning

- 1. Kenton begins working on a complex report that requires his full attention.
- 2. He starts receiving notifications from various apps and services, which disrupt his focus.
- 3. Kenton uses his Awareness Agent app to activate the *Urgent* channel, which blocks all non-essential content.
- 4. The app silences all but the most critical alerts, allowing Kenton to concentrate fully on his report safe in the knowledge that he will not miss anything truly urgent.
- 5. After completing the report, Kenton changed back to the normal channels and addresses any items that require his attention.

Table S5.12: Scenario 3 for Persona Kenton

Kenton - Organising Golf Meetups without the Noise

Context: Kenton is part of a social group chats for both golf and football, but he wants to separate the logistics of arranging golf meetups from the general banter and football discussions.

Day/Time: Saturday morning

Narrative:

- 1. Kenton receives a mix of messages in his group chat, including discussions about the latest football match and plans for a golf game next weekend.
- 2. He finds it difficult to keep track of the logistics for the golf meetup amidst the constant football banter.
- 3. Kenton uses his Awareness Agent app to activate the *Personal Golf Arrangements* channel, which contains only content about meeting up to actually play golf.
- 4. Kenton is able to arrange a golf match for Sunday morning and can get back to the chat.

S5.5 Usha

Table S5.13: Scenario 1 for Persona Usha

Usha - Demarcating Work and Personal Time

Goal: Usha wants to ensure that her work does not intrude on her personal time, maintaining a clear boundary between the two.

Context: Usha is at home on a Friday evening, preparing to relax after a busy week at work.

Day/Time: Friday evening

- 1. Usha finishes her work for the week and is ready to switch off for the weekend.
- 2. She begins receiving work-related notifications on her phone, which disrupt her attempts to relax.
- 3. Usha sets Awareness Agent app to the *Personal or Urgent* channel which filters out all non-urgent work-related content
- 4. The app hides all unimportant work content, allowing Usha to enjoy her evening without work intruding.
- 5. She feels at ease, knowing that her work will not intrude on personal time.

Table S5.14: Scenario 2 for Persona Usha

Usha - Dealing with Low Priority Unwanted Work Content

Goal: Usha wants to minimise the number of irrelevant content she views during her work day, so that she can stay focused.

Context: Usha is at her office on a Monday morning, preparing to start her work day.

Day/Time: Monday morning

Narrative:

- 1. Usha starts the day and notices an influx of notifications and content from apps she doesn't need during work hours.
- 2. These notifications distract her from her tasks and slow her down.
- 3. Usha configures her Awareness Agent app to show only higher priority work content during office hours.
- 4. The app filters out irrelevant content, allowing Usha to focus on her work without unnecessary interruptions.
- 5. By the end of the day, Usha feels more productive and less distracted.

Table S5.15: Scenario 3 for Persona Usha

<u>Usha</u> - Customizing Content Preferences

Goal: Usha wants to fine-tune her content preferences to ensure she only receives the most important alerts.

Context: Usha is spending her Sunday evening preparing for the upcoming week.

Day/Time: Sunday evening

- 1. Usha is preparing for the week ahead and decides to review how the Awareness Agent app handles her content.
- 2. She's aware that she is receiving too much low-priority work content in the *Work Important* channel.
- 3. Usha uses her Awareness Agent app to train the *Work Important* channel, fine-tuning it to better focus on important content.
- 4. Usha feels more in control, knowing that she will only be alerted to the most important messages during the week.