

# English Day Presentation

Based on Trooping the Colour

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## 1 Introduction

IN this honourable document, we have the disposition to present our stand for English Day, grounded upon the Trooping the Colour. This celebration holds great importance in British tradition, principally as it honours the official birthday of the Sovereign.

To achieve this aim, we shall enumerate the sections of this presentation. Firstly, we shall introduce the nature of this celebration. Secondly, we shall explain the components of the ceremony. Thirdly, we shall describe the traditional foods associated with such occasions. Fourthly, we shall present some interesting facts on the topic. Fifthly, we shall describe our stand and provide an image thereof. Finally, we shall offer a conclusion reflecting upon what we have learnt through this process.

## 2 What is Trooping the Colour?

TROOPING the Colour is a military parade of splendid tradition which marks the Official Birthday of the British Sovereign. It encompasses a ceremonial display by the Household Division, a majestic Royal Family procession from Buckingham Palace to Horse Guards Parade, and concludes with an impressive fly-past by aircraft of the Royal Air Force.

The parade, which takes place each June, finds its origins in the battlefield tradition wherein a regimental standard, or “colour”, was marched (“trooped”) through the ranks to serve as a rallying point for soldiers.

## 3 Components of the Ceremony

OUR splendid and distinguished ceremony, held in the majestic city of London to commemorate the birthday of His Majesty the British Monarch, shall consist of the following magnificent elements:

A grand formation at Horse Guards Parade, featuring over 1,400 valiant soldiers, 200 noble horses, and 400 skilful musicians performing in glorious harmony. The participating troops belong to the prestigious *Household Division*, which includes:

- **Foot Guards:** Grenadier, Coldstream, Scots, Irish, and Welsh Guards.
- **Household Cavalry:** The Life Guards and The Blues and Royals.

In addition, one shall have the honour to witness the presence of the Royal Family, including:

- His Majesty King Charles III
- Her Majesty Queen Camilla
- Their Royal Highnesses The Prince and Princess of Wales, William and Catherine
- Their beloved children: Prince George, Princess Charlotte, and Prince Louis
- Their Royal Highnesses The Duke and Duchess of Edinburgh, Edward and Sophie
- Their Royal Highnesses The Duke and Duchess of Gloucester, Richard and Birgitte
- Her Royal Highness The Princess Royal, Anne
- His Royal Highness The Duke of Kent, Edward
- Vice Admiral Sir Tim Laurence

After the *Trooping of the Colour*, the troops shall march, first at a solemn pace, and later at a brisk and spirited one, before His Majesty, who graciously returns their salute.

The entire spectacle is accompanied by an awe-inspiring royal salute of twenty-one cannon shots, resonating through Green Park or the Tower of London.

The ceremony reaches its grand finale with an impressive aerial flypast performed by aircraft of the Royal Air Force, while His Majesty and the Royal Family honour the gathered crowds from the balcony of Buckingham Palace.

The name “*Trooping the Colour*” derives from the ancient tradition of parading the regimental colours, splendid banners that represent each regiment’s honour and legacy. The colour is carried with solemn dignity along the lines of soldiers, a gesture that once served a vital purpose: enabling troops to recognise their own colours amidst the chaos of battle.

Thus, this remarkable event not only celebrates the Sovereign’s birthday but also pays homage to centuries of British military excellence, discipline, and tradition.

## 4 Traditional Food

### Traditional Delicacies of the Realm

#### 4.1 Shortbread

OUR most esteemed introduction: the celebrated Scottish cookie known as Shortbread, a confection of exemplary refinement, symbolic of the United Kingdom’s culinary heritage. It is composed without yeast, by the precise measure of one part white sugar, two parts butter, and three parts wheat flour.

This delicate biscuit, with its fine crumb and rich butter flavour, is eminently suited to accompany the most dignified afternoon tea or ceremonial reception.

#### 4.2 Victoria Sponge Cake

ONE must next present the venerable Victoria Sponge, named in honour of Her Majesty Queen Victoria. This cake comprises two light sponge layers, infused with jam and cream, a dessert of such noble simplicity and elegance that it has become emblematic of British gastronomic ceremony.

It is eminently suitable for a garden party or for commemorating a royal occasion, and will serve to elevate the overall feast with stately grace.

#### 4.3 Pie and Mash

TO honour tradition with savoury distinction, we include Pie and Mash. This historic dish hails from London’s past, featuring a minced beef pie (or formerly eel-based) served with mashed potato and a parsley-laden sauce known as “liquor”.

Its unpretentious roots notwithstanding, it offers a robust, comforting counterbalance to the more refined sweets, and thus rounds out the menu in stately completeness.

#### 4.4 Sussex Pond Pudding

FINALLY, for the dessert connoisseur wishing to conclude the ceremony with grandeur: Sussex Pond Pudding. A sumptuous steamed suet pastry filled with butter and sugar, and in modern renditions, a whole lemon ensconced within, whose juices mingle to create a “pond” of caramelised splendour upon dissection.

This pudding evokes centuries of tradition and provides an exquisite finale to a feast worthy of regal proceedings.

## 5 Interesting Facts

THE illustrious tradition of *Trooping the Colour* derives its name from a practice of the British Army in the seventeenth century, in which the regimental standard, or “colour”, was proudly paraded (“trooped”) before the assembled troops, serving both as a rallying point and as a symbol of regimental honour.

It is important to note that this ceremony is held independently of the Sovereign’s actual date of birth. His Majesty King Charles III, for example, was born in November; nevertheless, the Trooping the Colour marks the official birthday of the Monarch, customarily celebrated in June to take advantage of more favourable weather. This tradition of a “second birthday” originated with King George II in 1748, who, born in October, desired a public celebration in more temperate conditions.

The troops participating in this grand event belong to the Household Division, the elite regiments that serve directly under the Monarch, exemplifying the discipline, precision, and splendour of the British Army.

The ceremony, while steeped in tradition, also entails practical considerations. In 2021, the UK Ministry of Defence revealed that the cost of Trooping the Colour was approximately £60,000, reflecting both the scale of the operation and the meticulous care required to maintain its ceremonial perfection.

The equestrian component of the parade holds particular distinction. In 2024, Prince William rode a horse that had been gifted to his grandmother, Her Late Majesty Queen Elizabeth II, symbolising both continuity and familial homage. That same year, the Royal Family observed a minute of silence and wore black armbands to commemorate the victims of the tragic Air India accident, demonstrating the ceremony’s capacity to honour solemn remembrance alongside celebration.

The public visibility of Trooping the Colour has a long and storied history. The event was first broadcast on BBC radio in 1927 and later on television in 1937, bringing the majesty of this military pageant into countless homes. Notably, in 1961, the parade was broadcast in the Soviet Union, with commentary provided by the esteemed cosmonaut Yuri Gagarin, illustrating the ceremony’s global fascination and diplomatic significance.

Thus, *Trooping the Colour* stands not merely as a display of military precision and royal pageantry, but also as a living chronicle of history, remembrance, and the enduring majesty of the British Monarchy.

## 6 Our Stand Description

OUR beautiful and honourable stand shall proudly exhibit the majestic hues of red, black, gold, and blue. Moreover, the entire area shall be gracefully adorned to resemble the splendour of Buckingham Palace, complete with the distinguished flags of England, evoking the solemn elegance of royal tradition.

In addition, visitors will be cordially invited to partake in a variety of delightful military-themed activities, including following orders, military formations, and miniature parades organised in an engaging circuit.

For our youngest guests, we have designed magnificent colouring activities under the charming title “*Create Your Soldier*” (see Figure 1).

Furthermore, we are delighted to announce that one member of our staff shall be dressed as an English soldier, offering attendees the rare honour of beholding such a noble representation of British heritage.

As though that were not sufficient, you shall be graciously offered a sample of our exquisitely delicious “*Shortbread*” cookies, a treat as traditional as it is irresistible.

To enrich the cultural experience, our stand will also feature:

- A Cultural Trivia Quiz, allowing participants to test their knowledge of British traditions and history.

- A Guest Book, wherein visitors may inscribe their reflections and commemorate their visit.
- A background screen displaying captivating visuals and ideas inspired by the *Trooping the Colour* ceremony.
- Background music evoking the regal and festive spirit of the United Kingdom.
- And, as a crowning touch, a 3D-printed model of Big Ben, standing as a miniature tribute to the timeless grandeur of London’s most iconic landmark.

Now, we are disposed to describe the logistics of our stand:

UPON approaching our magnificent and honourable stand, visitors shall first be greeted by an entrance adorned with the resplendent colours of red, black, gold, and blue, flanked by the proud flags of England, immediately invoking a sense of grandeur and royal ceremony. A gentle background score of stately British fanfare shall accompany their arrival, setting a tone of anticipation and reverence.

Guests shall then be invited to explore the stand at a leisurely and dignified pace, guided by clearly marked pathways designed to lead them through each distinct element of the exhibition. Their journey begins with the display of miniature regimental formations, accompanied by informative plaques explaining the traditions of the Household Division and the historical significance of the Trooping the Colour.

Next, visitors may participate in interactive military-themed activities, including following orders, practising small-scale formations, and engaging in miniature parades, all under the supervision of our courteous and knowledgeable staff, who shall provide gentle instruction and encouragement.

Children shall be enchanted by the “Create Your Soldier” colouring activity, where they may decorate their own representations of the iconic British soldier. Meanwhile, guests may pause to admire the 3D-printed model of Big Ben, accompanied by a screen showing dynamic visuals inspired by the ceremony, giving context to the architectural and historical splendour of London.

Visitors shall also have the rare honour of meeting a staff member dressed in the full regalia of an English soldier, offering a living illustration of the ceremony’s timeless traditions. As they proceed, attendees will be offered samples of exquisitely crafted Shortbread cookies, providing a moment of sensory delight perfectly in keeping with the ceremonial theme.

Throughout the visit, guests may engage with a Cultural Trivia Quiz, testing their knowledge of British history and the Trooping the Colour, and may leave a personal mark in the Guest Book, recording their reflections and admiration.

The overall flow of the stand is orchestrated to ensure that every participant experiences a harmonious balance of visual grandeur, interactive engagement, and cultural enrichment, culminating in a memorable and dignified homage to the traditions of the United Kingdom.

## 7 Conclusion

IN conclusion, the Trooping the Colour is far more than a mere ceremonial display; it embodies centuries of British history, tradition, and regal splendour. Through our stand, we have endeavoured to convey not only the visual magnificence and disciplined precision of this celebration but also the cultural richness, culinary delights, and interactive experiences that make it an enduring symbol of national pride. This endeavour has allowed us to appreciate the meticulous care and timeless significance behind every aspect of the ceremony, leaving us and our visitors with a deeper understanding and admiration for the grandeur of British heritage.



Figure 1: Our Stand for English Day