

與交換生 有約

和來自荷蘭以及美國的朋友交流

新莊高中 程瑞堂

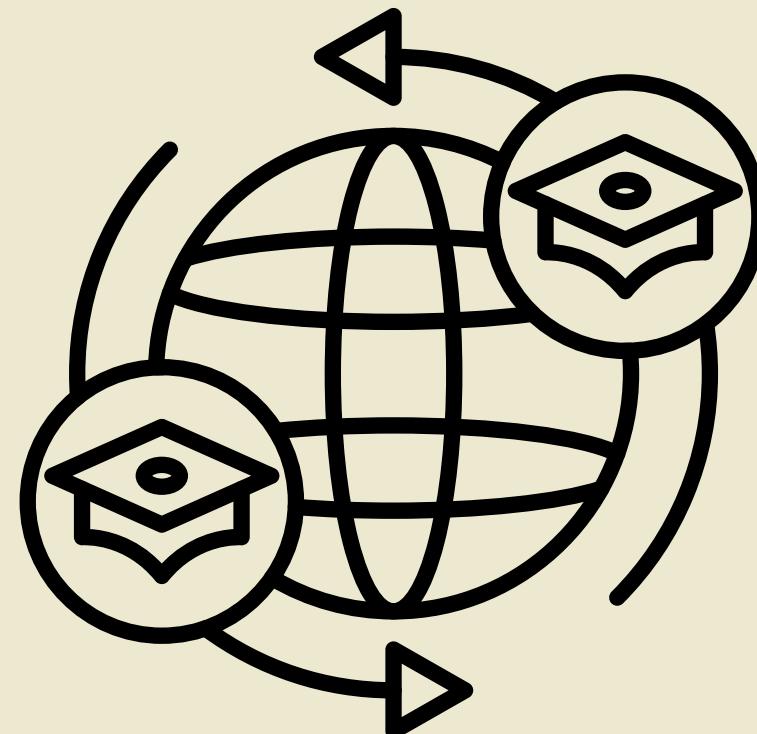


因緣際會的表現機會

荷蘭Kandinsky college參訪新莊高中之行，學校指定了代表學生的自治組織一班聯會以及特設的語言實驗班來接待，我並不是班聯會的幹部或語言班的成員之一，但有幸能被在班聯會當中擔任幹部的同學推薦，方能有機會能發揮我擅長的英語能力。



新北市立新莊高中



擔任介紹校園一職

荷蘭同學們在新莊高中一整天的行程中，由語言班及班聯會分別帶領參加上午及下午的活動。我負責的部分為下午時段大家齊聚會議室中時在講台上擔任講者，以英文介紹新莊高中的背景故事、校園環境以及人文特色等。



當時製作的簡報

雖然在台下已經練習了無數次介紹的內容，但畢竟是第一次面臨這種「大場面」，心裡還是無比緊張，拿著麥克的手也不由自主的發抖，所幸最後活動圓滿結束。

1. Background information

Hsinchuang Senior High School

Get to know HCSH

- 1. Background information
- 2. Campus
- 3. Humanity



Location

The School is located in Hsinchuang District, one of the earliest developed areas in Northern Taiwan. Hsinchuang Temple Street is within 15- minute walking distance, displaying old temples and traditional delicacies.

2. Campus

Location

Beside the school is Hsinchuang Cultural Arts Center, containing an art gallery and an auditorium for all kinds of performance.

About our school

There are 170 faculty members and approximately 2,100 students in our school. Additionally, we have "Language Experimental Class" and "Art class" for students who are interested in particular fields. Last but not least, we are going to celebrate the 31st anniversary of our school this year.

3. Humanity

School activities

Coming-of-age ceremony

This ceremony is a tradition at HCSH specifically for senior students. During this event, students are required to complete certain tasks as a rite of passage into adulthood.

Cultural exchange

Students at HCSH organize a variety of activities to welcome exchange students. This provides an opportunity for students to learn about different cultures.

School mini marathon

Three, two, one, go! Students start running after hearing the instruction. In twenty minutes, the winner of the marathon will be determined. Stay tuned for it!

School clubs

There are 33 clubs in HCSH. Students are able to show their talents here and fulfill their school lives.

School anniversary

Welcome to HCSH !

第二次接待

23年12月與荷蘭同學們道別後，緊接著24年3月前來拜訪的是美國奧勒岡聖公會學校的朋友們，不過因應探討主題的改變，接待團隊由語言班和以我為首的醫研社幹部們負責。



文化交流

這次的交流活動以分組進行，我們圍繞著海洋保護議題展開討論，也一起欣賞了海廢藝術家吳成夫的創作，同時通過分享本地美味零食，互相了解對方的校園生活



右二為美國同學們

PRESENTED BY GROUP 2

PLASTIC BAGS

JELLY FISH IS SEA TURTLE'S FAVORITE FOOD

WHY ARE PLASTIC BAGS HARMFUL?

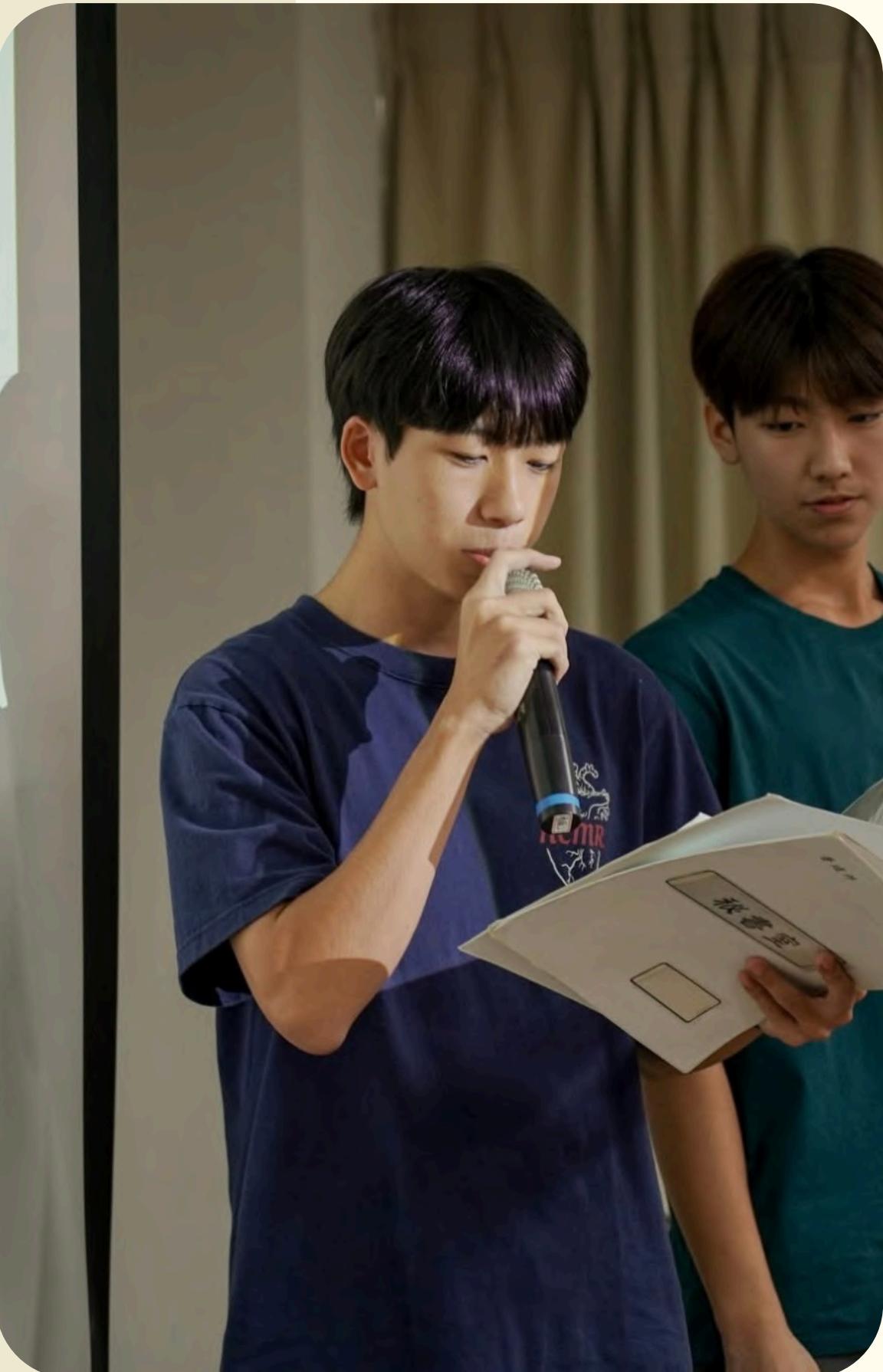
- 52% turtles have eaten plastic wastes.
- marine life is physically harmed when stuck on plastic bags,either by choking or lacerations from handles.
- animals can also ingest plastic pieces that have been broken off of bags.
- plastic bag don't dissolve in water.

OMG Jellyfish!!!!

共同製作的環保議題簡報

成長心得與反思

透過多次與英文使用者進行交流，我克服了原本缺乏勇氣開口說英文的困難，不僅提升了語言能力，更增進了我與陌生人交談的自信與技巧。尤其是在公開場合擔任講者的經驗，更是訓練了我的台風、臨場反應以及溝通能力。在面對來自不同背景的聽眾時，我學會了如何快速掌握對方的關注點。這些經驗讓我在人際互動中更為主動，也能更自在地與陌生人展開深入對話，無論是在課堂討論、報告發表亦或是日常生活
中都受益良多。



Thank you

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