udy	Experimental			C		ontrol	Standardised Mean			Weight	Weig
	Total	Mean	SD	Total	Mean	SD	Difference	SMD	95%-CI	(common)	(randor
oureau 1991	9	12.8	4.5	17	12.9	2.8	++++-	-0.03	[-0.84; 0.78]	3.4%	6.6
uieu 1994	18	10.1	1.2	10	10.4	1.2	- 1 -	-0.24	[-1.02; 0.53]	3.6%	6.7
esmeules 2003	85	26.0	13.7	40	37.6	16.8	- 	-0.78	[-1.17; -0.39]	14.5%	8.2
nnett 2012	30	24.9	16.7	30	19.1	16.7	+=-	0.34	[-0.17; 0.85]	8.4%	7.8
nudy 2013	17	28.7	16.8	19	17.2	9.7	i — -	0.83	[0.15; 1.52]	4.7%	7.1
neda 2013	8	11.9	4.7	14	14.8	7.9	- 	-0.40	[-1.28; 0.48]	2.8%	6.3
nwar 2019	100	21.3	5.3	72	30.0	7.8	-		[-1.68; -1.01]		8.3
nic 2004	27	10.5	5.4	29	13.9	7.0	 _		[-1.06; 0.00]		7.7
erling 2008	30	19.8	14.8	30	37.9	23.2			[-1.45; -0.38]		7.7
nith 2014	50	20.7	22.9	30	23.0	21.8	' 		[-0.55; 0.35]		8.0
ngemark 1993	36	11.0	6.9	26	19.0	7.1		-1.13	[-1.68; -0.59]	7.4%	7.6
ntonaci 1994	5	11.1	2.7	25	11.7	3.5	- : -		[-1.13; 0.79]		6.0
appi 2002	6	17.0	6.4	4	15.3	4.2	- ! :		[-1.00; 1.54]		4.8
atova 2008	69	6.2	1.9	18	10.3	1.7			[-2.80; -1.57]		7.4
ommon effect model	490			364			↓; ♦;	-0.66	[-0.81; -0.51]	100.0%	
andom effects model									[-0.91; -0.08]		100.0
eterogeneity: $I^2 = 85\%$, τ	_)74, p <	: 0.01						- , .		