	Ex	perim	ental	Control			Standardised Mean			
Study	Total	Mean	SD	Total	Mean	SD	Difference	SMD	95%-CI	Weight
Boureau 1991	9	12.8	4.5	17	12.9	2.8	<u>: </u>	-0.03 [[-0.84; 0.78]	3.4%
Guieu 1994	18	10.1	1.2	10	10.4	1.2		-	[-0.04; 0.76] [-1.02; 0.53]	3.6%
Desmeules 2003	85		13.7	40	37.6			-	-1.17; -0.39]	14.5%
				_				-		
Bannett 2012	30		16.7	30	19.1	_	:	-	[-0.17; 0.85]	8.4%
Rhudy 2013	17		16.8	19	17.2	9.7			[0.15; 1.52]	4.7%
Umeda 2013	8	11.9	4.7	14	14.8	7.9		-	[–1.28; 0.48]	2.8%
Tanwar 2019	100	21.3	5.3	72	30.0	7.8		–1.34 [-	–1.68; –1.01]	19.5%
Banic 2004	27	10.5	5.4	29	13.9	7.0		-0.53 [[-1.06; 0.00]	7.7%
Sterling 2008	30	19.8	14.8	30	37.9	23.2	- • :	-0.92 [-	-1.45; -0.38]	7.7%
Smith 2014	50	20.7	22.9	30	23.0	21.8		-0.10 [[-0.55; 0.35]	10.7%
Langemark 1993	36	11.0	6.9	26	19.0	7.1		-1.13 [-	-1.68; -0.59]	7.4%
Antonaci 1994	5	11.1	2.7	25	11.7	3.5	- 	-0.17 [[-1.13; 0.79]	2.4%
Nappi 2002	6	17.0	6.4	4	15.3	4.2		0.27 [[-1.00; 1.54]	1.4%
Filatova 2008	69	6.2	1.9	18	10.3	1.7	-	- 2.18 [-	-2.80; -1.57]	5.8%
	400									400 00/
Fixed effect model				364			♦	-0.66 [-	-0.81; -0.51]	100.0%
Heterogeneity: $I^2 = 85\%$, $\tau^2 = 0.4874$, $p < 0.01$										
							-2 -1 0 1 2			