



Altman Specialty Plants, Inc. Standing Meal Period Waiver

As employees, we all need to rest and eat at intervals throughout the day in order to maintain our energy and to remain alert. The Company provides one duty-free, unpaid meal break of 30 minutes during each shift of more than 5 hours.

If 6 hours of work will complete the day's work, the meal period may be waived by mutual consent of the manager and employee.

I have read and understand the meal break policy as stated above. I am requesting that on a going forward basis, my meal break be waived when 6 hours of work will complete the day's work.

I understand that I may revoke this agreement at any time simply with a written note indicating such to my manager.

Employee Name (Please Print)

Employee Signature

Employee Number

Date