About your Smoking Dashboard

How much does a packet costs? Amount you’ll save in a year

How many in a packet?

Money saved

How many smoked each day?

How soon after you wake up do you smoke your first Minutes smoke free  
cigarette?

Set your quit date

Next Dashboard Missions Help

Missions Help

Mission 1 About this App:

Mission 2

Mission 3 Version:

Mission 4

Mission 5 Consult a Physician

Mission 6

Mission 7

Mission 8

Mission 9

Mission 10

Mission 11

Dashboard Missions Help Dashboard Missions Help