PEACEFUL RESOLUTION

Post-Decree Mediation

If your divorce decree is already final, but life has changed, you are not alone. Co-parenting schedules shift, kids' needs evolve, finances change, and misunderstandings can turn into ongoing conflict. **Post-decree mediation** gives you a private, respectful way to resolve issues after divorce, without escalating into a court battle. You stay in control of the decisions, and you get a clear plan for moving forward.

Available **statewide** through online post-decree mediation, with support for families in Scottsdale, Phoenix, Mesa, and Gilbert.

Schedule Free Consultation

100%	5.0	10,000+	15
VIRTUAL AVAILABLE	RATING	FAMILIES HELPED	COUNTIES

What is post-decree mediation?

Post-decree mediation is a guided conversation with a neutral mediator to help you and your former spouse resolve disagreements that come up after your divorce or custody orders are in place.

Mediation can help you:

- Clarify what your orders mean in real life
- Update agreements when circumstances change
- Reduce conflict and improve co-parenting communication
- Create a written plan you can both follow

If a court filing is needed to formalize an updated agreement, many families use mediation first to reach a full agreement, then have an attorney review and help with any legal steps.

Common Post-decree issues we help resolve

Life changes after a divorce decree is signed. We help you navigate new challenges and modify agreements without returning to court.

Parenting and co-parenting

- Parenting time changes, schedule adjustments, exchange locations
- Holidays, school breaks, travel, and long-distance parenting
- School choice, extracurricular activities, decision-making conflicts
- Communication boundaries, parenting apps, and conflict reduction tools
- New partners, blended family transitions, and parent-to-parent expectations

Child support and expenses

- Changes in income or parenting time that affect support discussions
- Unreimbursed medical expenses, childcare, school costs, and activity fees
- How and when reimbursements happen, documentation, timelines, and clarity

Spousal maintenance and financial issues

- Practical problem-solving around payment issues or changing circumstances
- Creating workable agreements that reduce stress and confusion

Follow-through, misunderstandings, and recurring conflict

- Follow-through, misunderstandings, and recurring conflict
- When the decree exists, but daily life is not working
- When you keep having the same argument, and need a durable plan

Why families choose mediation after divorce

Post-decree conflict can feel exhausting, especially when children are caught in the middle. Mediation offers a different tone and a different outcome. **Mediation** often helps you:

Avoid Litigation
Stay out of court when possible

Protect Children
Reduce conflict and protect your kids from ongoing stress

Custom Agreements
Make flexible, child-centered agreements that fit your real life

Save Time
Move faster than traditional litigation timelines, depending on complexity

Ensure Privacy
Keep the process private and focused on solutions

At **The Aurit Center for Divorce Mediation**, our approach is built to be steady, organized, and child-centered, especially when emotions are high and communication is difficult.

What the post-decree mediation process looks like

At The Aurit Center, every mediation follows Arizona's family-law Framework from start to finish:

1. **Free consultation and a clear plan**
   We learn what is happening, what needs to change, and what a practical outcome looks like.
2. **Preparation and information gathering**
   You will leave with a simple checklist, so sessions stay efficient and productive.
3. **Mediation sessions (online or in person)**
   We guide the conversation, keep it respectful, and help you work through each issue step-by-step.
4. **Written agreement**
   When you reach agreement, we put it in writing in clear language, on both of you know what happens next.
5. **Legal review, if you want it**
   Mediators do not give legal advice. Many people choose to have an independent Arizona family law attorney review agreements before signing or filing anything.

How to prepare for post-decree mediation

Bring what you have, we will help you organize the rest.

Helpful items include:

- Your divorce decree, parenting plan, and any recent orders
- A short list of the issues you want to resolve
- A few proposed solutions, even if they are rough
- Calendars, school schedules, childcare details, travel plans
- Financial documents related to the specific dispute (income changes, expense receipts, reimbursement history)

Frequently Asked Questions

Q: Do we need to agree on everything before we start?
No. Mediation is designed for people who disagree. You just need a willingness to work through issues respectfully.

Q: What if communication is high-conflict?
That is common in post-decree situations. The process is structured to reduce escalation and keep the focus on practical decisions.

Q: Is mediation confidential?
Mediation is generally private, with limited exceptions. We will explain confidentiality clearly before you begin.

Q: Can mediation change our court orders?
Mediation can help you reach an agreement. Whether and how an agreement becomes a formal court order depends on your situation. If you need legal advice, consult an independent Arizona family law attorney.

Q: Do we have to be in the same room?
Often, no. Online mediation and structured formats can reduce stress and keep the process productive.

How Aurit Supports Your Divorce

At The Aurit Center, mediation is not one-size-fits-all. Arizona divorce law touches many areas of family life, and our mediators help you resolve every aspect of your divorce in a structured, legally compliant way. We provide comprehensive mediation services for all core divorce matters, including:

Child Custody
Work collaboratively to create custody arrangements that align with Arizona's best interest standards under ARS § 25-403 while minimizing conflict.

Parenting Plan Mediation
Develop detailed, court-ready parenting plans that address schedules, decision-making, and future flexibility.

Child Support Mediation
Resolve child support issues using Arizona's Child Support Guidelines while maintaining transparency and fairness for both parents.

Spousal Maintenance (Alimony) Mediation
Negotiate fair spousal maintenance terms consistent with ARS § 25-319, without the expense or stress of litigation.

Property Division Mediation
Divide assets and debts in accordance with Arizona's community property laws under ARS § 25-211, including homes, businesses, and retirement accounts.

Virtual Divorce Mediation
Participate fully in the mediation process from anywhere in Arizona through secure, confidential virtual sessions.

Ready to discuss?
Schedule consultation →

Meet Our Founders

Michael Aurit, JD, MDR, and Karen Aurit, MA

Founded The Aurit Center to help families maintain peace, even when new challenges arise. Together, they have guided thousands of co-parents to resolve post-divorce conflict without re-entering the litigation system.

Each mediator on our team is skilled in Arizona modification guidelines, ensuring your updated parenting plans or support orders align with current state requirements.

Meet the full team

What Our Clients Say

Real stories from couples who chose mediation over litigation

"They made a not-so-easy process more almost effortless"
Bernie is a fine knowledge of the process, but it's the way Karen made it feel during the whole thing.
★★★★★ — Brittany R.

"I highly recommend..."
I would highly recommend The Aurit Center for Divorce Mediation. Michael and Karen's services Michael is very professional and he handled our case with compassion and understanding. Karen is very kind and caring. Michael and the staff truly made my experience bearable. They are easy to work with and they are very knowledgeable in the ceremony attitude. Thanks for all of you for guiding me through the divorce mediation process.
★★★★★ — Dylan Dr.

"Truly five-star service all the way."
The patience and kindness that was given to me and my children was made to feel at ease. I felt like family.
★★★★★ — Patricia R.

Serving Clients Across Arizona

We provide direct support to co-parents seeking post-decree modifications in Phoenix, Chandler, Tempe, Flagstaff, Tucson, and everywhere between. Find an Aurit Mediation location near you or virtually connect with our expert mediators to discuss updating your court orders.

Here's what to do next

1. Write down the top 3 issues causing the most conflict
2. Gather your decree and any recent orders
3. Schedule a free consultation to understand your options and the best next step

If you are ready for a calmer way to resolve post-divorce conflict, we are here to help you move forward with clarity, dignity, and a workable plan.

Schedule Free Consultation

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