```asm
.include "m64def.inc"
.def temp=r16
.def temp2=r19
.org 0x00
    jmp main

.org 0x20
    jmp T0_OVF_ISR

.org 0x60
main:
    ldi temp,low(ramend)
    out spl,temp

    ldi temp,high(ramend)
    out sph,temp

    ;configuring PORTC to out
    ldi temp,0xff
    out ddrc,temp
    out portc,temp
    ;configuring timer
    ldi temp,0x07
    out tccr0,temp
    ldi temp,0x01
    out timsk,temp
    ;initializing some register for counting 1 second
    ldi r17,31
    ldi r18,78

    ;enabling interrupts
    sei

main_loop:
    jmp main_loop

T0_OVF_ISR:
    ;Reset timer value
    ldi temp,0x00
    out tcnt0,temp
    ;Counting 31 overflows for making 1 second
    dec r17
    cpi r17,0x00
    brne T0_OVF_ISR_END

    ;toggling portc
    in  temp,pinc
    ldi temp2,0xff
    eor temp,temp2
    out portc,temp

    ;Setting value of r17 to wait for another 1 second
    ldi r17,31

T0_OVF_ISR_END:
    reti
```