

# Mental Health in the Tech Industry

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## 1. Introduction

The concept of the psyche is a difficult question in science. It is important to determine how people feel about their mental health and how they perceive it in others. Stigma or romanticization? It's interesting to know what's going on in the tech industry. This paper will attempt to measure attitudes towards mental health and the incidence of mental disorders in the tech industry.

## 2. Data

I will try to use the data from the survey 2019 of OSMI Research (OSMI Mental Health in Tech Survey). Link: <https://osmihelp.org/research>

The aim of the survey was to measure attitudes towards mental health in the tech workplace, and examines the frequency of mental health disorders among tech workers. The data contained 350 responses from the year 2019. First of all, I need to make some data cleaning and manipulation that I will explain later.