

# **Yoga for Special Children**

## **Private Classes by Appointment**

### **Monday & Wednesday**



**Purposeful**



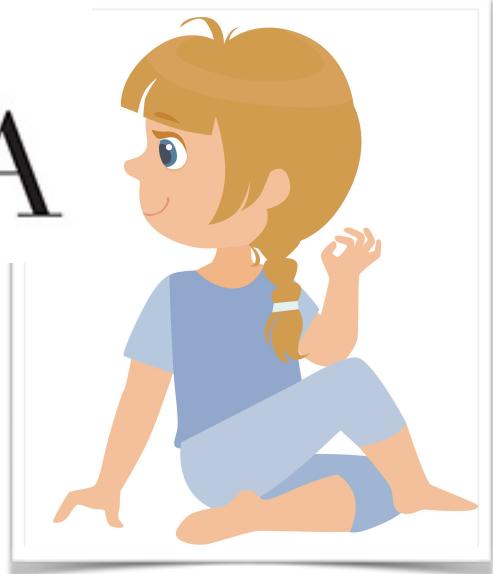
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**Confidence**



**Garden  
of**



**Concentration**

Donna Prenta shares her gift of Yoga with families to build Community & bring them closer together. Children all have unique intelligence and gifts to offer the world which Donna nurtures to unfold for each child to reach their fullest potential. [www.gardenofyoga.net](http://www.gardenofyoga.net)

*"My Children love Yoga. They are calmer and more open. The breathing my son has learned has helped him in anxious moments. Yoga has helped my daughter be more accepting of her body as it is. Thank you Ms. Donna!" -Tammi D.*

**Questions: Donna Prenta 708.650.2084**