

Emotional Needs

Questionnaire

(based on the book

His Needs, Her Needs: Making Romantic Love Last

by Willard F. Harley, Jr.)

Need: Affection



Nonsexual expression of care through words, cards, gifts, hugs, kisses, and courtesies; creating an environment that clearly and repeatedly expresses care.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: Sexual Fulfillment



A sexual experience that is predictably enjoyable and frequent enough for you.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: *Intimate Conversation*



Talking about feelings, topics of personal interest/opinions, and plans.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: *Recreational Companionship*



Leisure activities with at least one other person.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: *Honesty and Openness*



Truthful and frank expression of positive and negative feelings, events of the past, daily events and schedule, and plans for the future; not leaving a false impression.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: Physical Attractiveness



Viewing physical traits of the opposite sex that are aesthetically and/or sexually pleasing.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: *Financial Support*

Provision of the financial resources to house, feed, and clothe your family at a standard of living acceptable to you.



Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: Domestic Support



Management of the household tasks and care of the children—if any are at home—that create a home environment that offers you a refuge from stress.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: *Family Commitment*



Provision for the moral and educational development of your children within the family unit.

Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied

Need: *Admiration*

Being shown respect, value, and appreciation.



Circle the Appropriate Number

How important is this need for you?	1 Not Important	2 Slightly Important	3 Moderately Important	4 Very Important	5 Extremely Important
Is your Spouse able to fill this need? Rate your Satisfaction Level.	1 Not Satisfied	2 Slightly Satisfied	3 Moderately Satisfied	4 Very Satisfied	5 Extremely Satisfied