

| Region     | Population | $\frac{\sum_{j \neq i} m_j^{in}}{\sum_{j \neq i} m_j^{out}}$ |
|------------|------------|--|
| London     | 22650335   | 1.629  |
| Manchester | 7733168    | 0.981  |
| Bristol    | 4623903    | 0.838  |
| Leeds      | 5571395    | 0.774  |
| Birmingham | 5038212    | 0.746  |
| Norwich    | 1561239    | 0.733  |
| Nottingham | 5493704    | 0.690  |
| Cardiff    | 2818706    | 0.689  |
| Newcastle  | 2744728    | 0.638  |