

Nuclide	Half-life (yr)	Activity ( $\mu\text{Ci}$ )
$^{137}\text{Cs}$	30.2	10.0
$^{133}\text{Ba}$	10.7	16.1
$^{166m}\text{Ho}$	1200.0	138.7
$^{166m}\text{Ho}$	1200.0	147.1