	$\nu = 0.04$	$\nu = 0.06$	$\nu = 0.08$	$\nu = 0.1$
J=4	119 92 22.7	120 93 22.5	118 90 23.7	119 92 22.7
J=6	111 98 11.7	111 97 12.6	111 96 13.5	107 93 13.1
J=8	116 97 16.4	117 94 19.7	115 95 17.4	114 93 18.4
J = 10	116 100 13.8	115 98 14.8	116 97 16.4	111 97 12.6
J = 12	117 98 16.2	113 98 13.2	113 98 13.3	114 98 14.0
J = 14	113 100 11.5	115 101 12.2	112 99 11.6	114 98 14.0
J = 16	112 100 10.7	118 97 18.8	112 98 12.5	113 96 15.0
J = 18	114 102 10.5	112 97 13.4	109 99 9.2	112 97 13.4
J = 20	112 106 5.4	116 102 12.1	113 100 11.5	107 100 6.5

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