Facebook

Action	Description
send message	send a direct message to a friend
post user status	post a status on the user's wall
open user profile	select user profile page from menu
open message	select a conversation on messages page
status button	select *"write a post"* on user's wall
post on wall	post a message on a friend's wall
open facebook	open the Facebook app

Gmail

Action	Description
send mail	send a new mail
reply button	tap on the reply button
open chats	select chats page from menu
send reply	send a reply to a received mail

Twitter

Action	Description
refresh home	Refresh the home page
open contacts	select contacts on menu
tweet/message	publish tweet or send message
open messages	select direct messages page
open twitter	open the Twitter app
open tweets	select tweets page