

Theming System Demonstration

zztable1

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Introduction

The `zztable1` package includes a comprehensive theming system that allows you to format tables according to different journal standards. This vignette demonstrates three major medical journal themes: NEJM, Lancet, and JAMA.

Sample Data Setup

We'll use a consistent clinical trial dataset throughout this vignette to clearly show the differences between themes.

```
# Create a realistic clinical trial dataset
set.seed(123)
n <- 200

clinical_data <- data.frame(
  treatment = factor(
    sample(c("Placebo", "Drug A", "Drug B"), n, replace = TRUE, prob = c(0.4, 0.3, 0.3)),
    levels = c("Placebo", "Drug A", "Drug B")
  ),
  age = round(rnorm(n, 65, 12)),
  sex = factor(sample(c("Male", "Female"), n, replace = TRUE, prob = c(0.6, 0.4))),
  bmi = round(rnorm(n, 28, 5), 1),
  diabetes = factor(sample(c("No", "Yes"), n, replace = TRUE, prob = c(0.7, 0.3)))
)

# Add some missing values to make it realistic
clinical_data$bmi[sample(1:n, 10)] <- NA

head(clinical_data)
```

```
treatment age sex bmi diabetes 1 Placebo 56 Male 27.6 Yes 2 Drug A 68 Female 22.2 Yes 3 Drug B 62 Male
24.8 No 4 Drug A 61 Male 27.9 Yes 5 Drug A 54 Male 31.4 No 6 Placebo 64 Female 19.7 Yes
```

Journal-Specific Themes

New England Journal of Medicine (NEJM) Theme

NEJM style emphasizes clean, minimal formatting with the distinctive \pm (plus-minus) format for continuous variables.

```
create_table(
  treatment ~ age + sex + bmi + diabetes,
  data = clinical_data,
  theme = "nejm",
  pvalue = TRUE,
  totals = TRUE
)
```

| variables | Placebo | Drug A | Drug B | Total | p.value |
|-----------|-------------|------------|-------------|-------------|---------|
| age | 65.8 ± 13.5 | 63.9 ± 9.2 | 65.3 ± 10.9 | 65.1 ± 11.6 | 0.3525 |
| sex | | | | | |
| Female | 33 (43%) | 28 (51%) | 19 (28%) | 80 (40%) | 0.0274 |
| Male | 44 (57%) | 27 (49%) | 49 (72%) | 120 (60%) | |
| bmi | 27.9 ± 5.2 | 28.4 ± 4.3 | 28.3 ± 4.6 | 28.2 ± 4.7 | 0.5698 |
| diabetes | | | | | |
| No | 59 (77%) | 37 (67%) | 50 (74%) | 146 (73%) | 0.489 |
| Yes | 18 (23%) | 18 (33%) | 18 (26%) | 54 (27%) | |

Key NEJM Features: - Uses ± symbol for mean (standard deviation) - Minimal borders with top/middle/bottom rules only - Alternating light yellow/cream row striping for improved readability - Bold headers - 1 decimal place precision - Clean, professional appearance matching actual NEJM publications

The Lancet Theme

The Lancet style uses parentheses format and slightly different formatting conventions.

```
create_table(
  treatment ~ age + sex + bmi + diabetes,
  data = clinical_data,
  theme = "lancet",
  pvalue = TRUE,
  totals = TRUE
)
```

| variables | Placebo | Drug A | Drug B | Total | p.value |
|-----------|-------------|------------|-------------|-------------|---------|
| age | 65.8 (13.5) | 63.9 (9.2) | 65.3 (10.9) | 65.1 (11.6) | 0.3525 |
| sex | | | | | |
| Female | 33 (43%) | 28 (51%) | 19 (28%) | 80 (40%) | 0.0274 |
| Male | 44 (57%) | 27 (49%) | 49 (72%) | 120 (60%) | |
| bmi | 27.9 (5.2) | 28.4 (4.3) | 28.3 (4.6) | 28.2 (4.7) | 0.5698 |
| diabetes | | | | | |
| No | 59 (77%) | 37 (67%) | 50 (74%) | 146 (73%) | 0.489 |
| Yes | 18 (23%) | 18 (33%) | 18 (26%) | 54 (27%) | |

Key Lancet Features: - Uses parentheses for mean (standard deviation) - Clean white background with minimal horizontal-only borders - Sans-serif font family - 1 decimal place precision - Professional medical journal appearance

JAMA Theme

JAMA formatting follows conservative guidelines typical of American medical publications.

```
create_table(
  treatment ~ age + sex + bmi + diabetes,
  data = clinical_data,
```

```
theme = "jama",
pvalue = TRUE,
totals = TRUE
)
```

| variables | Placebo | Drug A | Drug B | Total | p.value |
|-----------|-------------|------------|-------------|-------------|---------|
| age | 65.8 (13.5) | 63.9 (9.2) | 65.3 (10.9) | 65.1 (11.6) | 0.3525 |
| sex | | | | | |
| Female | 33 (43%) | 28 (51%) | 19 (28%) | 80 (40%) | 0.0274 |
| Male | 44 (57%) | 27 (49%) | 49 (72%) | 120 (60%) | |
| bmi | 27.9 (5.2) | 28.4 (4.3) | 28.3 (4.6) | 28.2 (4.7) | 0.5698 |
| diabetes | | | | | |
| No | 59 (77%) | 37 (67%) | 50 (74%) | 146 (73%) | 0.489 |
| Yes | 18 (23%) | 18 (33%) | 18 (26%) | 54 (27%) | |

Key JAMA Features: - Uses parentheses for mean (standard deviation) - Clean white background with minimal horizontal-only borders - Traditional medical journal appearance
- 1 decimal place precision - Lettered footnote style

Theme Comparison Summary

Table 1: Theme Comparison Summary

| Theme | Continuous Variables | Border Style | Font | Decimal Places | Best For |
|--------|----------------------|---------------------------------|-------------------|----------------|--------------------------|
| NEJM | Mean \pm SD | Top/Mid/Bottom rules + striping | Arial, sans-serif | 1 | NEJM submissions |
| Lancet | Mean (SD) | Horizontal rules only | Arial, sans-serif | 1 | Lancet submissions |
| JAMA | Mean (SD) | Horizontal rules only | Arial, sans-serif | 1 | JAMA & American journals |

Usage Guidelines

Choose themes based on your target publication:

- **NEJM Theme:** Use for New England Journal of Medicine submissions or when you prefer the distinctive \pm format
- **Lancet Theme:** Use for The Lancet submissions or European medical journals
- **JAMA Theme:** Use for JAMA submissions or other American medical publications

All themes maintain the same high performance and feature set while providing publication-ready formatting tailored to specific journal requirements.

Available Themes

```
available_themes <- list_available_themes()
print(available_themes)
```

[1] "console" "nejm" "lancet" "jama" "bmj" "simple"

The package includes 6 built-in themes. The three demonstrated above represent the most commonly used medical journal styles.