

## JUNIOR STROKE AND TURN JUDGE CERTIFICATION - CO LSC Version

**OFFICIAL'S NAME & TEAM:**

**CO ZONE REP'S NAME**

### DEFINITIONS

**Certifier:** An official designated by the LSC OC to certify training is complete.

**Clinic:** Formal in person or online training clinic, recorded in Officials Tracking System (OTS).

**Certification:** Stroke & Turn able to officiate at all LSC meets.

**Satisfactory Performance:** Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.

**Sessions:** At USA Swimming sanctioned or approved meets, recorded in OTS.

**Trainer:** Designated by the Referee at a meet or LSC OC, an official who has been USA Swimming certified in the position for 1+ year. If a 1+ year experienced official is not on deck, the Referee may select the most experienced certified official(s) to be a trainer(s).

**Training Sessions:** Meet sessions that include strokes and/or relays. Time Trials and Freestyle Only sessions may not count toward training session requirements. Sessions shall be recorded in OTS.

**USA Swimming Member:** Completed all USAS member associated requirements before on deck apprenticeship.

### Apprenticeship Requirements

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|  | USA Swimming Member  |
|  | Attend a Stroke and Turn Clinic  |
|  | Apprentice as a Stroke and Turn Judge for at least 4 training sessions at a minimum of 2 meets with a trainer. |
|  | Pass the USA Swimming ST Certification test with an 80%.   |

### Certification Performance Requirements for Certification

May be evaluated during last apprentice session and use MR sign-off for each session.

Y-Yes, N-No, ND - Not Demonstrated

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|  | Arrives on time, prepared with necessary personal equipment, in proper and professional uniform.         |
|  | Is respectful of other officials, coaches, meet volunteers, spectators, and athletes.                    |
|  | Understands and applies proper positioning on deck.  |
|  | Understands and applies communicated jurisdictions and protocols.  |
|  | Understands and applies the rules for the start, stroke, kick, turn, and finish for butterfly.           |
|  | Understands and applies the rules for the start, stroke, kick, turn, and finish for backstroke.          |
|  | Understands and applies the rules for the start, stroke, kick, turn, and finish for breaststroke.        |
|  | Understands and applies the rules for the start, strokes, kick, turn, and finish for freestyle.          |
|  | Understands and applies the rules for relays.  |
|  | Understands and applies the rules for individual medley.   |
|  | Is comfortable making calls as appropriate and also understands when a call is not appropriate.          |
|  | Can correctly communicate a disqualification and what was observed using USA Swimming rulebook language. |
|  | Always gives the swimmer the benefit of the doubt.   |
|  | Understands performance criteria as outlines in Stroke & Turn Judge Professional Document.               |
|  | Understands USA Swimming Safe Sport and MAAPP rules.   |

Comments (if needed)

Signature of MR (session 1)

Signature of MR (session 2)

Signature of MR (session 3)

Signature of MR (session 4)

**Recommend Certification as Stroke & Turn Judge**

Signature of CO Zone  
Rep

Certification must be complete within one year of the ST clinic.

May officiate in competitions for 12 and under athletes below the LSC championship level

Understands need to return completed evaluation form to the official's LSC Officials Chair or designee.

### JUNIOR STROKE AND TURN RECERTIFICATION

When a Jr Official turns 18, their Jr. ST certification will convert to certified ST once the adult membership requirements have been met. Time as a Jr. ST official will convert to the S&T renewal cycle.