

STARTER CERTIFICATION - CO LSC Version

OFFICIAL'S NAME & TEAM:

CO ZONE REP'S NAME:

DEFINITIONS

Certifier: An official designated by the LSC OC to certify training is complete.

Clinic: Formal in person or online training clinic, recorded in Officials Tracking System (OTS).

Certification: Stroke & Turn able to officiate at all LSC meets.

Satisfactory Performance: Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.

Sessions: At USA Swimming sanctioned or approved meets, recorded in OTS.

Trainer: Designated by the Referee at a meet or LSC OC, an official who has been USA Swimming certified in the position for 1+ year. If a 1+ year experienced official is not on deck, the Referee may select the most experienced certified official(s) to be a trainer(s).

Training Sessions: Meet sessions that include strokes and/or relays. Time Trials and Freestyle Only sessions may not count toward training session requirements. Sessions shall be recorded in OTS.

USA Swimming Member: Completed all USAS member associated requirements before on deck apprenticeship.

Apprenticeship Requirements

	USA Swimming Member
	Certified Stroke & Turn Judge for a minimum of 3 months. Worked at least 4 sessions at a minimum of 2 meets since ST
	Attend Starter training clinic
	Apprentice as Starter for at least 4 training sessions total, over 2 meets with 2 trainers. Trainer can be the Deck Referee. OR Coach and Athlete Members with 5+ years of USA Swimming experience shall apprentice as a starter for at least 2 training sessions with a
	Pass the USA Swimming Starter online certification test with a score of 80% or more.

Session #1 Date:	Session #2 Date:	Session #3 Date:	Session #4 Date:	Certification Performance Requirements for Certification
				Have Trainer Use Checklist at Left for each session and have Trainer and Meet Ref (MR) print name below Y-Yes, N-No, ND - Not Demonstrated
				Arrives on-time, prepared with necessary personal equipment and properly & professionally
				Knows the rules for starting
				Demonstrate ability to start swimmers across a wide range of age and proficiency
				Understands basic starting protocols and procedures (distance counting, OOF, etc.)
				Understands how to start swimmers with disabilities
				Demonstrates the start for a hearing impaired swimmer
				Demonstrates both forward and backstroke starts
				Understands how the starting system operates
				Establishes a comfortable starting position on deck for both forward and back starts
				Demonstrates ability to communicate and interact with the DR (positioning, inserting swimmers, etc...)
				Prepared and in position prior to each heat; comfortable holding microphone and securing cord
				Delivers TYM calmly and with necessary volume
				Shows PATIENCE before delivering TYM and starting signal
				Understands the use of Other Commands
				Understands and practices the False Start Protocol
				Always gives the benefit of the doubt to the swimmer.
				Understands performance criteria as outlined in Starter Professional Document
				Understands USA Swimming Safe Sport and MAAPP rules.

Apprentice Session #1 - Meet Name, Session and Date:

Comments (if needed)

Print name of Trainer and MR (session 1):

Apprentice Session #2 - Meet Name, Session and Date:

Comments (if needed)

Print name of Trainer and MR (session 2):

Apprentice Session #3 - Meet Name, Session and Date:			
Comments (if needed)			
Print name of Trainer and MR (session 3):			
Apprentice Session #4 - Meet Name, Session and Date:			
Comments (if needed)			
Print name of Trainer and MR (session 4):			
	Recommend Certification as Starter	Signature of CO Zone Rep	
	Certification must be complete within one year of the SR clinic.		
	Understands need to return completed evaluation form to the official's LSC Officials Chair or designee.		
STARTER RECERTIFICATION EVERY 3 YEARS			
	Be a current non-athlete member of USA Swimming in good standing.		
	Work at least 8 sessions, within a 3 year period, as a Starter		
	Attend clinic (recommend Starter Clinic) every 3 years		
	USA Swimming recertification test every 3 years for the highest certification held		
	Satisfactory performance		