

## Flying from Tromsø last Tuesday

19 November 2011

Took some pictures using my phone last Tuesday. Somewhere in Sweden, why I'm not a particular fan of windmills - they might not pollute the air, but they pollute the view!!



Snow in Trysil, at least one of the slopes...



Video collage of pictures

[video:youtube:zgO92l8oU94]

## My latest book: Kåre Willoch - Erfaringer om fremtiden

18 November 2011

Kåre Willoch, prime minister in Norway from 1981 to 1986 talks about the future by reviewing the history. A well written book which I highly recommend. It has provided me with better understanding of what "market economy" \_really\_ is and also a much better understanding of the Middle East conflict - focusing especially on

Israel/Palestina. A wise man!



More about the book at  
[www.cappelendamm.no](http://www.cappelendamm.no)

## My latest book: Jesper Juul - Ditt kompetente barn

18 November 2011

Trying to be an even better dad, reading theory. Have made me rethink some stuff I say and do to my kids. Recommended reading.



## Tromsø - Senja - Tromsø: Høstøl, anchovy, vodka and more

14 November 2011

Spending some days up north, came here on Friday afternoon. Spent the evening at my cousins Andre's place, enjoying the work of his employer Mack - for example Høstøl



Early Saturday morning I headed to Senja to visit my grandmother, and then back to Tromsø yesterday - Sunday, to enjoy the evening Russian style: Toast with anchovy and cucumber with vodka on the side.



Then this morning, still in Tromsø, seeing snow for the first time this winter.



### Handyman in action yet again #3

06 November 2011

Today, raking leaves...but how to get rid of them without having to use unknown number of plastic bags? Solution: A big cardboard box - problem solved!



### Jacobsen Dark Lager and Tyrrells crisps

05 November 2011

Tried out Jacobsen Dark Lager

Jacobsen Original Dark Lager is based on the oldest recipe in the Carlsberg archives - JC Jacobsen's original recipe of 1854. and Tyrrells Hand Cooked English Crisps. Bought the crisps only based on the criteria price - the most expensive they had at Meny :) Lightly sea salted it says, and

yes...lightly it is...to lightly, give me more taste! But the lager, mmmmmmmmm...beer



## I'm a winner!

04 November 2011

Poped up earlier today, since they know I'm in Oslo, it must be true!



## Oh no!!! Berlusconi's love songs are delayed

03 November 2011

God damn!!

Financial crisis forces Berlusconi to delay release of latest love song CD

Rolling economic storm clouds scupper the publishing date of the Italian prime minister's "True Love" album

Read it all at [www.guardian.co.uk/..../financial-crisis-berlusconi-love-song](http://www.guardian.co.uk/..../financial-crisis-berlusconi-love-song)

## Fit 2 Fat 2 Fit

03 November 2011

Going from superfit to superfat and superfit again in one year, the story as told by Drew Manning himself:

My journey from FIT to FAT and how to get back to FIT again!

This is my story of how I plan on going from being obsessed with being fit, to fat in 6 months and how I plan on showing everyone how to get back to fit again in 6 more months.

Check out the pictures and see videos and more at <http://www.fit2fat2fit.com/photos/>

## Someone working late?

30 October 2011

Snapshost of Aftenposten sometime tonight. Someone working late being a bit to creative?

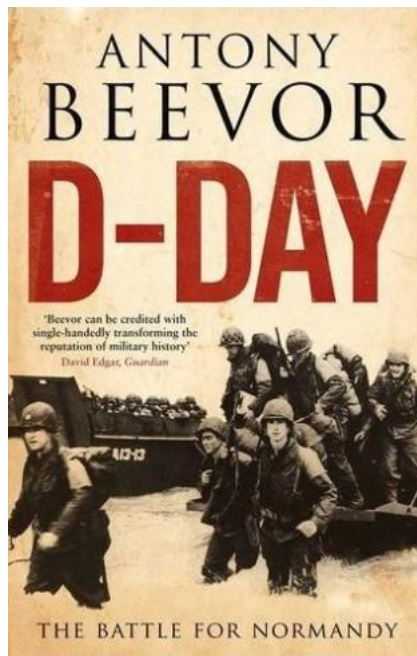


## My latest book: Anthony Beevor D-Day

28 October 2011

WW2, and since I have already read Stalingrad and Berlin, D-Day written by Anthony Beevor is a must.





## One liner: Adding files to svn

28 October 2011

List all files needed to be committed into Subversion, then grep only files not added, this being lines starting with question mark. The '^?\' means

^ = line start

\ = escape next character

? = The character to search for, since ? is a metacharacter in Regex, it must be escaped.

Then using awk print the file path and name and at last using xargs and svn add - add the files to svn.

```
svn status | grep '^?' | awk '{print $2}' |
xargs svn add
```

## Finally I bother to do it...WEP to WPA

25 October 2011

I have known it for a long time, I should have done it a long time ago, but still, needed to see

<http://www.nrk.no/programmer/tv/brennpunkt/1.7848190> (Nettverk i offentlige miljøer

er lette å hacke) before actually changing from WEP to WPA2...

Using WEP really is nothing more than a keylock made of plastic.

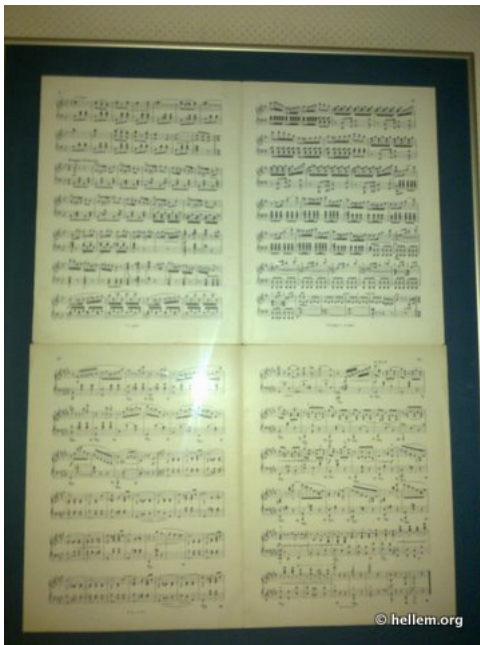
## IBM WebSphere Technical Conference 2011 in Berlin

15 October 2011

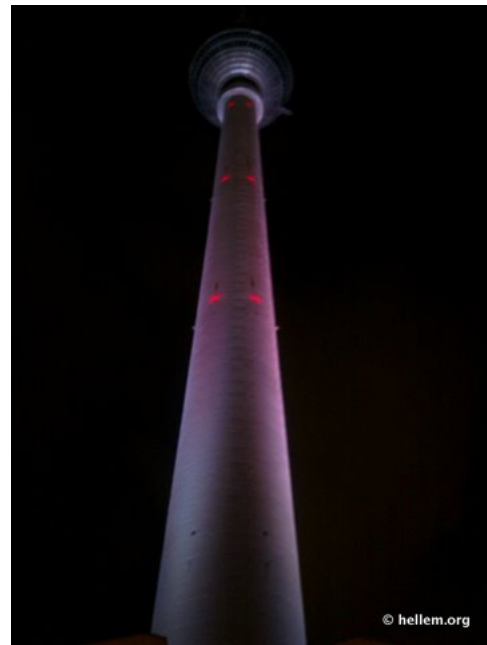
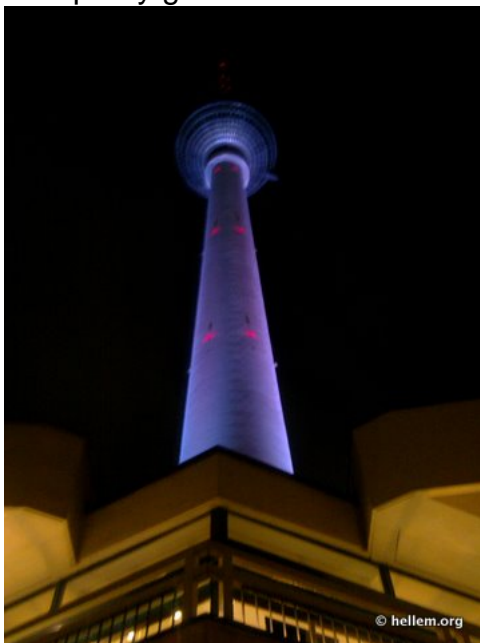
I've spent a few days in Berlin attending the IBM WebSphere Technical Conference. While walking down the streets I saw this poster of Pettersson and Findus which I first thought was written by a Norwegian, but it turns out to be Swedish.



Staying at a hotel close to the Deutsche Oper Berlin, of course they had to have pictures like this on the wall in the rooms. No idea what so ever which opera this is from...



Tuesday, dinner at the Fernsehturm, nice view and pretty good food as well.



Me at the conference on Wednesday preparing for the session me and Geir would have talking about Telenor and Rational Automation Framework.



Moon above Bismarckstraße.





At the Genazvale restaurant, serving food from Georgia. Me just about to try out the kebab, served on this giant spear totally hiding Geir. If ever going to Berlin, I would recommend a visit to this place.



Kindzmarauli, sweet wine from Georgia.



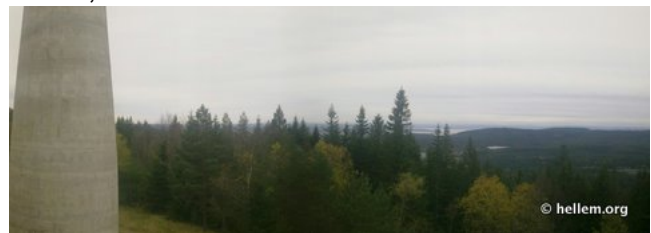
Giant colored balls at Ernst Reuter Platz



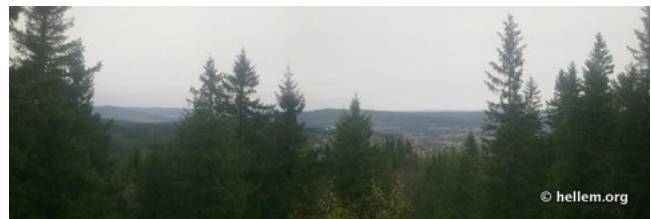
## Pictures from Røverkollen

15 October 2011

Last Sunday the weather forecast said heavy rain, but when I woke up the weather was pretty nice - so I headed out with my bike in a hurry. Have not been to Røverkollen this year, so I had to grab the chance before winter gets here. Pictures taken from the small tower next to the tv tower, view towards Groruddalen



And view towards Nittedal



Heading home I went over Årvollåsen.

## Atnaøl - Atna beer

15 October 2011

Before heading off to Berlin me and Espen spent an evening playing Grand Turismo, eating Thai takeaway and trying out beer from the Atna brewery. Stabburøl and Nakenbad, both pretty ok - might buy it several times, but I won't hunt it down all over town so to speak.



## Perl and Regex: Search and replace

06 October 2011

I needed a way to search for a long string and if found, replace only a specific part of it. Grouping was the key and Stackoverflow.com the place to go to get answers.

## You want strong sir? I don't think so!!

06 October 2011

Me and Espen had take away from <http://www.gourmetthai.no> yesterday. Totally ok food, fun part was when I tried to order the food strong. The woman behind the counter insisted of me wanting "medium minus". A bit back and forth and I said "ok, not strong, but medium pluss". She said ok, and then made the chef prepare it as medium...

And while writing "womand behind the counter" it reminded me of the song by Pearl Jam

[video:youtube:5i6fCGkFYa0]

## And the decision is: Aass

01 October 2011

Bought Frydenlund Bayer yesterday, and since I have the weekend alone at home with the boys, what better than to try it and compare it with Aass Bayer after putting the boys to bed?

The decision is

Aass Bayer

Frydenlynd Bayer

But, ok. I drank Frydenlund first, then Aass - must repeat the test some day soon starting with Aass - it is a tough job, but someone got to do it!



But both where perfect while watching Rolling Stones - Ladies and Gentlemen [video:youtube:kialx7luYQ]

## Disk failure

30 September 2011

The weather has been amazing today, and after having spent the whole day inside together with Anders who once again is sick I just had to take my bike and race trough Trulsrunden before Elin should head of to SATS. Halfway trough (see this

clip at 0:30 to see where) my front wheel got jammed and I had to jump off my bike. My knee did hurt quite much, had to stop for some minutes before checking my bike realizing that the back wheel did not spin as it should. Realized the disk was totally messed up, but not worse than it did allow me to ride my bike back home. So no MTB tomorrow...



## Street filled with cones

30 September 2011

Our street is filled with cones. At first I did not understand why



But, when coming home from work I heard

the sound of the woodpecker up in the utility pole. It is in fact pretty damaged due to the woodpecker using it to hold on to the cones while he eats the seeds.



## Songs with a meaning

28 September 2011

Got introduced to Glen Campbell "A better place" by listening to Kvegpels, Kristopher Schau talked about Campbell and this song in particular. While listening to it, remember that Campbell has alzheimer.

I've tried and I have failed, Lord  
I've won and I have lost  
I've lived and I have loved, Lord  
Some times, at such a cost

[Chorus:]

One thing I know  
The world's been good to me  
A better place, awaits you'll see

Some days I'm so confused, Lord  
My past gets in my way  
I need the ones I love, Lord  
More and more each day

Oooh, a better place.



[video:youtube:l4mylwPMPPhM]

Then, Campbell has been playing with many well known artists such as Elvis, Beach Boys and off course Johnny Cash

[video:youtube:upvX4YLgkes]

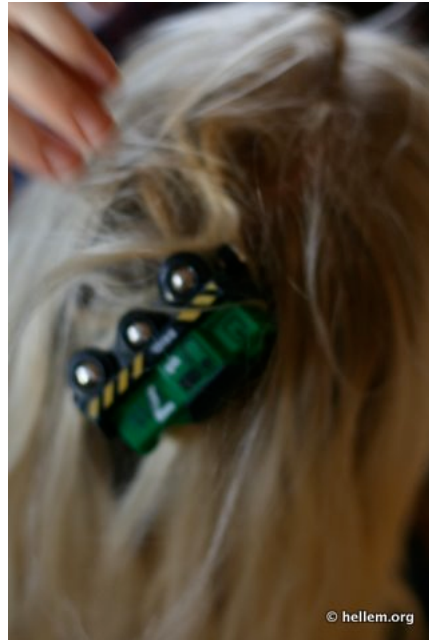
Which leads me on to Cash and his fantastic cover of Hurt, the song by Nine Inch Nails

[video:youtube:o22eIJDtKho]

## Train stuck in hair

26 September 2011

While playing with the kids Elin laid her head down on the Brio train tracks. Never again, because the train did not stop, even if it hit her head and kept spinning so the hair got jammed into the wheels...end of story: I needed to use the scissors to cut it loose...



## Graffiti in Østmarka

25 September 2011

Graffiti on a utility pole close to Rustadsaga



## Last day of summer?

24 September 2011

Not that it has been a lot of summer at all this year, it has been very wet, but yesterday I guess it might have been last day of summer this year. When heading home from work it was clear blue sky and pretty hot actually. I only needed to wear short/short. Pretty different from last weeks spring flood.



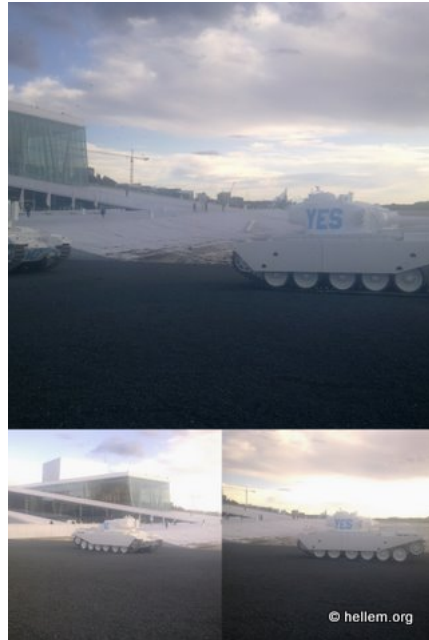
Short/short



## Art? I guess so

22 September 2011

Pictures taken by the Opera on my way home today. Two tanks, one saying "no", the other one saying "yes". Not sure what the message really is.

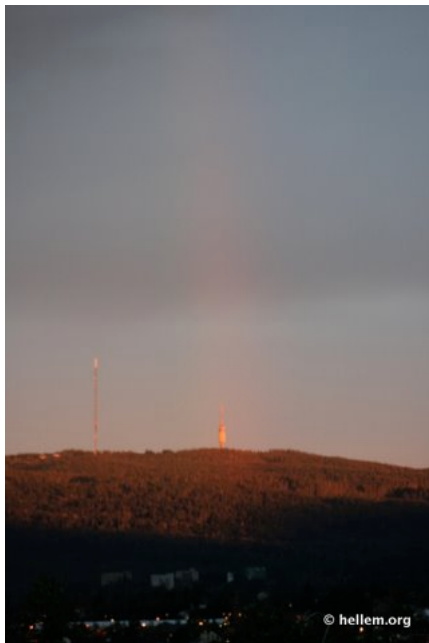


## The Irish leprechaun's secret hiding

16 September 2011

No doubt, Tryvannstårnet it is, The Irish leprechaun's secret hiding place for his pot of gold.





## Spring tide in Oslofjorden yesterday

14 September 2011

Pictures are kinda bad, taken with the Nokia N81 I borrow while my phone is being fixed (they have spent almost three weeks now), but still you get the point. The first picture is taken at Skøyen, or to be more accurate along Bestumkilen. As you see people had to walk and cycle on the lawn due to sea water flooding the walkway.



Alongside Frognerstranda, care for some Coca Cola?



## Stomperudrittet 2011

14 September 2011

Last Sunday I attended in Stomperudrittet. 37 kilometers with plenty of mud, mud and more mud. Due to heavy rain the last month in fact it was really heavy conditions, tires where sucked down into the mud in a way I had never experienced before. Even going downhill on the fields were really heavy and I was not able to gain any speed at all, in fact running was almost as easy. But - very much fun also.

My plan was to film before start and afterwards, since my friends Anders and Lars also attended, but I did not bother.



Only thing I had in my mind when I had passed the finish line was to clean my bike and then myself. And when at home I even had to flush them using the garden hose.



Hoping for better conditions next year.



Oh what a beautiful morning

11 September 2011

OBS-varsel for Vestfold, Østfold og Buskerud, Oslo og Akershus: I natt og fram til søndag formiddag lokalt kraftige byger med store nedbørverdier.

Google translate translates this into:

OBS alert for Vestfold, Østfold and Buskerud, Oslo and Akershus: Last night until Sunday morning locally heavy showers with heavy rain values.

And I'm about to participate in Stomperudrittet...looking forward to it...not really sure

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