

# ARTIVITY: GAMABA DUO

## Barbara Ofong

She was born in the T'boli community in Lake Sebu, South Cotabato, a place known for a strong tradition. At the young age, she grew up surrounded by the art and culture of her people.

She learned weaving at a young age and showed great skill as she got older. Inspired by dreams and

her community's beliefs, she created more than 90 different designs, each with special meaning.

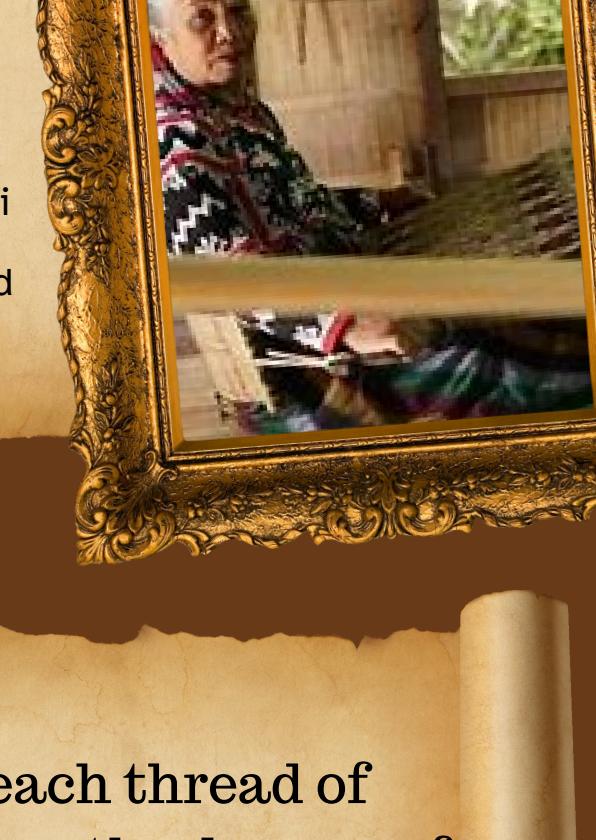


## T'nalak Textile Weaving

'T'nalak weaving is a traditional textile art of the T'boli people of Lake Sebu, South Cotabato, using natural fibers from abaca and dyes derived from native plants. Barbara Ofong is recognized for her exceptional mastery of this craft and her significant contributions to preserving and promoting this indigenous cultural heritage. Her work reflects the detailed patterns and spiritual significance that characterize authentic T'nalak weaving.

## Key Contribution and Significance

- National Living Treasure for preserving indigenous art and culture.
- Created 90+ traditional patterns, each telling ancestral stories.
- Educator and cultural advocate at T'Boi Community Library and Culture Hub.
- Inspires others through her artistry and commitment to heritage.



"Through each thread of T'nalak, I weave the dreams of my ancestors, preserving our heritage and empowering our people."

- Barbara Ofong

### References:

[Barbara Ofong: A Master Tnalak Weaver - Out of Town Blog](#)

[Barbara Ofong: A Grasp Tnalak Weaver - Travelusinsurance.com](#)

[Proudly T'boli, proudly Filipino • PhilSTAR Life](#)

[South Cotabato's Lake Sebu is Home of the Dreamweavers and the Land of the Living Treasures - Nomadic Experiences](#)