

# Clinical and economic impact of platelet function testing in neurointervention

## Balancing procedure-related and therapeutic risks in neurointervention

**Flow diversion—the preferred treatment modality for many intracranial aneurysms—has risks<sup>1</sup>**

- Thromboembolic complications occurred in 9.2% of procedures<sup>2</sup>
- Intracranial hemorrhage occurred in up to 6.2% of patients<sup>3</sup>

**Dual antiplatelet therapy (DAPT) (e.g., aspirin, clopidogrel) is used more than 90% of the time before intracranial stent placement<sup>4</sup>**

- While DAPT reduces the risk of thromboembolic complications, major hemorrhagic complications have been reported in 11.1% of patients<sup>5-7</sup>



## Individual response to clopidogrel varies<sup>8</sup>

- Up to 50% of patients demonstrate variable response to clopidogrel<sup>9</sup>
- In a flow diversion multicenter study, 28.8% of patients were identified as clopidogrel nonresponders<sup>2</sup>

↑ **60%**  
risk

**Clopidogrel hypo-responders** have a **60% higher risk** of **thrombosis**.<sup>10</sup>

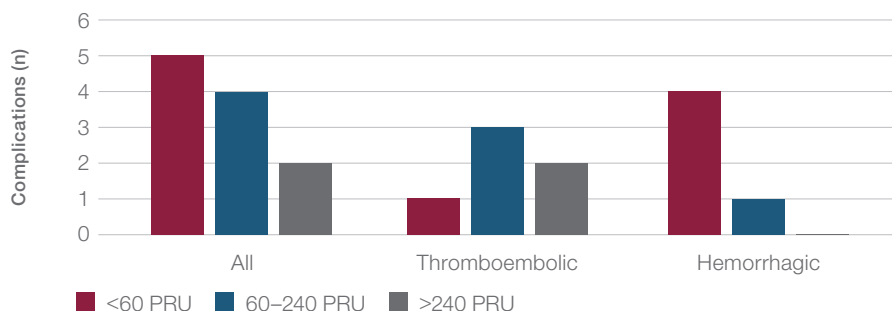
↑ **11%**  
risk

**Clopidogrel hyper-responders** have an **11% higher risk** of **hemorrhage**.<sup>10</sup>

## Predicting patient bleeding and thromboembolic risk<sup>6</sup>

VerifyNow results have been demonstrated to be a predictor of periprocedural hemorrhagic and thromboembolic complications in patients undergoing flow diversion.<sup>9,11</sup>

Post-Neurointervention Complications by VerifyNow Results<sup>11</sup>



Of 48 flow diversion procedures performed on 44 patients, **11 complications** occurred post-procedure (22.9%).

5 hemorrhagic complications occurred, and in 4 of them, **pre-procedural results were <60 PRU**.

## Several publications have reviewed treatment algorithms for P2Y12 inhibitor management in the setting of flow diversion

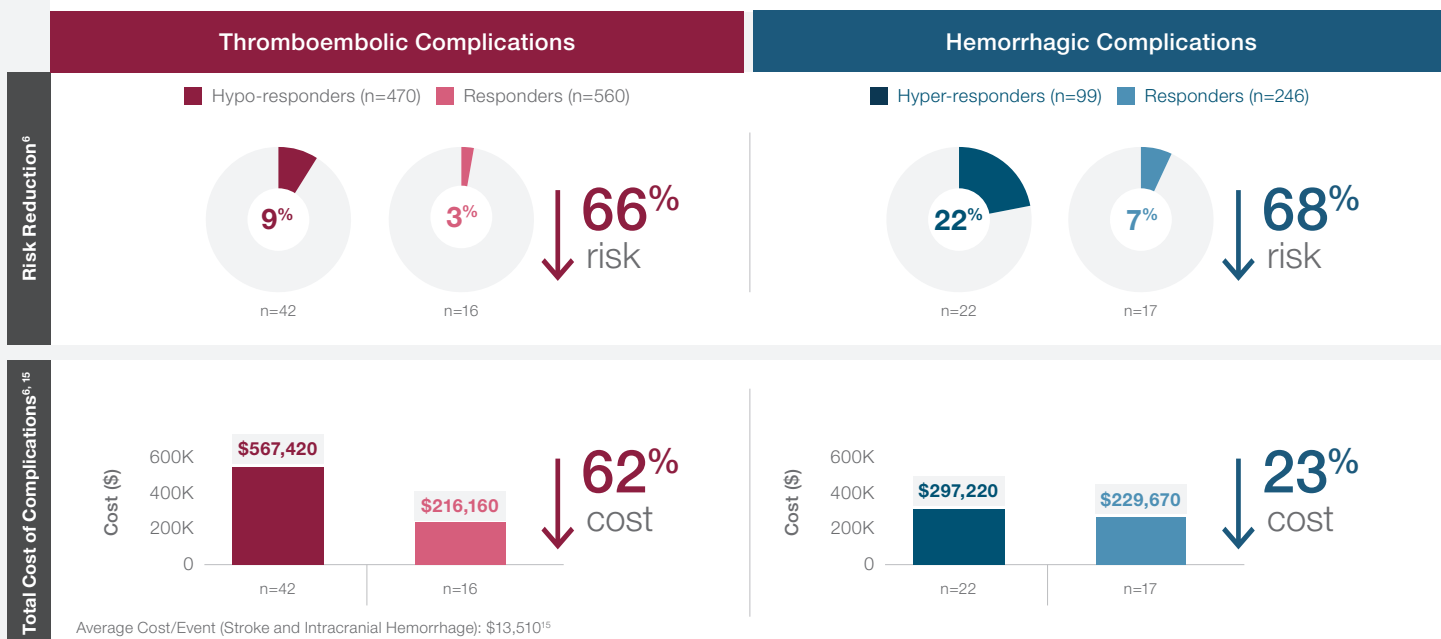
- An example algorithm using a target range of 60–240 PRU resulted in identification of clopidogrel hyper-responders, which required dose adjustment in 71% of patients<sup>11–13</sup>
- Another study using a result of >208 PRU to indicate clopidogrel nonresponders resulted in less thromboembolic complications when a dose adjustment was made (9.8% vs. 51.9%)<sup>2</sup>

**“Platelet function tests, particularly point-of-care tests like VerifyNow, have been increasingly adopted to assess patient responses, anticipate complications, and better manage these patients perioperatively.”<sup>14</sup>**

## Predicting patient thromboembolic and bleeding risks with VerifyNow testing demonstrated reduced risk<sup>6</sup>

A meta-analysis, which included 15 studies, evaluated the usefulness of a VerifyNow result as a tool to predict periprocedural complications. Three categories of patient cohorts were defined: hypo-responders (>240 PRU), responders and hyper-responders (<175 PRU).

Using the meta-analysis data, a simulation model utilizing estimates (US\$) was built to calculate complication risk and cost reduction.<sup>15</sup>



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