In the text author tells us about plant medicines, plant medicines are those plants used by some midwives or healers to heal people. In our community plant medicines effects must be watched carefully because in some cases they can be dangerous to our health.

Sometimes plant medicines help healers to heal people but in other case those plants can have many problems when people use them as medicines. Here below are some problems who can have each plant medicines:

* Difficult to control the dose, because according text author many plants grown in different ears or in different seasons therefore they can’t have the same strengths.
* Other problem is when medicines are given by mouth, is difficult for the body to use them.

To conclude, there are some common risks among plant medicines such as high blood pressure, too strong contractions, allergic reactions; To prevent those risks we must be careful when we use plant medicine as drugs.