



Y of Central Maryland  
It's deeper here.®

### **Summer Clinic FAQ's**

**1. What are the qualifications of your child's staff?**

All Y of Central Maryland staff go through mandatory trainings that consist of CPR, First Aid, Child Abuse Prevention and Sport Instruction Training to ensure the safety of your child. As well, all staff have background checks done by both the State and the FBI.

**2. What is the staff: child ratio for clinic participants?**

At the Y of Central Maryland we follow a 1:8 ratio with clinic participants.

**3. What will my child need to bring to summer clinics?**

Children will need to bring the following items in a back pack to ensure a successful clinic experience: (please make sure all items are labeled clearly with your child's name)

- Bagged lunch with non-perishable items
- Equipment such as racquets, golf clubs, and softball gear.
- Refillable water bottles
- Sunscreen

**4. Will my child be swimming and going on field trips?**

Unless your child is registered for an aquatics clinic they will NOT be swimming. Each clinic will focus only on the sport/activity that the child has registered for. During the 3 hour period your child is in clinic they will do drills and games that pertain to the designated program.

There will be NO designated field trips unless stated in a clinics curriculum. These clinics include Adventure, tennis, and golf. Transportation will be provided for these clinics. Any other transportation issue will be left up to parents/guardians of the child.

**5. What will my child be doing all day?**

Clinics run in three hour sessions, during this time your child will be actively engaged in the sport designated. This includes drill, game play, and activity education. Participants will be given the opportunity to take breaks when needed and participate in non physical learning.

**6. Where will my child be in the event of extreme weather?**

In the event of extreme temperature or thunderstorms your child will be provided with proper shelter as well as alternate activities. Clinics will NOT be cancelled in the event of extreme weather.

**7. Do you offer before and after care?**

The Summer Sports Clinic program doesn't provide before and after care. However, if you would like before and after care between the time of 7:00am-9:00am and 4:00pm-6:00pm, you would have to register through our Summer Camp program at an additional cost of \$15 per session.

**8. Where will my child be located? And how do I pick up and drop off?**

Each center will have a designated clinic area where you can drop off and pick up your child and where there programming will take place during the hours of 9am-4pm. At the time of drop off you will be asked to initial and date an area next to your child's name. During pick up you will be asked to initial and date an area next to your child's name as well as present a photo ID for proof of guardianship. If your child is participating in before and or after care a designated check and out area will be established by our camping department.

**9. What paper work will I need to fill out in order to register my child?**

In order to register your child for clinics you must fill out a registration form as well as an emergency information/health inventory form. If your child is participating in the before and after care program through camp you must fill out all paper work needed for camp such as, immunization records, medication forms, and camp health inventory.

**10. How do I pay for Clinics?**

At the time of registration a \$25.00 deposit is due in order to hold a spot for your child in a clinic. The remainder of the payment is due two weeks prior to the start of the clinic. Payment can be made online, through mail, and in person. Financial assistance is available for qualifying participants. Please ask the Front Desk for more specific information.