

Inside Canton

The key to your community

November 2013

Community

Turkey Trot 5K for Charity with the Y

*Information courtesy of
the Y of Central Maryland*

Every year, thousands of individuals from local communities come together to join the Y of Central Maryland for the annual Y Turkey Trot Charity 5K, a Thanksgiving Day tradition that raises critically-needed funds to support kids whose families live in poverty throughout Central Maryland.

This year, on Thanksgiving morning, Thursday, Nov. 28, the Y will host its Turkey Trot Charity 5K in Baltimore City, Bel Air, Ellicott City/Catonsville, Towson and Westminster.

Each Y Turkey Trot will feature a 5K Run/Walk, and prizes will be awarded in each age group. Proceeds benefit children whose families can't afford educational and enrichment opportunities



Celebrate the holiday by running for charity.

Photo courtesy of Y of Central Maryland

that many kids take for granted, such as Y Journeys Preschool and Camp. Don't miss out on the chance to get some exercise before the big feast, and join others to put more "thanks" and "giving" into Thanksgiving by supporting struggling families in our community.

A local 2013 Y Turkey Trot Charity

5K Run and 5K Walk, will be held at Druid Hill Park, located at 2600 Madison Ave.

The event will cost \$25 if participants register online. Registering via snail mail or in-person costs \$30. Registering on the day of the race will cost \$35.

Those interested can register online at ymaryland.org until Saturday, Nov. 23. Or they can register at your local Family Center Ys until 9 p.m. on Wednesday, Nov. 27.

Day-of registration will be accepted at the park. However, there are a limited number of T-shirts available for day-of registries.

The race begins at 8:30 a.m. and finishes at about 11 a.m.. To learn more about the race or to find out where the other Baltimore-area locations are, visit ymaryland.org