



Harry & Jeanette Weinberg Family Center Y

Summer Pool Schedule: 6/23/2014-8/17/2014

- Children 7 and under must be accompanied by an adult into the water
- Children 10 and under are not permitted in the pool area without parental supervision
- Open swim is for members only

| TIME | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|---|--|---|--|
| 5:30 AM | | Open Swim 5:30 - 6:00 <i>(2 lap lanes)</i> | Open Swim 5:30 - 10:30 <i>(2 lap lanes)</i> | Open Swim 5:30 - 6:00 <i>(2 lap lanes)</i> | Open Swim 5:30 - 10:30 <i>(2 lap lanes)</i> | Open Swim 5:30 - 6:00 <i>(2 lap lanes)</i> | |
| 6:00 AM | | Master Swim 6:00 - 7:00 | | Master Swim 6:00 - 7:00 | | Master Swim 6:00 - 7:00 | |
| 7:00 AM | | Open Swim 7:00 - 9:00 <i>(2 lap lanes)</i> | | Open Swim 7:00 - 9:00 <i>(2 lap lanes)</i> | | Open Swim 7:00 - 9:00 <i>(2 lap lanes)</i> | |
| 9:00 AM | Open Swim 9:00 - 11:15 | Aquacize 9:00 - 10:00 <i>(1 lap lane)</i> | | Aquacize 9:00 - 10:00 | | Aquacize 9:00 - 10:00 <i>(1 lap lane)</i> | Swim Lessons 9:00 - 1:00 <i>(1 lap lane)</i> |
| 9:30 AM | <i>(2 lap lanes)</i> | | | Preschool Swim 9:30-10:00 | | <i>(1 lap lane)</i> | Preschool Swim 9:30-10:30 |
| 10:00 AM | Swim Lessons 11:15-1:30 pm | | | | | Open Swim 10:30 - 11:30 <i>(1 lap lane)</i> | Open Swim 1:00 -6:45 <i>(2 lap lanes)</i> |
| 10:30 AM | | Water Fitness 10:30 - 11:30 <i>(1 lap lane)</i> | Water Fitness 10:30 - 11:30 <i>(1 lap lane)</i> | Water Fitness 10:30 - 11:30 <i>(1 lap lane)</i> | Water Fitness 10:30 - 11:30 <i>(1 lap lane)</i> | | |
| 11:30 AM | | Open Swim 11:30 - 5:00 <i>(2 lap lanes)</i> | Water Fitness 11:30 - 12:30 <i>(1 lap lanes)</i> | Open Swim 11:30 - 5:00 <i>(2 lap lanes)</i> | Water Fitness 11:30 - 12:30 <i>(1 lap lanes)</i> | Open Swim 11:30 - 6:30 <i>(2 lap lanes)</i> | |
| 12:45 PM | | | Open Swim 12:30 - 5:00 <i>(2 lap lanes)</i> | | Open Swim 12:30 - 5:00 <i>(2 lap lanes)</i> | | |
| 1:15 PM | | Open Swim 1:30-6:45 | | | | | |
| 5:00 PM | | | Swim Lessons 5:00 - 6:30 <i>(1 lap lane)</i> | Swim Lessons 5:00 - 7:45 <i>(1 lap lane)</i> | Swim Lessons 5:00 - 6:30 <i>(1 lap lane)</i> | Swim Lessons 5:00 - 7:45 <i>(1 lap lane)</i> | |
| 6:30 PM | Water Challenge 6:30 - 7:30 <i>(1 lap lane)</i> | | | Water Challenge 6:30 - 7:30 <i>(1 lap lane)</i> | | Water Challenge 6:30 - 7:30 <i>(1 lap lane)</i> | |
| 7:30 PM | Open Swim 7:30 - 9:45 <i>(2 lap lanes)</i> | | | Open Swim 7:30 - 9:45 <i>(2 lap lanes)</i> | | Open Swim 7:30 - 9:45 <i>(2 lap lanes)</i> | Open Swim 7:30 - 9:45 <i>(2 lap lanes)</i> |
| 7:45 PM | | | | Open Swim 7:45 - 9:45 <i>(2 lap lanes)</i> | | | Open Swim 7:45 - 9:45 <i>(2 lap lanes)</i> |
| 9:45 PM | | | | | | | |
| SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE | | | | SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE | | | |