



Y of Central Maryland
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Summer Swim Clinic FAQ's

1. What are the qualifications of your child's staff?

All Y of Central Maryland staff go through mandatory trainings that consist of CPR Pro, First Aid, Child Abuse Prevention and Swim Instruction Training to ensure the safety of your child. As well, all staff have background checks done by both the State and the FBI.

2. What is the staff: child ratio for clinic participants?

At the Y of Central Maryland we follow a 1:8 ratio with clinic participants.

3. What will my child need to bring to summer clinics?

Children will need to bring the following items in a back pack to ensure a successful clinic experience: (please make sure all items are labeled clearly with your child's name)

- Towel, bathing suit and goggles
- Refillable water bottle and a snack
- Gym clothes and sneakers

4. What will my child be doing all day?

Aquatics- Begin to Swim: Your child will spend time in the pool focusing on an introduction to swimming skills, such as floating, body position, breath control and paddle stroke. Other daily activities include land exercises and games, water games and water safety education.

Aquatics- Competitive Swimming: Your child will spend time in the pool focusing on development of the four competitive strokes, building endurance, flip turns and diving. Other daily activities include land exercises and games, water games and relays.

Aquatics- Water Games: Your child will spend time in the pool enjoying water games and sports, refining stroke technique and participating in fun relays. Other daily activities include land exercises and games and water safety education.

5. Where will my child be in the event of extreme weather?

In the event of extreme temperature or thunderstorms your child will be provided with proper shelter as well as alternate activities. Clinics will NOT be cancelled in the event of extreme weather.

6. Do you offer before and after care?

The Summer Sports and Swim Clinic program do not provide extended hours. However, if you would like before and after care between the time of 7:00am-9:00am and 4:00pm-6:00pm, you will have to register through our Summer Camp program at an additional cost of \$15 per week per child or \$30 per week per child for both time slots.

7. Where will my child be located? And how do I pick up and drop off?

Each Center will have a designated clinic area where you can drop off and pick up your child (Main Camp Check-in tent or lobby- check your location for designated area). The programming will take place in the pool area unless otherwise stated for land activities. At the time of drop off you will be asked to initial and date an area next to your child's name. During pick up you will be asked to initial and date an area next to your child's name as well as present a photo ID for proof of guardianship. If your child is participating in extended hours a designated check-in and out area will be established by our camp department.

8. What paper work will I need to fill out in order to register my child?

In order to register your child for clinics you must fill out a registration form as well as an emergency information/health inventory form. If your child is participating in the extended hours program through camp you must fill out all paper work needed for camp such as immunization records, medication forms, and camp health inventory.

9. How do I pay for Clinics?

At the time of registration a \$25 per week/per child deposit is required for all half-day sports and aquatics clinics and a \$50 per week/per child deposit is required for all full day sports and aquatics clinics. Deposits are non-refundable and are applied towards the total weekly fee. The balance of all weekly clinic fees is due two weeks prior to the start of that week of clinics. If the balance is not received, the child will not be allowed to attend and the slot will be reassigned.

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