



Orokawa Family Center Y - SIDE B (near) Gymnasium Schedule

April 28 - May 31

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30am		Aerobics 5:30-7:00		Aerobics 5:30-7:00			
6:00am							
6:30am						Open Gym 5:30-8:25	
7:00am		Open Gym 7:00-8:25	Open Gym 5:30-9:15	Open Gym 7:00-8:25	Open Gym 5:30-9:00		
7:30am							Open Gym 7:00-9:30
8:00am							
8:30am							
9:00am	Over 40 Basketball 8:00-10:45	Aerobics 8:25-10:30	Aerobics 9:15-10:45	Aerobics 8:25-11:00	Aerobics 9:00-11:00	Aerobics 8:25-11:00	
9:30am							
10:00am							Sports 9:30-12:00
10:30am							
11:00am	Y Sports 10:45-12:30	Open Gym 10:30-11:45	Open Gym 10:45-1:15	Mt. Zion 11:00-1:00	Open Gym 11:00-1:15	Mt. Zion 11:00-1:00	
11:30am							
12:00pm		Aerobics 11:45-1:35					
12:30pm							Family Gym 12:00-2:30
1:00pm	Family Gym 12:30-2:30		Homeschool 1:15-3:45				
1:30pm							
2:00pm							
2:30pm	Bday Party* 2:30-4:00			Family Gym 1:00-5:00	Family Gym 1:15-4:45	Family Gym 1:00-5:45	Bday Party* 2:30-4:00
3:00pm		Family Gym 1:35-6:30	Family Gym 3:45-4:45				
3:30pm							
4:00pm							
4:30pm							
5:00pm	Family Gym 4:00-6:45		Y Sports 5:00-6:00	Aerobics 5:00-6:15			Family Gym 4:00-6:45
5:30pm						Y Sports 5:45-6:45	
6:00pm				Y Sports 6:15-7:00	Aerobics/Sports 4:45-8:00		
6:30pm			Aerobics/Sports 6:00-7:15				
7:00pm		Sports 6:30-7:45		Y Fit 7:00-8:15			
7:30pm							
8:00pm	*When no parties are scheduled, family gym will be held		Open Gym 7:15-9:45	Open Gym 8:15-9:45	Open Gym 9:00-9:45	Family Gym 6:45-9:45	*When no parties are scheduled, family gym will be held
8:30pm		Open Gym 7:45-9:45					
9:00pm							
9:30pm							

The Y reserves the right to change this schedule at any time for special or emergency events