

Dundalk Swim Center Spring II: 4/28/2014-6/22/2014

- Children 7 and under must be accompanied by an adult into the water
- Children 10 and under are not permitted in the pool area without parental supervision

• 1 lane will be available for lap swim unless otherwise noted

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
7:00 AM		Lap Swim 7:00-8:15 3 Lap Lanes	Lap Swim 7:00-730	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 8:00-1:00 3 Lap Lanes 3 Open Lanes				
8:00 AM		Water Fitness	Water Fitness 7:30 - 10:00 3 Lap Lanes	Water Fitness 8:15 - 9:00 3 Lap Lanes	Water Fitness 8:15 - 10:00 3 Lap Lanes	Water Fitness 8:15 - 9:00 3 Lap Lanes					
9:00 AM		8:15 - 10:00 3 Lap Lanes		Y Wet n Sweat 9:00-10:00 (2 lap lanes)	Y Wet n Sweat 9:00-10:00 2 lap lanes	Y Wet n Sweat 9:00-10:00 2 lap lanes					
10:00 AM		Aqua Arthritis 10:00 - 10:45 (3 lap lanes)		Lap Swim 10:00-1:00 3 Lap Lanes				Aqua Arthritis 10:00 - 10:45 (3 lap lanes)	Lap Swim 10:00-1:00 3 Lap Lanes		
11:00 AM		Lap Swim 10:45-1:00 3 Lap Lanes 3 open Lanes	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes					
12:00 PM		Swim Lessons 12:00 - 1:45 1 Lane Lessons						Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 5:00-6:00 3 Lap/3 Open	
1:00 PM	1Lap Lane 2 Open Lanes 2 Rental Lanes	Community Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes					Open Swim 3:30-6:00 2 Rental Lanes 2 Lap Lanes 2 Open Lanes				
2:00 PM	Open Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes		Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 5:00-6:00 3 Lap/3 Open							
3:00pm	Open Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes				Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 5:00-6:00 3 Lap/3 Open					
4:00 PM	Open Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes	Swim Lessons 4:00-6:00 2 Lap/1 Lesson					Swim Lessons 5:00-6:00 3 Lap/3 Open				
5:00pm	NOTE: A maximum of five (5) swimmers can be in a lap lane at one time.		Water Fitness 5:30- 7:45 2 lap lanes 2 Open Lanes 2 Class Lanes	Water Fitness 5:30- 7:45 2 lap lanes 2 Open Lanes 2 Class Lanes				Water Fitness 5:30- 7:45 2 lap lanes 2 Open Lanes 2 Class Lanes	Water Fitness 5:30- 7:45 2 lap lanes 2 Open Lanes 2 Class Lanes	Open Swim 4:30 - 8:45 3 Lap lanes 3 Open lanes	
6:00 PM					Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes					Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes
7:00 PM		Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes					Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes				
8:00 PM			Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes				Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes		
SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE					SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE						