

# Camp FAQs

## **Miscellaneous**

### **1. Do I need to pack a lunch each day? / Will lunches be refrigerated? / Can my child microwave their lunch?**

Yes, please send your child to camp each day with a lunch and reusable water bottle. Camp may provide options to purchase lunch on special occasions only. Camp does not provide areas to refrigerate or microwave meals. Please consider this when packing your child's lunch.

From "Lunch Tips" on page 15 of the Parent Manual:

Many parents ask us for ideas for ideas on fun nutritious alternatives to sandwiches, hot lunches, and milk for camp lunches. Sometimes these choices are not as enjoyable in the heat of the summer and they are easily spoiled in lunch boxes. New this summer we will offer several ideas in each weeks newsletter and great tips on Facebook for ways to keep kids eating healthy while keeping cool. We highly recommend an insulated soft sided cooler or hard plastic cooler. Paper or plastic bags will not keep food (even food that doesn't spoil easily) cool. Pack lunches the night before and chill all items. Freezer packs help keep all items previously chilled cool. Frozen juice bags pull double duty as freezer packs and cool slushy drinks. Fruit and Veggies provide great nutrition and cool hydrating treats.

### **16. I don't know what is going on at camp. Where do I get information?**

There are several places to get information about camp:

- Weekly Newsletter, emailed on Wednesdays during camp season
- Parent Board, found near the sign-in/out areas
- Each camp has their own email address and on-site phone to talk with site staff
- Y of Central Maryland Website
- Y of Central Maryland Facebook page

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## **Miscellaneous (cont.)**

### **2. Is my child required to go on the field trip?**

From "Camp Curriculum and Activities" on page 23 of the Parent Manual:

If you prefer that your child not attend field trips, please indicate this on the permission slip. It is the responsibility of the parent/guardian to find alternative arrangements for care if not attending trips.

### **3. I pay a lot of money each week, where is it going?**

Even though the Y of Central Maryland is a non-profit organization, we are not a government-funded organization. The fees charged for camp go directly back into the program and may be used to pay for supplies, staffing costs, rentals, licensing costs, transportation, field trip fees and special guests.

### **4. Can I see / tour the camp grounds before I sign up?**

Camp open houses are scheduled February - May. The schedule is posted on our website at <http://ymaryland.org/camps/registration-and-general-info> under Camp Fairs. For a more in depth look of each camp location, please check out the Camp Profiles online at <http://ymaryland.org/camps/locations>.