## **DRUID HILL FAMILY CENTER Y**

**Open Swim Hours Subject to Change** 

## **SUMMER: 6/23/14 TO 8/17/14**

**SWIM** 

(7 week session with 8<sup>th</sup> week reserved for make-ups, if needed)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Open Swim 9am—12 pm	Open Swim 9-10 am	Open Swim 9am—12 pm	Open Swim 9-10 am	Open Swim 9am—12 pm		
		10-10:45 am Water Fitness		10-10:45 am Water Fitness			
		Day & Evening Reporting		Day & Evening Reporting		Guppy 11:15am-12pm	
	12-12:45 pm Water Fitness	Program 11am-12:30pm	12-12:45 pm Water Fitness	Program 11am-12:30pm	12-12:45 pm Water Fitness	Polliwog 12-12:45 pm	
Muslim Women	Pool Closed 1-4 pm	Pike 12:45-1:15 pm					
1-3 pm  Open Swim 3-4:30 pm	Open Swim 4-6 pm	Open Swim 4-6:15 pm	Open Swim 4-6 pm	Open Swim 4-6:30 pm	Open Swim 4-5 pm Pike	Open Swim 2-4:45 pm	
	6:00-6:45 pm Water Fitness		6:00-6:45 pm Water Fitness		5-5:30 pm Polliwog 5:30-6:15 pm		
	Open Swim 7:00-8 pm	6:30-7:15 pm Water Fitness	Open Swim 7:00-8 pm	6:30-7:15 pm Water Fitness	Teen/Adult 6:30-7:15 pm		
		Open Swim 7:15-8 pm		Open Swim 7:15-8 pm	Open Swim 7:15-8 pm		

Swim Program Fees											
SWIM LESSON RATES	Member Rate	Yth Member Rate	Open Rate	WATER EXERCISE Free to Members	Open Rate AF Mem	ıber					
30 min lessons	\$30	\$50	\$60	Water Fitness (2x/wk)	\$40						
45 min lessons	\$35	\$60	\$70	Water Fitness (3x.wk)	\$50						
Individual lessons (4)	\$50	\$65	\$100								
Each individual lesson is 30 minutes											

## Lap/Family Swim FREE to Members

The Y offers convenient pool times throughout the week for lap swimming and family fun.

Call 410-679-9622 for more information or visit ymaryland.org/swim/open-swim for schedules.

## **Swim Level Evaluation**

If you are not sure what swim level your child is ready for, please call 410-728-1600 for a swim test appointment.