



the

Camp

Y of Central Maryland
It's deeper here.®



PARENT MANUAL

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**Y of Central
Maryland Tax ID
52-059-1699**

Don't forget to
save your
receipts for tax
purposes!



Y Camp Locations & Contact Numbers

Anne Arundel County

410-544-2525

Camp Whippoorwill

520 Lake Shore Drive
Pasadena, MD 21122

Grace Pointe Community

Church 61 Gambrills Road
Severn, MD 21144

Greater Annapolis Family Center Y

1209 Ritchie Hwy
Arnold, MD 21012

Rippling Woods Elementary

530 Nolfield Drive
Glen Burnie, MD 21061

Sandy Point State Park

1100 East College Parkway
Annapolis, MD 21401

Baltimore City

Weinberg Family Center Y

900 E. 33rd Street
Baltimore, MD 21218
410-889-9622

Baltimore County—North

Immanuel Baptist Church

5050 Bucks School House Road
Baltimore, MD 21237
410-529-1999

Parkville Family Center Y

8910 Waltham Woods Road
Parkville, MD 21234
410-663-1300

Perry Hall Presbyterian Church

8848 Belair Road
Perry Hall, MD 21236
410-529-1999

Towson Family Center Y

600 W. Chesapeake Avenue
Towson, MD 21204
410-823-8870

Baltimore County—South

St. John's United Church of Christ

1000 Rolling Road
Catonsville, MD 21228
410-747-9622

Carroll County

410-848-3660

Hill Family Center Y

1719 Sykesville Road
Westminster, MD 21157

Hashawha Center – Overnight Camp

300 John Owings Road
Westminster, MD 21158

Harford County

410-679-9622

Camp Aberdeen

615 Old Robin Hood Road
Aberdeen, MD 21001

Ring Factory

1400 Emmorton Road
Bel Air, MD 21014

Rockfield Manor

501 E. Churchville Road
Bel Air, MD 21014

Ward Family Center Y

101 Walter Ward Boulevard
Abingdon, MD 21009

Howard County

410-465-4334

Camp Ilchester

5042 Ilchester Road
Ellicott City, MD 21043

Dancel Family Center Y

4331 Montgomery Road
Ellicott City, MD 21043

Our Lady of Perpetual Help

4795 Ilchester Road
Ellicott City, MD 21043

St. John's Parish Day School

9130 Frederick Road
Ellicott City, MD 21042

WELCOME!

Dear Parent/Guardian,

We would like to take this opportunity to welcome you and your child to the Y Camp 2014 Summer Season. As the founder organized camping, the Y remains the nation's largest provider of summer programs. This summer is no exception as we launch an exciting array of camp experiences for all ages and areas of interest. There are great new looks to our traditional camps, along with new specialty offerings from our partners in drama, STEM, and science.

Please take a few moments to review this Camp Manual, which outlines our policies and procedures. Many of the commonly asked questions about camp are answered here. This manual and all forms are also available at ymaryland.org. Most other communications will be via email to the address provided at registration, on our website, and Facebook. Don't forget to "Like " the Y of Central Maryland and see regular updates on camp events.

Our exceptional quality, safe, and fun programming is no accident. All of our camps meet Maryland's Department of Health and Mental Hygiene's standards for camps, but additionally most of our camps are accredited through ACA; American Camping Association. This high level of regulation requires us to annually review our policies, procedures, administration and operations in order to effect necessary and continual improvements so that you and your camper have the best experience possible.

The Y is also committed to each child's personal growth in spirit, mind and body. One way in which we achieve this goal is through our character development program. The character values of caring, honesty, respect and responsibility are woven into our daily camp activities.

Additionally, the purpose of Y Camp is to help participants to grow socially, emotionally, mentally and physically. We offer an exciting curriculum that encourages fun and learning, keeping campers engaged enough to ward off academic loss during the summer months.

Y Camp can give your children an experience that can last a lifetime. Their experience is based on seven objectives that characterize all Y programs:

- ✓ **To grow personally**
- ✓ **To learn 4 core values: Caring, Respect, Honesty, and Responsibility**
- ✓ **To improve personal and family relationships**
- ✓ **To appreciate diversity**
- ✓ **To become better leaders and supporters**
- ✓ **To develop specific skills and encourage learning**
- ✓ **AND to have LOTS of FUN!**

As your partner in developing youth, please share with us any information that will help make your experience the best possible.

Let's have a great summer!

Important Numbers

Billing Office

Customer Billing Office
303 West Chesapeake Avenue
Towson, MD 21204
(443) 322-8000
Fax 410-779-9426
billing@ymaryland.org

Maryland Tax ID
52-059-1699

Camp Leadership

Anne Arundel, Southern Baltimore and Howard Counties
Kristen Miller
410-747-9622
kristenmiller@ymaryland.org

Baltimore City, Northern Baltimore, Carroll and Harford Counties
Trish Harper
410-848-3660
trishharper@ymaryland.org

Camp Specialties and Teen Programs
Tara Sullivan
443-826-9622
tarasullivan@ymaryland.org

Lana Smith
Executive Director Camping
410-760-4363
lanasmith@ymaryland.org

Michelle Becote-Jackson
Senior Vice President for Children and Youth
410-837-9622
michellebecotejackson@ymaryland.org

Qualified Y Staff

To the Y of Central Maryland, the protection and safety of children is our first concern. We have a multi-layered approach to reviewing, interviewing, and screening all candidates for camp positions.

Prior to an offer, all candidates undergo a background check through an independent search company, a review on the National Sex Offender's registry, and reference checks, and health examinations.

All Y Camp Staff meet the specified requirements by the Maryland Department of Health and Mental Hygiene (DHMH) and/or the American Camping Association (ACA) accreditation requirements for summer camp.

We are strongly committed to providing quality camp programs. The Y offers camp staff the opportunity to grow both personally and professionally through ongoing development and training. All staff participate in a minimum of 40 hours of training prior to working at Y Camp. Trainings include the prevention and identification of child abuse, First Aid, CPR, and Y Character Development. Staff members attend classes at our Camp Academy, onsite at camp locations, and online.

Go Green!

Y Camp is always looking for new ways to be environmentally friendly. Join us!

- **Carpool** - We don't all have to drive! Fewer cars on the road leads to fewer emissions. Find a carpool or create a "pool pass" at carpool2camp.org.
- **Skip the bottled water** - Yes, bottled water is refreshing, but that plastic bottle is not! Reusable water bottles are the way to go!
- **Saving trees** - We're reducing the amount of camp flyers and printed materials we give out and are posting more information online, on camp parent boards, and sending out emails. Like the Y of Central Maryland on Facebook.
- **Clean Green** - We are sending some lunch items home for disposal.
- **Plant More** - Trees, shrubs and gardens better our environment by improving air quality, keeping it cool in the summer and creating a home for animals.
- **Idle-Free Camp Zone** - Parents, don't leave your car running/idling when you drop-off or pick-up your child from camp.
- **Reduce, Reuse and Recycle, Recycle, Recycle!!!** Many Y centers have Goodwill donation boxes and recycling bins to reduce waste. Instead of using sandwich bags or paper napkins, use reusable containers and cloth napkins.

Billing and Payments

Y of Central Maryland Membership

You will notice the benefits of a Y of Central Maryland membership reflected in our camp fees. Family and Youth members receive savings on all Y programs, including summer camp. Contact your local Y Center or Office (see page 2) for more information or visit the Y online at www.ymaryland.org.

Customer Billing Office

If you have specific financial questions about your camp account, please contact the Customer Billing office at 443-322-8000. The Customer Billing Office can assist you with camp questions, enrolling in camp online, camp cancellation policy, and special payment arrangements; DSS voucher payments, financial assistance, and 3rd party billing. Payment information, tax receipts, and balances due can be accessed online.

Registration Fee

Unless a child is registered during a promotional period, there is a \$35.00 registration fee for day camp and a \$35.00 registration fee for Camp Hashawha (overnight camp). Registration fees are NON-REFUNDABLE and NON-TRANSFERABLE.

Deposit

A \$25 per week/per camper deposit is required for all camps. An additional \$25 deposit per week per child is also due for any camp add-ons such as specialty programs. Even if a session is paid in full, a \$25 deposit per week (per camper) is included to hold the camper's spot. All camp deposits are NON-REFUNDABLE and not eligible for sibling discount. If cancelling, the \$25 deposits will be left on your Y account (minus process fee), unless they cancel after cancel date.

Balance Due

Camp accounts will be charged automatically on the due date with the payment information that was used at the time of registration. You may pay on your account online anytime prior to the due date. The balance of the camp fee (minus the pre-paid deposit) is due in advance on Monday, two weeks prior to the start of each session. Camper(s) will be cancelled if the camp fee is not received by due date and any fees previously paid for that session will be forfeited. Re-enrollment is on a first come-first served basis depending on availability.



Billing and Payments continued

Payments

All payments will run automatically by the method of payment you used at the time of registration. Methods of payment can be changed online as needed. The Y will gladly accept your personal checks online; however, there will be a \$25 charge for any check returned to us unpaid by your bank. **Camp staff are not able to collect payments.**

Credits & Refunds

Credits & Refunds will be issued for situations where the Y cancels a camp session. Credits & Refunds will NOT be issued for weather related issues, sick campers, damaged property and/or a camper's/parent's behavior. Camp fees will not be pro-rated for absenteeism.

Any concerns with camp operations, activities or events should be brought to the attention of the Camp Director/Camp Coordinator in an attempt to correct the situation.

For credits or refunds related to non-payment, cancellations, and transfer/change of camp week, please read through each of the following specific situation.

Process Charge

A \$5.00 process fee weekly change/cancellation **per camper** will be automatically applied to any credits, refunds, transfers and cancellations.

Non-Payment

See also Balance Due section on page 7. **If full payment is not received by the Balance Due date, your space will be forfeited.** Balance Due dates are listed on page 9. Any fees previously paid, such as the deposit or partial balance due for the week, are also forfeited.

Transfer/Change of Camp Week

Transfer of camp weeks is considered a cancellation of a week (see policy next page). Any applicable credits or refunds may be used to register for the new week, less process charge. Please speak with the billing office about transfer of weeks registered during promotion periods.

Billing and Payments continued

Cancellations

Last day to make changes/cancellations is the Friday before the payment is due. A \$5.00 process fee is for each weekly change/cancellation per camper. All changes and cancellations must be emailed directly to billing@ymaryland.org. No changes or cancellations will be accepted at our Y Family Centers.

All changes and cancellations must be submitted to the Customer Billing Office and include the child's name, camp location, and the week(s) you are changing or cancelling. **Transfer of camp week(s) is considered a cancellation of a week.** Changes in camp weeks after promotion periods are subject to full price. No credit or refund will be issued if care is not cancelled in writing. Cancellations made after the cancellation deadline will not be accepted; all fees are then NON-REFUNDABLE. Cancellation deadline is the Friday before the payment is due.

If a week of camp is cancelled the Friday before the camp payment is due:

Deposit: Will be left as a credit on your Y account for one year (minus the process fee)

Balance: if applicable, may be refunded

If a week of camp is cancelled less than the Friday before the camp payment is due:

Deposit: Non-refundable and non-transferable

Balance: Non-refundable and non-transferable

Payment and Change in Camp Schedule

Session	Balance Due Date
	Payment is due for Camp session fees
Session 1: June 16-20	June 2nd
Session 2: June 23-27	June 9th
Session 3: June 30-03	June 16th
Session 4: July 07-11	June 23rd
Session 5: July 14-18	June 30th
Session 6: July 21-25	July 7th
Session 7: July 28-01	July 14th
Session 8: Aug 04-08	July 21st
Session 9: Aug 11-15	July 28th
Session 10: Aug 18-22	Aug 4th

*Friday July 4th-Customer Billing will be closed

Required Forms

Any additional forms are due on your camper's first day. Any forms not received is considered incomplete and the space could be forfeited. Examples of required forms would be medication, Allergy, and immunization record. These will need to be reviewed and verified on your camper's first day of camp before they can be signed in. Look for special paperwork collection days to be announced prior to camp or scan to ycamp@ymaryland.org.

If your camper is also attending **Overnight Camp at Hashawha**, please be sure to also complete the additional required forms included in the **Overnight Camp at Hashawha Appendix** and return on your camper's first day or scan to overnightcamp@ymaryland.org.

***NEW* Camper Information —this information is now completed online as part of the registration process. All areas must be complete.**

Since a significant amount of time from registration to camp attendance occurs, important information can change. It is a parent's responsibility to maintain their online profile account.

- **Camper Information and Health Inventory** - This section contains health information to help communicate the physical needs of your camper. It may also be used should an emergency arise while your child is at camp and we need to contact you.
- **Emergency Contacts and Authorized Pick-Up** - This section lists the adults authorized to pick up your child. Your child may be released at any time to an adult listed on this form. You **MUST** list a minimum of 2 separate emergency contacts with daytime numbers. **Make sure you as the parent/guardian are listed first.** We have very strict pick-up rules at the Y of Central Maryland.
- **Standard Waivers** - This section gives your camper permission to participate in all camp activities including swimming, canoeing, an archery. This form also includes Y of Central Maryland photo-release information and sunscreen waiver. Please read all sections before signing.

Immunization Record

Campers enrolled at overnight camp or a camper that does not attend a Maryland school must submit an immunization record. Campers attending a day camp program and enrolled in a Maryland school do not need to submit immunization records.

If your camper needs to submit an immunization record, your camper will not be permitted to attend camp until it is complete. We will accept a copy of the forms on file at your child's school or doctor's office. Or you may complete the form found online at ymaryland.org.

Required Forms continued

Medication Order Form

This form gives the Y of Central Maryland permission to supervise self-administration of the specified medication, and by law medication is not permitted to be administered without it. Campers are not allowed to keep their own medications. A **separate form** is required for each medication. A doctor's signature is only required on non-prescription or over-the-counter medications that are taken on a regular basis.

- **All** medication (this includes epi-pens and inhalers) must be in its original container with clear dosage directions. Sometimes the outer box is what has the best information.
- Blister packs of medication are not acceptable without the box.
- **All** medication must be current, verify expiration dates on form.
- One dose of any medication should have been given at some time at home to ensure the child is not allergic.
- Prescription medication should have a clearly legible pharmacy label.
- Except for acetaminophen, only one dose of a non-prescription medication can be given per illness.
- Non-prescription medication requiring multiple doses or dosage other than that stated on the label requires a doctor's signature.

Allergy Emergency Care Plan Form

If your camper has an allergy that may require immediate or emergency attention should your camp come into contact with said allergen, please complete an allergy alert form, found at ymaryland.org. Be sure to provide any medications necessary to combat the effects of the allergic reaction such inhalers or epi-pens.

Overnight Camp at Hashawha Forms

Additional forms are needed if attending overnight camp, please complete and return the following forms found in the overnight camp manual:

- **Camper Health Form**—requires a doctor's signature
- **Immunization Record**—all campers regardless of school attending
- **Camper All About Me**—completed by camper
- **All About My Camper**—completed by parent
- **Camper Packing List**—suggested and required items for a safe and comfortable stay
- **Overnight Camp At Hashawha Manual**—please read for additional information and suggestions.



Group Assignments

Want to know which group you'll be in?

Each Monday morning we will let you know to which group your camper will be assigned. Camp groups change from week to week because campers are grouped by our computer according to age and ratio.

Switching camp groups is discouraged for safety reasons, but specific written requests can be considered. Provide a specific request to the camp director.

ACA Camps—Camper to Counselor Ratios:

Buccaneers	Entering Kindergarten	(6:1)
Pioneers	Entering Grades 1-2	(8:1)
Voyagers	Entering Grades 3-4	(8:1)
Rangers	Entering Grades 5-6	(10:1)
Adventurers	Entering Grades 7-8	(10:1)
Grand Adventurers	Entering Grades 9-11	(12:1)
Mission Adventurers	Entering Grades 9-12	(12:1)

Non ACA Camps maintain a 1:10 camper ratio for all ages

Contacting Camp

Please use the Center Y phone numbers found on page 3 and page 5 of this handbook for general camp inquiries, registration, and billing information. These are also the main numbers for camps **prior** to the camp season.

During the camp season, there is a camp phone available at each location for emergency purposes. These numbers will be available on the newsletter and supplemental materials available at the start of camp. Camps also have email accounts posted on the newsletter.

American Camping Association/ACA

The American Camp Association is a community of camp professionals who have joined together to share knowledge and experience and to ensure the quality of camp programs. To choose to become an ACA Accredited camp is a voluntary decision that shows a camp's commitment to health, safety, and program quality as a camp must meet up to 300 standards in these areas. In most cases the standards a camp must meet are above and beyond state licensing requirements.



Y Family Centers at:

- Hill (Carroll)
- Catonsville
- Dancel
- Harry & Jeanette Weinberg at Stadium Place
- Towson

• Walter & Betty Ward

Y Camps at

- Sandy Point State Park
- Camp Whippoorwill
- Camp Ilchester
- Camp Hashawha

While other locations follow the regulations, they are not able to become accredited because their location is subject to change from year to year (school locations for example).

Sign In and Out Procedures

The location of sign in and out varies by camp. You will begin receiving newsletters prior to camp. They will contain specific procedures and maps (as necessary) to help guide you on your first day.

Sign-in Procedure

Children can be dropped off as early as 7:00 am at camp (8:00 a.m. Sandy Point State Park) for full day camp programs. **The Camp day begins at 9:00 a.m., we encourage you to have your child signed in and with their group before this time.** An adult must sign each child in on the attendance sheet upon arrival.

Sign-out Procedure

The traditional camp day ends at 4:00pm. Children should be picked up no later than 6:00 p.m. An adult over the age of 18 **MUST** present photo id, at the parent table, and sign their camper (s) out. **No camper, regardless of circumstances, will be allowed to leave camp with an unauthorized adult.**

Authorized Pick-up Person

The safety of your child has always been the most important thing to us here at the Y of Central Maryland. You included names of adults who are allowed to pick up your campers on the Camper Information and Health form. The list will be used to identify the adults allowed to pick up your child from camp. Your child will not be released to anyone without proper photo identification. A Y of Central Maryland membership card will NOT be considered an acceptable form of I.D.

THERE ARE NO EXCEPTIONS!!

The safety of your child is considered more important than any inconvenience that may occur from showing identification on a daily basis. *A PHOTO ID IS STILL REQUIRED EACH DAY* even if your name is on the pick-up form. Please read the pick-up form carefully before signing. **Please alert the camp staff of any changes in writing.** If family circumstances are such that there are individuals not permitted to ever pick up your camper, please provide a list of names and court documentation.

Late Policy

Y After Care ends promptly at 6:00 p.m. Any parent arriving after 6:00 will receive a late slip and will be required to pay a late fee of \$5 per child for every 5 minutes or part of 5 minutes, starting at 6:05. This fee may be paid at the time of pick-up or at the latest, the next morning during sign-in. If payment is not received by sign-in the next morning, your child will not be permitted to attend camp until the fee is paid. There is no cut off time for this fee and the authorities will be notified for any children left at camp past 7:00 p.m. Habitual lateness is cause for termination from camp.

Schedule:

6:05	\$5/child	6:16 - 6:20	\$20/child
6:06 - 6:10	\$10/child	6:11 - 6:15\$15/child

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Schedule:

6:05	\$5/child	6:16 - 6:20	\$20/child
6:06 - 6:10	\$10/child	6:11 - 6:15\$15/child

Lunch Tips

Many parents ask us for ideas on fun nutritious alternatives to sandwiches, hot lunches, and milk for camp lunches. Sometimes these choices are not as enjoyable in the heat of the summer and they are easily spoiled in lunch boxes.

Lunch and snack ideas are offered in newsletters and great tips on Facebook for ways to keep kids eating healthy while keeping cool.

We highly recommend an insulated soft sided cooler or hard plastic cooler. Paper or plastic bags will not keep food (even food that doesn't spoil easily) cool. Pack lunches the night before and chill all items. Freezer packs help keep all items previously chilled cool. Frozen juice bags pull double duty as freezer packs and cool slushy drinks.

Fruit and Veggies provide great nutrition and cool hydrating treats.

Campers with Disabilities

The Y of Central Maryland is excited to have your child at Summer Day Camp. For us to better serve your camper with any special emotional, physical, psychological or behavioral needs, including need for a lower staff to camper ratio, please indicate on the Camper Information and Health form and fully describe any unique requirements of your camper. Please contact the Camp Coordinator prior to attending camp to discuss accommodations or medications necessary for your camper to thrive at Y Camp.

Child Abuse Prevention

All Y Child Care Staff receive training on the Prevention and Identification of Child Abuse.

As stated in the Maryland State Board of Education Child and Family Daycare Center Licensing Regulations, child care providers are required to report any suspected cases of child abuse and/or neglect to Protective Services.



Discipline Policy

For many people, discipline has only negative connotations. Some may regard it as punishment. If we look at the source of the word “discipline,” however, we find it has a very positive meaning. To discipline means “to teach.” It is a learning experience – something we do with children, not to children.

Children have to learn how to take care of themselves and live in a world with other people. Through discipline, we teach self-control and responsibility. Teaching discipline is one of our most important jobs. Qualified, trained staff are provided who are knowledgeable about the traits and needs of school age children, and who are effective in diminishing disruptive behaviors by:

- Using preventative management techniques and encouraging self discipline.
- Stressing positive behaviors.
- Providing an enriching environment to diminish disruptive behavior.
- Offering a selection of interesting activities and giving choices.
- Changing environments.
- Facilitating the settlement of disputes versus intervening.
- Letting children experience the consequences of their actions when appropriate.
- Using “time outs” (if necessary) – the child is encouraged to take time away from a group activity for a short time period to regain self-control.
- Developing “house rules” with the children.
- Establishing mutual respect.

Behavior Plan

The purpose of this plan is to enable a child having behavioral difficulties to continue in a Y program. This plan also sets acceptable limitations on the amount of disruption that will be allowed to precede a discontinuation of care.

Disruptive Behavior includes but is not limited to:

- Refusing to participate in programs/activities
- Bullying and/or harassment of others
- Any type of physical harm to another
- Destroying Y or camp property, or that of the property owners
- Lying and/or stealing

Procedures for Behavior Management Plan

The timeline for these procedures is unspecified and will vary by the level and urgency of the behavior.

The Director will:

- Alert parents to the problem behavior.
- Document behavior.
- Consult with supervisor to develop a plan of action for behavior management.
- Review the plan with the child’s parent and ask for suggestions and help with implementation.

Discipline Policy continued

- Seek the counsel of an outside specialist.

If the Problem Persists, the Director will:

- Require that the child be picked up immediately.
- Suspend the child for a one to three day period.

An immediate suspension from camp will result if a child:

- Endangers or physically threatens the camp, staff, and/or campers.
- Endangers or threatens himself/herself.
- Destroys property intentionally or as a result of other purposeful acts.

Immediate suspension will result from behaviors that threaten the safety and well-being of oneself, another child, or staff member, (physical abuse, threats) as well as behaviors that place the camp program and the Y at risk (running away, threats to camp, other endangerment).

The incident will be reviewed and evaluated for possible termination.

Credits and/or Refunds are not issued for days of camp missed due to suspension or termination, behavioral issues, and/or adjustment issues.



Health and Wellness

Medication Check-in and Check-out

Children are not allowed to keep their own medications, including non-prescription medicines such as Tylenol. Medication can only be accepted by approved camp staff, please allow adequate time on your camper's first day for this check in process.

- All medications should be in an original labeled container. Some require the packaging box to show proper dosage, expiration, and pharmaceutical label.
- Blister packs of medication cannot be accepted without the box and pertinent information
- Medications must be accompanied by a completed Medication Authorization Form, one medication per form.

At the end of camp all medication must be signed out by a parent/guardian. All medications not signed out will be disposed of promptly.

See Medication Authorization Form in the Required Forms section for additional details.

Administering Medication

The Y supervises self-administration of camper medications. Please be sure your camper understands the process of taking his/her medication prior to attending camp. Staff is trained to administer emergency medications such as Epi-pens and Inhalers if needed. If camper's medication requires special dispensation, please contact the Camp Director. ***No medication will be administered without a completed Medication Authorization Form.***

Allergies

It is the parent's responsibility to inform the Y of Central Maryland camp staff of any allergies your child might have. Please provide this in writing on the camper health form. When necessary provide additional information on signs, symptoms, and treatment of allergies using the Allergy Emergency Care Plan Form.

Health and Wellness continued

Sunscreen

The Y of Central Maryland does not provide sunscreen. Parents should apply sunscreen on the child before sending the child in the morning. Sunscreen breaks will be taken periodically. Children should be able to apply sunscreen to themselves using their own sunscreen. Under staff supervision when necessary, another child may assist in this application to areas the child cannot reach on their own (i.e. back and shoulders). As a last resort, staff may apply sunscreen. In each case, child or staff assisting in application, the "bathing suit rule" applies. This rule means that they will apply only to areas that would not be covered by a one-piece swim suit.

Sick Camper Policy

Should your camper become ill while at camp, camp staff will contact you for pick up as soon as possible. The Y is able to make your camper comfortable but not equipped to care for ongoing illness. Please do not send your child to camp if he/she is ill! The state health department requires that a sick child be separated from the other children and picked up within two hours. Parents must create an emergency plan to pick up the child in the event of illness or care for your child once they are home recuperating. Emergency contacts should be readily available, in the area of the camp, and phone numbers kept up to date. Campers displaying symptoms of communicable disease such as vomiting, diarrhea, or fever must be clear of such symptoms for 24 hours to be re-admitted to camp. Depending on the nature of the illness, a doctor's note may be required before the camper may be re-admitted to camp.

Camp Curriculum and Activities

Traditional Day Camp

Send your child to have some classic summer fun at our traditional summer Y day camps. The Y provides a full day of camping activities from swimming and songs, to games and to arts & crafts to outdoor fun. Everyday is guaranteed to be a fresh and an innovative experience for your camper!

Since the majority our camps are spent primarily outdoors, campers should dress to get messy and have fun! The following is designed to give you an idea of how your child may spend their day with us and is subject to change depending on your specific camp location.

Arrival & Departure Times – A selection of primarily low-key activities are provided during the before and after care hours. Children can engage in quiet time, free play and reading; either in small groups or individually.

A.M. & P.M. Rallies – The entire camp assembles for short camp song/cheer, a brief talk about the day, the character value for the day, reminders of a few rules and regulations, and any special announcements.

Stretching and Fitness Warm-ups – Each camp group will experience sports & games to get ready for the day. Activities may include cooperative games, dance, and sports designed to promote healthy lifestyles.

Daily Activity Rotations – Campers will participate in at least four fun-filled different activities centered around Y Camp curriculum geared to developing the full body, mind and spirit of each camper:

- **Creation Station** offers arts activities, experiences with a variety of art mediums, drama, scrap-booking, and more.
- **Chatter that Matters** teach, celebrate, model, reinforce, and practice character development values on a daily basis. Throughout the camp week, campers will earn Character Beads. When campers demonstrate good character, they may be recognized by their peers and counselors.
- **Body Central** offers physical activity such as swimming, cooperative games, dance, or sports designed to promote a healthy lifestyle.
- **Minds at Work** offers daily puzzles or intellectual challenges.
- **Literacy Junction** offers activities based on the reading of a selected book or author. Activities including journaling, poetry, and story creation.
- **Earth Keepers** provides science and environmental education activities.
- **Service Learning** offers weekly projects.
- **Spirit Zone** integrating social skills and social competence activities into the daily curriculum.

Camp Curriculum and Activities continued

Teen Adventurers

Adventurers and Grand Adventurers will travel off-site three times a week to destinations like water parks, museum tours, miniature golf, tubing, hiking trails, and movies. When staying at camp, campers will experience the joys of traditional camp activities including swimming, sports and games. Campers will also complete a service learning project and participate in team building activities. Please check the newsletter for the weekly schedule of activities and trip information such as items to bring and departure times.

Mission Adventurers

Ready to be a Y Journeys camp leader, learn new skills, explore possible career choices and earn service learning hours too? Teens will have the opportunity to receive training and hands-on experience working alongside a Y camp counselor in one or more camp roles. Some choices include Administration Assistant, Customer Service Rep, and Health & Safety Assistant. Candidates will be required to complete an application and attend an orientation. Up to 25 hours per week may be awarded for service learning credits.

Inclement Weather Activities

Rainy days at camp are no problem here at the Y! When it rains, we still have fun! If it is a light rain, we may keep campers outside continuing with many of our normal activities. As needed, we will keep campers under pavilions or tents. Under no circumstances will any camper be outside during thunder and/or lightening. Rainy day games such as cards, board games, and more will be our alternative to the rain & clouds!

Code Red days are hot, hazy and humid, there is no breeze, tons of sun, and little chance of precipitation. On Code Red days we will minimize the time campers are in direct sunlight, as well as running or doing other strenuous activities outdoors. Shade trees, tents, and pavilions will be used for outdoor activities. Most camps have indoor space where a rotation of activities will occur to offer some relief from the heat. Water is always available and these days are often a great time to incorporate extra water play and games with ice.

Each camp has specific plans for severe storms, tornado watches and warnings, hurricane, and earthquake. Camp locations will be changed and additional signage put out to assist parents. Check your camp newsletter for more information.

Credits or refunds are not issued for days or time missed due to inclement weather issues or other emergency closures. Families must have alternative plans for such unforeseen / unpredictable times.

Camp Curriculum and Activities continued

Aquatic Activities

Each week campers will participate in a variety of water games and activities such as swimming, canoeing, crabbing and fishing. Activities vary by location, please check the camp newsletter for your camp's daily water activity. Please pack a bathing suit and towel for your child everyday as well as shoes which cover the entire foot and may get wet. Campers wishing to bring goggles and personal flotation devices must have them approved by Aquatic Staff prior to use.

Water Games

Time to get water and have some fun! Campers participate in relays or team building activities that involve water such as "leaky pipes" and "sponge relay." Campers may get soaked in a sprinkler too. Campers must wear shoes during these activities.

Canoeing

Campers receive safety instructions from a certified canoe instructor prior to canoeing. Campers must be able to demonstrate an ability to swim and float and are required to wear personal flotation devices. A lifeguard and canoe instructor is always present during canoe time.

Swimming

Swimming is one water activity that your camper may participate in. Campers are required to take a swim test on Monday (or at first swim time of each camp session) to find out which section of the pool or natural body of water they may have access to swim. All children unable to pass the swim test are required to stay in the shallow end. Those unable to pass the test AND stand in the shallow end will wear a Coast Guard approved/Y provided flotation device. All children will be supervised by Y Camp Counselors and certified lifeguards at all times while swimming. Counselors are stationed in the water and on pool deck or beach while the campers are swimming.

- *All campers are required to go to the pool/beach area with their group unless a parent/guardian makes other arrangements with the Camp Director. Campers who do not swim will be required to sit on the pool deck/beach area to assure their safety until their group finishes swimming.*
- *The Health Department requires that bodies of water close during thunder and lightning storms and in the event of bodily fluid contamination. No refunds or credits will be issued due to water closures.*

Aquatic Wildlife Interaction

During water activities, your camper may encounter native wildlife including jellyfish. A large number of jellyfish may force the temporary closing of beaches and suspension of swimming and other water activities. This is for your camper's safety and protection. If this happens, we will try to provide other land based water activities to keep your camper cool in the summer heat.



Camp Curriculum and Activities continued

Your child's journey through Y camp is sure to make lifetime memories! Each week, campers enjoy activities designed around fun themes filled with new discoveries. Weekly field trips and/or special events are included that can take place on or off the camp site.

As details about each week are confirmed, check the website and Facebook for postings. Weeks and activities subject to change, please review your camp's newsletter and postings for the most up-to-date information.

If you prefer that your child not attend field trips, please indicate this on the permission slip. *It is the responsible of the parent/guardian to find alternative arrangements for care if not attending trips.*

Week 1: 6/17 – 6/20

Australia

G'day Mates! We start our journey in the outback for some walkabouts that are sure to leave our campers zonked!

Week 2: 6/23-27

England, Ireland

Steam train through the British Isles... relive tall tales of kings, queens, knights and dragons!

Week 3: 6/30-7/3*

USA

Roadtrip! Travel with us from the Golden Coast to the Eastern Shores as we celebrate our nation's birth!

Week 4: 7/7-7/11

Brazil, Argentina, Peru

Hola! Join us for the world's largest South American carnival as you samba across this vast land learning about this amazing culture!

Week 5: 7/14-7/18

Japan, China

Konnichiwa! Hop into your rickshaw and race over to the Land of the Rising Sun! Ninjas, chopsticks, origami, and more!

Week 6: 7/23-7/27

Antartica, Siberia

Sled through the cold and windy barren lands as we learn the science behind water and ice!

Week 7: 7/30-8/4

Egypt

Walk like an Egyptian as we discover mummies, hieroglyphics, the pyramids and more!

Week 8: 8/4-8/8

Caribbean

This week will be smooth sailing on the crystal blue waters of the Caribbean! No worries, mon!

Week 9: 8/11-8/15

Africa

Hujambo! Trek through the African safari with us and you may spot the king of the jungle!

Week 10: 8/18/8/22

India

Namaste! Explore the world of Bollywood, henna, yoga and more!

Specialty Programming

Camp Add-ons

STEM Robotics

Choose our STEM program as a summer enrichment, add to the aftercare portion of your child's camp day or attend for just the session! An option for all.

Drop off and Pick up for Add-ons

Campers in the full-day camp program will be signed by Add-on staff. Parents should pick-up their camper directly from program area. Please see newsletter for pick-up location.

Campers that are not enrolled in a full-day camp program may be dropped off at program start time and must be picked up at program end time. Late fees will

Full-Day Specialty Programs

Full-day specialty programs are stand-alone camps that focus on specific areas of interest and include a full component of uniquely designed activities. Campers may not participate in other traditional day camp activities such as swimming, special guests, or field trips.

Creative Expression—Full Day Program

Express yourself through different creative mediums of acting, drawing, painting and poetry.

Y Science—Full Day Program

Another great full day camp opportunity offer 3 great science themes. Attend one or all three this summer. Led by Y counselors. Campers will experience the ultimate in edutainment!

Y Sports Camps—Full Day Program

Focusing on skill development, demonstration, practice, and fun! Participate in sports-themed traditional camp activities like crafts and science.

