



# Harry & Jeanette Weinberg Family Center Y

## Gym Schedule: 6/23/14 - 8/17/2014

- During inclement weather outside programs may be moved into the gym these programs take precedence over open gym.
- Children 10 and under are not permitted in the gym area without parental supervision .
- Please follow posted rules.

| TIME                                      | SUNDAY                 | MONDAY                  | TUESDAY   | WEDNESDAY               | THURSDAY                 | FRIDAY                                    | SATURDAY                 |                               |  |                            |
|---|------------------------|-------------------------|---|-------------------------|--------------------------|---|--------------------------|-------------------------------|--|----------------------------|
| 5:30 AM                                   |                        | Open Gym<br>5:30 - 9:45 | Boot Camp<br>5:45 - 6:45                            | Open Gym<br>5:30 - 9:45 | Boot Camp<br>5:45 - 6:45 | Open Gym<br>5:30 - 10:30                  |                          |                               |  |                            |
| 7:00 AM                                   |                        |                         | Open Gym<br>7:00-10:45                              |                         | Open Gym<br>7:00-5:45    |   | Open Gym<br>7:00 - 8:45  |                               |  |                            |
| 9:00 AM                                   |                        |                         | Preschool<br>10:00-12:00                            |                         | Boot Camp<br>11:00-12:00 |   | Preschool<br>10:00-12:00 | Waverly<br>11:00-1:00         | School of<br>Original Thought<br>10:30-12:00   | Boot Camp<br>9:00-9:45     |
| 10:00 AM                                  | Open Gym<br>12:00-3:45 | Open Gym<br>12:00-5:45  |   | Open Gym<br>12:00-5:45  |                          | Open Gym<br>12:00-1:30                    |                          |                               |  | Youth Sports<br>10:00-3:00 |
| 11:00 AM                                  |                        |                         |   |                         |                          |   |                          |                               |  |                            |
| 12:00 PM                                  |                        |                         | Open Gym<br>6:00-9:45                               |                         | Volleyball<br>6:00-9:45  |   | Open Gym<br>6:00-6:45    |                               |  |                            |
| 1:00 PM                                   | Bootcamp<br>7:00-8:00  | Open Gym<br>8:00-9:45   |   | Open Gym<br>8:00-9:45   |                          |   |                          |                               |  |                            |
| 2:00 PM                                   |                        |                         |   |                         |                          | Waverly<br>1:30-3:30                      |                          | Open Gym<br>3:30-9:45         | NOTE: The<br>gym area<br>always closes<br>15 minutes<br>prior to<br>center<br>closing. |                            |
| 3:00 PM                                   |                        |                         | NOTE: Open gym<br>maybe<br>canceled at<br>any time. |                         | Open Gym<br>6:00-9:45    |   | Volleyball<br>6:00-9:45  |                               |  | Open Gym<br>6:00-6:45      |
| 4:00 PM                                   | Bootcamp<br>7:00-8:00  | Open Gym<br>8:00-9:45   |   | Open Gym<br>8:00-9:45   |                          |   |                          |                               |  |                            |
| 5:00 PM                                   |                        |                         |   |                         |                          | Waverly AST<br>1/2- 5:00-6:00             |                          | Waverly AST<br>1/2- 5:00-6:00 | Open Gym<br>3:30-9:45  |                            |
| 6:00 PM                                   |                        |                         | Open Gym<br>6:00-9:45                               |                         | Volleyball<br>6:00-9:45  |   | Open Gym<br>6:00-6:45    |                               |  |                            |
| 7:00 PM                                   | Bootcamp<br>7:00-8:00  | Open Gym<br>8:00-9:45   |   | Open Gym<br>8:00-9:45   |                          |   |                          |                               |  |                            |
| 8:00 PM                                   |                        |                         |   |                         |                          | Waverly<br>1:30-3:30                      |                          | Open Gym<br>3:30-9:45         | NOTE: The<br>gym area<br>always closes<br>15 minutes<br>prior to<br>center<br>closing. |                            |
| 9:00 PM                                   |                        |                         | Open Gym<br>6:00-9:45                               |                         | Volleyball<br>6:00-9:45  |   | Open Gym<br>6:00-6:45    |                               |  |                            |
| 9:45 PM                                   | Bootcamp<br>7:00-8:00  | Open Gym<br>8:00-9:45   |   | Open Gym<br>8:00-9:45   |                          |   |                          |                               |  |                            |
| SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE |                        |                         |   |                         |                          | SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE |                          |                               |  |                            |