



Dancel Family Center Y Upper Gymnasium Schedule June 23rd- August 18th

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30am							
6:00am		Open/Family	Open/Family	Open/Family	Open/Family	Open/Family	
6:30am		Gym	Gym	Gym	Gym	Gym	
7:00am		5:30-8:45 am	5:30-8:45 am	5:30-8:45 am	5:30-8:45 am	5:30-8:45 am	
7:30am							Yoga
8:00am							7:00 - 9:00
8:30am							
9:00am							
9:30am							
10:00am							Youth Sports 8:45-12:00
10:30am							
11:00am	Open Gym						
11:30am	9:00-6:45	SPORTS	SPORTS	SPORTS	SPORTS	SPORTS	
12:00pm		CLINICS	CLINICS	CLINICS	CLINICS	CLINICS	
12:30pm		9:00-4:00	9:00-4:00	9:00-4:00	9:00-4:00	9:00-4:00	
1:00pm							Karate 12:00-2:00
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							Open Gym/ Bday Party
4:00pm							2:00-6:45
4:30pm						Open/Family	
5:00pm						Gym	
5:30pm						4:00-9:45 PM	
6:00pm		Youth Sports 4:45 - 7:00	Open/Family Gym 4:00-9:45	Youth Sports 4:45 - 7:00	Youth Sports 5:45 - 7:00		
6:30pm							
7:00pm							
7:30pm							
8:00pm		Open/Family		Open/Family	Open/Family		
8:30pm		Gym		Gym	Gym		
9:00pm		7:00-9:45 PM		7:00-9:45 PM	7:00-9:45 PM		
9:30pm							

The Y reserves the right to change this schedule at any time for special or emergency events