# **Camp FAQs**

### **Programs and Activities**

#### 1. My child LOVES this activity, when will they do that?

Weekly camp schedules can be found on the parent board located near the sign-in/out areas. Copies are available upon request.

### 2. When will my child swim? Do they need a swim suit every day?

Please see the camp schedule on the parent board to see when your child's group swims. Please send your child with swim gear every day as the group may play water games.

#### 3. What do they do all day long?

From "Daily Activity Rotations" on page 20 of Parent Manual: Campers will participate in at least four fun-filled different activities centered around Y Camp curriculum geared to developing the full body, mind and spirit of each camper:

- Creation Station offers arts activities, experiences with a variety of art mediums, drama, scrap-booking, and more.
- Chatter that Matters teach, celebrate, model, reinforce, and practice character development values on a daily basis. Throughout the camp week, campers will earn Character Beads. When campers demonstrate good character, they may be recognized by their peers and counselors. Each bead represents one of the four Core Values of the Y.
- Body Central offers physical activity such as swimming, cooperative games, dance, or sports designed to promote a healthy lifestyle.
- Minds at Work offers daily puzzles or intellectual challenges.
- Literacy Junction offers activities based on the reading of a selected book or author. Activities including journaling, poetry, and story creation.
- Earth Keepers provides science and environmental education activities.
- Service Learning offers weekly service-learning projects.
- Spirit Zone integrating social skills and social competence activities into the daily curriculum.

# Camp FAQs

#### **Programs and Activities (cont.)**

#### 4. Can campers go inside?

Some camp locations allow for more inside activity time than others. Camp locations are labeled as Great Outdoors Camp (GO), The Lodge Camp (TL), or Activity Central Camp (AC). Please be sure to look for this marking when selecting your camp. All camp locations have inclement weather areas and tents or trees to provide shade.

### 5. It is really hot outside, what are you doing about it?

From "Inclement Weather" on page 21 of Parent Manual:

Code Red days are hot, hazy and humid, there is no breeze, tons of sun, and little chance of precipitation. On Code Red days we will minimize the time campers are in direct sunlight, as well as running or doing other strenuous activities outdoors. Shade trees, tents, and pavilions will be used for outdoor activities. Most camps have indoor space where a rotation of activities will occur to offer some relief from the heat. Water is always available and these days are a great time to incorporate extra water play and games with ice.