



Dancel Family Center Y Upper Gymnasium Schedule April 28th - June 22

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30am							
6:00am							
6:30am							
7:00am							
7:30am							Yoga
8:00am							7:00 - 9:00
8:30am							
9:00am							
9:30am							
10:00am		Open/Family	Open/Family	Open/Family	Open/Family	Open/Family	Youth Sports
10:30am	Open Gym	Gym	Gym	Gym	Gym	Gym	8:45-12:00
11:00am	9:00 - 2:00	5:30-4:45	5:30-4:45	5:30-4:45	5:30-4:45	5:30-6:00	
11:30am							
12:00pm							
12:30pm							
1:00pm							Karate
1:30pm							12:00-2:00
2:00pm							
2:30pm							
3:00pm	Open Gym						
3:30pm	2:00-4:30						Open Gym/ Bday Party
4:00pm							
4:30pm							2:00-6:45
5:00pm			Youth Sports	Youth Sports			
5:30pm	Ravens 4:30- Close	Youth Sports	4:45 - 6:00	4:45 - 6:00			
6:00pm		4:45 - 7:00					
6:30pm							
7:00pm							
7:30pm							
8:00pm		Ravens 7:00- Close	Ravens 6:00 - Close	Ravens 6:00 - Close	Ravens 6:00 - Close	Ravens 6:00 - Close	
8:30pm							
9:00pm							
9:30pm							

The Y reserves the right to change this schedule at any time for special or emergency events