



Y of Central Maryland  
It's deeper here.®

# Dundalk Swim Center

## Spring II: 4/28/2014-6/22/2014

- Children 7 and under must be accompanied by an adult into the water
- Children 10 and under are not permitted in the pool area without parental supervision

- 1 lane will be available for lap swim unless otherwise noted

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00 AM		Lap Swim 7:00-8:15 3 Lap Lanes	Lap Swim 7:00-730	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 8:00-1:00 3 Lap Lanes 3 Open Lanes		
8:00 AM		Water Fitness 8:15 - 10:00 3 Lap Lanes	Water Fitness 7:30 - 10:00 3 Lap Lanes	Water Fitness 8:15 - 9:00 3 Lap Lanes	Water Fitness 8:15 - 10:00 3 Lap Lanes	Water Fitness 8:15 - 9:00 3 Lap Lanes			
9:00 AM		Aqua Arthritis 10:00 - 10:45 (3 lap lanes)		Y Wet n Sweat 9:00-10:00 (2 lap lanes)	Y Wet n Sweat 9:00-10:00 2 lap lanes	Aqua Arthritis 10:00 - 10:45 (3 lap lanes)			
10:00 AM				Lap Swim 10:45-1:00 3 Lap Lanes 3 open Lanes				Lap Swim 10:00-1:00 3 open Lanes	Lap Swim 10:45-1:00 3 Lap Lanes 3 open Lanes
11:00 AM		Swim Lessons 12:00 - 1:45 1 Lane Lessons	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes	Open Swim 1:00-5:00 3 Lap Lanes 3 Open Lanes		Swim Lessons 12:00 - 3:30 1 Lane Lessons 1 Lap Lane 2 Open Lanes 2 Rental Lanes	
12:00 PM			Open Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Lap Swim 5:00-6:00 3 Lap/3 Open			Open Swim 4:30 - 8:45 3 Lap lanes 3 Open lanes
1:00 PM	Community Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes				Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	
2:00 PM									
3:00pm	NOTE: A maximum of five (5) swimmers can be in a lap lane at one time.	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	NOTE: The pool area always closes 15 minutes prior to center closing.			
4:00 PM		Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes				
5:00pm		Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 5:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Lap Swim 5:00-6:00 3 Lap/3 Open				
6:00 PM							Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Open Lanes 3 Class Lanes
7:00 PM	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 open Lanes					
8:00 PM	SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE				SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE				