

Dundalk Swim Center

Spring I: 6/23/2014-8/17/2014

- Children 7 and under must be accompanied by an adult into the water
- Children 10 and under are not permitted in the pool area without parental supervision

• 1 lane will be available for lap swim unless otherwise noted

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
7:00 AM		Lap Swim 7:00-8:15 3 Lap Lanes	Lap Swim 7:00-730	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 7:00-8:15 (3 Lap Lanes)	Lap Swim 8:00-1:00 3 Lap Lanes 3 Rec Lanes				
8:00 AM		Water Fitness	Water Fitness 7:30 - 10:00 3 Lap Lanes	Water Fitness 8:15 - 9:00 3 Lap Lanes	Water Fitness 8:15 - 10:00 3 Lap Lanes	Water Fitness 8:15 - 9:00 3 Lap Lanes					
9:00 AM		8:15 - 10:00 3 Lap Lanes		Y Wet n Sweat 9:00-10:00 (2 lap lanes)	Y Wet n Sweat 9:00-10:00 2 lap lanes						
10:00 AM		Aqua Arthritis 10:00 - 10:45 (3 lap lanes)		Lap Swim 10:00-1:00 3 Lap Lanes	Aqua Arthritis 10:00 - 10:45 (3 lap lanes)	Lap Swim 10:00-1:00 3 Lap Lanes		Aqua Arthritis 10:00 - 10:45 (3 lap lanes)			
11:00 AM		Lap Swim 10:45-1:00 3 Lap Lanes 3 Rec Lanes	Rec Swim 1:00-5:00 3 Lap Lanes 3 Rec Lanes	Rec Swim 1:00-4:00 2 Lap Lanes 2 Rec Lanes 2 Camp Lanes	Rec Swim 1:00-4:00 2 Lap Lanes 2 Rec Lanes 2 Camp Lanes	Rec Swim 1:00-3:00 2 Lap Lanes 2 Rec Lanes 2 Camp Lanes		Swim Lessons 12:00 - 3:30 1 Lane Lessons 1 Lap Lane 2 Rec Lanes 2 Rental Lanes			
12:00 PM		Swim Lessons 12:00 - 1:45 1 Lane Lessons							Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson
1:00 PM	1Lap Lane 2 Rec Lanes 2 Rental Lanes	Swim Lessons 4:00-6:00 2 Lap/1 Lesson					Swim Lessons 4:00-6:00 2 Lap/1 Lesson		Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Lap Swim 4:00-6:00 3 Lap/3 Rec	
2:00 PM	Rec Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Lap Swim 4:00-6:00 3 Lap/3 Rec	Rec Swim 3:00 - 8:45 3 Lap lanes 3 Open lanes	Rec Swim 3:30-6:00 2 Rental Lanes 2 Lap Lanes 2 Rec Lanes				
3:00pm	Community Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes							Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Lap Swim 4:00-6:00 3 Lap/3 Rec
4:00 PM	Rec Swim 2:00 - 4:45 2 open Lanes 2 Lap Lanes 2 Rental Lanes							Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Lap Swim 4:00-6:00 3 Lap/3 Rec
5:00pm	NOTE: A maximum of five (5) swimmers can be in a lap lane at one time.	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Swim Lessons 4:00-6:00 2 Lap/1 Lesson	Lap Swim 4:00-6:00 3 Lap/3 Rec	Rec Swim 3:00 - 8:45 3 Lap lanes 3 Open lanes	Lap Swim 6:00-6:45 3 Lap, 3 Rec				
6:00 PM		Water Fitness 5:30- 7:45 1 lap lanes 2 Rec Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Rec Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Rec Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Rec Lanes 3 Class Lanes	Water Fitness 5:30- 7:45 1 lap lanes 2 Rec Lanes 3 Class Lanes	NOTE: The pool area always closes 15 minutes prior to center closing.				
7:00 PM		Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes					
8:00 PM		Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes	Lap Swim 7:45-8:45 3 Lap Lanes 3 Rec Lanes					
SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE				SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE							