

Forecasting Characteristic 3D Poses of Human Actions

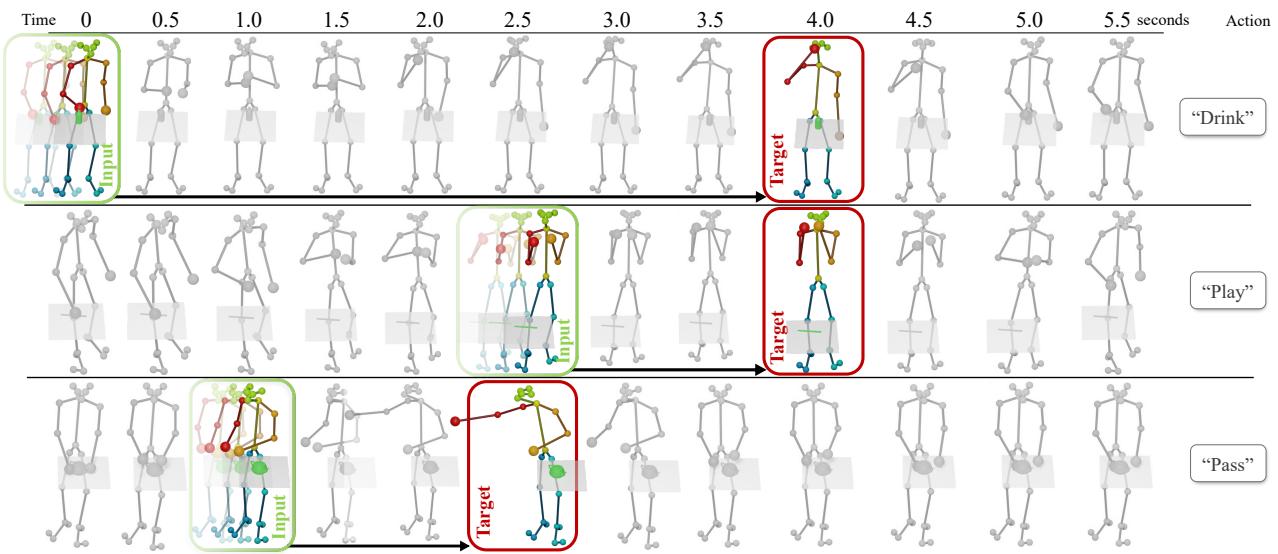
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Figure 1. For a real-world 3d skeleton sequence of a human performing an action, we propose to forecast the semantically meaningful characteristic 3d pose, representing the *action goal* for this sequence. As input, we take a short observation of a sequence of consecutive poses leading up to the target characteristic pose. Thus, we propose to take a *goal-oriented* approach, predicting the key moments characterizing future behavior, instead of predicting continuous motion, which can occur at varying speeds with predictions more easily diverging for longer-term (>1 s) predictions. We develop an attention-driven probabilistic approach to capture the most likely modes of possible future characteristic poses.

Abstract

We propose the task of forecasting characteristic 3d poses: from a short sequence observation of a person, predict a future 3d pose of that person in a likely action-defining, characteristic pose – for instance, from observing a person picking up an apple, predict the pose of the person eating the apple. Prior work on human motion prediction estimates future poses at fixed time intervals. Although easy to define, this frame-by-frame formulation confounds temporal and intentional aspects of human action. Instead, we define a semantically meaningful pose prediction task that decouples the predicted pose from time, taking inspiration from goal-directed behavior. To predict characteristic poses, we propose a probabilistic approach that models the possible multi-modality in the distribution of likely characteristic poses. We then sample future pose hypotheses from the predicted distribution in an autoregressive fashion to model dependencies between joints. To evaluate our

method, we construct a dataset of manually annotated characteristic 3d poses. Our experiments with this dataset suggest that our proposed probabilistic approach outperforms state-of-the-art methods by 26% on average.

1. Introduction

Future human pose forecasting is fundamental towards a comprehensive understanding of human behavior, and consequently towards achieving higher-level perception in machine interactions with humans, such as autonomous robots or vehicles. In fact, prediction is considered to play a foundational part in intelligence [3, 9, 13]. In particular, predicting the 3d pose of a human in the future lays a basis for both structural and semantic understanding of human behavior, and for an agent to take fine-grained anticipatory action towards the forecasted future. For example, a robotic surgical assistant should predict in advance where best to place a tool to assist the surgeon’s next action, what sensor viewpoints

will be best to observe the surgeon’s next manipulation, and how to position itself to be out of the way at critical future moments.

Recently, we have seen notable progress in the task of future 3d human motion prediction – from an initial observation of a person, forecasting the 3d behavior of that person up to ≈ 1 second in the future [10, 17, 21–23]. Various methods have been developed, leveraging RNNs [10, 12, 17, 23], graph convolutional neural networks [20, 22], and attention [21, 28]. However, these approaches all take a temporal approach towards forecasting future 3d human poses, and predict poses at fixed time intervals to imitate the fixed frame rate of camera capture. This makes it difficult to predict longer-term (several seconds) behavior, which requires predicting both the time-based speed of movement as well as the higher-level goal of the future action.

Thus, we propose to decouple the temporal and intentional behavior, and introduce a new task of forecasting *characteristic 3d poses* of a person’s future action: from a short pose sequence observation of a human, the goal is to predict a future pose of the person in a characteristic, action-defining moment. This has many potential applications, including HRI, surveillance, visualization, simulation, and content creation. It could be used to predict the hand-off point when a robot is passing an object to a person; to detect and display future poses worthy of alerts in a safety monitoring system; to coordinate grasps when assisting a person lifting a heavy object; to assist tracking through occlusions; or to predict future keyframes, as is done in video generation [18, 25].

Fig. 2 visualizes the difference between this new task and the traditional, time-based approach: our task is to predict a next characteristic pose at action-defining moments (blue dots) rather than at fixed time-intervals (red dots). As shown in Fig. 1, the characteristic 3d poses are more semantically meaningful and rarely occur at exactly the same times in the future. We believe that predicting possible future characteristic 3d poses takes an important step towards forecasting

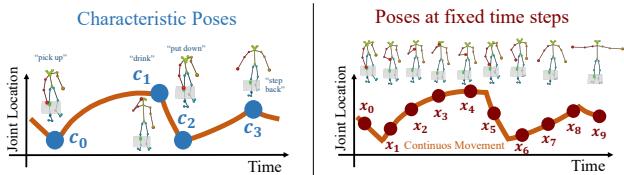


Figure 2. These plots show the salient difference between our new task (left) and the traditional one (right). The orange curve depicts the motion of one joint (e.g., hand position as a person drinks from a glass). It represents a typical piecewise continuous motion, which has discrete action-defining characteristic poses at cusps of the motion curves (e.g., grasping the glass on the table, putting it to ones mouth, etc.) separating smooth trajectories connecting them (e.g., raising or lowering the glass). Our task is to predict future characteristic poses (blue dots on left) rather than in-between poses at regular time intervals (red points on right).

human action, by understanding the objectives underlying a future action or movement separately from the speed at which they occur.

Since future characteristic 3d poses often occur at longer-term intervals (> 1 s) in the future, there may be multiple likely modes of the characteristic poses, and we must capture this multi-modality in our forecasting. Rather than deterministic forecasting, as is an approach in many 3d human pose forecasting approaches [20–22], we develop an attention-driven prediction of probability heatmaps representing the likelihood of each human pose joint in its future location. This enables generation of multiple, diverse hypotheses for the future pose. To generate a coherent pose prediction across all pose joints’ potentially multi-modal futures, we make autoregressive predictions for the end effectors of the actions (e.g., predicting the right hand, then the left hand conditioned on the predicted right hand location) – this enables a tractable modeling of the joint distribution of the human pose joints.

To demonstrate our proposed approach, we introduce a new benchmark on *characteristic 3d pose* prediction. We annotate characteristic keyframes in sequences from the GRAB [27] and Human3.6M [15] datasets. Experiments on this benchmark show that our probabilistic approach outperforms time-based state of the art by 26% on average.

In summary, we present the following contributions:

- We propose the task of forecasting *characteristic 3d poses*: predicting likely next action-defining future moments from a sequence observation of a person, towards goal-oriented understanding of pose forecasting.
- We introduce an attention-driven, probabilistic approach to tackle this problem and model the most likely modes for the next characteristic pose, and show that it outperforms state of the art.
- We autoregressively model the multi-modal distribution of future pose joint locations, casting pose prediction as a product of conditional distributions of end effector locations (e.g., hands), and the rest of the body.
- We introduce a dataset and benchmark on our *characteristic 3d pose* prediction, comprising 1535 annotated characteristic pose frames from the GRAB [27] and Human3.6M [15] datasets.

2. Related Work

Deterministic Human Motion Forecasting. Many works have focused on human motion forecasting, cast as a sequential task to predict a sequence of human poses according to the fixed frame rate capture of a camera. For this sequential task, recurrent neural networks have been widely used for human motion forecasting [1, 7, 10, 11, 17, 23, 31]. Such approaches have achieved impressive success in

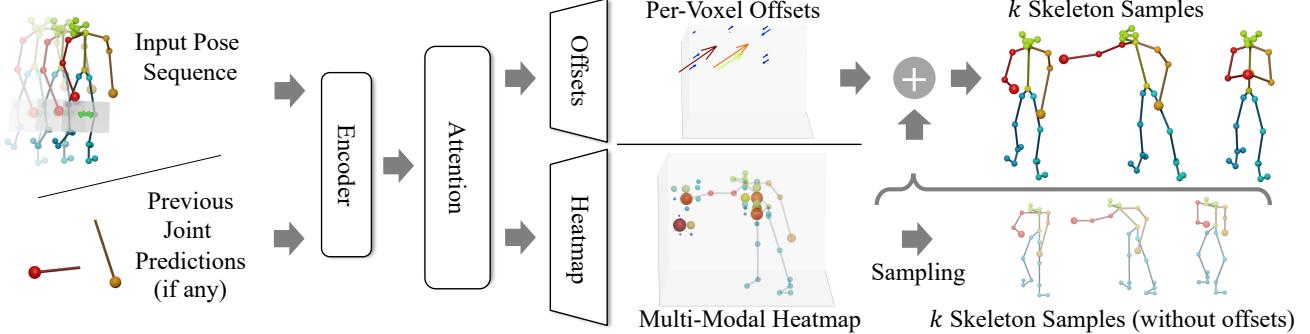


Figure 3. Overview of our approach for characteristic 3d pose prediction. From an input observed pose sequence, as well as any prior joint predictions, we leverage attention to learn inter-joint dependencies, and decode a 3d volumetric heatmap representing the probability distribution for the next joint to be predicted as well as a per-voxel offset field of same size for improved joint placement. This enables autoregressive sampling to obtain final pose hypotheses characterizing likely characteristic 3d poses.

shorter-term prediction (up to ≈ 1 s, occasionally several seconds for longer term predictions), but the RNN summarization of history into a fixed-size representation struggles to maintain the long-term dependencies needed for forecasting further into the future.

To address some of the drawbacks of RNNs, non-recurrent models have also been adopted, encoding temporal history with convolutional or fully connected networks [5, 19, 22], or attention [21, 28]. Li et al. [34] proposed an auto-conditioned approach enabling synthesizing pose sequences up to 300 seconds of periodic-like motions (walking, dancing). However, these works all focus on frame-by-frame synthesis, with benchmark evaluation of up to 1000 milliseconds. Instead of a frame-by-frame synthesis, we propose a goal-directed task to capture perception of longer-term human action, which not only lends itself towards forecasting more semantically meaningful key moments, but enables a more predictable evaluation: as seen in Fig. 1, there can be significant ambiguity in the number of pose frames to predict towards a key or goal pose, making frame-based evaluation difficult in longer-term forecasting.

Multi-Modal Human Motion Forecasting. While 3d human motion forecasting has typically been addressed in a deterministic fashion, several recent works have introduced multi-modal future pose sequence predictions. These approaches leverage well-studied approaches for multi-modal predictions, such as generative adversarial networks [4] and variational autoencoders [2, 32, 33]. For instance, Aliakbarian et al. [2] stochastically combines random noise with previous pose observations, leading to more diverse sequence predictions. Yuan et al. [33] learns a set of mapping functions which are then used for sampling from a trained VAE, leading to increased diversity in the sequence predictions than simple random sampling. In contrast to these time-based approaches, we consider goal-oriented prediction of characteristic poses, and model multi-modality explicitly as predicted heatmaps for body joints in an autoregressive

fashion to capture inter-joint dependencies.

Goal-oriented Forecasting. While a time-based, frame-by-frame prediction is the predominant approach towards future forecasting tasks, several works have proposed to tackle goal-oriented forecasting. Recently, Jayaraman et al. [18] proposed to predict “predictable” future video frames in a time-agnostic fashion, and represent the predictions as subgoals for a robotic tasks. Pertsch et al. [25] predict future keyframes representing a future video sequence of events. Cao et al. [6] plan human trajectories from an image and 2d pose history, first predicting 2d goal locations for a person to walk to in order to synthesize the path. Inspired by such goal-based abstractions, we aim to represent 3d human actions as its key, characteristic poses.

3. Method Overview

Given a sequence of N 3d pose observations $\mathbf{X}_{1:N} = [\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_N]$ of a person, our aim is to estimate a characteristic 3d pose of that person, characterizing the intent of the person’s future action. We take J joint locations (represented as their 3d coordinates) for each pose of the input sequence, i.e. $\mathbf{x}_i \in \mathbb{R}^{J \times 3}$. From this input sequence, we predict a joint distribution of J probability heatmaps \mathbf{H}_j and finally, sample K output pose hypotheses $\mathbf{Y}_{1:K}$, characterized by their J 3d joints: $\mathbf{y}_i \in \mathbb{R}^{J \times 3}$. By representing probability heatmaps for the joint predictions, we can capture multiple different modes in likely characteristic poses, enabling more diverse future pose prediction. We note that we are the first to propose using volumetric heatmaps for future human pose forecasting, to the best of our knowledge, while previous work used them for the more deterministic task of pose estimation from multiple images [16, 29].

From the input sequence, we develop a neural network architecture to predict a probability heatmap over a volumetric 3d grid for each joint, corresponding to likely future positions of that joint. This enables effective modeling of multi-modality, but remains tied to a discrete grid, so we



Figure 4. To model joint dependencies within the human skeleton, we sample joints in an autoregressive manner by first predicting the end-effectors (right and left hand), then the rest of the body; pose refinement then improves skeleton consistency.

also regress a corresponding volume of per-voxel offsets, allowing for precise locations to be sampled. Fig. 3 shows an overview of our learned probabilistic predictions.

We model these predictions conditionally in an autoregressive fashion in order to tractably model the joint distribution over all pose joint locations. This enables a consistent pose prediction over the set of pose joints, as a set of joints may have likely modes that are unlikely to be seen all together (e.g., right hand moving forward while the right elbow moves to the side – both are valid independently but not together). To sequentialize the pose joint prediction autoregressively, we first predict probability heatmaps for the end effectors in our dataset – right hand first, then left hand conditioned on the right hand prediction, followed by the rest of the body joints.

4. Capturing Multi-Modality with Heatmap Predictions

We aim to learn to predict likely future locations for an output pose joint j , characterized by a probability heatmap \mathbf{H}_j over a volumetric grid of possible pose joint locations. From the input sequence of N pose observations of J joints, and conditioned on any already predicted joints, we construct an attention-driven neural network to learn the different dependencies between human skeleton joints to inform the final heatmap prediction.

Attention-Driven Sequence Encoding. We represent the body joints of the input sequence $\mathbf{X}_{1:N} = [\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_N]$ as an $N \times J \times 3$ ($N = 10$ as well as $J = 25$ for the GRAB dataset and $J = 17$ for Human 3.6M, respectively) concatenation of the joint locations over time. Features are first extracted with a single-layer GRU [8]. We then compute an attention map from these features, representing dependencies to the input set of pose joints. This way, the network learns not only how different joints in the skeleton affect each other directly (e.g., kinematic relationships) but also learns to exploit more subtle correlations such as likely positions of one hand with respect to the other. Following the formalism of Scaled Dot-Product Attention [30], popularized in natural language processing, our attention maps are computed from a query \mathbf{Q} and a set of key-value pairs \mathbf{K} and \mathbf{V} . During training, representations for \mathbf{Q} , \mathbf{K} , and \mathbf{V} are learned which are shared between all joints. This allows us to project all joints into the same embedding space where we can then compare the joint of interest (represented

by \mathbf{Q}) with all other joints (\mathbf{K}) to inform which parts of \mathbf{V} (the learned latent representation for all joints which will be passed to the decoder) are relevant for this joint of interest.

$$\text{Attn}(\mathbf{Q}, \mathbf{K}, \mathbf{V}) = \text{softmax}\left(\frac{\mathbf{Q}\mathbf{K}^T}{\sqrt{D}}\right)\mathbf{V} = \mathbf{AV}, \quad (1)$$

Intuitively, the similarity between key and query defines which parts of a learned pose skeleton representation are important for the desired prediction. Formally, this is defined in Eq. 1: The value representation \mathbf{V} is weighed per-element by the result of the dot-product between \mathbf{Q} and \mathbf{K} (scaled by the dimension of the embedding vector D and a softmax operation). In our case, the attention map \mathbf{A} has a dimensionality of $J' \times N$ with J' indicating the number of joints to be predicted. Any prior joint predictions for autoregressive prediction are considered as an additional node to our attention map, giving the attention map dimension $J' \times (N + n_p)$ for n_p prior joints.

Heatmap Prediction. Based on the attention scoring, we then use a series of nine 3d convolutions to decode an output probability heatmap \mathbf{H}_j for each body joint j . The grids are centered at the skeleton’s hip joint; we use a grid size of 16^3 voxels, spanning $2m^3$. A value in the grid of \mathbf{H}_j at location $\mathbf{H}_j(x, y, z)$ corresponds to a probability of joint j being at location (x, y, z) in the future characteristic pose. Instead of directly regressing the probability values, we predict $\mathbf{H}_j(x, y, z)$ as a classification problem by discretizing the output values into $n_{discr} = 10$ bins in the $[0, 1]$ space. We then use a cross entropy loss with the discretized target heatmap to train our heatmap predictions. In our experiments, we found that this classification formulation for \mathbf{H}_j produced better results than an ℓ_2 or ℓ_1 regression loss, as it mitigated tending towards the average or median.

Offset Prediction. Since predicting joint locations in a discrete grid inherently leads to grid artifacts in sampled output poses, we additionally learn an offset field \mathbf{O}_j over the same volumetric grid. Here, each voxel $\mathbf{O}_j(x, y, z) \in \mathbb{R}^3$ represents the shift to be added after sampling a joint from the heatmap at $\mathbf{H}_j(x, y, z)$. We predict these offsets similarly to the heatmap volume, with a series of nine 3d convolutions, and clamp each offset vector $\mathbf{O}_j(x, y, z)$ to move the joint at most one voxel length. Output poses are then estimated by sampling the heatmap, followed by refinement using the corresponding predicted offset.

4.1. Training Details

Note that for real-world data captured of human movement, we do not have a full ground truth probability distribution for the future characteristic pose, but rather a set of paired observations of input pose to the target pose. Thus, we generate target heatmap data from a single future observation in the training data by applying a Gaussian kernel (size 5, $\sigma = 2$) over the target joint location. At test time, we apply softmax scaling to the predicted heatmaps with a temperature of 0.025 and from there, sample our final joint locations. We learn multi-modality by generalizing across train set observations which results in seeing multiple possibilities for similar inputs (e.g., right vs. forward pass), encouraging learned heatmaps to represent multiple modes. We show that our formulation can effectively model multi-modal heatmaps in Section 7.

We train our models on a single NVIDIA GeForce RTX 2080Ti. We use an ADAM optimizer with a weight decay of 0.001 and a linear warmup schedule for 1000 steps; learning rate is then kept at 0.001. We use a batch size of 100, as a larger batch size helps with training our attention mechanism. Our model trains for up to 8 hours until convergence. During training, we apply teacher forcing, i.e. pose joint predictions conditioned on prior joint predictions are trained using the ground truth locations of the prior joints. For a detailed specification of our network architecture, please refer to the supplemental.

5. Autoregressive Joint Prediction

Given a set of heatmaps for each pose joint location, the next step is to predict specific joint locations. Since they are not independent of one another, we cannot simply sample joint locations from each heatmap independently. Instead, we must model the interdependencies between pose joints.

To do this, we model the joint distribution of pose joints autoregressively, as visualized in Fig. 4: we first predict end effector joints, followed by other body joints. For our experiments, we find that the right and left hands tend to have a large variability, so we first predict the right hand, then the left hand conditioned on the right hand location, followed by the rest of the body joints. Empirically, we found that the hands tended to define the body pose, while the order of the rest has little impact. To sample from a joint heatmap, we use temperature scaling to concentrate the heatmap near its local maxima, followed by random sampling.

Pose Refinement. While our autoregressive pose joint prediction encourages a coherent pose prediction with respect to coarse global structure, pose joints may still be slightly offset from natural skeleton structures. Thus, we employ a pose refinement optimization to encourage the predicted pose to follow inherent skeleton bone length and angle constraints while keeping all joints in areas of high

probability and the end-effectors close to their original prediction, as formulated in the objective function:

$$\begin{aligned} E_R(\mathbf{x}, \mathbf{e}, \mathbf{b}, \mathbf{x}_0, \theta, H) = \\ w_e \|\mathbf{x}_e - \mathbf{e}\|_2 + w_b \|\text{bonelengths}(x) - \mathbf{b}\|_1 \\ + w_a \|\text{angles}(x) - \theta\|_1 + w_c \|x - x_0\|_1 \\ + w_h \sum_j (1 - H_j) \end{aligned} \quad (2)$$

where \mathbf{x} the raw predicted pose skeleton as a vector of N 3d joint locations; \mathbf{b} and θ the bone lengths and joint angles, respectively, of the initially observed pose skeleton; x_0 the joint locations of the last skeleton in the input sequence; H_j the heatmap probability for each joint; \mathbf{e} the sampled end effector locations; and w_e, w_b, w_a, w_h, w_c weighting parameters (in all our experiments, we use $w_e = 0.2, w_b = 1.0, w_a = 0.4, w_h = 0.1, w_c = 0.1$). We then optimize for \mathbf{x} under this objective to obtain our final pose prediction.

6. Characteristic 3D Pose Dataset

To train and evaluate the task of characteristic 3d pose forecasting, we introduce a dataset of annotated characteristic poses, built on GRAB [27] and Human3.6M [15].

- **Human3.6M** is a commonly used dataset for human pose forecasting, comprising 210 actions performed by 11 professional actors in 17 scenarios for a total of 3.6 million frames. 3d locations are obtained for 32 joints via a high-speed motion capture system; we use a reduced 17-joint layout in our method, removing redundant and unused joints, following [33].
- **GRAB** is a recent dataset with over 1 million frames in 1334 sequences of 10 different actors performing a total of 29 actions with various objects. Each actor

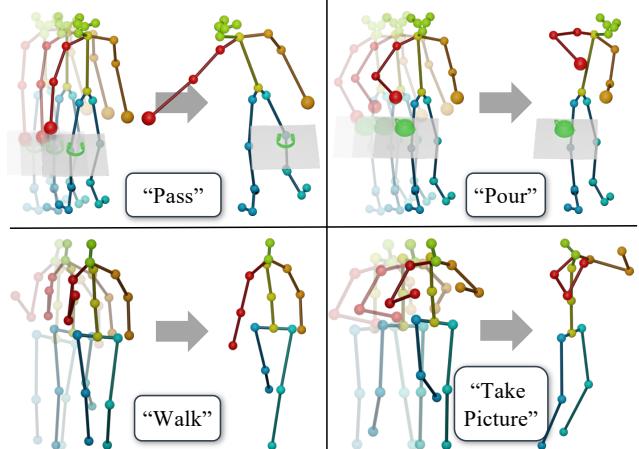


Figure 5. Example input observations and target characteristic 3d poses from our annotated datasets, based on GRAB (top) and Human3.6M (bottom).

starts in a T-Pose, moves towards a table with an object, performs an action with the object, and then steps back to the T-Pose. The human motions are captured using modern motion capture techniques, with an accuracy in the range of a few millimeters. GRAB provides SMPL-X [24] parameters from which we extract the 25 most defining body joints. For more details, we refer to the supplemental.

We then annotate the timesteps of the captured sequences corresponding to characteristic poses. Input sequence start frames are randomly sampled, up until the characteristic pose frame. Several example input sequence-characteristic pose pairs are visualized in Fig. 5. Annotations were performed by the authors, within a time span of one day. This is the total time for annotating more than 1000 sequences across two datasets, with each annotation taking 10-30 seconds; this annotation efficiency enables quick and easy adoption of new datasets in the future. We define a characteristic pose as the point in time when the action is most articulated, i.e. right before the actor starts returning back to another pose (e.g., when the hand is furthest from the person when passing, most tilted when pouring, etc.). For sequences containing multiple occurrences of the same action, like lifting, we chose the repetition with most articulation, e.g. when the object is lifted highest. In the case of Human3.6M, where there are sometimes multiple possible options for characteristic poses, we pick the first one that is representative of the action, e.g., the first sitting pose.

Characteristic 3D Pose Prediction. For the task of characteristic 3d pose prediction, we consider an input sequence of $N = 10$ 3d pose observations of a person, represented as $J = 25$ 3d joint locations for the GRAB dataset and $J = 17$ for the Human3.6M dataset (in their native joint layouts; for more details we refer to the supplemental). From this observation, the next characteristic pose is predicted as J 3d joint locations. All poses are considered in their hip-centered coordinate systems. Note that while we have action labels in the annotated dataset, we do not use them for this task.

The N input pose observations can occur at any time, so methods are trained with random input sequences up to the characteristic 3d pose. At test time, five input points are evaluated for each method, with the five input points selected to evenly distribute between the beginning of the sequence to N frames before the characteristic pose.

Evaluation. We use a train/val/test split by actor in each dataset. For GRAB we have 8/1/1 train/val/test actors, resulting in 992/197/136 train/val/test sequences. For Human3.6M, we follow the split of [21]: 5/1/1 and 150/30/30 train/val/test actors and sequences, respectively.

To evaluate our task of characteristic 3d pose prediction, we aim to consider the multi-modal nature of the task. Since we do not have ground truth probability distributions

available, and only a single observed characteristic pose for each input pose observation, we follow previous work on multi-modal human pose sequence predictions [2,4,32,33]: At test time, we consider $k = 10$ hypotheses from each method. To characterize these hypotheses holistically, we consider several metrics to assess accuracy, diversity, and quality of predictions.

Accuracy. First, we evaluate the sampling error using the mean per-joint position error (MPJPE) [15] by comparing the most similar prediction p' to the ground-truth pose p :

$$E_{\text{MPJPE}} = \frac{1}{N} \sum_{j=1}^N \|p'_j - p_j\|_2^2 \quad (3)$$

This evaluates whether the predicted hypotheses capture the target well and allows for comparison with deterministic baselines (where all hypotheses are identical).

Diversity. We evaluate the diversity as the MPJPE between all sampled poses for the same sequence. This evaluates the multi-modality of predicted distributions.

Quality. Finally, we evaluate quality of our multi-modal predictions with the Inception Score [26] (IS) over the set of predicted hypotheses for all test sequences. The Inception Score is widely used to measure the quality generative model outputs. More specifically, we use the conditional formulation first introduced in [14]. Similar to [2], we adapt this idea to our use case by training a simple skeleton-based action classifier on ground-truth samples from our datasets. Overall, this metric estimates how well the predictions capture an action while still producing diverse poses.

7. Experimental Evaluation

We evaluate the task of characteristic 3d pose prediction, using our annotated dataset built from the real-world GRAB [27] and Human3.6M [15] datasets.

Comparison to time-based state-of-the-art forecasting.

In Tab. 1, we compare to state-of-the-art multi-modal sequence forecasting approach DLow [33], which is based on a conditional VAE, as well as to recent deterministic approaches for frame-based future human motion prediction, Learning Trajectory Dependencies [22] and History Repeats Itself [21], which use a graph neural network and an attention-based model, respectively, to predict human pose sequences. We train all of these sequential approaches on our datasets, given the input sequence of N frames, to predict an output N_o -frame pose sequence, with $N_o = 100$ frames to ensure that the characteristic pose falls within each target sequence. Since these sequence-based approaches each predict output sequences, we additionally allow them to predict the time step of the characteristic pose with an MLP to obtain the final characteristic pose prediction (see the supplemental for additional detail).

		GRAB			Human3.6m		
	Method	MPJPE ↓	Diversity ↑	IS ↑	MPJPE ↓	Diversity ↑	IS ↑
Statistical	Random Sampling	1.018	-	-	1.159	-	-
	Average Train Pose	0.146	-	-	0.179	-	-
	Zero Velocity	0.063	-	-	0.166	-	-
Algorithmic	Learning Trajectory Dependencies [22]	0.077	-	-	0.165	-	-
	History Repeats Itself [21]	0.071	-	-	0.116	-	-
	DLow [33]	0.071	0.089	1.257 ± 0.02	0.119	0.104	1.623 ± 0.08
	Ours	0.054	0.105	4.153 ± 0.87	0.092	0.189	3.139 ± 0.32

Table 1. Characteristic 3d pose performance, in comparison with state of the art and statistical baselines. We evaluate MPJPE for all methods and additionally, the diversity of multi-modal methods in terms of MPJPE between samples as well as their quality with the Inception Score, similar to [2].

Since we aim to predict a characteristic 3d pose given an arbitrary sequence observation, we sample different start points for the input sequence, and analyze performance across varying distance from the goal pose.

We report the MPJPE, Diversity, and IS metrics in Tab. 1; we first measure the performance for each of the five input sequence start times mentioned above and average over those for the final result. Our approach more accurately characterizes the future characteristic poses while also producing improved diversity and quality. For comparison, we also report baseline performance when given an oracle providing the ground-truth characteristic time step in Tab. 2. Even with this additional information, our characteristic pose formulation achieves improved results. Qualitative results are shown in Fig. 6; our probabilistic approach more effectively captures a realistic set of characteristic modes.

In Fig. 7, we visualize the diversity of our predictions in comparison with multi-modal baselines. Our predicted pose hypotheses show more diversity in both joint placement and action representation, while still capturing the target pose.

Comparison to statistical baselines. We also compare with three statistical baselines: full random sampling from an evenly distributed heatmap, the average target train pose over the entire dataset, and a zero-velocity baseline (i.e., the error of simply using the last input pose as prediction), which was shown by Martinez et al. [23] to be competitive with and sometimes outperform state of the art. Our approach outperforms these statistical baselines, indicating learning of strong characteristic pose patterns.

Method	GRAB		Human3.6m	
	MPJPE ↓	IS ↑	MPJPE ↓	IS ↑
L. T. D. [22]	0.075	-	0.156	-
H. R. I. [21]	0.066	-	0.116	-
DLow [33]	0.059	1.567 ± 0.02	0.108	1.418 ± 0.14
Ours	0.054	4.153 ± 0.87	0.092	3.139 ± 0.32

Table 2. Characteristic 3d pose performance comparison. In contrast to Tab 1, baselines are provided with ground-truth characteristic time step information.

8. Ablation Studies

Does a probabilistic prediction help? In addition to comparing to state-of-the-art alternative approaches which make deterministic predictions, we compare in Tab. 3 with our model backbone with a deterministic output head (an MLP) replacing the volumetric heatmap decoder which re-

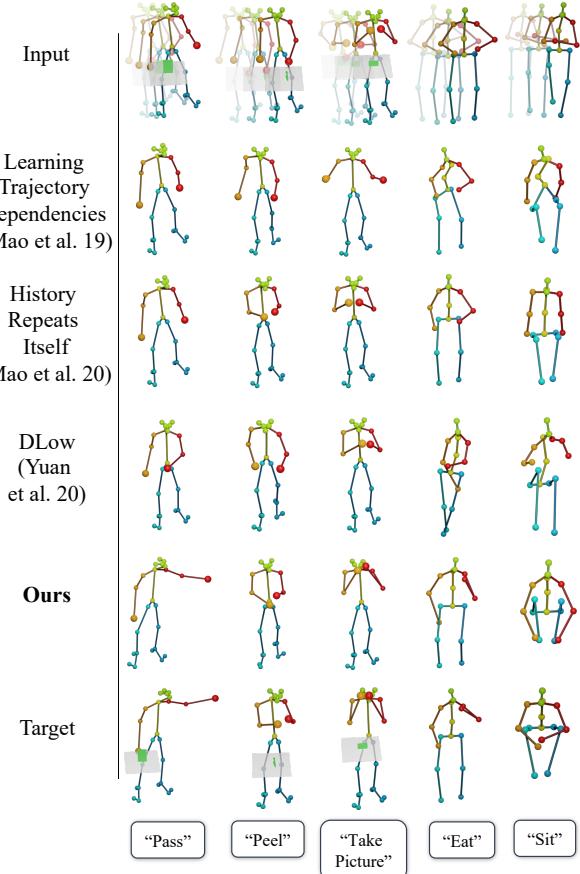


Figure 6. Qualitative results on characteristic 3d pose prediction. In comparison to deterministic [21, 22] (rows 2 and 3) and probabilistic [33] (row 4) approaches, our method more effectively predicts likely intended action poses. Note that action labels are only shown for visualization purposes.

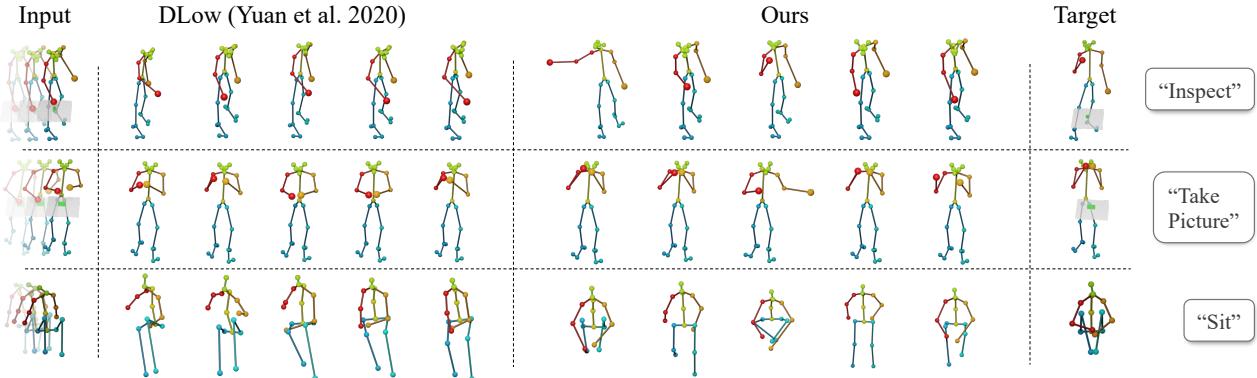


Figure 7. Qualitative results on characteristic 3d pose prediction, showing the diversity of our predictions in comparison with DLow [33].

gresses offset positions for each pose joint relative to the input positions. Removing our heatmap predictions similarly fails to effectively capture the characteristic modes; our probabilistic, heatmap-based predictions notably improve performance.

Does per-voxel offset prediction help? We analyze the effect of per-voxel offset prediction in Tab. 3, showing that they notably improve pose predictions. Applying pose refinement without offset prediction fails to achieve the same level of improvement.

Does autoregressive pose joint sampling help? We analyze the effect of our autoregressive pose joint sampling in Tab. 3. We compare against a version of our model trained to predict each pose joint heatmap independently, with pose joints sampled independently, which often results in valid individual pose joint predictions that are globally inconsistent with the other pose joints. In contrast, our autoregressive sampling helps to generate a likely, consistent pose.

How diverse are the sampled poses? We show qualitative examples of our multi-modal predictions in Fig. 7, outlining the diversity of both heatmap predictions and sampled skeletons. We also evaluate our prediction diversity as MPJPE between our sampled outputs as part of Tab. 1.

	GRAB		Human3.6m		
Ablation	MPJPE ↓	IS ↑	MPJPE ↓	IS ↑	
Loss	ℓ_1 loss	0.132	1.132 ± 0.01	0.198	2.246 ± 0.24
	ℓ_2 loss	0.130	1.146 ± 0.01	0.206	1.976 ± 0.08
Model	Deterministic	0.064	-	0.108	-
	Not autoreg.	0.077	1.583 ± 0.15	0.109	1.929 ± 0.09
Sampling	No offsets	0.132	1.328 ± 0.02	0.172	2.537 ± 0.07
	↔ refined	0.127	1.509 ± 0.03	0.163	2.978 ± 0.14
	$k = 50$	0.049	1.222 ± 0.02	0.082	1.845 ± 0.19
	Not refined	0.057	3.989 ± 0.95	0.098	2.418 ± 0.11
Ours		0.054	4.153 ± 0.87	0.092	3.139 ± 0.32

Table 3. Ablation study over varying heatmap losses, deterministic and non-autoregressive pose sampling, no offset prediction (with and without pose refinement), number of samples taken for the evaluation, and without pose refinement.

What is the effect of the number of pose samples? If we take more pose samples from our predicted joint distribution (from 10 to 50), we can, as expected, better predict the potential target characteristic pose, as seen in Tab. 1.

Do different heatmap losses matter? We evaluate our formulation for heatmap prediction as a discretized heatmap with a cross entropy loss against regressing heatmaps with an ℓ_1 or ℓ_2 loss, and find that our discretized formulation much more effectively models the relevant modes.

Limitations. Several limitations remain for our approach of characteristic 3d action pose forecasting. For instance, while our offset predictions help alleviate the ties to a volumetric heatmap grid, more precise modeling of smaller-scale behavior (e.g., detailed hand movement) would require more efficient representations such as sparse grids. In addition, our method relies on manually annotated characteristic 3d poses for supervision; while characteristic pose annotation is very efficient for new datasets, self-supervised formulations would also be an interesting future direction.

9. Conclusion

In this paper, we introduced a new task: predicting future *characteristic 3d poses* of human activities from short sequences of pose observations. We introduce a probabilistic approach to capturing the most likely modes in these characteristic poses, coupled with an autoregressive formulation for pose joint prediction to sample consistent 3d poses from a predicted joint distribution. We trained and evaluated our approach on a new annotated dataset for characteristic 3d pose prediction, outperforming deterministic and multi-modal state-of-the-art approaches. We believe that this opens up many possibilities towards goal-oriented 3d human pose forecasting and understanding anticipation of human movements.

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