

Kiran Riaz

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PROFESSIONAL DEVELOPMENT

Master of Science in Mental Health Counseling, Anticipated Graduation May 2019
Westminster College, Salt Lake City, UT

Bachelor of Science in Psychology, May 2014
Appalachian State University, Boone, NC

Associate of Science, December 2012
Forsyth Technical Community College, Winston-Salem, NC

PROFESSIONAL EXPERIENCE

The Refugee & Immigrant Center-Asian Association of Utah, Salt Lake City, UT
Intern Therapist, May 2018 – Present

Volunteers of America-Cornerstone Counseling Center, Salt Lake City, UT
Summer Intern Therapist, May 2018 – August 2018

Counseling Center at Westminster College, Salt Lake City, UT
Student Therapist, January 2018 – April 2018

Journal of Therapeutic Schools and Programs, Westminster College, Salt Lake City, UT
Editorial Assistant, October 2016 – Present

- Work collaboratively and individually in reviewing and proof reading articles
- Copy edited articles according to APA style
- Consistently meet submission deadlines

St. John's Community Child Development Center, Salt Lake City, UT
Preschool Teacher, October 2015 – June 2016

- Created lesson plans tailored to developmental needs
- Organized and lead activities such as storytelling, art projects, and musical performances
- Observed and evaluated each child's performance and growth
- Discussed progress notes with parents/guardians

The Refugee & Immigrant Center-Asian Association of Utah, Salt Lake City, UT
Afterschool Tutor, January 2016 – June 2016

- Assisted students with their homework
- Developed rapport with students
- Implemented different forms of learning to keep students focused and engaged
- Worked on improving students' math, English, reading, writing, and social skills

Volunteers of America-Detox Center, Salt Lake City, UT

Group Leader, January 2016 – May 2017

- Facilitated group activities
- Provided mental and emotional support as needed
- Encouraged group cohesiveness and teamwork

Big Brothers & Big Sisters Mentor Program, Winston-Salem, NC

Mentor, January 2012 – January 2013

- Exemplified positive role modeling for mentee
- Developed a friendship and level of trust
- Provided guidance and support

OTHER INFORMATION

Languages: Fluent in English and Urdu

Professional Memberships: American Counseling Association, Utah Mental Health Counselors Association, Westminster College Diversity Strategic Planning Steering Committee

Relevant Coursework: Statistics and Research Methods, Applications of CBT, Counseling Ethics, Seminar in Professional Roles, Human Growth & Development, Child & Family Counseling, Individual Counseling, Group Psychotherapy, Psychopathology and the DSM, Tests & Measurements, Substance Abuse, Applications of Psychodynamic, Practicum, Family Counseling, Clinical Assessment, Multicultural Counseling

REFERENCES

Janine Wanlass, Ph.D.
Professor of Mental Health Counseling
(801) 832-2428
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Ellen Behrens, Ph.D.
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