

**Patient Information:**

- Name: Emily Carter
- Date of Birth: January 15, 1985
- Gender: Male
- Patient ID: 123456789

**Date of Examination:** August 19, 2024**Doctor:** Dr. John Doe**Facility:** A Coruña General Hospital Chief**Complaint:** Persistent fatigue and mild chest discomfort for two weeks.**Medical History:**

- Hypertension (2018)
- Hyperlipidemia

**Physical Examination:**

- Vital Signs: BP: 145/90 mmHg, HR: 82 bpm
- Cardiovascular: Regular rhythm, no murmurs
- Respiratory: Clear bilaterally

**Diagnostic Tests:**

- ECG: Normal sinus rhythm
- Lipid Profile: LDL cholesterol at 160 mg/dL
- Echocardiogram: Mild left ventricular hypertrophy

**Assessment:**

1. Uncontrolled hypertension
2. Hyperlipidemia
3. Likely non-cardiac chest discomfort

**Plan:**

- Lifestyle modifications: Regular exercise and heart-healthy diet
- Adjust antihypertensive medication
- Start atorvastatin 20 mg daily
- Follow-up in 4 weeks

**Doctor Signature:**