```
variables = Association[
"indVars" \rightarrow {n, t},
"depVars" -> {v, m},
"display result" -> True,
"scheme" -> \{v[n, t + 1] -
    v [n,
    t] + (v[n + 1, t]^2/2 - m[n + 1, t]^2/2) - (v[n, t]^2/2 -
    m[n, t]^2/2),
    m[n, t + 1] -
    m[n, t] - (m[n + 1, t] * v[n + 1, t]) + (m[n, t] * v[n, t])
DiscreteConservedOOperator[variables][{v[n, t], m[n, t]}]
```