

Welcome to Exploring Career Options

[STS-1035]





Diana McIntyre M.Ed. Professor





Appreciative Inquiry

- What were you doing before coming to the GAS Program?
- Why did you choose to enroll in the GAS Program?
- What is your objective after finishing the GAS program?
- Tell one thing that you would like to share about yourself that other people don't know



Designing the Alliance

- What do you need from your professor to make this a positive experience?
- What specific behaviors do you require from your classmate to make this a positive and collaborative experience?



My Expectations

- Respect: the culture of this classroom is inclusive we seek to understand and not judge.
- Ask: there is no such thing as a stupid question.
- Participate: this course is about you what you put into it is what you will get out of it.
- Know: what you are expected to do each week including course pre-work and assignments.
- Do: keep on top of your classwork and assignments.
- Be: bring your best self to your coursework commit to being authentic, curious, vulnerable and fearless.
- Proactive Communication: if something is going on that is negatively impacting your course work...talk to your professor.



Course Outline for Exploring Career Options [STS-1035]



COURSE OUTLINE

SCHOOL OF LIBERAL ARTS AND SCIENCES

COURSE NAME: Exploring Career Options

COURSE CODE: STS 1035

CREDIT HOURS: 2
PREREQUISITES: None

COREQUISITES: None

PLAR ELIGIBLE: YES (X) NO ()

EFFECTIVE DATE: January 2019

PROFESSOR: Diana McIntyre OFFICE #: B173AE - SJA

PHONE: 416 415-5000 ext. 2326 EMAIL: dmcintyr@georgebrown.ca

NOTE TO STUDENTS: Academic Departments at George Brown College will NOT retain historical copies

of Course Outlines. We urge you to retain this Course Outline for your future reference.

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ORIGINATOR: Diana McIntyre	DATE: January 2019
CHAIR (SIGNATURE):	DATE: January 7, 2019

EQUITY STATEMENT: George Brown College values the talents and contributions of its students, staff and community



Career Intelligence Workbook



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1. Career Intelligence

2. About Course STS 1035

- Course Description
- Self-Reflective Process
- Course Outcomes
- Evaluation System & Rubrics
- Topical Outline
- Grading System

3. My Self Discovery

- My Information
- Introduction to Career Development Theory
- StrengthsFinder 2.0
- Cross-Culture Intelligence
- Emotional Intelligence
- Values Identification
- Social Style

4. My Career Exploration

- The Future of Work
- Skills Analysis: Employer Requirements vs. Your Qualifications
- Transferable Skills
- Developing Your Personal Pitch

5. My Career Action Plan

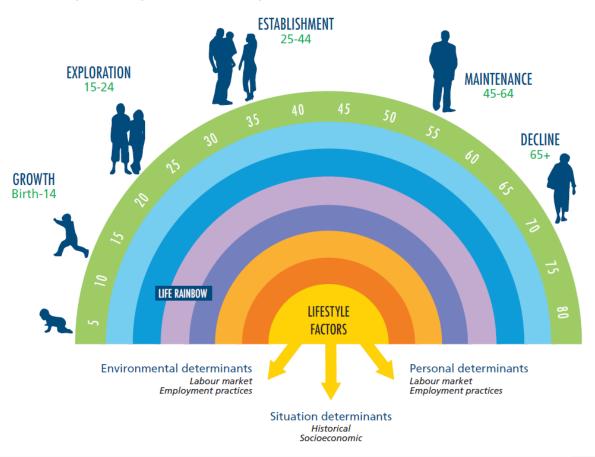
- Next Steps: Career Action Plan & Goals
- Career Resiliency
- Career Intelligence Reflection



Career Development Theory

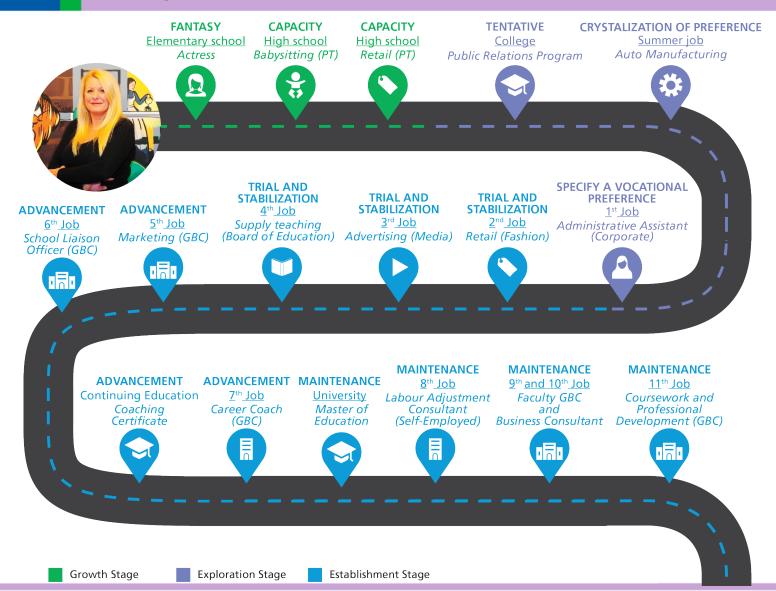
Career development can be compared to a road trip...sometimes you start down one road trying to get to your destination and you find there are detours and road closures that force you to take another route.

Donald Super Developmental Self-Concept





My Roadmap





Next Week

- Complete the Gallup StrengthsFinder 2.0
 Assessment using the code sent via e-mail
- Watch Trombone Player Wanted (<u>https://goo.gl/pgmzNz</u>)
- My Journey Assessment (Due Week 3)