

Strengths Action Plan

Name _____

Description of my strength.	Why is this strength beneficial? What does it enable me to do?	Where have I utilized this strength?	Where can I apply this strength in my work/community/life?	When will I start?
e.g., Influencing - The ability to communicate and motivate others.	e.g., It enables me to easily put my thoughts into words and present well.	e.g., I have utilized this skill in office presentations.	e.g., I can apply this strength to selling ideas or products. I can also win over new clients or customers.	e.g., Right now.