

Learning About Our Unique Strengths Your Signature

1. _____

6. _____ Text

2. _____

7. _____

3. _____

8. _____

4. _____

9. _____

5. _____

10. _____



Your Story

Think about a time when...

- Someone noticed and commented on something you did very well.
- You did something that made you feel energized and fulfilled.
- You did something well and it came to you naturally and without effort.

Record it here:

This image shows a blank sheet of white paper with horizontal black lines, similar to notebook paper. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. In the bottom right corner, there is a small graphic of two hands raised, palms facing forward, as if gesturing or presenting something. The hands are light-skinned and appear to be wearing dark sleeves.

StrengthsFinder REFLECTION

What was your first reaction to the Signature themes on your Clifton StrengthsFinder report?

What new discovery have you made about yourself?

What Signature Theme do you feel fits you best? Why?

Which of your Signature Themes hold the talents you use most frequently? Where do you use them?

What surprised you?



Your Strengths Themes at Work

Reflect on your top 5 strengths as measured by the Clifton StrengthsFinder. Then, would you share the specific ways you use your strengths in your work.

How do you use your strengths to make a difference in your workplace?

Top Strength _____ How do you use it at work?

Second Strength _____ How do you use it at work?

Third Strength _____ How do you use it at work?

Forth Strength _____ How do you use it at work?

Fifth Strength _____ How do you use it at work?



Your Role and Your Signature Themes

Discoveries

Which of your Signature Themes seem to have the strongest connection to your work activities?

Could you begin to use talents from one or more of your Signature Themes more consciously in your role at work? Which ones and how?

Do some of your required work activities seem unconnected to your Signature Themes?

What overall strategies could you put in place to further capitalize on your Signature Themes in relation to your role in the workplace?



Strengths Action Plan

Name _____

Description of my strength.	Why is this strength beneficial? What does it enable me to do?	Where have I utilized this strength?	Where can I apply this strength in my work/community/life?	When will I start?
e.g., Influencing - The ability to communicate and motivate others.	e.g., It enables me to easily put my thoughts into words and present well.	e.g., I have utilized this skill in office presentations.	e.g., I can apply this strength to selling ideas or products. I can also win over new clients or customers.	e.g., Right now.

Using S.I.G.N.

Please answer the following questions in the space provided.

Success

What you have done in the past?

Instinct

Which activities did you look forward to doing repeatedly?

Growth

Which skills do you seem to pick up rather easily and don't have to try that hard?

Needs

What activities often fulfill you, and you find you need to do them from time to time?

