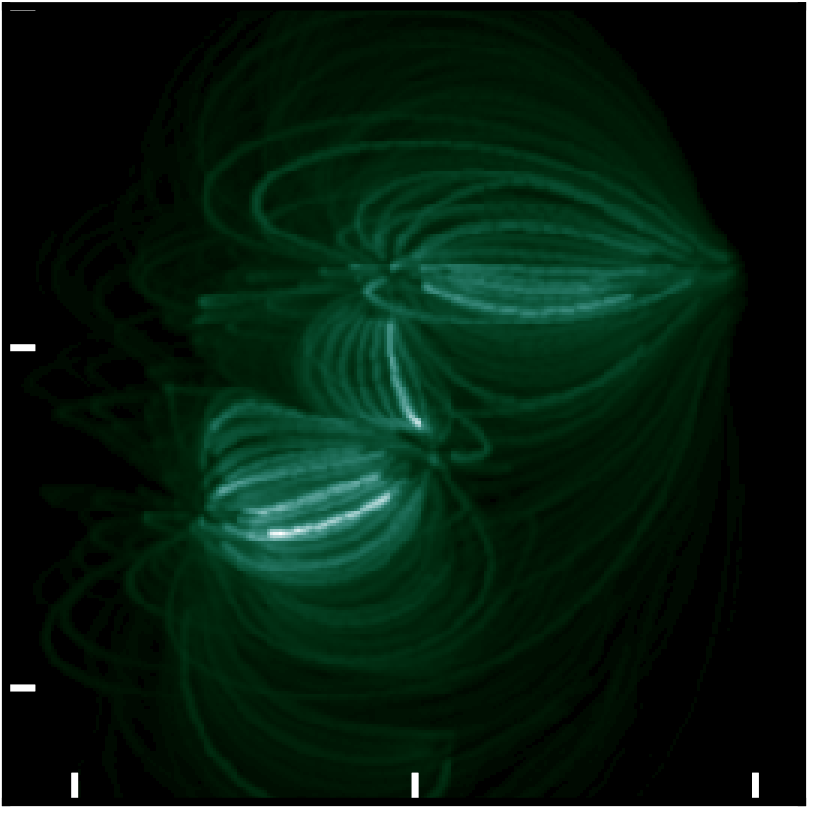Low