

Can short bursts of exercise help prevent Diabetes?



Why not volunteer for our study?

If you are:
Female/Male,
18-65yrs, non-smoker,
not regularly active &
looking to take part in
local research

Contact us on the details below:

This study takes place at
Loughborough University.

You will receive health and
fitness assessments and fully
supervised exercise training.

Email: Dr James King
J.A.King@lboro.ac.uk

Alison Stanley
Tel: 01509 226445