

April 17, 2015

St. Joseph's County Courthouse  
101 South Main Street, #30  
South Bend, IN 46601

**Re: Clinical Alcohol Assessment for Kevin Mize**

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Mize in reference to his DUI charge on March 14, 2015 in St. Joseph's County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** *POSITIVE SCREEN*; clinical interview revealed some misuse of alcohol over the past 20+ years

**AUDIT:** score = 6 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 alcohol related symptoms found

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** acknowledges previous DUI charge in 1995 (20 years ago)

**Clinical Interview/Summary:** Mr. Mize's written screenings provided some conflicting results with his MAST score being *positive* and AUDIT score being *negative*. He reported his normal use of alcohol as 3-5 drinks on 3-4 occasions per week. He also acknowledged use of 6-8 drinks on special occasions (weddings, birthdays, etc.) or about 7 times per year. Mr. Mize and I discussed the circumstances that led to his DUI incident and general use of alcohol at length. I do believe that atypical social factors contributed to Mr. Mize's charges. However, I also do have some concern that this was his second lifetime offense and that his BAC for this DUI was a .0195. Due to these factors as well as Mr. Mize's regular use of alcohol, I am recommending some alcohol education as well as his attendance at a victim impact panel. This should help Mr. Mize avoid any future problems associated with use of alcohol.

**DSM 5 DIAGNOSIS in reference to substances:** V 71.09 (none found)

**Treatment Recommendations:**

- 1) Attend a local MADD Victim Impact Panel;

- 2) Preventative Education, recommend completion of a local alcohol education program (8 hour minimum) with proof of successful completion given to the court

Thank you for the opportunity to assist the court, Mr. Mize and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Kevin Mize

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.