

September 23<sup>rd</sup>, 2014

Mike Gordillo, Attorney at Law  
Valore & Gordillo, LLP  
21055 Lorain Road  
Cleveland, OH 44126

**Re: Clinical Alcohol Assessment for Alexey Lamb**

Dear Mr. Gordillo:

I performed a Clinical Alcohol and Drug Assessment for Mr. Lamb in reference to his June 16<sup>th</sup>, 2014 DUI/OVI charge. This assessment included the administration of: a MAST, an AUDIT, a DAST, a depression screening, and a clinical interview. The following are my findings and recommendations:

**MAST:** score =8; indicates problematic alcohol use; lifetime frame of reference

**AUDIT:** score=6; scores of “8” or more indicate hazardous alcohol use; past year frame of reference

**DAST:** score=5; scores indicate a mild-moderate problem with other substances; past year frame of reference

**DSM/Other Substance Related Concerns:** prior substance use/behavioral health treatment in 2012

**Depression Screening (PHQ-9):** scores indicated mild-moderate problem with depression; further screening recommended

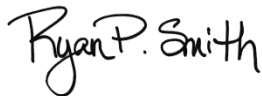
**Clinical Interview/Summary:** Mr. Lamb’s written screenings provided mixed indications of an alcohol use disorder and clear indications of a cannabis use disorder. He reports his normal use of alcohol as 6-8 standard drinks on 1 occasion per month. He also reported smoking marijuana on 3 occasions per week over the course of the past year. Mr. Lamb’s clinical history revealed that his use of alcohol and marijuana has steadily decreased since his senior year of high school when he had his first major depressive episode. Mr. Lamb’s clinical interview did reveal sufficient criteria to warrant a mild alcohol use disorder diagnosis as well as a moderate cannabis use disorder diagnosis. His interview also suggested the need for further screening to rule out the presence of a social anxiety and major depressive disorder diagnoses. Mr. Lamb reported that he has already completed a 72-hour driver intervention/alcohol awareness program in August 2014. I am recommending some additional outpatient counseling sessions to assist him in successfully moderating his alcohol consumption and establishing a prevention plan to maintain his sobriety from marijuana.

**DIAGNOSIS in reference to substances:** 305.00 mild alcohol use; 304.30 moderate cannabis use disorder; Rule out social anxiety disorder; Rule out major depressive disorder

**Recommendations:** 1) Counseling, recommend 5-7 sessions with a professional substance abuse counselor; 2) If another negative consequence is incurred as a result of any substance use within

the next year, it is recommended Mr. Lamb seek further evaluation where intensive outpatient counseling is considered as the minimum level of care; **3)** Counseling should assess rule out diagnoses to evaluate necessity of ongoing counseling for depressive/anxiety symptoms; session number and frequency to be set by mutual collaboration between client and professional counselor.

Sincerely,

A handwritten signature in black ink that reads "Ryan P. Smith". The signature is written in a cursive style with a large, stylized "R" and "S".

Ryan P. Smith, LISW-S, SAP, LCDC-III  
cc: Alexey Lamb

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.