

November 25, 2015

Re: Clinical Alcohol Assessment for Devon Cummings (DOB: 01/18/1991)

To whom it may concern,

I performed a Clinical Alcohol Assessment for Mr. Devon Cummings in reference to his DUI charge in Kitsap County Washington. In addition to a clinical interview, this assessment included the administration of:

- A MAST (Michigan Alcohol Screening Test)
- An AUDIT (Alcohol Use Disorder Identification Test)
- A General anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 5 / *NEGATIVE SCREEN*; scores of 8 or more are suggestive of hazardous use, whereas scores of 15 or more are indicative of a potential moderate to severe alcohol use disorder in men

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use, cravings, etc.

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary:

Mr. Cummings's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 2-3 drinks a couple of times a month. He also acknowledged use of 3-4 drinks on special occasions (weddings, birthdays, etc.) about once a year.

Mr. Cummings and I discussed his DUI incident and general use of alcohol at length. While I couldn't find fault in Mr. Cummings' reported patterns for alcohol consumption, he was unable to produce a police report verifying his BAC which he remember as

“high” but very close to a .10. I told Mr. Cummings that any follow-up recommendations on this report would be contingent upon my receipt of a police report and after several failed attempts to gather this from his mother and attorney, I still do not have this report. Since I can’t verify Mr. Cummings’ claims about his legal incident, I have provided a further recommendation to rule out any possible chance of problem alcohol use.

DSM-5 DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendation: A minimum of 2 follow-up counseling sessions with a substance abuse professional. Once the 2 session requirement has been fulfilled, the provider may then make further recommendations for education appropriate.

If the reader or court possesses any additional information about Mr. Cummings’ use of alcohol I would be happy to review it and consider any appropriate modifications or amendments to the present report. Thank you for the opportunity to assist the court, Mr. Cummings, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA
Cert.# 150427
cc: Devon Cummings

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional’s ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.