

October 8, 2016

Ryan Schafer
Joslyn Law Firm
501 S. High Street
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Paul H. Gould (DOB – 10/19/1992)

Dear Mr. Schafer:

I performed a Clinical Alcohol and Drug Assessment for Mr. Gould in reference to his charge in county. This assessment included a 135-minute clinical interview and the administration of:

- Substance Abuse Subtle Screening Inventory (SASSI-3)
- A general substance use questionnaire
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

SASSI-3: SCREENED POSITIVE ON RULE 9; a positive screen on any “rule” suggests high probability of a present moderate to severe substance use disorder

Clinical Interview/Summary: Mr. Gould’s written screenings provided clear indication of an alcohol use disorder at some level. He was open in the clinical interview and shared information indicating 5 current problem alcohol use symptoms (see below). While Mr. Gould does not have a history of daily alcohol use, he does appear to have difficulty maintaining his alcohol use within NIAAA recommendations for men’s low-risk drinking.

Given that Mr. Gould’s license is currently suspended, he is doing very well in school (3.9 GPA since Spring semester 2016), and he did not portray any significant impairment (as it relates to mental health or use of alcohol) of serious clinical concern, it would seem sensible that he engage in regular support at an outpatient level. He reported that he has had past success in meeting with a therapist who had helped him transition through some life changes and is open to the idea of seeing a counselor again with the primary focus being his use of alcohol.

DSM-5 Alcohol Use Disorder Symptoms:

- ☐ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☒ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☒ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Physically hazardous use
- ☒ Continued use despite knowledge of contraindicated physical or psychological condition
- ☒ Tolerance
- ☐ Withdrawal symptoms

Summary - 5 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: F10.20 Moderate Alcohol Use Disorder

Treatment Recommendations:

- 1) Outpatient Counseling – 8-12 outpatient sessions with a professional counselor who is licensed to treat both mental health and substance abuse issues; follow-up provider to update recommendations and discharge as appropriate;
- 2) If another negative consequence is incurred as a result of any alcohol use it is likely that an increased level of treatment and/or additional support will be recommended (e.g. IOP, residential treatment, etc.)
- 3) If unable to reduce and maintain a lower level of alcohol use, advise Mr. Gould to consult with mental health and/or substance abuse professionals regarding additional treatment and support (IOP, 12-step meeting attendance, etc.).

If you or the court possess additional information about Mr. Gould's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Gould, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA

Certificate # 150427

Reviewed by Ryan Smith, MSW, LISW-S, LICDC, SAP

SW Lic. #1.1000155-S; #101182

cc: Paul H. Gould

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information, and third party verification can be provided as an additional service upon request.