

February 8, 2013

Steve Billings, Attorney

SAMPLE

The Billings Sample Law Firm  
679 N. High Ste. 350  
Columbus, OH 44085

**Re: Substance Abuse Assessment for Mel Smith**

Dear Mr. Billings:

I performed a basic substance abuse assessment for Mr. Smith in reference to his pending OVI charge. This assessment included the administration of: a SASSI-3, a MAST, a depression screening, and a clinical interview. The following are my findings and recommendations:

**Substance(s) of Concern:** alcohol

**SASSI-3:** substance dependence = negative; substance abuse = negative | SASSI-3 commonly misses binge alcohol use disorder

**MAST:** score=8; indicates a high likelihood of alcohol dependence

**DSM/Other Substance Related Concerns:** tolerance, use beyond intention, negative impact on lifestyle/relationship(s), hazardous use, 3 lifetime OVI charges

**Depression Screening:** no clinically significant concerns reported or detected

**Clinical Interview/Summary:** Mr. Smith's SASSI-3 screening did not indicate an alcohol use disorder but the MAST provided strong evidence of an alcohol dependence disorder. This is common when a *binge* type disorder exists with gaps of time between use or problematic use. Mr. Smith openly acknowledged the symptom concerns mentioned above and reported already beginning to work on a life of abstinence and sobriety. He appeared to be remaining abstinent with no physiological withdrawal symptoms present at any time. He is also beginning to attend numerous AA meetings on a weekly basis. Recommendations provided below are made to support his long term success in this endeavor.

**DIAGNOSIS in reference to substances:** 303.90 (alcohol dependence/ binge type with less than 30 days abstinence)

**Recommendations:** **1)** IOP, recommend completion of a local Intensive Outpatient Program as soon as possible; **2)** Upon completion of an Intensive Outpatient Program it is recommended Mr. Smith attend all aftercare meetings and utilize any EAP and professional counseling services available to him in order to monitor and support his long term sobriety; consider monthly meetings with a counselor in addition to any 12 Step or other supports being used; **3)** If abstinence from alcohol is not successfully achieved it is recommended Mr. Smith obtain treatment at a higher level of care (partial hospitalization or inpatient services).

Mr. Smith has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,  
Krishna Kumar,

A handwritten signature in cursive script that reads "Brian T. Davis". The signature is written in dark ink and is positioned below the typed name "Krishna Kumar".