

December 23, 2013

Tod Brininger, Attorney  
The Koffel Law Firm  
1801 Watermark Dr., Ste. 350  
Columbus, OH 43215

**Re: Alcohol Assessment for Kelly Babcock**

Dear Mr. Brininger:

I performed an alcohol abuse assessment for Ms. Babcock in reference to her pending OVI charge of 12/8/13. This assessment included the administration of: a MAST, an AUDIT, an anxiety/ depression screening, and a clinical interview. The following are my findings and recommendations:

**Substance(s) of Concern:** alcohol

**MAST:** score = 1; no apparent or overt signs/symptoms of an alcohol use disorder

**AUDIT:** score= 3; no overt signs/symptoms of an alcohol use disorder

**DSM/Other Substance Related Concerns:** 1 prior OVI charge (approx. '88), reports no family history of alcohol or substance use problems, mild tolerance possible

**Anxiety/ Depression Screening:** no clinical symptoms reported, no indication of mental health crisis

**Clinical Interview/Summary:** Ms. Babcock's written screenings were negative for signs or symptoms of an alcohol use disorder. She reported moderate alcohol use throughout her adult life since graduating from college; 2-3 beers on about 1-2 occasions per week. She also acknowledged rare exceptions (special celebrations) where she might consume 3-5 beers over an extended period of time. Mrs. Babcock was forthright about an OVI charge which took place her freshmen year in college and reported one recent situation that may have indicated some alcohol tolerance (one of the 11 *DSM 5* alcohol disorder symptoms). Two or more symptoms are required for a *mild alcohol use disorder*. Ultimately, I was unable to find her having a *DSM 5* diagnosis, and therefore am making a basic recommendation for alcohol education to aid her in the prevention of future negative consequences from any use of alcohol.

**DIAGNOSIS in reference to Substances:** None Found

**Recommendations:**1) Education, recommend 6 hrs. of basic alcohol education (or general substance abuse education). Ms. Babcock may find a local education resource, attend Ohio Health's Drug/Alcohol Awareness Series (contact 614-566-3700) or complete an online alcohol education course; 2) If another negative consequence is incurred as a result of any substance use it is recommended Ms. Babcock seek further evaluation and follow all treatment recommendations.

Ms. Babcock provided permission to share the results of her assessment with you. Feel free to contact me should you have any additional questions.

Sincerely,  
Brian Davis, LISW-S, SAP

