

July 5, 2016

Steven T. Fox, Attorney The Steven T. Fox Law Firm 1335 Dublin Road, Suite 205-A Columbus, Ohio 43215-7044

Re: Clinical Alcohol Assessment for Gianna M. Amarantos (DOB – 09/14/1991)

Dear Mr. Fox:

I performed a Clinical Alcohol Assessment for Ms. Amarantos in reference to her OVI charge in Franklin County. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / NEGATIVE SCREEN; no direct indication of problem alcohol use

AUDIT: score =3 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicate *moderate to severe* disorder present

Alcohol Use Risk Factors:

Concerns/Risks
☐ previous legal history – denies prior history
□ severity of incident – NA
☐ anxiety/depression/mental health – NA
□ other substance use – NA
☐ family history – none reported
☐ prior treatment history – NA
□ peer influences– NA
□ work environment – NA
□ contraindicated prescription use – NA
□ general health – petite size/ female increases risk of impairment
☐ current family stress – NA
Summary -2 of 12 concerns, mitigate concern with clinical recommendations

Clinical Interview/Summary: Ms. Amarantos' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol as 2-3 drinks on 1-2 occasions per week. She also acknowledged use of 2-4 drinks on about 3 special occasions (weddings, birthdays, etc.) per year.

Ms. Amarantos and I discussed her OVI incident and general use of alcohol at length. While I did not find her meeting DSM-5 alcohol use disorder criteria I did note some mild risks or concerns associated with her specific situation (see above). Accordingly, I am including a preventative education recommendation in the remainder of this report.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) Preventative Alcohol & Drug Education 4 hrs. of alcohol/drug education including use of one of the following resources local class (Ohio Health's Alcohol Awareness Series at Riverside Hospital 614-566-3700), online alcohol or drug education course (e.g. logancourtclass.com), or other comparable alcohol education program;
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Ms. Amarantos seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Ms. Amarantos' use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Amarantos, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Gianna M. Amarantos

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

