

August 28th, 2014

Blake Spale, Attorney at Law Christina Rivenbark Attorneys at Law 4009 Oleander Drive Wilmington, NC 28403

Re: Clinical Alcohol/Drug Assessment for Michael Goldsbury

Dear Mr. Spale:

I performed a Clinical Alcohol/Drug Assessment for Mr. Goldsbury in reference to his October 2013 DWI charge. This assessment included the administration of: a MAST, an AUDIT, a DAST, an opioid risk tool, a depression screening, and a clinical interview. The following are my findings and recommendations:

**DAST**: scores=1; score was positive for experience of a withdrawal syndrome upon discontinuation of prescription opiate medication; score is not indicative of a drug abuse condition

**MAST:** score =4; score indicates an early to middle stage problem drinking; lifetime frame of reference; two points are related to the present DWI charge

**AUDIT:** score=3; scores of "8" or more indicate hazardous alcohol use; past 12 month frame of reference **OPIOID RISK TOOL:** score=3; indicates low risk of prescription opioid misuse

**DSM/Other Substance Related Concerns:** no prior history of substance-related legal charges or other concerns **Depression Screening:** no clinically significant concerns reported

Clinical Interview/Summary: Mr. Goldsbury's written screenings provided no indication of an alcohol or other substance use disorder of any kind. He reports his normal use of alcohol as 2-4 standard drinks on 1-2 occasions per month. He also acknowledged exceptions to that norm on 1-2 occasions per year during holidays or special celebrations in which he may consume up to 6 standard drinks on one occasion. Mr. Goldsbury's clinical interview did not reveal sufficient criteria to warrant an alcohol or other substance use disorder diagnosis. His interview did identify the presence of an opioid withdrawal syndrome upon brief discontinuation of his prescribed medications. This should not, however, be construed as indicative of an addictive disorder and Mr. Goldsbury did not meet any other DSM 5 criterion for a substance use disorder. At present Mr. Goldsbury does not appear to meet criteria of an alcohol or other substance use disorder diagnosis.

**DIAGNOSIS in reference to substances**: v71.09 None / Nil

**Recommendations:** 1) Random drug screens at discretion of Mr. Goldsbury's pain care specialist Dr. Michael Saygeh; 2) Continue random checks of Mr. Goldsbury's prescription history through OARRS; 3) If there is any difficulty complying with his treatment agreement regarding opioid pain medications, Mr. Goldsbury is advised to consult with a substance abuse professional for further evaluation.

Mr. Goldsbury has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Ryan P. Smith, LISW-S, SAP, LCDC-III

cc: Michael Goldsbury