

June 17, 2014

William Nesbitt, Attorney The Koffel Law Firm 1801 Watermark Dr., Ste. 350 Columbus, OH 43215

Re: Clinical Alcohol Assessment for Alexander Kasper

Dear Mr. Nesbitt:

I performed a Clinical Alcohol Assessment for Mr. Kasper in reference to his pending May 2014 OVI charge. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute face-to-face clinical interview. The following are my findings and recommendations:

MAST: score =2; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 3; negative for alcohol use disorder; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns/Risks:** previous OVI charge, family history (alcohol), history of mild anxiety

**Anxiety/Depression Screening:** reported mild to moderate anxiety symptoms, denies mental health crisis **Substance Related Legal History Reported:** previous OVI charge at 17 (approx. 2 years ago)

Clinical Interview/Summary: Mr. Kasper's written screenings gave no definitive indication of an alcohol use disorder. He reported moderate use of alcohol as compared to his peers (2-4 uses per month @ 2-4 beers) but also readily acknowledged that he was underage and had acquired two impaired driving charges, and at an early point in his life. We discussed his risk profile and mutually concluded that he would benefit from some alcohol education and some follow up counseling/ prevention planning that would also take into consideration the freshmen college environment he will soon find himself in.

**DSM 5 DIAGNOSIS in reference to substances**: rule out mild alcohol use disorder

**Treatment Recommendations**: 1) <u>Education</u>, Mr. Kasper is voluntarily completing a 72 hour Driver Intervention Program in the near future. Such a program should provide ample opportunity for him to learn the basics of alcohol's effects on the body, misuse, abuse, dependence and so forth; 2) <u>Counseling</u>, recommend 3-4 follow up/prevention planning sessions with a professional substance abuse counselor; 3) If another negative consequence is incurred as a result of any substance use it is recommended Mr. Kasper seek further evaluation and follow all treatment recommendations.

Mr. Kasper has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Brian Davis, LISW-S, SAP cc: Alexander Kasper