

April 30, 2016

Joanna Burkhart, Municipal Court Clerk
Jackson Municipal Court
Jackson Town Hall
150 East Pearl Avenue
Jackson, WY 83001-8599

Re: Clinical Alcohol Assessment for Cole M. Westberry (DOB - 09/11/1987)

Ms. Burkhart:

I performed a Clinical Alcohol Assessment for Mr. Westberry in reference to his June, 2014 DUI charge in Jackson County, Wyoming. In addition to our 75-minute clinical interview conducted via telephone, this assessment included the administration of:

- A MAST (Michigan Alcohol Screening Test)
- An AUDIT (Alcohol Use Disorder Identification Test)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (scores are relative to life-long use)

AUDIT: score = 3 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, whereas scores of 15 or more in men indicate a moderate to severe disorder may be present (scores are relative to use of alcohol within the last year)

Alcohol Risk-Factor Profile:

- legal history – N/A
- other substance use – regular use of tobacco; drug tested by employer within the last year
- contraindicated prescription use – N/A
- prior treatment history – N/A
- family history – N/A
- peer influences – N/A
- at-risk work environment – N/A
- physical health issues – N/A
- anxiety/depression – N/A; no present symptoms, reported symptoms of anxiety that were tied to social circumstances
- other mental health concerns – N/A
- current work and/or relationship stress – N/A

Summary: 1 of 11 concerns (low risk profile)

DSM-5/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, recurrent or repetitive use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Substance-Related Legal History Reported: denies any previous history of alcohol or substance related arrests and/or legal charges; reports BAC at the time of incident was a .1

Clinical Interview/Summary: Mr. Westberry's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He described his normal use of alcohol on weekdays (about once every other week) as 1-3 light beers after work hours. He also acknowledged use of up to 3-5 drinks on special occasions (birthdays, holidays) or with a dinner on the weekend. These instances occur on an average of 1-2 times per a month.

Mr. Westberry and I discussed his DUI incident and general use of alcohol at length. He was articulate of his reasons for not drinking in excess and also expressed that he has adopted a zero-tolerance stance toward drinking and driving since this incident. While drinking and driving is not something he had made habit of previously, considering the time a breath sample was taken, it is suggestive that there could have been some inaccuracy with his breathalyzer results. Furthermore, he was compliant in providing me with a collateral contact for the purpose of verifying his drinking habits. In my best clinical judgment, I was unable to find the incident or his overall history and presentation indicative of someone experiencing any DSM-5 alcohol use disorder symptoms. I have no treatment recommendations that are clinically appropriate at this time. If another alcohol-related incident occurs, it is recommended that he seek further evaluation and follow all treatment recommendations.

DSM-5 DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found)

If you possess any additional information about Mr. Westberry's use of alcohol that may impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Westberry, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA

Cert.# 150427

cc: Cole M. Westberry

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.