

January 19, 2016

Anna Schmidt, Probation Officer
Franklin County Municipal Court
375 South High Street, 8th Floor
Columbus, OH 43215

Re: Clinical Alcohol Assessment for William James Parobek

Dear Ms. Schmidt:

I performed a Clinical Alcohol Assessment for Mr. Parobek in reference to his June 2015 OVI charge in Franklin County. This assessment included the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening
- 50 minute in-person clinical interview

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

SASSI-3: no scores indicative of an alcohol use disorder at any level (mild, moderate, or severe); client's DEF score (defensiveness) was elevated beyond the norm which increases the likelihood of a missed moderate to severe alcohol use disorder but may also reflect situational factors; lifetime frame of reference

MAST: score = 6 / *POSITIVE SCREEN*; screening provided clear evidence of problematic alcohol use; lifetime frame of reference;

AUDIT: score = 3 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, scores of 15 or more indicates moderate to severe disorder present; positive remarks all relate to his June 2015 incident

DSM/Other Substance Related Concerns: acknowledges prior symptoms of problem alcohol use such as pattern of mild hangover, conflict with significant others during or shortly after alcohol use, and guilt/regret after alcohol use;

Present Use Status / DSM-5 symptoms: presently not using alcohol, has met 1 of 11 DSM-5 alcohol use disorder symptoms in the 12 months; prior to date of charge had approximately 11 years of sobriety; no plan to resume alcohol use;

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Parobek's written screenings provided mixed indication of an alcohol use disorder. He reported his normal use of alcohol before this charge as 3-5 drinks on 5-6 occasions per week. He also reported that he initially became sober in June 2004 through attendance at AA meetings. Mr. Parobek shared with me the details surrounding his alcohol use on June 18, 2015, and we discussed subsequent changes to his medication use.

At present Mr. Parobek is reporting abstinence from alcohol and plans to continue his present sobriety from alcohol. He is currently attending 1 AA meeting per month and has recently completed Christian Accountability Network's 72-hour driver intervention program. In reviewing Mr. Parobek's alcohol use I did not find sufficient evidence that he presently meets DSM-5 criteria for an alcohol use disorder though he has previously met criteria for an alcohol use disorder of moderate severity. While Mr. Parobek appears distraught over his use of alcohol in June 2015, he does not appear to be in anguish or distress over his alcohol use which is a good predictor of his ability to continue his present abstinence. I am recommending that Mr. Parobek continue ongoing monthly attendance at AA meetings.

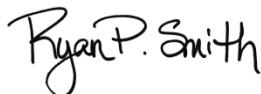
DSM 5 DIAGNOSIS in reference to substances: F10.20 alcohol use disorder, moderate, in early full remission

Treatment Recommendations:

- 1) AA, recommend ongoing monthly attendance at an AA meeting, frequency of 1-2 meetings per month for a minimum of 12 months;
- 2) Abstinence, recommend abstaining from all alcohol use permanently; any resumption of alcohol use should result in a consultation with a physician and substance abuse professional;
- 3) If unable to maintain abstinence Mr. Parobek to consult with mental health and/or substance abuse professionals regarding additional treatment and support (temporary abstinence period, Intensive Outpatient Program, 12 step meeting attendance, etc.).

Thank you for the opportunity to assist the court, Mr. Parobek, and yourself in this important matter.

Sincerely,



Ryan Smith, LISW-S, LICDC, SAP
SW Lic.# I.1000155-S, CD Lic.# 101182
cc: William James Parobek

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.