

March 31st, 2014

Brandon Sharp, National Guard Recruiter

Re: Clinical Alcohol Assessment for James Shamblin

Dear Mr. Sharp:

I performed a Clinical Alcohol Assessment for Mr. Shamblin in reference to his February 2013 disorderly conduct and underage alcohol consumption charges. This assessment included the administration of: a SASSI-3, a MAST, an AUDIT, a depression screening, and a clinical interview. The following are my findings and recommendations:

SASSI-3: scores indicated a high probability of a moderate to severe alcohol use disorder; scores were positive for rule #6

MAST: score =4; scores of "3-5" indicate early to middle stage problem alcohol use; lifetime frame of reference

AUDIT: score=5; scores of "8" or more indicate hazardous alcohol use; past year frame of reference **DSM/Other Substance Related Concerns:** some family history of problematic alcohol use **Depression Screening:** no clinically significant concerns reported

Clinical Interview/Summary: Mr. Shamblin's written screenings provided mixed indications of an alcohol use disorder. He reports his past year typical use of alcohol as 2 standard drinks on 2-3 occasions per month. He also acknowledged exceptions to that norm on 2-3 occasions per year (birthdays and special celebrations), which would involve consumption range of 6-8 drinks. Prior to his February 2013 charges, Mr. Shamblin reported drinking 3-4 occasions per week with a normal range of 6-8 free-poured shots. The clinical interview revealed enough symptoms from use to indicate a moderate alcohol use disorder but not a severe alcohol use disorder. I am recommending alcohol education and some prevention planning with a substance abuse professional.

DIAGNOSIS in reference to substances: 303.90 moderate alcohol use disorder

Recommendations: 1) <u>Education</u>, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (contact 614-566-3700); 2) <u>Counseling</u>, recommend 8-10 sessions with a professional substance abuse counselor; 3) If another negative consequence is incurred as a result of any alcohol use within the next year, it is recommended that Mr. Shamblin seek further evaluation and follow all updated treatment recommendations.

Mr. Shamblin has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Ryan P. Smith, LISW-S, SAP, LCDC-III

cc: James Shamblin

Ryan P. Smith