

July 7, 2016

Lahaina District Court 1870 Honoapiilani Highway Lahaina, HI 96761

Re: Clinical Alcohol Assessment for Noor Sammour (DOB – 12/16/1986)

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Sammour in reference to his reckless driving charge in Lahaina County in July of 2015. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present

## Alcohol Use Risk Factors: Concerns/Risks previous legal history – de

Summary - 0 of 11 concerns

□ previous legal history – denies prior history
☐ severity of incident – NA
☐ anxiety/depression/mental health – NA
☐ other substance use – NA
☐ family history – none reported
☐ prior treatment history – NA
□ peer influences– NA
☐ work environment – NA
☐ contraindicated prescription use – NA
☐ general health problems – NA
☐ current family stress – NA

## Clinical Interview/Summary:

Mr. Sammour's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 1-2 drinks on 1 or fewer occasions per week. He reported no difference in the amount consumed if he was attending a special event or celebration.

Mr. Sammour and I discussed his reckless driving incident, the pertinent details of the evening he was charged, and his general use of alcohol at length. I found him to be forthcoming throughout the interview and there were no discrepancies in either his clinical interview or written screenings. Therefore, to a reasonable degree of clinical certainty, I was unable to find Mr. Sammour meeting any DSM-5 criteria for an alcohol use disorder. Accordingly, I have no further treatment recommendations for him at this time.

**DSM-5 DIAGNOSIS in Reference to Substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

1) <u>If another negative consequence</u> is incurred as a result of any alcohol use, it is recommended Mr. Sammour seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Sammour's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Sammour, and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

LIC # 079668-1 cc: Noor Sammour

**Prohibition Against Re-Disclosure**: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts



160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

