

August 18, 2016

The Steve Fox, Attorney
The Steven T. Fox Law Firm, LLC
1335 Dublin Road, Suite 205-A
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Sanjay Sahni (DOB – 02/21/1967)

Dear Mr. Fox:

I performed a Clinical Alcohol Assessment for Mr. Sahni in reference to his OVI charge in Delaware County. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorders Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use, mitigate concerns with education or clinical recommendations as appropriate

**AUDIT:** score = 3 / NEGATIVE SCREEN; scores of 8 or more indicate hazardous use, scores of 15 or more in men indicate moderate to severe disorder present, mitigate concerns with educational or clinical recommendations as appropriate

## Alcohol Use Risk Factors:

Concerns/Risks
□ previous legal history – 2013 plead to reckless operation
⊠ severity of incident(s) – non-injury auto accident
☐ anxiety/depression/mental health – NA
□ other substance use – NA
☐ family history – none reported
□ prior treatment history – NA
□ peer influences– NA
□ work environment – NA
□ contraindicated prescription use – NA
☐ general health problems – NA
☐ current family stress – NA
Summary -2 of 11 concerns, mitigate concern with clinical recommendations

## **DSM - 5 Alcohol Use Symptoms:** Summary – 0 of 11 symptoms found

**Clinical Interview/Summary**: Mr. Sahni's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 2-3 drinks on 1-2 occasions per week. He reported no difference in the amount consumed if he was attending a special celebration or work related event.

Mr. Sahni and I discussed his OVI incidents and general use of alcohol at length. While I did not find him meeting DSM-5 alcohol use disorder criteria I did note the risks and concerns associated with his specific situation. Accordingly, I am including some preventative recommendations in the remainder of this report.

**DSM-5 DIAGNOSIS in Reference to Substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

- 1) Attend a local MADD Victim Impact Panel, 5900 Roche Dr. #250 Columbus, OH 43229, Phone 614-885-6233, email oh.state@madd.org;
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Mr. Sahni seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Sahni's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Sahni, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948 cc: Sanjay Sahni

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**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

