

March 2, 2016

Scott Hawkins, Attorney
Hawkins Oetjens, L.L.C.
4980 Bluebonnet Blvd, Suite A
Baton Rouge, LA 70809

Re: Clinical Alcohol Assessment for Winston James Barado (DOB – 02/12/1985)

Dear Mr. Hawkins:

I performed a Clinical Alcohol Assessment for Mr. Barado in reference to his 2013 DUI charge in East Baton Rouge Parish. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 5 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present

Alcohol Substance Use Risk Factors:

Concerns/Risks

- legal history – denies previous history
- anxiety – NA
- other substance use – NA
- family history – none reported
- prior treatment history – NA
- peer influences – NA
- work environment – NA
- contraindicated prescription use – NA
- general health problems – NA
- current family stress – NA

Summary – 0 of 9 concerns = low risk profile

Anxiety/Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Mr. Barado's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 3-6 drinks on 1 or 2 occasions per week (weekend use only). He also acknowledged use of 4-7 drinks on about 4 special occasions (weddings, birthdays, etc.) per year.

Mr. Barado and I discussed his DUI incident and general use of alcohol at length. He was forthright and consistent in his presentation. While I was unable to find him meeting DSM-5 alcohol use disorder symptoms I did find two areas of risk in his alcohol use and am suggesting a preventative measure to minimize this risk. The specific risks were: occasional use of alcohol beyond NIAAA/NIH low-risk guidelines (more than 4 drinks); and use of mixed drinks which can be difficult to quantify in terms of alcohol content. I suggested that Mr. Barado engage in some education in addition to his mandated MADD class and make a conscious effort to limit his use to 4 drinks on any single occasion. Mr. Barado was very open to my recommendations which are also found in detail below.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) Attend a local MADD – Victim Impact Panel, Mr. Barado is court ordered to complete this and I support the requirement, he is registered to complete the class this evening (3/2/2016);
- 2) Alcohol & Drug Education – 3-4 hrs. of additional alcohol/drug education including a combination of any of the following – local class (hospital, treatment center, or community facility), AA or Smart Recovery group attendance, or and online alcohol education course (e.g. Logancourtclasses.com or onlinealcoholclass.com)
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Barado seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Barado's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Barado, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Winston James Barado

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.