

July 6, 2015

Jeffrey Stavroff, Attorney The Koffel Law Firm 1801 Watermark Dr., Suite 350 Columbus, OH 43215

Re: Clinical Alcohol and Drug Assessment for Travis McMinn

Dear Mr. Stavroff

I performed a Clinical Alcohol Assessment for Mr. McMinn in reference to his disorderly conduct charge in Franklin County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Drug Abuse Screening Test (DAST)
- General anxiety/depression screening
- Clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** NEGATIVE SCREEN; no direct or indirect indication of problem alcohol use (screening appeared valid)

**DAST:** score = 2 / NEGATIVE SCREEN; no direct or indirect indication of problem drug use (screening appeared valid)

**DUDIT:** score = 0 / NEGATIVE SCREEN; scores above 6 indicate problematic use ("mild-moderate"), above 25 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** screened for all illicit substances; alcohol primary. clinical interview revealed 0 of 11 DSM 5 drug or alcohol related symptoms found denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary**: *ALCOHOL*: Mr. McMinn's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He

reported his normal use of alcohol as 2-4 drinks on 2-3 occasions per week. He also acknowledged use of 4-6 drinks on special occasions (weddings, birthdays, etc.) or on about 10-12 occasions per year. I did find Mr. McMinn to be credible when answering questions related to his use of alcohol and his normal drinking behaviors. Mr. McMinn and I discussed his OVI incident and general use of alcohol at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms.

DRUG USE: Mr. McMinn's written screenings and clinical interview also provided no indication of a drug use disorder at any level (mild, moderate or severe). He acknowledged that he smoked marijuana as a teen approximately 2-3 times per month, with some rare use in his twenties. However, he states that he has not smoked marijuana for the last 2 years and plans to abstain from marijuana use indefinitely because it decreases his overall motivation.

Mr. McMinn and I discussed the factors present on the evening of his charges. He was both remorseful and embarrassed by his excess use of alcohol and behavior that followed. My impression is that this legal charge is not indicative of a pattern of problem drinking or a DSM 5 alcohol use disorder of any kind.

**DSM 5 DIAGNOSIS in reference to substances**: V 71.09 (none found)

## **Treatment Recommendations:**

1) If another negative consequence is incurred as a result of any alcohol or drug use it is recommended Mr. McMinn seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. McMinn, and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Travis McMinn

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160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

