

August 29, 2016

Jayne Head, Probation Officer Franklin County Municipal Court Probation Department 375 South High Street, 8th Floor Columbus, Ohio 43215-4520

Re: Clinical Alcohol Assessment for Brian A. Barnett (DOB - 12/27/1988)

Dear Ms. Head:

I performed a Clinical Alcohol and Drug Assessment for Mr. Barnett in reference to his February 2016 OVI charge in Franklin County. This assessment included a 50-minute clinical interview, and the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

SASSI-3: scores indicated an overall *low probability* of a moderate to severe alcohol use disorder diagnosis; respondent's DEF score (defensiveness) was elevated above the norm which increases the likelihood of a missed moderate to severe alcohol use disorder but may also reflect situational factors

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screen relative to lifetime use of alcohol)

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present (screen relative to use of alcohol within the past 24 months)

Alcohol Use Risk Factors:

□ legal history – denies previous history
☑ severity of incident – blood alcohol level was elevated at .175
☐ anxiety/depression/mental health – NA
☐ general health issues – NA
□ exposure to trauma – NA
□ use of liquor/high alcohol content beers – India Pale Ales
□ other substance use – NA
□ contraindicated prescription use – NA
☐ family history – none reported
□ prior treatment history – NA

□ negative peer influence – NA
☐ at-risk work environment – NA
\square current stress (relational, work, etc.) – NA
Summary - 2 of 13 concerns

Clinical Interview/Summary:

ALCOHOL – Mr. Barnett's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol prior to this charge as 2-3 drinks on 3-5 occasions per week. He also acknowledged use of 4-5 twelve to sixteen-ounce craft beers on 6-8 special occasions (weddings, birthdays, etc.) per year.

Mr. Barnett and I discussed his OVI incident, his attendance at a MADD Victim Impact Panel and a 3-day Driver Intervention Program. His clinical interview revealed an episodic pattern of binge alcohol use, but I did not find indications of a preoccupation with alcohol use or signs of loss of control of use. Given the absence of indications of clinically significant impairment, I find that the education Mr. Barnett has already completed to be sufficient at this time.

DSM-5 Alcohol Use Symptoms:

⊠ Recurrent use beyond intention
☐ Persistent desire or unsuccessful efforts to reduce/quit use
☐ Substantial time spent obtaining, using, or recovering from use
☐ Strong craving/desire
☐ Recurrent failure to fulfill a major role (work, home, school)
☐ Continued use despite recurrent social/interpersonal problems
☐ Important social, occupational, recreational activities relinquished
☐ Recurrent physically hazardous use
$\hfill\square$ Continued use despite knowledge of contraindicated physical or psychological condition
□ Tolerance
☐ Withdrawal symptoms

Summary - 1 of 11 symptoms (Mild 2-3 | Moderate 4-5. Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found); Rule out F10.10 alcohol use disorder, mild

Treatment Recommendations:

- 1) There are no further clinical recommendations at this time.
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Barnett seek further evaluation and follow all treatment recommendations where minimum level of care is outpatient counseling.

If you or the court possess additional information about Mr. Barnett's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.



Thank you for the opportunity to assist the court, Mr. Barnett, and yourself in this important matter.

Sincerely,

Ryan P. Smith MSW, LISW-S, LICDC, SAP SW Lic. #I.1000155-S, CD Lic. #101182

cc: Brian A. Barnett

Kyan P. Snith

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

