

November 19, 2015

Chris Tadros, Attorney 110 East Broward Boulevard, Suite 1700 Fort Lauderdale, FL 33301

Re: Clinical Alcohol and Drug Assessment for Anthony Crothers

Dear Mr. Tadros,

I performed a Clinical Alcohol and Drug Assessment for Mr. Crothers in reference to his possession of paraphernalia charge in Brevard County. This assessment included a clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- A Drug Use Disorder Identification Test (DUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

DUDIT: score = 0 / NEGATIVE SCREEN; scores of 6 or more indicate problematic use ("mild-moderate"), scores of 6 or more (male), 25 or more indicate high likelihood of a severe disorder present

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol or drug use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Present Use Status: 1-3 drinks on 2-3 occasions per week, articulate about reasons for not exceeding this amount (health conscious, avoidance of negative consequences, lack of appeal)

Anxiety/Depression Screening: no clinically significant concerns reported or detected in clinical interview

Substance Related Legal History Reported: 2013 misdemeanor possession of marijuana

Clinical Interview/Summary:

ALCOHOL - Mr. Crothers' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 1-3 drinks on 2-3 occasions per week, always with food and with his girlfriend. He reported the same consumption amount in social contexts of celebration or special occasions.

I did not gain any clinical impression that Mr. Crother's has recently or historically met DSM-5 alcohol use disorder criteria. Furthermore, I noticed no hesitation, discrepancy or other non-verbal signs that would create a suspicion that he was covering for, minimizing or denying problem alcohol use.

ILLICIT DRUG – Mr. Crothers acknowledged infrequent use of marijuana (twice per month). He did however deny problem-use symptoms, including: hazardous use (impaired driving), loss of motivation, anxiety symptoms, concentration problems, negative impact on his intimate relationships, or economic hardship related to use.

Mr. Crothers denied use of all other illicit substance categories including: stimulants, hallucinogens, inhalants, opiates, etc. Further, he was knowledgeable and articulate about his professional and personal stance against the casual use of narcotic painkillers as a way to manage pain. Ultimately I was unable to find Mr. Crothers acknowledged use of marijuana to meet DSM-5 cannabis use or other illicit drug use disorder symptoms.

PRESCRIPTION DRUG – Mr. Crothers denied any prescription or recreational use of prescription medications which are prone to abuse including: stimulant/ADD medications, narcotic painkiller medications, and anxiolytics and sleeping medications. The interview did not reveal hesitation, discrepancy with his written screenings or other non-verbal signs of minimization or covering a prescription drug use problem.

DRUG TESTING - Mr. Crothers reported that he was drug tested by the Brevard County probation department in early November and found to be negative with reference to marijuana and all illicit substances. He also stated that he is willing to submit to any additional drug tests required by the court as part of his probationary terms.

If the court possesses additional information about Mr. Crothers' use of alcohol or drugs that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

DSM 5-DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: Since I did not find Mr. Crothers meeting DSM-5 problem alcohol or drug use signs or symptoms I have no further professional



recommendations for him at this time. If Mr. Crothers experiences any negative consequences from the use of alcohol, cannabis or any other substance I recommend that he seek an updated substance abuse evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Crothers, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Anthony Crothers

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

