

February 24, 2015

Patrick Morgan, Attorney
290 Lloyd Street
Suite 120
Carrboro, NC 27510

Re: Clinical Alcohol Assessment for Cody Miller

Dear Mr. Morgan:

I performed a Clinical Alcohol Assessment for Mr. Miller in reference to his *public intoxication and resisting arrest* charges in November of 2014 in Chatham County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: NEGATIVE SCREEN; no direct or indirect indication of problem alcohol use

AUDIT: score = 0 / **NEGATIVE SCREEN;** scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 substance related symptoms present.

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Miller's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported normal use of alcohol *prior* to his charges as 1-2 drinks on 1 occasion per month. He also acknowledged use *prior* to his charges as 2-3 drinks on special occasions (weddings, birthdays, etc.) or about 1-2 occasions per year. However, Mr. Miller states that due to the repercussions of his charges, he has completely abstained from alcohol since the incident. We discussed Mr. Miller's charges as well as any general habits involving alcohol. He was non-defensive in his demeanor and the interview did not reveal any inconsistencies in written or verbal form. My clinical impression is that this incident represents an aberration in his normally moderate and low risk drinking behaviors as well as being occluded by social factors present in November of 2014. It is my understanding that Mr. Miller has complied with the court's direction of 24 hours of community service as well as written letters of apology to the officers involved in the incident. I agree with the court's decision for Mr. Miller to comply with these requirements and do not have any further professional treatment recommendations.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations: I have no further professional recommendations for Mr. Miller at this time. If he incurs additional negative or legal consequence as a result of any alcohol use it is recommended Mr. Miller seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Miller and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Cody Miller

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.