

April 13, 2015

Lake Havasu City Consolidated Court  
2001 College Dr. Suite 148  
Lake Havasu City, AZ 86403

**Re: Clinical Alcohol Assessment for Chase Morton**

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Morton in reference to his underage consumption charge in Mohave County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- 50 minute clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2/ *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 5 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present (respondent appeared to provide forthright answers)

**DSM/Other Substance Related Concerns:** denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Anxiety/Depression Screening:** has experienced mild situational anxiety symptoms in the last three months unrelated to alcohol or substance use; denies mental health crisis and symptoms have subsided/been addressed, chronic condition unlikely per clinical impression

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Morton's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported experimental use of alcohol, consuming 1-4 drinks on a very infrequent basis (once every 3-6 months). Mr. Morton and I discussed his underage consumption charge at

length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. Further, he seems quite articulate about the potential negative consequences that could come from alcohol use as well as the means and motivation to avoid problem use of alcohol in the future. However, due to his age, I am recommending completion of some basic alcohol education.

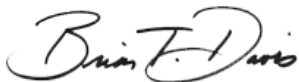
**DSM 5 DIAGNOSIS in reference to substances: V71.09**

**Treatment Recommendations:**

- 1) Preventative Education Options- Logancourtclassesonline.com or Sanbernadino's DUI program (<http://www.mhsinc.org/san-bernardino-dui-program>) which includes an underage drinker educational component. I am not making this recommendation because of any evidence of impaired driving;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Morton seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Morton, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP  
cc: Chase Morton

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.