

September 25, 2014

Frank Jones  
Burney, Burney & Jones  
110 N. 5<sup>th</sup> Ave.  
Wilmington, NC 28401

**Re: Clinical Alcohol Assessment for Matthew Jackson**

Dear Mr. Jones:

I performed a Clinical Alcohol Assessment for Mr. Jackson in reference to his September 2012 DUI charge in New Hanover County (BAC @ .11). This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening
- Basic Depression/ Anxiety screening
- a 50 minute face-to-face videoconferenced clinical interview

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score =4 / *inconclusive screening*; some points assigned due to events over 23 months prior

**AUDIT:** score = 5/ *negative screening*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** 0 of 11 DSM 5 symptoms found in clinical interview

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges, also reports no new legal charges related to alcohol or substance use since the September 2012 impaired driving charge


**Clinical Interview/Summary:** Mr. Jackson's written screenings provided no substantial indication of an alcohol use disorder. He reported his normal use of alcohol as 2-4 drinks on up to 2 occasions per week. We discussed Mr. Jackson's DUI charges at length as well as his maturity level, friendships, and socializing choices in 2012 when he incurred the .11 BAC DUI. Mr. Jackson appears to have made substantial and sustainable lifestyle changes to avoid impaired driving or misuse of alcohol going forward. While he may have met criteria for a mild alcohol use disorder at some time prior to September 2012 I was ultimately unable to find his presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms in the last 2 years.

**DSM 5 DIAGNOSIS in reference to substances:** V 71.09 (none found)

**Treatment Recommendations:** I have no further professional recommendations for Mr. Jackson at this time. If he incurs additional negative or legal consequences of any kind as a result of alcohol use I recommend he obtain an updated assessment and follow all professional recommendations.

Thank you for the opportunity to assist the court, Mr. Jackson, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP  
cc: Matthew Jackson

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.