

July 22, 2013

Elizabeth George, PO  
Fairfield County Municipal Court  
104 E. Main St.  
Lancaster, OH 43130

**Re: Substance Abuse Assessment for Doug Vatter**

Dear Ms. George:

I performed a basic assessment for Mr. Vatter, in reference to his pending transition to non-reporting probation with you. This assessment included the administration of: a MAST, an AUDIT, a depression screening, and a clinical interview. The following are my findings and recommendations:

**Substance(s) of Concern:** alcohol only

**MAST:** score = 5; indicates likely diagnosis of alcohol use disorder at mild to moderate level, advised to screen further

**AUDIT:** score= 12; indicates harmful or hazardous alcohol use history, scoring range suggests moderate alcohol use diagnosis

**DSM/Other Substance Related Concerns:** memory impairment associated with alcohol, multiple DUI charges (3 lifetime), tolerance, negative impact on his occupation, significant family history (alcohol), occupation presents an environment with frequent exposure to alcohol

**Depression Screening:** no clinically significant signs or symptoms reported or detected

**Clinical Interview/Summary:** Mr. Vatter's written screenings suggested the likelihood of a mild to moderate alcohol use disorder. He reported that he used alcohol on 2-3 occasions per week, consuming up to 6-8 beers. He acknowledged that his use of alcohol has intermittently caused negative impact on important areas of his life. We clearly identified 5 problem symptoms which qualify Mr. Vatter for a moderate alcohol use disorder. His insight and motivation level are good and he is a good candidate for individual outpatient counseling. However, if problem use persists in spite of counseling, more intensive treatment will be recommended (see specifics below).

**DIAGNOSIS in reference to Substances:** 303.90 (F10.20) moderate alcohol use disorder

**Recommendations:** 1) **Counseling**, recommend 4-8 sessions (bi-weekly) with a professional substance abuse counselor; re-evaluate appropriateness and frequency after 4 sessions; 2) **Monitoring**, recommend 6 months of monitoring with same counselor after initial counseling completed, meeting frequency at discretion of counselor; 3) If Mr. Vatter experiences any additional negative consequences from the use of alcohol a recommendation for Intensive Outpatient Treatment would be likely.

Mr. Vatter has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,  
Brian Davis, LISW-S, SAP

