

January 14, 2016

Wesley Freeman, Attorney
The Koffel Law Firm
1801 Watermark Drive, Suite 350
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Haley Johnson (DOB - 08/16/1993)

Dear Mr. Freeman.

I performed a Clinical Alcohol Assessment for Ms. Johnson in reference to her disorderly conduct charge in Franklin County. This assessment included a clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 5 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women, *moderate to severe* disorder present (respondent appeared to provide forthright responses to questions)

**Alcohol Use Risks or Symptoms:** occasional use of mixed drink or liquor, limited memory loss associated with use of mixed drinks in college

Anxiety/Depression Screening: no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary**: Ms. Johnson's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol since graduating from college as 2-3 drinks on 1-2 occasions per week. She also acknowledged use of up to 4 drinks on infrequent occasions (2 family weddings in the last year).

Ms. Johnson and I discussed her disorderly conduct incident and general use of alcohol at length. She seemed to be forthcoming about her use of alcohol and very remorseful

about her choices that lead up to her legal charge. I only found her meeting 1 of 11 DSM-5 alcohol use disorder symptoms (not sufficient for *mild alcohol use disorder*). Furthermore, Ms. Johnson appears to be naturally moving away from a typical profile of alcohol use in college to a lower-risk drinking profile; very typical of young adults maturing into their early careers. For preventative reasons and to reinforce her movement toward responsible and controlled use of alcohol, I am recommending that she complete some basic alcohol education.

If you or the court possess additional information about Ms. Johnson's use of alcohol that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

**DSM-5 DIAGNOSIS in reference to substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

- 1) <u>Preventative Education</u> recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Ms. Johnson seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Johnson, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Haley Johnson

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**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self- reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

