

August 15th, 2014

Diana Toth, PO Frankly County Municipal Court 375 S. High St. 8th Floor Columbus, OH 43215

Re: Clinical Alcohol Assessment for Robert Wells

Dear Ms. Toth:

I performed a Clinical Alcohol Assessment for Mr. Wells in reference to his April 2013 OVI charge. This assessment included the administration of: a SASSI-3, a MAST, an AUDIT, an anxiety/depression screening, and a clinical interview. The following are my findings and recommendations:

SASSI-3: scores indicated a *high probability* of a moderate to severe use disorder; scores were positive for rules #1, 3, 7, and 9

MAST: score 16; indicates an apparent alcohol use disorder; lifetime frame of reference **AUDIT:** score =2; scores of "8" or more indicate hazardous use of alcohol; past year frame of reference

Anxiety/Depression Screening: no clinically significant concerns reported Substance Related Legal History Reported: previous OVI charges in 2000 and 2005; prior reckless operation charge in 2005

Clinical Interview/Summary: Mr. Wells' written screenings provided clear indications of a moderate to severe alcohol use disorder. Mr. Wells reported his last use of alcohol was in June 2013. Prior to his initiation of abstinence, he was consuming alcohol on 3-4 days per week with an average amount of 8-10 standard beers. This pattern changed from 2011-2013 when his physician advised him to limit his alcohol use to no more than two beers daily due to a diagnosed nephritic syndrome. Mr. Wells' clinical interview revealed symptoms of tolerance, use beyond intention, recurrent use in hazardous situations, and use despite a negative impact to his social, occupational, and relational functioning. Mr. Wells has, however, been abstinence from alcohol for over a year, and he noted no difficulty in maintaining his alcohol abstinence. Currently, Mr. Wells appears highly motivated to maintain his abstinence from alcohol

DSM-5 DIAGNOSIS in reference to substances: 303.90 severe alcohol use disorder, sustained full remission

Recommendations: 1) Ongoing abstinence, recommend indefinite abstinence from alcohol; any resumption of alcohol use will demonstrate a need for a higher level of treatment (e.g. Intensive Outpatient Treatment); 2) Support group, recommend twice monthly attendance at support group (AA/NA/Celebrate Recovery, SMART Recovery) for minimum of 12 months; 3) Outpatient counseling, recommend twice monthly counseling for three months then tapered to once monthly

sessions for six months; counseling may be tapered or extended as determined by counselor or other professional.

Mr. Wells has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Ryan P. Smith, LISW-S, SAP, LCDC-III

cc: Robert Wells

Ryan P. Snith

