

November 21, 2016

Jim A. Wallace, Attorney
11 E Washington St,
Athens, OH 45701

Re: Clinical Alcohol Assessment for Maxwell S. Feldman (DOB – 06/19/1989)

Dear Mr. Wallace:

I performed a Clinical Alcohol Assessment for Mr. Feldman in reference to his August OVI and Vandalism charges in Athens County. This assessment included a 60-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of a present alcohol use disorder (screen relative to lifetime use of alcohol)

AUDIT: score = 5 / *NEGATIVE SCREEN*; scores of 8 or more indicate potential *hazardous use*, whereas scores of 15 or more in men indicate a *moderate to severe* disorder may be present (screen predominantly relative to current use of alcohol)

Alcohol Use Risk Factors:

- ☐ negative peer influence/at-risk work environment – NA
- ☒ current stress (relational, work, financial, etc.) – some moderate stress reported
- ☐ physical health concerns – NA
- ☐ anxiety/depression/mental health – NA
- ☐ exposure to trauma – NA
- ☒ family history of substance abuse or alcoholism – 2 direct blood relatives
- ☐ contraindicated prescription use – NA
- ☐ other substance use – marijuana in college only
- ☐ regular use of liquor – NA
- ☐ voluntary treatment history – NA
- ☒ severity of incident
- ☐ legal history – denies previous history

Summary – 3 of 12 concerns, mitigate concern with clinical recommendations

Present Use Status: Reports having abstained from alcohol since OVI without craving or desire to drink

Clinical Interview/Summary: Mr. Feldman's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 1-2 craft beers on 1-2 occasions per month. He reported no significant differences in the amount of alcohol consumed if he was attending a special event or celebration.

Mr. Feldman and I discussed his OVI charge and general use of alcohol at length. I did not find him meeting DSM-5 alcohol use disorder criteria for diagnosis and his drinking habits seem to be within NIAAA recommendations for men's low-risk drinking. I did note the risks and concerns associated with his specific situation (see above). Accordingly, I am including some preventative recommendations in the remainder of this report in an effort to be proactive.

DSM-5 Alcohol Use Disorder Symptoms:

- ☐ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☐ Physically hazardous use
- ☐ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 0 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) Outpatient Counseling – 2-3 outpatient sessions with a professional substance abuse counselor; follow-up provider to: consult with character references, update treatment recommendations, and discharge as appropriate;
- 2) Attend a local Victim Impact Panel – MADD (Mothers Against Drunk Driving), 5900 Roche Dr. #250 Columbus, OH 43229, Phone - 614.885.6233, email - oh.state@madd.org;

- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Feldman seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Feldman's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Feldman, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA
Certificate # 150427
cc: Maxwell S. Feldman

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information, and third party verification can be provided as an additional service upon request.