

September 9, 2015

Mark Collins, Attorney 492 South High St., 3<sup>rd</sup> Fl. Columbus, OH 43215

Re: Clinical Alcohol and Drug Assessment for Jackson McNair

Dear Mr. Collins:

I performed a Clinical Alcohol and Drug Assessment for Mr. McNair in reference to his OVI charge in Franklin County. This assessment included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- A Drug Abuse Screening Test (DAST)
- A General anxiety/depression screening
- 50 minute in-person clinical interview
- Conjoint interview with client and his mother

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**DAST:** score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**DSM/Other Substance Related Concerns:** denies subtle indicators of problem alcohol or drug use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Present Use Status:** presently not using alcohol, parent confirmed this as true to the degree she was aware; parent-child interaction was informative, meaningful and valuable to the assessment process

**Anxiety/Depression Screening:** no clinical concerns reported at a clinically maladaptive level

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

## Clinical Interview/Summary:

ALCOHOL - Mr. McNair's written screenings provided no indication of an alcohol use

disorder at any level (mild, moderate or severe). He reported past use of alcohol at an experimental and infrequent level not unlike I see with the average male high school student. I did not detect that he was drinking higher than average amounts for students experimenting with alcohol in high school. The high BAC involved in his accident and arrest was of concern to me and we discussed the significance of it at length. I did not conclude it was a sign of alcohol tolerance.

ILLICIT DRUG – Mr. McNair denied any experimental use of illicit drugs including: marijuana, stimulants, hallucinogens, inhalants, opiates, etc. I found no part his report suspect of minimization or falsification and the interview with his mother did not reveal any additional concerns or discrepancies.

PRESCRIPTION DRUG – Mr. McNair denied any recreational or regular use of prescription medications which are prone to abuse including: stimulant/ADD medications, narcotic painkiller medications, anxiolytics or sleeping medications. Though he has at times had physician prescribed medications of this nature he reported taking them only as prescribed. The interview with Mr. McNair and his mother did not reveal hesitation, discrepancy with his written screenings any non-verbal signs of minimization or covering a prescription drug use problem.

**DSM 5 DIAGNOSIS in reference to substances**: V71.09 (none found)

## **Treatment Recommendations:**

- 1) Attend a local MADD Victim Impact Panel (for prevention purposes);
- 2) Alcohol & Drug Education, Mr. McNair reported that he has completed 15 hours of alcohol and drug education at Maryhaven of Columbus (no additional education indicated);
- **3)** Continue meeting with Joe Johnston, IMFC: as needed and in conjunction with therapist and parental consults.

Thank you for the opportunity to assist the court, Mr. McNair, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

cc: Jackson McNair

**Prohibition Against Re-Disclosure**: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical



or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

