

August 17, 2015

The Honorable Edward J. Casias
Summit County Court
501 North Park Avenue
Breckenridge, CO 80424

Re: Clinical Alcohol Assessment for Sean Crane

Dear Judge Casias:

I performed a Clinical Alcohol Assessment for Mr. Crane in reference to his DUI charge in March of 2015 in Summit County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening
- A full clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 4 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, scores of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Present Use Status / DSM-5 symptoms: clinical interview revealed moderate and low risk alcohol use: has met 0 of 11 DSM-5 alcohol use disorder symptoms in the 24 months prior to the March 2015 incident

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Crane's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 2-3 drinks on 1-2 occasions per month. He also acknowledged use of 3-5 drinks on 1-2 special occasions per year (weddings, birthdays, etc.).

Mr. Crane was forthcoming and non-defensive in demeanor throughout the interview and I found no discrepancies or inconsistencies in written or verbal form. My clinical opinion is that Mr. Crane felt overly responsible to take care of the other members of his group on the evening of his charges. Although he did choose to drive instead of using effective problem-solving skills to find alternate means of transportation for all involved, this appears to be an aberration from his normal drinking behaviors. Mr. Crane does seem to have gained some valuable insight into these behaviors as well as being remorseful for putting himself and others at risk of harm.

It is my understanding that Mr. Crane has been sentenced to probation and community service. In addition, I am recommending he attend an alcohol education class which should help minimize the risk of any future alcohol related incidents going forward.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Alcohol Education, recommend 8-12 hrs. of alcohol/drug education including a combination of any of the following – local class (hospital, treatment center or community facility), AA/NA, MADD VIP, online alcohol or drug education course;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Crane seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Sean Crane

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.