

November 16, 2016

Bryson M. Chock, Probation Officer
District Court (O`ahu First Circuit)
Adult Client Services Branch
1111 Alakea Street, 2nd Floor
Honolulu, Hawaii 96813-2801

Re: Anger Management Assessment for Melanie Gonzalez (DOB: 10/05/1984)

Dear Mr. Chock:

I provided a Clinical Anger Management assessment for Ms. Gonzalez in reference to her legal charges involving 2 DUIs and 2 assault charges (on arresting officers during the DUIs) in the latter part of 2015 in Honolulu, Hawaii. This assessment included a 50-minute clinical interview by telephone and the administration of the following:

- A Mental Status Exam
- PROMIS Emotional Distress, Anger Short Form
- DSM-5 Cross Cutting Symptom Measure
- Patient Health Questionnaire (PHQ-9/depression screen)

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

Mental Status Exam (partial)

Speech Emotional State – appropriate volume and rate of speech, appropriate demonstration of emotional range congruent with content of speech

Thought Processes – logic and reasoning intact, no evidence of delusions, hallucinations, obsessions/compulsions

Sensorium & Mental Capacity – oriented x 3, normal

Insight & Judgment – appropriate in the individual as well as joint interview

PROMIS Emotional Distress/Anger (verbal)

Score = 5; no chronic or acute emotional regulation or impulse control symptoms or indications

DSM-5 Cross Cutting Symptom Measure (written)

No chronic or acute conditions identified, all indications of depression and anxiety consistent with negative QPASS results

Clinical Interview/Summary: Ms. Gonzalez' written screenings provided no indication a current disruptive, impulse control, or social conduct disorder. She seemed to be at ease and non-defensive in the clinical interview as we discussed the incidents which lead to her being charged with assault on an officer.

Ms. Gonzalez took responsibility and expressed appropriate remorse for not conducting herself more respectfully with the arresting officers. She shared that she wrote an apology letter to one of the officer's and stated that you have that letter in your possession to confirm its appropriateness. (it was unavailable for me to review at the time of this interview)

My clinical impression is the latter part of 2015 Ms. Gonzalez was undergoing personal difficulties that were situational and temporary, but which nevertheless, lead to inappropriate use of alcohol and contributed to the two conflicts with officers arresting her for DUI. Since this incident she seems to have made a number of significant and positive life changes including; discontinued use of alcohol, regular physical exercise, healthy relationship changes, and pursuit of a degree in Business at Wayland Baptist University. She states that she has about 16 classes left to finish the degree and is carrying a 3.37 GPA. She also has been regularly involved in a women's group at church and serves weekly as a teacher. Her account of these activities struck me as meaningful and genuine rather than from a defensive posture or trying to create a false impression for a favorable assessment outcome.

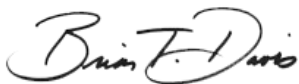
If the court or probation department possesses additional information about Ms. Gonzalez' history that might impact the outcome of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

DSM-5 DIAGNOSES relative to anger management / impulse control disorders:
Z03.89 (suspected mental condition not found)

Treatment Recommendations: Since I found no cause of a DSM-5 disruptive, impulse control, or social conduct disorder, I have no further professional recommendations at this time with regards to anger management treatment. If Ms. Gonzalez experiences repeated involvement with law enforcement or a pattern of escalated physical conflicts with anyone it is recommended that she meet with a mental health professional for additional assessment and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Gonzalez, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Melanie Gonzalez

Diagnostic Conclusions / Limitations: Clinical Anger Management assessments are based on objective and standardized screenings and interviewing methods. Conclusions made are to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve extensive background research, collateral information and third party verification can be provided as an additional service upon request.