

August 15, 2016

Dennis Malkowski  
4666 E. Swede Rd.  
Cedarville, MI 49719

**Re: Clinical Alcohol Assessment for Dennis K. Malkowski (DOB – 06/19/1988)**

Dear Mr. Malkowski:

I performed a Clinical Alcohol Assessment for you following your July OWI charge in Mackinaw County. Your assessment included a 45-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screen relative to lifetime use of alcohol)

**AUDIT:** score = 1 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, whereas scores of 15 or more in men indicate *moderate to severe* disorder may be present (screen predominantly relative to current use of alcohol within the past 24 months)

**Alcohol Use Risk Factors:**

- ☐ legal history – denies previous history
- ☒ severity of incident – BAC twice the legal limit
- ☐ anxiety/depression/mental health – NA
- ☐ general health issues – NA
- ☐ exposure to trauma – NA
- ☐ regular use of liquor – NA
- ☒ other substance use – quit smoking 5 weeks ago (tobacco)
- ☐ contraindicated prescription use – NA

- ☐ family history – none reported
- ☐ prior treatment history – NA
- ☐ negative peer influence – NA
- ☐ at-risk work environment – NA
- ☐ current stress (relational, work, etc.) – NA

Summary - 2 of 13 concerns, mitigate concern with treatment recommendation

**Clinical Interview/Summary:** Your written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). You reported your normal use of alcohol as 1-2 standard beers on 1-2 occasions a month. These drinking habits are within the NIAAA's low-risk drinking range for men.

While I did not find you meeting any DSM-5 alcohol use disorder criteria, I did note the risks and concerns associated with your out-of-character incident. Accordingly, I am including a preventative recommendation in an effort to support your commitment to avoid driving any vehicle while under the influence of alcohol.

**Alcohol Use Disorder Symptoms:**

- ☐ Use beyond intention – not found
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use – not found
- ☐ Substantial time spent obtaining, using, or recovering from use - not found
- ☐ Strong craving/desire – not found
- ☐ Failure to fulfill a major role (work, home, school) – not found
- ☐ Use despite recurrent social/interpersonal problems – not found
- ☐ Important social, occupational, recreational activities relinquished – not found
- ☐ Physically hazardous use – not found
- ☐ Continued use despite knowledge of contra physical or psychological condition – not found
- ☐ Tolerance – not found
- ☐ Withdrawal symptoms – not found

Summary - 0 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

**DSM-5 DIAGNOSIS in Reference to Substances:** Z03.89 (suspected substance use condition not found)

**Treatment Recommendation:** Attend a local MADD Victim Impact Panel - see <http://www.madd.org/victim-impact-panels/?referrer=https://www.google.com/> for meeting locator.

Thank you for the opportunity to assist you in this important matter.

Sincerely,



Trevor C. Davis, CDCA  
Cert.# 150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948  
cc: Dennis K. Malkowski

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.