

November 10, 2015

Tod Brininger, Attorney
The Koffel Law Firm
1801 Watermark Drive, Suite 350
Columbus, Ohio 43215

Re: Clinical Alcohol Assessment for Andrew Takos

Dear Mr. Brininger,

I performed a Clinical Alcohol Assessment for Mr. Takos in reference to his 10/31 OVI charge in Fairfield County. This assessment included 50 minute clinical interview by telephone and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 3/borderline raw score, see clinical interview summary for clarification (screening appeared valid)

**AUDIT:** score = 6/NEGATIVE SCREEN, scores of 8 or more indicate hazardous use, scores of 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

**Alcohol Use Risks/ Symptoms:** occasional use of 5 or more drinks in one sitting, one relative who possibly had problem alcohol use, less than 5 occasions of partial memory impact from alcohol use in the last 20 years

Present Use Status: presently not using alcohol and plans to permanently abstain

**Anxiety/Depression Screening:** recent minor insomnia, no clinical condition or mental health crisis reported

**Substance Related Legal History Reported:** one charge of underage alcohol consumption at age 19

**Clinical Interview/Summary**: Mr. Takos' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 2-4 drinks on 2-4 occasions per month. He also acknowledged use of 5-12 drinks on about 6 occasions per year.

Mr. Takos and I discussed his OVI incident and general use of alcohol at length. He seemed forthcoming about his past drinking behavior and was clearly remorseful about this incident. Further he recognized that any future negative consequences from overuse of alcohol would jeopardize many things he values, including relationships and career. While I did not find him meeting technical criteria for a DSM-5 alcohol use disorder I supported his choice to stop drinking for the reasons he noted. Recommendations provided herein focus on education and prevention as well as providing the opportunity for him to process this experience and the education he receives at a 72 hour DIP.

If the court possesses additional information about Mr. Takos' use of alcohol that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

**DSM 5 DIAGNOSIS in reference to substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

- 1) <u>Education</u> Client reports being signed up to complete a72 hour Driver Intervention Program;
- 2) <u>Counseling</u> recommend 1-3 outpatient sessions with a professional substance abuse counselor after completion of recommendation #1; update recommendations or discharge as appropriate;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Takos seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Takos, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Andrew Takos

**Prohibition Against Re-Disclosure**: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts

160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

