

April 25, 2016

David Hagness  
27555 254<sup>th</sup> Way SE  
Maple Valley, WA 98038

**Re: Clinical Alcohol Assessment for David Hagness (DOB - 01/23/1959)**

To whom it may concern,

I performed a Clinical Alcohol Assessment for Mr. Hagness per his employer's opportunity for health-care initiative. In addition to our 60-minute clinical interview conducted via telephone, this assessment included the administration of:

- A MAST (Michigan Alcohol Screening Test)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

**MAST:** score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, whereas scores of 15 or more in men indicate a moderate to severe disorder may be present

**Alcohol Substance Use Risk Factors:**

- legal history – N/A
- other substance use – N/A
- contraindicated prescription use – N/A
- prior treatment history – N/A
- family history – N/A
- peer influences – N/A
- at-risk work environment – N/A
- physical health issues – N/A
- anxiety/depression – N/A
- other mental health concerns – N/A
- current work and/or relationship stress – N/A

Summary: 0 of 11 concerns: low risk profile

**DSM-5/Other Substance Related Concerns:** denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, recurrent

or repetitive use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use, etc.

**Substance-Related Legal History Reported:** denies any history of alcohol or substance related arrests and/or legal charges

**Clinical Interview/Summary:** Mr. Hagness' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as one glass of wine every 1-2 weeks. He also acknowledged consumption of up to 2 glasses on special occasions (weddings, get-togethers). These occasions occur on a monthly, to less than monthly basis.

In my best clinical judgment, I did not find his drinking habits or overall history and presentation indicative of someone experiencing DSM-5 alcohol use disorder symptoms. His interview process did not reveal any form of discrepancy or hesitancy suggestive of an alcohol use disorder. Furthermore, he was articulate regarding his reasons for not drinking alcohol in excess or in ways that could be considered hazardous. Accordingly, I have no recommendations for Mr. Hagness that would be considered clinically appropriate at this time.

**DSM-5 DIAGNOSIS in reference to substances:** Z03.89 (suspected substance use condition not found)

If the reader possesses any additional information about Mr. Hagness' use of alcohol that may impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Hagness, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA  
Cert.# 150427

Reviewed by **Brian T. Davis, LISW-S, SAP LIC# I-7948**

cc: David Hagness

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criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.