

September 19, 2013

Don Curtis
3712 Stunsail Ln.,
Columbus, OH, 43221

Re: Substance Use Assessment for Mr. Curtis

To Whom It May Concern,

I performed a basic substance abuse assessment for Mr. Curtis in reference to his pending June 2013 destruction of property charge. This assessment included the administration of: a MAST, an AUDIT, a depression screening, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol

MAST: score = 1; indicates no apparent or overt signs/symptoms of an alcohol use disorder

AUDIT: score= 3; scores indicate no overt symptoms of an alcohol use disorder

DSM/Other Substance Related Concerns: tolerance, recurrent hazardous use, memory impairment, OVI (January 2013), family history of moderate to severe alcohol use disorders

Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Mr. Curtis's self reported screenings provided no indication of an alcohol use disorder. He reported typical drinking (prior to the incident) as 2-3 times a month with a drink range of 3-4 drinks (beer) on evenings with friends and 8 drinks on weekend or social occasions with friends. He added that he has decreased his alcohol use since June of 2013. However, Mr. Curtis also acknowledged instances over the past year in which consumed 15 drinks and described symptoms such as memory impairment and recurrent physically hazardous use. Additionally, 8-15 drinks per occasion indicate tolerance and pose risk for future alcohol use problems. Tolerance and physically hazardous use are two symptoms of a DSM-5 *mild alcohol use disorder*. Based on the clinical interview and the stated concerns (above), I believe that meeting with a professional substance abuse counselor would help Mr. Curtis increase his insight regarding misuse of alcohol and help prevent future reoccurring problems.

DIAGNOSIS in reference to Substances: 305.00 (F10.10) mild alcohol use disorder; R/O 303.90 (F10.20) Moderate Alcohol Use Disorder

Recommendations: 1) Counseling, recommend 4-6 sessions with a professional substance abuse counselor; update recommendations at session four and increase number of sessions if a moderate alcohol use disorder exists; 2) If another negative consequence is incurred as a result of any substance use it is recommended Mr. Curtis seek further evaluation and follow all treatment recommendations.

Sincerely,
Jessica Schoenberger, MSW, LSW, CDCA

