

June 7, 2016

Zach Meranda, Attorney at Law Meranda Law Firm 729 S. Third Street Columbus, Ohio 43206

Re: Clinical Alcohol Assessment for Bryce Cartwright (DOB - 12/18/1995)

Dear Mr. Meranda:

I performed a Clinical Alcohol Assessment for Mr. Cartwright in reference to his May 2016 underage possession charge in Franklin County. This assessment included a 50-minute clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicates *moderate to severe* disorder present

Alcohol Use Risk Factors:

- family history = N/A
- prior DUI charges = N/A
- early onset of alcohol use = N/A
- prior substance use treatment = N/A
- peer influences = N/A
- work / social environment = N/A
- contraindicated prescription use = N/A
- anxiety or depression symptoms = N/A
- general health problems = N/A
- current family stress = N/A

Alcohol Use Risk profile = low

Present Use Status: presently not using alcohol

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Cartwright's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He denied ever having engaged in regular alcohol use and reported that his first use of alcohol was during his freshman year of college in which he consumed 3 beers. Mr. Cartwright stated that he consumed 1-2 beers on 5-6 occasions throughout the remainder of his freshman year of college. He reported that the presently considered incidence has been his sole use of alcohol in 2016.

Mr. Cartwright's clinical interview did not reveal indications of preoccupation with alcohol use, tolerance, loss of control, or continued use despite negative consequences. Mr. Cartwright's report and explanation for his minimal alcohol use appears consistent with his written screenings. Mr. Cartwright is maintaining an abstinence from alcohol for the present duration although he plans to engage in social and responsible use of alcohol upon reaching legal age. At present I do not find that Mr. Cartwright meets DSM-5 criteria for an alcohol use disorder and as such I do not have any clinical recommendations for him at this time.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) There are no clinical recommendations at this time;
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Mr. Cartwright seek further evaluation and follow all treatment recommendations.

If the court possesses additional information about Mr. Cartwright's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Cartwright, and yourself in this important matter.

Sincerely,

Ryan P. Smith MSW, LISW-S, LICDC, SAP

SW Lic. #I.1000155-S, CD Lic. #101182

cc: Bryce Cartwright

Ryan P. Snith



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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

