

October 25, 2016

Chris Wesner, Attorney Chris Wesner Law Office, LLC 22 North Market Street, Suite C Troy, Ohio 45373-3216

Re: Clinical Alcohol and Drug Assessment for Michael L. Shoopman (DOB – 04/29/1969)

Dear Mr. Wesner:

I performed a Clinical Alcohol and Drug Assessment for Mr. Shoopman in reference to his domestic violence (reduced to misdemeanor) charge in Miami County. This assessment included a 40-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A Drug Abuse Screening Test (DAST-10)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 0 / NEGATIVE SCREEN; no direct or indirect indication of a present alcohol use disorder (screen relative to lifetime use of alcohol)

AUDIT: score = 0 / NEGATIVE SCREEN; scores of 8 or more indicate potential hazardous use, whereas scores of 15 or more in men indicate a moderate to severe disorder may be present (screen predominantly relative to current use of alcohol)

DAST-10: score = 0 / *NEGATIVE SCREEN*; screening relative to drug use in the last 12 months

Alcohol & Substance Use Risk Factors:
☐ negative peer influence/at-risk work environment – NA
☐ current stress (relational, work, financial, etc.) – NA
☐ physical health concerns – NA
☐ anxiety/depression/mental health – NA
□ exposure to trauma – NA
☐ family history of substance abuse or alcoholism – none reported
□ contraindicated prescription use – NA
other substance use – NA

□ regular use of liquor – NA
 □ voluntary treatment history – NA □ severity of incident – reported no use of alcohol at the time of arrest (reports this is consistent with Discovery Report)
☐ legal history – denies previous history
Summary - 0 of 12 concerns, no concern items to be mitigated through treatment recommendations
Clinical Interview/Summary: ALCOHOL – Mr. Shoopman's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 1-2 beers on up to two occasions per month. He reported no difference in the amount consumed if he was attending a special event or celebration.
Mr. Shoopman and I discussed his misdemeanor domestic violence charge and general use of alcohol at length. I did not find him meeting DSM-5 alcohol use disorder criteriator for diagnosis and his drinking habits seem to be within NIAAA recommendations for men's low-risk drinking.
NON-PRESCRIPTION DRUG – Mr. Shoopman denied experimentation and use of all non-prescription substance use categories including: stimulants, hallucinogens, nhalants, opiates, etc. I found no part of Mr. Shoopman's report about non-prescription drug use suspect of minimization or deception.
PRESCRIPTION DRUGS COMMONLY MISUSED/ABUSED – Mr. Shoopman denied recreational use of all prescription medications which are prone to abuse including: stimulant/ADD medications, narcotic painkiller medications, benzodiazepines, and sleeping medications. The interview did not reveal discrepancy with his written screenings, nor did he show signs of hesitation or verbal signs of minimization suggesting problem use of prescription medications.
DSM-5 Alcohol & Substance Use Disorder Symptoms:
☐ Use beyond intention☐ Persistent desire or unsuccessful efforts to reduce/quit use
☐ Substantial time spent obtaining, using, or recovering from use
☐ Strong craving/desire
☐ Failure to fulfill a major role (work, home, school)
☐ Use despite recurrent social/interpersonal problems
☐ Important social, occupational, recreational activities relinquished
☐ Physically hazardous use
 Continued use despite knowledge of contraindicated physical or psychological condition
☐ Tolerance



☐ Withdrawal symptoms

Summary - 0 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: Having found no basis for a DSM-5 alcohol or drug use disorder I have no further recommendations for Mr. Shoopman at this time.

If you or the court possess additional information about Mr. Shoopman's use of alcohol or drugs that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Shoopman, and yourself in this important matter.

Sincerely,

Trevor C. Davis, CDCA Certificate # 150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948

cc: Michael L. Shoopman

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / **Limitations**: Directions Counseling Group provides Clinical Alcohol and Drug Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information, and third party verification can be provided as an additional service upon request.

