

January 19, 2016

David P. Rieser, Attorney 2 Miranova Place, Suite 710 Columbus, OH 43215

Re: Clinical Alcohol Assessment for David Tellez (DOB – 05/27/1984)

Dear Mr. Rieser,

I performed a Clinical Alcohol Assessment for Mr. Tellez in reference to his December 2014 OVI charge in Franklin County. This assessment included a 50 minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women, scores of 15 or more in men indicates *moderate to* severe disorder present (respondent appeared to provide forthright responses to questions)

Alcohol Use Risks/ Symptoms: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with

Present Use Status: presently not using alcohol and no intentions to reconsider resumed use for at least two years

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: one OVI at age 19 (14 years ago)

Clinical Interview/Summary: Mr. Tellez's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before his requirement to be monitored last year (SCRAM September –

December 2015) as 2-3 drinks on 2-4 occasions per week. He also acknowledged use of 4-6 drinks on 1-2 special occasions (weddings, birthdays, etc.) per year.

Mr. Tellez and I discussed his OVI incident, past use of alcohol and recent abstinence of 5 months. He reported that being monitored provided a chance for him to evaluate what is most important to him, stating that he "doesn't need alcohol" at this time nor the expense associated with it. While I was unable to find clear and convincing signs of a recent alcohol use disorder Mr. Tellez was convincing about his motivations to continue abstaining from alcohol for at least the next 2 years. Furthermore Mr. Tellez was articulate about information he learned while attending a 72 hour Driver Intervention Program in December of 2015. Both of these steps appear to be sufficient measures of intervention for him at this time.

DSM-5 DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) <u>Abstinence</u> –I support Mr. Tellez's suggestion that he remain abstinent from alcohol for two years, any consideration of resuming alcohol use should be done only in consultation with a physician and a substance abuse professional;
- 2) If unable to maintain abstinence Mr. Tellez to consult with mental health and/or substance abuse professionals regarding additional treatment and support (temporary abstinence period, Intensive Outpatient Program, 12 step meeting attendance, etc.).

If the court possesses additional information about Mr. Tellez's use of alcohol that might impact the outcome of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Tellez, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948 cc: David Tellez

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criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

