

December 2, 2013

Will Nesbitt, Attorney
The Koffel Law Firm
1801 Watermark Dr., Ste. 350
Columbus, OH 43215

Re: Substance Abuse Assessment for Alex Martich

Dear Mr. Nesbitt:

I performed a basic alcohol assessment for Mr. Martich in reference to his pending paraphernalia possession charge. This assessment included the administration of: a MAST, an AUDIT, a depression screening, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol, cannabis, screen for all illicit substances

MAST: score = 1; low probability of an alcohol use disorder at moderate to severe level (DSM-5)

AUDIT: score = 1; low probability of an illicit substance use disorder

DSM/Other Substance Related Concerns: denies previous legal charges, reports of mild/minimal memory impairment (< 5)

Anxiety/Depression Screening: recent breakup/some history of mild to moderate symptoms; receiving medical attention, recent improvement, denies any current mental health or emotional crisis.

Clinical Interview/Summary: Mr. Martich's written screenings reflected his acknowledgment of underage alcohol use and cannabis use since the age of 18 but provided no negative symptom side effects or substance abuse symptoms. His demeanor in our interview was generally open about this substance use at a level that seems fairly typical for his peer group. He was very articulate about not letting cannabis use get in the way of the positive career track he is pursuing. Ultimately, I was unable to find him meeting criteria for a DSM 5 substance use disorder, however, because of the recent anxiety/depressive symptoms I am recommending some preventative substance abuse education. Substance use in college generally has some elevated risk (culturally) and any anxiety/depression symptoms could be potentially exacerbated by continued alcohol or cannabis use.

DIAGNOSIS in reference to Substances: None Found

Recommendations: 1) Complete a basic preventative education program; (the OSU "Basics" program, Ohio Health's wk. 2 & 3 Alcohol & Drug Awareness Series, or a basic education program in his hometown during winter break would be sufficient) 2) If Mr. Martich experiences additional negative legal or personal consequences from the use of any substance it is recommended he obtain additional assessment and follow all treatment recommendations.

Mr. Martich has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any additional questions.

Sincerely,
Brian Davis, LISW-S, SAP

