

October 12, 2015

McKenzie County Courthouse  
201 5th St NW  
Watford City, ND 58854

**Re: Clinical Alcohol Assessment for Oscar Lanza**

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Lanza in reference to *disorderly conduct* charge in McKenzie County. This assessment included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening
- Full clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 substance related symptoms found. denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Lanza's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 2-4 drinks on 1 or less occasions per week. He also acknowledged use of 2-4 drinks on 1-2 special occasions (weddings, birthdays, etc.) per year.

Mr. Lanza and I discussed his *disorderly conduct* incident and general use of alcohol at

length. I found him to be forthcoming throughout the interview regarding the significant factors involved in his charges. Mr. Lanza did admit to consuming more alcohol than what he typically drinks while at home in Colorado. He described drinking with co-workers to celebrate the end of their out-of-state job responsibilities. While walking back to the job site, he was stopped by police. It is plausible that this incident represents an aberration from his regular moderate and low-risk use of alcohol. Accordingly, I have no further treatment recommendations. However, If the court possesses additional information about Mr. Lanza's use of alcohol or any additional charges that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:**

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Lanza seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Lanza, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Oscar Lanza

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.