

September 18, 2014

The Honorable Mark Kruse
Louisa County Municipal Court
117 S. Main St.
Wapello, IA 52653

Re: Clinical Alcohol Assessment for Justin Scheef

Dear Judge Kruse:

I performed a Clinical Alcohol Assessment for Mr. Scheef in reference to his pending OWI charge in Louisa County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute face-to-face videoconferenced clinical interview. The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 6; *inconclusive screening* as 4 of 6 points due to alcohol use consequences over 15 years ago,

AUDIT: score = 5; *negative screen*, scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview indicated 0 of 11 DSM 5 symptoms found; denies any family history of problem alcohol use, denies other subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Mr. Scheef's written screenings provided no clear indication of an alcohol use disorder. He reported his normal use of alcohol as 2-4 drinks on varying frequency; some months using no alcohol at all and some months using alcohol on up to 2 occasions per month (maximum). We discussed his OWI charges at length but I was unable to find his presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. Nevertheless I believe the standard Iowa OWI offender requirement to complete basic alcohol and safe driving education for OWI offenders is an appropriate recommendation.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

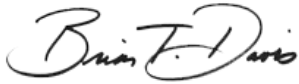
Treatment Recommendations:

- 1) Impaired Driving Prevention Education, successful completion of Iowa's OWI offender education;

- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Scheef seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court and Mr. Scheef in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Justin Scheef

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.