

April 16, 2015

Marlin L. Markley, Attorney
3920 Market Street, Suite 303
Camp Hill, PA 17011-4226

Re: Clinical Alcohol Assessment for Kevin Palencar

Dear Mr. Markley:

I performed a Clinical Alcohol Assessment for Mr. Palencar in reference to his *public intoxication* charge in Cumberland County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: NEGATIVE SCREEN; no direct or indirect indication of problem alcohol use

AUDIT: score = 3 / **NEGATIVE SCREEN;** scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 alcohol related symptoms found

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Palencar's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 2-3 drinks on 2-4 occasions per month. He also acknowledged use of 2-4 drinks on special occasions (weddings, birthdays, etc.) or about 5 times per year. Mr. Palencar and I discussed his *public intoxication* incident and general use of alcohol at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. Rather, I believe that atypical social factors were a large contributor to the events leading to Mr. Palencar's charges. As a result, my clinical opinion is that Mr. Palencar presents a low risk of alcohol related incidents going forward.

DSM 5 DIAGNOSIS in reference to substances: V 71.09 (none found)

Treatment Recommendations: I have no further professional recommendations for Mr. Palencar at this time. If he incurs additional negative consequences as a result of any alcohol use I recommend he obtain an updated assessment and follow all professional recommendations.

Thank you for the opportunity to assist the court, Mr. Palencar and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Kevin Palencar

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.