

February 7th, 2014

Sam Bass Bartlett Nuclear 60 Industrial Park Road Plymouth, MA 02360

Re: Substance Abuse Evaluation for James St. Clair II

Dear Mr. Bass:

I performed a basic substance abuse assessment for Mr. St. Clair in regards to Barlett Nuclear's request for an alcohol assessment. This assessment included the administration of: a MAST, a DAST, an AUDIT, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol

MAST: score=0; indicates no apparent problem with alcohol

AUDIT: score=2; scores of "8" or more indicate hazardous alcohol us **DAST:** score=0; indicates no apparent problem with other drugs

DSM/Other Substance Related Concerns: Alcohol-related vehicular accident in 2009; completed 20 hours of substance use education as requested by Florida DMV; additional information was gained through a phone contact provided by Mr. St. Clair's employer which reported two additional, unreported alcohol-related legal charges: January 2001 and January 2009; this additional information casts doubt on the accuracy of the original interview and warrants a change in Mr. St. Clair's diagnosis and recommendations

Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Mr. St. Clair's written screenings provided no indication of a substance abuse disorder of any kind. He reports his normal use of alcohol as 2-4 standard drinks or 16 ounce drafts on 4-6 occasions per year. His clinical interview did not evidence signs or symptoms of tolerance, recurrent use beyond intention, preoccupation with alcohol use, use despite negative consequences, or other obvious or subtle signs of an alcohol use disorder. Mr. St. Clair reported that he has been abstaining from alcohol since April 2013 due to training for an upcoming marathon. While Mr. St. Clair's interview did not evidence criteria for an alcohol use disorder, I am making recommendations should Mr. St. Clair decide to resume alcohol use in the future.

DIAGNOSIS in reference to substances: 305.00 mild alcohol use disorder; Rule out 303.90 moderate to severe alcohol use disorder

Recommendations: 1) <u>Intensive Outpatient Treatment</u>, recommended that Mr. St. Clair II begin and complete an intensive outpatient treatment program; 2) <u>Random testing</u>, recommend any employer add minimum 6-10 additional random tests to employer's current random testing schedule to assess for ongoing alcohol abstinence; recommend Etg/Ets testing; 3) If alcohol is resumed at any point, it is recommended that Mr. St. Clair seek inpatient treatment.

Sincerely.

Ryan P. Smith, LISW-S, SAP, LCDC-III

cc: James St. Clair II

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