

August 28th, 2014

Zachary Zoz, Attorney at Law
20 High St. Suite 123
Hamilton, OH 45011

Re: Mental Health and Anger Management Assessment for Alyssa Bailey

Dear Mr. Zoz:

I performed a general mental health and anger management assessment for Ms. Bailey upon her request. This assessment included the administration of: an anger consequences questionnaire, an anger management screening, and a clinical interview. The following are my findings and recommendations:

Anger Consequences Questionnaire: indicated a moderate amount of outward physical and verbal expression of anger

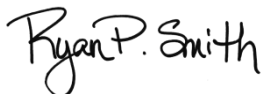
Anger Management Screening: provided evidence of negative impact to close relationships due to anger expression, frequent urges to hit someone, experience of guilt over her anger and one instance of memory impairment regarding a situation of intense anger

Clinical Interview/Summary: Ms. Bailey's written screenings did not provide any indications of a mental health concern but did suggest moderate difficulty in managing her anger and expression of anger. Ms. Bailey reported that her experience of anger is directly related to her involvement with her mother whom she reported as suffering from multiple mental health concerns. Her clinical interview did suggest that environmental stressors from living with her mother could have exacerbated Ms. Bailey's mild to moderate problem of anger management. Careful review of Ms. Bailey's written screenings did not reveal any concerns regarding possible problems of depression, anxiety, or other mental health concerns. Recommendations are specified below to assist her in improving her anger management skills.

DIAGNOSIS in reference to substances: 309.3 Adjustment disorder with disturbance of conduct;
v61.20 Parent-child relational problem

Recommendations: 1) Counseling, recommend 8-10 counseling sessions with a professional counselor trained in anger management or CBT/ACT to assist in acquiring skills to increase ability to adaptive express and address her anger; **OR** 2) Anger management group, recommend completion of an anger management group or an assertiveness training group.

Sincerely,



Ryan P Smith, MSW, LISW-S, LCDC-III, SAP
cc: Alyssa Bailey