

December 21, 2015

Happy Morgan, Attorney
8 S. 100 E.
Moab, UT 84532

Re: Clinical Alcohol Assessment for Grant Sibley (DOB: 04/02/1996)

Attorney Morgan,

I performed a Clinical Alcohol Assessment for Mr. Sibley in reference to his DUI charge in Grand County. In addition to our 80-minute clinical interview, this assessment included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 4; raw score indicative of problem alcohol use however, the clinical interview revealed that the raw score is artificially elevated due to all items of concern pertaining to respondents DUI history

AUDIT: score = 6 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, scores of 15 or more in men indicate a moderate to severe disorder is present (respondent appeared to provide forthright responses harmonious with verbal testimony)

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported, denied any past history of trauma and all symptoms of depression and anxiety

Substance Related Legal History Reported: DUI 2004 (BAC= approx. .08)

Clinical Interview/Summary: Mr. Sibley's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 3-4 drinks on approximately 4 occasions per week. He also acknowledged use of 5-6 drinks on 2-3 special occasions (weddings, birthdays, etc.) per year.

Mr. Sibley and I discussed his OVI incident and general use of alcohol at length. In my best clinical judgment, I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM-5 alcohol use disorder symptoms. I did however, discuss a few items of concern with Mr. Sibley (a possible sign of alcohol tolerance, his previous DUI, and the implications of his work duties) and therefore am making preventative recommendations to help him minimize and avoid future problem alcohol use.

If the court and/or reader possesses additional information about Mr. Sibley's use of alcohol I would be happy to review it and consider any appropriate modifications or amendments to the present report.

DSM-5 DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) Attend a local MADD Victim Impact Panel;
- 2) Counseling - recommend a minimum of (1) outpatient session with a professional substance abuse counselor, provider may make further recommendations or discharge after one session, Mr. Sibley should provide a copy of this assessment to the follow-up provider;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Sibley seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Sibley and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA
Cert.# 150427
cc: Grant Sibley

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criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.