

January 15th, 2014

Sam Bass

Bartlett Nuclear

60 Industrial Park Road

Plymouth, MA 02360

Re: Substance Abuse Evaluation for James St. Clair II

Dear Mr. Bass:

I performed a basic substance abuse assessment for Mr. St. Clair in regards to Barlett Nuclear's request for an alcohol assessment. This assessment included the administration of: a MAST, a DAST, an AUDIT, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol

MAST: score=0; indicates no apparent problem with alcohol

AUDIT: score=2; scores of "8" or more indicate hazardous alcohol use

DAST: score=0; indicates no apparent problem with other drugs

DSM/Other Substance Related Concerns: Alcohol-related vehicular accident in 2009; completed 20 hours of substance use education as requested by Florida DMV

Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Mr. St. Clair's written screenings provided no indication of a substance abuse disorder of any kind. He reports his normal use of alcohol as 2-4 standard drinks or 16 ounce drafts on 4-6 occasions per year. His clinical interview did not evidence signs or symptoms of tolerance, recurrent use beyond intention, preoccupation with alcohol use, use despite negative consequences, or other obvious or subtle signs of an alcohol use disorder. Mr. St. Clair reported that he has been abstaining from alcohol since April 2013 due to training for an upcoming marathon. While Mr. St. Clair's interview did not evidence criteria for an alcohol use disorder, I am making recommendations should Mr. St. Clair decide to resume alcohol use in the future.

DIAGNOSIS in reference to substances: V79.01 None/Nil

Recommendations: 1) Outpatient counseling, should Mr. St. Clair decide to resume alcohol use, he is advised to meet with a substance abuse counselor for 2-3 sessions to discuss strategies to maintain a reduced alcohol use and lower his risk of any future negative consequences related to his alcohol consumption; 2) If another negative consequence is incurred as a result of any alcohol use within the next year, it is recommended that Mr. St. Clair seek further evaluation where extended counseling is considered and follow all updated treatment recommendations.

Sincerely,

Ryan Smith, LISW-S, SAP, LCDC-III

