

August 19th, 2014

Stephanie Fritsch
2954 Arthur Road
Indian Land, SC 29707

Re: Clinical Alcohol Assessment

Dear Mrs. Fritsch:

I performed a Clinical Alcohol Assessment for you in reference to your February 2011 OVI charge. This assessment included a MAST, an AUDIT, an anxiety/depression screening, and a clinical interview. The following are my findings and recommendations:

MAST: score =4; scores between “2-5” can indicate early to middle stage problem alcohol use; all 4 points come from her 2 OVI charges; lifetime frame of reference

AUDIT: score =3; scores of “8” or more indicate hazardous alcohol use; past year frame of reference

DSM/Other Substance Related Concerns: denied subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, recurrent use to relieve emotional or work stress, conflict with significant others during or shortly after use of alcohol, or guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: previous OVI charge in August 2006


Clinical Interview/Summary: Your written screenings provided no indication of a substance abuse disorder of any kind. You reported your normal use of alcohol as 1-3 standard drinks on 1 occasion per week. Your clinical interview revealed a previously higher and more frequent consumption of alcohol of 6 standard drinks on 3-4 occasions per week. This pattern of alcohol use existed primarily from 2004-2010 and diminished when you began working for your present employer, having switched from working in the restaurant environment to a more professional career. You provided proof of previous alcohol-related education through a 7 day stay at the McCleod Addictive Disease Center in North Carolina in March 2013. At present I was unable to find evidence of you meeting a DSM 5 alcohol use disorder condition.

DSM 5 DIAGNOSIS in reference to substances: v71.09 None/Nil

Recommendations: 1) There are no further recommendations at this time. If another negative consequence is incurred as a result of any alcohol use within the next year, it is recommended that Mrs. Fritsch seek further evaluation and follow all treatment recommendations.

Mrs. Fritsch has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,



Ryan Smith, LISW-S, SAP, LCDC-III
cc: Stephanie Fritsch

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)