

February 9, 2016

Penney L. Smith  
369 Hillview Drive  
Johnstown, Ohio 43031

**Re: Clinical Alcohol Assessment for Penny L. Smith (DOB – 10/21/1967)**

Dear Ms. Smith:

I performed a Clinical Alcohol Assessment for you in reference to your July 2015 alcohol-related legal charge in Licking County. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use; screening had a lifetime frame of reference; respondents' answers appeared to be valid and were consistent with self-report

**AUDIT:** score =1 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicates *moderate to severe* disorder present; past 12 months frame of reference

**Alcohol Use Risk Factors:** your clinical interview did not reveal indications of early onset alcohol use, alcohol use while taking prescription medication, or high stress in past year; you denied a family history of alcohol or other substance use problems, prior substance use treatment, and denied any recent history of medical or psychiatric conditions

**Present Use Status:** presently not using alcohol; planning to decrease alcohol use once terms of probation are completed

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denied any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Your written screenings provided no indications of an alcohol use disorder at any level (mild, moderate or severe). You reported your normal

use of alcohol before this charge as 1-2 drinks (e.g. 12oz. Coors' Light beers) on 2-3 occasions per month. You denied experiencing any changes to your alcohol use during special occasions and denied ever engaging in solitary alcohol use.

You shared about your experiencing attending a Driver Intervention Program in August 2015 and described that as a "learning experience" in which you realized that even 1-2 drinks is sufficient to impair one's ability to operate a vehicle. You shared your plan to reduce your overall alcohol use. Your clinical interview did not reveal signs of a tolerance or withdrawal condition to alcohol, and you denied experiencing any negative impact to your social, occupational, or interpersonal functioning due to alcohol use. I did not find evidence of loss of control of alcohol use or preoccupation with alcohol use. Currently, I do not find evidence that you meet DSM-5 criteria for a substance use disorder.

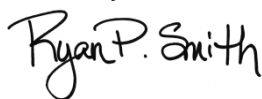
**DSM-5 DIAGNOSIS in Reference to Substances:** Z03.89 (suspected substance use condition not found)

**Treatment Recommendations:**

- 1) There are no clinical recommendations at this time.
- 2) If another negative consequence is incurred as a result of any alcohol use, it is recommended that you seek further evaluation and follow any and all updated treatment recommendations.

Thank you for the opportunity to assist you in assessing your overall alcohol use.

Sincerely,



Ryan P. Smith MSW, LISW-S, LICDC, SAP  
SW Lic. #I.1000155-S, CD Lic. #101182

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.