

June 9, 2016

Eric Brockmeier, Probation Officer
Marietta Municipal Court
259 Butler Street
Marietta, OH 45750-3155

Re: Clinical Alcohol Assessment for Kendra R. McDonald (DOB – 01/27/1986)

Dear Mr. Brockmeier:

I performed a Clinical Alcohol Assessment for Ms. McDonald in reference to her December 2015 OVI charge in Washington County. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

SASSI-3: no scores indicative of an alcohol use disorder at any level (mild, moderate, or severe); screening had a lifetime frame of reference;

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use; lifetime frame of reference;

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicates *moderate to severe* disorder present

Alcohol Use Risk Factors:

- ☐ family history - NA
- ☐ prior DUI charges - NA
- ☐ early onset alcohol use - NA
- ☐ prior alcohol/substance use treatment - NA
- ☐ peer influences - NA
- ☐ work environment - NA
- ☐ contraindicated prescription use – No Rx use
- ☐ anxiety or depression symptoms – NA
- ☐ general health problems - NA
- ☐ current family stress – NA

Alcohol Use Risk profile = 1 of 10; low risk

Present Use Status: presently not using alcohol; pregnant

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Ms. McDonald's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol before this charge as 2-4 drinks on 2-3 occasions per month. She also acknowledged use of 5-6 drinks on 2-3 special occasions (weddings, birthdays, etc.) per year.

Ms. McDonald and I discussed her OVI incident, her future plans for alcohol use, and her general historical use of alcohol at length. Ms. McDonald discovered she was pregnant in late December 2015 and has abstained from alcohol since that time without any difficulty. She attended a 72-hour Driver Intervention Program in March 2016 and shared what appeared to be valuable awareness into the potential harms of excessive use of alcohol.

Ms. McDonald's clinical interview did not reveal recurrent instances of use of alcohol in hazardous situations, a tolerance or withdrawal condition, or continued use despite negative consequences. Aside from her alcohol use on the night of her charge, Ms. McDonald's alcohol use appears to be in accord with World Health Organization standards for low risk problem alcohol use. At present Ms. McDonald does not meet DSM-5 criteria for an alcohol use disorder and as such I do not have any further clinical recommendations at this time.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

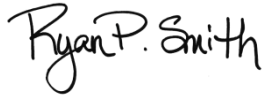
Treatment Recommendations:

- 1) There are no further clinical recommendations at this time;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. McDonald seek an updated evaluation and follow any and all treatment recommendations.

If the court possesses additional information about Ms. McDonald's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. McDonald, and yourself in this important matter.

Sincerely,



Ryan P. Smith MSW, LISW-S, LICDC, SAP
SW Lic. #1.1000155-S, CD Lic. #101182
cc: Kendra R. McDonald

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.