

January 6, 2015

Delaware County Municipal Court
70 North Union Street
Delaware, Ohio 43015

Re: Clinical Alcohol Assessment for David Bower

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Bower in reference to his pending OVI charge in Delaware County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute face-to-face videoconferenced clinical interview. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 4 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 substance related symptoms present. **Anxiety/Depression Screening:** no clinically significant concerns reported

Substance Related Legal History Reported: acknowledges 2012 OVI charge

Clinical Interview/Summary: Mr. Bower's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol previous to his legal incident as 2-3 drinks on 2-3 occasions per week. He also acknowledged use of 3-5 drinks on special occasions (weddings, birthdays, etc.) on about 2-3 occasions per year. We discussed Mr. Bower's OVI charges at length as well as his general habits involving the use of alcohol. He was non-defensive in demeanor and the interview did not reveal any inconsistencies in written or verbal form. My clinical impression is that Mr. Bower does not meet criteria for a DSM 5 alcohol use disorder. Furthermore, Mr. Bower did indicate that he has completely abstained from alcohol as a result of his charges and their subsequent legal and personal ramifications. My clinical impression is that he has gained self-awareness at a deeper level from this OVI as compared with his first charge. Mr. Bower shared that he has previously engaged in alcohol education, has had his license suspended, and continues to engage in community service through Habitat for Humanity. Mr. Bower has maintained involvement past the duration of the court's direction with Habitat for Humanity.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations: Since Mr. Bower has successfully completed preventative education, developed personal insight and does not seem to be manifesting any DSM 5 alcohol use disorder symptoms, I have no further treatment recommendations for him at this time. If he incurs additional negative or legal consequences as a result of alcohol use I recommend he obtain an updated assessment and follow all professional recommendations.

Thank you for the opportunity to assist the court, Mr. Bower. and yourself in this important matter.

Sincerely,

A handwritten signature in black ink, appearing to read 'Anita McLeod', with a stylized flourish at the end.

Anita McLeod, LCSW, SAP
cc: David Bower

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.