

September 21, 2016

Betty Gordon, Diversion Officer
Dodge City Municipal Court 806
2nd Ave Dodge City, KS 67801

Re: Clinical Alcohol Assessment for Brian Adam Davidson (DOB – 06/26/1986)

Dear Ms. Gordon:

I performed a Clinical Alcohol and Drug Assessment for Mr. Davidson in reference to his DUI charge in Dodge City County. This assessment included a 45-minute clinical interview by telephone, the collection of collateral contacts, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 8 / *POSITIVE SCREEN*; direct and indirect indication of problem alcohol use, mitigate concerns with clinical recommendations (screen relative to lifetime use of alcohol)

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate potential *hazardous use*, whereas scores of 15 or more in men indicate a *moderate to severe* disorder may be present (screen predominantly relative to current use of alcohol)

Alcohol Use Risk Factors:

- ☐ negative peer influence/at-risk work environment – NA
- ☐ current stress (relational, work, financial, etc.) – minimal stress reported
- ☐ physical health concerns – NA
- ☐ anxiety/depression/mental health – NA
- ☐ exposure to trauma – NA
- ☐ family history – none reported
- ☐ contraindicated prescription use – NA
- ☐ other substance use – NA

- ☐ severity of incident – NA
- ☐ prior treatment history – court-mandated
- ☒ legal history – 2010 DUI (absent from legal record)

Summary - 1 of 11 concerns, mitigate concern with clinical recommendations

Clinical Interview/Summary: Mr. Davidson's written screenings provided some indication of an alcohol use disorder. He was open in the clinical interview and shared information indicating 2 problem alcohol use symptoms (see below). While Mr. Davidson does not have a history of daily alcohol use, he has a history of consuming outside of what the NIAAA considers to be "low-risk" alcohol consumption for men. Mr. Davidson reports abstaining from alcohol for the last 2.5 years. In my opinion he is at low risk for relapse, however I am providing a preventative recommendation in an effort to help support and ensure maintenance of this healthy life-choice.

DSM-5 Alcohol Use Disorder Symptoms:

- ☒ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Physically hazardous use
- ☐ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 2 of 11 symptoms (**Mild** 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: F10.10 Mild Alcohol Use Disorder (Sustained Remission)

Treatment Recommendations: Monitoring – appointments with substance abuse counselor at approximately the 6 and 12-month time periods following this evaluation. I recommend that he continue abstaining from use of any alcohol. Should he have trouble abstaining, his follow-up provider is to update recommendations as clinically

appropriate. This recommendation comes with the understanding that Mr. Davidson will also be completing an 8-hour court required education program.

If you or the court possess additional information about Mr. Davidson's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Davidson, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA
Cert.# 150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948
cc: Brian A. Davidson

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.