

September 10, 2015

Ken Therrien, Attorney  
132 N. 1<sup>st</sup> Ave.  
Yakima, WA 98902

**Re: Clinical Alcohol Assessment for Gregory Achilles**

Dear Mr. Therrien:

I performed a Clinical Alcohol Assessment for Mr. Achilles in reference to his hit and skip charges in Benton County. This assessment included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening
- 50 minute clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 3 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

**DSM/Other Substance Related Concerns:** denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Present Use Status:** no changes in use of alcohol since this incident / uses alcohol moderately on a once per week or less basis

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Achilles' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 3-5 drinks on a 0-1 occasions per week. His use of alcohol beyond 4

drinks occurs rarely and in the context of special occasions over several hours and he denies drinking and driving behavior.

Mr. Achilles and I discussed his hit-skip charges at length. He denied using alcohol before falling asleep at the wheel.

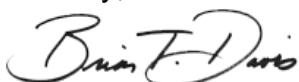
The written screenings and clinical interview did not reveal any direct or indirect indications (hesitation, inconsistencies, non-verbal signs) of an alcohol use disorder. If the court possesses additional information (in relation to the hit-skip or otherwise) which it believes is potentially useful in assessing him I would be happy to review it and consider any appropriate modifications or amendments to the present report.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:** Having found no indications of an alcohol use disorder at any level I have no further professional recommendations for Mr. Achilles at this time.

Thank you for the opportunity to assist the court, Mr. Achilles, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP  
cc: Gregory Achilles

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.