

April 28, 2015

Chelsea Hughes, Probation Officer
Judicial Alternatives of Georgia
824 Oak Street
Suite #2
Eatonton, GA 31024

Re: Clinical Alcohol and Drug Assessment for Rajsekhar Natarajan

Dear Ms. Hughes:

I performed a Clinical Alcohol and Drug Assessment for Mr. Natarajan in reference to his *reckless driving* charge in Putnam County in April of 2013. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), a Drug Abuse Screening Test (DAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

Substance(s) of Concern: screened for all illicit substances; *alcohol primary*
MAST: *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use
DAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of drug use disorder

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary:

ALCOHOL: Mr. Natarajan's written screenings and clinical interview provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol *prior* to his charges as 1-2 drinks or less on 1 or less occasion per week. He also acknowledged use of 2-3 drinks *prior* to his charges on special occasions (weddings, birthdays, etc.) or about 1-2 times per year. However, Mr. Natarajan states that he has completely *abstained* from all alcohol use since incurring charges. Mr. Natarajan was non-defensive in demeanor and the interview did not reveal inconsistencies or discrepancies in written or verbal form. Therefore, I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms.

DRUG USE: Mr. Natarajan's written screenings and clinical interview also provided no indication of a past or present drug use disorder at any level (mild, moderate, severe) As a result, I did not find his overall history and presentation indicative of someone experiencing DSM 5 drug use disorder symptoms.

I found Mr. Natarajan to be forthcoming regarding the factors present on the night of his charges. My clinical opinion is that it is quite possible that his *reckless driving* incident represents an aberration to his normally moderate and low risk use of alcohol. Accordingly, I have no further professional recommendations for Mr. Natarajan at this time.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Natarajan seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Natarajan and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Rajsekhar Natarajan

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self- reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.