

March 3, 2015

Michael Streng, Attorney 302 South Main Street Marysville, OH 43040

Re: Clinical Alcohol Assessment for Darius Collins

Dear Mr. Streng:

I performed a Clinical Alcohol Assessment for Mr. Collins in reference to his OVI charges in Union County in January of 2015. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: screening revealed some misuse of alcohol over the past 5-10 years.

AUDIT: score = 5 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed *0 of 11* DSM 5 substance related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported Substance Related Legal History Reported: Acknowledges previous DUI charge in November of 2011.

Clinical Interview/Summary: Mr. Collins written screenings provided some indication of misuse of alcohol over the past 5-10 years; however his written screenings and clinical interview do not indicate a present or recent alcohol use disorder at any level (mild, moderate or severe.) He reported his normal use of alcohol as 3-4 drinks on 2 to 4 occasions per month. He also acknowledged use of 5-7 drinks on special occasions (weddings, birthdays, etc.) or about 2-3 occasions per year. We discussed Mr. Collins OVI incident and general habits involving use of alcohol at length. He was non-defensive in demeanor and the interview did not reveal any discrepancies in written or verbal form. However, due to his regular use of alcohol, 2 lifetime DUl's and indication of past misuse of alcohol, I am recommending some brief follow-up counseling to further assess for early signs of alcohol tolerance and provide prevention planning. I am also recommending attendance at a victim impact panel. My clinical opinion is that this will assist in effectively reducing his risk of hazardous use of alcohol going forward.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) <u>Counseling</u>, recommend 3-4 outpatient sessions with a professional substance abuse counselor; update recommendations at session four;
- 2) <u>Successful completion of a local Victim Impact Panel</u>, Mr. Collins will provide proof of completion to the court;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Collins seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate;

Thank you for the opportunity to assist the court, Mr. Collins and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Darius Collins

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

