

July 21, 2015

George H. Margetas, Attorney 34 N Queen St. York, PA 17403

Re: Clinical Alcohol and Drug Assessment for Ramon Cantu

Dear Mr. Margetas:

I performed a Clinical Alcohol and Drug Assessment for Mr. Cantu in reference to his DUI charge in York County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Drug Abuse Screening Test (DAST)
- General anxiety/depression screening
- 45 minute clinical interview

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 3/ *INCONCLUSIVE*; all 3 points related to impaired driving history, use clinical interview for clarification

DAST: score = 0 / *NEGATIVE SCREEN*; denies illicit substance use experimentation or use

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: mild anxiety symptoms, no depressive symptoms reported

Substance Related Legal History Reported: 2000 DUI .09 BAC (27y.o.); 2009 DUI no BAC 36 y.o. (atypical arrest after one member of group seen consuming alcohol by an officer); Jan. 2015 – DUI w/ .18 BAC

Clinical Interview/Summary:

ALCOHOL - Mr. Cantu's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 1-3 drinks on 0-1 occasion per week. He also acknowledged use of 5-7 drinks on special occasions (weddings, birthdays, etc.) or on about 4-5 occasions per year.

Mr. Cantu and I discussed his DUI history at length. While I did not gain the clinical impression that he meets DSM 5 alcohol use criteria we both concluded that his DUI history is problematic to the point that abstaining from alcohol is the most sensible option for his wellbeing in the future, as well as those he might negatively affect if another impaired driving incident occurred.

Mr. Cantu reported that the SCRAM has been helpful to him by removing the option to drink. He has experienced no withdrawal symptoms or cravings for alcohol and plans to abstain from alcohol permanently for a number of reasons including his example to his 18 year old son. My recommendations will simply focus on his completion of 12 hours of alcohol education and risk reduction from a variety of resources (see below).

ILLICIT DRUG – Mr. Cantu denied experimentation or use of any illicit substances beyond some brief experimentation with marijuana as a teen. He denied ever having drug charges, work discipline, or other personal consequences related to any drug use. I found no part of Mr. Cantu's report on this issue suspect of minimization or falsification.

PRESCRIPTION DRUG – Mr. Cantu denied any recreational use of prescription medications which are prone to abuse including stimulant/ADD medications, narcotic painkiller medications and anxiolytics and sleeping medications. The interview did not reveal hesitation, discrepancy with his written screenings or other non-verbal signs of minimization or covering a prescription drug use problem.

If the court possesses additional information about Mr. Cantu's use of any substance I would be happy to review it and consider any appropriate modifications or amendments to the present report

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) <u>Prevention and Education</u> Document completion of 12 hours (minimum) of a combination of the following preventative and educational resources:
 - MADD Victim Impact Panel
 - AA or other12 step Program attendance
 - Local Alcohol Awareness or Driver Intervention Class
 - Online Alcohol Awareness or Driver Intervention Class if local resources are not readily available (e.g. - logancourtclass.com, onlinealcoholclass.com)
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Cantu seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate.



Thank you for the opportunity to assist the court, Mr. Cantu, and yourself in this important matter.

Sincerely,

Brian Davis, LISW-S, SAP

cc: Ramon Cantu

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self- reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

