

March 8, 2016

Nicholas Galea, Attorney James H. Moore Law Office 416 East State Street Rockford, IL 61104

Re: Clinical Alcohol Assessment for Landon C. Jackson (DOB – 07/23/1991)

Dear Mr. Galea:

I performed a Clinical Alcohol Assessment for Mr. Jackson in reference to his December 9, 2015 DUI in Boone County. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 6 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present / note: due to subjects age the evaluator will take into consideration the score of "6" and any significant risk factors represented by the answers

## **Alcohol Use Risk Factors:**

Concerns/Risks

- legal history denies previous history but present charge is <u>high test BAC</u> (.203)
- anxiety NA
- other substance use NA
- family history no known blood related family members
- prior treatment history NA
- peer influences college use 3 years ago freshman experimentation with mild to moderate risk profile
- work environment NA
- contraindicated prescription use NA
- general health problems NA
- current family stress NA

Summary – 2 of 10 concerns = low to moderate risk profile

## Anxiety/Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Mr. Jackson's written screenings provided no clear indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 2-3 drinks on 2-4 occasions per month. He also acknowledged use of 5-8 drinks on about 6 special occasions (weddings, birthdays, etc.) per year. He reports being "scared" by the consequences of this DUI and states that he has drank minimally since the DUI (2 beers on 2 occasions).

Mr. Jackson and I discussed his DUI incident and general use of alcohol at length. He came across as being very forthright and transparent in his interview responses. He did not hesitate when answering and he shared negative information about his past use of alcohol when he did not have to. Furthermore, he noted that if he didn't share in an open manner then he "wouldn't know if there was a problem to take care of".

While I did not find Mr. Jackson meeting DSM-5 alcohol use disorder criteria I did note some risk factors in his profile (his high BAC at arrest, his age, and some excessive use in college). For these reasons I shared with Mr. Jackson I was recommending he attend some form of preventative education. He was very open to my professional recommendations and I believe he will fulfill them for his own health and wellbeing, and subsequently be able to furnish proof of completion of the same to the court.

**DSM-5 DIAGNOSIS in Reference to Substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

- 1) Preventative Alcohol Education 6-8 hrs. of alcohol/drug education including a combination of any of the following local class (hospital, treatment center, or community facility), AA/12 Step Meeting attendance, MADD Victim Impact Panel, online alcohol or drug education course (e.g. onlinealcoholclass.com or logancourtclass.com);
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Mr. Jackson seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Jackson's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.



Thank you for the opportunity to assist the court, Mr. Jackson, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Landon C. Jackson

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**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

