

November 20, 2015

Thomas F. Martello Jr., Attorney at Law 877 South High Street Columbus, OH 43206

Re: Clinical Alcohol Assessment for Gary Book

Dear Mr. Martello,

I performed a Clinical Alcohol Assessment for Mr. Book in reference to his OVI charge in Franklin County. This assessment included a full clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 5 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, scores of 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Book's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 3-5 drinks on 2-3 occasions per week. He also acknowledged use of 6-8 drinks on 6 or less occasions per/year (e.g. New Year's eve, social events).

Mr. Book and I discussed his OVI incident and general use of alcohol at length. While he did not appear to historically or recently be meeting DSM-5 criteria for an alcohol use

disorder I noted some slight risk present if he drinks beyond 3-5 drinks. Accordingly I recommended that he attend some brief alcohol education for preventative purposes going forward. Mr. Book was in agreement with my suggestion and reported he would attend the Ohio Health alcohol/drug awareness class this weekend.

If the court possesses additional information about Mr. Book's use of alcohol that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

DSM 5-DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) <u>Preventative Education</u> Attend a local MADD Victim Impact Panel or one 3 hour class at Ohio Health's Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Book seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Book, and yourself in this important matter.

Sincerely.

Brian T. Davis, LISW-S, SAP

LIC# I-7948 cc: Gary Book

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

