

September 25, 2013

Trisha Patrick 14800 Robins Road Johnstown, OH 43031

Re: Substance Abuse Assessment for Trisha Patrick

To Whom It May Concern:

I performed a basic substance abuse assessment for Ms. Patrick in reference to her pending OVI charge on 1/2013. This assessment included the administration of: a MAST, an AUDIT, a depression screening, and a clinical interview. The following are my findings and recommendations:

**Substance(s) of Concern:** alcohol

**MAST:** score= 4; indicates some problem alcohol use **AUDIT:** score=1; indicates no problem alcohol use

**DSM/Other Substance Related Concerns:** prior OVI (~2005 & 04/2012), recurrent physically

hazardous use

**Depression Screening:** no clinically significant concerns reported

Clinical Interview/Summary: Ms. Patrick's self-reported written screenings provided no indication of an alcohol use disorder. She reported her typical alcohol use as 2-3 drinks on one night per week. She denied instances in which her alcohol use exceeded 2-3 drinks and states that she has decreased her alcohol use since January 2013. However, Ms. Patrick's alcohol use displays a hazardous pattern of recurrent drinking and driving. This symptom of recurrent physically hazardous use does not (by itself) meet criteria for a DSM-5 alcohol use disorder, but it is of clinical concern. Below are my recommendations to assist Ms. Patrick in obtaining useful educational information on problematic alcohol use as well as building better awareness about high risk alcohol use and practical prevention planning with regards to drinking and driving.

## **DIAGNOSIS** in reference to substances: None Found

**Recommendations**: 1) Education, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (contact 614-566-3700) or other educational option provided by counselor; 2) Counseling, recommend 2-3 sessions with a professional substance abuse counselor; 3) If another negative consequence is incurred as a result of any substance use it is recommended Ms. Patrick seek further evaluation and follow all treatment recommendations.

Sincerely,

Jessica Schoenberger, MSW, LSW, CDCA

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