

August 15<sup>th</sup>, 2014

Kenneth Koepnick  
578 N. Benson Road  
Fountain, MI 49410

**Re: Substance Abuse Evaluation**

To whom it may concern:

I performed a basic substance abuse assessment for Mr. Koepnick in reference to his April 2014 alcohol-related incident and hospitalization. This assessment included the administration of: a SASSI-3, a MAST, an AUDIT, and a clinical interview. The following are my findings and recommendations:

**Substance(s) of Concern:** alcohol

**SASSI-3:** scores did not indicate an alcohol use disorder at any level (mild, moderate, or severe)

**MAST:** score=2; no apparent indications of problem drinking; lifetime frame of reference

**AUDIT:** score=5; scores of "8" or more indicate hazardous alcohol use; past year frame of reference

**DSM/Other Substance Related Concerns:** family history of problem alcohol use

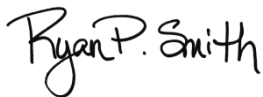
**Depression Screening:** no clinically significant concerns reported

**Clinical Interview/Summary:** Mr. Koepnick's written screenings provided no indications of an alcohol use disorder. He reported his normal use of alcohol over the past two years as 2-4 standard drinks on 1 occasion per month. He acknowledged his use will increase to 3-5 standard drinks on special celebrations, holidays, and large social events. His clinical interview did reveal evidence of tolerance to alcohol and use beyond intention. His clinical interview did not reveal any signs or symptoms of preoccupation with alcohol use, use despite negative consequences, or an alcohol withdrawal syndrome. Mr. Koepnick's clinical interview did reveal a significant level of personal and interpersonal distress over the last year which may have played a role in his increased alcohol use in April 2014. At present Mr. Koepnick meets criteria for a mild alcohol use disorder and is appropriate for some prevention planning with a substance abuse counselor as he evidenced a high degree of motivation to reduce his overall alcohol use.

**DIAGNOSIS in reference to substances:** 305.00, mild alcohol use disorder

**Recommendations:** 1) Prevention Planning, recommend Mr. Koepnick engage in 5-6 counseling sessions with a professional substance abuse counselor to assist him in gaining strategies to reduce his alcohol use and reduce the likelihood of any future instances of excessive alcohol use (web-based or telephonic counseling services are permissible due to the nature of his employment).

Sincerely,



Ryan P. Smith, MSW, LISW-S, LCDC-III, SAP

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