

June 5, 2014

Ryan Sandberg, Attorney 2525 Elk Drive Minot, ND 58702

Re: Clinical Alcohol Assessment for David Armbruster

Dear Mr. Sandberg:

I performed a Clinical Alcohol Assessment for Mr. David Armbruster in reference to his February 2014 DUI charge in North Dakota. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, a 40 minute videoconferenced clinical interview, and review of a Victim Impact Panel completion certificate. The following are my findings and recommendations:

MAST: score = 0; no direct or indirect indication of problem alcohol use

AUDIT: score =1; negative for threshold of indication of hazardous use (scores above

"8" = hazardous, above "13" = moderate to severe alcohol use disorder)

DSM / Other Substance Related Concerns: denies subtle indicators of problem
alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve
emotional or work stress, previous legal consequences, previous treatment, conflict with
significant others during or shortly after use of alcohol, guilt or regret associated with
use; 0 of 11 DSM 5 alcohol use disorder symptoms found in clinical interview
Anxiety/Depression Screening: no clinically significant concerns reported
Substance Related Legal History Reported: denies any previous history of alcohol or
substance related arrests/legal charges

Clinical Interview/Summary: Mr. Armbruster's clinical screenings provided no indications of an alcohol use disorder. He reported a lifelong history of moderate alcohol use; 2-3 standard drinks on 2-4 occasions per month without incident. He acknowledged slight use beyond this amount (up to 4 drinks) if attending a special celebration (about 2 occasions per year). Mr. Armbruster also reported that his time in the military included drug and alcohol testing, as have his last two places of employment. He stated that he has never failed a drug or alcohol test. We discussed his February 2014 DUI arrest incident at length. Mr. Armbruster seemed remorseful about the incident and articulate about his motivation and means to avoid all future drinking and driving behavior. Though I found no indications of a DSM 5 alcohol use disorder, a typical preventative recommendation would include brief alcohol education on drinking and driving (MADD Class or a Victim Impact Panel). I reviewed Mr. Armbruster's VIP completion certificate and he can supply this document to the court as well.

DSM 5 DIAGNOSIS in reference to alcohol use disorders: None Found

**Treatment Recommendations**: Mr. Armbruster has successfully completed attendance at a Victim Impact Panel. I have no further professional recommendations for him at this time.

Thank you for the opportunity to assist Mr. Armbruster in this important matter. If you have any additional questions about his condition, please request a signed release of information and I will be glad to assist further.

Sincerely,

Brian Davis, LISW-S, SAP

cc: David Armbruster

**Prohibition Against Re-Disclosure**: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusion Disclaimer**: Clinical substance abuse assessments are based on objective and standardized screenings and interviewing methods. Conclusions made are to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve extensive background research, collateral information and third party verification can be provided as an additional service upon request.



