

April 14, 2016

Tod Brininger, Attorney
The Koffel Law Firm
1801 Watermark Drive, Suite 350
Columbus, OH 43215-7033

**Re: Clinical Alcohol and Drug Assessment for Messiva Amer Yahia
(DOB – 01/22/1990)**

Dear Mr. Brininger:

I performed a Clinical Alcohol and Drug Assessment for Ms. Yahia in reference to her OVI charge in Delaware County. This assessment included a 60-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- A Drug Abuse Screening Test (DAST)
- A 10 panel urine drug screen
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use, mitigate concerns with clinical recommendations

DAST-20: score = 3 / Low severity – further evaluation and/or brief intervention suggested

10 Panel Urine Drug Screening: negative for all substances tested - cocaine, amphetamine, methamphetamine, cannabis, methadone, MDMA, Opiates, PCP, Barbiturates, Benzodiazepines

Alcohol /Substance Use Risk Factors:

Concerns/Risks

- legal history – February 2014 OVI charge with 0.0 BAC / cannabis presumed
- severity of incident – low severity
- anxiety – NA
- NIAAA/NIH low risk guidelines – no evidence of exceeding guidelines
- other substance use – NA
- family history – none reported
- prior treatment history – NA
- peer influences– NA
- work environment – NA

- contraindicated prescription use – NA
- general health problems – NA
- current family stress – NA

Summary - 1 of 12 items, mitigate concern with clinical recommendations

Anxiety/Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary:

ALCOHOL – Ms. Yahia’s written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol as 1-2 drinks on 0-1 occasions per week. She also acknowledged use of 2-3 drinks on 6 or less special occasions (weddings, birthdays, etc.) per year.

Ms. Yahia and I discussed her OVI incident and general use of alcohol at length. I did not gain any impression that she was manifesting signs and symptoms of a DSM-5 alcohol use disorder.

NON-PRESCRIPTION DRUG – Ms. Yahia acknowledged a history of having a preference for marijuana use over alcohol in social settings. She also stated that she has stopped using it because it is illegal in Ohio and she does not want to have future legal consequences associated with using it. She also recognized that it has had an associated “cost” as it has created some measure of conflict between her and family members. She denied using other non-prescription drugs.

COMMONLY MISUSED/ABUSED PRESCRIPTION DRUGS– Ms. Yahia reported use of the following prescription medications:

Narcotic Painkillers – about 4 years ago following removal of wisdom teeth, “I did not enjoy it “I felt sick... irritated”, finished prescription for pain but did not refill it

Stimulants – for treatment of Attention Deficit but stopped use in fall of 2015

Ms. Yahia denied any recreational use or abuse of prescription medications in the categories mentioned above, and also with reference to anxiolytics and sleeping medications. The interview did not reveal hesitation, discrepancy with her written screenings, or other non-verbal signs of minimization or covering a prescription drug use problem.

SUMMARY – While I did not find clear evidence of Ms. Yahia having a DSM-5 substance use disorder, I am recommending some sessions with a substance abuse professional for preventative purposes and further exploration of her history and future plans regarding any form of substance use in the future.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

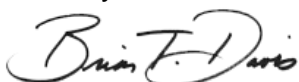
Treatment Recommendations:

- 1) Preventative Outpatient Counseling – 1-3 outpatient sessions with a professional substance abuse counselor, update recommendations or discharge as appropriate;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Yahia seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Ms. Yahia's use of alcohol or drugs that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Yahia, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Messiva Amer Yahia

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.