

October 11, 2014

Dennis McNamara, Attorney
88 East Broad Street, Suite 1350
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Jennifer Adams

Dear Mr. McNamara:

I performed a Clinical Alcohol Assessment for Ms. Adams in reference to her pending OVI charge in Monroe County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical phone interview. The following are my findings and recommendations:

MAST: score = 5; *indicates problem alcohol use*, screen further for clarification of severity and history

AUDIT: score = 5; *negative screen; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present*

DSM/Other Substance Related Concerns: clinical interview revealed 2 of 11 DSM 5 symptoms present; hazardous use, use beyond intention

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: one prior OVI approximately 2 years ago

Clinical Interview/Summary: Ms. Adams's written screenings provided indication of a mild alcohol use disorder. She reported her normal use of alcohol as 2 drinks on 1-2 occasions per month. She also acknowledged use of 3-7 drinks on special occasions (weddings, birthdays, etc.) on about 5 occasions per year. We discussed Ms. Adams OVI incident at length and my clinical impression was that she is appropriately abstaining from alcohol due the legal consequences associated with overuse. Consequently, she seems to be reflecting and gaining self-awareness at a deeper level from this OVI as compared to her first charge. Nevertheless, because of her two OVI related charges, and the common occurrence of individuals resuming alcohol use after legal consequences recede; I am providing some preventative recommendations to help her avoid any reoccurring problems of a similar nature.

DSM 5 DIAGNOSIS in reference to substances: 305.00 mild alcohol use disorder

Treatment Recommendations:

- 1) Preventative Education, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);

- 2) Counseling, recommend 4-6 outpatient sessions with a professional substance abuse counselor; update recommendations at session five;
- 3) Abstinence, recommend minimum of 12 months and consultation with treating substance abuse professional if considering resumed alcohol use in the future;
- 4) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Adams seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Adams, and yourself in this in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Jennifer Adams

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.