



May 12, 2015

Ms. Jane Zoucha
451 West 20th Avenue
San Mateo, CA 94403

Re: Clinical Alcohol Assessment for Ryan Cao

Dear Ms. Zoucha:

I performed the requested Clinical Alcohol Assessment for Mr. Cao with regards to his school trip underage drinking incident in Europe in April of 2015. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- Clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present (screening appeared valid)

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 alcohol use disorder symptoms found. denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Cao's written screenings provided no indication of an alcohol use disorder. He reported that within the 6 months preceding the incident in Europe, he consumed approximately 2-4 drinks on 2 separate occasions. Mr. Cao and I discussed the social factors and circumstances present during his trip to Europe. I found him to be forthcoming throughout the interview and found no discrepancies or inconsistencies in written or verbal form. Mr. Cao admitted to drinking a glass of champagne at the top of the Eiffel Tower as well as a glass of wine

during his visit to Bordeaux. He denied drinking on any other occasion during the trip. Additionally, I found no evidence of him meeting any criteria for a DSM 5 alcohol use disorder during the clinical interview. As a result of this incident, Mr. Cao seems to have gained appropriate insight regarding the risks associated with underage drinking. My clinical opinion is that he is presently at a low risk level for repeat offenses with alcohol. Accordingly, I have no treatment recommendations.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Cao seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Cao, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Ryan Cao

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.