

March 25, 2016

Raymond Staub, Public Defender Township of Lawrence 2211 Lawrence Rd. Lawrence Township, NJ 08648-3164

Re: Clinical Alcohol Assessment for Titanie Koen (DOB – 07/05/1980)

Dear Mr. Staub:

I performed a Clinical Alcohol Assessment for Ms. Koen in reference to a domestic incident in Mercer County (09/2015). This assessment included a complete clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women, scores of 15 or more in men indicate *moderate to severe* disorder present

Alcohol Use Risk Factors:

Concerns/Risks

- legal history denies previous history
- severity of incident low level
- anxiety NA
- NIAAA/NIH low risk guidelines does not exceed guideline
- other substance use NA
- family history none reported
- prior treatment history NA
- peer influences- NA
- work environment NA
- contraindicated prescription use NA
- general health problems NA
- current family stress NA

Summary – 0 of 12 items = low risk profile

Anxiety/Depression Screening: mild intermittent insomnia, no clinical crisis indicated

Present Use Status: presently not using alcohol (indefinitely)

Clinical Interview/Summary: Ms. Koen's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol before this charge as 1-2 drinks on 0-1 occasions per week. She is presently not drinking alcohol for a variety of personal reasons and for an indefinite period of time.

Ms. Koen and I discussed the domestic incident as well as her history of alcohol use. In my best clinical judgment, I was unable to find the incident or her overall history and presentation indicative of someone experiencing DSM-5 alcohol use disorder symptoms. Further, she states that she has no other legal, clinical or work history that is related to misuse of alcohol. I found her demeanor and straightforward answers to my questions (without hesitation or inconsistency) to be satisfactory.

If you or the court possess additional information about Ms. Koen's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: Having found no basis for a DSM-5 alcohol use disorder I have no further recommendations for Ms. Koen at this time.

Thank you for the opportunity to assist the court, Ms. Koen, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948 cc: Titanie Koen

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

