

March 16, 2016

Joshua Vogel, Probation Officer Franklin County Municipal Court Probation 375 S. High Street 8th Floor Columbus, Ohio 43215

Re: Clinical Alcohol and Drug Assessment for Dominique Augustine (DOB – 04/2/1991)

Dear Mr. Vogel:

I performed a Clinical Alcohol and Drug Assessment for Mr. Augustine in reference to his July 2015 probation violation in Franklin County. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- A Drug Use Disorder Identification Test (DUDIT)
- A general anxiety/depression screening
- A 10 panel urine drug screen

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

SASSI-3: scores suggested an overall *high probability* of a moderate to severe substance use disorder; scores were positive for rules #2, 7, and 9; screening had a lifetime frame of reference;

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

DUDIT: score = 25 / *POSITIVE SCREEN*; scores of 6 or more indicate problematic use ("mild-moderate"), scores of 6 or more suggest presence of mild or moderate condition, 25 or more indicate high likelihood of a severe disorder present

Substance Use Risk Factors:

- family history = *multiple immediate family members*
- prior substance-related legal charges = NA
- excessive use of cannabis in the past two years
- prior substance use treatment = None
- peer influences = peers engage in regular substance use
- work environment = coworkers engage in regular substance use
- contraindicated prescription use = NA

- anxiety or depression symptoms = evidence of depressive and anxious symptoms
- general health problems = None
- current family stress = stress in primary social relationship

Summary = Six of ten risk factors positive; high risk

Present Use Status: presently not using alcohol; recent relapse to cannabis use

Anxiety/Depression Screening: screening suggests possible problem with depression and/or anxiety

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary:

ALCOHOL - Mr. Augustine's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol prior to his probation violation as 2-3 drinks on 1-2 occasions per week. He denied experiencing any increase to his alcohol use during special occasions because he has immediate family members who engage in frequent problem alcohol use. Mr. Augustine stated he has always been cautious about drinking alcohol due to a family history of alcoholism.

ILLICIT DRUG – Mr. Augustine acknowledged minimal experimentation with cannabis following his graduation from high school. He stated he began smoking cannabis on a daily basis during his first semester at Wilberforce University. He disenrolled from college after his first semester due to low grades and began working full-time. Mr. Augustine stated that his cannabis use increased such that over the past two years he has smoked cannabis 6-7 times per day most 6-7 days per week. His interview revealed the following positive symptoms in regards to cannabis use: wanting to stop but not being able to, tolerance, continued use despite negative impact to finances and interpersonal relationships, withdrawal symptoms, cravings, recurrent use beyond intention, and use in hazardous situations. Mr. Augustine stated he had managed to abstain from cannabis use for 30 days before relapsing after being offered cannabis from a coworker.

PRESCRIPTION DRUG – Mr. Augustine denied any recreational use of prescription medications which are prone to abuse including stimulant/ADD medications, narcotic painkiller medications, and anxiolytics and sleeping medications. The interview did not reveal hesitation, discrepancy with his written screenings or other non-verbal signs of minimization or covering a prescription drug use problem.

SUMMARY – Mr. Augustine's clinical interview revealed clear and overt problems with cannabis use. He expressed a strong desire to receive help to gain ongoing sobriety from cannabis use.



DSM-5 DIAGNOSIS in Reference to Substances: F12.2 cannabis use disorder, severe

Treatment Recommendations:

- 1) Preventative Alcohol & Drug Education recommend 15 hours of alcohol/drug education including a combination of any of the following resources– local class (Ohio Health's Alcohol Awareness Series at Riverside Hospital 614-566-3700), AA, NA, and/or online alcohol or drug education course;
- 2) <u>Outpatient Counseling</u> recommend 8-12 outpatient sessions with a professional substance abuse counselor; update recommendations or discharge as appropriate;
- 3) <u>Monitoring</u> recommend 6 months of monitoring with same counselor after initial counseling completed, meeting frequency at discretion of counselor;
- 4) <u>Abstinence</u> recommend abstaining from all alcohol and cannabis use permanently; any consideration of resuming alcohol use should be done only in consultation with a physician and/or substance abuse professional;
- 5) <u>Drug Testing</u> recommend random drug screens at the direction of probation officer and/or counselor; results should be supplied to all providers;
- 6) <u>If another negative consequence</u> is incurred as a result of any substance use within the next year, it is recommended Mr. Augustine seek further evaluation and follow all updated treatment recommendations.

If the court possesses additional information about Mr. Augustine's use of alcohol or drugs that might impact the outcome of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Augustine, and yourself in this important matter.

Sincerely.

Ryan P. Smith MSW, LISW-S, LICDC, SAP

SW Lic. #I.1000155-S, CD Lic. #101182

cc: Dominique Augustine

Ryan P. Snith



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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol and Drug Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

