

January 8, 2016

Andrew Conway, Community Control Officer
Delaware Municipal Court Adult Probation
70 North Union Street
Delaware, Ohio 43015

Re: Clinical Alcohol Assessment for Todd Maxey

Dear Mr. Conway:

I performed a Clinical Alcohol Assessment for Mr. Maxey in reference to his October 2015 disorderly conduct charge in Delaware County. This assessment included the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening
- 50 minute in-person clinical interview

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

SASSI-3: no scores indicative of an alcohol use disorder at any level (mild, moderate, or severe); screening was valid and covered a lifetime frame of reference;

MAST: score = 5; one point stemmed from 1989 DUI charge and one from a 2010 physical control charge; two points stemmed from the presently considered charge and one point revealed his spouse's complaint regarding his alcohol use; screening appeared valid and referenced a lifetime frame of reference;

AUDIT: score = 8; scores of 8 or more indicate hazardous use, scores of 15 or more indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, previous treatment; acknowledged use of alcohol to relieve emotional distress, has experienced conflict with his spouse shortly after his alcohol use, and a family history of problem alcohol use; friends are reported to drink alcohol to excess;

Anxiety/Depression Screening: no clinically significant concerns reported regarding anxiety; screening indicated mild symptoms of depression

Substance Related Legal History Reported: DUI charge in 1989; physical control charge in 2010

Clinical Interview/Summary: Mr. Maxey's written screenings provided mixed indications of an alcohol use disorder. He reported his normal use of alcohol before this February 2015 as 4-6 drinks on 2-3 occasions per week. He also acknowledged use of 7-9 drinks on special occasions (weddings, birthdays, etc.) on or about 6 occasions per year. Mr. Maxey shared that beginning in February 2015 he abstained from alcohol for 6 months without difficulty in order to work on improving his marriage and has been working with a professional counselor.

Since his charges Mr. Maxey reported that he has decreased his alcohol use though he acknowledged consuming 8 beers on 2 separate occasions in order to deal with emotional distress. Mr. Maxey's clinical interview revealed recurrent alcohol use beyond intention and continued use despite negative consequences in his primary relationship. I did discuss with him World Health Organization standards for responsible alcohol use and recommended that he address his alcohol use and use of alcohol to relieve negative emotions with his present counselor.

If the reader possesses additional information about Mr. Maxey's use of any substance, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

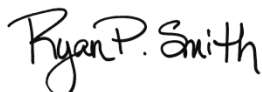
DSM 5 DIAGNOSIS in reference to substances: alcohol use disorder, mild 305.00/F10.10

Treatment Recommendations:

- 1) Counseling, recommend 4-8 outpatient sessions with his present counselor if counselor has a scope of practice that includes substance use treatment; counseling should focus on skills training to adaptively manage difficult psychological experiences and skills to moderate Mr. Maxey's alcohol use;
- 2) If another negative consequence is incurred as a result of any alcohol use within the next 12 months, it is recommended Mr. Maxey seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate.

Thank you for the opportunity to assist the court, Mr. Maxey, and yourself in this important matter.

Sincerely,



Ryan Smith, LISW-S, LICDC, SAP
SW Lic. # I.1000155-S, CD Lic. # 101182
cc: Todd Maxey

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.