

March 3, 2015

Houghton County Courthouse  
3<sup>rd</sup> Floor  
401 East Houghton Avenue  
Houghton, MI 49931

**Re: Clinical Alcohol Assessment for Colton Curtis**

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Curtis in reference to his DUI charge in Houghton County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 3 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 substance related symptoms present

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Substance Related Legal History Reported:** acknowledges previous DUI charge December of 2013

**Clinical Interview/Summary:** Mr. Curtis' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported normal use of alcohol as 1-2 drinks on 2-4 occasions per month. He also acknowledged use of 3-5 drinks on special occasions (weddings, birthdays, etc.) on about 2 occasions per year. Mr. Curtis and I discussed the DUI incident and general use of alcohol at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. However, due to his regular use of alcohol and two lifetime DUI charges, I am recommending he attend some alcohol education as well as a MADD victim impact panel. My clinical opinion is that this will help him to gain perspective to prevent any future incidents involving alcohol as well as provide some needed insight regarding the ramifications of future excessive or hazardous use.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

### **Treatment Recommendations:**

- 1) Preventative Education, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);
- 2) Successful completion of a local Victim Impact Panel. Mr. Curtis will provide proof of completion to the court.

Thank you for the opportunity to assist the court, Mr. Curtis and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Colton Curtis

**Prohibition Against Re-Disclosure:** This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.