

March 20, 2015

Oklahoma Court Services
302 South Peters
Norman, OK 73069

Re: Clinical Alcohol and Drug Assessment for Talon Edwards

Dear Court Services Representative:

I performed a Clinical Alcohol and Drug Assessment for Mr. Edwards in reference to his DUI charge in Cleveland County in November of 2013. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), a Drug Abuse Screening Test (DAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

Substance(s) of Concern: screened for all illicit substances; alcohol and marijuana primary

MAST: *NEGATIVE SCREEN*; screening revealed some misuse of alcohol over the past 8 years

DAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem drug use

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 substance related concerns present

Anxiety/Depression Screening: receives treatment for trauma related concerns; no current symptom complaints

Substance Related Legal History Reported: acknowledges public intoxication charge in November of 2013

Clinical Interview/Summary:

ALCOHOL: Mr. Edwards' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 2-3 drinks on 2-3 occasions per month. He also acknowledged use of 6 drinks on special occasions (weddings, birthdays, etc.) or about 4-5 occasions per year. Mr. Edwards and I discussed the DUI incident and general use of alcohol at length as well as the factors leading to his charges. My clinical opinion is that Mr. Edwards did not have an active skill set in place to regulate emotions and tolerate distress during the time of the incident. He was able to articulate a number of positive actions that have assisted him in changing his behaviors, including seeking counseling and medication management. Mr. Edwards was also able to articulate a future oriented focus on his family and the regret associated with his previous legal charges. My opinion is that Mr.

Edwards has made substantial and sustainable lifestyle changes to avoid impaired driving or misuse of alcohol going forward.

DRUG USE: Mr. Edwards' written screenings provided no indication of a cannabis use disorder. Although Mr. Edwards does admit to *prior* daily use of marijuana, he states that he has remained abstinent from all marijuana use for the last 7 months, with no plans to use again in the future.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Medication Management, recommend continuation of services with current psychiatrist for medication management purposes;
- 2) Counseling, recommend counseling services on an as needed basis;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Edwards seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Edwards and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
Cc: Talon Edwards

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

