

February 7, 2015

Elmore County Court
125 So. 5th East
Mountain Home Idaho 83647

Re: Clinical Alcohol and Drug Assessment for Bo Ferro

Dear Elmore County Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Ferro in reference to his June 2014 possession and paraphernalia (cannabis) charges in Elmore County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), a Drug Abuse Screening Test (DAST), an anxiety/depression screening, and a 50 minute face-to-face clinical interview by videoconference. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use; gain further clarification in clinical interview

DAST: score = 0/ *NEGATIVE SCREEN*; acknowledged past history of intermittent cannabis use but without report of problem symptoms; gain further clarification in clinical interview

DSM/Other Substance Related Concerns:

ALCOHOL - denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

ILLICIT SUBSTANCES - denies subtle indicators of cannabis abuse or dependence such as frequent use, mild irritability after use, negative impact on school/work responsibilities, mild conflict over use in close relationships, mild memory loss, using to relieve work, emotional or other life stressors

Mental Status Exam/Anxiety/Depression Screening: no clinically significant concerns reported at work or home, mental status exam showed normal presentation in 5 areas observed, reports good relationship with his mother whom he lives with temporarily, gainfully employed and enjoying his weekly work with a 30-40 hr. per week work schedule for the past 2 years for the same employer

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests or legal charges

Clinical Interview/Summary: **ALCOHOL** - Mr. Ferro's written screenings provided no indication of an alcohol use disorder at any level. He acknowledged excessive use on

his 21st birthday and some experimentation but found that he has never liked the taste of alcohol. He reported that there are no immediate or extended family members whom are known to have problem alcohol use. I found no inconsistencies or discrepancies in his written screening or clinical interview to cause suspicion or suggest that he was covering use/ problem use of alcohol.

ILLICIT SUBSTANCE USE – Mr. Ferro denied use of any substances in his life aside from cannabis use. He reported that he has been abstaining from all cannabis use since his charge in June and was adamant that the benefit was not worth the cost going forward in his life. His prior use was reported as infrequent and intermittent. Similar to the alcohol assessment, his presentation was consistent and left me with the clinical impression that he has not experienced DSM 5 cannabis use disorder.


Further, Mr. Ferro appears to be gainfully employed and articulate about the means and motivation to avoid future legal charges regarding substances.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations: Since I was unable to find Mr. Ferro meeting DSM 5 alcohol or substance use disorder criteria and uncovered no family risk history or other notable risk factors I have no further professional recommendations for him at this time. If Mr. Ferro incurs any future legal charges or other negative consequence related to substance use of any kind it is recommended he seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Ferro, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Attorney Jessica Bublitz

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self- reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.