

February 24, 2016

Brookhaven Municipal Court  
2665 Buford Hwy, NE  
Atlanta, GA 30324

**Re: Clinical Alcohol and Assessment for Claudia Martinez**  
**DOB: 5/19/94**

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Ms. Martinez in reference to her *public intoxication* and *disorderly conduct* charges in Brookhaven County on January 1, 2016. This assessment included the administration of:

- a Michigan Alcohol Screening Test (MAST),
- an Alcohol Use Disorder Identification Test (AUDIT),
- an anxiety/depression screening,
- a clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST: NEGATIVE SCREEN;** no direct or indirect indication of problem alcohol use with lifetime frame of reference

**AUDIT:** score = 4 / **NEGATIVE SCREEN;** scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 symptoms present

**Anxiety/Depression Screening:** no clinically significant concerns reported or identified during clinical interview

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Ms. Martinez' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol as 2-3 drinks on 2-4 occasions per month. She also acknowledged use of 2-4 drinks on special occasions (weddings, birthdays, etc.) on or about 1-2 occasions per year. Ms. Martinez was non-defensive in demeanor and the interview did not reveal inconsistencies or discrepancies in her written screenings or during our clinical interview. As such I do not find the incident or her overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms.

I found Ms. Martinez to be forthcoming regarding some of the factors present on the night of her charges, such as the time she arrived at the bar and who she was with, though she did not have any recollection of the events leading to her arrest. It is my clinical opinion that she blacked out because of her excessive alcohol use, which she did admit to. I viewed her police report to gain a greater perspective of the details of this event. Ms. Martinez' police report was consistent with someone who is highly intoxicated and has lost clear judgment. However, I did find that the behaviors she displayed on the evening of her charges were a deviation from her normal actions as well as moderate drinking behaviors. Therefore, my clinical judgment is that Ms. Martinez' *public intoxication* and *disorderly conduct* charges on the night of her incident represent an aberration to her normally responsible and low risk use of alcohol. Accordingly, I have no further professional recommendations for Ms. Martinez at this time.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:**

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Martinez seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Martinez and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Claudia Martinez

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.