

May 1, 2015

Mr. Jamir Davis
451 West 20th Avenue
San Mateo, CA 94403

Re: Clinical Alcohol Assessment for Ryan Moriarty

Dear Mr. Davis:

I performed a Clinical Alcohol Assessment for Mr. Moriarty in reference to *school term violation* in April of 2015 in Spain. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- Clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present (screening appeared valid)

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 alcohol use disorder symptoms found. denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Moriarty's written screenings provided no indication of an alcohol use disorder. He reported that he does not normally drink *any* alcohol on *any* occasion, whether alone, in social occasions with family or with his peers. Mr. Moriarty did acknowledge that he consumed 1 beer on the night of the school trip incident in Spain. I found him to be forthcoming throughout the interview and there were no discrepancies or inconsistencies in written or verbal form. My clinical opinion is that Mr. Moriarty experienced a social situation that presented him with a common challenge for teens his age. This circumstance is not outside of the scope of what I

consider to be anything alarming or of great concern regarding his drinking behaviors. Accordingly he does not meet any criteria for a DSM 5 alcohol use disorder. I believe this to be an aberration from a situation he will likely encounter in the future (out of the country without adult supervision), as well as an aberration from his regular abstinence from all alcohol. Mr. Moriarty seems to have appropriate insight into this as well as feeling remorseful regarding his choice and the circumstances he was involved in to warrant his suspension from school. I believe he is presently at a low risk level for repeat offenses with alcohol. Accordingly, I have no treatment recommendations.

DSM 5 DIAGNOSIS in reference to substances:

Treatment Recommendations: V71.09 (none found)

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Moriarty seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Moriarty, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Ryan Moriarty

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.