

December 4, 2015

David P. Rieser, Attorney 2 Miranova Place, Suite 710 Columbus, OH 43215

Re: Clinical Alcohol Assessment for Melanie Neville DOB: 07/09/1972

Dear Mr. Rieser.

I performed a Clinical Alcohol Assessment for Ms. Neville in reference to her November legal charges in Delaware County. This assessment included a clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 5 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicate *moderate to severe* disorder present (respondent appeared to provide forthright responses to questions)

**DSM/Other Substance Related Concerns:** denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Present Use Status:** presently wearing SCRAM device and compliant with abstinence, reports no withdrawal syndrome or problem symptoms related to stopping use of alcohol

Anxiety/Depression Screening: no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary**: Ms. Neville's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reports her normal

use of alcohol (before this charge) as 2-3 drinks on 1-2 occasions per week. She reports no change in the amount she consumes if she is at a celebratory event, but acknowledges that in the past 3 years she has drank more than 2-3 drinks on 2 occasions. Both of these were OSU game day events, one of which occurred on the day of her domestic charges. Currently she is abstaining from all alcohol use and wearing a SCRAM device per court requirements.

Ms. Neville and I discussed the recent domestic incident and general use of alcohol at length. In my best clinical judgement I was unable to find Ms. Neville manifesting DSM-5 signs or symptoms of problem alcohol use recently or at present. Further, she reports that she has no prior history of alcohol related legal or work offenses.

If the court possesses additional information about Ms. Neville's use of alcohol that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

**DSM-5 DIAGNOSIS in reference to substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

- 1) Preventative Alcohol Education recommend 8 hrs. of alcohol education from one of the following options; local class (e.g. Ohio Health's Awareness Series at Riverside Hospital), or an established online alcohol education course (e.g. Logancourtclasses.com or onlinealcoholclass.com)
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Neville seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Neville, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Melanie Neville

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160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

