

October 26, 2013

Sarah Greeno, Probation Officer

Franklin County Municipal Court  
375 S. High Street  
Columbus, OH 43214

**Re: Substance Abuse Assessment for Cara Gorsuch**

Dear Ms. Greeno:

I performed a basic substance abuse assessment for Ms. Gorsuch in reference to her pending June 2013 OVI charge. This assessment included the administration of: a MAST, an AUDIT, a depression screening, and a clinical interview. The following are my findings and recommendations:

**Substance(s) of Concern:** alcohol

**MAST:** score= 2; indicates no apparent problem alcohol use

**AUDIT:** score=4; indicates no overt problem alcohol use

**DSM/Other Substance Related Concerns:** high BAC at time of arrest (.203); family history

**Depression Screening:** no clinically significant concerns reported

**Clinical Interview/Summary:** Ms. Gorsuch's written screenings provided no indication of an alcohol use disorder of any kind. She reported that her typical alcohol use occurs on 2-3 occasions per month with a consumption range of 2-3 drinks. She acknowledged that on one occasion within the past 12 months she consumed more than she intended and experienced resulting memory impairment. Ms. Gorsuch was articulate about plans to avoid this type of alcohol use in the future and reported several benefits gained in attending the 72 hr. Driver Intervention Program. I was unable to Ms. Gorsuch meeting diagnostic criteria for an alcohol use disorder of any kind, as DSM-5 measures require recurrence of such symptoms. I am however, recommending 2 prevention planning sessions to decrease the likelihood of recurring symptoms from problem alcohol use in the future.

**DIAGNOSIS in reference to substances:** None Found

**Recommendations:** 1) Prevention Planning, recommend 2 sessions with a substance abuse professional; counselor may update recommendation at session two if additional concerns or symptoms become apparent; 2) If another negative consequence is incurred as a result of any substance use it is recommended Ms. Gorsuch seek further evaluation and follow all treatment recommendations.

Ms. Gorsuch has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Jessica Schoenberger, MSW, LSW, CDCA

