

July 31, 2014

The Honorable Kevin P. Nerwinski, J.M.C.
Lawrence Township Municipal Court
2211 Lawrence Road
Lawrenceville, NJ 08648

Re: Clinical Alcohol Assessment for Adam Eversen

Honorable Judge Nerwinski:

I performed a Clinical Alcohol Assessment for Mr. Eversen in reference to his pending April 2013 DUI refusal charge. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute video-conferenced clinical interview. The following are my findings and recommendations:

MAST: score =4; inconclusive outcome since all 4 points were derived from DUI history

AUDIT: *negative for alcohol use disorders*; score = 1; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: denied subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use; denies any family members with problem alcohol use

Anxiety/Depression Screening: reported mild PTSD symptoms present since service in the military, no current mental health, depression or anxiety crisis or high risk present at the time of the clinical interview

Substance Related Legal History Reported: 2008 DUI conviction

Clinical Interview/Summary: Mr. Eversen's written screenings provided no clear indication of a DSM-5 alcohol use disorder. He reported his normal use of alcohol as 2-3 drinks on 0-1 occasion per week. He also reported his consumption to be the same when using alcohol at special occasions (weddings, birthdays, etc.). We discussed Mr. Eversen's impaired driving charges at length and while I noted with him that 2 lifetime charges are concerning, there was not sufficient basis to diagnose a DSM 5 alcohol use disorder (did not meet 2 or more full criteria). Completion of a preventative impaired driving/alcohol education class is appropriate for his situation and he reported that he was already planning to attend a 12 hour class to be in compliance with the court's requirements.


DSM 5 DIAGNOSIS in reference to substances: V 71.09, no diagnosis found

Treatment Recommendations:

- 1) **Education**, recommend completion of an impaired driver prevention class, (8 hour minimum), Mr. Eversen indicated he will be attending a 12 hour IDRC in the near future and can furnish proof of successful completion to the court;
- 2) **If another negative consequence** is incurred as a result of alcohol use it is recommended Mr. Eversen seek an increased level of treatment such as outpatient substance abuse counseling or intensive outpatient program completion.
- 3) **PTSD comments related to alcohol use**— while Mr. Eversen only appears to be manifesting mild PTSD symptoms at this time, I advised him to monitor his symptoms for overall improvement. I also cautioned him that those with untreated or worsening symptoms can sometimes be vulnerable to excessive use of alcohol due to the self-medicating nature of alcohol.

Thank you for the opportunity to assist in your evaluation of Mr. Eversen's case. If you have any additional questions about his condition please contact me at your earliest convenience.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Adam Eversen

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.