

January 16, 2015

Madison County Municipal Court P.O. Box 646 London, Ohio 43140

Re: Clinical Alcohol Assessment for Tina Evans

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Ms.Evans in reference to her OVI charge in Madison County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: screening revealed some misuse of alcohol over the past 10 years

**AUDIT:** score = 5 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview revealed *3 of 11* DSM 5 substance related symptoms present; **Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** Acknowledges previous OVI in August of 2003.

Clinical Interview/Summary: Ms. Evans written screenings provided conflicting results with a positive MAST result and a negative AUDIT. However, she does meet criteria for 3 of 11 DSM 5 substance related symptoms which is consistent with a mild alcohol use disorder. Ms. Evans reported her normal use of alcohol as 4-6 drinks on 1 occasion per month. She also acknowledged use of 5-7 drinks on special occasions (weddings, birthdays, etc.) or about 3 occasions per year. We discussed both of Ms. Evans OVI incident's at length as well as her general habits surrounding alcohol whether at home or socially. I believe the court's probationary restrictions as well as her attendance at a victim panel are appropriate; however my clinical opinion is that 3-4 sessions with a substance abuse professional to further discuss her alcohol use and prevent further incidents involving alcohol would be most beneficial to her going forward.

DSM 5 DIAGNOSIS in reference to substances: 305.00 mild alcohol use disorder

## **Treatment Recommendations:**

- 1) <u>Counseling</u>, recommend 3-4 outpatient sessions with a professional substance abuse counselor; update recommendations at session four;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Evans seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate;

Thank you for the opportunity to assist the court, Ms. Evans and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Tina Evans

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**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

