

June 6, 2015

Will Nesbitt, Attorney  
The Koffel Law Firm  
1801 Watermark Drive  
Suite 350  
Columbus, OH 43215

**Re: Clinical Alcohol Assessment for Matthew Halle**

Dear Mr. Nesbitt:

I performed a Clinical Alcohol Assessment for Mr. Halle in reference to his *reckless operation* charge in Franklin County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- Clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST: *NEGATIVE SCREEN***; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 3 / ***NEGATIVE SCREEN***; scores above 8 or more indicate hazardous use, of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present. (respondent appeared to provide forthright responses to questions)

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 substance related symptoms found. denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Halle's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 2-4 drinks on 2-4 occasions per month whether at home or on special occasions (weddings, birthdays, etc.). Mr. Halle and I discussed his *reckless operation*

incident and general use of alcohol at length. I gained the clinical impression that Mr. Halle was remorseful regarding his decision to drive on the night of his charges and has spent time reflecting on what he could have done differently. As a result, he seems to have gained some healthy perspective and appears to be better equipped to avoid alcohol related incidents going forward. It is my understanding that Mr. Halle was required by the court to attend a 3 day alcohol intervention course and a MADD Victim Impact Panel. I am in agreement with the court's decision regarding his attendance and feel that this education requirement was an appropriate measure in light of his charges. Accordingly, I do not have any further treatment recommendations.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:**

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Halle seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Halle, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Matthew Halle

**Prohibition Against Re-Disclosure:** This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.