

January 18, 2016

Thomas F. Hayes, Attorney  
Thomas F. Hayes, LLC.  
65 East Livingston Avenue  
Columbus, Ohio 43215

**Re: Clinical Alcohol Assessment for Leland Askew**

Dear Mr. Hayes:

I performed a Clinical Alcohol Assessment for Mr. Askew in reference to his January 2016 aggravated menacing and disorderly conduct charges in Franklin County. This assessment included the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening
- 50 minute in-person clinical interview

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**SASSI-3:** no scores indicative of an alcohol use disorder at any level (mild, moderate, or severe); screening was valid and covered a lifetime frame of reference

**MAST:** score = 5 / *POSITIVE SCREEN*; screening indicated direct and indirect signs of problem drinking; lifetime frame of reference

**AUDIT:** score = 20 / *POSITIVE SCREEN*; scores of 8 or more indicate hazardous use, scores of 15 or more indicates moderate to severe disorder present; respondent appeared to provide forthright responses to questions and screening referenced the past 12 months

**DSM/Other Substance Related Concerns:** acknowledges subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Present Use Status / DSM-5 symptoms:** presently not using alcohol, has met 4 of 11 DSM-5 alcohol use disorder symptoms in the 12 months

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Askew's written screenings provided mixed indications of an alcohol use disorder. He reported his normal use of alcohol before this charge as 4-6 free-poured mixed drinks on 2-4 occasions per week. He also acknowledged use of 6-8 drinks of various combinations on special occasions (game days, birthdays, etc.) on or about 6-7 occasions per year.

Mr. Askew's clinical interview revealed the following positive symptoms of an alcohol use disorder: tolerance, recurrent use beyond intention, increased time spent consuming alcohol, and continued use despite interpersonal conflicts. I did not find evidence of cravings for alcohol, past failed attempts to reduce or stop drinking alcohol, or symptoms of an acute alcohol withdrawal syndrome. Mr. Askew reported he has abstained from alcohol since his charges and is undecided in regards to whether to resume alcohol use in the future. I am providing the following recommendations to assist Mr. Askew in gaining awareness and insight into the nature of his alcohol use and providing skills necessary to reduce the likelihood of any future negative consequences in regards to alcohol use.

**DSM 5 DIAGNOSIS in reference to substances:** F10.20 Alcohol use disorder, moderate

**Treatment Recommendations:**

- 1) Alcohol & Drug Education, recommend attendance at a 72-hour alcohol education/driver intervention program (recommend Wellness Driver 614-791-8300);
- 2) Counseling, recommend 8-10 outpatient sessions with a professional substance abuse counselor; update recommendations at session five;
- 3) Monitoring, recommend 6 months of monitoring with same counselor after initial counseling completed, meeting frequency at discretion of counselor;
- 4) Abstinence, recommend abstaining from all alcohol for 2 years minimum, any consideration of resuming alcohol use should be done only in consultation with a physician and substance abuse professional;
- 5) If another negative consequence is incurred as a result of any alcohol use within the next 2 years, it is recommended Mr. Askew seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate;

Thank you for the opportunity to assist the court, Mr. Askew, and yourself in this important matter.

Sincerely,

Ryan P. Smith

Ryan Smith, LISW-S, LICDC, SAP  
SW Lic. # I.1000155-S, CD Lic. # 101182  
cc: Leland Askew

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.