

May 1, 2015

George Marx, Attorney
Fairfield County Prosecutor
239 West Main Street, Suite 101
Lancaster, Ohio 43130

Re: Clinical Alcohol and Drug Assessment for Kassandra Persinger

Dear Mr. Marx:

I performed a Clinical Alcohol Assessment for Ms. Persinger in reference to her Disorderly Conduct charge in Fairfield County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Drug Abuse Screening Test (DAST)
- General anxiety/depression screening
- A review of her 2008 substance abuse assessment
- 50 minute in-person clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; no direct indication of problem alcohol use (screening appeared valid)

DAST: score =0 / *NEGATIVE SCREEN*; denies any history of use of illicit drugs are recreational or illegal use of prescription drugs

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: noted a number of symptoms for depression at a mild level and occasionally moderate level without report of recent or present mental health crisis or danger to herself or anyone else (recommendations here will provide for some resource identification and development of preventative/support planning going forward)

Substance Related Legal History Reported: 2008 Disorderly Conduct charge in Fairfield county (alcohol related and substance abuse assessment provided)

Clinical Interview/Summary: Ms. Persinger's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported his/her

normal use of alcohol as 2-3 drinks on infrequent occasions denying regular or weekly use.

We discussed her disorderly conduct charge at length. While I did not find her meeting criteria for a DSM 5 alcohol use disorder I did have concerns about a number of stressors she is presently undergoing and which I believe contributed to her charge. I also reviewed the substance abuse assessment I provided for her in 2008.

Consequently I am recommending a follow up session with a professional to help her make strategic plans to better manage these stressors. This might include additional educational and/or therapeutic recommendations focused on stress management, parenting or other appropriate recommendations.

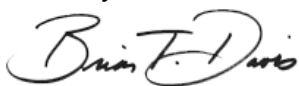
DSM 5 DIAGNOSIS in reference to substances: V71.09

Treatment Recommendations:

- 1) Meet with a Counselor/ Substance Abuse Professional for one follow up session to discuss access to local resources to improve stress management, parenting skills and any other preventative strategies going forward, if the follow up session reveals that other clinical services are appropriate specific recommendations will be given to Ms. Persinger;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Persinger seek an increased level of treatment such as outpatient counseling with a professional who can provide general therapy services as well as further assessment of alcohol use.

Thank you for the opportunity to assist the court and Ms. Persinger in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Kassandra Persinger

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.