

October 15, 2013

Janell Wimbley, Probation Officer
Franklin County Adult Probation
375 S High Street
Columbus OH, 43215

Re: Substance Abuse Assessment for Jacob Rettstatt

Dear Ms. Wimbley:

I performed a basic substance abuse assessment for Mr. Rettstatt in reference to his pending 3/2013 OVI charge. This assessment included the administration of: a SASSI-3, an AUDIT, a MAST, a depression screening, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol

SASSI-3: low probability of moderate to severe substance use disorder

MAST: score= 0; indicates no apparent problem alcohol use

AUDIT: score=4; indicates no overt problem alcohol use

DSM/Other Substance Related Concerns: prior underage OVI (2011), use beyond intention, possible tolerance

Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Mr. Rettstatt's written screenings provided no indication of an alcohol use disorder. He reported his typical alcohol use as 2 occasions per week with a range of 4-6 drinks. He acknowledged exceptions to this norm on 3-5 occasions per year where he might consume up to 12 drinks (beer). Consumption of up to 12 beers on a repeat basis is an indication of some measure of tolerance. This is somewhat mitigated by his acknowledgement of a high level of impairment on these occasions. Additionally, his prior underage OVI charge is concerning because it displays a pattern of problematic alcohol use. I was unable to find Mr. Rettstatt in meeting full criteria for an alcohol use disorder, but my recommendations (found below) will aid in further determination of whether there is a tolerance condition present and a diagnosis of a mild alcohol use disorder.

DIAGNOSIS in reference to substances: Rule out mild alcohol use disorder

Recommendations: 1) Education, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (contact 614-566-3700); 2) Counseling, recommend 2-4 sessions with a professional substance abuse counselor; update recommendation at sessions two, further sessions may be recommended if a mild alcohol use disorder is present; 3) If another negative consequence is incurred as a result of any substance use it is recommended Mr. Rettstatt seek further evaluation and follow all treatment recommendations

Sincerely,

Jessica Schoenberger, MSW, LSW, CDCA

