

May 13, 2014

Dave Rieser, Attorney
2 Miranova Place #710
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Courtney Kiser

Dear Mr. Rieser:

I performed a Clinical Alcohol Assessment for Ms. Kiser in reference to her pending OVI charge. This assessment included the administration of: a MAST, an AUDIT, an anxiety/depression screening, and a clinical interview. The following are my findings and recommendations:

MAST: score = 1; no overt indication of problem alcohol use, screen further

AUDIT: score = 13; scores of 13 or higher in women indicate a likelihood of alcohol dependence (DSM IV) or moderate to severe alcohol use disorder (DSM 5)

DSM/Other Substance Related Concerns: minimum of 5 of 11 DSM 5 symptoms identified in the clinical interview (tolerance, intermittent withdrawal, use beyond intention, some use despite interpersonal impact, physically hazardous use)

Anxiety/Depression Screening: multiple anxiety related symptoms reported; probable anxiety diagnosis; no current mental health crisis reported

Substance Related Legal History Reported: 2 prior OVIs (July 2011, May 2012)

Clinical Interview/Summary: Ms. Kiser's written screenings were mixed; the AUDIT provided greater insight that an alcohol condition was likely. She acknowledged 5 of the DSM-5 alcohol symptoms in the clinical interview, with the possibility of meeting additional criteria. Tolerance and withdrawal symptoms are the hallmarks of an alcohol use disorder and indicate a likely need for detox services at some level. Her anxiety symptoms (possibly primary) complicate any use of alcohol and a potential withdrawal/detox process. Her withdrawal symptoms may be negligible at the present time and should be carefully assessed (CIWA instrument) for appropriate medical care if and when she chooses to enter the recommended treatment. Ms. Kiser was attentive, open and motivated to make significant steps toward abstinence at this time.

DSM 5 DIAGNOSIS in reference to substances: 303.90 moderate alcohol use disorder, rule out severe alcohol use disorder

Treatment Recommendations:

- 1) Before initiating treatment – assess medical appropriateness and level of detox services needed;
- 2) Complete an Intensive Outpatient Alcohol Program;

- 3) Follow IOP with aftercare program;
- 4) Monitoring, recommend 6 -12 months of monitoring with a substance abuse professional for relapse prevention, meeting frequency at discretion of a substance abuse professional

Ms. Kiser has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Courtney Kiser

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