

March 3, 2015

Houghton County Courthouse
3rd Floor
401 East Houghton Avenue
Houghton, MI 49931

Re: Clinical Alcohol Assessment for Colton Curtis

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Curtis in reference to his DUI charge in Houghton County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 3 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 substance related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: acknowledges previous DUI charge December of 2013

Clinical Interview/Summary: Mr. Curtis' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported normal use of alcohol as 1-2 drinks on 2-4 occasions per month. He also acknowledged use of 3-5 drinks on special occasions (weddings, birthdays, etc.) on about 2 occasions per year. Mr. Curtis and I discussed the DUI incident and general use of alcohol at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. However, due to his regular use of alcohol and two lifetime DUI charges, I am recommending he attend some alcohol education as well as a MADD victim impact panel. My clinical opinion is that this will help him to gain perspective to prevent any future incidents involving alcohol as well as provide some needed insight regarding the ramifications of future excessive or hazardous use.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Preventative Education, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);
- 2) Successful completion of a local Victim Impact Panel. Mr. Curtis will provide proof of completion to the court.

Thank you for the opportunity to assist the court, Mr. Curtis and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Colton Curtis

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.