

April 14, 2015

Gary Griner, Attorney
2827 Lincolnway East
Mishawaka, IN 46544

Re: Clinical Alcohol Assessment for Cameron Eckert

Dear Mr. Griner:

I performed a Clinical Alcohol Assessment for Mr. Eckert in reference to his DUI charge in St. Joseph's County in September of 2014. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 6 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 alcohol related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Eckert's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported normal use of alcohol as 2-4 drinks on 2-4 occasions per month. He also acknowledged use of 6-8 drinks on special occasions (weddings, birthdays, etc.) or about 5 occasions per year. Mr. Eckert and I discussed the DUI incident as well as his general habits surrounding alcohol whether at home or socially. He was non-defensive in demeanor and the interview did not reveal any discrepancies or inconsistencies in written or verbal form. My clinical impression is that social factors were a large contributor to Mr. Eckert's decision to drink in excess of his normally low risk use on the evening of his charges. Mr. Eckert was remorseful regarding the incident that led to his charges and seems to have insight into the dangers of any future alcohol related incidents. Nevertheless, due to his charges I am recommending some alcohol education for preventative purposes going forward.

DSM 5 DIAGNOSIS in reference to substances: V 71.09 (none found)

Treatment Recommendations:

- 1) Preventative Education, recommend completion of a local alcohol education program (8 hour minimum) with proof of successful completion given to the court;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Eckert seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Eckert and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Cameron Eckert

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.