

August 22, 2016

Mark T. Cummings, Attorney
Gray & Johnson, LLP
The Gray Building
108 North Elm Street
Greensboro, NC 27401-2803

Re: Clinical Alcohol Assessment for Corey M. Martello (DOB – 11/10/1984)

Dear Mr. Cummings:

I performed a Clinical Alcohol Assessment for Mr. Martello in reference to his DUI charge in Guilford County. This assessment included a full clinical interview and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorders Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use, mitigate any items of concern with educational recommendations

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present

Alcohol Use Risk Factors:

Concerns/Risks

- ☐ previous legal history – denies prior history
- ☒ severity of incident – auto accident DUI
- ☐ anxiety/depression/mental health – discussed history/ no recent or present issues
- ☐ other substance use – NA
- ☐ family history – none reported
- ☐ prior treatment history – denies any history
- ☐ peer influences– discussed, not found as risk
- ☐ work environment – NA
- ☐ contraindicated prescription use – NA
- ☐ general health problems – NA
- ☐ current family stress – NA

Summary - 1 of 11 concerns, mitigate concern with educational recommendation

Clinical Interview/Summary: Mr. Martello's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his use of alcohol before this charge as very infrequent, 2-3 drinks on 10 or less occasions per year. He acknowledged that on about one occasion per year he would drink more than his normal 2-3 drinks. He stated that the impact of this DUI charge has motivated him to stop drinking completely.

Mr. Martello and I discussed his OVI incident and general use of alcohol at length. His demeanor was open and he articulated insight without prompting, insight about the damage that he could have done to himself and others in this incident. While I did not find him meeting DSM-5 alcohol use disorder criteria I did note the risk posed by some poor judgement that lead to the DUI. Accordingly, I am including a preventative recommendation (below) that should help reinforce his resolve to, at the very least, avoid any use of alcohol before driving and possibly his choice to abstain altogether.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

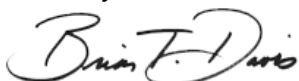
Treatment Recommendations:

- 1) Attend a local MADD – Victim Impact Panel, visit <http://www.madd.org/victim-impact-panels/> for more information on your local panel;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Martello seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Martello's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Martello, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Corey M. Martello

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to

criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.