

April 17, 2015

Dale Scott  
375 6<sup>th</sup> Avenue, Southeast  
Valley City, ND 58072

**Re: Clinical Alcohol and Drug Assessment for Devan Eull**

Dear Mr. Scott:

I performed a Clinical Alcohol and Drug Assessment for Mr. Eull in reference to *positive workplace drug test*. This assessment included the administration of: Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**Substance(s) of Concern:** screened for all illicit substances; marijuana primary

**MAST:** *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

**DAST:** score = 3 / *inconclusive result*; refer to clinical interview summary below

**AUDIT:** score = 2 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 substance related symptoms found

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** acknowledges underage drinking charge in 2012 (3 years ago)

**Clinical Interview/Summary:**

ALCOHOL: Mr. Eull's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 1-2 drinks on 1 or less occasions per week. He also acknowledged use of 2-3 drinks on special occasions (weddings, birthdays, etc.) or about 2 occasions per year. Mr. Eull and I discussed his general use of alcohol at length but I was unable to find his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms.

DRUG USE: Mr. Eull's written screening results for drug use were *inconclusive*. I did have some concern after we discussed his regular use of marijuana and his being unsure if he needed to stop all use. In addition, because of his occupation in the construction industry I believe his regular use of marijuana has the potential to be a safety hazard. Mr. Eull stated that he has abstained from all marijuana use since his positive drug screen which is commendable. However, he may be susceptible to

relapse without supports in place. Therefore, I would like for him to be further evaluated by a substance abuse professional to further assess his risk of continued use as well as for prevention planning purposes.

**DSM 5 DIAGNOSIS in reference to substances:** Rule out: 305.20 Mild to Moderate Cannabis Abuse Disorder

**Treatment Recommendations:**

- 1) Counseling, recommend 5-8 outpatient sessions with a professional substance abuse counselor; update recommendations at session five;
- 2) Abstinence, recommend abstaining from all marijuana use permanently.
- 3) If another negative consequence is incurred as a result of any drug use it is recommended Mr. Eull seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Eull and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Devan Eull

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.