

July 19, 2016

Washington State Department of Licensing
402 Main St. S. #11
North Bend, WA 98045

Re: OUT OF STATE ALCOHOL FACILITY REQUIREMENT

Dear Washington Department of Licensing Representative:

Attached, please find a complete assessment provided for Mr. Christopher Beljean. I am providing this cover letter in order to comply with the out of state facility documentation requirements that I received from the DOL customer service department.

Driver Applicant Information: Christopher A. Beljean (DOB: 06/09/1957)

License Number: beljeca402m8

Treatment Start Date (Alcohol-Related) - 2005

State Treatment Completion (Alcohol-Related) - 2007

New Bridge Services Inc. Completion - 2009

Compliance - Driver in full compliance

Alcohol Assessment:

Completion date - 07/11/20016

Findings - see attached assessment

Sincerely,



Trevor C. Davis, CDCA

Cert.# 150427

cc: Christopher A. Beljean

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July 11, 2016

Lori Provoe
Washington State Department of Licensing
PO Box 9031
Olympia WA 98507-9031

Re: Clinical Alcohol Assessment for Christopher A. Beljean (DOB – 07/28/1960)

Dear Ms. Provoe:

I performed a Clinical Alcohol Assessment for Mr. Beljean in reference to his license reinstatement in the state of the Washington. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 4 / *SUGGESTIVE SCREEN*; some indirect indication of problem alcohol use (screen relative to lifetime use of alcohol)

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate a *moderate to severe* disorder may be present, (screen relative to current use of alcohol)

Alcohol Use Risk Factors:

- ☒ legal history – DUI and reckless operations charges in April and May of 2003 respectively; DUI in November 2005
- ☐ anxiety/depression/mental health – diagnosed bipolar disorder (completed a 3 year hospitalized rehabilitation in 2009 New Bridge Services Inc. in the state of New Jersey)
- ☒ general health issues – knee pain (replacement surgery projected for September of 2016)
- ☐ exposure to trauma – conflict in past relationship involving a deadly weapon (11 years ago addressed in treatment)
- ☐ regular use of liquor – 2005 and prior
- ☐ other substance use – NA
- ☐ contraindicated prescription use – NA
- ☐ family history – 1 close blood relative
- ☐ prior treatment history/past failed attempts at sobriety – NA; completion of “STOP” (2-year alcohol use program)

- ☐ negative peer influence – NA
- ☐ at-risk work environment – NA
- ☐ current stress (relational, work, etc.) – NA

Summary - 0 of 12 concerns to be mitigated through further intervention

Previous DSM-5 Alcohol Use Symptoms:

- ☐ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Physically hazardous use
- ☒ Continued use despite knowledge of physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 2 of 11 symptoms (**Mild** 2-3 | Moderate 4-5 | Severe 6+)

Clinical Interview/Summary: Mr. Beljean's written screenings provided some past of an alcohol use disorder. He was open in the clinical interview and shared information indicating 2 problem alcohol use symptoms (see above). While Mr. Beljean did not have a history of daily alcohol use, he explained his irresponsible drinking habits through the context of undiagnosed bipolar disorder which he has since appropriately addressed and managed. This assessment has been completed with the understanding that he has already provided the state with proof of treatment for both his mental health and substance use condition.

DSM-5 DIAGNOSIS in Reference to Substances: F10.10 Mild Alcohol Use Disorder (Full Remission)

Treatment Recommendations: Having found no basis for alcohol use disorder risks or an active DSM-5 alcohol use disorder, I have no further recommendations for Mr. Beljean at this time.

If the state or department of licensing possesses additional information about Mr. Beljean's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Beljean, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA

Cert.# 150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948

cc: Christopher A. Beljean

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.