

March 3, 2015

Michael Robertson, Probation Officer The Municipal Court of Montgomery County Ohio 2325 Wilmington Pike Kettering, OH 45420

Re: Clinical Alcohol Assessment for Anthony Stamper

Dear Mr. Robertson:

I performed a Clinical Alcohol Assessment for Mr. Stamper in reference to his OVI charges in Montgomery County in May of 2014. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** screening revealed some misuse of alcohol over the past 5 years.

**AUDIT:** score = 5 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview revealed *0 of 11* DSM 5 substance related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported Substance Related Legal History Reported: Acknowledges previous DUI charge in 2012.

Clinical Interview/Summary: Mr. Stamper's written screenings provided some indication of misuse of alcohol over the past 5 years; however his written screenings and clinical interview do not indicate an alcohol use disorder at any level (mild, moderate or severe. He reported his normal use of alcohol as 3-4 drinks on 3 or 4 occasions per week. He also acknowledged use of 5-7 drinks on special occasions (weddings, birthdays, etc.) or about 5 occasions per year. We discussed Mr. Stamper's DUI incident as well as any general habits involving alcohol at length. He was non-defensive in demeanor and the interview did not reveal any discrepancies in written or verbal form. However, due to his regular use of alcohol, 2 lifetime DUI's and indication of past misuse of alcohol, I am recommending some brief follow-up counseling to further assess for early signs of alcohol tolerance and prevention planning. I am also recommending attendance at a victim impact panel. My clinical opinion is that this will assist in effectively reducing his risk of hazardous use of alcohol going forward.

**DSM 5 DIAGNOSIS in reference to substances**: V71.09 (none found)

## **Treatment Recommendations:**

- 1) <u>Counseling</u>, recommend 3-4 outpatient sessions with a professional substance abuse counselor; update recommendations at session four;
- 2) <u>Successful completion of a local Victim Impact Panel.</u> Mr. Curtis will provide proof of completion to the court;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Stamper seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate;

Thank you for the opportunity to assist the court, Mr. Stamper and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Anthony Stamper

**Prohibition Against Re-Disclosure**: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

