

May 13, 2015

Tod Brininger, Attorney
The Koffel Law Firm
1801 Watermark Dr., Ste. 350
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Travis Turvy

Dear Mr. Brininger:

I performed a Clinical Alcohol Assessment for Mr. Turvy in reference to his January 2015 OVI charge in Delaware County. This assessment included the administration of:

- Substance Abuse Subtle Screening Inventory (SASSI-3)
- Michigan Alcohol Screening Test (MAST)
- General anxiety/depression screening
- 50 minute in-person clinical interview

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2/ NEGATIVE SCREEN; both points related to OVI history, clarify further using clinical interview

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: April 2013 OVI refused breath test and received physical control plea agreement

Clinical Interview/Summary: Mr. Turvy's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 1-3 drinks on a once a month basis or less. He also acknowledged use of up to 5-6 drinks on rare occasions (maximum of once per year over the last 5 years). Since his OVI charge he has stopped drinking altogether for an indefinite time period.

Since Mr. Turvy has received 2 impaired driving charges in the last 2 years I questioned him carefully about a pattern of overuse of alcohol and also impaired driving. He denied experiencing all 11 of the DSM 5 alcohol use disorders. While I could not find him qualifying for an alcohol use diagnosis I did make an educational recommendation (details below) as a preventative measure going forward. Mr. Turvy understood my concern and expressed a readiness to complete the recommendation in a timely manner.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) <u>Preventative Education</u>, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Turvy seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Turvy, and yourself in this important matter.

Sincerely,

Brian Davis, LISW-S, SAP

cc: Travis Turvy

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

