

March 21, 2016

Kim Fowler, Probation Officer  
Franklin County Municipal Court  
375 South High Street, 8<sup>th</sup> Floor  
Columbus, OH 43215-4505

**Re: Clinical Alcohol Assessment for Michael David Stephens (DOB – 07/18/1986)**

Dear Ms. Fowler:

I performed a Clinical Alcohol Assessment for Mr. Stephens in reference to his 6/2015 OVI charge in Franklin County. This assessment included a 60-minute in-person clinical interview and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct indication of problem alcohol use

**AUDIT:** score = 7 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present

**Alcohol Substance Use Risk Factors:**

*Concerns/Risks*

- legal history – disorderly conduct 10 years ago (age 18 or 19)
- anxiety – NA
- other substance use – NA
- family history – none reported
- prior treatment history – NA
- peer influences – NA
- work environment – NA
- contraindicated prescription use – NA
- general health problems – NA
- current family stress – NA

Summary - 1 of 10 concerns = low risk profile

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Clinical Interview/Summary:** Mr. Stephens' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his

normal use of alcohol as 3-5 drinks on 2 occasions per week. He also acknowledged use of 2-3 drinks on about 10 special occasions (weddings, birthdays, etc.) per year.

Mr. Stephens and I discussed his OVI incident and general use of alcohol at length. While I did not find him meeting DSM-5 alcohol use disorder criteria I noted some mild alcohol use risk items with him. These appear to be diminished with his recent attendance at Maryhaven's 72-hour Driver Intervention Program (2/28/16). I also recommended that he follow up with a substance abuse professional one time within the next month. Mr. Stephen's understood my caution and expressed a willingness to meet with a substance abuse professional to minimize his future risks regarding alcohol use. He chose to schedule this follow-up session with me on April 11, 2016.

**DSM-5 DIAGNOSIS in Reference to Substances:** Z03.89 (suspected substance use condition not found)

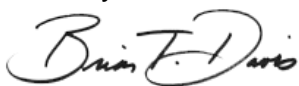
**Treatment Recommendations:**

- 1) Outpatient Counseling – 1 outpatient session with a substance abuse professional, update recommendations or discharge as appropriate;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Stephens seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Stephens' use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court and Mr. Stephens, in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP  
LIC# I-7948  
cc: Michael David Stephens

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.