

June 27, 2016

Mark T. Lassiter 3500 Maple Ave. #400 Dallas, TX 75219

Re: Clinical Alcohol Assessment for John K. Greason (DOB – 11/30/1993)

Dear Mr. Lassiter

I performed a Clinical Alcohol Assessment for Mr. Greason in reference to his DWI charge in Tarrant County, Texas. This assessment included a 60-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no indication of problem alcohol use, mitigate concerns with clinical recommendations (screen relative to lifetime use of alcohol)

AUDIT: score = 1 / NEGATIVE SCREEN; scores of 8 or more indicate potential hazardous use, whereas scores of 15 or more in men indicate a moderate to severe disorder may be present, mitigate concerns with clinical recommendations (screen relative to current use of alcohol)

Alcohol Use Risk Factors:

\boxtimes	legal history – 2012 dropped public intoxication charge (.00 BAC)
\boxtimes	severity of incident – traffic accident/high BAC (.22)
	anxiety/depression/mental health – NA
	general health issues – NA
	exposure to trauma - death of father as an early adolescent (expressive of strong
	support network through family, school student body, and church)
	regular use of liquor – NA
	contraindicated prescription use – NA

□ other substance use – NA
☐ family history – none reported
□ prior treatment history – NA
□ negative peer influence – NA
□ at-risk work environment – regular exposure to alcohol in work setting
□ current stress (relational, work, etc.) – NA
□ poor academics – 3.0 accumulative GPA

. . .

Summary – 3 of 14 concerns, mitigate outstanding concern with clinical recommendations

Clinical Interview/Summary: Mr. Greason's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 1-2 drinks on 1-2 occasions in a month. He also reported potential use of up to 4 drinks on one instance of celebration or special occasion in a year.

Mr. Greason and I discussed his DWI and general use of alcohol at length. I did not find him meeting any DSM-5 criteria for an alcohol use disorder (mild, moderate, or severe) and he presented his DWI incident as an out-of-character circumstance in which he used a lack of judgement and responded poorly to peer pressure. Since his incident, he has adopted a personal zero-tolerance stance toward drinking and driving and his normal drinking habits are within NIAAA recommendations for men as they relate to "low-risk" drinking. With the risks already noted, I will be providing some preventive recommendations in effort to be clinically prudent and help ensure there in no further problem alcohol use. His counseling recommendation should include checking with collateral references and be focused on managing peer pressure as it relates to drinking. These recommendations come with the understanding that he has already completed a 12-hour online alcohol education course at your direction.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) Attend a local MADD Victim Impact Panel;
- 2) <u>Preventative Outpatient Counseling</u> 2-3 outpatient sessions with a professional substance abuse counselor; this intervention includes the collection collateral



contacts and follow-up provider should update recommendations or discharge as appropriate.

If you or the court possess additional information about Mr. Greason's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Greason, and yourself in this important matter.

Sincerely,

Trevor C. Davis, CDCA

Cert.# 150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948

cc: John K. Greason

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

