

November 20, 2015

Kim Youngs, P.O.
870 South Main St. PO Box 70
Cheboygan, MI 49721

Re: Clinical Alcohol and Drug Assessment for Sarah Lennon

Dear Officer Youngs,

I performed a Clinical Alcohol and Drug Assessment for Ms. Lennon in reference to her legal charge in Cheboygan County Michigan. In addition to our 45 minute clinical interview, this assessment included the administration of:

- A MAST (Michigan Alcohol Screening Test)
- An AUDIT (Alcohol Use Disorder Identification Test)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 1 / *NEGATIVE SCREEN*; scores of 8 or more are suggestive of hazardous use in both men and women whereas scores of 13 or more in women are indicative of a moderate to severe level disorder

Anxiety/Depression Screening: no unmanaged symptoms that are clinically significant.

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use, etc.

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges.

Clinical Interview/Summary: Ms. Lennon's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol as 1-2 drinks on 1 or 2 occasions a month. She also acknowledged use of 2-4 drinks on special occasions (weddings, birthdays, etc.), which occurred on a less than monthly basis.

Ms. Lennon and I also discussed her alleged assault at length. She denies using alcohol since her charge per her probationary requirement but anticipates she may choose to drink at some future date. In my best clinical judgment I was unable to find the incident or her overall history and presentation indicative of someone experiencing DSM-5 alcohol use disorder.

DSM-5 DIAGNOSIS: Z03.89 (suspected substance use disorder not found)

Treatment Recommendations: If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Lennon seek further evaluation and follow all treatment recommendations.

Thank you for this opportunity to assist the court, Ms. Lennon, and yourself in this important matter. If you or the court possesses additional information about Ms. Lennon's alcohol use I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Sincerely,



Trevor C. Davis, CDCA
Cert. # 150427
cc: Sara Lennon

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.