

April 28, 2015

Clark County Courthouse
P.O. Box 205
Dubois, ID 83423

Re: Clinical Alcohol and Drug Assessment for Michael Brazil

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Brazil in reference to his *frequenting of a drug and possession of paraphernalia* charges in Clark County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Drug Abuse Screening Test (DAST)
- Drug Use Disorder Identification Test (DUDIT)
- Alcohol Use Disorder Identification Test (AUDIT)
- General Anxiety/Depression screening
- Clinical Interview by Telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 4 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present (screening appeared valid)

DAST: score = 4 / *NEGATIVE SCREEN*;

DUDIT: score = 2 / *NEGATIVE SCREEN*; scores above 6 indicate problematic use ("mild-moderate"), above 25 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 substance related symptoms found. denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: Acknowledges drug possession charge in 1996 (19 years ago)

Clinical Interview/Summary:

ALCOHOL USE - Mr. Brazil's written screenings provided no indication of an *alcohol use disorder*. He reported his normal use of alcohol as 1-2 drinks on 5-6 occasions per week. He also acknowledged consumption of the same amount, 1-2 drinks on special occasions (weddings, birthdays, etc.), about 2 times per year. Mr. Brazil and I discussed his general use of alcohol at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing any DSM 5 *alcohol use disorder* symptoms.

ILLICIT DRUG USE - We discussed Mr. Brazil's *frequenting of a drug and possession of paraphernalia* charges as well as his prior charge in 1996, his history of drug use and the circumstances surrounding his recent charge in Clark County. Mr. Brazil indicated that he has remained abstinent from all illicit drug use since his charges were incurred with no plans to resume use in the future. He also stated that this was the first time he has used methamphetamines since his charge in 1996. Although this is commendable that he has not used any methamphetamines since he was charged, I do have some concern going forward. My clinical opinion is that some sessions with a substance abuse counselor will assist with prevention planning, obtaining needed problem-solving skills and linking him with local resources and support if deemed necessary. In addition I would like for him to engage in some online drug and alcohol education. These proactive steps should help him to avoid any drug related charges in the future.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Drug and Alcohol Education, recommend successful completion of a 16 hour drug and alcohol education course. Mr. Brazil will provide proof of successful completion to the court; (recommended online drug and alcohol class: logancourtclasses.com)
- 2) Counseling, recommend 2-3 outpatient sessions with a professional substance abuse counselor; update recommendations at session five;
- 3) Monitoring, recommend 3 months of monitoring with same counselor after initial counseling completed, meeting frequency at discretion of counselor;
- 4) If another negative consequence is incurred as a result of any drug use it is recommended Mr. Brazil seek further evaluation and follow all updated treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Brazil, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Michael Brazil

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.