

August 21, 2014

Donna Robinson, PO  
Clark County Municipal Court  
55 E. Main St.  
Vancouver, WA 98660

**Re: Clinical Alcohol Assessment for Richard Vann**  
**Docket #: 20480**

Dear Ms. Robinson:

I performed a Clinical Alcohol Assessment for Mr. Vann in reference to his probationary requirements with your court. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute telephonic clinical interview. The following are my findings and recommendations:

**MAST:** score = 49; indicative of severe alcohol use disorder

**AUDIT:** score = 36; scores above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** meets 10 of 11 DSM 5 alcohol use disorder symptoms

**Anxiety/Depression Screening:** no clinically significant concerns reported at present; reports good overall health improvement and sense of wellbeing associated with his recent abstinence and sobriety during long term treatment

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Vann's written screenings provided clear indications of a history of a severe alcohol use disorder. He reported his normal use of alcohol, prior to his recent treatment and sobriety, as 7-9 drinks on 6-7 days per week. As noted above Mr. Vann freely acknowledged 10 of 11 DSM 5 symptoms of a severe alcohol use disorder.

Mr. Vann has fully acknowledged that he has had a severe alcohol problem and accordingly decided to undergo a 6 month long term residential treatment program accessible through his Veterans Administration benefits. He reports that he has been abstinent and sober for the last 5 months and transitioning home September.

Mr. Vann was articulate about how he would transition from long term residential treatment to living at home and maintaining his sobriety. He plans to attend 12 step meetings regularly and be very active in recreation and various forms of self-care. I am of the opinion, to a reasonable degree of clinical certainty, that Mr. Vann is sober and will be ready for the challenges of transitioning home.

**DSM 5 DIAGNOSIS in reference to substances:** severe alcohol use disorder, early full remission (303.90)

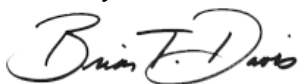
**Treatment Recommendations:**

Mr. Vann appears to have flourished in a long term residential program. This makes for a good prognosis for Mr. Vann and is very positive for his family as well as the community he returns home to. However, some individuals can find it challenging to return home where sobriety support can be less accessible, community alcohol use can be pervasive, and previous stressors can return while new stressors inevitably arise. I am recommending that Mr. Vann be vigilant and proactive to plan and implement a lifestyle that supports his long term sobriety.

- 1) Successful completion of Inpatient/Residential Program; (tentative exit date sometime in September, 2014)
- 2) Obtain AA sponsor after arriving home; if difficulty exists in finding a sponsor I recommend obtaining a temporary sponsor within 2-3 weeks of arrival home;
- 3) If relapse triggers are present seek immediate professional assistance; consider in prior to discharge what local therapists and treatment resources are available;
- 4) After residential treatment discharge, recommend Mr. Vann seek community supports and resources to maximize employment potential or
- 5) Lifelong abstinence; given Mr. Vann's meeting 10 of 11 DSM 5 severe alcohol use disorder symptoms, I highly recommend the Mr. Vann not attempt to use alcohol in the future.

Thank you for the opportunity to assist Mr. Van in this important matter. Feel free to contact me should you have any additional questions about my clinical impressions or recommendations.

Sincerely,



Brian Davis, LISW-S, SAP  
cc: Richard Vann

**Prohibition Against Re-Disclosure:** This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to

criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.