

August 23, 2016

Safford City Magistrate Court
717 West Main Street
Safford, AZ 85546-2825

Re: Clinical Alcohol Assessment for Jeremy Gomez (DOB – 11/08/1994)

To whom it may concern:

I performed a Clinical Alcohol Assessment for Mr. Gomez in reference to his DUI charge in Graham County. This assessment included a 40-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screen relative to lifetime use of alcohol)

AUDIT: score = 1 / *NEGATIVE SCREEN*; scores of 8 or more indicate potential *hazardous use*, whereas scores of 15 or more in men indicate a *moderate to severe* disorder may be present (screen predominantly relative to use of current use of alcohol)

Alcohol Use Risk Factors:

- ☐ legal history – denies previous history
- ☒ severity of incident – BAC 2+ times the legal limit
- ☐ anxiety/depression/mental health – NA
- ☐ general health issues – NA
- ☐ exposure to trauma – NA
- ☐ regular use of liquor – NA
- ☐ other substance use – NA
- ☐ contraindicated prescription use – NA
- ☐ family history – none reported
- ☐ prior treatment history – NA
- ☐ negative peer influence – NA
- ☐ at-risk work environment – NA
- ☐ current stress (relational, work, financial, etc.) – minimal healthy stress reported

Summary - 1 of 13 concerns, mitigate concern with clinical recommendations

Clinical Interview/Summary: Mr. Gomez's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 2-4 beers on about 3 occasions in a year. He reported no difference in the amount consumed if he was attending a special event or celebration.

Mr. Gomez and I discussed his DUI and general use of alcohol at length. He presented his DUI to be of exception to his typical drinking habits and I found his motives for driving under the influence to be somewhat extenuating. I did not find him meeting DSM-5 alcohol use disorder criteria for an alcohol use disorder and his normal drinking habits he described are within the NIAAA recommendations for men's low-risk drinking. Having noted the high BAC at the time of his arrest, it is because of this that I am including some preventative recommendations in the remainder of this report.

DSM-5 Alcohol Use Disorder Symptoms:

Repetitious...

- ☐ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☐ Physically hazardous use
- ☐ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 0 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) Outpatient Counseling – 1 outpatient session with a professional substance abuse counselor; follow-up provider to check with collateral contacts if appropriate and discharge after first session if there are no further causes for concern ;
- 2) Education – attend local MADD or other victim impact panel.

If the reader or court possess additional information about Mr. Gomez's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Gomez, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA
Cert.# 150427
cc: Russell J. Gomez

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.