

February 18<sup>th</sup>, 2014

Franklin County Municipal Court 365 S. High St. Columbus, Oh 43215

Re: Substance Abuse Evaluation for Seth Stemen

To Whom It May Concern:

I performed a basic substance abuse assessment for Mr. Stemen in reference to his pending October 2012 OVI charge. This assessment included the administration of: a SASSI-3, a MAST, an AUDIT, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol

**SASSI-3:** scores indicated a high probability of a current moderate to severe alcohol use disorder; scores were positive for rules #6, 7, 8, and 9 – see summary for further clarification; lifetime frame of reference

MAST: score=10; indicates clear signs of a problem with alcohol consumption

**AUDIT:** score=9; scores of "8" or higher indicate hazardous alcohol use

**DSM/Other Substance Related Concerns:** previous OVI charges in November 2006, August 2007, March

2010, and autumn of 2011

**Depression Screening:** no indications of a problem with depression

Clinical Interview/Summary: Mr. Stemen's written screenings provided clear signs and symptoms of a problem with alcohol use. He reported his typical alcohol use as 4-5 occasions per week with a range of 3-10 beers on weekdays and 6-15 beers on weekends. Mr. Stemen reported that prior to his first OVI charge he had received an underage alcohol consumption charge and had initiated alcohol use at 15-16 years of age. Mr. Stemen had completed previous treatment for his alcohol consumption through TCN Behavioral Services in 2006 while living in Fairborn and subsequent treatment in Belfast, Maine while in college. His clinical interview revealed sufficient symptoms to warrant a severe alcohol use disorder diagnosis but did not indicate the need for detox services. Mr. Stemen reported that he has been attending daily AA meetings and has been abstinent from alcohol since October 27<sup>th</sup> 2013. I am making recommendations to assist Mr. Stemen in maintaining his abstinence from alcohol and to increase the likelihood of a successful recovery.

**DIAGNOSIS** in reference to substances: 303.90 severe alcohol use disorder

**Recommendations**: 1) <u>Intensive Outpatient Program</u>, recommend Cornerstone of Recovery (contact 614-889-0000), Dublin Springs (contact 614-717-1800) or Columbus Public Health (614-645-7417); 2) <u>Social Support</u>, recommend 4-5 AA meetings per week for a minimum duration of one year; sponsor should be obtained; 3) <u>Monitoring</u>, recommend 12 months of monitoring after IOP is completed, meeting frequency at discretion of aftercare counselor; 4) If another negative consequence is incurred as a result of any substance use it is recommended Mr. Stemen seek an updated evaluation where inpatient treatment is considered.

Mr. Stemen has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Ryan P. Smith, MSW, LISW-S, LCDC-III, SAP

cc: Seth Stemen

Kyan P. Snith