

March 8, 2016

Dominic J. Vitantonio, Attorney
Argie, D'Amico & Vitantonio Attorneys at Law
6449 Wilson Mills Road
Mayfield Village, OH 44143

Re: Clinical Alcohol Assessment for Bridget Houdek (DOB – 03/25/1971)

Dear Mr. Vitantonio:

I performed a Clinical Alcohol Assessment for Ms. Houdek in reference to her December 2015 OVI charge in Cuyahoga County. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use; screening had a lifetime frame of reference;

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicates *moderate to severe* disorder present; screening had a past 12 month frame of reference;

Alcohol Use Risk Factors:

- 1 prior alcohol-related legal charge 20 years ago
- excessive use of alcohol in the 1990s
- contraindicated prescription use
- anxiety or depression symptoms
- use of alcohol contraindicated due to present medical condition

Present Use Status: presently not using alcohol; receptive to suggestion to maintain alcohol abstinence

Anxiety/Depression Screening: screening provided indication of mild to moderate anxious and depressive symptoms; currently taking prescription medication to help manage mood disorders

Substance Related Legal History Reported: reported receiving an alcohol-related driving charge 20 years ago that was ultimately dismissed

Clinical Interview/Summary: Ms. Houdek's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol before this charge as 1-2 mixed drinks on 1-2 occasions per week. She denied experiencing any changes to her alcohol use on special occasions such as holidays, vacations, or other celebratory occasions..

Ms. Houdek and I discussed her OVI incident, her present medical conditions and medication use, and her general use of alcohol at length. Ms. Houdek reported that she has already attended a 72-hour driver education program for standard alcohol awareness education. Her clinical interview did not reveal indications of recurrent use beyond intention, loss of control of alcohol use, acute withdrawal symptoms, or continued alcohol use despite negative consequences to role functioning. I did discuss with her one item of concern (e.g. contraindicated alcohol use due to medical condition and medication use) and recommended that she complete some continue her present abstinence from alcohol. Ms. Houdek was receptive to my recommendation for ongoing abstinence from alcohol.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

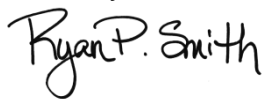
Treatment Recommendations:

- 1) Abstinence – recommend abstaining from all alcohol use permanently due to contraindications of current prescription medication and medical conditions; any consideration of resuming alcohol use should be done only in consultation with a physician and/or substance abuse professional;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended that Ms. Houdek seek further evaluation and follow all treatment recommendations where a minimum recommendation is outpatient substance use counseling.

If the court possesses additional information about Ms. Houdek's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Houdek, and yourself in this important matter.

Sincerely,



Ryan P. Smith MSW, LISW-S, LICDC, SAP
SW Lic. #1.1000155-S, CD Lic. #101182

cc: Bridget Houdek

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.