

December 15, 2015

David P. Rieser, Attorney 2 Miranova Place, Suite 710 Columbus, OH 43215

Re: Clinical Alcohol Assessment for Julie Gerharz (DOB 09/17/1985)

Dear Mr. Rieser,

I performed a Clinical Alcohol Assessment for Ms. Gerharz in reference to her OVI charge in Franklin County. This assessment included a clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 4 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicate *moderate to severe* disorder present

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: reports a variety of anxiety symptoms without immediate mental health crisis indicated

Substance Related Legal History Reported: 2008 OVI

Clinical Interview/Summary: Ms. Gerharz's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol as 2-3 drinks on 1-2 occasions per week and reported no difference in how much she consumed if attending a special event or celebratory function.

Ms. Gerharz and I discussed her OVI incidents and general use of alcohol at length. I was unable to find any clinical impression that she is currently or has recently been

experiencing a DSM-5 alcohol use disorder. She did however disclose moderate anxiety symptoms, which if left untreated could worsen and be detrimental to daily functioing. Given these factors, I am recommending further diagnosis and treatment of the anxiety symptoms for overall preventative reasons and also to minimize the risk involved with any future use of alcohol.

DSM-5 DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found), advise further evaluation to accurately diagnose and treat anxiety symptoms

Treatment Recommendations:

- 1) Outpatient Counseling engage with a mental health professional at minimum frequency of twice per month; recommend Leslie Marshall, PCC or Lisa Davis PCC at Directions Counseling Group (614-888-9200);
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Gerharz seek further evaluation with a substance abuse professional and follow all treatment recommendations.

If the court possesses additional information about Ms. Gerharz's use of alcohol that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Gerharz, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Julie Gerharz

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self- reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

