

March 13, 2015

Dominick Mango, Attorney  
46 Sandusky Street  
Suite 204  
Delaware, OH 43015

**Re: Clinical Alcohol Assessment for Jody Jones**

Dear Mr. Mango:

I performed a Clinical Alcohol Assessment for Ms. Jones in reference to her January, 2015 OVI charge in Delaware County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical telephone interview. The following are my findings and recommendations:

**MAST:** *negative screen*; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 2 / *risk level= Zone 1*; Zone 1 scores refer to low risk drinking or abstinence

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 symptoms present

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** reports previous OVI charge in 2007

**Clinical Interview/Summary:** Ms. Jones written screenings provided no indication of an alcohol use disorder. She reported her normal use of alcohol as 1-2 drinks on 1 occasion per week. She also acknowledged use of 2-3 drinks on special occasions (weddings, birthdays, etc.) about 5-6 times per year. We discussed Ms. Jones OVI incident at length as well as social factors that may have been involved in her charges, but I was unable to find her presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. Ms. Jones was regretful over the negative legal consequences she has suffered as a result of overuse. Nevertheless, because of 2 lifetime OVI's, the January 2015 OVI *BAC* being high test and the common occurrence of individuals resuming alcohol use after legal consequences recede, I am recommending some brief follow up counseling as well as her attendance at a Victim Impact Panel.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

## Treatment Recommendations:

- 1) Counseling, recommend 3-4 follow-up sessions with a professional substance abuse counselor for monitoring, additional diagnostic clarification and added prevention planning;
- 2) MADD Victim Impact Panel attendance, Ms. Jones will provide proof of successful completion to the court;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Jones seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Jones, and yourself in this in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Jody Jones

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.