

October 5, 2016

Jeff Bielec
684 Agler Rd.
Gahanna, OH 43230

Re: Clinical Alcohol Assessment for Jeff R. Bielec (DOB – 05/23/1985)

Dear Mr. Bielec:

The following provides a summary of my findings for the alcohol assessment I conducted for you in reference to your OVI charge in Cuyahoga county. In addition to our 60-minute clinical interview conducted via telephone, your clinical interview included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 4 / *LOW-LEVEL POSITIVE SCREEN*; some indirect indication of a present alcohol use disorder, points incurred were a result of reported legal history (2 lifetime offenses), mitigate concerns with clinical recommendations (screen relative to lifetime use of alcohol)

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate potential *hazardous use*, whereas scores of 15 or more in men indicate a *moderate to severe* disorder may be present (screen predominantly relative to current use of alcohol)

Alcohol Use Risk Factors:

- ☐ negative peer influence/at-risk work environment – NA
- ☐ current stress (relational, work, financial, etc.) – NA
- ☐ physical health concerns – NA
- ☐ anxiety/depression/mental health – NA
- ☐ exposure to trauma – NA
- ☐ family history of substance abuse or alcoholism – none reported
- ☐ contraindicated prescription use – NA
- ☐ other substance use – NA
- ☐ regular use of liquor – NA
- ☐ voluntary treatment history – NA
- ☐ severity of incident – no driving reported at the time of arrest

☒ legal history – OMVI in 2009 (BAC approximately twice the legal limit)

Summary - 1 of 12 concerns, mitigate concern with clinical recommendations

Clinical Interview/Summary: Your written screenings provided some indirect indication of an alcohol use disorder. You reported your normal use of alcohol before this charge as 1-2 light beers/glasses of wine on 2-4 occasions in a month and denied any changes to these drinking habits in times of celebration. The alcohol use habits you reported do not meet criteria for any DSM-5 alcohol use disorder symptoms and are within what the NIAAA considers to be “low-risk” drinking for men. While I do not have concern about the drinking habits you described for me, I have provided a proactive treatment recommendation in effort to be clinically prudent given your legal history.

DSM-5 Alcohol Use Disorder Symptoms:

- ☐ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☐ Physically hazardous use
- ☐ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 0 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)


DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: Outpatient Counseling – 2 outpatient sessions with a professional substance abuse counselor; follow-up provider to update recommendations, consult collateral contacts, and discharge as appropriate.

If an outside party has further information about your use of alcohol OR would like to consult me further about the details of your evaluation, I would be happy to do so provided I have your written consent. You may contact myself or our general office to make arrangements for this if necessary.

Let me know if you have questions about the details of this report; thank you for the opportunity to assist.

Sincerely,



Trevor C. Davis, CDCA
Certificate # 150427
cc: Jeff R. Bielec

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information, and third party verification can be provided as an additional service upon request.