

March 19, 2015

Spokane County Public Defenders Office
Benjamin Hartnett, Public Defender
1033 West Gardner Avenue
Spokane, WA 99201

Re: Clinical Alcohol Assessment for Stacy Wheeler

Dear Mr. Hartnett:

I performed a Clinical Alcohol Assessment for Ms. Wheeler in reference to her DUI charge in Spokane County (Dec. 10, 2014). This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Ms. Wheeler written screenings provided no indication of an alcohol use disorder. She reported very sporadic and minimal use of alcohol since experimenting with it for a period when she was 21 years old. For the last 6 years she characterized her alcohol use as 1-2 drinks on about 6 occasions per year, with a few rare occasions where she exceeded that amount. Such was the occasion leading to her DUI charge. She stated very strongly that she would never drink again. She was very remorseful about both the drinking and the choice to drive. I had the clinical impression that Ms. Wheeler does not meet criteria for a DSM 5 alcohol use disorder. Her written screenings and interview did not reveal discrepancies or other suspicions of minimized reporting of her use of alcohol. However, I do feel it is appropriate for her to attend a local Victim Impact Panel. Otherwise, I have no professional treatment recommendations.

DSM 5 DIAGNOSIS in reference to substances: V 71.09 (none found)

Treatment Recommendations:

- 1) Preventative Education, attend a local MADD Victim Impact Panel;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Wheeler seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Wheeler, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Stacy Wheeler

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.