

April 10, 2015

Nicole Berry, Probation Officer
101 East Yelkca Terrace
Suite C
Daytona Beach, FL 31261

Re: Clinical Alcohol and Assessment for Jason Akers

Dear Ms. Berry:

I performed a Clinical Alcohol and Drug Assessment for Mr. Akers in reference to his *public intoxication* and *disorderly conduct* charges in Volusia County in November of 2013. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), a Drug Abuse Screening Test (DAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

Substance(s) of Concern: screened for all illicit substances; *alcohol primary*

MAST: *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

DAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of drug use disorder

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary:

ALCOHOL: Mr. Akers written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol *prior* to his charges as 2-3 drinks on 1 or less occasions per week. He also acknowledged use of 2-4 drinks *prior* to his charges on special occasions (weddings, birthdays, etc.) or about 6 times per year. However, Mr. Akers states that he has completely *abstained* from alcohol since he was charged. Mr. Akers was non-defensive in demeanor and the interview did not reveal inconsistencies or discrepancies in written or verbal form. Therefore, I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms.

DRUG USE: Mr. Akers written screenings also provided no indication of a drug use disorder at any level (mild, moderate, severe) We discussed Mr. Aker's history with regards to any past or present drug use. He reports that he does not use any un-prescribed medications and has no history of use or overuse of illicit drugs. As a result, I was also unable to find his overall history and presentation indicative of someone experiencing DSM 5 drug use disorder symptoms.

I found Mr. Akers to be forthcoming regarding the social factors present on the night of his charges. My clinical opinion is that it is quite possible that his *public intoxication* and *disorderly conduct* incident represents an aberration to his normally moderate and low risk use of alcohol. Accordingly, I have no further professional recommendations for Mr. Akers at this time.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Akers seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Akers and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Jason Akers

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

