

September 30, 2014

Andrew Selwa, Attorney Amy M. Levine and Associates 147 Thurman Avenue Columbus, OH 43206

Re: Clinical Alcohol and Drug Assessment for Goldsmith

Dear Mr. Selwa:

I performed a Clinical Alcohol and Drug Assessment for Mr. Goldsmith in reference to his pending drug and drug paraphernalia possession charges in Licking County incurred in August of this year. This assessment included the administration of: A Michigan Alcohol Screening (MAST), a Drug Abuse Screening Test (DAST), an anxiety/depression screening, and a clinical telephonic interview. The following are my findings and recommendations:

Substance(s) of Concern: screened for all substances, cannabis specifically **MAST:** score = 0 / NEGATIVE SCREENING; No direct or indirect indication of problem alcohol use

DAST: score= 0 / NEGATIVE SCREENING; No direct or indirect indication of DSM 5 cannabis use disorder

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol and/or drug (cannabis) use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous legal consequences, previous treatment, conflict with significant others during or shortly after use of alcohol or cannabis, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported Substance Related Legal History Reported: denies any previous history of drug or substance related arrests/legal charges

Clinical Interview/Summary

ALCOHOL: Mr. Goldsmith's written screenings provided no indication of an alcohol use disorder. He reported his normal use of alcohol to be at maximum 1 drink per week while entertaining clients for his employer. He indicated that on special occasions, (birthdays, holidays, weddings, etc.) his use is also minimal with his maximum consumption being 1 drink per 24 hour period.

DRUG USE: We discussed Mr. Goldsmith's charges of drug and drug paraphernalia possession and the surrounding situational context at length. He was forthright in the clinical interview regarding his cannabis use and reported his normal use to be smoking on 1 occasion every 2 weeks. To date, he has experienced no consequences related to his use besides his recent legal charge(s). Mr. Goldsmith works in the material science

engineering industry and is able to function in this capacity very well, juggling the demands of work and family life while travelling on a regular basis from the Columbus area to his satellite location in Washington, D.C. He reports that he enjoys his profession and is encouraged by an advancement opportunity recently offered to him based on exceptional performance in his industry. Mr. Goldsmith, however is regretful over his choice to transport cannabis in his vehicle and reports he is now abstaining from all use of cannabis. He states that he will continue to abstain with an understanding that this could jeopardize the career advancement he has worked hard to obtain. Mr. Goldsmith also possessed insight that many individuals using cannabis minimize their legal consequences only to eventually incur much greater consequences with continued use. He would like to avoid such a problem and accordingly was very open to the treatment recommendation presented below.

Treatment Recommendations:

- 1) <u>Education</u>, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series. (contact 614-566-3700)
- If Mr. Goldsmith incurs any future legal charges associated with cannabis use it is recommended he obtain an updated assessment and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Goldsmith and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Quincy Goldsmith

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self- reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

