

August 20, 2014

Benjamin Greenwald, Attorney
121 Executive Dr. Suite 200
New Windsor, NY 12553

Re: Clinical Alcohol Assessment for Kalleigh Norval

Dear Mr. Greenwald:

I performed a Clinical Alcohol Assessment for Ms. Norval in reference to her pending DWAI charge in Sullivan County, New York. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute face-to-face videoconferenced clinical interview. The following are my findings and recommendations:

MAST: score =2; no direct or indirect indication of problem alcohol use

AUDIT: score = 2; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous legal consequences, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: reported mild anxiety symptoms which do not appear to hinder overall health, sleep or general wellbeing; no signs of use of alcohol to manage or mask anxiety symptoms

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Ms. Norval's screenings provided no indication of an alcohol use disorder. She reported her normal use of alcohol as 1-3 drinks on 2-4 occasions per month. She also acknowledged use of 3-5 drinks on special occasions (weddings, birthdays, etc.) on less than 10 occasions per year. We discussed her DWAI charge at length. She was articulate about avoiding hazardous use of alcohol when driving and I was ultimately unable to find her presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. However, due to her age and stated intention to use alcohol moderately at all times in the future I am preventatively recommending she complete attendance at a Victim Impact Panel.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Attend a MADD Victim Impact Panel as preventative measure; (referred to M.A.D.D. for locating a VIP in the area she is moving to)
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Norva. seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist Ms. Norval in this important matter. If you have any additional questions about his condition, please request a signed release of information and I will be glad to assist further.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Kalleigh Norval

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.