

August 2, 2016

Brian Joslyn, Attorney at Law  
Joslyn Law Firm  
501 South High Street  
Columbus, Ohio 43215

**Re: Clinical Alcohol Assessment for Preston Tartt (DOB – 11/06/1987)**

Dear Mr. Joslyn:

I performed a Clinical Alcohol Assessment for Mr. Tartt in reference to his July 2016 disorderly conduct charge in Franklin County. This assessment included a 60-minute clinical interview, and the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**SASSI-3:** no scores indicative of an alcohol use disorder at any level (mild, moderate, or severe); screening was valid and referenced respondent's entire lifetime

**MAST:** score = 6 / *POSITIVE SCREEN*; direct and indirect indications of problem alcohol use, mitigate concerns with clinical recommendations (screen relative to lifetime use of alcohol)

**AUDIT:** score = 11 / *POSITIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present, mitigate concerns with clinical recommendations (screen relative to use of alcohol within the past 24 months)

**Alcohol Use Risk Factors:**

- ☒ legal history – previous alcohol-related legal charge in 2008
- ☒ severity of incident – verbally aggressive
- ☐ anxiety/depression/mental health – NA
- ☐ general health issues – None
- ☐ exposure to trauma – NA
- ☒ use of liquor – mixed drinks are beverage of choice
- ☐ other substance use – NA
- ☐ contraindicated prescription use – NA

- ☒ family history – father
- ☐ prior treatment history – NA
- ☐ negative peer influence – NA
- ☐ at-risk work environment – NA
- ☐ current stress (relational, work, etc.) – NA

Summary - 4 of 13 concerns, mitigate concern with clinical recommendations

#### **DSM-5 Alcohol Use Symptoms:**

- ☒ Recurrent use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Recurrent failure to fulfill a major role (work, home, school)
- ☐ Continued use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Recurrent physically hazardous use
- ☐ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 2 of 11 symptoms (Mild 2-3 | Moderate 4-5. Severe 6+)

#### **Clinical Interview/Summary:**

ALCOHOL – Mr. Tartt's written screenings provided mixed indications of an alcohol use disorder. He was open in the clinical interview and shared information indicating 2 problem alcohol use symptoms (see above). His clinical interview presented his alcohol use as 1-2 standard drinks on 2-3 occasions Monday thru Friday and 1-3 standard drinks on most Saturdays. He did acknowledge use of 5-7 standard drinks on approximately 1 occasion per month. Mr. Tartt expressed his desire to moderate his alcohol use and was receptive to the below recommendations.

**DSM-5 DIAGNOSIS in Reference to Substances:** F10.10 alcohol use disorder, mild; rule out F10.20 alcohol use disorder, moderate

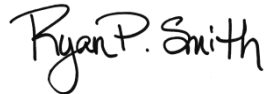
#### **Treatment Recommendations:**

- 1) Outpatient Counseling – 6-8 outpatient sessions with a professional substance abuse counselor; update recommendations or discharge as appropriate;
- 2) If another negative consequence is incurred as a result of any alcohol use, it is recommended Mr. Tartt seek an updated evaluation and begin extended outpatient substance abuse counseling as appropriate.

If you or the court possess additional information about Mr. Tartt's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Tartt and yourself in this important matter.

Sincerely,



Ryan P. Smith MSW, LISW-S, LICDC, SAP  
SW Lic. #I.1000155-S, CD Lic. #101182  
cc: Brian Joslyn

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.