

July 22, 2013

Elizabeth George, PO
Fairfield County Municipal Court
104 E. Main St.
Lancaster, OH 43130

Re: Substance Abuse Assessment for Doug Vatter

Dear Ms. George:

I performed a basic assessment for Mr. Vatter, in reference to his pending transition to non-reporting probation with you. This assessment included the administration of: a MAST, an AUDIT, a depression screening, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol only

MAST: score = 5; indicates likely diagnosis of alcohol use disorder at mild to moderate level, advised to screen further

AUDIT: score= 12; indicates harmful or hazardous alcohol use history, scoring range suggests moderate alcohol use diagnosis

DSM/Other Substance Related Concerns: memory impairment associated with alcohol, multiple DUI charges (3 lifetime), tolerance, negative impact on his occupation, significant family history (alcohol), occupation presents an environment with frequent exposure to alcohol

Depression Screening: no clinically significant signs or symptoms reported or detected

Clinical Interview/Summary: Mr. Vatter's written screenings suggested the likelihood of a mild to moderate alcohol use disorder. He reported that he used alcohol on 2-3 occasions per week, consuming up to 6-8 beers. He acknowledged that his use of alcohol has intermittently caused negative impact on important areas of his life. We clearly identified 5 problem symptoms which qualify Mr. Vatter for a moderate alcohol use disorder. His insight and motivation level are good and he is a good candidate for individual outpatient counseling. However, if problem use persists in spite of counseling, more intensive treatment will be recommended (see specifics below).

DIAGNOSIS in reference to Substances: 303.90 (F10.20) moderate alcohol use disorder

Recommendations: 1) **Counseling**, recommend 4-8 sessions (bi-weekly) with a professional substance abuse counselor; re-evaluate appropriateness and frequency after 4 sessions; 2) **Monitoring**, recommend 6 months of monitoring with same counselor after initial counseling completed, meeting frequency at discretion of counselor; 3) If Mr. Vatter experiences any additional negative consequences from the use of alcohol a recommendation for Intensive Outpatient Treatment would be likely.

Mr. Vatter has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,
Brian Davis, LISW-S, SAP

