

July 25, 2016

Wisconsin Department of Transportation
Medical Review Section – ADRU
4802 Sheboygan Ave, Room 350, PO Box 7983
Madison, WI 53707

Re: Clinical Alcohol Assessment for Jonathan Leonard Quimby

DOB – 08/11/1986

Tennessee Driver License – #1111018171

Arrest Date – 10/17/2008

Adjudicated – 11/12/2008

Dear Wisconsin DMV Representative:

I performed a Clinical Alcohol Assessment for Mr. Quimby in reference to his DUI in La Crosse County on 10/17/2008. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening
- A review of 10/17/2008 police report and discovery document packet

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 5 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present

Alcohol Use Risk Factors:

Concerns/Risks

- ☐ previous legal history – denies prior history
- ☐ severity of incident – low severity
- ☐ anxiety/depression/mental health – NA
- ☐ use beyond intention - 5/year
- ☒ family history – 1 blood related relatives with known alcohol use disorders
- ☐ prior treatment history – NA
- ☐ peer influences– NA
- ☐ work environment – NA
- ☐ contraindicated prescription use – NA

- ☐ general health problems – NA
- ☐ current family stress – NA

Summary - 1 of 11 concerns, mitigate any concern with clinical recommendations

DSM - 5 Alcohol Use Symptoms:

- ☒ Use beyond intention – 5x/year (mild)
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☐ Physically hazardous use
- ☐ Continued use despite knowledge of contra physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 1 of 11 symptoms (no formal diagnosis)

Anxiety/Depression Screening: mild anxiety successfully managed with physician oversight

Clinical Interview/Summary: Mr. Quimby's written screenings provided no overt indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 1-4 drinks on 2-3 occasions per week. Mr. Quimby seemed conscientious, reporting his alcohol use in an open and forthright manner.

I was unable to find him meeting enough DSM-5 criteria to qualify for an alcohol use disorder. However, I did note 1 DSM-5 symptom and 1 alcohol use risk (both items listed above) which could be mitigated by education and prevention planning.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found) Original Incident best defined as "irresponsible use".

Treatment Recommendations:

- 1) Preventative Education – The Ohio Health Drug/Alcohol Awareness Series (locally provided at Riverside Methodist Hospital, contact 614-566-3700), provide proof of attendance and proof of safe driver plan to Brian T. Davis, LISW-S, SAP.

Characterization of Treatment Completion and Prevention Planning:

- 1) Education requirement satisfactorily completed on March 5, April 2, May 14, 2016;

- 2) Safe Driver Planning submitted and found to be substantial and satisfactory to this evaluator;
- 3) General improved self-awareness and self-care plan also found to be substantial and satisfactory to this evaluator.

If the Wisconsin DOT possesses additional information about Mr. Quimby's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Quimby, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Jonathan Leonard Quimby

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.