

May 30, 2013

Yolanda Chambers
Franklin County Children Services
4071 E. Main Street
Columbus, OH 43213

Re: Substance Abuse Assessment for Britney Smith

Dear Ms. Chambers :

I performed a basic substance abuse assessment for Ms. Smith per your request. This assessment included the administration of: a SASSI-3, an DAST, a depression screening, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: opioids

SASSI-3: opioid dependence = *positive*

DAST: score=7; indicates problem use of opioids

DSM/Other Substance Related Concerns: withdrawal, failed cutbacks, use despite pregnancy

Depression Screening: no clinically significant concerns reported

Clinical Interview/Summary: Ms. Smith's written screenings provided an indication of an opioid dependence condition. Since September 2012, Ms. Smith reports complete abstinence from opioids and is under the care of a physician who is currently providing agonist therapy by prescribing buprenorphine for relapse prevention purposes. Ms. Smith reported using opioids daily (Percocet 10 mgs) until her detox (June 25- June 30, 2012) and acknowledged one relapse prior to September 2012. Although her opioid use is in remission, the relapse rates for opioid dependence are significant. Therefore, I am recommending Ms. Smith continue the current treatment protocol with her physician, which includes weekly group therapy meetings, to help support her in her abstinence and lower the risk of future relapse. Details of the recommendations can be found below.

DIAGNOSIS in reference to substances: Opioid Dependence with Physiological Dependence on Agonist Therapy

Recommendations: 1) Counseling, continuation of group therapy every week; if Ms. Smith decides to discontinue use of her agonist therapy, weekly counseling sessions with a substance use professional are recommended 2) If another negative consequence is incurred as a result of any substance use OR if she is experiencing trouble maintaining sobriety, she will be referred to a higher level of care, such as IOP.

Ms. Smith has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,
Jessica Schoenberger, MSW, CDCA

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