

December 29, 2014

Kenneth Crislip, Attorney 1 Cascade Plaza, Ste. 740 Akron, OH 44308

Re: Clinical Alcohol Assessment for Michael Johnson

Dear Mr. Crislip:

I performed a Clinical Alcohol Assessment for Mr. Johnson in reference to his pending OVI charge in Summit County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical interview. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 3 / mild indications of problem use, advise further screening **AUDIT:** score = 8 / scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: may meet 2 of 11 DSM 5 alcohol use disorder symptoms (possible tolerance, hazardous use)

Anxiety/Depression Screening: mild insomnia, racing thoughts
Substance Related Legal History Reported: 1999 -.10 BAC (19 years old)/ 2003 no
BAC – cited breath machine failure (24 years old)

Clinical Interview/Summary: Mr. Johnson written screenings provided some suggestion of a possible mild alcohol use disorder. He reported his normal use of alcohol as 2-4 drinks on 1-2 occasions per week. He also acknowledged use of 4-6 drinks on special occasions (weddings, birthdays, etc.) or about 10 occasions or less per year. We discussed Mr. Johnson's OVI incidents and general use of alcohol at length. I was able to find him meeting criteria for a mild alcohol use disorder and am providing some recommendations to provide additional assessment and moreover preventative assistance to help him avoid any future impaired driving charges.

DSM 5 DIAGNOSIS in reference to substances: 305.00 (mild alcohol use disorder)

Treatment Recommendations:

- 1) <u>Preventative Education</u>, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);
- 2) <u>Counseling</u>, recommend 4-6 outpatient sessions with a professional substance abuse counselor; update recommendations at session four;

3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Johnson seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Johnson, and yourself in this important matter.

Sincerely,

Brian Davis, LISW-S, SAP

cc: Michael Johnson

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

