

October 5, 2015

Alcohol Safety Action Program  
303 K Street  
Anchorage, AK 99501

**Re: Clinical Alcohol Assessment for John Trusty**

Dear ASAP Representative:

I performed a Clinical Alcohol Assessment for Mr. Trusty in reference to his DUI charge in November of 2012 in Bristol Bay County. This assessment included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening
- Full face to face clinical interview

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 substance related symptoms found. denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Present Use Status:** presently not using alcohol; no use in the past 24 months

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Trusty's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported that he does not normally drink alcohol with the exception of very rare occasions. He defined

this as 1 time or less per year for a special occasion (weddings, birthdays, etc.). He stated furthermore that he has completely abstained from all alcohol use for the past 24 months.

We discussed Mr. Trusty's DUI charges at length as well as his general habits involving alcohol. He was non-defensive in his demeanor and the interview did not reveal any inconsistencies in written or verbal form. My clinical impression is that he does not meet criteria for someone experiencing a DSM 5 alcohol use disorder. It is possible that his DUI charge was the result of an isolated incident, very uncharacteristic of his normally controlled and low risk use of alcohol at that time of his life.

If the court possesses additional information about Mr. Trusty's use of alcohol that might aid in the accuracy of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:** Since I was unable to find Mr. Trusty meeting DSM 5 alcohol disorder criteria and he has incurred no new legal charges in the past 36 months I have no further professional recommendations for him at this time.

Thank you for the opportunity to assist ASAP and Mr. Trusty in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: John Trusty

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

