

July 9, 2015

Jason P. Walter  
CPT, MI  
Commander  
352<sup>nd</sup> MP CO  
1850 Baltimore Rd.  
Rockville, MD 20851

**Re: Clinical Alcohol and Drug Assessment for Jacob Olavej**

Dear Commander Walter:

I performed a Clinical Alcohol Assessment for Mr. Olavej in reference to his *positive drug screening* May 2<sup>nd</sup>. Of 2015. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Drug Abuse Screening Test (DAST)
- Drug Use Disorder Identification Test (DUDIT)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- Clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**DAST:** score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem drug use (screening appeared valid)

**AUDIT:** score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

**DUDIT:** score = 0 / *NEGATIVE SCREEN*; scores of 6 or more indicate problematic use ("mild-moderate"), scores of 25 or more indicate likelihood of a severe disorder present

**DSM/Other Substance Related Concerns:** screened for all illicit substances, *marijuana primary*. clinical interview revealed 0 of 11 DSM 5 alcohol or drug related symptoms found. denies subtle indicators of problem alcohol or drug use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of drugs or alcohol, guilt or regret associated with use

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** *ALCOHOL:* Mr. Olajev's written screenings provided no indication of a DSM 5 alcohol use disorder at any level (mild, moderate or severe). He reported no use of alcohol within the last two years with only occasional and moderate use prior. Mr. Olajev indicated that he does not enjoy drinking alcohol and that it would interfere with his current healthy lifestyle and goals if he were to drink on a regular basis.

*DRUG USE:* Mr. Olajev's written screenings and clinical interview also did not reveal a drug use disorder at any level (mild, moderate or severe). He was forthcoming throughout the interview when we discussed his positive drug screen and admitted that his positive test was valid based on his recent use. Mr. Olajev indicated that he had attended a party and made a poor decision to smoke marijuana due to peer influence which seemed regretful about. Mr. Olajev appears to have spent time reflecting on this choice and the consequences he is now facing as a result. It is my clinical opinion that he has gained some needed perspective and presents a low risk of drug or alcohol related incidents going forward. Accordingly, I have no further treatment recommendations.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:** I have no further treatment recommendations. If another negative consequence is incurred as a result of any drug or alcohol use it is recommended Mr. Olajev seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist Mr. Olavej, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Jacob Olavej

**Prohibition Against Re-Disclosure:** This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to

criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.