

August 7, 2015

Janet Johnson, Attorney
3219 Atlantic Blvd.
Jacksonville, FL 32207

Re: Clinical Alcohol Assessment for Arthur Womble

Dear Ms. Johnson:

I performed a Clinical Alcohol Assessment for Mr. Womble in reference to his disorderly conduct charge in Duval County. This assessment included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening
- A full clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Present Use Status: reported that he will no longer use liquor even for a special occasion, he previously was not consumer of liquor on a regular basis but since the legal incident involved the use of liquor he now has a clear personal rule to avoid all liquor based drinks

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Womble's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his

normal use of alcohol as 2-3 drinks on 0-1 occasions per week. He also acknowledged use of 3-5 drinks on special occasions (weddings, birthdays, etc.) or on about 5-7 occasions per year. Mr. Womble and I discussed his disorderly conduct charge and general alcohol use history at length. His presentation was straightforward and non-defensive. Ultimately I was unable to gather any evidence yielding a clinical impression of an alcohol use disorder. I did note that any regular user of alcohol should be educated about the effects of alcohol on one's health and the risks involved. Therefore I am recommending some basic preventative alcohol education. Mr. Womble understood my point of view and stated he was willing and able to comply with the recommendation.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Alcohol & Drug Education, recommend 5-10 hrs. of alcohol/drug education including a combination of any of the following – local class (hospital, treatment center or community facility), AA/NA, MADD VIP, online alcohol or drug education course
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Womble seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Womble, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Arthur Womble

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.