

April 26, 2016

David Todd Parker, Attorney Funkhouser Law 765 South High Street Columbus, OH 43206-1908

Re: Clinical Alcohol Assessment for Connor Phillips (DOB – 11/14/1996)

Dear Mr. Parker:

I performed a Clinical Alcohol Assessment for Mr. Phillips in reference to his underage consumption charge in Athens County. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 5 / *POSITIVE SCREEN*; clarify diagnosis in clinical interview and mitigate concerns with clinical recommendations

AUDIT: score = 14 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate likelihood of *moderate to severe* disorder present, mitigate concerns with clinical recommendations

Alcohol Use Risk Factors:

Concerns/Risks
□ severity of incident – indeterminate
□ anxiety/depression/mental health – NA
☐ other substance use – NA
☑ family history – one blood related fam. member identified with problem alcohol use
□ prior treatment history – NA
□ peer influences— can identify friends who overuse alcohol and "lack goals"
□ work environment – NA
□ contraindicated prescription use – NA
☐ general health problems – NA
☐ current family stress – NA
Summary - 3 of 11 concerns, mitigate concern with clinical recommendations

Anxiety/Depression/Mental Health Screening: periodic loss of appetite but not reporting signs and symptoms indicating a present diagnosis mental health crisis

Clinical Interview/Summary: Mr. Phillips' written screenings provided indications of a mild to moderate alcohol use disorder. We identified the risk items listed above as well as some DSM-5 symptoms: tolerance, some interference with school work, and some indications of hangovers or mild memory loss.

Mr. Phillips and I discussed his underage alcohol incidents and his general college and life direction. He is a 3.8 gpa student who appears to be highly motivated to succeed. However, given the amount of symptoms and risks identified in the clinical interview (and written screenings) I expressed some concerns that warrant alcohol education and counseling (details provided below).

DSM-5 DIAGNOSIS in Reference to Substances: F10.10 (mild alcohol use disorder, rule out moderate alcohol disorder)

Treatment Recommendations:

- 1) Preventative Alcohol & Drug Education complete the SAAMCO (8 hr.), or if acceptable to the court, Ohio Health's 9 hr. Alcohol Awareness Series at Riverside Hospital (614-566-3700);
- 2) Outpatient Counseling 5-8 outpatient sessions with a professional substance abuse counselor; update recommendations at session 5 or recommend discharge as appropriate;
- 3) Abstinence abstain from alcohol use before age 21;
- 4) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Mr. Phillips seek an increased level of treatment (e.g. Intensive Outpatient Program completion).

If you or the court possess additional information about Mr. Phillips' use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.



Thank you for the opportunity to assist the court, Mr. Phillips, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Connor Phillips

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

