

Latrice Williams, Probation Officer
New Orleans Traffic Court, Division D
727 Broad St.
New Orleans, LA 70119

Re: Clinical Alcohol Assessment for Katherine Bennett
DOB – 01/18/1980
Case Number: HH0646415

Dear Ms. Williams:

I performed a Clinical Alcohol Assessment for Ms. Bennett in reference to her DUI other charge in Orleans Parish. This assessment included a full clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorders Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct indication of problem alcohol use, mitigate concern items with educational and/or clinical recommendations

AUDIT: score = 3 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicate *moderate to severe* disorder present, mitigate concern items with educational and/or clinical recommendations

Alcohol Substance Use Risk Factors:

Concerns/Risks

- ☐ previous legal history – denies prior history
- ☒ severity of incident – original charge was high test BAC (approx..18)
- ☐ anxiety/depression/mental health – NA
- ☐ other substance use – NA
- ☒ family history – one half-sibling with a likely substance use disorder
- ☐ prior treatment history – NA
- ☐ peer influences– NA
- ☐ work environment – NA
- ☐ contraindicated prescription use – NA
- ☐ general health problems – NA
- ☐ current family or personal stress – NA

Summary - 2 of 11 concerns, mitigate concern items with educational and/or clinical recommendations

DSM - 5 Alcohol Use Symptoms: *Summary - 0 of 11 symptoms found*

Clinical Interview/Summary: Ms. Bennett's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol before this charge as 2-3 drinks (wine) on 4-5 occasions per month. She also acknowledged use of. She reported no difference in the amount consumed if he/she was attending a special event or celebration.

Ms. Bennett and I discussed her DUI incident and general use of alcohol at length. We also discussed the steps she has already engaged in to prevent future problem alcohol use and/or impaired driving (20 AA meetings and a Victim Impact Panel). She was articulate about and genuinely appreciative of the opportunity to learn from these interventions. Furthermore, she seemed to be meaningfully engaged with the other AA participants. I did not find her meeting DSM-5 alcohol use disorder criteria and believe the steps she has taken are sufficient for her risk profile. She has four more required AA meetings to complete and will document completion of this requirement for the court.

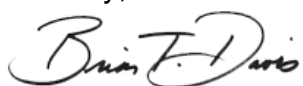
DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: Since Ms. Bennett has completed a Victim Impact Panel and is committed to finishing her 24 AA meetings I have no further clinical recommendations for her at this time.

If you or the court possess additional information about Ms. Bennett's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Bennett and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Katherine Bennett

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.