

July 10, 2015

Laura Parsons, P.O. 375 South High Street, 8th Floor Columbus, OH 43215

Re: Clinical Alcohol Assessment for Ryan Vogt

Dear Ms. Parsons:

I performed a Clinical Alcohol Assessment for Mr. Vogt in reference to his OVI charge in Franklin County in January of 2015. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- Clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: POSITIVE SCREEN; screening revealed some misuse of alcohol use over the last 5 years (screening appeared valid)

AUDIT: score = 1 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

DSM/Other Substance Related Concerns: clinical interview revealed *0 of 11* DSM 5 substance related symptoms found.

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: acknowledges prior OVI in November of 2013

Clinical Interview/Summary: Mr. Vogt's written screenings and clinical interview revealed some conflicting information with his MAST revealing some misuse of alcohol over the past 5 years and the AUDIT score being negative for misuse. He reported his normal use of alcohol as 2-3 drinks, 1 time per month or less. He also acknowledged use of 3-5 drinks on special occasions (weddings, birthdays, etc.) or on about 2 occasions per year. Mr. Vogt and I discussed his OVI incident and the circumstances present on the evening of his charges. I do have some concern that this was Mr. Vogt's second alcohol related charge in a 2 year timeframe. Although I do commend Mr. Vogt for his report of current moderate drinking behaviors, I would like for him to be seen by a

substance abuse professional for 2-3 sessions because of the discrepancies above and for prevention purposes going forward. I understand that Mr. Vogt was mandated by the court to attend a MADD Victim Impact Panel and a local driver intervention program. I concur with the court's decision regarding this and find this to be appropriate in light of his charges.

DSM 5 DIAGNOSIS in reference to substances: 305.00 (rule out mild alcohol use disorder due to clinical findings)

Treatment Recommendations:

- 1) <u>Counseling</u>, recommend 2-3 outpatient sessions with a professional substance abuse counselor; update recommendations at session four;
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Mr. Vogt seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate;

Thank you for the opportunity to assist the court, Mr. Vogt, and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Ryan Vogt

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

