

April 28, 2015

David Rieser, Attorney
Two Miranova Place
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Marcus Polovick

Dear Mr. Rieser:

I performed a Clinical Alcohol Assessment for Mr. Polovick in reference to his OVI charge in Franklin County. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- 50 minute in-person clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 7 / *POSITIVE SCREEN*; indicates alcohol use accompanied by problem symptoms, use clinical interview to clarify diagnosis

AUDIT: score = 7 / *BORDERLINE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: minimum of 4 out of 11 *DSM 5* symptoms revealed by the clinical interview; tolerance, use beyond intention, some previous efforts to reduce use, some interpersonal conflict over his use of alcohol)

Anxiety/Depression Screening: reported recent depressive and anxiety symptoms but these were situational and not presently causing significant problems, he denied any immediate mental health crisis but acknowledged some chronicity with mild to moderate insomnia

Substance Related Legal History Reported: September 2011 OVI (BAC not available)

Clinical Interview/Summary: Mr. Polovick's written screenings provided indication of a history of problem symptoms related to alcohol use. He reported his normal use of alcohol as 5-7 drinks on 2-3 occasions per week with greater consumption than this if attending a special social event. Mr. Polovick was forthcoming in the interview about 4 to 5 symptoms from the *DSM 5* criteria for determining a clinical alcohol use disorder. This symptom cluster identifies him as having a moderate level alcohol use disorder.

Since Mr. Polovick appears to be highly motivated my initial recommendation involves education and counseling with the caveat that a failure to maintain a significant period of sobriety would most likely result in a more intensive treatment recommendation.

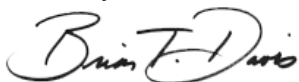
DSM 5 DIAGNOSIS in reference to substances: 303.90 moderate alcohol use disorder

Treatment Recommendations:

- 1) Preventative Education, recommend 9 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700);
- 2) Counseling, recommend regular sessions with a professional counselor specializing in substance abuse treatment, suggest initial frequency of weekly, stepped down to bi-weekly and then further tapering of sessions over a period of 6-12 months, consult clinician for recommendations on meeting frequency, overall time period, addition of other supports, etc. as needed for maximum benefit;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Polovick seek an increased level of treatment (IOP at a minimum).

Thank you for the opportunity to assist the court, Mr. Polovick, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Marcus Polovick

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background

research, collateral information and third party verification can be provided as an additional service upon request.