

July 3, 2016

Will Nesbitt, Attorney at Law  
The Koffel Law Firm  
1801 Watermark Drive Suite 350  
Columbus, Ohio 43219

**Re: Clinical Alcohol Assessment for Mike Schmidt (DOB – 11/31/1981)**

Dear Mr. Nesbitt:

I performed a Clinical Alcohol Assessment for Mr. Schmidt in reference to his June 2016 OVI other charge in Franklin County. This assessment included a 50-minute clinical interview and the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**SASSI-3:** no scores indicative of an alcohol use disorder at any level (mild, moderate, or severe)

**MAST:** score = 3 / *POSITIVE SCREEN*; screening indicates early to middle stage problem drinking though screening had a lifetime frame of reference; mitigate concerns with clinical recommendations

**AUDIT:** score = 6 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, whereas scores of 15 or more in men indicate a *moderate to severe* disorder may be present; mitigate concerns with clinical recommendations (screen relative to use of alcohol within the past 12 months)

**Alcohol Use Risk Factors:**

- ☒ legal history – alcohol-related charge in 2007
- ☐ severity of incident – NA
- ☐ anxiety/depression/mental health – NA
- ☐ general health issues – NA
- ☐ exposure to trauma – NA
- ☐ use of liquor – NA
- ☐ other substance use – NA
- ☐ contraindicated prescription use – NA

- ☐ family history – none reported
- ☒ prior treatment history – Driver Intervention Program in 2007
- ☐ negative peer influence – NA
- ☐ at-risk work environment – NA
- ☐ current stress (relational, work, etc.) – NA

Summary - 2 of 12 concerns, mitigate concern with clinical recommendations

### **Clinical Interview/Summary:**

ALCOHOL – Mr. Schmidt's written screenings provided mixed indications of an alcohol use disorder. He reported his normal use of alcohol over the past two years as 3-4 standard drinks (usually 16oz. IPA or stout beers) on 2-3 occasions per week. He also acknowledged use of up to 5-7 drinks on 3 special occasions (weddings, birthdays, etc.) per year.

Mr. Schmidt and I discussed his OVI incident and his general use of alcohol at length. While I did not find him meeting DSM-5 alcohol use disorder criteria, I did note the risks and concerns associated with his occasional binge use of alcohol and his drinks of choice having a higher than average alcohol content. Accordingly, I am including some preventative recommendations in the remainder of this report.

### **DSM-5 Alcohol Use Symptoms:**

- ☒ Recurrent use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Recurrent failure to fulfill a major role (work, home, school)
- ☐ Continued use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☐ Recurrent physically hazardous use
- ☐ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 1 of 11 symptoms (Mild 2-3 | Moderate 4-5. Severe 6+)

**DSM-5 DIAGNOSIS in Reference to Substances:** Z03.89 (suspected substance use condition not found); rule out F10.10 alcohol use disorder, mild

### **Treatment Recommendations:**

- 1) Prevention Planning – 3-5 outpatient sessions with a substance abuse professional; sessions should focus on creation of strategies to reduce his overall alcohol use

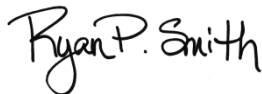
and reduce the likelihood of future negative consequences related to alcohol consumption;

- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Schmidt seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate.

If you or the court possess additional information about Mr. Schmidt's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Schmidt and yourself in this important matter.

Sincerely,



Ryan P. Smith MSW, LISW-S, LICDC, SAP  
SW Lic. #1.1000155-S, CD Lic. #101182  
cc: Mike Schmidt

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.