

September 5, 2016

Brett Waltner, Attorney  
801 East Ryan Drive  
Tea, South Dakota, 57064

**Re: Clinical Alcohol Assessment for Brendra Bailey Uihlein (DOB – 03/14/1954)**

Dear Ms. Waltner:

I performed a Clinical Alcohol for Ms. Uihlein in reference to her June 2016 DWI, open container, and controlled substance charges in Sioux Falls County. This assessment included a 45-minute clinical interview by telephone, review of her discovery packet, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 3 / *NEGATIVE SCREEN*; scores of 4 or more are indicative mild to moderate problem alcohol use, no direct indications of a present disorder, mitigate concerns with clinical recommendations (screen relative to lifetime use of alcohol)

**AUDIT:** score = 8 / *POSITIVE SCREEN*; scores of 8 or more indicate potential *hazardous use*, whereas scores of 13 or more in women indicate a *moderate to severe* disorder may be present, mitigate concerns with clinical recommendations (screen predominantly relative to current use of alcohol)

**Alcohol Use Risk Factors:**

- ☐ legal history – denies previous history
- ☒ severity of incident –possession of a controlled substance, high BAC (.219)
- ☒ anxiety/depression/mental health – phobia of flying, history of mild anxiety symptoms
- ☐ general health issues – NA
- ☐ exposure to trauma – NA
- ☐ regular use of liquor – when flying
- ☐ other substance use – NA
- ☐ contraindicated prescription use – NA
- ☐ family history – none reported
- ☐ prior treatment history – NA
- ☐ negative peer influence – NA

- ☐ at-risk work environment – NA
- ☐ current stress (relational, work, financial, etc.) – NA

Summary - 2 of 13 concerns, mitigate concern with clinical recommendations

**Clinical Interview/Summary:** Ms. Uihlein's written screenings provided indications of a likely mild to moderate alcohol use disorder. She was open in the clinical interview and shared information indicating 4 problem alcohol use symptoms (see below). While Ms. Uihlein does not have a history of daily alcohol use, she does consume more than what is recommended by the NIAAA for women's low-risk drinking.

**DSM-5 Alcohol Use Disorder Symptoms:**

- ☐ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☒ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Physically hazardous use
- ☒ Continued use despite knowledge of contraindicated physical or psychological condition
- ☒ Tolerance
- ☐ Withdrawal symptoms

Summary - 4 of 11 symptoms (Mild 2-3 | **Moderate** 4-5 | Severe 6+)

**DSM-5 DIAGNOSIS in Reference to Substances:** F10.20 Moderate Alcohol Use Disorder

**Treatment Recommendations:**

- 1) Attend a local MADD Victim Impact Panel; see <http://www.madd.org/local-offices/> for local meeting locations and times;
- 2) Outpatient Counseling – 5-9 preliminary outpatient sessions with a professional substance abuse counselor; clarify if abstinence period or reduced use is the appropriate treatment plan goal; follow-up provider to update recommendations after preliminary period or discharge as appropriate;
- 3) If unable to reach treatment goals (abstinence or reduced use), Ms. Uihlein is advised to consult with her follow-up provider regarding additional treatment and support (Intensive Outpatient Program, 12 step meeting attendance, etc.).

If you or the court possess additional information about Ms. Uihlein's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Uihlein, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA

Cert.# 150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948

cc: Brenda B. Uihlein

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.