

October 19, 2015

Samuel M. Hausman, Attorney
100 Copeland Drive, Suite 4
Mansfield, MA 02048

Re: Clinical Alcohol Assessment for Timothy Abbott

Dear Mr. Hausman,

I performed a Clinical Alcohol Assessment for Mr. Abbott in reference to his history of alcohol dependence and current effort to restore his driver's license. This assessment included a full clinical interview by phone and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening
- A review of documentation from Meadowbrook Campus regarding Mr. Abbott's proof of completion of the Men's Addiction Treatment program in February 2010
- A review of collateral support letters and employer's request for hardship license consideration

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 12 / *POSITIVE SCREEN* for history of alcohol dependence

AUDIT: score = 0 / *NEGATIVE SCREEN* in reference to any recent alcohol use; scores of 8 or more indicate hazardous use, of 13 or more (women), 15 or more (men) indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions) (note: this screening would result in a *positive screen* if scored using a timeframe prior to January 11, 2010)

DSM/Other Substance Related Concerns: prior to 2010 Mr. Abbott manifested all 11 of the DSM-5 alcohol use disorder symptoms at one time or another and many of them simultaneously

Present Use Status: reports complete abstinence from alcohol since January 11, 2010 subsequent to Massachusetts Section 35 mandated treatment, intends to remain abstinent for duration of his life

Anxiety/Depression Screening: no clinically significant concerns reported at the present time

Substance Related Legal History Reported: DUI history (4) 6/16/91, 12/17/91, 9/9/92, 1/16/09

Clinical Interview/Summary: Mr. Abbott's written screenings provided overt indications of an alcohol use disorder at the severe level as his DUI history suggests. He reported early exposure to alcohol use (13 y.o.) with semi-regular use at age 15. From the age of 21 to age 41 he was in and out of AA and intermittently sober (longest period being 5 months). In 2009 he had another high test DUI in Massachusetts and continued to drink excessively. He came under Section 35 mandated treatment in January of 2010 and completed an inpatient program followed by completion of an intensive outpatient program. He also served time in jail (180 days served/18 months of probation) related to his DUI history and was discharged on 8/25/2010.

Mr. Abbott reports that he has been abstinent from alcohol for the past 5 years and 9 months and is seeking hardship consideration to restore his license in order to continue gainful employment with Cooke Construction with whom he has been employed for 16+ years.

I reviewed a collateral letter from Timothy O'Leary, an individual who has known Mr. Abbott for over 30 years and who is an active duty police detective with the Foxborough Police Department [capitalize?]. I found this letter to be articulate and meaningful in assessing Mr. Abbott's claimed sobriety.

I reviewed a collateral letter from Christopher R. Booth, who has known Mr. Abbott, also for about 30 years and who is an active duty Massachusetts state trooper. I also found this letter to be articulate and meaningful in assessing Mr. Abbott's claimed sobriety.

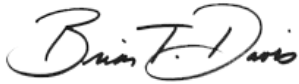
The overall interview with Mr. Abbott was persuasive regarding his claimed sobriety. He was articulate about his own 12 step program, about his support system, and about his continued motivation to remain sober. I believe his collateral support is also meaningful as I find it unlikely that he would be able to find two law enforcement professionals willing to attest to his character and his ongoing sobriety. In my best clinical judgment it appears that Mr. Abbott is truly in sustained full remission from his alcohol use disorder and currently at low risk for relapse.

DSM 5 DIAGNOSIS in reference to substances: 303.90 (severe alcohol use disorder in full sustained remission)

Treatment Recommendations: I have no formal professional treatment recommendations for Mr. Abbott at this time. I do however, recommend that he maintain his informal relationships with two previous AA sponsors, Tom and Tim.

Thank you for the opportunity to assist Mr. Abbott, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Timothy Abbott

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.