

July 21, 2016

Christopher Minnillo, Attorney 1500 W 3rd Ave #210 Columbus, OH 43212

Re: Clinical Alcohol Assessment for Robert Fitzpatrick (DOB – 04/17/1987)

Dear Mr. Minnillo:

I performed a Clinical Alcohol Assessment for Mr. Fitzpatrick in reference to his OVI charge in Franklin County. This assessment included a 70-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorders Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 5 / *POSITIVE SCREEN*; direct indication of problem alcohol use, address concerns with clinical recommendations

AUDIT: score = 7 / NEGATIVE SCREEN; scores of 8 or more indicate hazardous use, scores of 15 or more in men indicate moderate to severe disorder present

DSM - 5 Alcohol Use Symptoms:

□ Persistent desire or unsuccessful efforts to reduce/quit use – reduce efforts "2-3"
Substantial time spent obtaining, using, or recovering from use − 1 out of 5 uses
resulting in hangover
☐ Strong craving/desire – not found
☐ Failure to fulfill a major role (work, home, school) – denies work related problems
☐ Use despite recurrent social/interpersonal problems – not found
☐ Important social, occupational, recreational activities relinquished – not found
□ Physically hazardous use – OVI history
\square Continued use despite knowledge of contra physical or psychological condition - NA
□ Tolerance – 2 prior high test OVIs, shows ability to drink moderately yet also ability
to drink excessively and maintain basic functioning
☐ Withdrawal symptoms – not found (not recommending de-tox services)
Summary - 5 of 11 symptoms

Clinical Interview/Summary: Mr. Fitzpatrick's written screenings provided clear indications of an alcohol use disorder at least at a moderate level. While Mr. Fitzpatrick does not have a history of daily alcohol use, or excessive use on each occasion he does appear to have difficulty controlling his use of alcohol on a frequent basis. He was open in the clinical interview and shared information indicating 5 problem alcohol use symptoms (see above). This suggests a DSM-5 moderate alcohol use disorder and appropriate treatment recommendations can be found below. Mr. Fitzpatrick displayed a favorable attitude toward completion of these recommendations.

DSM-5 DIAGNOSIS in Reference to Substances: F10.20 (moderate alcohol use disorder)

Treatment Recommendations:

- 1) <u>Complete an Intensive Outpatient Program</u> (recommend Cornerstone of Recovery at 614-889-0000 or Dublin Springs at 614-717-1800);
- 2) Monitoring 6 months of monitoring with a substance abuse professional after initial IOP completion, meeting frequency at discretion of counselor;
- 3) <u>Abstinence</u> abstaining from alcohol for one year minimum or duration of probation (whichever is longer), any consideration of resuming alcohol use should be done only in consultation with a substance abuse professional;
- 4) <u>If abstinence is compromised</u> it is likely that an increased level of treatment will be recommended (inpatient or residential treatment).

If you or the court possess additional information about Mr. Fitzpatrick's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Fitzpatrick, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Robert Fitzpatrick

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or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

