

August 19, 2016

William H. Nesbitt, Attorney
The Koffel Law Firm
1801 Watermark Drive, Suite 350
Columbus, Ohio 43215-7093

Re: Clinical Alcohol Assessment for Zachary F. Ruff (DOB – 04/28/1992)

Dear Mr. Nesbitt:

I performed a Clinical Alcohol Assessment for Mr. Ruff in reference to his OVI charge in Franklin County. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorders Identification Test (AUDIT)
- A general anxiety/depression screening
- A collateral in-person interview with Mr. Ruff's mother

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct indication of problem alcohol use

AUDIT: score = 0/ *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present

Alcohol Use Risk Factors:

Concerns/Risks

- ☐ previous legal history – denies prior history
- ☐ severity of incident – low severity
- ☐ anxiety/depression/mental health – not found
- ☐ other substance use – denies other substance use and no legal history
- ☐ family history – none discovered or reported
- ☐ prior treatment history – NA
- ☐ peer influences– NA
- ☐ work environment – NA
- ☐ contraindicated prescription use – NA
- ☐ general health problems – NA
- ☐ current family stress – NA

Summary - 0 of 11 concerns found, low risk profile

DSM - 5 Alcohol Use Symptoms: *Summary – 0 of 11 symptoms found, no diagnosis*

Clinical Interview/Summary: Mr. Ruff's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his irregular and infrequent use of alcohol before this charge, and his use was typically limited to 1-2 drinks (beer). He reported no difference in the amount consumed if he was attending a special event or celebration.

Mr. Ruff and I discussed his OVI incident and general use of alcohol at length. Mr. Ruff has refrained from using alcohol since the incident and plans to do so indefinitely. My impression is that he is genuinely remorseful and has gained important personal insight from this incident. I also spoke with his mother (without Mr. Ruff present) for further confirmation of this impression and to explore what concerns she might have. No further concerns were found and I did not find suspicion or evidence that Mr. Ruff has previously or recently met criteria for a DSM-5 alcohol use disorder.

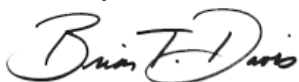
DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: Having found no basis for a DSM-5 alcohol use disorder I have no further recommendations for Mr. Ruff at this time. I support his choice to refrain from using alcohol. If Mr. Ruff chooses to use alcohol at a later date he is advised to be vigilant to avoid hazardous or excessive use and should be further evaluated by a substance abuse professional if he experiences any negative consequences from such use.

If you or the court possess additional information about Mr. Ruff's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Ruff, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Zachary F. Ruff

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.