

April 8, 2014

Belinda Hurley, PO City of Franklin Probation Department 400 Anderson St., Suite B Franklin, OH 45005

Re: Clinical Alcohol Assessment for Todd Butchko

Dear Ms. Hurley:

I performed a Clinical Alcohol Assessment for Mr. Butchko in reference to his 2013 Ohio OVI charges. This assessment included the administration of: a MAST, an AUDIT, an anxiety/depression screening, and a clinical interview. The following are my findings and recommendations:

MAST: score = 8; symptoms indicate problem alcohol use at a level of clinical concern (high likelihood of moderate to severe alcohol use disorder)

AUDIT: score = 3; less indicative of problem alcohol use symptoms than the MAST **Present Status Alcohol:** reported abstinence with personal recovery work since April 2013 **DSM/Other Substance Related Concerns:** acknowledged concerning symptoms such as conflicts with significant others related to his alcohol use, memory impairment, morning alcohol use; 2 OVIs within 3 months also provide clear indication of increased use in 2013 (tolerance indicated)

Anxiety/Depression Screening: no clinically significant concerns reported at the present time, reported enjoying work, relationships and recovery

Substance Related Legal History Reported: January 2013 OVI & March 2013 OVI **Motivation/Change:** clinical impression that he clearly possesses the insight, community & family support, and motivation to continue his sobriety/recovery

Clinical Interview/Summary: Mr. Butchko's written screenings provided immediate indication of previous problem alcohol use at a clinical level of concern. He was very forthright in acknowledging a number of symptoms in both the written screenings as well as the interview. These symptoms appear to have emerged during a time of significant personal loss and stress beginning in late 2012. After his second OVI charge he began to seek assistance via AA and eventually completed both Intensive Outpatient and an Inpatient program successfully. He can provide you with documentation of programs and meeting attendance upon request. Mr. Butchko impressed me as someone who was genuinely working on a good recovery program. We spent a portion of our time discussing relapse prevention principles and the importance of a "watchful" approach. My recommendations below will simply focus on a continuation of his current recovery program.

DSM 5 DIAGNOSIS in reference to substances: 303.90 moderate to severe alcohol use disorder, sustained full remisssion

Professional Recommendations: 1) <u>Meeting Attendance</u>; recommend continuation of his current frequency of 2-3 meetings per week; 2) <u>Seek Sponsor</u>; recommend finding a sponsor who would provide long term monitoring and check-in support; 3) <u>Permanent Abstinence</u>; resuming alcohol use at any point not advised; 4) <u>If Relapse</u> occurs, seek additional assessment and follow all treatment recommendations.

Thank you for the opportunity to assist Mr. Butchko in his probationary compliance. If you have any additional questions about his condition, please request a signed release of information and I will be glad to assist further.

Sincerely,

Brian Davis, LISW-S, SAP

cc: Todd Butcko

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