

January 9, 2016

Jerome Phillips, Attorney  
420 Madison Avenue, Suite 1101  
Toledo, OH 43604

**Re: Clinical Alcohol Assessment for Zyad Chaudhary (DOB: 7/13/82)**

Dear Mr. Phillips:

I performed a Clinical Alcohol Assessment for Mr. Chaudhary in reference to his *disorderly conduct* charge on November 28, 2015 in Lucas County. This assessment included a clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 4 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

**AUDIT:** score = 1 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women, scores of 15 or more in men indicates *moderate to severe* disorder present (respondent appeared to provide forthright responses to questions)

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 substance related symptoms found. denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Present Use Status:** presently not using alcohol.

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** acknowledges DUI charge in 2014.

**Clinical Interview/Summary:** Mr. Chaudhary's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol *prior to* this charge as 1-2 drinks on 1 or less

occasions per week. He also acknowledged use of 2-4 drinks on 2-3 special occasions (weddings, birthdays, etc.) per year.

Mr. Chaudhary and I discussed his disorderly conduct incident and general use of alcohol at length. I found him to be forthcoming throughout the interview and there was no indication of minimization of his alcohol consumption on the evening of his charges. Mr. Chaudhary did indicate to me that this incident occurred on Thanksgiving evening while he was having dinner with an out of town friend. Mr. Chaudhary admits that as the evening proceeded and more friends began to gather, he exceeded his normal use of alcohol. Prior to police being called, he indicated that late that evening he walked to a nearby restaurant to charge his cell phone, get something to eat and arrange to get a ride home. He denied any sort of confrontation or aggression on his part towards any restaurant staff or the officer who arrived at the scene.

We also discussed at length Mr. Chaudhary's prior DUI incident to gain perspective of any concerning pattern related to overuse of alcohol. Upon interview, I discovered that this incident was also on a holiday where Mr. Chaudhary chose to drink in excess. I did find that both incidents were an aberration to his normally low risk and moderate drinking behaviors. Mr. Chaudhary denied using alcohol since his charges and has no plans to resume use. He feels that this is the most judicious way for him to avoid any alcohol related incidents going forward.

Mr. Chaudhary indicated that he did he have restricted driving privileges as well as attended an alcohol education class in 2014. After carefully considering his charges, the negative results of both his clinical interview and alcohol screening (AUDIT and MAST scores) and due to the fact that this was not an alcohol related *driving* incident, I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. Therefore, I have no further treatment recommendations. If the court possesses additional information about Mr. Chaudhary's use of alcohol that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

**DSM-5 DIAGNOSIS in reference to substances:** Z03.89 (suspected substance use condition not found)

#### **Treatment Recommendations:**

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Chaudhary seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Chaudhary, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP

LIC # 079668-1

cc: Zyad Chaudhary

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.