

March 25, 2016

William H. Nesbitt, Attorney
The Koffel Law Firm
1801 Watermark Drive, Suite 350
Columbus, OH 43215-7033

Re: Clinical Alcohol Assessment for Emily Elizabeth Kohrs (DOB – 01/28/1991)

Dear Mr. Nesbitt:

I performed a Clinical Alcohol Assessment for Ms. Kohrs in reference to her physical control charge in Franklin County (11/15/2015). This assessment included a 40-minute clinical interview by videoconference, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening
- A review of the prosecution discovery packet for 11/15/15 OVI charge

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct indication of alcohol use diagnosis, clarify reasons for score of "2" and mitigate with clinical recommendations

**AUDIT:** score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women *moderate to severe* disorder present

## **Alcohol Use Risk Factors:**

Concerns/Risks

- legal history 5/2013 OVI (high test)
- anxiety/depression NA
- other substance use NA
- family history 2 blood related family members with history
- prior treatment history NA
- peer influences- NA
- work environment NA
- contraindicated prescription use NA
- general health problems NA
- current family stress NA

Summary - 2 of 10 concerns/ mitigate with clinical recommendations

Anxiety/Depression Screening: no clinically significant concerns reported

**Clinical Interview/Summary**: Ms. Kohrs' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol before this charge as 1-2 drinks on 0-1 occasions per week.

Ms. Kohrs and I discussed her OVI incident, general use of alcohol, and I reviewed the discovery documents provided by her attorney which included two officer reports of the 11/15 arrest.

While I did not find sufficient evidence to make a DSM-5 alcohol use disorder diagnosis, I have some concerns about risks related to Ms. Kohr's use of alcohol (see above). Accordingly, I am making recommendations I believe are appropriate to mitigate those concerns going forward.

**DSM-5 DIAGNOSIS in Reference to Substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

- 1) Attend a local MADD Victim Impact Panel; 5900 Roche Dr. #250 Columbus, OH 43229, Phone 614.885.6233 email oh.state@madd.org;
- **2)** Preventative Education 6 hrs. of Ohio Health's Drug/Alcohol Awareness Series (Riverside Methodist Hospital contact 614-566-3700), recommend week 1 & 2 of the 3-week series;
- 3) Outpatient Counseling 1 outpatient sessions with a professional substance abuse counselor after completion of recommendations 1 & 2; update recommendations at conclusion of session or discharge as appropriate;
- 4) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Ms. Kohrs seek an increased level of treatment or extended outpatient substance abuse counseling as appropriate.

If you or the court possess additional information about Ms. Kohrs' use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.



Thank you for the opportunity to assist the court, Ms. Kohrs, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Emily Elizabeth Kohrs

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**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

