

January 13, 2015

Baca County Court  
741 Main Street  
Springfield, CO 81073

**Re: Clinical Alcohol Assessment for Adam Wurst**

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Wurst in reference to his *careless driving* charge in January of 2015 in Baca County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST: NEGATIVE SCREEN;** no direct or indirect indication of problem alcohol use

**AUDIT:** score = 4 / **NEGATIVE SCREEN;** scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 symptoms present / denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Wurst's written screenings provided no indication of an alcohol use disorder. He reported his normal use of alcohol as 2-4 drinks on 2-4 occasions per month. He also acknowledged use of 6-8 drinks on special occasions (weddings, birthdays, etc.) or about 4 occasions per year. He indicated that this amount is while eating and socializing within a 6-8 hour average timeframe. He was non-defensive in his demeanor and the interview did not reveal any inconsistencies or discrepancies in written or verbal form. We discussed Mr. Wurst's *careless driving* charge at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. I believe this incident rather reflects a poor choice to drive on a minimal amount of sleep at an early hour in the morning following a family funeral. However, due to his charge and regular use of alcohol, I am recommending some preventative alcohol education. This should help Mr. Wurst avoid any future hazardous use of alcohol going forward.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

### **Treatment Recommendations:**

- 1) Preventative Education, recommend successful completion of a local 12 hour alcohol education class; Mr. Wurst will provide proof of successful completion to the court;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Wurst seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Wurst and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Adam Wurst

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.