

April 12, 2015

Jessie Plattenburg, Probation Officer
3301 County Road 138
Waite Park, MN 56302

Re: Clinical Alcohol Assessment for Chavez Goble

Dear Mr. Plattenburg:

I performed a Clinical Alcohol Assessment for Mr. Goble in reference to his underage drinking charge in Stearns County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; some indication of misuse of alcohol in the past 3 years

AUDIT: score = 6 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 alcohol related symptoms found

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: acknowledges 3 underage drinking charges in 2013 and one in 2014. (Mr. Goble was *not driving* in any of these occasions)

Clinical Interview/Summary: Mr. Goble's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported normal use of alcohol as 5-7 drinks on 1 or less occasions per week. He also acknowledged use of 6-8 drinks on special occasions (weddings, birthdays, etc.) or about 3 occasions per year. Mr. Goble and I discussed his underage drinking incidents and general use of alcohol at length. I found him to be forthcoming and the interview did not reveal discrepancies or inconsistencies in written or verbal form. Although I was unable to find him meeting DSM 5 alcohol use criteria, I had some concerns regarding the number of alcohol related incidents incurred, regular use of alcohol as a minor, as well as a positive family history of alcohol abuse. My clinical opinion is that Mr. Goble would greatly benefit from some outpatient sessions with a substance abuse counselor to learn some needed coping and problem-solving skills to help him avoid problems of a similar nature going forward.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Counseling, recommend 4-6 outpatient sessions with a professional substance abuse counselor; update recommendations at session six;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Goble seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Goble and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Chavez Goble

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.