

April 8, 2014

Jenna Crouch, Attorney Snohomish County Public Defender 3000 Rockefeller Avenue Everett, WA 98201

Re: Clinical Alcohol Assessment for Nathen Williams

Dear Ms. Crouch:

I performed a Clinical Alcohol Assessment for Mr. Williams in reference to his 2/23/2013 DUI .12 BAC charge (9/10/13 conviction). This assessment included the administration of: an AUDIT, a MAST, an anxiety/depression screening, a review of the arrest report and his drivers abstract from the State of Washington, and a clinical interview. The following are my findings and recommendations:

AUDIT (Alcohol Use Disorders Identification Test): score = 1; no indication of an alcohol use disorder at any level (mild, moderate, or severe)

MAST (Michigan Alcohol Screening Test): score =1; no indication of an alcohol use disorder at any level (mild, moderate, or severe)

DSM/Other Substance Related Concerns: <u>denied</u> subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, use to relieve emotional or work stress, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use; <u>acknowledged</u> one previous DUI (below)

Anxiety/Depression Screening: no clinically significant concerns reported Substance Related Legal History Reported: reported a 10/7/08 .083 BAC DUI reduced to a negligent driving conviction (confirmed on WA state drivers abstract)

Clinical Interview/Summary: Mr. Williams' written screenings provided no direct or subtle indication of an alcohol use disorder. He reported that for the past year he uses alcohol about once a month (maximum) and typically drinks 1-2 drinks. Prior to his 2013 DUI he acknowledged drinking 2-3 drinks about twice per month. I spoke with Mr. Williams at length about both of his DUI charges and the significant clinical concerns posed by having 2 such charges in a lifetime. Mr. Williams was articulate about, and had knowledge and personal insight about alcohol and drug use. He shared his MADD completion certificate (6/28/13) as well. Ultimately, because of the time lapse between his 2 DUI charges and lack of other detectable symptoms I was unable to find Mr. Williams meeting enough clinical criteria for a DSM 5 alcohol use diagnosis.

DSM 5 DIAGNOSIS in reference to substances: None Found

Recommendations: Since I was unable to find Mr. Williams displaying symptoms sufficient to justify a DSM 5 alcohol use disorder I have no further professional recommendations for him at this time. However, if Mr. Williams incurs another negative alcohol related incident (especially involving a motor vehicle), it is strongly

recommended that he complete a thorough assessment and submit to counseling with a substance abuse professional for a minimum of 6 months (12 session minimum), or a higher level of treatment as indicated by the circumstances.

Thank you for the opportunity to assist Mr. Williams in this important matter. If you have any additional questions about his condition, please request a signed release of information and I will be glad to assist further.

Sincerely,

Brian Davis, LISW-S, SAP

cc: Nathen Williams

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