

September 23, 2014

Grand County Sheriff's Department
670 Spring Street
Hot Sulphur Springs, CO 80451

Re: Clinical Alcohol Assessment for Barry Hong

Dear Grand County Representative:

I performed a Clinical Alcohol Assessment for Mr. Hong in reference to his adjudicated disorderly conduct charge involving alcohol use and a handgun. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute face-to-face videoconferenced clinical interview. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 4; *inconclusive screening* / 2 of 4 points in reference to alcohol use over 20 years ago

AUDIT: score = 2; *negative screening* / scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: mild tolerance evident in previous use

Anxiety/Depression Screening: intermittent insomnia, racing thoughts, denies any clinical mental health crisis

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Hong's written screenings provided no substantial indication of an alcohol use disorder. He reported his normal use of alcohol (prior to his abstinence date of 2/2012) as 1-3 drinks in the evening and also use in excess of that for work related social settings. (4-8 drinks over several hours). Mr. Hong readily admitted that he used poor judgment in carrying a handgun to an adjoining party while under the influence of alcohol. He denied having any prior legal history of a similar nature related to alcohol or firearms. He did acknowledge receiving two traffic tickets in his lifetime but denied those having any connection to alcohol or firearms. We discussed Mr. Hong's use of alcohol prior to his disorderly conduct charge and I concluded he probably met criteria for a mild alcohol use disorder. He reports that he has stopped all use of alcohol since then (2 years 7 months ago) and has had no trouble doing so. My overall clinical opinion is that Mr. Hong is presently not manifesting an alcohol use disorder of any kind. I advised him, for preventative purposes, to successfully complete a basic alcohol education class if he decides to resume use of alcohol in the future. We also discussed using health limits.

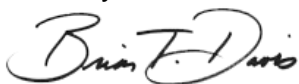
DSM 5 DIAGNOSIS in reference to substances: V 71.09 (none found); may prior to 2/2012 met criteria for mild alcohol use disorder

Treatment Recommendations:

- 1) If Mr. Hong chooses to resume use of alcohol after his probationary term ends, I recommend he complete a basic alcohol education course for preventative reasons. In particular I cautioned him about the tendency some individuals have towards self-medicating anxiety with alcohol, which can become very detrimental to overall health and well-being. If resuming alcohol use, recommend minimum 8 hour class in-person or online if allowable.
- 2) If Mr. Hong resumes use of alcohol and experiences another negative consequence or symptom related to the use of alcohol it is recommended he seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the Sherriff's department and Mr. Hong in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Barry Hong

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.