

November 8, 2016

The Honorable Judge Rhodes
Thatcher Municipal Court
3700 West Main Street
Thatcher, AZ 85552-5716

Re: Clinical Alcohol Assessment for Steven Wayne Sloan (DOB – 03/25/1975)

Dear Honorable Judge Rhodes:

I performed a Clinical Alcohol Assessment for Mr. Sloan in reference to his October 2015 DUI charge in Graham County. This assessment included a 45-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: POSITIVE SCREEN; indicative of an alcohol use disorder, mitigate concerns with clinical recommendations (screen relative to lifetime use of alcohol)

AUDIT: score = 11 / *POSITIVE SCREEN*; scores of 8 or more indicate potential *hazardous use*, whereas scores of 15 or more in men indicate a *moderate to severe* disorder may be present, mitigate concerns with clinical recommendations (screen predominantly relative to current use of alcohol)

Clinical Interview/Summary: Mr. Sloan's written screenings provided indication of an alcohol use disorder at some level. He was forthcoming in the clinical interview and shared information indicating 6 problem alcohol use symptoms (see below). Mr. Sloan described a reduction in his alcohol consumption since his DUI (no longer uses liquor) but despite intent to abstain indefinitely, he has been unsuccessful. Because he has been able to reduce his alcohol consumption without any apparent symptoms of withdraw and without any level of outside support, I find it reasonable for him to continue his attempt at sobriety at an outpatient level before seeking more intensive care. While a higher level of care may eventually be necessary, Mr. Sloan reported his use of alcohol has not interfered with his ability to perform regular 60-hour work weeks. He is considered clinically stable enough based upon his self-report and my clinical impressions to forgo an intensive-outpatient program or residential treatment unless and until any further notice from his follow-up counselor.

DSM-5 Alcohol Use Disorder Symptoms:

- ☒ Use beyond intention
- ☒ Persistent desire or unsuccessful efforts to reduce/quit use
- ☒ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Physically hazardous use
- ☒ Continued use despite knowledge of contraindicated physical or psychological condition
- ☒ Tolerance
- ☐ Withdrawal symptoms

Summary - 6 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: F10.20 Severe Alcohol Use Disorder

Treatment Recommendations:

- 1) Abstinence – abstaining from all alcohol use permanently, any consideration of resuming alcohol use should be done only in consultation with a physician and substance abuse professional;
- 2) Outpatient Counseling – 18-22 outpatient sessions with a professional substance abuse counselor; follow-up provider to update recommendations and discharge as appropriate;
- 3) Monitoring – bi-monthly monitoring with same counselor after initial counseling completed for 12 months, monitoring frequency and duration is subject to change at discretion of counselor;
- 4) If another negative consequence is incurred as a result of any alcohol use or if Mr. Sloan is unable to gain and maintain abstinence from alcohol, it is recommended Mr. Sloan seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Sloan's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Sloan, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA

Certificate # 150427

Reviewed by Ryan Smith, MSW, LISW-S, LICDC, SAP

SW Lic. #I.1000155-S; #101182

cc: Steven W. Sloan

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information, and third party verification can be provided as an additional service upon request.