

March 17, 2015

Joshua Werner, Attorney
944 Washington Street
Suite 2
South Easton, MA 02375

Re: Clinical Alcohol Assessment for Mark Miller

Dear Mr. Werner:

I performed a Clinical Alcohol Assessment for Mr. Miller in reference to his DUI charge in Plymouth County in March of 2010. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; clinical interview revealed misuse of alcohol in the past 20+ years, with no current use

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 substance related symptoms

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: acknowledges DUI charges in 1981 (34 years ago) and 1991 (24 years ago)

Clinical Interview/Summary: Mr. Miller's written screenings provided no indication of a current alcohol use disorder at any level (mild, moderate or severe). He reported that he has completely abstained from alcohol since May of 2011. Mr. Miller and I discussed his DUI incidents and at length as well as the factors that led to his sobriety. My clinical opinion is that he has made substantial and sustainable lifestyle changes, such as weekly AA attendance and the addition of sober supports that will continue to prevent the likelihood of alcohol related charges going forward. I was unable to find any current symptoms indicative of someone experiencing a DSM 5 alcohol use disorder; rather I found that Mr. Miller is in sustained full remission of alcohol dependence.

DSM 5 DIAGNOSIS in reference to substances: 303.90 Alcohol Dependence in sustained full remission

Treatment Recommendations:

- 1) Abstinence, recommend abstaining from all alcohol use permanently;
- 2) Continuation of AA attendance, and/or other sober living support group;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Miller seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Miller and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
Cc: Mark Miller

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.