

October 30, 2014

Dianna Scott
Grays Harbor County Dist. Court Probation Services
102 W. Broadway Rm. 105
Montesano, WA 98563

Re: Clinical Alcohol Assessment for James Corning

Dear Ms. Scott:

I performed a Clinical Alcohol Assessment for Mr. Corning in reference to his pending physical control charge in Harbor County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 40 minute videoconference clinical interview. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1/ *NEGATIVE SCREE*; no direct or indirect indication of problem alcohol use

AUDIT: score = 4/ *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, previous alcohol related legal charges, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Corning's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 2-3 drinks on 3-4 occasions per week. He also acknowledged use beyond this amount on rare occasions (about 3 times per year). We discussed Mr. Corning's physical control incident and general use of alcohol at length. While I did not find him meeting any DSM 5 alcohol use disorder criteria I did caution him about use beyond his normal 2-3 drinks and shared with him that I thought the mandatory Victim Impact Panel was an appropriate course of action for preventative purposes going forward.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Community Education, attend a local Victim Impact Panel;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Corning seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court and Mr. Corning in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: James Corning

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.