

October 6, 2016

Kari Armstrong, Attorney Strain Morman Law Firm 1134 Main Street Sturgis, SD 57785-1525

Re: Clinical Alcohol Assessment for Kevin R. Fortier (DOB – 04/12/1963)

Dear Ms. Armstrong:

I performed a Clinical Alcohol Assessment for Mr. Fortier in reference to his impaired driving charge in Meade County. This assessment included a clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorders Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct indication of problem alcohol use, mitigate concern items with educational and/or clinical recommendations

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present, mitigate concern items with educational and/or clinical recommendations

Alcohol Use Risk Factors:

Concerns/Risks
☐ previous legal history – denies prior history
⊠ severity of incident – high test impaired driving charge
☐ anxiety/depression/mental health – not found
☐ other substance use – not found
☐ family history – none reported
☐ prior treatment history – denies any history
□ peer influences – low risk
☐ work environment – low risk environment
☐ contraindicated prescription use – NA
☐ general health problems – NA
☐ current family stress – NA
Summary - 1 of 11 concerns, mitigate concern with educational recommendation

DSM - 5 Alcohol Use Symptoms:
☐ Use beyond intention
☐ Persistent desire or unsuccessful efforts to reduce/quit use
☐ Substantial time spent obtaining, using, or recovering from use
☐ Strong craving/desire
☐ Failure to fulfill a major role (work, home, school)
☐ Use despite recurrent social/interpersonal problems
☐ Important social, occupational, recreational activities relinquished
☐ Physically hazardous use
☐ Continued use despite knowledge of contra physical or psychological condition
☐ Tolerance
☐ Withdrawal symptoms
Summary - 0 of 11 symptoms found/detected

Clinical Interview/Summary: Mr. Fortier's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 2-3 drinks on 0-1 occasions per week. He reported no difference in the amount consumed if he was attending a special event or celebration. Since this incident he reports that he no longer uses alcohol at all.

Mr. Fortier and I discussed his DUI/impaired driving incident and general use of alcohol at length. It is plausible that his use of alcohol was situational rather than a pattern or behavior and his lack of any previous legal violations is congruent with his claim. While I did not find him meeting DSM-5 alcohol use disorder criteria I did note the risk associated with having a high BAC and especially while operating a motor vehicle. Accordingly, I am including one preventative recommendation to help him avoid future similar incidents.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) <u>Attend a local MADD Victim Impact Panel</u> visit <u>www.madd.org</u> for local meeting locations and times or in the event in-person attendance is not possible, visit <u>www.onlineimpactpanel.com/</u> or www.<u>sbconlinepanel.com/index.html</u>
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use it is recommended Mr. Fortier seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Fortier's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.



Thank you for the opportunity to assist the court, Mr. Fortier, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Kevin R. Fortier

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

