

March 5, 2013

John P.M. Rutan, Esq. Rutan Law 336 S. High St. Columbus, OH 43215

Re: Clinical Alcohol Assessment for Charles Willoughby

Dear Mr. Rutan:

I performed a Clinical Alcohol Assessment for Mr. Willoughby in reference to his public intoxication and disorderly conduct charges. This assessment included the administration of: an AUDIT, a MAST, an anxiety/depression screening, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol

**AUDIT:** score = 1; no apparent or overt signs/symptoms of an alcohol use disorder

MAST: score= 0; indicates no apparent problem alcohol use

**DSM/Other Substance Related Concerns:** denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, occasional use to relieve emotional or work stress, previous legal consequences, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Substance Related Legal History Reported:** a reckless operation conviction stemming from an impaired driving charge in college (approximately 7 years ago)

Anxiety/Depression Screening: no clinical symptoms reported or detected

Clinical Interview/Summary: Ms. Willoughby's written screenings were internally consistent and provided no indication of an alcohol use disorder. He reported his frequency of alcohol use as being once per week (or less) with consumption of 1-2 drinks. He also acknowledged use beyond this quantity on less than 10 occasions per year for special celebrations. (e.g. 6 drinks or less at a wedding or birthday celebration). He denied drinking and driving behavior since his reckless operation conviction in college and was articulate about transportation plans in cases where he was consuming alcohol. After reviewing his written screenings, a thorough interview, and discussion of his October 2013 legal charges, I was unable to find Mr. Willoughby meeting DSM 5 criteria for an alcohol use disorder at any level. We used some of our interview time for educational purposes, discussing subtle signs and symptoms of alcohol misuse that can lead to various levels of a clinical alcohol disorder.

**DSM 5 Alcohol Use Diagnosis:** None found

**Recommendations**: I have no further professional recommendations for Mr. Willoughby at this time.

Mr. Willoughby has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Brian Davis, LISW-S, SAP cc: Charles Willoughby