

December 10, 2014

Fort Collins Driver License Office 3030 S. College Ave., Ste. 100 Fort Collins, CO 80526

Re: Clinical Alcohol Assessment for Phillip Williams

DOB: 11/10/1994

Dear Driver License Office Representative:

I performed a Clinical Alcohol Assessment for Mr. Williams in reference to his license reinstatement application arising from his underage .021 BAC driving charge (May 2014) in Arapahoe County (adjudicated in Douglas County). This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an anxiety/depression screening, and a 60 minute clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**Reported Last Use of Alcohol:** reports abstinence from alcohol since May 2014 arrest which lead to license revocation

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct indication of problem alcohol use **AUDIT:** score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** clinical interview found 0 of 11 DSM 5 alcohol use disorder symptoms

Anxiety/Depression Screening: mild symptom complaints, no recent or current mental health crisis or suggestions of anxiety or depressive disorders

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges other than 5/2014 underage use and driving with .021 BAC

Clinical Interview/Summary: Mr. Williams' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported experimental use of alcohol associated with peer use in a college environment. We discussed his May arrest incident as well as his experiences with alcohol. Mr. Williams was quite articulate about the negative consequences he sees arising in other student's lives as a result of alcohol use. Further, he has developed a variety of alternative means to cope with college social settings, stress and negative peer environments. I found Mr. Williams presentation to be non-defensive and without contradiction or discrepancies which would raise suspicion about his claim that he has stopped using alcohol since his arrest in May of this year. My clinical impression is that he has never met criteria for a DSM 5 alcohol use disorder. Mr. Williams appears to have the means and motivation to continue abstinence and present with clarity about a goal-directed life as he pursues a

degree in Agricultural Business at Colorado State University and works part time jobs to support himself. I have no additional professional recommendations for him at this time.

## **DSM 5 DIAGNOSIS in reference to substances:**

**Recommendations**: Since I did not find Mr. Williams meeting criteria for a mild, moderate or severe alcohol use disorder and he is articulate about his plan to remain abstinent, I have no further professional recommendations for him at this time.

Thank you for the opportunity to assist the Driver License Office of Fort Collins and Mr. Williams in this important matter.

Sincerely,

Brian Davis, LISW-S, SAP

cc: Phillip Williams

**Prohibition Against Re-Disclosure**: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

