

April 14, 2015

Quantum Services 4284 North High Street Suite #1 Columbus, OH 43214

Re: Clinical Alcohol and Drug Assessment for Bryant Mawyer

Dear Quantum Services Representative:

I performed a Clinical Alcohol and Drug Assessment for Mr. Mawyer in reference to his positive workplace drug test in March of 2015. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), a Drug Abuse Screening Test (DAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

Substance(s) of Concern: screened for all substances; *marijuana primary* **MAST:** *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use **DAST:** score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem drug use

AUDIT: score = 3 / NEGATIVE SCREEN; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed *0 of 11* DSM 5 substance related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported Substance Related Legal History Reported: acknowledges previous DUI charge in 2005 (10 years ago)

Clinical Interview/Summary:

<u>ALCOHOL:</u> Mr. Mawyer's written screenings and clinical interview provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported normal use of alcohol as 2-4 drinks on 1 occasion or less per week. He also acknowledged use of 5-7 drinks on special occasions (weddings, birthdays, etc.) or about 5 times per year. Mr. Mawyer and I discussed his general use of alcohol at length but I was unable to find his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms.

<u>DRUG USE:</u> We discussed Mr. Mawyer's *positive workplace drug test* incident as well as the surrounding circumstances at length. He was non-defensive in demeanor and the interview did not reveal any discrepancies or inconsistencies in written or verbal form. Mr. Mawyer's written screenings and clinical interview also provided no indication of a drug use disorder. My clinical opinion is that social factors played a large part in his

decision to use marijuana before he tested positive in March of 2015. He seemed regretful over this decision and subsequent personal and professional ramifications that have resulted. Mr. Mawyer seems to have gained some helpful insight since incurring his positive test result that should lessen the likelihood of alcohol or drug related incidents going forward.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations: I have no further professional recommendations for Mr. Mawyer at this time. If he incurs additional negative consequences as a result of drug use I recommend he obtain an updated assessment and follow all professional recommendations.

Thank you for the opportunity to assist Mr. Mawyer and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Bryant Mawyer

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

