

September 27, 2016

Steven T. Fox, Attorney
The Steven T. Fox Law Firm
1335 Dublin Road, Suite 205-A
Columbus, Ohio 43215-7044

Re: Clinical Alcohol Assessment for Nicholas Hewett (DOB – 07/27/1982)

Dear Mr. Fox:

I performed a Clinical Alcohol Assessment for Mr. Hewlett in reference to his OVI charge in Licking County (9/16). This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 3 / *INCONCLUSIVE SCREEN*; interpret results in light of additional screening, mitigate concern items with clinical recommendations

AUDIT: score =8 / *INCONCLUSIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more indicate *moderate to severe* disorder present, utilize clinical interview to rule out DSM-5 alcohol use disorder

Alcohol Use Risk Factors:

- ☐ previous legal history – denies prior history
 - ☐ severity of incident – NA (low test, first lifetime charge)
 - ☒ anxiety/depression/mental health – depressive symptoms related to divorce and separation from his daughter
 - ☐ other substance use – NA
 - ☒ family history – none reported
 - ☐ prior treatment history – NA
 - ☐ peer influences– NA
 - ☒ type of use – alcohol use on occasion outside of NIAAA low risk guideline
 - ☐ work environment – NA
 - ☐ contraindicated prescription use – NA
 - ☐ general health – NA
- (continued)

☐ current family stress – NA

Summary -3 of 12 concerns, mitigate concerns with clinical recommendations

Clinical Interview/Summary: Mr. Hewlett's written screenings provided borderline indications of problem alcohol use but stopped short of indicating a DSM-5 alcohol use disorder. He reported his normal use of alcohol as 5-7 drinks on 1-2 occasions per week but has stopped using alcohol altogether since his OVI charge. He reported having no trouble or withdrawal symptoms as result of stopping use of alcohol.

Mr. Hewlett and I discussed his OVI incident and general use of alcohol at length. A more primary concern in my opinion is the depressive symptoms Mr. Hewlett reported. These appear to be directly related to his divorce and current lack of contact with his 10-year-old daughter. Mr. Hewlett has not lost custody but due to circumstances outside of his control his daughter currently lives in another state and he can only speak to her by phone for the time being.

While I did not Mr. Hewlett meeting enough criteria to diagnose a DSM-5 alcohol use disorder criteria I did note several risks and concerns associated with his past alcohol use (above). I would normally have made a proactive educational recommendation such as a DIP completion, but Mr. Hewlett was already scheduled for the Wellness DIP this coming weekend in Dublin. Otherwise I am recommending that he complete some counseling sessions with a counselor who can diagnose and treat potential depressive and substance use disorders for a holistic and preventive approach. In this context he could also further reflect on his past use of alcohol and obtain additional treatment or support if needed.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

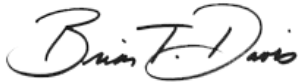
Treatment Recommendations:

- 1) Preventative Alcohol & Drug Education – complete the Wellness DIP as voluntarily indicated on weekend of 9/30-10/2;
- 2) Individual Outpatient Counseling – recommend 5-7 sessions with a professional counselor who can also diagnose and treat substance use disorders, update recommendations at session 5 or discharge from treatment as appropriate;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Hewlett seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Hewlett's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Hewlett, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Nicholas Hewlett

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.