

April 17, 2015

Brown County Municipal Court
770 Mount Orab Pike
Georgetown, OH 45121

Re: Clinical Alcohol Assessment for Teddy Paytes

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Paytes in reference to *custody retention* in Brown County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: POSITIVE SCREEN; clinical interview revealed some indication of misuse of alcohol over the past 2 years

AUDIT: score = 9 / **POSITIVE SCREEN;** scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 3 of 11 DSM 5 alcohol related concerns present

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Paytes written screenings provided some indication of a mild to moderate alcohol use disorder. He reported his normal use of alcohol as 2-4 drinks on 5-6 occasions per week. He also acknowledged use of 8-10 drinks on special occasions (weddings, birthdays, etc.) or about 12 occasions per year. I do commend Mr. Paytes for his choice to decrease his drinking within the past year; however his current use is still indicative of some excessive and potential problem alcohol use. In addition, Mr. Paytes does have a positive family history for alcoholism which is a significant risk factor for overuse and potential dependence. Therefore, I am recommending some sessions with a substance abuse counselor to further evaluate his current use, help him to gain support to decrease the susceptibility of overuse and for prevention planning purposes going forward. Although Mr. Paytes did not agree with my professional clinical opinion regarding his use, he is free to seek additional clinical assessment to dispute my opinion if he chooses to do so.

DSM 5 DIAGNOSIS in reference to substances: Rule out: 305.00 Mild to Moderate Alcohol Use Disorder

Treatment Recommendations:

- 1) Counseling, recommend 3-5 outpatient sessions with a professional substance abuse counselor; update recommendations at session five;
- 2) Monitoring, recommend 6 months of monitoring with same counselor after initial counseling completed, meeting frequency at discretion of counselor;

Thank you for the opportunity to assist the court, Mr. Paytes and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP

cc: Teddy Paytes

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.