

November 3, 2016

Matthew Gibson, Probation Officer
Muskingum County Court
27 North 5th Street
Zanesville, OH 43701-3450

Re: Clinical Alcohol Assessment for Kyle B. Dubov (DOB – 09/03/1989)

Dear Mr. Gibson:

I performed a Clinical Alcohol Assessment for Mr. Dubov in reference to his June 2015 OVI charge in Muskingum County. This assessment included a 55-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 6 / *POSITIVE SCREEN*; mitigate concerns with clinical recommendations (screen relative to lifetime use of alcohol)

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate potential *hazardous use*, whereas scores of 15 or more in men indicate a *moderate to severe* disorder may be present (screen predominantly relative to current use of alcohol)

Clinical Interview/Summary: Mr. Dubov's written screenings were indicative of an alcohol use disorder at some level. He was open in the clinical interview and shared information indicating three DSM-5 problem alcohol use symptoms leading up to his OVI incident last year (see below). While Mr. Dubov does not have a history of daily alcohol use or cravings, his previous use of alcohol exceeded what is considered to be "low-risk" for men by the NIAAA.

Mr. Dubov reported no apparent struggle with abstaining from alcohol since June of last year. He has completed a Driver Intervention Program as required by the court and reported compliance with 3 months SCRAM monitoring with no apparent problems or violations. While it would seem that Mr. Dubov is committed to long-term recovery, given his legal and mental health history, I am providing treatment recommendations in the remainder of this report in an effort to ensure he has the support that he needs to achieve long-term sobriety. These recommendations come with the understanding that he will continue to meet with his psychiatrist every 3 months OR as directed by his physician.

DSM-5 Alcohol Disorder Symptoms:

- ☒ Use beyond intention
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Physically hazardous use
- ☒ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 3 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: F10.10 Mild Alcohol Use Disorder**Treatment Recommendations:**

- 1) Prevention Planning – 4-5 sessions with a substance abuse professional; frequency of once per month;
- 2) Monitoring – 6 months of monitoring with same counselor after initial counseling completed, revision to meeting frequency and treatment duration at discretion of counselor;
- 3) Abstinence – abstaining from all alcohol use permanently, any consideration of resuming alcohol use should be done only in consultation with a physician and substance abuse professional;
- 4) If abstinence is compromised – it is likely that an increased level of treatment or additional support will be recommended (e.g. IOP, Inpatient, residential treatment, support group meetings, etc.)

If you or the court possess additional information about Mr. Dubov's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Dubov, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA

Certificate # 150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948

cc: Kyle B. Dubov

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information, and third party verification can be provided as an additional service upon request.