

March 3, 2016

Brad Koffel, Attorney
The Koffel Law Firm
1801 Watermark Drive, Suite 350
Columbus, OH 43215

Re: Clinical Alcohol Assessment for Robert Anthony Bellas (DOB – 01/10/1970)

Dear Mr. Koffel:

I performed a Clinical Alcohol Assessment for Mr. Bellas in reference to his October 2015 OVI charge in Franklin County. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present

## **Alcohol Substance Use Risk Factors:**

Concerns/Risks

- legal history denies previous history
- anxiety NA
- other substance use NA
- family history 2 blood-related family members with problem alcohol use
- prior treatment history NA
- peer influences— NA
- work environment NA
- contraindicated prescription use NA
- general health problems NA
- current family stress NA

Summary - 1 of 10 concerns = low risk profile

**Anxiety/Depression Screening:** mild anxiety symptoms, successfully managed under the care of physician

**Clinical Interview/Summary**: Mr. Bellas' written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 1-2 drinks on 2 occasions per month. He also reported no difference in the amount consumed if he was attending a special event or celebration.

Mr. Bellas and I discussed his OVI incident and general use of alcohol at length. I was unable to find the incident, his presentation, or overall history indicative of someone experiencing DSM-5 alcohol use disorder symptoms. As a preventative measure I am making one recommendation.

**DSM-5 DIAGNOSIS in Reference to Substances**: Z03.89 (suspected substance use condition not found)

## **Treatment Recommendations:**

1) Attend a local MADD Victim Impact Panel (Columbus - 614-885-6233, 2<sup>nd</sup> Thursday of each month, 600 E. 11<sup>th</sup> Ave., 7-8:15pm – register online at madd.org)

If you or the court possess additional information about Mr. Bellas' use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Bellas, and yourself in this important matter.

Sincerely,

Brian T. Davis, LISW-S, SAP

LIC# I-7948

cc: Robert Anthony Bellas

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**Diagnostic Conclusions / Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self- reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

