

February 11, 2016

Rick Sand, Attorney
Sand Law Office
340 N. Main St. Suite 209
Watford City, ND 58854

Re: Clinical Alcohol Assessment for Joel Jevning (DOB – 04/06/1964)

Mr. Sand,

I performed a Clinical Alcohol Assessment for Mr. Joel Jevning in reference to his September 2015 reckless driving conviction in Mountrail County, North Dakota. In addition to our 60-minute clinical interview conducted via telephone, this assessment included the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A General anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use

AUDIT: score = 2 / *NEGATIVE SCREEN*; scores of 8 or more indicate hazardous use, whereas scores of 15 or more in men indicate a moderate to severe disorder may be present

DSM-5/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, recurrent or repetitive alcohol use to relieve emotional or work stress, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance-Related Legal History Reported:

- DUI charge in 1997; .09 BAC
- September 2015 originally Reckless Driving conviction; BAC readings of .07 and .01 (determined legally inconclusive)

Clinical Interview/Summary: Mr. Jevning's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe.) He reported his normal use of alcohol leading up to this charge as 1-3 beers on a less than monthly basis. He

also acknowledged use of 3-5 drinks on special occasions (birthdays, holidays, weddings) on several occasions per year.

Mr. Jevning and I discussed his reckless driving incident and his general use of alcohol at length. He is tested for drugs and alcohol through his job on a monthly basis and over his 30-year tenure with the company, has never had a positive urine test for alcohol or other substances. Furthermore, he asserted that he has maintained a personal zero-tolerance stance towards driving under the influence since his DUI charge over 15 years ago; in this particular case however, I found the circumstances and his articulation of situation to be quite extenuating. Though drinking and driving at any level is clinically discouraging, I am also taking into account the fact that Mr. Jevning was not found to have a BAC over the legal limit and was not driving when arrested. In my best clinical judgment, I was unable to find the incident or his presentation indicative of someone experiencing DSM-5 alcohol use disorder symptoms.

DSM-5 DIAGNOSIS in reference to substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: There are no clinical recommendations at this time. If Mr. Jevning experiences legal or other negative consequences related to his use of alcohol, he is advised to seek further evaluation and complete all recommended treatment.

If you possess any additional information about Mr. Jevning's use of alcohol that may impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report. Thank you for the opportunity to assist the court, Mr. Jevning, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA
Cert.# 150427
cc: Joel Jevning

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.