

May 1, 2014

The Honorable Judge John R. Prokos Sweetwater County Courthouse 80 West Flaming Gorge Way, Ste. 206 Green River, WY 82935

Re: Clinical Alcohol and Drug Assessment for Alan Mandel

Dear Judge Prokos:

I performed a Clinical Alcohol and Drug Assessment for Mr. Mandel in reference to his pending marijuana possession charge. This assessment included the administration of: a MAST, a DAST, an anxiety/depression screening, a video-conferenced live clinical interview (50 minutes) and a review of his probationary terms from the court. The following are my findings and recommendations:

Substance(s) of Concern: alcohol, marijuana

**SASSI-3**: no scores indicative of an alcohol use disorder at any level (mild, moderate, or severe)

**MAST:** score = 0; no indications of problem alcohol use

**DAST:** score = 1; one point for possession arrest; raw score not overtly indicative of a substance use disorder.

**DSM/Other Substance Related Concerns:** denies subtle indicators of problem alcohol or drug use including mild hangovers, mild memory loss after use, occasional use to relieve emotional or work stress, previous legal consequences, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use **Anxiety/Depression Screening:** no clinically significant concerns reported **Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Mandel's written screenings provided no direct or indirect indications of an alcohol or drug use disorder. He reported very minimal use of alcohol and cannabis. Though alcohol use in British Columbia is legal at his age (20) Mr. Mandel reported use of 1-2 drinks on 2 to 3 occasions per month with no negative impact to his education, occupation, family or social life. Similarly he reported use of marijuana at an infrequent "social" level. Ultimately I was unable to find Mr. Mandel meeting criteria for a DSM 5 substance use disorder of any kind.

We spent a portion of our clinical interview discussing substance abuse prevention and basic substance use education. Specifically we discussed tolerance, withdrawal, and the 9 other symptoms that may signify a clinical substance use disorder if even 2 of the 11 symptoms were present during a 12 month period. Mr. Mandel was fully engaged, conversant and non-defensive during our interview.

## DSM 5 DIAGNOSIS in reference to substances: None found

**Treatment Recommendations**: I have no further professional recommendations for Mr. Mandel at this time. If he incurs any additional legal charge or significant negative consequence from the use of any substance I recommend that he meet with a substance abuse professional for further evaluation and follow all treatment recommendations.

Mr. Mandel has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Brian Davis, LISW-S, SAP

cc: Alan Mandel

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