

March 16, 2016

Shawn Richard Dominy, Attorney at Law The Dominy Law Firm 1900 Polaris Parkway, Suite 450 Columbus, OH 43240-2020

Re: Clinical Alcohol Assessment for Laura Frances Hodgin (DOB – 01/26/1991)

Dear Mr. Dominy:

I performed a Clinical Alcohol Assessment for Ms. Hodgin in reference to her January 2016 OVI charge in Franklin County. This assessment included a 50-minute in-person clinical interview, and the administration of:

- A Substance Abuse Subtle Screening Inventory (SASSI-3)
- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

SASSI-3: scores indicated an overall *low probability* for a moderate to severe alcohol use disorder; screening did not suggest further assessment for a mild alcohol use disorder; screening had a lifetime frame of reference

MAST: score = 3; score of 3-4 indicates an early to middle stage of problem drinking; two of the three points, however, are related to her two alcohol-related legal charges; screening has a lifetime frame of reference;

AUDIT: score = 1 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicates *moderate to severe* disorder present

Alcohol Use Risk Factors:

- family history = NA
- 1 prior DUI charge
- past excessive use of alcohol = NA
- prior substance use treatment = NA
- peer influences = NA
- work environment = NA
- contraindicated prescription use = NA
- anxiety or depression symptoms = mild; appear related to legal charge
- general health problems = NA
- current family stress = NA

Present Use Status: presently not using alcohol; unsure as to if or how long she plans to continue her present abstinence from alcohol

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: prior alcohol-related legal charge at age 19 (October 2011)

Clinical Interview/Summary: Ms. Hodgin's written screenings provided no overt indications of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol before this charge as 2-4 drinks on 2-4 occasions per month. She also acknowledged that her alcohol use may increase to 3-5 drinks on special occasions (e.g. weddings, birthdays, holidays) and that such occasions occur on or about 3-6 times per year.

Ms. Hodgin and I discussed her OVI incident, her prior alcohol-related legal charge, and her general use of alcohol at length. Her clinical interview revealed two instances of alcohol use beyond intention within the past twelve months and alcohol use despite negative consequences to her interpersonal relationships. Ms. Hodgin has attended a 72-hour Driver Intervention Program and has chosen to abstain from alcohol use at this time. At present she meets DSM 5 criteria for a mild alcohol use disorder, and I am recommending brief outpatient counseling to assist her in gaining awareness, insight, and adaptive coping skills as well as assisting in determining the best course of action for future alcohol use or continued abstinence.

DSM-5 DIAGNOSIS in Reference to Substances: F10.10 alcohol use disorder. mild

Treatment Recommendations:

- 1) Outpatient Counseling recommend 6 outpatient sessions with a professional substance abuse counselor; update recommendations or discharge as appropriate;
- 2) <u>If another negative consequence</u> is incurred as a result of any alcohol use, it is recommended that Ms. Hodgin seek further evaluation and follow any and all updated treatment recommendations.

If the court possesses additional information about Ms. Hodgin's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Hodgin, and yourself in this important matter.

Sincerely,



Ryan P. Smith

Ryan P. Smith MSW, LISW-S, LICDC, SAP SW Lic. #1.1000155-S, CD Lic. #101182

cc: Laura Hodgin

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

