

March 17, 2015

Brown County Municipal Court 770 Mt. Orab Pike Georgetown, OH 45121

Re: Clinical Alcohol and Drug Assessment for Brad Duryea

Dear Court Representative:

I performed a Clinical Alcohol and Drug Assessment for Mr. Duryea in reference to his *drug possession* charge in December of 2014. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), a Drug Abuse Screening Test (DAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

Substance(s) of Concern: screened for alcohol and all illicit substances/marijuana primary

MAST: screening revealed some misuse of alcohol over the past 8-10 years

DAST: score = 3 / NEGATIVE SCREEN; no direct indication of illicit substance use

AUDIT: score = 2 / NEGATIVE SCREEN; scores above 8 indicate hazardous use,

above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed *0 of 11* DSM 5 substance related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported Substance Related Legal History Reported: acknowledges 2 DUI charges, both in 2008.

Clinical Interview/Summary:

ALCOHOL: Mr. Duryea reported his normal use of alcohol as 1-2 drinks on 0-1 occasions per week. He also acknowledged use of 2-4 drinks on special occasions (weddings, birthdays, etc.) on about 3-5 occasions per year. Mr. Duryea acknowledged that social factors were a contributing factor to both of his charges in 2008 and seems to understand the serious ramifications of any misuse of alcohol going forward. His written screenings and clinical interview currently reveal moderate drinking behaviors with no indication of a DSM 5 alcohol use disorder present.

DRUG USE: We discussed Mr. Duryea's 2014 drug possession incident and surrounding circumstances at length. He did report that previous to his charges, he was smoking marijuana on 1 or less occasions per week. However, he maintains that he has stopped all marijuana use since being charged. My clinical opinion is that he has made positive and sustainable lifestyle changes to avoid future legal problems regarding substance use. However, due to 2 lifetime DUI's as well as his recent drug

possession charge, I am recommending that he engage in some online drug education as well as 2-3 sessions with a substance abuse counselor for further assessment and prevention planning.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) <u>Alcohol education</u>, recommend successful completion of a 16 hour drug and alcohol education class. Mr. Duryea will provide proof of successful completion to the court; (*recommended online drug and alcohol class: logancourtclasses.com*)
- Counseling recommend 2-3 outpatient sessions with a professional substance abuse counselor; update recommendations at session three for possibility of more sessions as determined by counselor;
- 3) If another negative consequence is incurred as a result of any alcohol or drug use it is recommended that Mr. Duryea seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Duryea and yourself in this important matter.

Sincerely,

Anita McLeod, LCSW, SAP

cc: Brad Duryea

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

