

March 20, 2015

Cass County Iowa DMV  
5 West 7<sup>th</sup>. Street  
Atlantic, Iowa 50022

**Re: Clinical Alcohol Assessment for License Reinstatement: Alan Lillard**

Dear DMV Representative:

I performed a Clinical Alcohol Assessment for Mr. Lillard in reference to his 2010 DUI charge in Cass County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical phone interview. The following are my findings and recommendations:

**MAST:** score = 2 / *negative screen*; no direct or indirect indication of problem alcohol use

**AUDIT:** score = 2 / *risk level=Zone 1*; Zone 1 scores refer to low risk drinking or abstinence

**DSM/Other Substance Related Concerns:** clinical interview revealed 0 of 11 DSM 5 symptoms present / denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Anxiety/Depression Screening:** no clinically significant concerns

**Substance Related Legal History Reported:** denies any previous history of alcohol or substance related arrests/legal charges

**Clinical Interview/Summary:** Mr. Lillard's written screenings provided no indication of an alcohol use disorder. He reported his normal use of alcohol as 1-2 drinks on 1 or less occasions per month. He also acknowledged use of a maximum of 2-3 drinks on special occasions (weddings, birthdays, etc.) or about 1-2 times per year. We discussed Mr. Lillard's DUI incident at length as well as any general habits involving alcohol. He was non-defensive in his demeanor and the interview did not reveal inconsistencies or discrepancies in written or verbal form. My clinical impression is that he does not meet criteria for someone experiencing a DSM 5 alcohol use disorder and it is quite possible that his DUI incident represents an aberration in his normal moderate and low risk drinking behaviors. Accordingly, I have no further professional recommendations.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:**

- 1) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Lillard seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Lillard, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP  
cc: Alan Lillard

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.