

May 5, 2015

Marisa L. Akamine, Clerk of Court
21 South State Street
Westerville, Ohio 43081

Re: Clinical Alcohol and Drug Assessment for Alex Caskey

Dear Ms. Akamine:

I performed a Clinical Alcohol Assessment for Mr. Caskey in reference to his OVI and paraphernalia charge in Delaware County and adjudicated in the Westerville Mayor's court. Mr. Caskey was referred to me from his March 2015 Driver Intervention Program after his personal screening raised concerns about a potential substance use diagnosis. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Drug Abuse Screening Test (DAST)
- General anxiety/depression screening
- 50 minute in-person clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 2 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

DAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: experiencing some anxiety related to legal consequences of his OVI charge but denies recent or current symptoms at the level of a mental health crisis

Substance Related Legal History Reported: disorderly conduct related to intoxication in public in 2013

Clinical Interview/Summary:

ALCOHOL - Mr. Caskey's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol

as 2-4 drinks on about 2 occasions per week, but also acknowledged limited social situations where he would consume more than that. Since this charge (Dec. 2014) he has been abstaining from all use of alcohol and reports no trouble doing so. Ultimately, his self-reporting did not reveal him meeting criteria for a DSM 5 alcohol use disorder and I found no hesitation, defensiveness or discrepancies in his reporting to suggest otherwise.

DRUG USE – Mr. Caskey acknowledged a history of marijuana use which he reported as decreasing to very infrequent use after graduating from college. He denied use of all other illicit substances including abuse or misuse of prescription drugs.

SUMMARY - Mr. Caskey reported that is now abstaining from all use of alcohol and marijuana as a result of the disruption (loss of license) and distress associated with these charges. He stated that, “since all of this has happened I don’t even want to mess with it”. He was also articulate about content from the Driver Intervention Program he completed in March (2015) and particularly the danger he placed others in by drinking and driving.

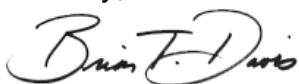
The DIP instructor did have legitimate concerns based on his reporting of alcohol and marijuana in college. However, in light of the recent changes made by Mr. Caskey (abstinence since his charge), his articulation of content learned at the DIP, and his awareness that his probation will continue to hold legal consequences in abeyance, I have no further professional recommendations for him at this time.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations: Since Mr. Caskey has successfully completed a Driver Intervention Program and is abstaining from all drug and alcohol use I have no further recommendations for him at this time. If he resumes alcohol or marijuana use in the future I advise that he meet with a substance abuse professional for further discussion and consideration to help avoid future negative consequences (legal and otherwise) associated with such use. If another negative consequence is incurred as a result of any alcohol or substance use it is recommended Mr. Caskey seek an increased level of treatment or extended outpatient substance abuse counseling as recommended by a substance abuse professional.

Thank you for the opportunity to assist the court and Mr. Caskey in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Alex Caskey

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.