

January 6th, 2014

Doug Funkhouser, Attorney at Law

Funkhouser Law Firm

729 S. Third Street

Columbus, OH 43215

Re: Substance Abuse Assessment for Megan Loftus

Dear Mr. Funkhouser:

I performed a basic substance abuse assessment for Ms. Loftus for her upcoming custody hearing. This assessment included the administration of: a SASSI-3, a MAST, a DAST, a depression screening, and a clinical interview. The following are my findings and recommendations:

Substance(s) of Concern: alcohol, opioid, stimulants, marijuana

SASSI-3: substance dependence: high probability; screening was valid with positive marks for rules # 7 & 9

MAST: score=2; indicates low risk of problematic alcohol use

DAST: score=11; indicates moderate to severe problem with other drug use

DSM/Other Substance Related Concerns: family history of alcohol and other substance use disorders

Depression Screening: client reported history of depression; further screening is warranted

Clinical Interview/Summary: Ms. Loftus' written screenings provided indication of a likely alcohol, opioid, and stimulant use disorder. She reported that she has been abstinent from all illicit substances since September 2013. Ms. Loftus' substance use history indicated a prior daily use of "bath salt" stimulants, weekly opioid use (both heroin and prescription pain medication, , She reported symptoms of memory impairment, negative impact on her family relationships, tolerance, and an acute withdrawal syndrome upon stopping her opioid use. She reported using alcohol, stimulants, heroin and opioid medication to deal with relational, familial, and anxiety as a primary coping method. She would likely receive great benefit from an Intensive Outpatient treatment setting where ongoing evaluation is available and where further screening for concomitant depressive and anxiety disorders is available. Inpatient treatment is not recommended at this time. My recommendations include some specific facility options for these services.

DIAGNOSIS in reference to substances: 304.00 Severe opioid use disorder; 304.40 Severe other

stimulant use disorder (bath salts); 305.70 mild cocaine use disorder; 303.90 moderate alcohol use disorder

Other diagnoses impacting client and substance use: 300.01 Panic disorder with agoraphobia

Recommendations: 1) Intensive Outpatient Program, recommend Cornerstone of Recovery (contact 614-889-0000); 2) Alternative to IOP, if financial resources do not allow for IOP then it is recommended that Ms. Loftus begin weekly outpatient counseling with a professional counselor who can treat both substance use disorder and mental health concerns; 3) Monitoring, recommend 12 months of monitoring after IOP is completed, meeting frequency at discretion of counselor; 4) NA meetings, recommend 2-3x weekly NA meetings for social support; minimum duration of one year; 5) If another negative consequence is incurred as a result of any substance use it is recommended Mrs. Freeman seek an updated evaluation and assess for the appropriateness of a higher level of care.

Ms. Loftus has signed a release to communicate the results of this assessment to you. Feel free to contact me should you have any questions about this assessment.

Sincerely,

Ryan Smith, LISW-S, SAP, LCDC-III

