



May 19, 2015

Safford Municipal Court
P.O. Box 272
Safford, AZ 85548

Re: Clinical Alcohol Assessment for German Sarabia

Dear Court Representative:

I performed a Clinical Alcohol Assessment for Mr. Sarabia in reference to his DUI charge in Safford County in December of 2014. This assessment included the administration of:

- Michigan Alcohol Screening Test (MAST)
- Alcohol Use Disorder Identification Test (AUDIT)
- General anxiety/depression screening
- Clinical interview by telephone

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screening appeared valid)

AUDIT: score = 0 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present (respondent appeared to provide forthright responses to questions)

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 alcohol related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Sarabia's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol *prior* to his December 2014 DUI incident as 2-3 drinks on 2 occasions per week either at home or during times of special celebration (weddings, birthdays, etc.). However, Mr. Sarabia states that he has completely abstained from all alcohol since the incident with no plans to resume use. Mr. Sarabia and I discussed his DUI incident, the circumstances existing on the evening of his charges and his general use of alcohol at length. He did indicate that an interlock device has been installed in his car as a result of the charges. In addition, he stated that he will be attending a safety prevention

course. I concur with the court's decision regarding this and am recommending that in addition, Mr. Sarabia engage in an online alcohol education course. My clinical opinion is that this will be an additional safeguard to educate him further regarding alcohol use as well acting as a preventative measure for him to avoid any future incidents involving alcohol.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Complete an online alcohol education class (16 hours) Mr. Sarabia will provide proof of completion to the court. (recommended sites: logancourtclasses.com or onlinealcoholclass.com);
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Sarabia seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Sarabia, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: German Sarabia

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.