

August 20, 2014

Jodi Feller, Prosecuting Attorney
Steuben County Prosecutor's Office
205 S. Martha Street, Ste. 107
Angola, IN 46703

Re: Underage Clinical Alcohol & Drug Assessment for Joshua Donahey

Dear Ms. Feller:

I performed an Underage Clinical Alcohol Assessment for Mr. Donahey in reference to his pending underage drinking charge in Steuben County on November 23, 2013. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 45 minute face-to-face videoconferenced clinical interview. The following are my findings and recommendations:

MAST: score =3; all 3 points relevant to a single misuse of alcohol, further screening advised

DAST: score=0; no direct or indirect indications of an illicit substance use disorder of any kind

DSM/Other Substance Related Concerns: denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous legal consequences, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Donahey's screenings provided no overt indication of an alcohol use disorder. He reported experimental use of alcohol of less than 10 occasions in his lifetime. We discussed at length, the November 23rd incident which caused him to go to the hospital and then a jail cell. Mr. Donahey seems to have gained significant insight into the nature of alcohol abuse and its potential to destroy what seems like a present path to a bright future. He stated clearly that he is abstaining from future underage use of alcohol. Ultimately, I was unable to find his presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. However, due to his age and a general college environment that tends to include and encourage underage drinking, I am recommending basic alcohol education for preventative purposes going forward.


DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Preventative Education, attend a local 5-8 hour Alcohol awareness class or complete an 8 hour online class such as those offered at certifiedcourtclass.com or logancourtclasses.com;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Donahey seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist Mr. Donahey in this important matter. If you have any additional questions about his condition, please request a signed release of information and I will be glad to assist further.

Sincerely,



Brian Davis, LISW-S, SAP
cc: Joshua Donahey

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.