

February 20, 2015

Kelly Williams, Probation Officer
Morgan County Court
37 Main Street
McConnelsville, OH 43756

Re: Clinical Alcohol Assessment for Michael Pfouts

Dear Ms. Koesters

I performed a Clinical Alcohol Assessment for Mr. Pfouts in reference to his *Criminal Trespassing* charge in Morgan County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: NEGATIVE SCREEN; no direct or indirect indication of problem alcohol use

AUDIT: score = 2 / **NEGATIVE SCREEN;** scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 substance related symptoms present

Anxiety/Depression Screening: no clinically significant concerns reported

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Mr. Pfouts written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol as 1-2 drinks on 1 occasion per week or less. He also acknowledged use of 2-3 drinks on special occasions (weddings, birthdays, etc.) or about 3-4 occasions per year. Mr. Pfouts and I discussed his *Criminal Trespassing* incident and general use of alcohol at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. Rather, I believe this incident represent an aberration from his normal moderate and responsible use of alcohol.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations: I have no further professional recommendations for Mr. Pfouts at this time. If he incurs additional negative or legal consequences as a result of alcohol use I recommend he obtain an updated assessment and follow all professional recommendations.

Thank you for the opportunity to assist the court, Mr. Pfouts and yourself in this important matter.

Sincerely,

A handwritten signature in black ink, appearing to read 'Anita McLeod', with a stylized, flowing script.

Anita McLeod, LCSW, SAP
cc: Michael Pfouts

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.