

August 25, 2016

Sylvia Gion, Clerk of District Court
Southwest Judicial District
Hettinger County Courthouse
336 Pacific Avenue
Mott, ND 58646-0668

Re: Clinical Alcohol Assessment for Joshua N. Schut (DOB – 10/06/1977)

Dear Ms. Gion.:

I performed a Clinical Alcohol Assessment for Mr. Schut in reference to his DUI charge in Hettinger County. This assessment included a full clinical interview and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorders Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use, mitigate concern items with educational and/or clinical recommendations

AUDIT: score = 4 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 15 or more in men indicate *moderate to severe* disorder present, mitigate concern items with educational and/or clinical recommendations

Alcohol Use Risk Factors:

Concerns/Risks

- ☐ previous legal history – denies prior history
- ☒ severity of incident – accident
- ☐ anxiety/depression/mental health – NA
- ☐ other substance use – NA
- ☒ family history – 1 blood related relative with problem alcohol use
- ☐ prior treatment history – NA
- ☐ peer influences– NA
- ☐ work environment – NA
- ☐ contraindicated prescription use – NA
- ☐ general health problems – NA
- ☐ current family stress – NA

Summary - 2 of 11 concerns, mitigate concern items with educational recommendations

DSM - 5 Alcohol Use Symptoms: *Summary - 0 of 11 symptoms found*

Clinical Interview/Summary: Mr. Schut's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his normal use of alcohol before this charge as 3-5 drinks on 1-2 occasions per week which fits within NIAAA/NIH acceptable range of use (at 220 lbs. body weight).

Mr. Schut and I discussed his DUI incident and general use of alcohol at length. He reported that this incident has impacted him such that he drinks with less frequency than prior to the incident and his presentation was open, non-defensive and his statements demonstrated he has gained personal insight from the experience. While I did not find him meeting DSM-5 alcohol use disorder criteria I did note 2 mild alcohol use risks (above) during the interview. Accordingly, I am including one preventative recommendation in the remainder of this report.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations:

- 1) Attend a local MADD Victim Impact Panel – visit www.madd.org for information on local panel times and locations (note: since the madd.org site does not show a Victim Impact Panel within 200 miles of your address I recommend the viponlinepanel.com to complete the recommendation online (<http://www.viponlinepanel.com/Check-Your-County.html>), I have no financial relationship with viponlinepanel.com;
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Schut seek further evaluation and follow all treatment recommendations.

If the court possess additional information about Mr. Schut's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Schut, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP
LIC# I-7948
cc: Joshua N. Schut

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.