

June 20, 2016

Derrick M. Lopez, Attorney
The Law Office of Derrick M. Lopez
1489 Highway 395 North
Gardnerville, NV 89410-5571

Re: Clinical Alcohol Assessment for Yevgeny Aleksandrovich (DOB – 09/14/1985)

Dear Mr. Lopez:

I performed a Clinical Alcohol Assessment for Mr. Aleksandrovich in reference to his disorderly conduct charge in Douglas County, Nevada. This assessment included a 45-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

☐ other substance use – NA

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

MAST: score = 0 / *NEGATIVE SCREEN*; no direct or indirect indication of problem alcohol use (screen relative to lifetime use of alcohol)

AUDIT: score = 0 / NEGATIVE SCREEN; scores of 8 or more indicate potential hazardous use, whereas scores of 15 or more in men indicate a moderate to severe disorder may be (screen relative to use of alcohol within the past 24 months)

Alconol Use Risk Factors:
☐ legal history – denies previous history
□ severity of incident – NA
☐ anxiety/depression/mental health – NA
☑ general health issues – currently recovering from mountain bike accident (non-alcohol related); sustained a severe concussion at this time
\square exposure to trauma – none reported outside of 2014 accident mentioned previously
☐ regular use of liquor – NA

contraindicated prescription use – NA
family history – none reported
prior treatment history – NA
negative peer influence – NA
at-risk work environment – NA
current stress (relational, work, etc.) – NA

Summary - 1 of 13 concerns, no concern to be mitigated through further intervention

Clinical Interview/Summary: Mr. Aleksandrovich's written screenings provided no indication of an alcohol use disorder at any level (mild, moderate or severe). He reported his last use of alcohol before his disorderly conduct to be 6-12 months prior to his biking accident in 2014. Prior to this, his regular use of alcohol was 1-2 beers on a less than monthly basis ("maybe 6 occasions in a year"). He reported no difference in the amount consumed if he was attending a special event or celebration. Mr. Aleksandrovich and I discussed his legal incident and general use of alcohol at length. I did not find Mr. Aleksandrovich's testimony to be suspect of minimization as he cited good reason (focus on physical recovery, active lifestyle) for not drinking in excess.

DSM-5 DIAGNOSIS in Reference to Substances: Z03.89 (suspected substance use condition not found)

Treatment Recommendations: Having found no identifiable risks and no basis for a DSM-5 alcohol use disorder, I have no further recommendations for Mr. Aleksandrovich at this time.

If you or the court possess additional information about Mr. Aleksandrovich's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Aleksandrovich, and yourself in this important matter.

Sincerely,

Trevor C. Davis, CDCA

Cert.# 150427



Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948 cc: Yevgeny Aleksandrovich

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Diagnostic Conclusions / **Limitations**: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.

