



April 3, 2014

Brad Roudebush, PO  
Delaware County Municipal Court  
70 N. Union St.  
Delaware, OH 43015

**Re: Clinical Alcohol and Drug Assessment for Cassandra West**

Dear Mr. Roudebush:

I performed a Clinical Alcohol and Drug Assessment for Ms. West in reference to her OVI conviction (6/2/13) and probation with you. This assessment included the administration of: a SASSI-3, a MAST, a DAST, an anxiety/depression screening, and a clinical interview. The following are my findings and recommendations:

**Substance(s) of Concern:** alcohol and general drug screen

**SASSI-3:** no scores indicative of an alcohol or drug use disorder at the moderate to severe level

**MAST:** score = 3; mild symptoms reported but denies recent problem use symptoms

**DAST:** score = 1; no indications of clinically significant problem symptoms from reported experimentation

**Anxiety/Depression Screening:** mild symptoms reported, denies mental health crisis

**DSM/Other Substance Related Concerns:** ALCOHOL - Denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, occasional use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use. Alcohol Risk Factors - shared that 3 relatives have struggled with problem alcohol use and reported partial memory loss on 2 occasions, the last one being 3 years ago.

DRUG - acknowledged some limited experimentation but denied habitual use of cannabis and prescription medication. Drug Risk Factors – none found at present.

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** Franklin county OVI within 1 year timeframe of the 6/2/13 arrest (exact date not available)

**Clinical Interview/Summary:** Ms. West's written screenings were internally consistent and did not contain direct or subtle signs of a current or recent alcohol or drug use disorder. She seemed forthright in disclosing information about past use of both alcohol and drugs and maintained that she has not used any illicit substances for over 3.5 years. Prior to the most recent OVI charge she reported drinking 2-3 drinks on 2 occasions per week. While I was unable to find Ms. West meeting criteria for an alcohol or substance use disorder I had some concerns about her family history and some personality features that could be risk factors in the future; especially considering she has had 2 OVI charges at a young age. She has accomplished basic alcohol/drug education (2<sup>nd</sup> Chance 72 hour DIP) and is articulate about material learned there. At

this time I believe she would benefit from some monitoring which could include additional evaluation and recommendations as an outcome.

**DSM 5 DIAGNOSIS in reference to substances:** None Found; continue to rule out alcohol use disorder

**Professional Recommendations:**

1) Prevention/Monitoring Counseling, recommend 3 sessions with a professional substance abuse counselor; 1 month between visits would help provide a longer term monitoring and evaluation period; counselor should update Ms. West and probation officer with any new recommendations or a discharge summary after session 3. If additional substance use/abuse occurs during this monitoring period it is recommended that outpatient counseling begin on a more frequent basis.

2) If another negative consequence from substance use is incurred after completion of the first recommendation it is recommended Ms. West seek further evaluation and follow all updated treatment recommendations.

Sincerely,



Brian Davis, LISW-S, SAP  
cc: Cassaundra West

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