

January 7, 2016

Steven T. Fox, Attorney  
The Steven T. Fox Law Firm  
1335 Dublin Rd, Suite 205-A  
Columbus, Ohio 43215

**Re: Clinical Alcohol Assessment for Lauren Hill (DOB - 11/08/1991)**

Dear Mr. Fox,

I performed a Clinical Alcohol Assessment for Ms. Hill in reference to her September 2015 OVI other charge in Delaware County. This assessment included a 50 minute in-person clinical interview and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 3, raw score is negative but clinical interview should be utilized for further clarity

**AUDIT:** score = 4 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicate *moderate to severe* disorder present

**Alcohol Use Risks/ Symptoms:** OVI history (3 lifetime charges at age of 24), some past susceptibility to overusing alcohol in environments where peers overuse alcohol

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** 2008 OVI (age 17), 2014 OVI (age 23), present charge

**Clinical Interview/Summary:** Ms. Hill's written screenings provided no overt indication of an alcohol use disorder at any level (mild, moderate or severe). She reported her normal use of alcohol as 2-4 drinks on 1-2 occasions per week. She also acknowledged use of 4-6 drinks on a special occasion (weddings, birthdays, etc.), or about 4 occasions per year. Though the written screenings and clinical interview did not yield overt signs and symptoms of a DSM-5 alcohol use disorder I found it very concerning that she had incurred three OVI charges within her lifetime. Furthermore, she noted that her incident history usually took place in the context of drinking with or around co-workers. While she is making plans to avoid working in environments that expose her to regular

consumption of alcohol she does not at this time have a strong and clear path to avoid working in a similar environment in the future. Out of this concern I am recommending she meet with a substance abuse professional who is able to address the following with her; a) reducing risks with regard to alcohol use; b) self-esteem and young adult transitions (occupational, educational and relationship goals and planning going forward).

If the court possesses additional information about Ms. Hill's use of alcohol that might aid in the accuracy of this assessment I would be happy to review it and consider any appropriate modifications or amendments to the present report.

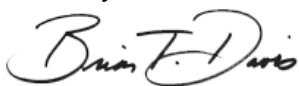
**DSM-5 DIAGNOSIS in reference to substances:** diagnosis deferred – additional diagnostic evaluation can occur in the context of recommended counseling

**Treatment Recommendations:**

- 1) Outpatient Counseling – 10-12 outpatient sessions with a professional substance abuse counselor who is also capable/willing to discuss young adult transitional issues, continue assessment of use of alcohol, after completion of 10-12 sessions the treating provider may discharge or make additional recommendations as appropriate; (I am recommending Kristin Batcheck, PC, CDCA at Directions Counseling Group or any counselor with equivalent mental health and substance abuse treatment credentials)
- 2) If another negative consequence is incurred as a result of any alcohol use it is likely that an increased level of treatment will be recommended (e.g. IOP, Inpatient, residential treatment, etc.)

Thank you for the opportunity to assist the court, Ms. Hill, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP  
LIC# I-7948  
cc: Lauren Hill

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.