

November 22, 2016

Melissa Shannon
Isabella County Trial Court
300 N. Main St.
Mt. Pleasant, MI 48858

Re: Clinical Alcohol and Drug Assessment for Bradley S. Mazur (DOB – 08/16/1996)

Dear Ms. Shannon:

I performed a Clinical Alcohol and Drug Assessment for Mr. Mazur in reference to his charge in Isabella County. This assessment included a 50-minute clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- A Drug Abuse Screening Test (DAST-10)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion, and professional recommendations:

MAST: score = 1 / *NEGATIVE SCREEN*; no direct or indirect indication of a present alcohol use disorder

DAST-10: score = 2 / *LOW LEVEL SCREEN*; point incurred for marijuana use outside of a medical context and use in-spite of disapproval from family members, no direct or indirect evidence of a present substance use disorder, mitigate concerns with clinical recommendations

Clinical Interview/Summary:

ALCOHOL – Mr. Mazur's written screenings provided minimal indication of an alcohol use disorder. He was open in the clinical interview and shared information indicating 2 problem alcohol use symptoms (see below). While Mr. Mazur does not have a history of daily alcohol use, his drinking habits are close to, but exceed what the NIAAA considers to be "low-risk" for men. I have provided treatment recommendations in an effort to discourage future problem use of alcohol and provide opportunity to practice more moderate drinking habits.

NON-PRESCRIPTION DRUG – Mr. Mazur acknowledged use of marijuana on approximately 1-2 social occasions per month. He denied experimentation and use of all other non-prescription substance use categories including: stimulants, hallucinogens, inhalants, opiates, etc. I found no part of Mr. Mazur's report about non-prescription drug use suspect of minimization or deception. While I failed to identify any current DSM-5

cannabis use disorder symptoms currently affecting Mr. Mazur at this time, I am recommending that he be further educated about this substance during the recommended counseling (see below).

PRESCRIPTION DRUGS COMMONLY MISUSED/ABUSED – Mr. Mazur denied recreational use of all prescription medications which are prone to abuse including: stimulant/ADD medications, narcotic painkiller medications, benzodiazepines, and sleeping medications. The interview did not reveal discrepancy with his written screenings, nor did he show signs of hesitation or verbal signs of minimization suggesting problem use of prescription medications.

DSM-5 Alcohol & Substance Use Disorder Symptoms:

- ☒ Use beyond intention (less than monthly)
- ☐ Persistent desire or unsuccessful efforts to reduce/quit use
- ☐ Substantial time spent obtaining, using, or recovering from use
- ☐ Strong craving/desire
- ☐ Failure to fulfill a major role (work, home, school)
- ☐ Use despite recurrent social/interpersonal problems
- ☐ Important social, occupational, recreational activities relinquished
- ☒ Physically hazardous use (less than monthly)
- ☐ Continued use despite knowledge of contraindicated physical or psychological condition
- ☐ Tolerance
- ☐ Withdrawal symptoms

Summary - 2 of 11 symptoms (Mild 2-3 | Moderate 4-5 | Severe 6+)

DSM-5 DIAGNOSIS in Reference to Substances: F10.10 Mild Alcohol Use Disorder

Treatment Recommendations:

- 1) Outpatient Counseling – 4-6 outpatient sessions with a professional substance abuse counselor; follow-up counselor to update recommendations and discharge when appropriate;
- 2) Attend a local Victim Impact Panel – MADD or other comparable in-person panel, see <http://www.madd.org/local-offices/> for locations and available times;
- 3) If another negative consequence is incurred as a result of any alcohol use it is recommended Mr. Mazur seek further evaluation and follow all treatment recommendations.

If you or the court possess additional information about Mr. Mazur's use of alcohol or drugs that might impact the outcome of this assessment, I would be happy to review it and consider appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Mr. Mazur, and yourself in this important matter.

Sincerely,



Trevor C. Davis, CDCA
CDCA.150427

Reviewed by Brian T. Davis, LISW-S, SAP LIC# I-7948

cc: Bradley S. Mazur

Prohibition Against Re-Disclosure: This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol and Drug Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information, and third party verification can be provided as an additional service upon request.