

February 9, 2016

Leo K. Howell III, Esq.  
Driscoll Howell LLC  
1275 Glenlivet Drive, Suite 100  
Allentown, PA 18106

**Re: Clinical Alcohol Assessment for Christine Pfleckl (DOB – 07/6/1981)**

Dear Mr. Howell,

I performed a Clinical Alcohol Assessment for Ms. Pfleckl in reference to her 2009 DUI charge and probationary requirements in Lehigh County. This assessment included a full clinical interview by telephone, and the administration of:

- A Michigan Alcohol Screening Test (MAST)
- An Alcohol Use Disorder Identification Test (AUDIT)
- A general anxiety/depression screening

The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 3 / *INCONCLUSIVE SCREEN SCORE*; no direct or indirect indication of problem alcohol use, all 3 points of concern related to DUI history between 6 and 14 years prior

**AUDIT:** score = 0 / *NEGATIVE SCREEN*; scores of 8 or more indicate *hazardous use*, scores of 13 or more in women indicate *moderate to severe* disorder present

**Alcohol Use Risk Factors:**

*Concerns*

- legal history- prior DUI charges 2002 (unknown BAC), 2005 (refused), 2009 (.09 BAC)

*No Concern*

- family history (NA)
- prior treatment history (NA)
- peer influences (changed social groups)
- work environment (NA)
- contraindicated prescription use (No Rx)
- general health problems (NA)
- current family stress (NA)

**Present Use Status:** denies use of alcohol for the past 5 years

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Clinical Interview/Summary:** Ms. Pfleckl stated that she recently became aware that her probation with the court was never terminated because she did not complete an independent alcohol assessment 6 years ago. In an effort to be in complete compliance with her probation terms she requested this alcohol assessment.

Ms. Pfleckl's written screenings were informative insofar as they highlighted the history of 3 DUI charges over her lifetime. Otherwise they were negative with respect to problem use symptoms and the clinical interview was used for further clarification.

She articulately reported that she made health, social and lifestyle changes after her last DUI in 2009, which lead to her abstaining from alcohol use altogether for the past 6 years. She reports being able to do so without withdrawal symptoms or formal treatment of any kind.

Ms. Pfleckl accepted full responsibility for her poor choices in regards to drinking and driving in the past. I found her presentation plausible and with evidence of self-awareness. She reports that she plans to abstain permanently from alcohol use going forward. Though I did not gain the impression that she necessarily qualified for an alcohol use disorder in the last 10 years, I am in support of her decision to abstain as she articulated many benefits to doing so.

**DSM-5 DIAGNOSIS in Reference to Substances:** Z03.89 (suspected substance use condition not found)

**Treatment Recommendations:** Having found no indications of Ms. Pfleckl having a DSM-5 alcohol use disorder I have no further professional recommendations for her at this time.

If the court possesses additional information about Ms. Pfleckl's use of alcohol that might impact the outcome of this assessment, I would be happy to review it and consider any appropriate modifications or amendments to the present report.

Thank you for the opportunity to assist the court, Ms. Pfleckl, and yourself in this important matter.

Sincerely,



Brian T. Davis, LISW-S, SAP  
LIC# I-7948  
cc: Christine Pfleckl

**Prohibition Against Re-Disclosure:** This information has been disclosed to you from records protected by Federal Confidentiality rules. The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 C.F.R Part 2. A general authorization for the release of medical or other information is not sufficient for this purpose. The Federal rules restrict any use of information to criminally investigate or prosecute any alcohol or drug abuse client. Drug abuse patient records are also protected under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), 45 C.R.R parts 160 & 165. (These conditions apply to every page disclosed and a copy of this authorization will accompany every disclosure.)

**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.