

October 12, 2014

Andrew Hayes, Attorney
222 North Fourth Street
Muskogee, OK 74401

Re: Clinical Alcohol Assessment for Kimberly Christensen

Dear Mr. Hayes:

I performed a Clinical Alcohol Assessment for Ms. Christensen in reference to her pending DUI charge in Muskogee County. This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical phone interview. The following are my findings and recommendations:

MAST: score = 2 / *negative screen*; no direct or indirect indication of problem alcohol use

AUDIT: score = 2 / *risk level=Zone 1*; Zone 1 scores refer to low risk drinking or abstinence

DSM/Other Substance Related Concerns: clinical interview revealed 0 of 11 DSM 5 symptoms present / denies subtle indicators of problem alcohol use including mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

Anxiety/Depression Screening: no clinically significant concerns

Substance Related Legal History Reported: denies any previous history of alcohol or substance related arrests/legal charges

Clinical Interview/Summary: Ms. Christensen's written screenings provided no indication of an alcohol use disorder. She reported that she does not normally drink alcohol. She stated that she may take a sip of a friend's beer on 1-2 occasions per year, but that otherwise, she does not drink alcohol. We discussed Ms. Christensen DUI incident at length as well as any general habits involving alcohol. She was non-defensive in her demeanor and the interview did not reveal inconsistencies or discrepancies in written or verbal form. My clinical impression is that she does not meet criteria for someone experiencing a DSM 5 alcohol use disorder and it is quite possible that her DUI incident represents an aberration in her normal abstinence from alcohol. However, due to the charges I am recommending some alcohol education for preventative purposes going forward.

DSM 5 DIAGNOSIS in reference to substances: V71.09 (none found)

Treatment Recommendations:

- 1) Preventative Education, recommend a local Wellness Driver Intervention or Alcohol Education Program (or online alcohol education course if acceptable to the court);
- 2) If another negative consequence is incurred as a result of any alcohol use it is recommended Ms. Christensen seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Ms. Christensen, and yourself in this important matter.

Sincerely,



Anita McLeod, LCSW, SAP
cc: Kimberly Christensen

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Diagnostic Conclusions / Limitations: Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.