

April 1, 2015

Gabe Carpenter, PO  
Circleville Municipal Court  
Circleville, OH 43113

**Re: Clinical Alcohol Assessment for Colton Chatfield**

Dear Mr. Carpenter:

I performed a Clinical Alcohol Assessment for Mr. Chatfield in reference to his OVI charge in Pickaway County (February 2014). This assessment included the administration of: a Michigan Alcohol Screening Test (MAST), an Alcohol Use Disorder Identification Test (AUDIT), an anxiety/depression screening, and a 50 minute clinical interview by telephone. The following items provide a summary of the screening results, my diagnostic opinion and professional recommendations:

**MAST:** score = 2 / *NEGATIVE SCREEN*; no direct indication of an alcohol use disorder

**AUDIT:** score = 4 / *NEGATIVE SCREEN*; scores above 8 indicate hazardous use, above 13 indicates moderate to severe disorder present

**DSM/Other Substance Related Concerns:** denies subtle indicators of problem alcohol use including pattern of mild hangovers, mild memory loss after use, repeat use to relieve emotional or work stress, previous treatment, conflict with significant others during or shortly after use of alcohol, guilt or regret associated with use

**Anxiety/Depression Screening:** no clinically significant concerns reported

**Substance Related Legal History Reported:** possession (cannabis) charge at 19 years old

**Clinical Interview/Summary:** Mr. Chatfield's written screenings provided no indication of an alcohol use disorder. He reported normal use of alcohol (prior to probation) as 2-3 drinks on 2-4 occasions per month. He also acknowledged use of 4-6 drinks on special occasions (weddings, birthdays, etc.) or 6 occasions or less per year. Mr. Chatfield and I discussed his OVI incident and general use of alcohol at length but I was unable to find the incident or his overall history and presentation indicative of someone experiencing DSM 5 alcohol use disorder symptoms. He was particularly articulate about salient points covered in a 72 Driver Intervention Program in December last year. This included some of the following personal insights: the danger impaired driving poses to other individuals, the importance of maintaining a no-drinking-and-driving personal use policy in the future, and the difference that peer pressure makes in public settings where alcohol is being consumed. So long as Mr. Chatfield holds on to these insights and refrains from excessive use of alcohol going forward I have no further professional recommendations for him.

**DSM 5 DIAGNOSIS in reference to substances:** V71.09 (none found)

**Treatment Recommendations:** Since I was unable to find Mr. Chatfield meeting DSM 5 alcohol use disorder criteria I have no further professional recommendations for him at this time. If he incurs another negative consequence as a result of any substance use it is recommended Mr. Chatfield seek further evaluation and follow all treatment recommendations.

Thank you for the opportunity to assist the court, Mr. Chatfield, and yourself in this important matter.

Sincerely,



Brian Davis, LISW-S, SAP  
cc: Chad Chatfield

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**Diagnostic Conclusions / Limitations:** Directions Counseling Group provides Clinical Alcohol Assessments based on objective and standardized screenings and interviewing methods as well as self-reported information. Clinical conclusions are made to the best of the professional's ability with data on hand at the time of the assessment. Expanded assessments which involve additional background research, collateral information and third party verification can be provided as an additional service upon request.