

Richard Frost

(435) 227-5827 • richard@richardfrost.info • linkedin.com/in/frostrichard

Information Systems/Technology Professional

Experience

MultiLing Corporation - Provo, Utah - November 2009 - Present

IT Specialist: Responsible for network, server, and website administration. Other duties include helpdesk support, providing technology training to employees, and overseeing the IT needs of 6 international offices and over 200 employees worldwide. In this capacity I also helped plan and implement large technological projects such as upgrading several production servers from Windows Server 2003 R2 to Windows Server 2008 R2, moving the company's infrastructure to a new location, and virtualizing the data center using VMware's ESX platform.

QeNETS - Lehi, Utah - January 2009 - December 2010

Network Engineer: Provided outsourced IT solutions to over 35 local organizations. Tasks ranged from network configuration, performing backups, and virus removal. Services that were offered included security audits, consultations, email, VoIP, and web hosting.

Linux Administrator: Managed Ubuntu and CentOS servers running Apache and Postfix. Responsibilities included maintaining MySQL databases, installing system patches, and user management.

Education

B.S. Information Systems with minor in Business Management - December 2011

My studies focused on advanced technology topics in the fields of networking, security, relational databases, systems design and administration. To supplement these courses I also participated in business oriented courses such as accounting, economics, business law, and organizational behavior.

Utah Valley University - Orem, Utah **GPA 3.77/4.0**

AS Information Systems/Technology Degree with Honors - August 2010

Coursework included general education in addition to Linux administration, computer networking and database management.

Utah Valley University - Orem, Utah **GPA 3.62/4.0**

Attended: AS Computer Science - April 2006

Studied Computer Science for two semesters; my courses focused on procedural and object-oriented programming practices.

Snow College - Ephraim, Utah

Technology Experience Summary

Software:	Microsoft Office, Active Directory & Group Policy, McAfee EPO, Dell KACE, Spiceworks
Desktop OS:	Microsoft Windows, Linux, Mac OS X
Server OS:	Windows Server (2003 – 2008 R2), Linux: Fedora, CentOS, Ubuntu, SLES
Virtualization:	VMware ESXi 3.5 – 5.1, VMware Workstation, VirtualBox, Hyper-V
Languages:	VBScript, Bash scripting, PowerShell, HTML, CSS, C++
Web & Email:	Apache, IIS 6 - 7.5, IPswitch iMail, Postfix, Exchange 2003 – 2010
Databases:	MySQL, SQLite, MS SQL, Oracle
Networking:	Cisco (CCNA training), Dell PowerEdge switches, SonicWall and Juniper SRX firewalls
Hardware:	Troubleshooting, research, upgrades, and maintenance
Storage:	Dell EqualLogic SANs, CommVault Simpana, Dell tape arrays, data recovery