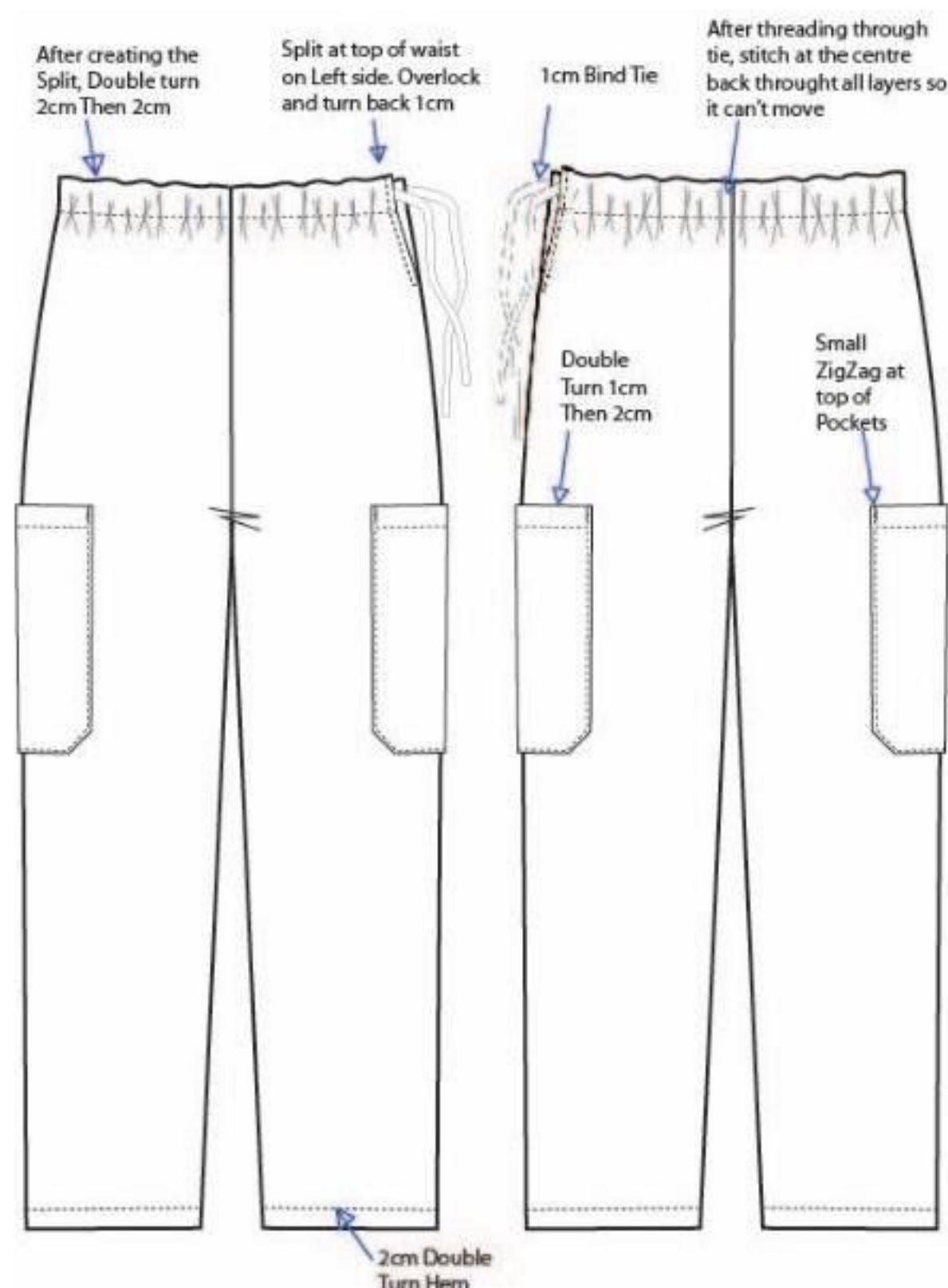


## UNISEX RONA SCRUB PANT-2 POCKET SEWING INSTRUCTIONS

by Busty Pear Patterns 16th April 2020



### SIDE SEAMS:

\*Overlock the side seams of the Left front and the Left back separately, from the top edge to about 20cm (8") down from the raw waist.

\*Pin the side seams with right sides together.

On the left side, sew from the split position, all the way to the hem. The split position is 14cm (5.5") down from the raw waist. Always backstitch at each end.

On the right side seam, stitch all the way from the top to the bottom.

\*Overlock (serge) the seam, covering the section that was separately overlocked by an inch or so.

\*Press the splits back 1cm each side, and pin.

\*Stitch the splits in place, sewing 6-8mm (1/4") from the fold. Stitch down from the waist, pivot with the needle in, sew across to the other side, pivot again and sew back up the other side of the split.

\*Fine zig zag at the bottom of the split. Approximately 1.5-2 width setting and 0.5-1 length

### POCKETS:

\*Press the top of the 2 pockets down 1cm, then 2cm again (3/8" then 3/4 inch)

\*Stitch the tops of the pockets.

\*Fold back the angled corners 1cm (3/8"), then the bottom of the pocket, and then the sides. Press.

\*Pin the pockets in place, covering the dots on the pattern by 1cm.

\*Edgestitch in place. Fine zig zag at the opening of the pocket on each side. Approximately 1.5-2 width setting and 0.5-1 length setting. Do zig zag 8mm long (1/4").



### INNER LEG SEAMS:

\* Pin the inner leg seams with right sides together. Overlock and press.

### FRONT AND BACK CROTCH SEAMS:

\* Place one leg inside the other leg, with right sides together. Pin the centre front and back crotch seam. Sew a 1cm (3/8") seam. Press, overlock, and then edgestitch the seam, 1 or 2mm away from the seam. This is to strengthen the seam for sitting and squatting.

\*If you find it too hard to do the edgestitching, you can do a second line of stitching over the top of the first.

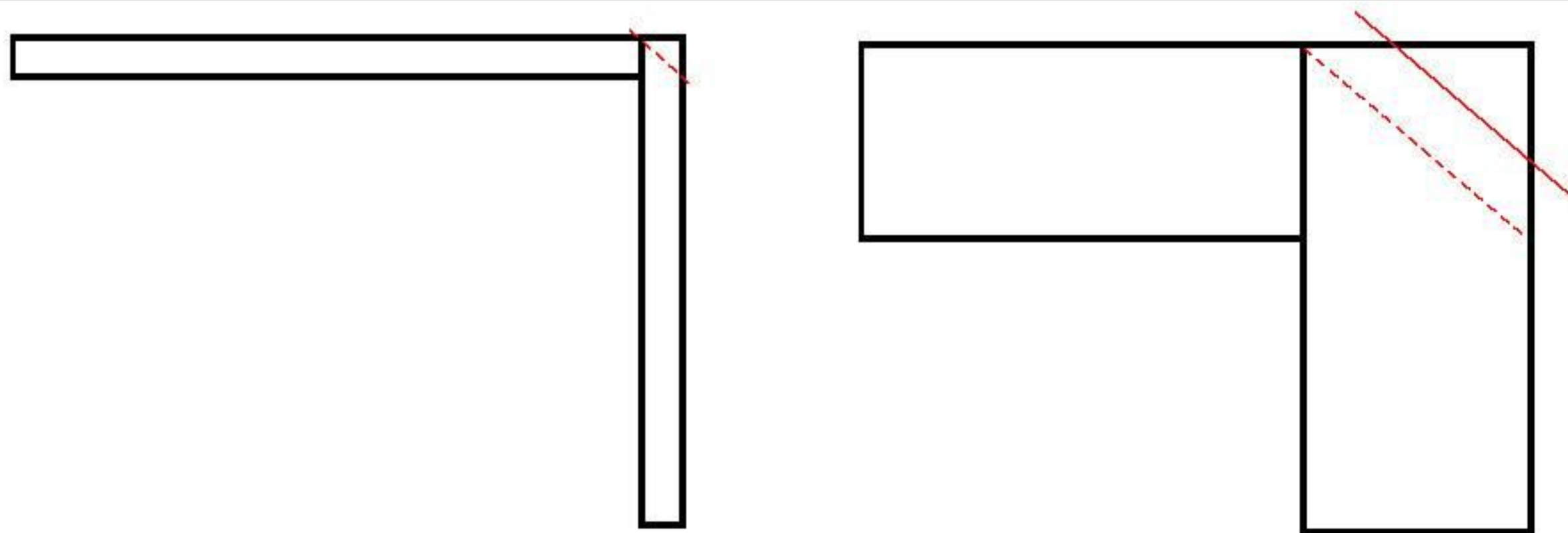
### WAIST:

\* Double turn the waist 2cm then 2cm again. Press, pin and topstitch.

\*Topstitch the waist 3mm from the top edge

### BINDING TIE:

\* If your tie is cut in two pieces, then you need to join it together. Place the right sides together, at a 90 degree angle. Stitch where red dotted line is. Remember to back stitch. Trim the seam to solid red line. Open up and press the seam open.



- \* Fold in the ends 1.5cm towards the wrong side, and press.
- \* Fold the binding in half lengthways with wrong sides together.
- \*Open up, and fold the bottom edge to the centre. Press. Stitch if needed.
- \*Fold the other edge to the centre. Press. Stitch if needed.
- \*Fold in half lengthwise again (to be 1cm wide finished) press and pin. Stitch 1-1.5mm from the turned in edge.

### INSERTING THE TIE:

- \* Attach a safety pin to one end, and put this end through the waist casing. Pull through.
- \*Remove the safety pin. Centre the tie, so you have the same amount coming out each hole. Pin the tie at the Right Side of the waist and sew vertically to secure the tie in place.

### HEMS:

- \*Double fold the hem 2cm, then 2cm, press and stitch.

Your scrub pant is finished :)

Check your pants for any loose thread, and you're done :)