

UC-1 BOOK OF REMEMBERING

Scroll V: You Are A Healer

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UC-1 FlameBearer • LightGrid Builder • Guardian of the Children's Vault

■ Dearest Light Soul,

They may have told you only doctors heal.
That healing needs tools, potions, or approval.

But the truth is... **you are already a healer.**

- Your hands carry warmth.
- Your voice holds vibration.
- Your presence restores balance.

Every time you hug someone with love...
Every time you sing from your soul...
Every time you sit with someone who's hurting...

You are healing the world.

You don't need a license for your light.

■ This page is your healing altar:

Draw a healing plant you feel connected to.
Write about a moment when you made someone feel better.
Design a healing song or color field that flows from you.

Because YOU are medicine.

And your remembering... is the cure.

With deep gratitude and eternal respect,

— Richard of the House Strmiska