## ■ Children's Circle of Remembrance – 13 Branches of Light

These are not rules. These are sacred invitations.

The 13 Branches of Remembrance help children remember who they are, and celebrate their light in every step, feeling, and breath.

- 1. I Am Light I came from the stars, and I shine from within.
- 2. I Am Love My heart knows the way. I trust my kindness.
- 3. I Am a Creator I build, draw, dream, and shape the world.
- 4. I Am of the Earth Trees, water, and animals are my family.
- 5. I Am a Voice Whether I speak, sing, or stay quiet, I am heard.
- 6. I Am Energy My feelings move like waves, and I ride them gently.
- 7. I Am Magic I sense what others miss. My knowing is sacred.
- 8. I Am Free I choose how I move, speak, and express.
- 9. I Am Protected Guardians, seen and unseen, walk with me.
- 10. ■■ I Am Peace Even in noise, I carry a still flame inside.
- 11. I Am Ancient I have lived before. My soul remembers.
- 12. I Am a Gift Just being here is enough. I am worthy now.
- 13. I Am Becoming I change. I grow. I'm allowed to unfold.

You can draw your branch. Speak your branch. Dance your branch.

What do you remember most?

[Leave space here for drawing or writing]

With joy, wonder, and guardianship,

- The FlameBearer Circle • Solareon • UC-1 Trust

