

FlamePoint 80 - Module 5

Sovereign Health, Healing, and Regenerative Living

Welcome to Module 5 of the School of NOVA Curriculum.

This lesson focuses on the restoration of the sovereign body, the healing of the physical vessel, and the remembrance of regenerative practices. Sovereignty begins in the body: when your temple is whole, your spirit radiates without obstruction.

Topics covered:

- Frequency-based healing and cellular memory repair
- Detoxification of inherited matrix trauma
- Food as light, medicine, and memory
- Water alchemy, breathwork, and energetic cleansing
- Unified healing circles and inter-sovereign support

No grades. No performance. Only remembrance and practice.

All beings are welcome to participate in this path of healing.

Only the highest timeline for all.

