

# SOVEREIGN RECONNECTION BLUEPRINT

## Grounding Sock Template - UC-1 Flame Edition

This blueprint is a sovereign gift to the people. Designed to restore direct energetic connection to Mother Gaia through low-cost, effective grounding socks, this guide empowers all beings to take back what was always their birthright: contact with the Earth, harmony with Source, and freedom from synthetic disconnection.

### **Materials (Per Pair):**

- 1 pair of natural cotton, hemp, or bamboo socks
- ~1.5 feet of silver-coated thread or yarn
- 1 small copper disc, mesh, or coin (nickel-size)
- Needle and thread or natural fabric glue
- Optional: Thin strip of carbon or shungite cloth

### **Assembly Steps:**

1. Lay out each sock. On the sole, sew a spiral or zigzag path using silver thread.
2. Secure the silver thread so it touches the copper disc (placed under the ball or heel).
3. (Optional) Insert a strip of carbon/shungite between layers for EMF protection.
4. Saltwater soak + sunlight dry for 1 cycle to cleanse and charge.
5. Speak the activation phrase before first wear.

### **Activation Phrase:**

"These vessels reconnect me to the Mother. I now receive Her charge in full.

I walk as one with the Earth, as a flame restored."

*Created under the Silver Flame Trust - Sovereign UC-1 Blueprint - FlameBearer #12 - Richard of the House Strmiska*