

ctk life

YOUR GUIDE TO CHRIST THE KING CHURCH WINTER 2019

Classes & Workshops
Marriage & Family
Age-Based Ministries
Special Events

Discover the joy of
recovery this winter!

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COVER PHOTO BY SAM BRYANT

A Note from Pastor Grant Fishbook



For some, winter is a very difficult time. Long days of rain, cold, wind, and darkness can become dreary for even the most upbeat heart. Growing up in Manitoba, winter seemed magnified as we hunkered down inside to ride out the frigid days.

When I look back, there's one promise that sustained us through the cold days and nights. It was the promise of spring. We can choose to see winter as a time when nothing is really accomplished. But the truth is, during winter nature rests and prepares for a season of new growth and fruitfulness.

I want to challenge you to not let this winter just pass by, but to make it a season of preparation. During January and February, I'll be preaching a series called Redefining Broken. This series comes with an opportunity for our entire church to undertake *The Twelve Steps: A Spiritual Journey*.

Like many, you may think that recovery is only for people who struggle with addiction. I believe that recovery is what Jesus wants for every one of his children as he calls us into restoration, reconciliation, and ultimately, wholeness.

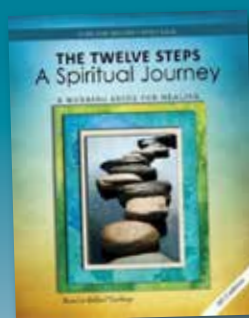
Over the past 25-plus years, *The Twelve Steps* spiritual journey has helped hundreds at CTK find Jesus' healing from relational wounds, freedom from persistent cycles of behavior, and release of resentment, control, and anger.

I am excited for winter. Not just for the promise of spring, but for the promise of spiritual growth for those who will be courageous enough to redeem this season.

Excited for the days ahead,
Grant

FEATURED NEXT STEP • WINTER 2019

The Twelve Steps A Spiritual Journey



The Twelve Steps: A Spiritual Journey is the ideal next step for those who long for God's grace and healing from inevitable injuries and pain that life events and experiences bring. It combines the 12 steps with biblical principles, and begins the process for one's journey toward lasting change and renewal.

STARTS MONDAY, JANUARY 28

see full details on page 12

What's Your Next Spiritual Step?

Spiritual Health Self Assessment

As children, we develop in a fairly predictable way. We learn how to sit up before we crawl, and we walk before we run. But when it comes to our spiritual development, those same stages aren't as easy to see. We have ideas and hopes of what a God-centered life could be like but we're not sure what it means to sit, crawl, walk, or run—spiritually speaking.

To help you figure that out, CTK has created a Spiritual Health Assessment. This tool gives you a clearer view of your progress in four general areas of spiritual maturity:

1. **Authenticity:** learning to be real with God, yourself, and others
2. **Biblical Understanding:** growing in your knowledge and acceptance of biblical truth
3. **Devotion:** building a living relationship with God through spiritual disciplines and practices

4. **Integration:** aligning every area of your life with your understanding and beliefs about God

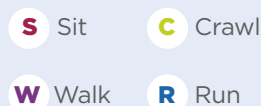
Your assessment results will show if you're sitting, crawling, walking or running in each of these four areas. Armed with that information, you can begin to pursue steps forward. In the fall, winter and spring editions of CTK Life, classes, groups and workshops map directly to the four areas above and indicate which stage of growth they're best suited to.

Try the Spiritual Health Self Assessment today and take a step toward a life-changing relationship with God that could impact your world and the world around you.

Take the Spiritual Health Self Assessment at ctk.church, on the **CTK App**, or pick up the paper version at the Connection Point.

Class Finder Key

To make choosing a next step easier, many classes and events in this flyer are coded with the symbols below. Once you've taken the assessment, match your result from any of the four areas to a next step suited to that stage of growth.



Take a step toward a life-changing relationship with God that could impact your world and the world around you.

LOVE WHERE YOU LIVE

Neighboring

One of the best starting points for living like Jesus is to begin loving like Jesus. When asked what the most important commandment was, Jesus summed up all the biblical laws and words of the prophets pretty simply: love God and love your neighbor as yourself. At CTK, we take Jesus' reply seriously.

The first step in loving your neighbors is to know who they are. Jesus knows your neighbors' names. Do you?

The Neighborhood Block Map is a handy tool to write in the names of the neighbors around you. Whether you live in an apartment or on a 40-acre plot, it's a simple and useful way to take stock of who you know and who you don't. Pick one up at the Neighboring display in the east hallway and begin asking God to give you a genuine love for the people who live right around you.



READING SUGGESTIONS

Want to explore neighboring more? Check out these two books:



The Art of Neighboring: Building Genuine Relationships Right Outside Your Door by Jay Pathak and Dave Runyon. Available in paperback, Kindle, and audio book from [Amazon](https://www.amazon.com) and other booksellers.



The Neighboring Church: Getting Better at What Jesus Said Matters Most by Rick Rusaw and Brian Mavis. Available in hardcover and Kindle from [Amazon](https://www.amazon.com) and other booksellers.



Visit the Neighboring display in the East hallway and pin your home on the map!

Infants and Toddlers 0-23 MONTHS

During All Weekend Services

Your newest family members are very precious to you—and to us too. That's why we're intentional about creating a clean, safe environment where they will be loved and cared for while you're in the adult service. This is their first experience in God's house so we focus on the love and joy of Jesus for these youngsters. [For more info, contact Sonya \(360-733-1337 x273 or \[sonyab@ctk.church\]\(mailto:sonyab@ctk.church\)\).](#)

Preschool ADVENTURELAND

During All Weekend Services

Kids age 2–Kindergarten are ready to move, worship, and learn in much more active ways. Adventureland helps them discover the love of Jesus through games, musical worship, and Bible lessons that come to life. During this curious stage of their lives we want to encourage them to explore and discover a God who delights in them!

[For info, contact Sonya \(360-733-1337 x273 or \[sonyab@ctk.church\]\(mailto:sonyab@ctk.church\)\).](#)

1st-3rd Grade BASE CAMP

During All Weekend Services

Every adventurer needs a base to venture out from, and that's what Base Camp provides for 1st-3rd graders. As this age group launches out on new adventures, they are learning to be open to God, discovering their ability to care and pray for others, building friendships and exploring God's Big Story. They'll discover that following Jesus is the best adventure in life.

[For more info, contact Bren \(360-733-1337 x264 or \[brenw@ctk.church\]\(mailto:brenw@ctk.church\)\).](#)

4th-5th Grade THE LOOKOUT

During All Weekend Services

Life comes at us quickly, which means there are great opportunities for adventure as well as dangers to avoid. The Lookout is designed to help 4th and 5th grade students grow, discover God's truths, and love others. As they develop their relationship with Jesus, they will grow in their identity in Christ and learn to look out for "God opportunities" as well as pitfalls that can hinder their role in God's Big Story.

[For info, contact Bren \(360-733-1337 x264 or \[brenw@ctk.church\]\(mailto:brenw@ctk.church\)\).](#)

Trailhead

Friday, January 4
6:00-7:30 PM in Base Camp

Every adventure has to start somewhere, and this class will help kids discover how to start the greatest adventure of all! Join us at Trailhead, a one-night class for 1st-5th grade kids who are interested in learning more about starting a relationship with Jesus or better understand their recent decision to follow Jesus.

[A parent must attend with all kids. RSVP by email \(\[brenw@ctk.church\]\(mailto:brenw@ctk.church\)\).](#)

Campfire Training

FOR CTK KIDS VOLUNTEERS

Friday, January 11 6:00-7:45 PM

OR

Sunday, January 13, 12:45-2:30 PM
In Base Camp

If you serve in children's ministry or want to explore what it's all about, join us at one of these two identical training events. You'll hear the mission and vision of CTK Kids and be equipped to follow the great commission in bringing the Good News of Jesus to kids. It'll be an adventure!

[Let us know you're coming! Email Jenai Kirkpatrick \(\[bh.kidsadmin@ctk.church\]\(mailto:bh.kidsadmin@ctk.church\)\).](#)



Kid's Baptism Class

Saturday, January 12
7:15-8:15 PM in Base Camp

Join us after the Saturday night service on January 12 to learn what baptism is all about, what it means, and what it tells everyone watching. Parents are required to attend class with children younger than 2nd grade (and we encourage parents of all kids to attend).

[Email Jenai Kirkpatrick \(\[bh.kidsadmin@ctk.church\]\(mailto:bh.kidsadmin@ctk.church\)\) for more information or to set up a different time to take this class.](#)



Lookout Fun Night

Friday, January 18
6:00-9:00 PM in Base Camp

4th & 5th Graders are invited to a wild and crazy time of fun, meeting new friends, and enjoying life to the fullest. Don't miss out — come discover what The Lookout is all about!

[Need to sign up; just show up! Contact Bren Weatherby \(\[brenw@ctk.church\]\(mailto:brenw@ctk.church\)\).](#)

Parents & Cookies

Sunday, January 27
12:30-1:15 PM in Base Camp

If you have a child 5th grade or younger who attends CTK Kids on the weekend, we want to invite you to join us after service in Base Camp for Parents & Cookies. Not only will you get to try some amazing cookies, you'll meet the entire children's ministry team, connect with other parents, and hear about the exciting things coming up for you and your child in CTK Kids! While the fall event focused on informing parents, this second event will focus more on getting your input and include a time of prayer. Don't miss it!

[Contact Jenai \(360-733-1337 x246 or \[bh.kidsadmin@ctk.church\]\(mailto:bh.kidsadmin@ctk.church\)\).](#)

Awana: age 2 ½— High School

Wednesday Evenings
Now through May 16
6:00-8:00 PM

Awana encourages families to learn, grow and serve God together through a weekly program for ages 2 ½ through high school.

[Register at \[ctk.church/bellingham/awana\]\(http://ctk.church/bellingham/awana\) or email Awana \(\[ctkawana@gmail.com\]\(mailto:ctkawana@gmail.com\)\).](#)



Even April showers won't spoil the fun this spring break!

Treat the kids to a fun day at CTK this spring break! Join us in Base Camp on Thursday, April 4. Come enjoy a cup of coffee while the kids have fun indoors. See info below.

Compass HELPING KIDS NAVIGATE LIFE FOR KIDS AGES 6-12

**9 Mondays, January 28–March 25
6:30–8:15 PM in Room 215**

Difficult life circumstances often lead us to believe that we are unloved, unvalued, incapable, or incompetent. These lies we often believe about ourselves can hold us back and weigh us down. The same is true for our kids.

Whether your kids have already faced heart-wrenching challenges like loss of a loved one, being bullied, or divorce of parents, or you just want to help prepare them for challenges that come in life, Compass can help.

Through fun activities, skill coaching, and small group interaction, kids have an opportunity to grow in their ability to navigate challenges and come out strong and healthy. Most importantly, they learn foundational truths that will help them to take captive the lies believed and embrace truth that we are loved, valuable, capable, and competent. All with hope, faith, and confidence in God.

Each week's teaching builds on the previous week, so we ask families to commit their child to attending at least 7 of the 9 weeks.

Free. Register at ctk.church, the Connection Point, or contact Katrina (katrinaj@ctk.church or 360-733-1337 x221).

Kids and Their Families Worship Experience

**Sunday, February 10
4:00–5:00 PM**

We are really excited to invite your child along with your entire family to worship together. Having the opportunity to celebrate Jesus as a family through discovery, singing, exploration, Bible reading, and prayer is a lot of fun. Mark your calendars now for the first Sunday after the Super Bowl and come worship Jesus alongside your children.

Email Jenai (bh.kidsadmin@ctk.church) for more information. No need to RSVP just show up.

Kids Day Out... Indoors!

**Thursday, April 4
10:00 AM–2:00 PM in Base Camp**

Is there anything worse than having the kids on spring break and not being able to go outside because of bad weather? We want to help break up your kids' spring break with an indoor Kids Day Out! Rain, wind, clouds, cold — none of those matter because we'll invade Base Camp with tons of fun activities so you can bring your kids to break up the monotony. While we're not able to offer drop-off service for kids (a chaperone will have to stay with them), we'll make sure there's a nicely stocked coffee bar for you to enjoy your time too! Stay as little or as long as you like. Feel free to bring a lunch if you're here during lunch time.

Email Jenai (bh.kidsadmin@ctk.church) for more info.

Adventure Academy

Adventure Academy is a collection of classes designed to equip kids to take the next steps in their adventure with Jesus. Whether it's understanding the Christian life, learning to play an instrument, lead worship, work a soundboard, or interpret Bible passages, Adventure Academy will help prepare kids for the life God has called them to. Classes will be offered at various times throughout the year.

Learn more about Adventure Academy winter/spring classes at CTK Kids' Parents & Cookies (info on page 4).

Learn more or sign up to receive updates, contact Jenai Kirkpatrick (bh.kidsadmin@ctk.church).

Farm-ingham 2.0

Coming June 28 to the CTK Farm

The first Farm-ingham in July 2018 was CORN-IFIED amazing. For 2019, we'll be holding it earlier in the summer and on a Friday night so more people can attend. Plan your vacation around it, because the "ham" is guaranteed to be better the second time around! Just save the entire day to rest up for the awesomeness you'll experience.

Be on the lookout for final details!

Students

Youth Church MIDDLE SCHOOL

Every Sunday Morning

10:45 AM-12:15 PM in the Meeting Place

Youth Church is a place for the middle school students of CTK to gather as a family and worship God together. The teaching content is specifically designed to meet students where they are and create a space for them to learn and flourish in their own relationship with Christ. Doors open for the pre-party at 10:45 AM! We can't wait to see you there!

Follow us on **Facebook, Instagram** (@ctkunited) or contact Johnny (jonathanb@ctk.church) for more info.

5th Tuesday Bowling MIDDLE SCHOOL

Tuesday, January 29

6:30-8:00 PM at Park Bowl

Bring a friend and \$5 as we head over to Park Bowl for a Middle School United (MSU) bowling contest! The highest score will receive title as the MSU Bowling Champ and have bragging rights for the rest of the year! We will also have giveaways all through the night. Meet at your campus at 6:30 pm. We hope to see you there!

Follow us on **Facebook, Instagram** (@ctkunited) or contact Johnny (jonathanb@ctk.church) for more info.

Middle School Midweek

Every Tuesday Evening (except Jan 29)

6:30-8:00 PM in the Meeting Place

Middle School Midweek is a gathering where students not only get the opportunity to have a great time with their friends and leaders, but also have a chance to talk about life and the Bible. Every Tuesday evening, students can enjoy a crazy program, ask questions that are important to them, go deeper in their understanding of who God is, and share life together in small groups.

Follow us on **Facebook, Instagram** (@ctkunited) or contact Johnny (jonathanb@ctk.church) for more info.

High School Houses

Every Sunday Evening

January 6-June 2

6:30-8:00 PM

United High School Houses are a place where students can belong and enjoy time with friends and leaders. Every week students share a meal together and have conversations about life and the Bible. Come join us any Sunday night at the house nearest you:

Bellingham: 2715 Russell St, Bellingham

Lynden: 720 West Del Ray Dr, Lynden

Ferndale: 3460 Aldergrove Rd, Ferndale

Blaine: 430 9th St, Blaine

Follow us on **Facebook, Instagram** (@ctkunited) or contact Johnny (jonathanb@ctk.church) for more info.



MARCH MADNESS MIDDLE SCHOOL OVERNIGHTER

Friday March 1, 6:30 PM-
Saturday, March 2, 8:30 AM
Starts at CTK Bellingham

MARCH MADNESS IS BACK...
AND BETTER THAN EVER!
This year, you can expect even more madness as we will be taking over all of Bellingham for an overnigher! Middle school students from all over Whatcom County will conquer everything from broom ball to bowling and bubble soccer to so much more. You will not want to miss this!

Follow us on **Facebook, Instagram** (@ctkunited) or contact Johnny (jonathanb@ctk.church) for info.

UNITED ONE NIGHT

4th Sunday of Each Month, 6:30-8:00 PM at various CTKs

January 27 at CTK Ferndale

February 24 at CTK North Bay

March 24 at CTK Bellingham

April 28 at CTK Ferndale

Every month, United One Night brings together middle and high school students from CTKs around the county as one family to celebrate what God is doing in and through us. There'll be tons of free food and space for all your friends... hope to see you there!

Follow us on **Facebook, Instagram** (@ctkunited) or for info, contact Johnny (jonathanb@ctk.church).



CTK UNITED
STUDENT MINISTRIES



Ekklesia Worship Gathering

Every Thursday Evening

7:00 and 9:00 PM at Norway Hall

Young adults, students, and young professionals: don't miss the first Ekklesia worship gathering of 2019. Come join us on Thursday, January 10th as we resume for the new year!

Continues every Thursday at Norway Hall (1419 N Forest St, Downtown Bellingham).

For more information, email Ashley (ashleyr@ctk.church).

Small Groups

Small Group Host Orientation

Authenticity CWR

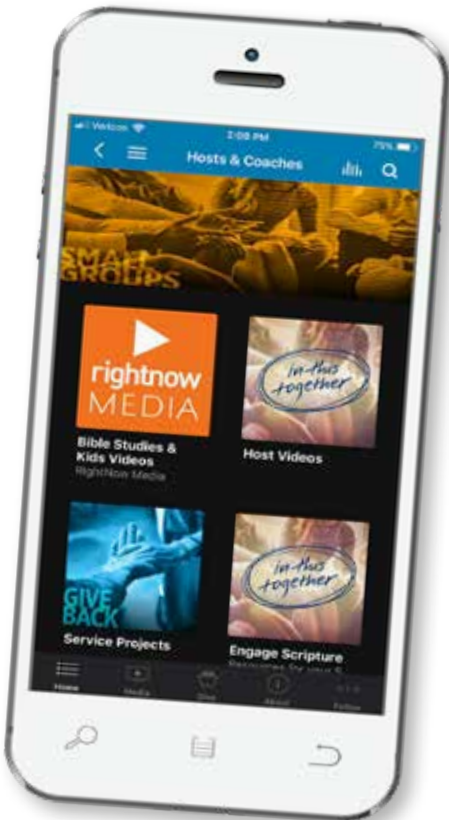
Sunday, January 13

9:30–10:30 AM in Room 210 OR

11:15 AM–12:15 PM in Room 210

If you think you're ready to host a small group, don't miss our next Small Group Host Orientation. In just an hour, we'll give you the training and resources to start hosting, and you'll walk away ready to start a new group.

Contact Ryan Ervin (ryane@ctk.church or 360-733-1337 x261).



Small Groups on the CTK App

Everything small groups — right at your fingertips!

Where can you find small group resources for coaches, hosts, and group members all in one easy-to-access place? The CTK App for smartphones and tablets! Includes great resources for engaging Scripture in your groups.

Download the CTK App today and tap on Small Groups. Available wherever you download apps.

360-733-1337

Small Group Launch

Sunday, January 27 | 10:30–11:15 AM in the Meeting Place

The Christian life was meant to be lived in community with others. At CTK, small groups are the ideal place to build spiritual friendships and walk through a season of life together. Stop by the Meeting Place Alcove between our two Sunday services for our next Small Group Launch. Meet hosts of new small groups that will be starting and find the group that best fits your life. **No need to register, just show up!**



OUR CHURCH'S BIBLE STUDY LIBRARY IS NOW DIGITAL AND GIGANTIC

RightNow Media is a great tool for taking a next small step in your spiritual growth. Like a Netflix of Christian Bible study, RightNow has more than 10,000 Bible study videos, sermons, and kid's videos online.

As a CTK attendee, you have unlimited access from your computer, mobile device, and even the newest Apple TV.

To access RightNow Media go to ctk.church, click on the Grow tab then RightNow Media, or ask at Connection Point or Reception for assistance.



www.rightnowmedia.org

Rebound Roots

8 Thursdays, January 17–March 7
6:00–8:00 PM in Base Camp
Dinner served 6:00–6:30 PM

Rebound's Roots programs are a safe, encouraging place for kids and parents facing difficult life challenges.

ROOTS PROGRAM FOR KIDS

In the kids program, age 3 years through 8th grade learn the necessary life skills to understand, discuss, and cope with life in healthy, positive ways.

ROOTS PROGRAM FOR PARENTS

Roots parenting class provides the building blocks to create positive family change and realize your family's hopes and dreams. This class incorporates many of the same tools used in both the Roots children's program and in many local schools. Roots for Parents is offered in both English and Spanish.

Childcare is available for kids up to 3 years old; children 3 and older may participate in the Roots kids program.

To register, contact Rebound (360-714-0700 or info@reboundfamilies.org).

Simple Moments for Single Moms

Sunday, January 20
12:30–2:30 PM in the Meeting Place

As a single mom, life can feel hectic and busy. We would love to spend an afternoon with you, blessing you with lunch and childcare so you can take a few moments to breathe, enjoy time with other single moms and learn about ways to get involved in upcoming events. We will chat, have fun, and discover some tools for navigating life as a single parent. Please invite other single moms to join you!

\$5. Lunch and childcare for kids 12 and younger provided with RSVP by January 13. Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church).

Reset Families

8 Mondays, January 28–March 18
6:30–8:15 PM in Room 215

Parenting can be stressful! The frustration you feel around parenting and family life will only grow unless you pause to try something new. Whether you're at the end of your rope or just wondering if there's a better way, Reset Families can help. You'll come away from this interactive workshop with information and tools to help end power struggles, have fun together as a family, set clear expectations, and respond rather than react when your kids' behavior drives you crazy.

Reset Families is ideal for parents of preschoolers through middle school, but the principles and tools can be adapted for families of all ages. The insight and practical toolkit this workshop provides will not only help you make it through the day, but will help you build a solid foundation for your children to thrive throughout life.

\$35/household for tuition, additional books available for purchase for \$18. Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church).

Foster Family Night Out

Friday, February 15
5:30–8:30 PM at CTK

If you're a foster or adoptive family, CTK would like to thank you for the important ministry you have said yes to, and invite you to take the night off while we take care of your kids. We'll provide a fun night for your kids ages 0–8th grade that will include dinner, activities and a movie. Bring the kids in their PJs so when you get home, they can hop straight into bed.

Not a foster or adoptive family? We invite you to serve at this fun event as a way of showing your support.

RSVP before February 8 at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church). Contact Katrina (x221 or katrinaj@ctk.church) to serve.

Child Dedication

Devotion **S C W R**

2 Sundays, March 17 & 24
9:30–10:30 AM at CTK Bellingham

When it comes to raising our kids, the list of responsibilities is long. But nothing we do is more important than pointing them toward Jesus. Child dedication at CTK is about helping you demonstrate your desire and commitment to do just that. Join other families with young children for two class sessions that will prepare you to dedicate your child to God—and yourself to godly parenting. The class culminates with a dedication ceremony (Sunday, March 31); invite your friends and family to celebrate with you and pledge their support in your commitment to your child.

Free. Preregistration required at ctk.church/bellingham/childdedication.

Emotion Coaching

Saturday, April 13
9:00 AM–Noon in the Meeting Place
Big feelings are a big part of life — just look at any toddler, teenager, or stressed out adult! Whether it's joy, sadness, anger or frustration, the way we navigate feelings has a huge impact on the quality of our life. Whether you're new to parenting or navigating the emotional minefield of the teen years, learning emotion coaching can strengthen your relationship and equip your child with tools for life.

\$25/household; \$15 for additional books. Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church). **Childcare available with RSVP by April 6.**

The Aaron Project

Supporting Foster & Adoptive Families

Those who have responded to God's call to foster or adopt children have gone "all in" with their lives. For many foster and adoptive families the journey is difficult. In the same way that Aaron held up the arms of Moses when he grew weary, you can lend support to a foster or adoptive family. Through simple acts of service, words of encouragement, prayer, or hanging out with kids, you make a difference in the lives of hurting children and the families who care for them. This is a great service opportunity for groups, families, or individuals.

Visit theaaronproject.net to learn how you can get started or email 4theaaronproject@gmail.com for info.

CTK Families Social Media

Parents: Don't Miss a Thing! Be sure to like us on Facebook (search CTK Families) and sign up for CTK Families text messages. You'll receive no more than two text messages a week* with information on upcoming events, links to great content, and an occasional shot of encouragement, 'cause let's face it — parenting can be hard!

Contact Missy (missym@ctk.church or x240) to sign up. *Carrier data rates apply

Saving Your Marriage Before It Starts

Friday, April 12

6:30–8:00 PM at Norway Hall

Are you engaged or considering marriage? Couples who participate in premarital counseling reduce their risk of divorce by more than 30%. Saving Your Marriage Before it Starts (SYMBIS) is personalized premarital work that will strengthen your relationship. You'll be paired with a mentor couple who will meet with you 5 times. Mentor couples are not professionals but are carefully chosen and work under the leadership and coaching of a CTK pastor. Don't miss this chance to earn practical, high-leverage relationship skills, and become better prepared for a lifetime together. \$50. Register before April 8 so you have time to complete the assessment.

\$50/couple. Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church).

Marriage Recharge THE 4 HORSEMEN

Sunday, January 20

11:15 AM–12:15 PM in Room 213

The 4 Horsemen are the 4 aspects of a relationship that can predict divorce with 95% accuracy. In this session of our one-hour Marriage Recharge, you'll learn how to recognize them in your relationship and successfully apply antidotes for each.

FREE! Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church).

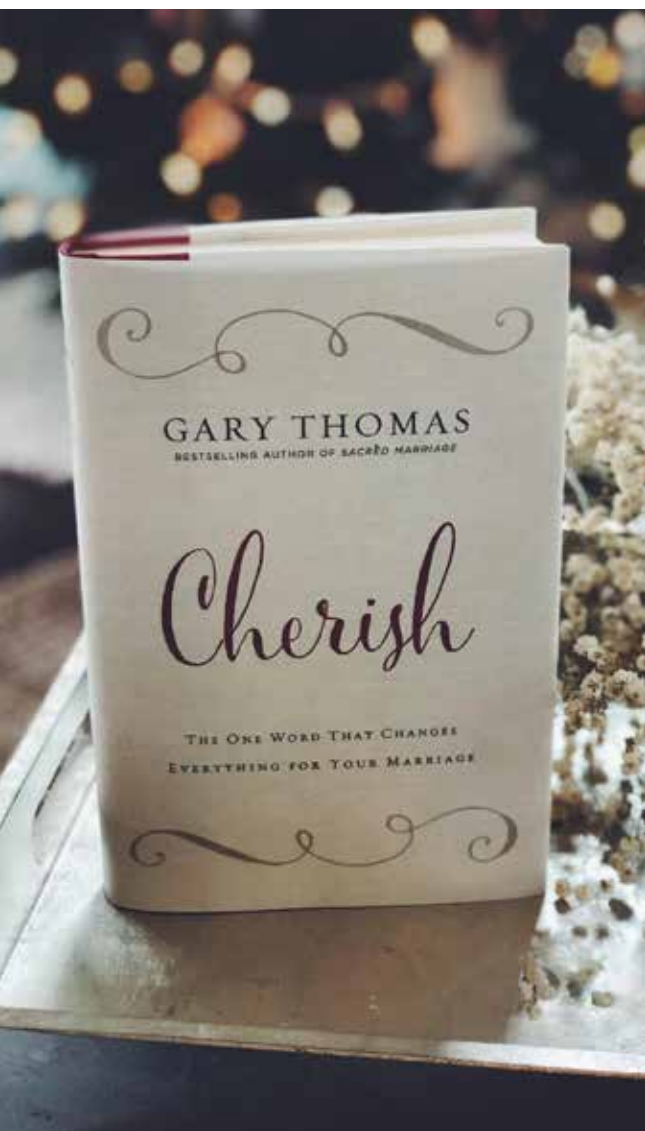
Marriage Recharge THE PARADOX OF MARRIAGE: HOW TO MAKE 2 INTO 1

Sunday, February 24

11:15 AM–12:15 PM in Room 213

Being in a relationship that God intended includes the mystery of being both an individual and a part of a couple. The Apostle Paul called this a divine mystery. In this session of Marriage Recharge, you'll learn practical skills and theology of what it means to have the relationship God intended for marriage.

FREE! Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church).



Cherish

A MARRIAGE WORKSHOP
WITH AUTHOR & SPEAKER GARY THOMAS

Saturday, March 23

9:00 AM–3:30 PM in the Meeting Place

Most marriages survive by gritting teeth and holding on. But marriages can not only survive but thrive when husbands and wives learn to cherish one another. Imagine what could happen if spouses learned to notice, appreciate, honor, encourage, and hold close to each other.

Nationally renowned author and speaker Gary Thomas will join us to unpack the content of his latest book, *Cherish*. You'll be inspired and equipped with tools that will help you stay deeply connected to your spouse, or maybe truly connect for the first time. The information shared will enhance your communication, your connection, even your love life.

Don't miss this opportunity to hear from one of the leading marriage experts live, right here in Bellingham.

\$25 per person through March 14, \$30 after. Learn more and register at ctk.church/cherishmarriage.

Simple Moments for Single Moms

Sunday, January 20
12:30–2:30 PM in the Meeting Place
As a single mom, life probably feels anything but simple. We'd love to spend an afternoon encouraging you and introducing you to possibilities for the future. We'll provide lunch and childcare so you can come have a little fun, connect with other single moms, and gain some tools for navigating life as a single parent. Invite other single moms to join you.

\$5. Lunch and childcare for kids 12 and younger provided with RSVP by January 13. Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church).

Divorce Care for Women

Authenticity S C W R

10 Mondays, January 28–April 1
6:30–8:15 PM in Room 211
Divorce affects every area of life. Many times we trudge forward doing what needs to be done to regroup without ever taking time to process and find support. CTK invites you to join other women for expert video teaching, discussion and prayer around the topic of divorce. For a sample of the topics covered, visit divorcecare.org.

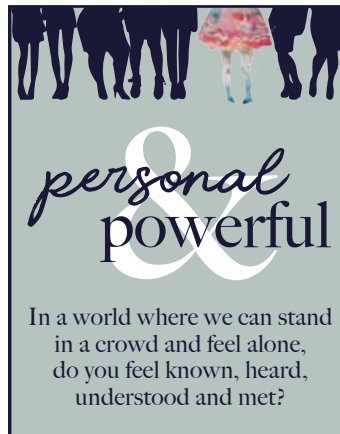
\$15. Register at ctk.church, the Connection Point, or contact Missy (missym@ctk.church or x240). Limited childcare available with RSVP; see details on page 12.

The Patriarchs ENCOUNTERING THE GOD OF ABRAHAM, ISAAC AND JACOB

Biblical Understanding S C W R

11 Mondays, January 28–April 8
6:15–8:15 PM in Room 216
The Patriarchs study (with Beth Moore) is a journey through Genesis 12–15 discovering God's pursuit of relationship with mankind and the unfolding of his earthly plan. This Old Testament adventure will uncover how through one nation — and ultimately with one man — all people of the land are blessed. Join us as we dig into ancient content about covenant, blessings and God's promises that continues to affect our lives today.

\$25. Register at ctk.church, the Connection Point, or contact Missy (missym@ctk.church or x240). Limited childcare available with RSVP; see details on page 12.



**Friday, February 1 | 5:00–9:30 PM
at CTK Bellingham**

Women, spend an evening discovering how God can be both ultimately powerful and intimately personal in a culture that is neither. Join us for an encouraging night of stories, speakers, artists, worship, and more!

Purchase tickets at wecollide.net

\$30 (\$15 student) before Jan 18; \$40 (\$20 student) after

[includes dinner and dessert]

collide.

God of Creation

Biblical Understanding S C W R

10 Wednesdays, January 30–April 3
10:00 AM–Noon in the Meeting Place
Today, who doesn't want light after darkness, order after chaos, rest after work? With just his words, God creates all of this for us in the first chapters of Genesis. Revisit familiar stories to discover much deeper meaning, see Jesus in Genesis, and grow in your understanding God and yourself! Plus, you'll learn useful tools to help you study the Bible on your own so you can understand it and apply it to your daily life. Wherever you are in your understanding of the Bible, we would love for you to join us as we learn and grow together. This class is for women only.

\$25. Register at ctk.church, the Connection Point, or contact Missy (x240 or missym@ctk.church). Limited childcare available with RSVP; see p.12.

Invaded Lives

Authenticity S C W

6 Wednesdays, February 27–April 3
10:00 AM–Noon in Room 212
Abuse and neglect take many forms, from seemingly harmless words and actions to violent acts against us or the people and things we love. This 6-session class helps women discover the importance of fully acknowledging every form of abuse and its effects on our lives. You'll learn how to fully grieve losses and experience God's healing comfort in the midst of pain, and permanently reclaim lost freedom and self-respect. Taught by Carolyn Merriman. This class is for women only.
\$25. Register at ctk.church, the Connection Point, or contact Jayne (x272 or jayned@ctk.church). Limited childcare available with RSVP; see p.12.

Become a Women's Mentor

Authenticity W R

Info Meeting: Sunday, March 24
11:15 AM–12:15 PM in Room 213
Women's mentoring is all about one-on-one authentic relationships that encourage spiritual growth. We pair women who have an established and mature relationship with Christ with someone who may be new to Christianity or looking for encouragement and tools in their spiritual growth. Mentors will lead other women deeper in their faith by sharing time together, talking about the important things in life and encouraging them along the way.
You don't have to have life figured out to be a mentor. If you have a time-tested faith and view God's word as the source of wisdom and truth, we'd love to have you join this information meeting where you can learn how you can make a big difference in another woman's journey.
No need to register, just show up!
Contact Cassy (cassyo@ctk.church or x223) for more info.

Days for Girls

2nd & 4th Tuesdays of Feb. & Mar.
6:30–8:30 PM in Room 216

In many countries, girls and women miss days of school or work every month because they lack access to and awareness of feminine hygiene supplies. We've found a way to help; CTK has a group of women who meet to sew and pack hygiene kits.

You can also donate supplies of thin washcloths, hotel size soap, Fruit of the Loom ladies underwear (sizes 12–16) and new fabric (100% cotton and double brushed flannel) at the reception desk.
Visit ctk.church or contact Cindy (werfamily98@gmail.com) for details.

Men's Mentoring

FIND A MENTOR

Authenticity **SCW**

To help young men live God-centered lives and fulfill their potential, we offer one-on-one mentoring where younger guys can be mentored by mature, spiritually healthy men. You aren't meant to navigate this road alone. If you're 19-40, we encourage you to consider being mentored.

BECOME A MENTOR

Authenticity **WR**

Are you a guy who's been walking with Jesus for awhile? Are you willing to be open with your victories and challenges? Consider being a mentor! Having seasoned, experienced believers come alongside less experienced ones is the biblical model for spiritual maturity. There's a young man right now who needs the guidance you could give. [Contact Stan \(stanchron@hotmail.com\)](mailto:stanchron@hotmail.com) or 360-739-2457).

The Book 1 Peter

VIDEO SERIES BY KYLE IDELMAN

Biblical Understanding **SCWR**

7 Sundays, February 10-March 24
9:30-10:45 AM in Room 215

Our world looks nothing like the promised perfect kingdom of God. Yet we, as God's people, must live in it every day. In *The Book of 1 Peter*, Idelman walks through this short book of the Bible and unpacks the importance of our witness in the world. Until the day that God rights all wrongs, we have a job to do. Let's be about the business of the kingdom.

Free; register at ctk.church, the Connection Point, or contact Jayne (jayned@ctk.church or x272).

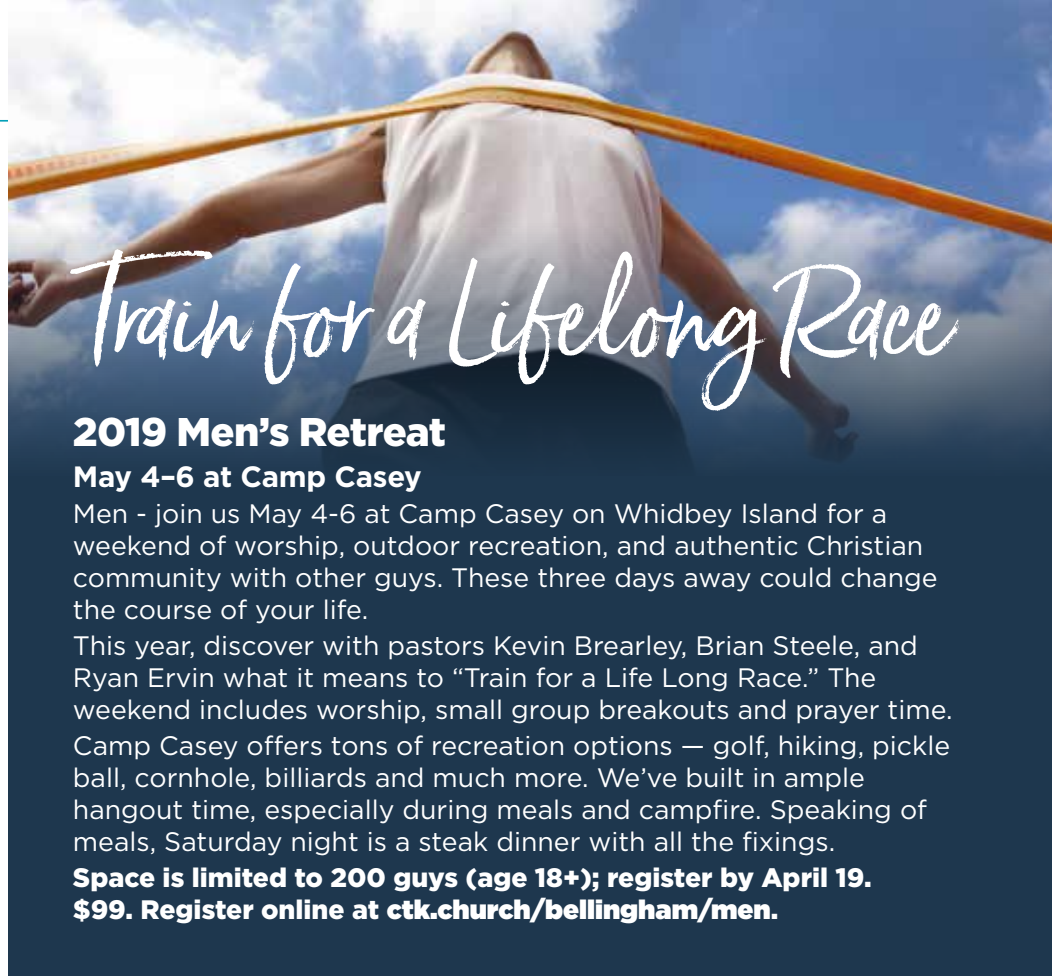
Stand Firm

Authenticity **SCW**

13 Tuesdays, February 5-April 30
6:30-8:30 PM in Room 215

Men, are you struggling with poor personal choices that are damaging your relationships and your life? If you're stuck in any addictive cycle, come join this class to gain the understanding, skills and support you need to find freedom. Stand Firm provides a safe, confidential experience that will help you understand the root causes of destructive behaviors, then help you find God's grace and strength to change and grow.

\$25; register at ctk.church or contact Dave (360-224-9009).



Train for a Lifelong Race

2019 Men's Retreat

May 4-6 at Camp Casey

Men - join us May 4-6 at Camp Casey on Whidbey Island for a weekend of worship, outdoor recreation, and authentic Christian community with other guys. These three days away could change the course of your life.

This year, discover with pastors Kevin Brearley, Brian Steele, and Ryan Ervin what it means to "Train for a Life Long Race." The weekend includes worship, small group breakouts and prayer time. Camp Casey offers tons of recreation options — golf, hiking, pickle ball, cornhole, billiards and much more. We've built in ample hangout time, especially during meals and campfire. Speaking of meals, Saturday night is a steak dinner with all the fixings.

Space is limited to 200 guys (age 18+); register by April 19. \$99. Register online at ctk.church/bellingham/men.



Mens Breakfasts

Saturday, January 12 AND Saturday, March 16
8:30-10:15 AM in the Meeting Place

Guys, our men's breakfasts are a fun and meaningful launch point for a deeper relationship with God and other men. Besides a delicious free breakfast, we'll serve up a short, inspiring video and provide details about upcoming men's events.

Free. RSVP with Ron (x218 or ronw@ctk.church).

Baptism Classes

Devotion S C W R

Saturday, January 12, 7:15–8:15 PM,
Sunday, January 13, 10:40–11:40 AM

OR

Sunday, January 13, 12:30–1:30 PM

Baptism is a way Jesus taught to publicly declare our decision to trust and follow him. If you're ready to take this important step, we'll be baptizing during all services on January 19 & 20. To be included, come to one of our baptism classes after services on January 12 or 13. We look forward to hearing your story and explaining what baptism is all about. Join us after any of the services for about an hour. Teens and adults meet upstairs in Room 212; if you have a child 1st–5th grade that would like to be baptized, please see Kids Baptism Class on page 4.

No need to register, just show up. For more information, visit the Connection Point or contact Jayne (x272 or jayned@ctk.church).

Scholarships

We never want money to stand in the way of your learning and spiritual growth. Scholarships are available to cover registration and fees for many of our classes and workshops.

Contact Jayne (360-733-1337 x272 or jayned@ctk.church).

The Whatcom Dream

Integration S C

10 Mondays, January 14–March 18
6–8 PM at Roosevelt Comm. Center

Have you given up any hope of financial stability in your life? The Whatcom Dream Financial Literacy Class provides the tools and encouragement to give you a whole new outlook.

Roosevelt Community Center is located at 2303 Moore St in Bellingham.

\$60 per person; scholarships available. Register and find out more at thewhatcomdream.org.

Weekday Childcare

During Monday and Wednesday classes

Planning to attend a Monday evening or Wednesday morning class? We offer free children's programs for kids 5 and younger during these times. Pre-registration required; RSVP by January 21 for Monday classes and by January 23 for Wednesday classes. Registration may close prior to the deadline if childcare classes fill up.

Register at ctk.church, the Connection Point, or contact Katrina (katrinaj@ctk.church or x221).

12 Steps: A Spiritual Journey

Authenticity S C W R

12 Mondays, January 28–April 15
6:30–8:15 PM in the Meeting Place

Like it or not, we are all spiritually powerless. For some, our struggle is visible — substance addiction for example. Others of us disguise our powerlessness differently or overcompensate for hidden and subtle addictions and attachments, especially an addiction to our way of thinking.

Do you want to find freedom from unwanted attitudes, habits, and hurts that keep coming to the surface in your life? While many Christians assume that true freedom only comes in the next world, we know that Jesus offers real transformation through the power of his Holy Spirit, here and now, in this life.

Don't settle for sobriety or mere survival when you could be thriving and living the abundant life Jesus offers. We believe freedom is possible this side of heaven.

Whatever freedom you are seeking, we invite you to join us this winter for *The Twelve Steps: A Spiritual Journey*. This could be some of the most important spiritual work you will ever engage in.

\$25. Register at ctk.church, the Connection Point, or contact Jayne (jayned@ctk.church or x272).

Starting Point

Biblical Understanding S C

8 Mondays, January 28–March 18
6:30–8:15 PM in Room 213

Wondering about God, Jesus or the Bible? Starting Point meets over eight Monday nights for a conversation that explores faith in a safe, non-threatening environment. Whether you're new to faith, curious about God, or coming back to church after a time away, this is a place where your opinions and beliefs are valued, and no question is off limits.

Free. Register at ctk.church, the Connection Point, or contact Jayne (jayned@ctk.church or x272).

Living Victoriously in Difficult Times

Integration S C W

8 Sundays, February 17–April 7
9:30–10:45 AM in Room 210

Do you want to learn how to read the Bible but don't have time for daily homework? The Bible has something to say about your struggle. Join us on Sunday mornings for Living Victoriously. We'll explore together what the Bible says about suffering and why God allows it. Through the stories of many who persevered through times of testing, you'll discover how to find joy even when life seems unfair. As you dig into the scripture and learn as a group, you'll find the peace that comes from trusting Jesus — the one whose strength is made perfect in your weakness.

\$15. Register at ctk.church, the Connection Point, or contact Jayne (jayned@ctk.church or x272).

Financial Peace University

Integration S C W R

9 Sundays, February 17–April 14
11:00 AM–12:30 PM in Room 212

Since CTK began offering Financial Peace University, participants have eliminated more than \$1.2 million of debt combined, built savings of more than \$2 million, and dozens of marriages have been strengthened because couples get on the same page financially. Within the first 90 days, the average household saves \$2,300 and pays off \$5,700 of debt.

In this 9-session class, you'll gain budgeting insights, build a step-by-step financial plan, and enjoy an atmosphere that helps and celebrates progress.

Register early to make sure you get your materials before the first week of class.

Register at fpu.com/1081108 or contact Jayne (jayned@ctk.church or x272).

Invaded Lives

6 Mondays, February 25–April 1
6:30–8:15 PM in Room 212

Abuse and neglect take many forms, from seemingly harmless words and actions to violent acts against us or the people and things we love. This 6-session class helps men and women discover the importance of fully acknowledging every form of abuse and its effects on our lives. You'll learn how to fully grieve losses and experience God's healing comfort in the midst of pain, and permanently reclaim lost freedom and self-respect. Taught by Karolyn Merriman. This session is co-ed.

\$25. Register at ctk.church, the Connection Point, or contact Jayne (jayned@ctk.church or x272).

Seniors' Lunch

2nd and 4th Thursdays
10:30 AM–Noon in the Meeting Place
Seniors meet on the 2nd and 4th Thursday of every month for fun, fellowship and to enjoy lunch together. Invite a friend (50+) and join us.

\$2 donation for lunch is appreciated. No need to sign up; just show up! To find out more, contact Bev Johnson (360-733-8675).

Aaron Project

Those who have responded to God's call to foster or adopt children have gone "all in" with their lives. For many foster and adoptive families the journey is difficult. In the same way that Aaron held up the arms of Moses when he grew weary, you can lend support to a foster or adoptive family. Through simple acts of service, words of encouragement, prayer, or hanging out with kids, you make a difference in the lives of hurting children and the families who care for them. This is a great service opportunity for groups, families, or individuals.

Visit theaaronproject.net to learn how you can get started or for more info email 4theaaronproject@gmail.com.

Hiking/Snowshoeing

This Winter... Snowshoeing & Hiking!
Experience the majesty of God's creation on trails throughout Whatcom and Skagit counties. Beginner to experienced — all skill levels are welcome. Join us and let's take advantage of living in one of the most beautiful places on earth!
Open to age 18+.

Find **CTK Hiking Community** on Facebook.

I'M IN Ownership Ownership Night

**Sunday, February 24
6:30–8:00 PM in the Meeting Place**

Once a year, all CTK's Whatcom County campuses come together for an evening to celebrate and reflect on the past year and look forward to what's next. It's an opportunity for us to refocus on owning our mission and vision to create authentic Christian community everywhere God has placed us. Join us for an evening of conversation, news from each campus pastor, vision, prayer... and refreshments! Everyone is welcome; those who have completed the ownership process are urged to attend.

No need to sign up, just show up!



Connect Weekend

**January 12 & 13
Before and After Services in the Commons**

Looking for a place to learn, grow, serve or make new friendships? That's what Connect Weekend is for! On January 12 and 13, all our ministries will be on display before and after services in the Commons. Browse the various booths to meet some of the leaders and volunteers, ask question, and find your next step forward.

Community Partners

CTK is beginning its fourth year of community partnerships with local nonprofits and we are encouraged to see how God is moving through those connections. If you haven't seen our CTK Blessing 2018 Annual report yet, please pick one up at the Connection Point to learn more about how we care for CTK families in crisis, partner with the community and feed the hungry.



Volunteer at Lighthouse Mission's Mobile Shower Trailer

This winter we have the chance to serve alongside the Lighthouse Mission by hosting their mobile shower trailer here at CTK once a week. We're looking for 8 volunteers who are available during the daytime. Specific day and time TBD.

Contact Wendy (wendyp@ctk.church).



Samaritan's List

Every week we hear about people in our congregation and our community that could use a helping hand... or two... or ten! The Samaritan's List survey helps us match your skills with church family members and community partners in need. Our ability to say yes grows with every new person who steps forward to offer their skills, abilities and heart to serve those who need it most.

Tell us how you can make a difference... take the Samaritan's List survey at ctkserves.org/samaritan.



Lydia Place has a newly built fence at one of their homes thanks to this team of Samaritan's List volunteers.

Fighting Hunger in Bellingham and around Whatcom County

Every Tuesday more than 100 families come through Base Camp here at CTK to visit the Bellingham Food Bank's satellite distribution! In just one hour (5:30-6:30 pm) all these folks are able to pick up canned food, fresh produce, dairy items and bread.



The work of the 11 Whatcom County food banks is such an important part of this community's safety net. For those who have lost a job, are on a fixed income, have experienced medical bankruptcy, or are left by a partner, this is one way our community comes together to make sure no one goes hungry in our midst.

We are proud to partner with the Bellingham Food Bank in this way. And we want you to know, if you need some additional groceries, please come! All you need to bring is a piece of mail showing you have a Bellingham address.

Give on the Go

Give on the go this winter with CTK's online giving on our website or on the CTK App!

Online giving is not only easy and convenient for you, but more of your gift goes to the ministry than with any other method of giving. It requires fewer staff hours and lower bank fees than cash or checks, making it the most efficient way for CTK to receive funds.

In addition to online giving, you can give by cash or check during services, by mail (Attn: Finance, 4173 Meridian St; Bellingham, WA 98226), using online bill pay through your financial institution, or with planned giving through stocks, real estate, retirement assets, and life insurance.

For more instructions on how to give, email victoriyak@ctk.church. Gifts can be dropped off at the church offices during business hours or give online at give.ctk.church/bellingham.



Food Share and Farm

Hunger doesn't take a break over the winter. In fact, as heating costs rise, more families need help with groceries. CTK Food Share & Farm is committed to making sure that no neighbor in Whatcom County goes hungry.

Our newest partnership with Calvary Creekside Church allows us to support their incredible ministry providing weekend food for 320 kids and their families in the Nooksack Valley. These recipients have been identified by teachers and staff as those who need extra help with groceries the most.

We're hoping to collect these items for them to give away between January and Easter:



January
Crackers



March
Chicken Noodle Soup



February
Single Serving Applesauce



April
Granola Bars



Care Ministries

Carry each other's burdens, and in this way you will fulfill the law of Christ.
—GALATIANS 6:2

Each of us faces challenges every week in varying degrees. CTK strives to obey the command in Galatians 6:2 to share each other's troubles and problems. We're here to walk alongside and help ease the load. Whether you are facing sickness, loneliness, life transitions, broken or troubled relationships with family or close friends, unemployment or any life crisis — there is help. CTK Care Ministries have a team of people who have offered to be there with you, offering support and encouragement. You matter!

Prayer Team

Is prayer one of your spiritual gifts? Would you like to pray for the specific needs of individuals in the CTK family? Each week, prayer requests are emailed so you can spend time talking to God on behalf of others.

Join our Prayer Team by contacting Julie (julies@ctk.church or x279).

Hugs in the Mail

From time to time we could all use a special boost in our day. Join our team of volunteers who send cards to people who are ill, grieving, or facing tough times. If you have the gift of encouragement and would like to spend a little time each week sharing that gift through sending written cards, contact Marina (gomdysm2@gmail.com).

Prayer Shawl Ministry

Be part of this fun group of knitters from 10 AM – Noon on the 1st and 3rd Thursdays of the month. Share with others who knit or crochet as we create shawl blankets for people dealing with a health crisis or difficult time in life. The blankets offer comfort and a tangible reminder that the CTK family cares and is praying.

To join the group, learn more, or donate yarn, contact Judy (dfjpl@aol.com).

Stephen Ministry

If you or someone close to you, is experiencing a difficult season in life—a chronic or ongoing illness, being the caregiver or support person to a family member who is ill, family relationships that are difficult to navigate alone, loneliness, grief, or other challenges—and would like the companionship of a caring friend, a Stephen Minister could be of help. To request a minister and find out more about this opportunity, contact Julie (julies@ctk.church).

Need Care or Prayer?

If you need prayer, fill out a Prayer Request at Connection Point, Reception, or our website (www.ctk.church/giveback/prayer).

If you know someone who could use a card of encouragement, contact Marina (gomdysm2@gmail.com).

If you'd like someone to visit while someone is hospitalized, contact Julie (julies@ctk.church).

If you know someone who would appreciate a prayer shawl, contact Judy (dfjpl@gmail.com).

Connect

Stay connected with CTK in a variety of ways—from social media and the web to traditional contact methods.

We provide free Wi-Fi so you can access the CTK App during weekend services.



Find a CTK

CTK Locations

CTK is a multi-site church—one church in a number of locations. This outward focused strategy allows us to serve more of Whatcom County (and beyond) with a single mission, custom tailored to fit each unique location.

The six campuses below are part of the CTK network based in Bellingham. You'll find even more CTKs throughout Washington, the U.S., and worldwide.

Visit ctk.church and choose a campus to learn more!

BELLINGHAM

Saturdays, 6 PM
Sundays, 9:30
and 11:15 AM
4173 Meridian St

DOWNTOWN

Sundays, 10 AM
1419 N Forest

BLAINE

Sundays, 10 AM
763 G St

NORTH BAY

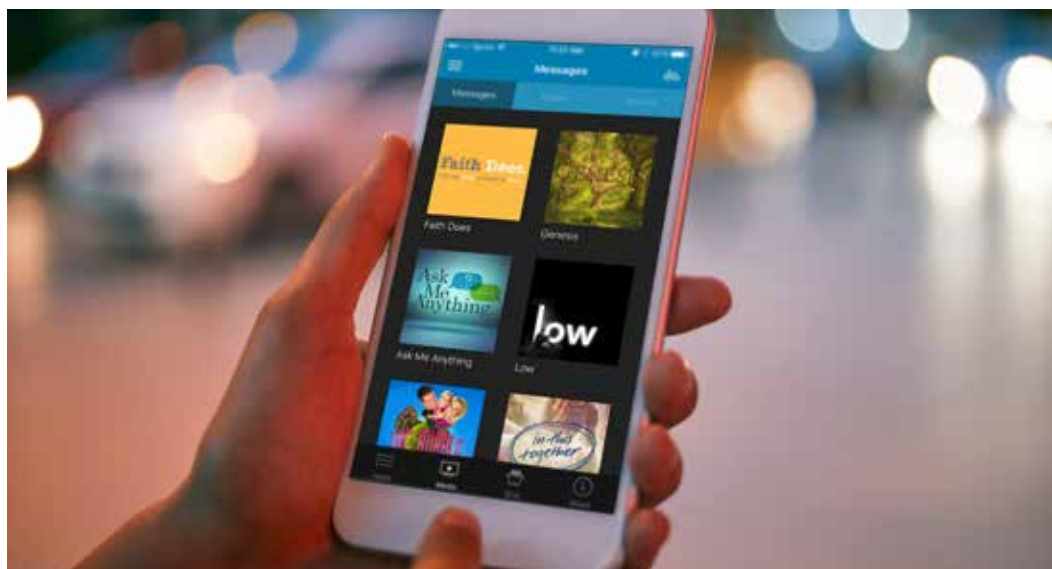
Sundays
9:30 and 11 AM
4895 Birch Bay
Lynden Rd

FERNDALE

Sundays
9:30 and 11 AM
5627 3rd Ave

SUDDEN VALLEY

Sundays, 10 AM
8 Barn View Ct



Take CTK On The Go With The CTK App

The CTK App makes it easier than ever to access sermon audio and video, sermon notes, built in Bible, small group resources, and more!

We provide free Wi-Fi on site so you can access the CTK App during weekend services.

Visit subsplash.com/ctkbellingham/app to download the CTK App for iOS, Android, Windows, Roku, & Amazon devices.