

# the life.

YOUR GUIDE TO CHRIST THE KING CHURCH

SPRING 2018

*Classes & Workshops  
Community Partnerships  
Age-Based Ministries  
Marriage & Families  
Special Events*



# Welcome to CTK Life

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## A Note from Grant Fishback LEAD TEACHING PASTOR



Spring is a time for rebirth and new growth, and I am excited to walk out this spring together with the family of CTK!

A healthy spiritual identity is crucial to growing in your faith with Jesus. Unfortunately, the enemy of our souls knows this fact. Satan constantly wants to twist, steal and destroy our spiritual identity to the point we lose sight of who God made us to be and we doubt his love for us. Jesus, on the other hand, wants our identity to be strong, secure and authentic as he builds his identity into our eternal souls. I'm excited to unpack all this in our spring sermon series, Identity Theft.

Following Identity Theft, we'll turn our hearts back to the people that God has placed right around the places we call home. For a few weeks we'll dig deeper into Neighboring with a simple question: do we love where we live?

After that, we'll go back to the beginning of God's epic love story and finish what we started last summer in Genesis. The final chapters of Genesis are filled with intrigue, dark questions, crazy history and a more complete revelation of God's character. I can't wait to explore this foundational book even more!

I hope you're ready to get in the spring spirit and experience rebirth and new growth during this season!

## A Note from Todd King LEAD VISION PASTOR



Neighbors. They come in every shape and size: friendly, isolated, angry, helpful, loud, and quiet. Jesus said the most important command is to love God and to love your neighbor as yourself. All neighbors. All types. All the time. Writer and philosopher G.K. Chesterton had wise words to say about this: "Love means loving the unlovable—or it is no virtue at all." It's true. To love our neighbor can be challenging, but it's an opportunity that Jesus has commanded us to act on.

Over this next year we will continue pushing into this great opportunity of loving those who live around us. We are doing this first and foremost

because Jesus said it is most important. But we also believe that truly loving our neighbors could change our whole county.

My prayer is that you will choose to engage in this opportunity — that you would pray for your neighbors so often that your heart changes to want to love them with everything you have and everything you are. Chesterton noted that this can be very difficult: "The Bible tells us to love our neighbors, and also to love our enemies; probably because they are generally the same people." It's hard to love nasty neighbors, mean neighbors, unkind neighbors, reclusive neighbors—but we are still commanded by Jesus to love.

As you explore all the opportunities in this edition of CTK Life, know that what we want for you, more than anything else, is that you'd know how much God loves and values you. That's where love for others begins. So if you need a class, a workshop, or a ministry to help you become a better neighbor... please sign up!

Together, let's love our community better than ever before!

**On the Cover:** CTK Farm volunteer Chad Maas and John Williams remove weeds between rows of lettuce. Find out more about the CTK Farm on page 2. Photo by Scott Sayers

# What's Your Next Spiritual Step?

## Spiritual Health Self Assessment

As children, we develop in a fairly predictable way. We learn how to sit up before we crawl, and we walk before we run. But when it comes to our spiritual development, those same stages aren't as easy to see. We have ideas and hopes of what a God-centered life could be like but we're not sure what it means to sit, crawl, walk, or run—spiritually speaking.

To help you figure that out, CTK has created a Spiritual Health Assessment. This tool gives you a clearer view of your progress in four general areas of spiritual maturity:

1. **Authenticity:** learning to be real with God, yourself, and others
2. **Biblical Understanding:** growing in your knowledge and acceptance of biblical truth
3. **Devotion:** building a living relationship with God through spiritual disciplines and practices
4. **Integration:** aligning every area of your life with your understanding and beliefs about God

Your assessment results will show if you're sitting, crawling, walking or running in each of these four areas. Armed with that information, you can begin to pursue steps forward. In the fall, winter and spring editions of CTK Life, classes, groups and workshops map directly to the four areas above and indicate which stage of growth they're best suited to.

Try the Spiritual Health Self Assessment today and take a step toward a life-changing relationship with God that could impact your world and the world around you.

*Take the Spiritual Health Self Assessment at [ctk.church](http://ctk.church), on the CTK App, or pick up the paper version at the Connection Point.*

## Class Finder Key

To make choosing a next step easier, many classes and events in this flyer are coded with the symbols below. Once you've taken the assessment, match your result from any of the four areas to a next step suited to that stage of growth.

- |          |      |          |       |
|----------|------|----------|-------|
| <b>S</b> | Sit  | <b>C</b> | Crawl |
| <b>W</b> | Walk | <b>R</b> | Run   |

## Take a step toward a life-changing relationship with God that could impact your world and the world around you.

## Neighboring

One of the best starting points for living like Jesus is to begin loving like Jesus. When he was asked what the most important commandment was, Jesus summed up all the biblical laws and words of the prophets pretty simply: love God and love your neighbor as yourself. At CTK, we take Jesus' reply seriously.

The first step in loving your neighbors is to know who they are. Jesus knows your neighbors' names. Do you?

The Neighborhood Block Map is a handy tool to write in the names of the neighbors around you. Whether you live in an apartment or on a 40-acre plot, it's a simple and useful way to take stock of who you know and who you don't. Pick one up in the Commons and begin asking God to give you a genuine love for the people who live right around you.



## Giving

God calls us to be generous and steward our resources well in order to further His kingdom. One way of doing this at CTK, is by contributing with non-cash gifts. This type of planned giving is a creative way to leave a legacy of generosity by donating stock, real estate, retirement assets, or life insurance.

*For info, contact Shawna (360-733-1337 x265 or [shawnaw@ctk.church](mailto:shawnaw@ctk.church)).*

Another method of donation is online giving. Online giving is not only easy and convenient for you, but more of your gift goes to the ministry than with any other method of giving. It requires fewer staff hours and lower bank fees than cash or check deposits, making it the most efficient way for CTK to receive funds.

Online giving can be set up and used with your computer, tablet, or smartphone. You can give a one time offering or setup recurring giving (weekly, bi-weekly, or monthly). If you'd like to try it out, just visit [ctk.church/give](http://ctk.church/give) and follow the directions.

*If you have questions, call our finance team (360-733-1337).*



## Infants and Toddlers: 0-23 mos.

### During All Weekend Services

Your newest family members are very precious to you—and to us too. That's why we're intentional about creating a clean, safe environment where they will be loved and cared for while you are in the adult service. This is their first experience in God's house so the love and joy of Jesus is the focus for these youngsters.

For more info, contact Sonya (360-733-1337 x273 or [sonyab@ctk.church](mailto:sonyab@ctk.church)).

## Preschool: Adventureland

### During All Weekend Services

Kids age 2–Kindergarten are ready to move, worship, and learn in much more active ways. Adventureland helps them discover the love of Jesus through games, musical worship, and Bible lessons that come to life. During this curious stage of their lives we want to encourage them to explore and discover a God who delights in them!

For info, contact Sonya (360-733-1337 x273 or [sonyab@ctk.church](mailto:sonyab@ctk.church)).

## 1st–3rd Grade: Base Camp

### During All Weekend Services

Every adventurer needs a base to venture from. Base Camp for kids in 1st–3rd grade is designed to be that type of base. As they launch out on new adventures, kids are learning to be open to God, discovering their ability to care and pray for others as they build friendships and learn God's Big Story. They'll discover that following Jesus is the best adventure in life.

For more info, contact Bren (360-733-1337 x264 or [brenw@ctk.church](mailto:brenw@ctk.church)).

## 4th–5th Grade: The Lookout

### During All Weekend Services

Life comes at us quickly, which means there are great opportunities for adventure as well as dangers to avoid. The Lookout is designed to help 4th and 5th grade students grow and discover God's truths and love others. As they develop their relationship with Jesus, they will grow in their identity in Christ and learn to look out for "God opportunities" as well as pitfalls that can hinder their role in God's Big Story.

For info, contact Bren (360-733-1337 x264 or [brenw@ctk.church](mailto:brenw@ctk.church)).

## Awana: age 2 ½— High School

### Wednesday Evenings, through May 16 6–8 PM at CTK

Awana encourages families to learn, grow and serve God together through a weekly program for ages 2½ through high school. Register at [ctk.church/bellingham/awana](http://ctk.church/bellingham/awana) or email Awana ([ctkawana@gmail.com](mailto:ctkawana@gmail.com)).

Find Compass: Helping Kids Navigate Life and Rebound Roots on page 7.

## New Kids Check-in Station

CTK Kids is always looking for ways to improve the weekend experience for kids and families. Whether the changes are small or big, it's all so kids can experience the presence of Jesus who will then bring about world changing differences in their lives.

One recent improvement is the new check-in station in the hallway near the Adventureland entrance and family room. This addition includes two unassisted check-in stations for parents who are familiar with the system. If you know how to use self check-in at the main counter, you can now bypass that crowd and head directly to the Adventureland hallway. Everything works the same, but the line should be shorter (if there's a line at all) and it's closer to the Adventureland classrooms. Faster and more convenient — a win for everyone!

On the topic of check-in and drop off, there are 3 more things we want you to be aware of:

1. First, your child is welcome to join us in CTK Kids at any time during the service. While we lock the outer doors,

we do not close drop off (except on very rare occasions if room limits are reached). That means you can drop off your child any time during the service.

2. Second, if you are attending with children on Easter, pay attention to your e-mail/announcements as check-in/drop off on Easter Sunday will be

slightly modified to create a smoother experience for everyone.

3. Finally, we have a fantastic nursery team and welcome babies of any age. Surprisingly some people don't know that; it's available and we would love to provide you the chance to worship while your infant is expertly cared for.



# Students

In the new year, Student Ministries has continued stepping into the new mission and vision we started this past fall. In the winter season, we launched a second United House in the Laurel/Meridian area to better



TRANSACTION: TRANSIT MONTHLY SERVICE INITIATIVE

serve students all over our county. Transit has continued to step into a new rhythm of serving the local community monthly and we are seeing great return from empowering students to serve.



UNITED: WEEKLY BELLINGHAM HOUSE GATHERING

## Transit: Middle School

Tuesdays

**6:30–8 PM at CTK**

Transit is CTK's middle school ministry hosted throughout Whatcom County on Tuesday Nights from 6:30–8:00 PM. CTK Bellingham hosts Bellingham Transit in the Meeting Place. At Transit, students experience a high-energy, fun atmosphere where they can connect with God, their small group leaders, and their peers. We would love to welcome every middle schooler at Transit.

Contact Courtney ([courtneys@ctk.church](mailto:courtneys@ctk.church)).

## United: High School

Sundays, 6:30–8 PM

In conjunction with our sister churches CTK North Bay and CTK Ferndale, we invite high school students into homes all throughout Whatcom County Sunday nights from 6:30–8:00 PM for United. CTK Bellingham hosts two houses, one in downtown Bellingham and one in the Laurel/Meridian area (addresses are listed below). At United, students experience God through large group discussions, small group conversations, and celebrating life together over food.

Contact Courtney ([courtneys@ctk.church](mailto:courtneys@ctk.church)).

South House, 1800 J St, Bellingham  
North House, 720 W Del Ray Dr, Lynden

## Middle School and High School Students, Join Us For The Gap!

The Gap is a gathering between CTK Sunday morning services (10:30ish to 11:15ish) in the Meeting Place for students to connect and have fun with each other. And if that's not enough incentive, we always have hundreds of free donut holes!

# Young Adults

## Ekklesia Weekly Gathering

**Thursday Nights**

**7 & 9 PM at Norway Hall**

Ekklesia is a movement of young people being real, seeking truth, embodying justice and passionately worshiping Jesus. We are about loving God, loving others, and loving others to God. Ekklesia meets throughout spring quarter at 7:00 & 9:00 PM at Norway Hall. It's never too late to get plugged into the young adult community and worship God.

To find out more, visit our website ([ekklesiabellingham.com](http://ekklesiabellingham.com)) or email Rachel ([rachels@ctk.church](mailto:rachels@ctk.church)).



EKKLESIA WEEKLY GATHERING

## Ekklesia's On Earth Project

CTK's young adult ministry is taking Jesus seriously when he prayed that his Father's will would be done on earth as it is in heaven. To that end, they've set a goal to raise \$10,000 to benefit Charity Water (providing clean water in the developing world) and \$10,000 for social justice here in Whatcom County through one of CTK's Community Partners.

## Hire-a-Helper Weekends

On two Saturdays, May 5 & 12, we're offering a work force of young adults to take on projects around your home or business — all for a suggested donation of \$18/hr. We'll have a table in the Commons on the weekends of April 14/15, 21/22 and 28/29 to take your requests and provide more details. Start thinking now about what you could use some help with, and stop by our table in April to sign up!

## End of the Year Baptisms and BBQ

**Thursday, June 14**

**6 PM at Marine Park in Fairhaven**

Join us for our last Ekklesia of the school year celebration with baptisms. More info to come!

For questions about getting baptized, stay tuned or email Rachel ([rachels@ctk.church](mailto:rachels@ctk.church)).

# Families

## The Aaron Project

Not everyone is called to take care of an orphaned child, but many of us can play a part in supporting those who do. Will you be one of them? Through simple acts of service, words of encouragement, prayer, or intentional relationship, you make a difference in the lives of hurting children and the families who care for them.

For more info, visit [theaarongproject.net](http://theaarongproject.net) or call Angel (360-733-1337 x241).

## Don't Miss Out!

Like CTK Families on Facebook and sign up for CTK Families text messages (no more than two a week) with info on upcoming events, links to great content, or an occasional shot of encouragement, 'cause parenting can be hard!

Sign up at the Connection Point or email Jayne ([jayned@ctk.church](mailto:jayned@ctk.church)).

## Change Your Family's Future

### Authenticity S C W R

7 Mondays, April 9-May 21  
6:30-8:15 PM in Room 216 | \$25

OR

7 Wednesdays, April 11-May 23  
10 AM-Noon in Room 215 | \$25

This weekly series with Karolyn Merriman offers practical and spiritual concepts that can effectively help families be more loving, resilient, godly, and functional. Learn how God uniquely empowers parents and grandparents to shape their family's future. Learn practical skill sets and tools that will help you interrupt generational patterns of sin and begin to build a legacy of love and of faith. Parents of any age who are raising or have raised children will be able to apply the concepts taught in this class to influence positive change in their family. Mondays: co-ed, Wednesdays: for women only.

*Free childcare with registration by April 2; see page 7. Register at [ctk.church](http://ctk.church), the Connection Point, or contact Jayne (360-733-1337 x272 or [jayned@ctk.church](mailto:jayned@ctk.church)).*

## Midweek Childcare

### During Monday evening and Wednesday morning classes

Planning to attend a Monday evening or Wednesday morning class? We offer free children's programs for kids 5 and younger during these times.

Pre-registration required: RSVP by April 2 for Monday evening classes and by April 4 for Wednesday morning classes.

*Registration may close prior to the deadline if classes fill up. Register at [ctk.church](http://ctk.church) or contact Katrina (360-733-1337 x221 or [katrinaj@ctk.church](mailto:katrinaj@ctk.church)).*

## Simple Moments for Single Moms

Sunday, March 25

12:30-2 PM in the Meeting Place

See details on page 9.

# Emotion Coaching

## The Heart of Parenting



Big feelings are a big part of life — just look at any toddler, teenager, or stressed out adult! Whether it's joy, sadness, anger or frustration, the way we navigate feelings has a huge impact on the quality of our life.

More than 20 years of research has shown that children who receive emotion coaching are able to access more of their potential, have stronger relationships with their parents, and are more resilient when challenges arise in life. They are healthier, happier, and even more successful in school. Join us for 3 hours that will equip you to respond to your child's emotions.

**Saturday, May 19**

**9 AM-Noon in Room 215**

**\$25/household; \$15 add'l book**

*Register at the Connection Point, [ctk.church](http://ctk.church) or contact Jayne (360-733-1337 x272 or [jayned@ctk.church](mailto:jayned@ctk.church)).*

**Learn more about emotion coaching at [gottman.com/blog/an-introduction-to-emotion-coaching](http://gottman.com/blog/an-introduction-to-emotion-coaching)**

# MARCH IS MISSIONS FOCUS MONTH AT CTK

**D**uring the month of March, we're turning our attention to what God is doing outside our borders and directing some of our generosity toward those who are sharing the hope of Jesus around the world.

Here are three questions to consider:

- If you could plant a church for \$300, would you?
- If you could change the spiritual landscape of an entire nation, would you?
- If CTK had the resources to plant 250 churches in the beautiful nation of Thailand, would we?

During Missions Month several years ago, the generous people of CTK gave \$40,000 to translate Bibles into the Thai language. The Bible project has grown into a movement, and now those who received Thai Bibles are beginning to plant churches.

This year we're leaning on the Holy Spirit to help us dream a bigger missions dream than ever before. Our 2018 goal is to reach "to the ends of the earth" by funding several hundred church plants in the unreached Phetchabun province of Thailand. With matching funds from an anonymous donor, \$75,000 from CTK will launch 250 churches, encouraging a new Jesus movement in a country that is so open to the Gospel.

The Bible asks a simple, direct question: how can they hear if no one tells them? You might never share the gospel face to face with a Thai national, but your generosity could speak volumes. So here's a simple, direct question for you: will you be part of this move of God?

*If you'd like to give toward this goal, please use the blue missions envelope for cash or checks, or choose missions when you give online.*

## FAMILIES CONTINUED

### **Compass for Kids**

**7 Mondays, April 9-May 21  
6:30-8:15 PM in Room 115**

There's no such thing as a perfect family. Still, it can be hard for kids to accept when their family is different than they wish it was. Compass is a place for kids ages 6-12 to discover that all families face challenges and explore how every family member has an important contribution to make.

Families come in all shapes, sizes, and situations. We want to help kids appreciate what's good about their family right now, right where and how it is. Through fun activities, relevant teaching, and small-group interaction, kids learn foundational truths and valuable skills that they need to navigate life's circumstances.

Because it's important to build an atmosphere of trust in our small groups and weekly teachings build on lessons from previous weeks, families must commit their child to attending at least 5 of the 7 sessions. Register at [ctk.church](http://ctk.church), the Connection Point, or contact Katrina (360-733-1337 x221 or [katrinaj@ctk.church](mailto:katrinaj@ctk.church)).

### **Rebound Roots**

**8 Thursdays, April 12-May 31  
6-8 PM in Base Camp  
Dinner served 6-6:30**

Rebound's Roots programs are a safe, encouraging place for kids and parents facing difficult life challenges.

In the Roots for Kids program, age 3 years through 8th grade learn the necessary life skills to understand, discuss, and cope with life in healthy, positive ways.

The Roots for Parents class provides the building blocks to create positive family change and realize your family's hopes and dreams. This class incorporates many of the same tools used in both the Roots children' program and in many local schools.

Roots for Parents is offered in both English and Spanish. Childcare is available for kids up to 3 years old.

To register, contact Shelli at 360-603-9459 or [shelli@reboundfamilies.org](mailto:shelli@reboundfamilies.org).

### **Child Dedication**

**2 Sundays, April 15 & 22  
9:30-10:30 AM in Room 211**

Join other families with young children for two class sessions that will prepare you to dedicate your child to God—and yourself to godly parenting. The class culminates with a dedication ceremony, Sunday, April 29; invite your friends and family to celebrate with you and pledge their support in your commitment to your child.

*Pre-registration required. Register at [ctk.church/bellingham/childdedication](http://ctk.church/bellingham/childdedication).*

### **Coming this Summer: Families at the Park!**

Sometimes, going to the park is just more fun with friends! Join other families from CTK for these fun, casual opportunities to connect. Invite your family and friends, pack a picnic dinner, and join us at various parks around town. We will have several dates throughout June, July & August. Looking forward to spending the evening at the park with you!

*Watch for dates and times later this spring.*

# Men

## Free Men's Breakfasts

### Authenticity SCWR

Saturdays, March 24, May 19, & June 23

8:30–10:15 AM in the Meeting Place

Guys: our men's breakfasts keep getting bigger and better as more men discover this fun and meaningful launch point for a deeper relationship with God and other men. Besides a delicious free breakfast, we'll serve up a short, inspiring video and provide details about upcoming men's events.

RSVP with Ron ([ronw@ctk.church](mailto:ronw@ctk.church) or 360-733-1337 x218).

## Samaritan's List

### Integration SCWR

Every week at CTK, we learn about people in our congregation and projects in our community that could use a helping hand (or two, or ten)! As a big church, we also know there are lots of people equipped with a wide variety of skills. We're looking for adults who want to connect their heart with their hands to serve. Our goal is to match skilled volunteers with specific needs, and we invite you to be on the list.

If you'll offer your time and talent, answer a few questions ([ctk.church/bellingham/men](http://ctk.church/bellingham/men)) to tell us about your skills and availability. To find out more, contact Ray (360-303-0380).

**B**e strong and courageous. Do not be afraid...for the Lord your God will be with you wherever you go.

FROM JOSHUA 1:9

## Men's Bible Study: Joshua—Be Strong and Courageous

### Biblical Understanding SCWR

4 Sundays, May 13–June 3

9:30–10:45 AM in Room 213

Whether as a slave making bricks or a leader of a nation, Joshua lived a life defined by courage, humility, prayer, and worship. His life serves as an example and encouragement to us all. Join author Todd Phillips in the heart of the nation's capitol as he uses familiar landmarks in American history to illuminate the story of Joshua in a way never before experienced. This 4-part video Bible study series will challenge you to be strong and courageous in your faith.

Register at [ctk.church](http://ctk.church), the Connection Point, or contact Ron (360-733-1337 x218 or [ronw@ctk.church](mailto:ronw@ctk.church)) for details.

## Men's Mentoring

### Authenticity SCWR

#### Find a Mentor

To help young men live God-centered lives and fulfill their potential, we offer one-on-one mentoring where younger guys can be mentored by mature, spiritually healthy men. You don't have to navigate this road alone. In fact, you were never meant to. If you're age 19–40, we encourage you to consider being mentored.

#### Become a Mentor

Are you a guy who's been walking with Jesus for a while? Are you willing to be open with your victories and challenges? Consider being a mentor! Having seasoned, experienced believers come alongside less-experienced ones is the biblical model for spiritual maturity. There's a young man right now who needs the guidance you could give. Volunteer today!

Learn more at [ctk.church](http://ctk.church) or contact Stan ([stanchron@hotmail.com](mailto:stanchron@hotmail.com) or 360-739-2457).

## Men's Retreat

Friday, May 4–Sunday, May 6  
at Camp Casey | \$99

Men — join us for a weekend of worship, outdoor recreation, and authentic Christian community with other guys. These three days away could change the course of your life.

This year's guest speaker is Pastor Frank Colacurcio, Jr., teaching on the theme, The Making of a Man of Valor. The weekend includes worship throughout, small group breakouts, prayer time, and an opportunity to be baptized.

Camp Casey offers tons of recreation options — golf, hiking, kayaking, cornhole, basketball, and billiards. We've built in ample hangout time, especially during meals and campfire. Speaking of meals, Saturday night is a steak dinner with all the fixings.

Hurry and register at [ctk.church/bellingham/men](http://ctk.church/bellingham/men) — limited to 200 guys (age 18+).



# Women



## Collide Women's Conference

**Friday, May 4, 5–9:30 PM at Cornwall Church**

Likewise. What if we've misunderstood who our neighbor is? Join hundreds of women and be moved and galvanized by stories, speakers, artists, worship and more. When Jesus was asked "Who is my neighbor?" Jesus responded in a parable that has the potential to shift our view in powerful ways that could have huge impact. We hope to ask this question as a community and truly call women to live out being good Samaritans in the world around us.

Purchase tickets at [wecollide.net](http://wecollide.net). Standard: \$30 before April 20, \$40 after; students: \$15 before April 20, \$20 after.

### Simple Moments for Single Moms

**Sunday, March 25  
12:30–2 PM in the Meeting Place**

As a single mom, life probably feels anything but simple. We'd love to spend an afternoon encouraging you and introducing you to possibilities for the future. We'll provide lunch, dessert and childcare so you can come connect with other single moms, gain some tools for navigating life as a single parent, and have a little fun. Invite other single moms to join you.

Register at the Connection Point, [ctk.church](http://ctk.church) or contact Jayne (360-733-1337 x272 or [jayned@ctk.church](mailto:jayned@ctk.church)). RSVP by Sunday, March 18. Childcare provided for children 12 and younger with RSVP.

### Days for Girls

**Integration SCWR**

**2nd & 4th Tuesdays  
April 10 & 24; May 8 & 22  
6:30–8:30 PM in Room 216**

In many countries, girls and women miss days of school or work every month because they lack access to and awareness of feminine hygiene supplies. We've found a way to help. In partnership with Days for Girls, CTK has a group of women who meet twice a month to sew and pack hygiene kits.

You can also donate thin washcloths, hotel size soap, Fruit of the Loom ladies underwear and new fabric (100% cotton and double brushed flannel). Simply leave your donation at the reception desk.

Visit [ctk.church](http://ctk.church) or contact Shannon ([sam317@comcast.net](mailto:sam317@comcast.net)) or Cindy ([werfamily98@gmail.com](mailto:werfamily98@gmail.com)) for details.

### Discerning the Voice of God

**Biblical Understanding SCWR**

**7 Mondays, April 9–May 21  
6:15–8:15 PM in Base Camp | \$25**  
**OR**

**7 Wednesdays, April 11– May 23  
10 AM–Noon in the Meeting Place | \$25**

Join other women for compelling table discussion, video learning, and personal exploration of the Bible. This updated study from Priscilla Shirer reveals the root to clear and daily communication with God through humble obedience. Learn how surrender unlocks his many blessings intended for us, centers us in his will, and helps us discern his voice in everyday life. Register at [ctk.church](http://ctk.church), the Connection Point, or contact Jayne Doll ([jayned@ctk.church](mailto:jayned@ctk.church) or 360-733-1337 x272).

### Change Your Family's Future

**Authenticity SCWR**

**7 Wednesdays, April 11–May 23  
10 AM–Noon in Room 215 | \$25**

Women—this series with Karolyn Merriman offers practical and spiritual concepts that can effectively help families be more loving, resilient, godly, and functional. Learn how God uniquely empowers parents and grandparents to shape their family's future. Learn practical skill sets and tools that will help you interrupt generational patterns of sin and begin to build a legacy of love and of faith. Parents of any age who are raising or have raised children will be able to apply the concepts taught in this class to influence positive change in their family.

Register at [ctk.church](http://ctk.church), the Connection Point, or contact Jayne (360-733-1337 x272 or [jayned@ctk.church](mailto:jayned@ctk.church)).

### Women's Mentoring

**Authenticity SCWR**

#### *Find a mentor*

Is there a woman in your life that asks the tough questions, encourages you in your faith, and speaks the truth in love when you need correction? Where do you go for advice when you struggle? A mentor can help you grow in your faith as you share life together through authentic, purposeful relationship.

To get connected, complete the mentor request form [ctk.church/bellingham/women](http://ctk.church/bellingham/women).

#### *Be a Mentor*

Jesus modeled discipleship through life-on-life relationship. That's what women's mentoring is all about. We want to pair women who have an established relationship with Jesus with women who are earlier in their faith journey. Through real relationship, mentors will lead another woman deeper in her faith by sharing life together, talking about the stuff that really matters, and helping mentees discover next steps in their spiritual journey. You don't have to have it all figured out to be a mentor. If you've taken the Spiritual Health Assessment and found yourself at Walk or Run in most categories, we'd love to show you how you can be a catalyst in another woman's life.

Contact Angel ([angelf@ctk.church](mailto:angelf@ctk.church)).

### Weekday Childcare

Available for Monday night and Wednesday morning classes.

See page 6 for details.

# Adults

## The Grief Journey: A Path of Healthy Brokenness

**Authenticity S C W R**

4 Sundays, April 8-29

11:15 AM-12:30 PM in Room 212 | \$15

Grieving is the emotional and spiritual recovery work that we all must do at some point. And God has designed a process for our souls to process loss. This class will help describe that path, as well as what happens if we avoid going through grief with God. Through teaching by local counselor Mike Black and discussion groups, you can find the gifts God gives in the midst of life's losses such as death, divorce, job loss, or a difficult diagnosis.

Register at [the Connection Point, ctk.church](http://ctk.church) or contact Jayne (360-733-1337 x272 or [jayned@ctk.church](mailto:jayned@ctk.church)). Children's programs available through CTK Kids.

## Financial Peace University

**Integration C W R**

8 Sundays, April 8-May 27

11 AM-12:15 PM in Room 215 | \$109

Since CTK began offering Financial Peace University, participants have eliminated more than \$1.2 million in debt combined, built savings of more than \$2 million, and dozens of marriages have been strengthened because couples get on the same page financially. Within the first 90 days, the average household saves \$2,300 and pays off \$5,700 of debt. In this 9-lesson class, participants are given budgeting insights, a step-by-step financial plan, and an environment that helps and celebrates progress. Join us to start your own journey toward financial peace!

Register at <https://fpu.com/1060712>.

## Scholarships Available

We never want money to stand in the way of your learning and spiritual growth. Scholarships are available to cover registration and/or cost of materials for many of our classes and workshops.

Contact Jayne (360-733-1337 x272 or [jayned@ctk.church](mailto:jayned@ctk.church)).

## Change Your Family's Future

**Authenticity S C W R**

7 Mondays, April 9-May 21

6:30-8:15 PM in Room 216 | \$25

**OR**

7 Wednesdays, April 11-May 23

10 AM-Noon in Room 215 | \$25

This weekly series with Karolyn Merriman offers practical and spiritual concepts that can effectively help families be more loving, resilient, godly, and functional. Learn how God uniquely empowers parents and grandparents to shape their family's future. Learn practical skill sets and tools that will help you interrupt generational patterns of sin and begin to build a legacy of love and of faith. Parents of any age who are raising or have raised children will be able to apply the concepts taught in this class to influence positive change in their family. Mondays: co-ed, Wednesdays: for women only.

Free childcare and Compass with registration by April 2; see page 7. Register at [ctk.church](http://ctk.church), the Connection Point, or contact Jayne ([jayned@ctk.church](mailto:jayned@ctk.church) or 360-733-1337 x272).

## The Whatcom Dream

**Integration S C**

10 Mondays, April 16-June 18

6-7:30 PM at Roosevelt Community Center (2303 Moore St, Bellingham)

\$60/person; scholarships available

Have you given up any hope of financial stability in your life? The Whatcom Dream Financial Literacy Class provides the tools and encouragement to give you a whole new outlook.

Register and find out more at [thewhatcomdream.org](http://thewhatcomdream.org).

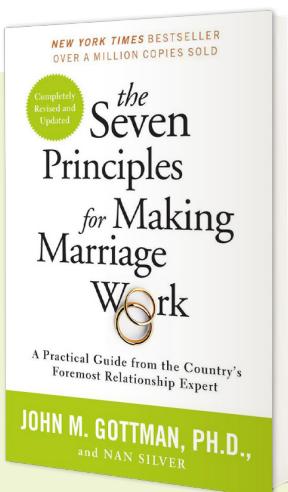
## Seniors Lunch: Adults 50+

**Every 2nd and 4th Thursday**

**10:30-Noon in the Meeting Place**

Seniors meet on for fun, fellowship, and to enjoy lunch together. Invite a friend (50+) and join us. \$2 donation for lunch.

For more info, contact Bev (360-733-8675).



# TWO DAYS COULD CHANGE YOUR MARRIAGE FOREVER.

## 7 Principles for Making Marriage Work

**Authenticity S C W R**

Friday, June 8, 6-9 PM AND Saturday, June 9, 8:30 AM-1 PM

In the Meeting Place | \$80/couple

This 2 half-days workshop is based on 40 years of research with thousands of couples by Drs. John and Julie Gottman. These principles are proven to help couples improve their friendship, enhance romance and intimacy, manage conflict constructively and solve problems. The workshop is equally useful for long-time married couples, those considering marriage, and everyone in between. If you've taken a workshop since November 2015, you are welcome to join us at the reduced rate of \$10.

Partial scholarships available. Contact Renee (360-733-1337 X242 or [reneeb@ctk.church](mailto:reneeb@ctk.church)) for an application.

Register at [ctk.church](http://ctk.church), the Connection Point, or contact Jayne (360-733-1337 x272 or [jayned@ctk.church](mailto:jayned@ctk.church)).



## Easter Next Steps

### New? Not Sure Where To Start? START HERE!

#### CTK Introductions

Sunday, April 8  
9:30–10:15 AM in Room 210

It's easy to come to church week after week but never make a meaningful connection with other people or God. That's where CTK Introductions can really make a difference. Come get an overview of what CTK is about and meet people who've been here a while. They're excited to meet you and help you find a place to connect, grow, or serve at CTK.

Drop your kids off with CTK Kids and join us!

#### Next Steps Weekend

Saturday, April 7 and Sunday, April 8  
After weekend services  
In the Commons

For many people, Easter weekend is the starting point of a relationship with Jesus or a decision to resume their journey with God. So the weekend after Easter, we're offering a number of opportunities to take the next step of growth. Join us after any weekend service in the Commons to quickly learn about small groups, baptism, or the faith-building Alpha course. Come take the next step in your walk with Jesus!

No need to register, just show up!

#### Baptism Classes

##### Devotion SCWR

Saturday, April 7, 7:15–7:45 PM,  
Sunday, April 8, 10:45–11:15 AM, OR  
Sunday, April 8, 12:30–1:00 PM

Baptism is a way Jesus taught to publicly declare our decision to trust and follow him. If you're ready to take this important step, we'll be baptizing during all services on April 14/15. To be included, come to one of the baptism classes listed above. We look forward to hearing your story and explaining what baptism is all about.

For more info, visit the Connection Point or contact Molly ([mollym@ctk.church](mailto:mollym@ctk.church) or 360-733-1337 x217). Children 12 and under register with Charles ([charlesm@ctk.church](mailto:charlesm@ctk.church) or 360-733-1337 x270).

## JOIN THE ADVENTURE

### Alpha: An Introduction to Christianity

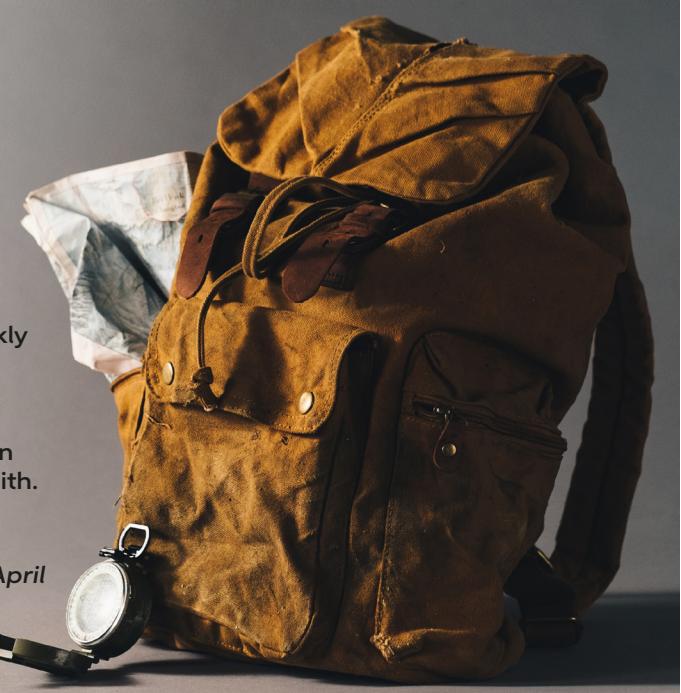
#### Biblical Understanding SCWR

7 Mondays, April 9–May 21  
6:00–8:15 PM in the Meeting Place

Coming straight from work? We'll save dinner for you!

Alpha answers frequently asked questions about Jesus, the Bible and the Christian faith. It's a friendly, no-pressure weekly gathering where you'll enjoy free dinner, hear common-sense teaching, and explore every question in a welcoming atmosphere. Alpha is perfect for people curious about Christianity, new believers, or those who want to brush up on the basics — for their own growth or to better share their faith. Have a friend who's curious about God? Attend Alpha with them to walk alongside their faith journey.

Free childcare and Compass program with registration by April 2; [page 6](#). Register at [ctk.church](http://ctk.church), the Connection Point, or contact Molly ([mollym@ctk.church](mailto:mollym@ctk.church) or 360-733-1337 x217).



# Care Ministries

Galatians 6:2 tells us to carry each others burdens, and in this way you will fulfill the law of Christ. What better way to be a neighbor then to come alongside someone during a difficult time. Likewise, we need to allow our neighbors to help us when our life gets challenging. CTK Care Ministries has many opportunities for you to be cared for — and care for others.

## Hugs in the Mail

There are times when a few words of encouragement are just what our soul needs. If you or someone you know would benefit from receiving a card in the mail please let us know by submitting a request at Connection Point or reception. If you are looking for an opportunity to serve from home, sending these cards is a great way to be involved.

Contact Marina ([gomdysm2@gmail.com](mailto:gomdysm2@gmail.com)).

## Prayer Shawls

Sometimes a practical and tangible item is the best way to let someone know you care. A prayer shawl might be just right. Each time it is draped across a lap or over shoulders it reminds the recipient that people care and are praying for them. *If you'd like to request a small, comforting blanket (handmade with prayer) on behalf of a friend, family member, small group member, etc, contact Judy ([dfjpl@gmail.com](mailto:dfjpl@gmail.com)).*

## Prayer

The CTK Prayer Team is here to join you in praying for the concerns of your heart. *Whether your request is for yourself, a relative, or a friend, please fill out a Prayer Request Form at the Connection Point, reception desk anytime the church is open, or online at [ctk.church/bellingham/care](http://ctk.church/bellingham/care).*

## Stephen Ministry

The hard times in life can be different when we have a Christian friend. Having someone to pray with and for you, encourage you, and remind you how much God loves you is what Christian community is all about. Stephen Ministers are gifted and specially trained to be this kind of friend.

*If you would like to learn more or be connected, contact Julie ([julies@ctk.church](mailto:julies@ctk.church) or 360-733-1337 x279).*

## Prayer Shawl Group

1st and 3rd Thursdays

10 AM—Noon

In the Mother's Room

If you enjoy needle arts, conversation and sharing, come and join us as we knit and/or crochet prayer shawls. These small blankets have been blessing individuals in our congregation as they experience a difficult time in their life.

Newcomers and drop-ins always welcome.

If you'd like to donate yarn, please bring it in a bag marked "Prayer Shawls" and leave it at reception anytime you're at CTK.

Contact Judy ([dfjpl@gmail.com](mailto:dfjpl@gmail.com)).

## Request a Shawl

*If you'd like to request a small, comforting blanket (handmade with prayer) on behalf of a friend, family member, small group member, etc, contact Judy ([dfjpl@gmail.com](mailto:dfjpl@gmail.com)).*

Carry each other's burdens, and in this way you will fulfill the law of Christ.

—Galatians 6:2

## Northwest Adult Day Health Family Caregiver Support

As one of CTK's community partners, Northwest Adult Day Health offers two support groups to educate, encourage and network people caring for an elderly or disabled family member.

For more info, visit [nwaduldayhealth.com](http://nwaduldayhealth.com) or contact Kevyn (360-306-3031).

### Lynden Support Group

2nd & 4th Tuesdays of every month  
2:30–4 PM at Northwest Adult Day Health (851 Aaron Dr)

Second Tuesdays feature a guest speaker; fourth Tuesdays focus on a facilitated discussion.

### Bellingham Support Group

3rd Tuesday of every month  
1:30–3 PM in Room 211 (at CTK)  
Meetings offer time for sharing and encouragement.



# Hunger Relief

## CTK Food Share

It's been a wonderful winter season for our Food Share ministry, serving 150-200 families a week through our partnership with Foothills Food Bank and also serving the Mt. Baker schools with Winter Break Food Boxes. We were able to supply all 500 tuna packets to make sure children had easy prep meals while their parents were at work. .. a huge impact on 126 families and 325 children.

We're launching a new ministry team this spring called the Food Share Prep Team. They will meet 1-2 times a month to wash, chop and bag vegetables for freezing and/or distribution. This helps local groups incorporate more healthy foods into their programs meals.

Contact Faith ([faithw@ctk.church](mailto:faithw@ctk.church) or 360-733-1337 x220) for info.

### Ways to help

Donate the item of the month at the bin in the Commons.

**Food Share Prep Team.** Sign up to help.

Contact Faith ([faithw@ctk.church](mailto:faithw@ctk.church) or 360-733-1337 x220).

Give financially towards the cost of gas and supplies.

Choose Blessing when you [give online](#) or use a green Blessing envelope.

## Food Share

### Item of the Month

Drop off donations at the Food Share bin in the Commons.

March  
Mayonnaise



April  
Salad Dressing



May  
Condiments



June  
Canned Fruit



## CTK Farm

Out at the CTK Farm, we're transitioning from the planning season to the planting season! We're excited for the many opportunities this brings to bless the county with fresh produce and to serve God together in creative and unique ways. Many hands make light work — whether your hands like heavy physical work or light duty.

### Ways to help

**Do you grow your own vegetable garden at home?**

Consider growing a row to donate to the Food Share ministry. This is your chance to partner in feeding the hungry in our community.

*If you'd like to receive weekly farm updates, contact John ([farm@ctk.church](mailto:farm@ctk.church)). If your small group would like to work at the farm together, visit [ctk.church/serviceprojects](http://ctk.church/serviceprojects).*

**MANY HANDS  
MAKE LIGHT WORK**

**Join us out on the farm**

Monday mornings

9 AM to Noon

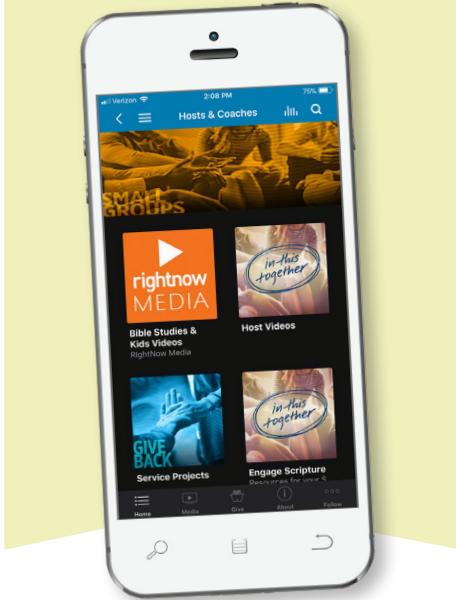
Enjoy the sun, friends and community while we till, plant, weed and harvest the farm God has blessed us with. Once we reach peak season, we also harvest on Thursday evenings.

*Check the wall in the Commons for additional work days; we'd love to have you join us! The farm is located on the corner of Hemmi and Hannegan roads (6069 Hannegan Rd). Look for the large greenhouse or brightly colored shipping container with our logo on it.*



## **Small Groups on the CTK App**

Get all of our small group resources for coaches, hosts, and group members in one convenient place! Download the CTK App today and tap on Small Groups.



# **Small Groups**

## **Small Group Host Orientation**

### **Authenticity W R**

**Sunday, March 18**

**9:30-10:30 AM**

**OR**

**11:15 AM-12:15 PM**

**In Room 211**

Hosting a small group is easier than you might think. If you have a heart for people, can open your home, serve a snack, and turn on a video, you have what it takes. If you think you're ready to host a small group, don't miss our next Small Group Host Orientation. In just an hour, we'll give you the training and resources to start hosting, and you'll come away ready to start a new group.

Contact Brian Steele ([brians@ctk.church](mailto:brians@ctk.church) or 360-733-1337 x228).

## **Small Group Launch**

### **Authenticity S C W**

**Sunday, April 22**

**10:30-11:15 AM in the Meeting Place**

The Christian life was meant to be lived in community with others. At CTK, home small groups are the ideal place to build spiritual friendships and walk through a season of life together. We want to make it simple and easy for you to get into a new small group, so join us for Small Group Launch. Between our two Sunday services, come see all the new small groups that will be starting and find one that best fits your life.

No need to sign up, just show up! Contact Molly ([mollym@ctk.church](mailto:mollym@ctk.church)) for more info.

# **Small Groups & Serving A KEY TO GROWING DEEPER**

**C**ommand them to do good, to be rich in good deeds, and to be generous and willing to share. — 1 TIMOTHY 6:18

Small groups do a variety of things to grow closer — like praying for each other, exploring the Bible together, and being open and transparent. But it's easy to miss one of the most catalytic activities for group bonding: **serving together**. So it's no coincidence that Small Groups and Community Partners are together on these pages of CTK Life; together, the two have potential to make a huge impact for good — both in groups and in our community.

**CTK's mission is our goal:**  
*We want every small group to create authentic Christian community that effectively reaches out in love...*

Specifically, we are calling each small group (whether they are newly formed or have been hanging out in the same living room for years) to serve together at

least once a quarter. We believe this habit will impact the faith of each person who serves, strengthen the bond of the group, and deepen the substance of the group. So here are your targets:

- Serve this Spring (Mar–May). Visit [ctk.church/serviceprojects](http://ctk.church/serviceprojects) for detailed instructions on 30+ different projects.
- Serve again this summer (June–Sept). A new site for service, [ctkserves.org](http://ctkserves.org), goes live on May 1 providing easy access to projects, partner info, and photos.
- Serve someone in need during the holidays (Oct–Dec).

### **What barriers will my group need to overcome in order to serve together?**

#### **Scheduling**

**Everybody in our group is too busy. It's nearly impossible to find a day we can all serve.**

Don't wait! Try to find a project during your normal meeting time. Otherwise, poll the group for a day/time that works for most, put it on the calendar and serve with whoever can make it. Not everyone

can make it to group every week, so why put serving on hold waiting for that day to come?

#### **Picking a Project**

I'm not sure what the options are and people in our group have different ideas about what they'd like to see us do.

Take turns picking the project. Let one person take the lead this spring and the next person with passion for something queue up the summer project. There is a continually updating list of projects of all different kinds at [ctk.church/serviceprojects](http://ctk.church/serviceprojects).

#### **Physical Limitations or Financial Barriers**

My group would like to do a project but not everyone can pitch in for the cost.

This is a great opportunity to play to individual group members' strengths. Some can help financially; some can help with delivery; someone can coordinate the project with the community partner. God gave each of us unique gifts. Don't shy away from that—leverage it!

# Community Partners



Find out more at the Community Partner wall in the Commons or contact Wendy Powell ([wendyp@ctk.church](mailto:wendyp@ctk.church) or 360-733-1337 x212).

Christ the King is proud to partner with local organizations that provide essential services in our community. We express our long-term commitment to these respected, nonprofit partners in two ways: through financial support from the generosity of our congregation and by providing volunteers to help meet their needs. In exchange, CTK benefits from the expertise and assistance of these nonprofits to better serve our diverse congregation.

We view our partnerships as a form of outreach, giving us opportunities to participate in meaningful ways for the good of our community. It also increases our awareness of issues and people we might not otherwise connect with. To serve our community, we have to be connected to our community. These relational moments are the perfect places to express God's care, concern, and kindness for each person.

Our partnerships focus on five areas:

**1) Kids and Families**

Rebound of Whatcom County  
Blue Skies for Children  
Boys and Girls Club

**2) Homelessness**

Lighthouse Mission  
Lydia Place

**3) Relational Crisis Services**

DVSAS (Domestic Violence and Sexual Assault Services)  
Engedi Refuge Ministries  
Whatcom County Pregnancy Clinic

**4) People with Disabilities**

Adult Day Health  
Kids in Motion  
Cascade Connections

**5) Hunger Relief**

Foothills Food Bank  
Bellingham Food Bank

**M**y small group has committed to serving once a quarter and it seems like more of a blessing to us than it is for the community partner. We get to know more about them and what they are doing and we bond as a group doing something that is fun together.

LINDA, SMALL GROUP MEMBER



*This women's small group hosted a "baby shower" and brought gifts for the clients of Whatcom County Pregnancy Clinic*

# Learn more

## Stay Connected

Stay connected with CTK in a variety of ways—from social media and the web to traditional contact methods.

We provide free Wi-Fi so you can access the CTK App during weekend services.

 **Facebook:**  
[ctkbellingham](https://www.facebook.com/ctkbellingham)

 **Instagram:**  
[ctkbellingham](https://www.instagram.com/ctkbellingham)

 **Website:**  
[ctk.church](https://www.ctk.church)

 **Vimeo:**  
[ctkchurches](https://vimeo.com/ctkchurches)

 **CTK App:**  
Available for most platforms

 **Phone:**  
360-733-1337

 **4173 Meridian St**  
Bellingham, WA 98226

## CTK Locations

CTK is a multi-site church—one church in a number of locations. This outward focused strategy allows us to serve more of Whatcom County (and beyond) with a single mission, custom tailored to fit each unique location.

The five campuses below are part of the CTK network based in Bellingham. You'll find even more CTKs throughout Washington, the U.S., and worldwide.

Visit [ctk.church](https://www.ctk.church) and choose a campus to learn more!

**Bellingham**  
Saturdays, 6 PM  
Sundays, 9:30 and 11:15 AM  
4173 Meridian St

**Downtown**  
Sundays 9 and 11 AM  
1419 N Forest, B'ham

**Ferndale**  
Sundays 9:30 and 11 AM  
5627 3rd Ave

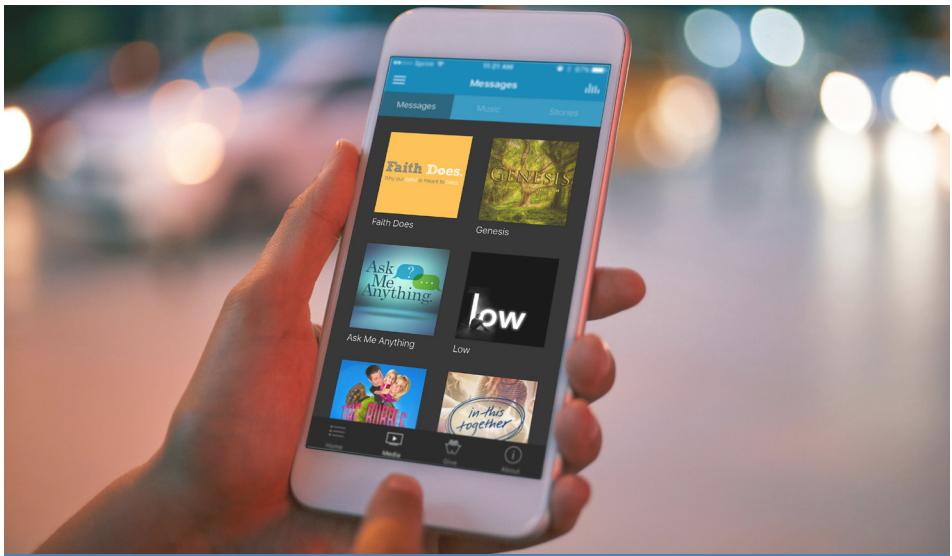
**North Bay**  
Sundays 9:30 and 11 AM  
4895 Birch Bay-Lynden Rd

**Sudden Valley**  
Sundays, 10 AM  
8 Barn View Ct

# The songs we sing—anytime, anywhere.



Find our playlist on the CTK app or at [ctk.church](https://www.ctk.church)



## Take CTK On The Go With The CTK App

We've redesigned the CTK App from the ground up to make it easier than ever to access CTK audio and video, sermon notes, built in Bible, small group resources, and more! We provide free Wi-Fi so you can access the CTK App during weekend services.

Visit [subsplash.com/ctkbellingham/app](https://www.ctkapp.com) to download the CTK App for iOS, Android, Windows & Amazon devices.