



BREAK THE SILENCE

As part of our summer sermon series, we are offering a few classes this summer to help you process and grow if you have been affected by one of these “taboo” topics.

INVADED LIVES

6 Thursdays, July 7–August 8 | 6:30–8:00 PM in Base Camp

Abuse and neglect take many forms, from seemingly harmless words and actions to violent acts against us or the people and things we love. This 6-session class helps men and women discover the importance of fully acknowledging every form of abuse and its effects on our lives. You'll learn how to fully grieve losses and experience God's healing comfort in the midst of pain, and permanently reclaim lost freedom and self-respect. Taught by Karolyn Merriman. *Sorry, no childcare available.*

Register at ctk.church/classes or contact Linda (x233 or lindap@ctk.church). Cost: \$25

GRIEF JOURNEY: The Path to Healthy Brokenness

4 Sundays, July 10–July 31 | 9:30–10:45 AM in Room 212

Grieving is the universal emotional work that we all must do at some point. Did you know God has designed a way for our souls to process loss? Grief Journey helps describe that path—and what happens if we avoid grieving or attempt the journey without God's help. Through teaching by Mike Black, a local counselor, and discussion groups, our hope is that you'll find the gifts God gives in the midst of life's losses such as death, divorce, job loss, or a difficult diagnosis. *Kids may attend CTK Kids programs during this class.*

Register at ctk.church/classes or contact Linda (x233 or lindap@ctk.church). Cost: \$20