**PROGRAM and INFORMATION**

**THURSDAY 27 April 2017** 17:00 REGISTRATION

Dinner – lamb potjiekos

**FRIDAY 28 APRIL 2017**  06:00 REGISTRATION

08:30 MTB Stage 1

12:00 Lunch – Venison pie, chips + salad

17:30 Dinner – Roast leg of lamb +sides…

**SATURDAY 29 APRIL 2017** 06:00 REGISTRATION

08:00 21km Run

08:00 10km Run/Walk

08:30 MTB Stage 2

09:00 Fun Route

11:00 Lunch – Lamb braai…

Prizegiving

**Please note:**

NO HELMET NO RIDE

Pancakes and jaffles available between meals

Lamb meat available for sale

Goodie bags for the first 100 entries!