

Week beginning 3rd March 2019

Our Lady Queen of Peace, Adur Valley

St Peter, Shoreham (SP); Christ the King, Steyning (CTK); The Towers Convent, Upper Beeding (TT)

Parish Priest:	Fr. Graham Ricketts	01273 464048	priest@olqp.net
Also resident:	Fr Tony Lovegrove		
Convent of the Blessed Sacrament:		01903 817841	
Office (Mon, Tues, Fri mornings):		01273 452654	spoffice@olqp.net

Sunday 3 rd March: Eighth Sunday in Ordinary Time			Int.
Sat	5.30pm	TT	Mass For all Parishioners
Sun	8.30am	SP	<i>Morning Prayer</i>
	9am	SP	Mass Asuncion Tabigne RIP
	9am	TT	<i>Adoration until 12.30pm</i>
	11am	CTK	Mass Private Intentions of the Haseldine Family
	5.30pm	SP	<i>Benediction</i>
	6pm	SP	Mass Deceased of the Kendall & Church fams
Mon 4 th	7.15am	TT	Mass with Morning Prayer
	9am	SP	<i>Adoration</i>
	9.30am	SP	Mass Peter Bloomfield RIP
Tue 5 th	9.30am	CTK	<i>Rosary</i>
	10am	CTK	Mass Wheeler Family (Found)
	...then	CTK	<i>Adoration & Confessions until 11am</i>
	11.45am	TT	<i>Adoration until 1.45pm</i>
	5.30pm	TT	Mass
Wed 6 th	Ash Wednesday: Fasting and Abstinence		
	9am	TT	School Mass
	9.30am	SP	Mass Holy Souls
	11am	CTK	Mass Pope Francis, clergy & new vocations
	4.15pm	CTK	<i>Lectio Divina</i>
	7.30pm	SP	Mass For all Parishioners
Thur 7 th	9am	SP	<i>Adoration</i>
	9.30am	SP	Mass Conversion of Sinners (Found)
	...then	SP	<i>Rosary & Confessions</i>
	10am	SP	<i>Lenten Holy Hour (Adoration)</i>
	4.30pm	TT	Mass
	7.30pm	SP	<i>Adoration, Confessions & Lectio Divina</i>
	8pm	SP	<i>Divine Mercy Chaplet</i>
Fri 8 th	7.15am	TT	Mass with Morning Prayer
	9am	SP	<i>Stations of the Cross</i>
	9.30am	SP	Mass Alfons Hangartner RIP (Found)
	...then	SP	<i>Divine Mercy Chaplet & Confessions</i>
Sat	8.15am	TT	Mass with Morning Prayer
Sunday 10 th March: First Sunday of Lent			
Sat	5.30pm	TT	Mass Celebrant's intention
Sun	8.30am	SP	<i>Morning Prayer</i>
	9am	SP	Mass Michel & Carol Labelle in Thanksgiving
	9am	TT	<i>Adoration until 12.30pm</i>
	11am	CTK	Mass For all Parishioners
	5.30pm	SP	<i>Benediction</i>
	6pm	SP	Mass Holy Souls

Rosary: Tues 9.30am CTK, Thur 10am SP, Sat 12noon SP

Confessions (as below or by appointment)
Sat 5pm TT, Tues 10.30am CTK, Thurs SP 10am & 7.30pm; Fri 10am SP

This Week:
Next Sun: 9am Children's Mass;
 Traidcraft & Book Stalls 9am
Mon: Secret Singers SP 10am
Tues: Toddler group SP 9.30am
Weds: Ash Wednesday
Thurs: 33 days to Merciful love begins -
 retreat group reflection 8.15 – 8.45pm
Sat: SP Choir practice
Sun: Pancakes after 9am Mass

Jesus sets the agenda for us for this Lent. Jesus is our teacher. Let us allow ourselves to be trained by Him this Lent. We all have "planks" in our eyes. Let us use Lent to "observe" and to discover our real sins and to confess them before Easter. What we say comes from our "heart". Let us use this penitential season to pray for a pure heart that our words and actions might produce "good fruit" Training, confession and prayer. The church always echoes the words of Jesus in calling us to prayer, fasting and almsgiving. All of these are important for a good Lent that brings us closer to God and less worried about ourselves. This is called growing in holiness. Let us try to pray each day. Come to Mass more. Go to confession at the beginning and end of Lent. Give up something that we are addicted to, depend on or consider a luxury. Give of ourselves to others in charity, service and financially. This will be our training routine each day for 40 days, a detox from modern life to help us gain

eternal life. We purify our body and soul from the toxins that creep in and distract us that we might give free reign to the Holy Spirit dwelling within us. Then we will have goodness in our heart and be free. Get ready for Easter! Fr Graham

Lent begins on Ash Wednesday 6th March. It is a time to prepare for Easter, for renewing our baptism promises, to be sorry for our sins and to grow in the love of God. We have several opportunities to do this. Some resources from the Catenians about the Stations of the Cross (for all the family), Walk with Me (daily Lenten readings) with children's calendar, 33 Days to Merciful Love retreat, a prayer group in Steyning, small group at TT and the Deanery weekly prayer with the Heart meetings in St Michael's. Something for everyone. Not to mention (free on line) daily retreat <https://praymoreretreat.org/> We will also have a Holy Hour each Thursday after Mass and Stations of the Cross at SP and CTK. See newsletter overleaf.

Lent Group at the Towers – Monday Evenings, 7 – 8pm. Please sign up or let the Sisters know if you would like to join them.

33 Days to Merciful Love (7 March – 11 April): The retreat will begin on Thursday 7 March (day after Ash Wednesday) – as long as the books arrive in time) and consecration day will be on Thursday 11 April, in time for the Divine Mercy Novena starting on Good Friday. It follows a familiar format with daily readings and reflection. You do not have to have completed any other consecration beforehand and so anyone is welcome to join in. Those who want to can join us on the Thursdays during the retreat at 7.30pm and after the Divine Mercy chaplet we will have a short time of discussion (8.15-8.45pm) about the retreat. If you would like to find out more then please look at the hearts afire website <https://www.allheartsafire.org/stage-3/33-days-to-merciful-love-group-retreat.html> .

Please Pray for the repose of the soul of Peter Bloomfield RIP who died suddenly this week, for Luise and their family. Also for the soul of and Betty Avery RIP whose funeral is on Friday at Worthing Crematorium. May they rest in peace.

Please pray for the repose of the soul of Frank Turner (formerly of CTK) who died recently. Please pray for Ann and for all the family. May he rest in peace. Frank's funeral will take place in Weston-super-Mare on 5th March and he will be buried on 7th March in Seaford. Full details are on the notice board at CTK.

On Sunday 3rd March, Poverty Sunday, there will be a collection at CTK of foodstuffs for the Shoreham Foodbank. Please put your donation in the boxes in the entrance lobby. Particularly needed are tinned meat, fruit and vegetables, and long-life milk. Thank you.

Parish Art Group: Is anyone interested in an informal art group? Being fairly new to the parish I am missing my painting friends and would be happy to host a small group who would enjoy being creative in any way and having a chat. For further details contact Julie Bull 01273 461409.

1st Holy Communion: Please pray for our parish children and their families and sponsors who will make a formal act of commitment to the final stages of their instruction before receiving Jesus in Holy Communion for the first time in June. Please ask the Lord to bless them all and their catechists. May the Holy Spirit give them all increased faith and love in Jesus and bless our parish too.

Day of Recollection for Ministers of the Word and Holy Communion: 16th March at TT. See poster.

Cruse Bereavement Care - West Sussex Area, are holding a Spring Fayre in the Cuthman Room at CTK on Saturday 9th March from 10.30am to 3pm. All welcome. See Westsussexarea@cruse.org.uk www.cruse.org.uk/west-sussex-area 01798839141.

Pray with the Heart Starting Lent 2019: Pray with the Heart is a new course for the Worthing Deanery, designed to help us grow in our relationship with God through the gift of prayer. Each Monday evening through Lent (starting Monday March 11th) at St. Michael's. See poster in the porch.

Your choir needs you! We would like to invite you to join SP choir - singers and instrumentalists of all ages welcome. If you are interested in taking a more active part in the liturgy please speak to any choir member after 9am mass or, if you give your details to Claire in the Office, Paul or Helena will contact you and give you further details about the choir. We are particularly looking for younger musicians. An ability to read music is not essential - enthusiasm is!! We look forward to hearing from you.

Brighton Celebrate Vigil Mass Saturday March 16th at Cardinal Newman School: The Brighton Celebrate team would like to invite you to a Vigil Mass on Saturday 16th March at Cardinal Newman School Sixth Form College, The Upper Drive, Hove BN3 6ND. All are welcome. We will begin with Praise & Worship at 4pm, followed by Mass at 4.30pm (with Children's Liturgy). There will be an opportunity for Prayer Ministry after Mass. There is also a chance after Mass to enjoy fellowship together, and some food and drink will be provided. Please feel free to bring some food along to share too. Parking is available in the lower car park (through the gate nearest to The Old Shoreham Road) and then a short walk up The Upper Drive to the top gate and the Sixth Form College.

Covenant with the Poor: "The Church is a beacon among the broken ruins in our homes. The generosity and prayers from the rest of the world give us courage, inspiration and hope." Fr Alex Opiniano, the Philippines after Typhoon Haiyan.

From the Youth SVP: "The youth SVP went to visit the friars in Caning Town, London. We met some of the friars and people who volunteer there. Then we helped to give presents to the people who came for their Christmas dinner. After that we gave the donations to the friary and they thanked us and everyone who contributed in anyway. Thank you to all the parishioners who gave us donations, bought our cakes and sent us best wishes for our fundraising and trip to London, we raised £90 which paid for our train tickets and items to donate to the homeless."

New Kneelers at SP: As you will have noticed we have lovely new kneelers which we'd like to try and keep in good condition. Please use them only for kneeling and try to avoid walking, standing or resting your feet on them. Dirt, grit etc on shoes will scrape the fabric and shorten their life – it will also transfer dirt to clothing when people kneel. Thank you for your co-operation.

We have had the following kind offer from Patsy: "Lifts to Church (SP, CTK, TT). It is a wonderful thing to be able to be able to come to mass, therefore if you could give a fellow parishioner a lift to mass at the weekend, or if you need a lift to mass, please contact Patsy Daniels on patsydaniels@gmail.com or 01273 973803 or 0790 567 3555. Thank you."

Pentecost Family Day: Sunday 9th June at Womersley with Bishop Richard from 1pm. In order to assist with catering please contact Katherine Bergin at 01293 651152 katherine.bergin@dabnet.org

Shoreham Foodbank has a serious shortage of the following: rice; longlife milk; instant coffee; instant mash; tinned spaghetti; biscuits. Donations can be left in SP porch. Thank you.

Worthing Churches Homeless Project have changed their name to Turning Tides. They are still a community led homelessness organisation that puts clients and local people at the heart of their mission to end homelessness. See www.turning-tides.ork.uk for more details.

If you would like a Mass celebrated for a certain intention, please complete a form to be found in the porch and pop it in an envelope with the stipend (originally meant to keep the priest for a day but the average is £10 – sometimes more, sometimes less) and get it to the office. Please give as much notice as possible as Sunday Masses get booked up quickly and please be aware that booked mass dates can be subject to change.

Prayer for our Diocese:

Lord, the Word who is life. May all the people in our diocese grow in openness to the power of the Holy Spirit, so that through a growth in understanding and courage, and truly open to your call, we may bear powerful witness to all around us, for you are Lord for ever and ever,
Amen.

Children at Mass: There are Mass books in the porch and leaflets on the small table as you come in to the church at SP to help children during the Mass.

Handmade cards, including First Holy Communion and Confirmation are available in SP porch. 50% of sales will go to The Friends of Worthing Hospital.

Catholic People's Weeks have been offering faith-filled, fun and reflective holidays for Catholics and their families for nearly 75 years. The UK-based holidays range from 2 – 7 nights and are fully inclusive. See the notice board, look at catholicpeoplesweeks.org or speak to Joan Cater at SP or James Welch at CTK.