Week beginning 17th March 2019 Our Lady Queen of Peace, Adur Valley

St Peter, Shoreham (SP); Christ the King, Steyning (CTK); The Towers Convent, Upper Beeding (TT)

Parish Priest: Fr. Graham Ricketts 01273 464048 priest@olqp.net

Also resident: Fr Tony Lovegrove

Convent of the Blessed Sacrament: 01903 817841

Office (Mon, Tues, Fri mornings): 01273 452654 spoffice@olqp.net

			nd "Transfiguration" Sunday of Lent Int.
Sat	5.30pm	TT	Mass Harry & Joan Carter RIP
Sun	8.30am	SP	Morning Prayer
	9am	SP	Mass Laughlin McCurdy RIP
	9am	TT	Adoration until 12.30pm
	11am	CTK	Mass For all Parishioners
	4pm	SP	Stations of the Cross
	5.30pm	SP	Benediction
	6pm	SP	Mass Doreen Donaldson RIP
Mon	7.15am	TT	Mass with Morning Prayer
18 th	9am	SP	Adoration
	9.30am	SP	Mass Claire Gaillard RIP
Tue	Sol: St. Jo	seph	
19 th	9.30am	CTK	Stations of the Cross
	10am	CTK	Mass Celebrant's intention
	then	CTK	Rosary, Confessions & Adoration until 11am
	11.45am	TT	Adoration until 1.45pm
	5.30pm	TT	Mass
Wed	7.15am	TT	Mass with Morning Prayer
20 th	9.30am	SP	Liturgy of the Word & Holy Communion
	4.15pm	CTK	Lectio Divina
Thur	10am	SP	Lenten Holy Hour (Adoration) & Rosary
21st	4.30pm	TT	Mass
	7.30pm	SP	Mass Celebrant's intention
	8pm	SP	Divine Mercy Chaplet
Fri	7.15am	TT	Mass with Morning Prayer
22 nd	9am	SP	Stations of the Cross
	9.30am	SP	Mass Celebrant's intention
	then	SP	Divine Mercy Chaplet & Confessions
	6pm	TT	Stations of the Cross and Evening Prayer
Sat	8.15am	TT	Mass with Morning Prayer
Sunday 24th March: Third Sunday of Lent			
Sat	5.30pm	TT	Mass For all Parishioners
Sun	8.30am	SP	Morning Prayer
	9am	SP	Mass Ray Brooks RIP
	9am	TT	Adoration until 12.30pm
	11am	CTK	Mass Holy Souls
	4pm		Stations of the Cross at St. Mary's, Shoreham
	5.30pm	SP	Benediction
	6pm	SP	Mass Edward Devitt & James Hayden RIP

Rosary: Tues 10.30am CTK; Thurs 10am SP

Confessions (as below or by appointment)
Sat 5pm TT, Tues 10.30am CTK;
Fri 10am SP

This Week:
Today: Second Collection: CAFOD Fast
Day; 9am Live Simply Breakfast
Mon: Secret Singers SP 10am
Tues: Toddler group SP 9.30am
Thurs: Council of Priests;
33 days to Merciful love retreat group
reflection 8.15 – 8.45pm
Sat: SP choir practice
Sun: Second Coll SVP Sudan Appeal
Tue 9.30am CTK, Fri 9am SP & 6pm TT

<u>Stations of the Cross</u> Sun 4pm; Tue 9.30am CTK; Thurs 10am SP

I am finding the "33 Days to Merciful Love" retreat very helpful. It has been challenging at times. But the spiritual life is never a type of comfort blanket unless we take things superficially. If we take it seriously Lent should make us feel a little uncomfortable. The spiritual heights that Peter, John and James experienced, when Jesus was transfigured before their eyes, made them feel uncomfortable. It was so extra-ordinary that they were confused and caught up in it. Peter didn't know what he was saying. It was all consuming. But true spiritual experiences are rooted in reality. They are not escapism. Even Moses and Elijah were in awe confronted with the glorified divinity

of Jesus. His glory allows Him to tell them of His "passing" which He is to "accomplish" in Jerusalem. That is His death and Resurrection. This spiritual experience is rooted in the passion of Christ, His cross. Moses sees that the commandments are fulfilled in the commandment of Jesus to Love. Elijah sees that his assumption into heaven is completed in Jesus' Ascension. They too are caught up in the mystery of the cross. It is challenging. It is real. It is never comfortable. Jesus invites us to share it. I pray for you each day. May God bless you all. Fr Graham

Lent: There are still some Lenten leaflets in the porch and, free on line, a daily retreat https://praymoreretreat.org/ as well as plenty of opportunity for Stations of the Cross, Holy Hour and Adoration each week.

CAFOD Lent Family Fast Day was on Friday 15 March and there will be a second collection this weekend for your donations. The money raised will go to helping people whose lives are being devastated by changing weather, including Mahinur in Bangladesh. Drought, floods and storms are having a devastating impact on our global family. Mahinur makes a living from fishing but a drought last year killed all the fish, leaving her struggling to support her disabled husband and son. Mahinur cooks and cleans in neighbours' homes for a bit of cash but it's never enough. There are days the family have nothing to eat. But Mahinur's experience is just one of many. The changing climate is wreaking havoc on hundreds of thousands of lives around the world. CAFOD's Head of Volunteering, Jo Kitterick, said: "This Lent, it is your generosity which will help ensure no one is beyond reach of the love and care they need. Thank you." Donate to CAFOD's Lent Appeal in your parish or at cafod.org.uk/lent.

On Saturday 23rd March, please pray and fast for the end of abortion and euthanasia in this country. Your prayer and fasting is urgently needed, and it really does save lives. For details of our life saving work see www.GoodCounselNetwork.com

The Spring Clean at Christ the King will take place on Friday 29th March from 10am and more volunteers are needed. Please join us and help make the church especially clean for the Easter celebrations. Refreshments & cleaning materials will be provided, but bring your own rubber gloves.

The Knights of St Columba Worthing are having a Race Knight on 11th May at English Martyrs Barn in Goring from 7pm. For more information contact david.wynndavies@yahoo.co.uk.

This Easter weekend, there will be a retreat for young adults at Worth Abbey Benedictine Monastery, celebrating the Passion and Resurrection of Our Lord Jesus Christ. The monastic community at Worth Abbey and the members of The Wellspring Community invite you to join us for this great Feast! To Book, please contact The Open Cloister at Worth Abbey (TOC@worthabbey.net) for a booking form. If you have any questions, do drop us an email

<u>youngadults@wellspringbrighton.org.uk</u>. We look forward to seeing you there!

Please pray for the repose of the soul of Fr. Charles Jeffries who died recently. May he rest in peace.

Please Pray for the repose of the soul of Peter Bloomfield RIP and for his family especially Luise. His requiem will be on Friday 5th April at 12noon in St. Peter's. May he rest in peace.

Please pray for Deacon Richard Edwards at this time and for Ros and all his family. LiveSimply Fairtrade breakfast after 9am Mass THIS WEEKEND: Come and taste the coffee and the toast! Rather than giving a donation, we ask you to bring something for the foodbank and/or look at the various ideas that that you can get involved with this Lent. The newsletter gives what items are needed. More info from ashley.ralston@ntlworld.com

Next weekend: There will be a second collection on Sunday 24th March in aid of the SVP Twinnage Sudan Appeal. This is an ongoing crisis and millions of people have been killed and displaced. Members of the SVP will be on hand at St. Peter's together with leaflets at both SP and CTK for further information about the situation on the ground and how the SVP helps.

March 24th: There will be a short walk up the river to Bramber and back to commemorate St Oscar Romero and the Romero walks (we did them for 20 years). After 9am Mass -- weather permitting. More info -- contact ashley.ralston@ntlworld.com.

The Worthing Band of the Salvation Army will head into Lancing for an evening of music at 7.30 pm on Saturday 30 March in St Michael and All Angels Church, South Street, BN15 8AJ. Tickets are £5 and as a special Mothering Sunday offer, any Mum accompanied by their child gets in free. Tickets can be booked by telephoning 01903 762793 (please leave a message), emailing stmichaelslancing@gmail.com or online at https://worthing-salvationarmy-band.eventbrite.co.uk

New Database: The Diocese has introduced a new database which will be GDPR compliant. Our old database will become obsolete. Please complete your details here

https://www.surveymonkey.co.uk/r/AdurParish. If you are unable to complete this online, paper copies are available (but please do it online if you can as it will be uploaded automatically. Paper copies will have to be input manually). This is a great opportunity for a parish census and to keep our records up to date. Thank you for your help.

Our Spring Fair is on 12th May and we'd like lots of plants to sell. If you are planting any seeds in the near future, please do a few extra for the Spring Fair! Thanks.

Annual Ecumenical Walking Pilgrimage: 'Saint Hilda's Pilgrimage': 10th – 25th August. Lincoln to Whitby. Full details and booking form now at the www.pilgrims.org.uk

Pentecost Family Day: Sunday 9th June at Wonersh with Bishop Richard from 1pm. In order to assist with catering please contact Katherine Bergin at 01293 651152 katherine.bergin@dabnet.org

Shoreham Foodbank has a serious shortage of the following: rice; longlife milk; instant coffee; instant mash; tinned spaghetti; biscuits. Donations can be left in SP porch. Thank you.

Parish Art Group: Is anyone interested in an informal art group? Being fairly new to the parish I am missing my painting friends and would be happy to host a small group who would enjoy being creative in any way and having a chat. For further details contact Julie Bull 01273 461409.

New Kneelers at SP: As you will have noticed we have lovely new kneelers which we'd like to try and keep in good condition. Please use them only for kneeling and try to avoid walking, standing or resting your feet on them. Dirt, grit etc on shoes will scrape the fabric and shorten their life – it will also transfer dirt to clothing when people kneel. Thank you for your co-operation.

We have had the following kind offer from Patsy: "Lifts to Church (SP, CTK, TT). It is a wonderful thing to be able to be able to come to mass, therefore if you could give a fellow parishioner a lift to mass at the weekend, or if you need a lift to mass, please contact Patsy Daniels on patsydaniels@gmail.com or 01273 973803 or 0790 567 3555. Thank you."

Your choir needs you! We would like to invite you to join SP choir - singers and instrumentalists of all ages welcome. If you are interested in taking a more active part in the liturgy please speak to any choir member after 9am mass or, if you give your details to Claire in the Office, Paul or Helena will contact you and give you further details about the choir. We are particularly looking for younger musicians. An ability to read music is not essential - enthusiasm is!! We look forward to hearing from you.

Worthing Churches
Homeless Project have
changed their name to
Turning Tides. They
are still a community
led homelessness
organisation that puts
clients and local people
at the heart of their
mission to end
homelessness. See
www.turningtides.ork.uk for more

If you would like a Mass celebrated for a certain intention, please complete a form to be found in the porch and pop it in an envelope with the stipend (originally meant to keep the priest for a day but the average is £10 – sometimes more, sometimes less) and get it to the office. Please give as much notice as possible as Sunday Masses get booked up quickly and please be aware that booked mass dates can be subject to change.

Prayer for our Diocese:

Lord, the Word who is life. May all the people in our diocese grow in openness to the power of the Holy Spirit, so that through a growth in understanding and courage, and truly open to your call, we may bear powerful witness to all around us, for you are Lord for ever and ever,

Amen.

Children at Mass: There are Mass books in the porch and leaflets on the small table as you come in to the church at SP to help children during the Mass.

Handmade cards, including First Holy Communion and Confirmation are available in SP porch. 50% of sales will go to The Friends of Worthing Hospital.

Catholic People's Weeks have been offering faith-filed, fun and reflective holidays for Catholics and their families for nearly 75 years. The UK-based holidays range from 2 – 7 nights and are fully inclusive. See the notice board, look at catholicpeoplesweeks.org or speak to Joan Cater at SP or James Welch at CTK.