

What do you need right now from this session?

What seems to be your main obstacle? Where would you like to start?

What is your biggest challenge? what is the first step to achieving

your outcome?





What is the next step you take now? What do you now know that you didn't know at the start? What difference will this session make? What will you do as a result of this session? How can you make that interesting? How can this new energy be an ally to you? If this depended on taking action, what would you do?

When will you do this by?

How confident are you out of 10 that you will do this?

What will get in the way?

What Support or Resources do you need? Would you like me to check in with you? What is your predicted result?

What do you think will make this true?



What might this feel like? What outcome would you like? What can you do if this happens? How does that make you feel? What will this get you? What do you make of that? What does it look like? What is the opportunity here? What is here that you want to explore? What concerns you the most about...? What is trying to catch your attention? What may happen beyond this?

What do you see here?

Who is not talking?



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What is your High Dream? What is your Low Dream? What would happen if you gave yourself permission to do....? How would you approach this differently next

time? If you had a free choice with no constraints,

what would you do?

What opportunities may you have missed? How would you approach this?

How much needs to be there?

What changes this?

What is possible here?

What other angles can you think of? How does that event inform you?

What is the part that is not yet clear?

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