

CyberCamp 2019

Cloud Security – Container Edition

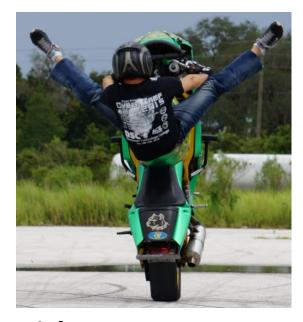


Ricky Payne CISSP, AWS CSA, RHCE, RHCSA, Security+, BS-IST, AS-CET



About Me

- Over 13.5 years of progressive DevSecOps experience from Intern to Security Analyst -> Architect -> CSO -> Sr. Eng
- Built and operationalized vuln mgmt process for 1000s of globally distributed machines
- Built "Gold Standard" federal security programs that produced 10+ federally certified systems.
- Expert generalist: from pre-sales proposal work, policy and reference architecture development, requirements decomposition into agile sprints, proof of concepts, implementation, operations, and technical training to incident response.
- Mentored/taught Windows and Linux security at CyberPatriot/CyberCamps since 2013. Accomplishments include 1st and 2nd in State and 1st in Regionals.
- As a Sr. SecEng for a global, Silicon Valley InsureTech firm, engaged in all SecOps activities for 1000s of heterogeneous machines across multiple cloud technologies



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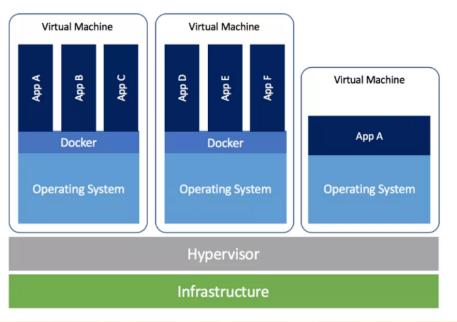
Agenda

- Presentation scope / goal
- Container ecosystem
- Cloud native ecosystem
- What are containers?
- Orchestration service example
- What companies support them?
- What's the fuss about?
- Deployment paradigm shift
- Usage: At what scale?
- Container threats
- Container vulnerabilities
- Container incident
- Container risks
- Securing containers
- What we learned
- Hands-on session in room Eng1-187



Presentation scope / goal

Scope – Focusing on running a Docker container inside a VM.



Goal – Prepare students for a hands-on Docker session.





Container ecosystem

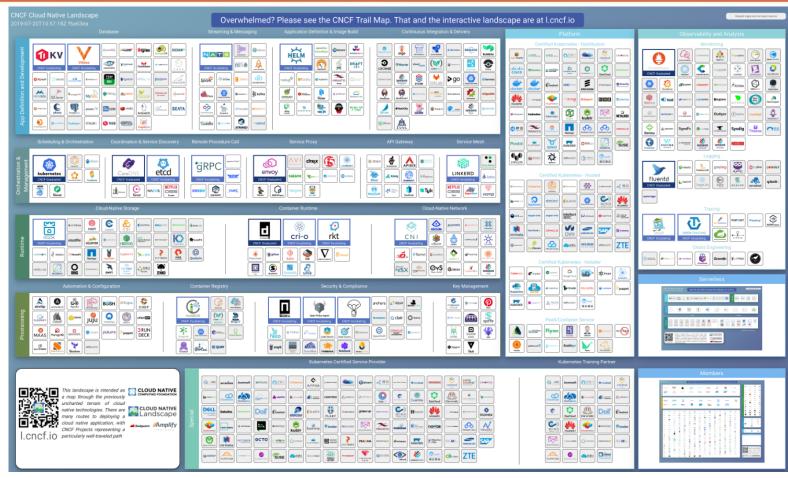
Docker's partner ecosystem.





Cloud native ecosystem

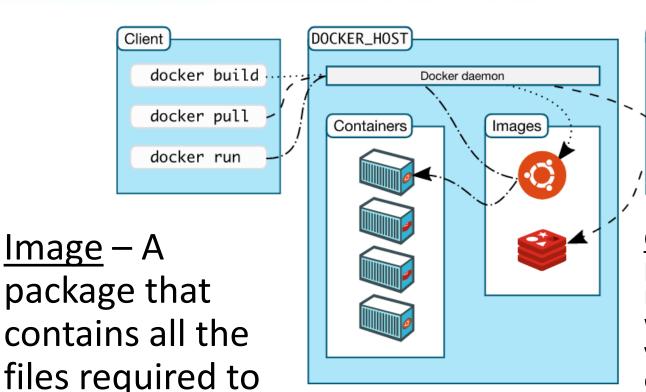
Cloud native ecosystem





run a container.¹

What are containers?

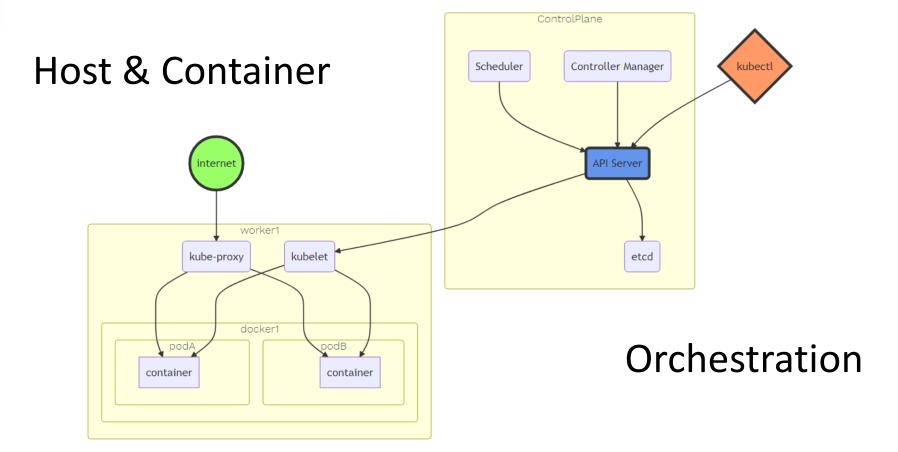


Container - A method for packaging and securely running an application within an application virtualization environment. Also known as an application container or a server application container.¹

Registry



Orchestration service example





What companies support them?

RedHat, Google, AWS, VMware, Microsoft, Dell have been partnered, teamed, integrated, supporting...since 2014³.















What's the fuss about?



10x increase in scalability



+50% app deploy productivity increase



Netherlands government realized 100x faster deployments 5 -> 500/mo

5

500

8+

55

Minute or Less Deployment Times

Deployments a Month

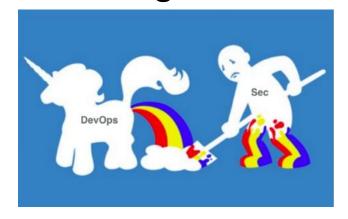
Billion Transactions a Year

Customer Environments



Deployment paradigm shift

Now a developer must become fluent in software testing, deployment, telemetry and even security. Developers will be responsible for securing their own work!⁴





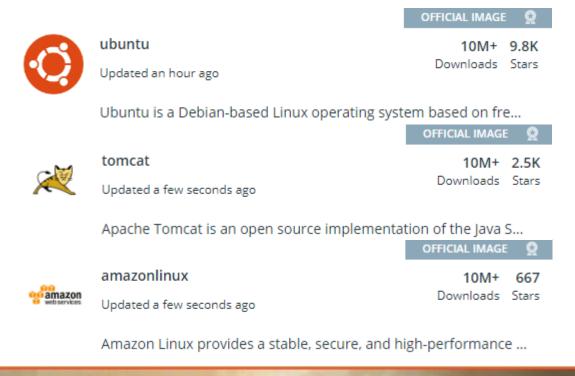
Higher-Order Automation

Automated Tests
Continuous Integration
Continuous Delivery
Automated Infrastructure
Automated Fault Detection
Automated Recovery
....and automated tools to build more automation!



Usage: At what scale?

A quick browse of Docker Hub's image repo shows the popularity with well over 1 BILLION downloads.





Container Threats?

Do and will they apply to containers?



A threat is defined in NIST Special Publication (SP) 800-30 as "any circumstance or event with the potential to adversely impact organizational operations and assets, individuals, other organizations, or the Nation through an information system via unauthorized access, destruction, disclosure, or modification of information, and/or denial of service."



Container Vulnerabilities

CVE-2019-5736: High Severity RunC Vulnerability

This vulnerability allows an attacker to potentially compromise the container host. The vulnerability allows a malicious container to overwrite the host runc binary and gain root-level code execution capability on the host.

CVE	Description	Affected System
CVE-2017-1002101	subPath Volume Mount Vulnerability	Docker
CVE-2017-16995	eBPF Vulnerability	Linux
CVE-2018-1002105	Severe Privilege Escalation Vulnerability	Kubernetes
CVE-2018-8115	Windows Host Compute Service Shim (hcsshim)	Windows
CVE-2018-11757	Docker Skeleton Runtime Vulnerability	Docker
CVE-2018-1000056	Jenkins JUnit Plugin Vulnerability	Jenkins
CVE-2019-1002100	API Server Patch Permission DoS Vulnerability	Kubernetes
CVE-2019-5736	High Severity RunC Vulnerability	Docker
CVE-2019-1003065	Jenkins CloudShare Docker-Machine Plugin Vulnerability	Jenkins



Container incident

Docker Hub – 17 Cryptomining containers. 5M downloads





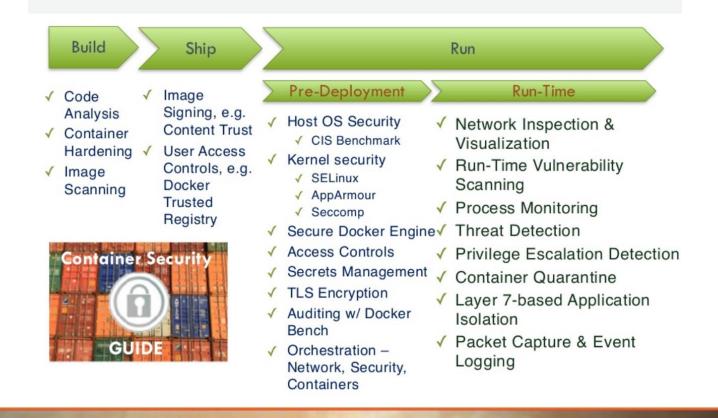
Container risks

- Awareness & Training Image source integrity
- Access Control Container backdoors?
- Auditing Visibility across orchestration service, Host, Container
- Identification and Authentication Embedded secrets
- Least Functionality Limit services & exposed ports
- Permissions PoLP across orchestration service, Host, Container
- Patching Vuln mgmt across orchestration service, Host, Container



Securing containers

Continuous Container Security Reference





What we learned...

- If you haven't noticed, they're here!
- Massive support system
- Widely used
- Rapid adoption
- Container security conceptually parallels standard practices



Hands-on session

- Host: Update repo list
- Host: Install Docker
- Host: Find secure image
- Host: Pull secure image
- Host, container: Run image
- Container: Run images as ?
- Container: What's running?
- Host, container: Persistence
- Host, container: Who can run images?
- Host, container: Who can run images? (cont)
- Challenge: PoLP Image build



Update repo list

- \$ sudo apt-get update ??
- \$ wget https://github.com/rickpayne929
- \$ chmod +x ubuntu17_archiverepo.sh
- \$./ubuntu17_archiverepo.sh

```
🕽 🖃 📵 cybercamp@ubuntu: ~
cybercamp@ubuntu:~$ sudo apt-get install nmap
Reading package lists... Done
Building dependency tree
Reading state information... Done
The following additional packages will be installed:
 libblas-common libblas3 liblinear3 ndiff python-bs4 python-chardet
 python-html5lib python-lxml python-pkg-resources python-six
 python-webencodings
Suggested packages:
 liblinear-tools liblinear-dev python-genshi python-lxml-dbg python-lxml-doc
 python-setuptools
The following NEW packages will be installed:
 libblas-common libblas3 liblinear3 ndiff nmap python-bs4 python-chardet
 python-html5lib python-lxml python-pkg-resources python-six
 python-webencodings
0 upgraded, 12 newly installed, 0 to remove and 307 not upgraded.
Need to get 6,402 kB of archives.
After this operation, 29.0 MB of additional disk space will be used.
Do you want to continue? [Y/n]
```



Install Docker

- Connect to Archive Repos
- \$ sudo apt-get update ??
- \$ wget https://github.com/rickpayne929
- \$ chmod +x ubuntu_install_docker.sh
- \$./ubuntu_install_docker.sh
- \$ docker –version



Find secure image

- https://hub.docker.com/
 - Official images
 - Alpine vulnerability
- \$ sudo docker search <image>
- \$ sudo docker search alpine --filter "isofficial=true"

```
cybercamp@ubuntu:~

cybercamp@ubuntu:~$ sudo docker search alpine --filter "is-official=true"

NAME DESCRIPTION STARS OFFICIAL
alpine A minimal Docker image based on Alpine Linux... 5491 [OK]
```



Pull secure image

- https://hub.docker.com/
 - Official images Version tag
 - Alpine vulnerability What version?
- \$ sudo docker pull <image>
- \$ sudo docker image Is

```
🔞 🖃 💷 cybercamp@ubuntu: ~
cybercamp@ubuntu:~$ sudo docker pull alpine
Using default tag: latest
latest: Pulling from library/alpine
050382585609: Pull complete
Digest: sha256:6a92cd1fcdc8d8cdec60f33dda4db2cb1fcdcacf3410a8e05b3741f44a9b5998
Status: Downloaded newer image for alpine:latest
cybercamp@ubuntu:~$ sudo docker image ls
REPOSITORY
                                         IMAGE ID
                                                             CREATED
                                                                                  SIZE
alpine
                    latest
                                        b7b28af77ffe
                                                             11 days ago
                                                                                  5.58MB
```



Run image

- \$ sudo docker run --help | egrep 'interactive|tty'
- \$ sudo docker run -it alpine
- /# cat /etc/os-release

```
cybercamp@ubuntu: ~

/ # cat /etc/os-release

NAME="Alpine Linux"

ID=alpine

VERSION_ID=3.10.1

PRETTY_NAME="Alpine Linux v3.10"

HOME_URL="https://alpinelinux.org/"

BUG_REPORT_URL="https://bugs.alpinelinux.org/"
/ #
```



Run image as?

- / # whoami
- /# exit

- \$ vi Dockerfile
- Tomorrow

 We'll create a Dockerfile, add a standard user, build a container, and run a process as a non-root user.



Run image as ? (cont)

/ # whoami

```
perick@ubuntu:/home/cybercamp
/ # whoami
root
/ #
```

Tomorrow

We'll create a Dockerfile, add a standard user, build a container, and run a process as a non-root user.



What's running?

- Default processes
- / # top

```
rick@ubuntu: /home/cybercamp
Mem: 3401164K used, 624292K free, 20952K shrd, 25236K buff, 2320008K cached
               1% sys
                       0% nic 98% idle 0% io 0% irq
                                                           0% sirq
Load average: 0.05 0.06 0.08 1/524 9
      PPID USER
                           VSZ %VSZ CPU %CPU COMMAND
                    STAT
                          1564
         1 root
                                 0%
                                         0% top
                          1628
                                 0%
                                         0% /bin/sh
         0 root
```

- Open ports?
- /# netstat -a



Persistence

- Image vs container
- /# touch 1file.txt
- / # |s -|
- / # exit
- \$ sudo docker run -it alpine
- / # Is -I

```
🔞 🖃 💷 cybercamp@ubuntu: ~
cybercamp@ubuntu:~$ sudo docker run -it alpine
 # ls -l
total 56
                                        4096 Jul 11 17:29 bin
drwxr-xr-x
             2 root
                         root
              5 root
                                         360 Jul 23 01:39 dev
drwxr-xr-x
                         root
              1 root
                                        4096 Jul 23 01:39 etc
drwxr-xr-x
                         root
drwxr-xr-x
              2 root
                         root
                                        4096 Jul 11 17:29 home
```

```
<mark>⊗  □ cybercamp@ubuntu:~</mark>
/ # touch 1file.txt
/ # ls -l
total 56
-rw-r--r-- 1 root root 0 Jul 23 01:38 1file.txt
```



Who can run images?

- Root users of course
- Let's take a PoLP approach on the host
- \$ getent group docker, less /etc/group
- \$ sudo adduser rick →
- \$ su rick
- \$ sudo docker run -it alpine

```
cybercamp@ubuntu:/home/cybercamp

cybercamp@ubuntu:~$ su rick

Password:
rick@ubuntu:/home/cybercamp$ docker run -it alpine

docker: Got permission denied while trying to connect to the Docker daemon sock
et at unix:///var/run/docker.sock: Post http://%2Fvar%2Frun%2Fdocker.sock/v1.35
/containers/create: dial unix /var/run/docker.sock: connect: permission denied.
See 'docker run --help'.
```



Who can run images? (cont)

- \$ exit
- \$ sudo usermod -aG docker rick
- \$ sudo docker run -it alpine
- \$ su rick
- \$ docker run -it alpine
- /# cat /etc/os-release

```
rick@ubuntu:/home/cybercamp

rick@ubuntu:/home/cybercamp$ exit

exit

cybercamp@ubuntu:~$ sudo usermod -aG docker rick

cybercamp@ubuntu:~$ su rick

Password:

rick@ubuntu:/home/cybercamp$ docker run -it alpine

/ # cat /etc/os-release

NAME="Alpine Linux"

ID=alpine

VERSION_ID=3.10.1

PRETTY_NAME="Alpine Linux v3.10"

HOME_URL="https://alpinelinux.org/"

BUG_REPORT_URL="https://bugs.alpinelinux.org/"
```



Challenge

- Time permitting, let's
 - create a Dockerfile
 - add a standard user
 - build the container
 - run a process as a non-root user
 - confirm the process is running non-root



Hands-on session #2

- Host: Install Git
- Host: CIS Scan
- Host: CIS Audit Finding Remediation
- Host: CIS Remediation Scan
- Host: Build nmap container
- Host, Container: Test nmap container
- Host, Container: Test nmap container #2
- Challenge: Remediate CIS Finding



Install Git

- \$ sudo apt-get update
- \$ sudo apt install git
- \$ git --version

```
🔞 🖨 🗊 cybercamp@ubuntu: ~
cybercamp@ubuntu:~$ sudo apt install git
Reading package lists... Done
Building dependency tree
Reading state information... Done
Suggested packages:
 git-daemon-run | git-daemon-sysvinit git-doc git-el git-email git-gui gitk gitweb git-arch
 git-cvs git-mediawiki git-svn
The following NEW packages will be installed:
 ait
O upgraded, 1 newly installed, O to remove and 131 not upgraded.
Need to get 0 B/2,982 kB of archives.
After this operation, 27.1 MB of additional disk space will be used.
Selecting previously unselected package git.
(Reading database ... 204202 files and directories currently installed.)
Preparing to unpack .../git_1%3a2.11.0-2ubuntu0.3_amd64.deb ...
Unpacking git (1:2.11.0-2ubuntu0.3) ...
Setting up git (1:2.11.0-2ubuntu0.3) ...
```



CIS Scan

- \$ git clone https://github.com/docker/dockerbench-security.git
- \$ cd docker-bench-security
- \$ sudo sh docker-bench-security.sh



CIS Audit Finding Remediation

- \$ sudo apt install auditd
- \$ echo "-w /usr/bin/docker -p wa" | sudo tee -a /etc/audit/rules.d/audit.rules
- \$ sudo service auditd restart
- \$ sudo grep log_file /etc/audit/auditd.conf
- Ctrl + shift + t, sudo tail -f /var/log/audit/audit.log | grep docker
- Ctrl + PgUp, \$ sudo service docker restart

```
cybercamp@ubuntu: ~ × sudo tail -f /var/log/audit/audit.log | grep docker type=SERVICE_STOP msg=audit(1563931054.558:320): pid=1 uid=0 auid=4294967295 ses=42949 67295 msg='unit=docker comm="systemd" exe="/lib/systemd/systemd" hostname=? addr=? terminal=? res=success' type=SERVICE_START msg=audit(1563931055.754:352): pid=1 uid=0 auid=4294967295 ses=4294 967295 msg='unit=docker comm="systemd" exe="/lib/systemd/systemd" hostname=? addr=? terminal=? res=success'
```



Host CIS Remediation Scan

- \$ cd docker-bench-security
- \$ sudo sh docker-bench-security.sh
- \$ cd ~

```
[PASS] 1.5 - Ensure auditing is configured for the Docker daemon
[WARN] 1.6 - Ensure auditing is configured for Docker files and directories - /var/lib/docker
[WARN] 1.7 - Ensure auditing is configured for Docker files and directories - /etc/docker
[WARN] 1.8 - Ensure auditing is configured for Docker files and directories - docker.service
[WARN] 1.9 - Ensure auditing is configured for Docker files and directories - docker.socket
[WARN] 1.10 - Ensure auditing is configured for Docker files and directories - /etc/default/docker
[INFO] 1.11 - Ensure auditing is configured for Docker files and directories - /etc/docker/daem
on.json
[INFO] * File not found
[WARN] 1.12 - Ensure auditing is configured for Docker files and directories - /usr/bin/docker-
containerd
[WARN] 1.13 - Ensure auditing is configured for Docker files and directories - /usr/bin/docker-
runc
```



Build nmap container

- Paste \$ wget https://github.com/rickpayne929
- into \$ nano Dockerfile
- \$ sudo docker build -t rick/nmap:1.0.

```
cybercamp@ubuntu: ~
cybercamp@ubuntu:~$ sudo docker build -t rick/nmap:1.0 .
[sudo] password for cybercamp:
Sending build context to Docker daemon 34.09MB
Step 1/4 : FROM alpine:latest
latest: Pulling from library/alpine
050382585609: Pull complete
Digest: sha256:6a92cd1fcdc8d8cdec60f33dda4db2cb1fcdcacf3410a8e05b3741f44a9b5998
Status: Downloaded newer image for alpine:latest
---> b7b28af77ffe
Step 2/4 : MAINTAINER Rick Payne
---> Running in a0563fa46c8f
Removing intermediate container a0563fa46c8f
 ---> 36dbe0e4ef33
                                                && rm -rf /var/cache/apk/*
Step 3/4 : RUN apk update && apk add
                                        nmap
 ---> Running in d5948a2f3ba3
```



Test nmap container

- \$ sudo docker images Is
- \$ sudo netstat –tulnp
- \$ sudo apt install ssh -y
- \$ sudo service sshd status
- \$ sudo netstat –tulnp



Test nmap container #2

- \$ sudo docker images Is
- \$ docker run –it rick/nmap –help
- \$ docker run -it rick/nmap:1.0 -help
- \$ ipconfig | grep inet
- \$ docker run -it rick/nmap:1.0 <inet IP>

```
cybercamp@ubuntu:~$ sudo docker run rick/nmap:1.0 192.168.41.130
Starting Nmap 7.70 ( https://nmap.org ) at 2019-07-24 02:12 UTC
Nmap scan report for 192.168.41.130
Host is up (0.000040s latency).
Not shown: 999 closed ports
PORT STATE SERVICE
22/tcp open ssh
Nmap done: 1 IP address (1 host up) scanned in 1.92 seconds
```



Challenge: Remediate CIS Finding

- Time permitting, let's
 - Identify another CIS finding
 - Remediate
 - Rescan
 - Confirm remediation



Hands-on session #3

- Host: Docker Mgmt Commands
- Host: Docker Mgmt Commands #2
- Host, Container: Cleanup -> Web Server Launch
- Host, Container: Host <-> Container Volume
- Host, Container: Container root by default?
- Host: Create user-level image
- Challenge: Image Vulnerability Scan



Docker Mgmt Commands

- \$ sudo docker –help
- \$ sudo docker image –help
- \$ sudo docker inspect
- \$ sudo docker exec –d <image> touch /tmp/1

```
cybercamp@ubuntu:~

cybercamp@ubuntu:~

cybercamp@ubuntu:~$ sudo docker exec -d webtestCC touch /tmp/1

cybercamp@ubuntu:~$ sudo docker exec webtestCC ls /tmp/

cybercamp@ubuntu:~$ sudo docker exec -d webtestCC touch /tmp/2

cybercamp@ubuntu:~$ sudo docker exec webtestCC touch /tmp/2

cybercamp@ubuntu:~$ sudo docker exec webtestCC ls /tmp/

cybercamp@ubuntu:~$ sudo docker exec webtestCC whoami

cybercamp@ubuntu:~$ sudo docker exec webtestCC whoami
```



Docker Mgmt Commands #2

- \$ docker run --name webtestCC -p 80:80 -d nginx cybercamp@ubuntu:~\$ sudo docker run --name webtestCC -p 80:80 -d nginx 65d6bba44fe56af85f51499032df4dc986f0c4d32310bdc53d17e2892c3a78f7
- What's the container's resource (CPU, mem) usage?
- Running process? Ports exposed?
- Process running as what user?
- \$ sudo docker ps -> top -> stats



Cleanup -> Web Server Launch

- \$ sudo docker container kill webtestCC
- \$ sudo docker rm webtestCC
- \$ sudo docker run --name nginxtest -v /home/cybercamp/index.html:/usr/share/ngin x/html/index.html:rw -d nginx
- \$ curl localhost, open Firefox -> goto localhost

```
cybercamp@ubuntu:~

cybercamp@ubuntu:~

cybercamp@ubuntu:~

cybercamp@ubuntu:~$ curl localhost

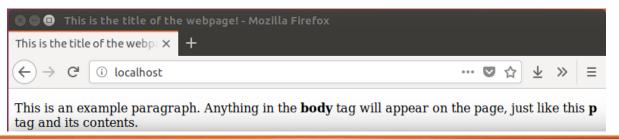
curl: (7) Failed to connect to localhost port 80: Connection refused

cybercamp@ubuntu:~$
```



Host <-> Container Volume

- \$ sudo docker run --name nginxtest -v /home/cybercamp/index.html:/usr/share/ngin x/html/index.html:rw -p 80:80 -d nginx
- \$ curl localhost, open Firefox -> goto localhost
- \$ gedit index.html
- \$ sudo docker container nginx restart





Container – root by default?

- \$ wget https://github.com/rickpayne929
- \$ sudo docker build -t rick/nmapwhoami:1.0.

```
cybercamp@ubuntu:~

cybercamp@ubuntu:~

cybercamp@ubuntu:~

cybercamp@ubuntu:~$ sudo docker run rick/nmapwhoami:1.0
root
```



Create user-level image

- \$ wget https://github.com/rickpayne929
- \$ sudo docker build -t rick/nmapuser:1.0.

```
cybercamp@ubuntu:~

cybercamp@ubuntu:~

cybercamp@ubuntu:~$ sudo docker run rick/nmapuser:1.0
rick
```



Challenge: Image Vulnerability Scan

- Time permitting, let's
 - Download open source scanner
 - Scan image
 - Generate Report
 - Fix 1 finding
 - Report and compare



References

- Special Publication 800-190 Application Container Security Guide. NIST. Retrieved from https://nvlpubs.nist.gov/nistpubs/SpecialPublications/NIST.SP.800-190.pdf
- 2. Docker overview. Docker. Retrieved from https://docs.docker.com/engine/docker-overview/
- Infographic: Docker Ecosystem. IT Briefcase. Retrieved from http://www.itbriefcase.net/infographic-docker-ecosystem-2014-year-in-review



References

1. Additional reference citations listed in slide notes