APPLICANT BACKGROUND INFORMATION - PART 1

ID: T 362 **DATE:**10/29/2014

APPLICANT INFORMATION:

Last Name First Name Email Address: Kaufman Richard tud51377@temple.edu

Preferred Mailing Address 9 N 9TH ST UNIT 313

Philadelphia USA PA 19107 Philadelphia PA 19107 USA

Preferred Phone:

781-724-6407

Birthplace

State: City: PΑ Greenwhich

Country (other than USA):

USA

Country of Citizenzhip: Visa Type:

Have you ever been

convicted of a felony?

Felony Details:

Additional Contact Person

Permanent Address: 9 N 9TH ST UNIT 313

Permanent Phone:

Last First: Kaufman Kelly

781-724-6407

Address: 9 N 9TH ST UNIT 313

Philadelphia PA 19107 USA

GPA (reported by college)

85.23

Phone: Relationship:

404-409-7335 Spouse

EDUCATIONAL EXPERIENCE:

2015 Year of Graduation:

If previous graduate, why in CASPR again:

Colleges/Universities Attended		From	То	Graduated	Degree/Field
TUSPM Philadelphia	PA	08/2011	05/2015	No	DPM Podiatry
University of Colorado Boulder	CO	08/2004	12/2008	No	BA Molecular, Cellular, and
				No	(select)
				No	(select)
				No	(select)
				No	(select)

NATIONAL BOARD SCORES:

Part

Comment:

Part 2 Written:

Part 2 CSPE:



APPLICANT INFORMATION - PART II

ID T 362

DATE:10/29/2014

Applicant Name: Richard Kaufman

College of Podiatric Medicine: **Temple University School of Podiatric Medicine**

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Have you received any honors while in professional school? No

Have you authored any original papers for publication while in professional	Yes	
Title Short and long-term consequences of stressor controllability in adolescent rats.		
Journal: Behavioral Brain Research		Publication Date: October 1, 2012
Title		
Journal:		Publication Date:
Title		
Journal:		Publication Date:
Have very morticinated in account majests while in masses in all calculated and		
Have you participated in research projects while in professional school? No		
Title: Comments:		
Title: Comments:		
Tide		
Title: Comments:		



APPLICANT INFORMATION - PART II

ID T 362

DATE:10/29/2014

Have you served or will you have served any post-graduate podiatric residencies by July 1st, 2014? No

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Institution:	Program Director:	
Address:	City:	State: Start Date: End Date:
Institution:	Program Director:	
Address:	City:	State: Start Date: End Date:

Extracurricular Activities

List any extracurricular activities in which you participated while in professional school. Provide activity and dates:

TUSPM Technology Club

- -Co-Founder/Co-President 2012-2015
- -Co-founded and lead the TUSPM Technology Club, a club which gives hands-on and interactive educational technology lectures and presentations to students and faculty.
- -Ran numerous lectures series educating students and faculty how to develop websites for their future medical practices and successfully market them for target audiences
- -Additional lectures given included information security, clinical applications of mobile apps, how to market yourself utilizing LinkedIn, and how to best utilize the technological resources at TUSPM
- -Awarded TUSPM Club of the Year 2013.

AAPPM Practice Management Club

- -Chief Technology Officer 2012-2014
- -Chairman of online campaign to promote podiatric medicine to aspiring undergraduate pre-medical students. Educated over 10,000 prospective students about podiatric medicine through online social media outlets. Coded custom website to allow students to easily reach out to their undergraduate pre-med advisor and educate them about podiatric medicine
- -Co-ran De-Feet Childhood Hunger for two consecutive years, an inter-podiatry school month long food drive which raised over one ton of food and \$1000 for local charities.
- -Designed practice management clubs social media pages and helped release student planners for three consecutive years

Summer 2013-Present: Podiatry Web Solutions LLC

- -CEO / Co-founder
- -Founded company which provides mobile and technological solutions to podiatrists and podiatry students

Summer 2012: Bridging the Gaps Community Health Internship Program

- -OST Wagner Middle School: Institute for the Development of African American Youth Philadelphia, PA
- -Developed interactive forensics curriculum for underprivileged middle school students.
- -Attended summer community health lecture seminars at Philadelphia Medical Schools.



APPLICANT INFORMATION - PART II

ID T 362

DATE:10/29/2014

Personal Statement:

The last four years in podiatric medical school have been an incredibly rewarding and life-changing experience. They have transformed me from someone who had the simple desire to better the lives of others, to one who is now actively helping provide care for patients, who is involved in the greater podiatric medical community, and who desires to be a future leader in the field of podiatric medicine and surgery. I am incredibly excited to begin my residency education and expand my training so I can provide better help for those in need.

I was not familiar with podiatric medicine until two years after I had completed my undergraduate education. I graduated with a degree in Molecular, Cellular, and Developmental Biology from the University of Colorado at Boulder in 2008. At the time, I intended on going to graduate school and becoming a PhD research scientist. However, after three years of undergraduate and post-baccalaureate laboratory work, I realized that while I loved science, laboratory work was not my calling. Not wanting to abandon my scientific education, and still wanting to make a difference in the lives of others, I began exploring different career paths.

After examining alternative career opportunities and prospects, I began exploring the medical field. I first learned about podiatric medicine and surgery through a family friend, Dr. Dorothy McCarthy, DPM. After spending a week shadowing her at her office, visiting local podiatric residency programs, and observing patients in the clinic and the OR, I knew that I was both willing and eager to make a commitment to this profession. I found that the opportunity to help make a difference in the lives of patients was nearly unprecedented compared to other medical specialties, and was excited to begin a career in this growing and evolving field.

I decided to enroll at TUSPM, where in addition to developing intellectually and gaining a wealth of podiatric medical knowledge, I have been a highly active leader in numerous student organizations and extra-curricular activities. Major accomplishments of mine have included founding and leading the TUSPM technology club, being a chief officer in the AAPPM Practice Management Club, spending a summer building a science curriculum for inner city children, and helping finalizing a neuroscience publication that I began working on in undergrad. These roles exemplify my ability to work hard, my determination to be a leader in podiatric medicine and surgery, my desire to help others in need, and my propensity to successfully multi-task. As a resident, I look forward to adapting these traits, and using them to better manage the lives of patients under my care.

In residency, I look forward to the continuation of my training and the development of my surgical, clinical, and medical skills and knowledge. I am determined to work both with other members of my team and members of other departments towards providing the highest level of care possible for our patients. I am just as excited to continue my podiatric medical education as a resident as I was to begin it as a new student four years prior. I look forward to being a part of podiatric medicine and surgery both now and in the future, and could not be happier with my choice of career.



APPLICANT INFORMATION - PART II

ID T 362 **DATE:**10/29/2014

Additional Comments

I have read and understand the instructions and other information in the CASPR™ Instruction Booklet for Applicants to Podiatric Residency Programs. I certify that the information recorded herein is complete and accurate to the best of my knowledge. I recognize that any intentional misrepresentation on my part may cause me to be disqualified from continued participation in the Central Application Service for Podiatric Residencies and/or to be denied appointment to or dismissal from a podiatric residency program.

I hereby authorize CASPR™ to release the information reported in this application and related documents to the residency program(s) I have designated, and to use this information for research purposes. I authorize CASPR™ to report to the college of podiatric medicine I am attending, or last attended, my final status in the CASPR™ Matching Program. I also authorize CASPR™ to include my name on the roster of students matched through CASPR™ in the current residency cycle.



By Checking this box, I certify that I am **Richard Kaufman** and I agree to the above statements. This statement shall have the same effect for all purposes as an ink-signed original.

Richard Daniel Kaufman

Curriculum Vitae

Education

2011-2015 Temple University Philadelphia, PA

Doctor of Podiatric Medicine (DPM) Candidate, May 2015

2004-2008 University of Colorado Boulder, CO

B.A., Molecular, Cellular and Developmental Biology

Senior Thesis: Sensitization of Serotonergic Neurons in Dorsal Raphé Nucleus is Blocked by Controllable Stress in the Adolescent Rat

Colorado Applied Business Intense Certificate Honors Certification

June 2008 Danish Institute for Study Abroad Copenhagen, DK

Biological and Clinical Approaches to Human Disease – Summer Program

Professional Activities / Associations

TUSPM Technology Club

Co-Founder/Co-President 2012-2015

- TUSPM Technology Club gives hands-on and interactive educational technology lectures and presentations to students and faculty.
- Ran lectures series educating students how to develop websites for their future medical practices and successfully market them for target audiences
- Awarded TUSPM Club of the Year 2013.

AAPPM Practice Management Club

Chief Technology Officer 2012-2014

- Chairman of online campaign to promote podiatric medicine to aspiring undergraduate pre-medical students. Educated over 10,000 prospective students about podiatric medicine through online social media outlets and email to undergraduate advisors.
- Co-ran De-Feet Childhood Hunger for two consecutive years, an inter-podiatry school month long food drive which raised over one ton of food for local charities.

Work Experience

Summer 2013-Present: Podiatry Web Solutions LLC CEO

 Provides technological solutions and mobile applications for Podiatrists and Podiatric Medical Students.

Summer 2012: Bridging the Gaps Community Health Internship Program

OST Wagner Middle School: Institute for the Development of African American Youth Philadelphia, PA

- Developed interactive forensics curriculum for underprivileged middle school students.
- Attended community health lecture seminars at Philadelphia Medical Schools.

Research Experience

January 2007- December 2009: Research Associate

University of Colorado Center for Neuroscience Maier/Watkins Laboratory Advisors: Dr. Michael Baratta, Dr. John Christianson

- Conducted original and team-based research on the medial prefrontal cortex's role in mediating adverse events.
- Examined behavioral control in adolescent stress and its ability to produce resilience in adulthood.

Publications

Kubala KH, Christianson JP, **Kaufman RD**, Watkins LR, Maier SF. Short- and long-term consequences of stressor controllability in adolescent rats. *Behavioral Brain Research*. October 1, 2012- 234(2): 278-84

Christianson J. P., Benison A.M., Jennings J., Sandsmark E.K., Amat J., **Kaufman RD.**, Barratta MV, Paul E.D, Campeau S., Watkins L.R., Barth D.S. & Maier, S.F. The sensory insular cortex mediates the stress-buffering effects of safety signals but not behavioral control. *Journal of Neuroscience*. December 10, 2008-28(50):13703–13711

Honors/Awards

Biological Sciences Initiative – *June 2008*

Research travel grant for "Biological and Clinical Approaches to Human Disease"

Honors Certificate in Applied Business – May 2008

Leeds School of Business, University of Colorado at Boulder

Howard Hughes Medical Institute – September 2007- May 2008

Year-long undergraduate research grant for "The ventral medial prefrontal cortex's regulation of the expression of fear"

Biological Sciences Initiative – Summer 2007

BURST undergraduate summer research grant for "Uncontrollable Stress and Fear"

Presentations

OST at Wagner Middle School, Institute for the Development of African American Youth (Poster)

Bridging the Gaps Symposium. Philadelphia, PA September 2012

The mPFCv Regulates the Expression of Fear

NIH HHMI Undergraduate Scholar Conference, Boulder, Colorado April 2008

The Molecular Biology of Melanoma and its Implications in Future Treatments University of Colorado Undergraduate Cancer Conference. Boulder, Colorado April 2008

Volunteer Work

Mass General Hospital

August 2010-August 2011

• Volunteered at Yawkey Center for Outpatient Care (food cart, wheelchair assistance, talking with oncology patients)

Conferences Attended

Diabetes Limb Salvage: Bringing the Cutting Edge into Everyday Practice April 12th 2014, Philadelphia PA

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2014 APWH National Conference March 27th – 30th 2014, Philadelphia PA

2012 Annual Bridging the Gaps Symposium Philadelphia, PA

September 7th 2012, Philadelphia, PA

2011 APMA National Scientific Conference Boston, MA

July 28-31st 2011, Boston MA

Interests/Hobbies

Distance running, hiking, skiing, technology, coffee, travel

October 5, 2014

Re: Mr. Ricky Kaufman

To Whom This May Concern:

I have known Mr. Ricky Kaufman for over two and a half years and highly recommend him for your residency. Our affiliation is through him serving our profession as Technology Officer for the Temple University School of Podiatric Medicine American Academy of Podiatric Practice Management (AAPPM) Student Chapter. I have had the great pleasure of working closely with Mr. Kaufman as AAPPM Chairman and student chapter national liaison and have had the pleasure of meeting and speaking with him on several occasions.

Mr. Kaufman's exceptional attribute is his commitment to making a difference in our profession as a student leader and volunteering in numerous activities as his resume clearly illustrates. His fierce dedication allows him to focus on the task at hand, while balancing his academics and various extracurricular activities. I have had the opportunity to see Mr. Kaufman interact with his colleagues and am always impressed by the many positive relationships he maintains. He has brought forth national initiatives through use of technology to recruit students to podiatry school and work with pre-med advisors at undergraduate colleges as well as help to raise food for less fortunate children at the podiatry schools throughout the country.

His list of professional activities is admirable and speaks volumes about the commitment to his future while focusing on achieving academic excellence. Mr. Kaufman's communication skills are wonderful and reflected by his pleasant and cordial nature. He has been a great asset consistently volunteering with many projects in podiatry. When asked about his attributes one that sticks out is "Determined. I make sure that I always complete goals that I set for myself. Along the road I always attempt to learn from mistakes, and grow as a person because of them."

I have watched Mr. Kaufman develop throughout his time as a student leader and colleague. We have had many calls with him asking me questions on enhancing his leadership and interpersonal skills. He is already a winner in these areas again showing his desire to grow to his very best. He is well prepared academically and possesses the skills necessary to be a top quality physician. I work with the student many students active in the AAPPM Student Chapters at each of the podiatry schools and Ricky is on top of list on many levels for many qualities that make him and others shine.

It is without reservation that I recommend Mr. Ricky Kaufman to your residency. Please do not hesitate to contact me if you have any questions at 732-905-1110 or e-mail hornstein@aappm.org.

Professionally yours,

Hal Ornstein, DPM, FASPS Managing Partner



Department of Podiatric Surgery 148 North 8th Street 2nd Floor Philadelphia, PA 19107-2496

phone 215-625-5350 web http://podiatry.temple.edu

September 25, 2014

RE: Residency Letter of Recommendation for Richard Kaufman

Podiatric Colleague To Whom It May Concern:

As the current externship director and member of the residency training committee for the Temple University Hospital Podiatric Surgical Residency Program, I am aware of the sometimes little relative value assigned to letters of recommendation when considering students for residency spots. This is unfortunate because I appreciate the potential benefits it may afford, the reasoning behind the requirement, and the chance it gives me to tell you about one of my students. It is with this in mind that I respectfully recommend my student Ricky for your program.

I have been given the opportunity to provide didactic and clinical education to students at the Temple University School of Podiatric Medicine during all 4 years of their training, so it is with some pleasure that I have watched Ricky make the progression from the classroom to actual patient care. Although it is still early in his clinical career, he has certainly demonstrated well above a minimum competency in performance, and more importantly, a real desire to learn and improve himself.

I have personally reviewed Ricky's curriculum vitae and he tells me the accomplishment he is most proud of is obtaining this doctorate degree in podiatric medicine. Although he has an interesting and diverse background, and although he has obviously been very active and innovating during his time at TUSPM, he is most excited about the prospect of becoming a physician and being involved in clinical medicine. He did not come to TUSPM straight from his undergraduate education, and made the decision that he wanted to be more clinical in his career, and obtaining this degree appropriately represents the fulfillment of this decision.

Perhaps the most important thing that I can offer is my willingness to personally discuss any student with you. Please do not he sitate to call me directly on my personal phone at 215 620-8184 if you have any questions with respect to Ricky, or there is any other way that I can be of service to you.

Respectfully Submitted,

Andrew Meyr, DPM, FACFAS

Associate Professor, Department of Surgery Temple University School of Podiatric Medicine

TUSPM Department of Surgery 8th at Race Street Philadelphia, PA 19107

ajmeyr@gmail.com Mobile: 215 620-8184

Eighth at Race Streets Philadelphia, Pennsylvania 19107-2496 phone 215-629-0300 web http://podiatry.temple.edu

RE: Richard Daniel Kaufman DATE: August 4, 2014

Dear Doctor:

I am pleased to present for your consideration, Mr. Richard Daniel Kaufman, as a leading candidate for your Podiatric Medical and Surgical Residency Program. As an Associate Professor in the Department of Biomechanics of the Temple University School of Podiatric Medicine, I have had the pleasure of knowing and working with Mr. Kaufman for all his four years as a student here at the University.

Mr. Kaufman comes from an accomplished background in the Health Sciences having earned a Bachelor of Arts Degree from the University of Colorado, majoring in Molecular and Cellular Developmental Biology. Mr. Kaufman was also awarded an Honors Certification from the Colorado Applied Business Intense Certification Program. He also studied abroad in June of 2008 at the Danish Institute for study in Copenhagen, Denmark, broadening his educational horizons in the biological and clinical approaches to human disease. His undergraduate work speaks volumes of his accomplishments including numerous publications in the area of Molecular Biology and Neuroscience as well as Honors from the University of Colorado. He also worked as a research associate on major projects within the Maier/Watkins Laboratory, University of Colorado Center for Neuroscience. Mr. Kaufman is also very accomplished in the world of informational technology and came to Temple University School of Podiatric Medicine with a rich background and well prepared for his podiatric studies.

Mr. Kaufman is one of the most outstanding student doctors I have ever had the pleasure of teaching at TUSPM. He is a consistent academic performer as well as quite involved in the well being of the student body and community outreach. In his calm and confident manner, Mr. Kaufman has been a great asset to my Podiatric Orthopedic and Sports Medicine patients at the Foot and Ankle Institute. He has a natural ability in communicating with patients and determining their problems. He has excellent history taking and diagnostic skills when performing physical examinations and can arrive at a working diagnosis and treatment plan. He is highly self-motivated and during off times lends his expertise as a student doctor to the third year students who enter the clinic, giving them guidance in their clinical training. Mr. Kaufman has excellent didactic skills and hand skills in the application of podiatric procedures and also in handling surgical instrumentation and injection techniques. I trust Mr. Kaufman with my patients and off times confer with him on his opinion on what he sees as potential treatment plans and outcomes.

Mr. Kaufman has made himself outstanding in the areas of community service and outreach, as well as contributing to the knowledge and betterment of his fellow students at TUSPM. Mr. Kaufman is the co-founder of the TUSPM Technology Club, which has offered very interesting lunchtime lectures to keep us informed on the latest in technology and its applications to Podiatric Medicine.

Eighth at Race Streets Philadelphia, Pennsylvania 19107-2496 phone 215-629-0300 web http://podiatry.temple.edu

He helped provide technological solutions and mobile applications for Podiatric Medicine and medical students in a very bold initiative and outreach program through social media and the web, and co-created an educational approach to reaching out to 10,000 perspective podiatric students around the country informing them on the career of Podiatric Medicine. He has also been involved in childhood hunger, and through organizing a month-long Podiatric School food drive, raised over one ton of food for local charities. Of recent note, Mr. Kaufman was also involved with the Institute for Development of African-American Youth in Philadelphia, developing an interactive forensic curriculum for the underprivileged middle school students. He has given talks and lectures to numerous student groups in Philadelphia area.

Most important, Mr. Kaufman is of the highest moral and ethical integrity. He is extremely dependable and very devoted to patient care and his profession. I know Mr. Kaufman will make an outstanding resident for your program. Please give him your sincere consideration. I give Mr. Kaufman my highest recommendation.

Sincerely,

Howard J. Palamarchuk, DPM