Command +	Left - next space
Command +	Right - previous space
Command +	Up - mission control
Command +	Down - application windows
Command +	Tab - switch applications

Windows Command + Option + Space - switch windows Command + Option + h - resize window (left) Command + Option + j - resize window (bottom) Command + Option + k - resize window (top) Command + Option + 1 - resize window (right) Command + Option + z - resize window (center) Command + Option + m - resize window (maximise) -----Command + Option + n - move window to next space -----Command + Option + p - move window to previous space -----

Screenshots Command + Shift + 3 - capture entire screen (file) Command + Ctrl + Shift + 3 - capture entire screen (copy) Command + Shift + 4 - capture portion of screen (file) Command + Ctrl + Shift + 4 - capture portion of screen (copy) Command + Shift + 4 + Space - capture window or menu Command + Ctrl + 5 - capture options