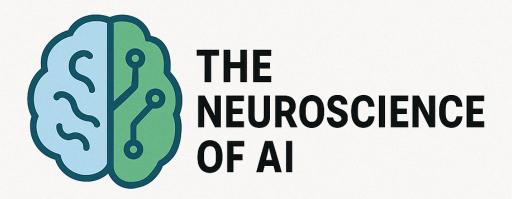
The Neuroscience of Al



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Chapter 23: Lifelong Learning

23.0 Chapter Goals

- Understand the challenge of catastrophic forgetting in artificial neural networks
- Explore biological solutions to the stability-plasticity dilemma
- Learn about computational approaches for continual learning
- Implement mechanisms for memory consolidation and replay

23.1 The Stability-Plasticity Dilemma

One of the major limitations of current artificial neural networks is their inability to learn continuously throughout their lifecycle. While humans and other animals can accumulate knowledge over time, neural networks typically suffer from "catastrophic forgetting" - when trained on new tasks, they tend to rapidly overwrite previously learned information.



This tension between maintaining stability (preserving existing knowledge) and having plasticity (acquiring new information) is fundamental to any learning system:

- Too much stability: The system becomes rigid and unable to learn new information
- Too much plasticity: The system constantly overwrites old knowledge with new experiences

23.1.1 Catastrophic Forgetting Problem

When an artificial neural network is trained sequentially on different tasks, learning new tasks can overwrite weights that were critical for previous tasks:

```
import torch
import torch.nn as nn
import torch.optim as optim
import matplotlib.pyplot as plt
import numpy as np
def demonstrate catastrophic forgetting():
    Demonstrate catastrophic forgetting in a simple network
    # Simplified experiment
   model = nn.Sequential(
        nn.Linear(10, 50),
        nn.ReLU(),
        nn.Linear(50, 50),
        nn.ReLU(),
        nn.Linear(50, 2)
    )
    # Generate two synthetic tasks
    task_A_data = torch.randn(1000, 10)
    task A targets = (task A data[:, 0] > 0).float()
    task_B_data = torch.randn(1000, 10)
    task_B_targets = (task_B_data[:, 1] > 0).float()
    # Training loop
    optimizer = optim.SGD(model.parameters(), lr=0.01)
    criterion = nn.BCEWithLogitsLoss()
    task A accuracy = []
    task B accuracy = []
    # Initial training on task A
    for epoch in range(100):
        optimizer.zero grad()
        output = model(task_A_data)[:, 0]
        loss = criterion(output, task A targets)
        loss.backward()
        optimizer.step()
        # Evaluate
        with torch.no grad():
            pred A = (output > 0).float()
            acc_A = (pred_A == task_A_targets).float().mean()
            task A accuracy.append(acc A.item())
            output B = model(task B data)[:, 1]
            pred B = (output B > 0).float()
            acc_B = (pred_B == task_B_targets).float().mean()
            task_B_accuracy.append(acc_B.item())
   # Switch to training on task B
```

```
for epoch in range(100):
        optimizer.zero grad()
        output = model(task B data)[:, 1]
        loss = criterion(output, task_B_targets)
        loss.backward()
        optimizer.step()
        # Evaluate
        with torch.no_grad():
            pred_A = (model(task_A_data)[:, 0] > 0).float()
            acc A = (pred A == task A targets).float().mean()
            task_A_accuracy.append(acc_A.item())
            pred B = (output > 0).float()
            acc_B = (pred_B == task_B_targets).float().mean()
            task B accuracy.append(acc B.item())
    # Plot results
    plt.figure(figsize=(10, 6))
    plt.plot(task_A_accuracy, label='Task A Accuracy')
    plt.plot(task_B_accuracy, label='Task B Accuracy')
    plt.axvline(x=100, color='r', linestyle='--', label='Switch to Task B')
    plt.xlabel('Training Steps')
    plt.ylabel('Accuracy')
    plt.legend()
    plt.title('Catastrophic Forgetting Demonstration')
    plt.ylim(0, 1)
    return plt
# Running this function would show how accuracy on Task A drops rapidly
# when the model is trained on Task B
```

This code demonstrates the classic catastrophic forgetting problem: as the network learns Task B, its performance on Task A deteriorates rapidly. This is because the network parameters needed for Task A are overwritten by those needed for Task B.

23.2 Biological Solutions for Lifelong Learning

The brain employs several mechanisms to balance stability and plasticity, allowing humans and animals to learn continuously throughout life without catastrophic forgetting.

23.2.1 Complementary Learning Systems

The brain manages memory through complementary systems that operate at different timescales:

- 1. **Hippocampus**: Fast-learning system for episodic memories
 - Rapidly encodes new experiences
 - High plasticity but limited capacity
 - Temporary storage for recent experiences
- 2. **Neocortex**: Slow-learning system for semantic knowledge
 - Gradually integrates information over time
 - More stable weights for long-term storage
 - Learns general patterns across many experiences

This division allows new information to be quickly stored in the hippocampus while being slowly transferred to the neocortex through a process called "consolidation."

```
class ComplementaryLearningSystems:
   def init (self, fast learn rate=0.1, slow learn rate=0.01, consolidation s
        self.hippocampus = [] # Fast-learning episodic memory
        self.neocortex = {} # Slow-learning semantic memory
        self.fast learn rate = fast learn rate
        self.slow learn rate = slow learn rate
        self.consolidation strength = consolidation strength
   def learn(self, experience):
        """Learn a new experience"""
       # First, store in hippocampus (fast learning)
        self.hippocampus.append(experience)
       # Then, slowly integrate into neocortex
       if experience["concept"] in self.neocortex:
            # Update existing knowledge
            current = self.neocortex[experience["concept"]]
            self.neocortex[experience["concept"]] = {
                "features": current["features"] * (1 - self.slow_learn_rate) +
                           experience["features"] * self.slow learn rate,
                "importance": current["importance"] + self.consolidation_strength
       else:
            # Create new knowledge
            self.neocortex[experience["concept"]] = {
                "features": experience["features"],
                "importance": 1.0
            }
   def consolidate(self, replay_count=5):
        """Consolidate memories from hippocampus to neocortex"""
       # Simulate memory replay during sleep
        for _ in range(replay_count):
            if self.hippocampus:
                # Replay random experiences from hippocampus
                replay idx = np.random.randint(0, len(self.hippocampus))
                replay_experience = self.hippocampus[replay_idx]
                # Strengthen in neocortex
                concept = replay experience["concept"]
                if concept in self.neocortex:
                    self.neocortex[concept]["importance"] += self.consolidation_s
```

23.2.2 Synaptic Consolidation Mechanisms

In biological brains, synapses important for existing memories become less plastic over time through several mechanisms:

- Structural changes: Formation of dendritic spines and physical growth of synaptic connections
- 2. **Protein synthesis**: Creation of proteins that stabilize important synapses
- 3. Synaptic tagging: "Tagging" of important synapses for later consolidation

These mechanisms create a "continuum of plasticity" across the brain's synapses, where some connections remain plastic while others become more stable.

23.2.3 Neuromodulation of Learning Rates

Neuromodulatory systems (using chemicals like dopamine, acetylcholine, and norepinephrine) regulate plasticity based on context:

- **Dopamine**: Signals importance/reward, enhancing learning for valuable experiences
- **Acetylcholine**: Modulates attention and encoding of new information
- Norepinephrine: Adjusts overall plasticity based on surprise/novelty

This adaptive regulation helps prioritize what should be learned and retained.

23.3 Computational Approaches to Continual Learning

Inspired by biological mechanisms, several computational approaches have been developed to enable continual learning in artificial systems.

23.3.1 Memory Replay Techniques

One of the most successful approaches involves replaying past experiences to maintain performance on previous tasks:

```
class ExperienceReplayBuffer:
   def __init__(self, capacity=10000):
        Experience replay buffer for continual learning
        Parameters:
        - capacity: Maximum number of experiences to store
        self.buffer = []
        self.capacity = capacity
        self.position = 0
    def add(self, experience):
        """Add an experience to the buffer"""
        if len(self.buffer) < self.capacity:</pre>
            self.buffer.append(None)
        self.buffer[self.position] = experience
        self.position = (self.position + 1) % self.capacity
    def sample(self, batch size):
        """Sample a batch of experiences randomly"""
        indices = np.random.choice(len(self.buffer), batch size, replace=False)
        return [self.buffer[i] for i in indices]
    def is empty(self):
        """Check if buffer is empty"""
        return len(self.buffer) == 0
def train_with_replay(model, new_data, replay_buffer, optimizer, criterion, batch)
    """Train a model using experience replay to prevent forgetting"""
    # Add new experiences to buffer
    for x, y in zip(new data[0], new data[1]):
        replay buffer.add((x, y))
    # Train with a mix of new data and replayed experiences
    for in range(5): # Multiple passes through the data
        # Sample from replay buffer
        if not replay buffer.is empty():
            replayed = replay_buffer.sample(batch_size)
            x_replay = torch.stack([x for x, _ in replayed])
            y_replay = torch.stack([y for _, y in replayed])
            # Update model with replayed data
            optimizer.zero grad()
            outputs = model(x_replay)
            loss = criterion(outputs, y replay)
            loss.backward()
            optimizer.step()
    return model
```

- 1. Exact Replay: Store and replay actual data points
- 2. Generative Replay: Train a generative model to produce synthetic examples of past tasks
- 3. Feature Replay: Store and replay high-level features rather than raw inputs

23.3.2 Regularization-Based Methods

Instead of explicitly storing past data, regularization methods constrain weight updates to prevent overwriting important parameters:

```
def elastic_weight_consolidation(model, new_data, fisher_diag, old_params,
                                lambda reg=100, optimizer=None, criterion=None):
    Implement Elastic Weight Consolidation (EWC) for continual learning
    Parameters:
    - model: Neural network model
   - new_data: Data for the new task (x, y)
   - fisher_diag: Diagonal of the Fisher information matrix from previous task
    - old params: Parameters from after learning the previous task
   - lambda_reg: Regularization strength
    - optimizer: Optimizer for new task
   - criterion: Loss function
    Returns:
    - Updated model
    # If no optimizer is provided, create one
    if optimizer is None:
        optimizer = optim.Adam(model.parameters(), lr=0.001)
    # If no criterion is provided, use MSE
    if criterion is None:
        criterion = nn.MSELoss()
    # Training loop
    for epoch in range(10):
        x, y = new_data
        # Forward pass
        optimizer.zero grad()
        outputs = model(x)
        # Task loss
        task loss = criterion(outputs, y)
        # EWC regularization loss
        ewc loss = 0
        for name, param in model.named_parameters():
            if name in fisher diag:
                # Calculate weighted squared distance from old parameters
                ewc loss += (fisher diag[name] *
                            (param - old params[name]).pow(2)).sum()
        # Combined loss
        loss = task_loss + lambda_reg * ewc_loss
        # Backward pass and optimization
        loss.backward()
        optimizer.step()
    return model
```

```
def compute fisher diagonal(model, data, criterion):
   Compute diagonal of the Fisher Information Matrix
   Parameters:
   - model: Neural network model
   - data: Data samples (x, y)
   - criterion: Loss function
   Returns:
   - fisher diag: Dictionary of parameter names to Fisher diagonal values
   fisher diag = {}
   # Store current parameters
   for name, param in model.named parameters():
       fisher_diag[name] = torch.zeros_like(param)
   # Compute Fisher diagonal
   model.eval() # Set to evaluation mode
   for x, y in zip(*data):
       # Forward pass
       model.zero grad()
       output = model(x.unsqueeze(∅))
       # Compute loss
       loss = criterion(output, y.unsqueeze(0))
       # Backward pass to get gradients
       loss.backward()
       # Add squared gradients to Fisher diagonal
       for name, param in model.named parameters():
            if param.grad is not None:
                fisher diag[name] += param.grad.pow(2)
   # Normalize by number of samples
   for name in fisher diag:
        fisher diag[name] /= len(data[0])
   return fisher diag
```

Popular regularization methods include:

- 1. **Elastic Weight Consolidation (EWC)**: Uses Fisher information to estimate parameter importance
- 2. **Synaptic Intelligence**: Measures the contribution of each parameter during training
- 3. **Memory Aware Synapses**: Estimates importance based on the sensitivity of output to each weight

23.3.3 Architecture-Based Approaches

Some approaches modify the network architecture itself to accommodate continual learning:

- 1. **Progressive Neural Networks**: Add new columns for each new task while freezing previous ones
- 2. **Dynamically Expanding Networks**: Grow the network when needed for new tasks
- 3. **Context-Dependent Gating**: Route information differently depending on the task

```
class ProgressiveNetwork(nn.Module):
    def __init__(self, input_size, hidden_size, output_size):
        Progressive Neural Network that adds columns for new tasks
        Parameters:
        - input size: Dimension of input features
        - hidden size: Dimension of hidden layer
        - output_size: Dimension of output
        super().__init__()
        self.columns = nn.ModuleList()
        self.adapters = nn.ModuleList()
        self.input size = input size
        self.hidden size = hidden size
        self.output_size = output_size
        # Add first column
        self.add_column()
    def add_column(self):
        """Add a new column for a new task"""
        column id = len(self.columns)
        # Create new column
        column = nn.Sequential(
            nn.Linear(self.input_size, self.hidden_size),
            nn.ReLU(),
            nn.Linear(self.hidden_size, self.output_size)
        )
        self.columns.append(column)
        # Create lateral connections from previous columns
        if column id > 0:
            adapters = nn.ModuleList()
            for prev_col in range(column_id):
                # Create adapter from previous column's hidden layer
                adapter = nn.Linear(self.hidden_size, self.hidden_size, bias=Fals
                adapters.append(adapter)
            self.adapters.append(adapters)
    def forward(self, x, task_id):
        Forward pass through the network
        Parameters:
        - x: Input tensor
        - task_id: ID of the task to perform
        Returns:
        - output: Network output for the specified task
        0.00
```

```
if task_id >= len(self.columns):
    raise ValueError(f"Task ID {task_id} out of range (only {len(self.col
# Get the column for this task
column = self.columns[task id]
# For the first column, just do a standard forward pass
if task id == 0:
    return column(x)
# For later columns, need to include lateral connections
# Extract features from first layer of current column
first layer = column[0]
h = torch.relu(first_layer(x))
# Add features from lateral connections
adapters = self.adapters[task_id - 1]
for i, adapter in enumerate(adapters):
    prev_h = torch.relu(self.columns[i][0](x))
    h += adapter(prev_h)
# Apply final layer
output = column[2](h)
return output
```

23.3.4 Meta-Learning Approaches

Meta-learning ("learning to learn") approaches aim to discover algorithms or network structures that naturally resist catastrophic forgetting:

```
class MetaContinualLearner:
   def __init__(self, model, meta_lr=0.001):
       Meta-learning approach for continual learning
       Parameters:
       - model: Base model to train
       - meta lr: Meta-learning rate
       self.model = model
        self.meta_optimizer = optim.Adam(model.parameters(), lr=meta_lr)
        self.task optimizers = {}
       self.task_losses = {}
   def learn_task(self, task_id, data, targets, epochs=10, lr=0.01):
        """Learn a specific task"""
       # Create optimizer for this task if it doesn't exist
       if task id not in self.task optimizers:
            self.task_optimizers[task_id] = optim.SGD(self.model.parameters(), lr
            self.task losses[task id] = nn.MSELoss()
       optimizer = self.task optimizers[task id]
       criterion = self.task_losses[task_id]
       # Save initial weights
       initial_weights = {name: param.clone() for name, param in self.model.name
       # First, compute gradients on the current task
       optimizer.zero_grad()
       outputs = self.model(data)
       loss = criterion(outputs, targets)
       loss.backward()
       optimizer.step()
       # Meta-update: consider performance on all previous tasks
       self.meta optimizer.zero grad()
       meta loss = 0
       for prev_task_id, prev_optimizer in self.task_optimizers.items():
            if prev task id != task id:
                # Sample data from previous task (simplified)
                prev data = self.get task sample(prev task id)
                prev targets = self.get task targets(prev task id)
                # Evaluate on previous task
                prev outputs = self.model(prev data)
                prev_loss = self.task_losses[prev_task_id](prev_outputs, prev_tar
                meta loss += prev loss
       # Include current task loss
       meta loss += loss
       # Update model using meta-loss
```

```
meta_loss.backward()
    self.meta_optimizer.step()

def get_task_sample(self, task_id):
    """Get a sample from a task (placeholder)"""
    # In a real implementation, this would retrieve stored examples return torch.randn(10, 10)

def get_task_targets(self, task_id):
    """Get targets for a task sample (placeholder)"""
    # In a real implementation, this would retrieve stored targets return torch.randn(10, 2)
```

23.4 Practical Applications of Lifelong Learning

23.4.1 Robotics and Embodied Al

Continual learning is crucial for robots that need to adapt to new environments and tasks without forgetting previously acquired skills:

- Skill composition: Learning new skills while reusing components of existing ones
- Environmental adaptation: Adjusting to changes in the physical environment
- **Human interaction**: Learning from ongoing human feedback and demonstration

23.4.2 Personal Al Assistants

Personalized AI systems must learn continuously from interactions with their users:

- Preference adaptation: Learning user preferences without forgetting basic functionality
- Contextual awareness: Adapting to changing user needs across different contexts
- Knowledge accumulation: Building a growing knowledge base about the user and their world

23.4.3 Autonomous Systems

Systems operating in the real world need to learn and adapt throughout their operational lifetime:

• Self-driving vehicles: Adapting to new road conditions, traffic patterns, etc.

- Manufacturing systems: Learning new production tasks while maintaining existing capabilities
- Medical diagnosis systems: Updating diagnostic models with new medical knowledge

23.5 Code Lab: Implementing a Replay-Based Continual Learning System

Let's implement a simple experience replay-based continual learning system and test it on a sequence of tasks:

```
import torch
import torch.nn as nn
import torch.optim as optim
import matplotlib.pyplot as plt
import numpy as np
from torch.utils.data import TensorDataset, DataLoader
class SimpleNN(nn.Module):
   def __init__(self, input_size=28*28, hidden_size=256, output_size=10):
        super().__init__()
        self.fc1 = nn.Linear(input_size, hidden_size)
        self.relu = nn.ReLU()
        self.fc2 = nn.Linear(hidden_size, output_size)
   def forward(self, x):
       x = x.view(x.size(0), -1) # Flatten
       x = self.relu(self.fc1(x))
       x = self.fc2(x)
       return x
class ContinualLearner:
   def init (self, model, memory size=200, optimizer=None, criterion=None):
       Continual learning system using experience replay
       Parameters:
       - model: Neural network model
       - memory size: Maximum size of memory buffer
       - optimizer: Optimizer function (will create Adam if None)
        - criterion: Loss function (will create CrossEntropyLoss if None)
       self.model = model
        self.memory size = memory size
       self.memory_x = []
       self.memory y = []
       # Create optimizer and loss function if not provided
        self.optimizer = optimizer if optimizer else optim.Adam(model.parameters(
        self.criterion = criterion if criterion else nn.CrossEntropyLoss()
       # Track performance
        self.task accuracies = {}
   def add to memory(self, x, y):
        """Add examples to memory buffer"""
        if isinstance(x, torch.Tensor):
            x = x.detach().cpu()
       if isinstance(y, torch.Tensor):
            y = y.detach().cpu()
       # Convert single examples to lists if needed
       if len(x.shape) == 3: # Single image [C,H,W]
            x = x.unsqueeze(0)
```

```
y = torch.tensor([y])
    # Add examples to memory
    for i in range(x.shape[0]):
        if len(self.memory x) < self.memory size:</pre>
            self.memory x.append(x[i])
            self.memory_y.append(y[i])
        else:
            # Replace random item
            idx = np.random.randint(0, self.memory size)
            self.memory x[idx] = x[i]
            self.memory_y[idx] = y[i]
def get memory batch(self, batch size):
    """Get a batch of examples from memory"""
    if not self.memory x:
        return None, None
    # Sample indices
    indices = np.random.choice(len(self.memory_x), min(batch_size, len(self.m
    # Gather examples
    x = torch.stack([self.memory_x[i] for i in indices])
    y = torch.tensor([self.memory_y[i] for i in indices])
    return x, y
def train task(self, task id, train loader, epochs=5, memory batch size=32, d
    Train on a new task while using memory replay
    Parameters:
    - task id: Identifier for the task
    - train loader: DataLoader for training data
    - epochs: Number of training epochs
    - memory batch size: Batch size for memory replay
    - device: Device to use for training
    self.model.to(device)
    self.model.train()
    for epoch in range(epochs):
        total loss = 0
        correct = 0
        total = 0
        for batch idx, (data, target) in enumerate(train loader):
            data, target = data.to(device), target.to(device)
            # Regular update on current task data
            self.optimizer.zero_grad()
            output = self.model(data)
            loss = self.criterion(output, target)
            loss.backward()
```

```
self.optimizer.step()
            # Update using memory replay
            if self.memory x:
                memory_x, memory_y = self.get_memory_batch(memory_batch_size)
                if memory x is not None:
                    memory_x, memory_y = memory_x.to(device), memory_y.to(dev
                    self.optimizer.zero_grad()
                    output = self.model(memory x)
                    replay loss = self.criterion(output, memory y)
                    replay loss.backward()
                    self.optimizer.step()
            # Calculate accuracy
            , predicted = output.max(1)
            total += target.size(∅)
            correct += predicted.eq(target).sum().item()
            # Store examples in memory
            self.add_to_memory(data, target)
        # Print epoch statistics
        print(f'Task {task_id}, Epoch {epoch+1}/{epochs}: Accuracy: {100.*cor
def evaluate_task(self, task_id, test_loader, device='cpu'):
    """Evaluate performance on a specific task"""
    self.model.to(device)
    self.model.eval()
   correct = 0
   total = 0
   with torch.no grad():
        for data, target in test_loader:
            data, target = data.to(device), target.to(device)
            output = self.model(data)
            _, predicted = output.max(1)
            total += target.size(∅)
            correct += predicted.eq(target).sum().item()
    accuracy = 100. * correct / total
    self.task_accuracies[task_id] = accuracy
   print(f'Task {task id} Accuracy: {accuracy:.2f}%')
   return accuracy
def evaluate all tasks(self, task loaders, device='cpu'):
    """Evaluate performance on all tasks"""
   results = {}
    for task id, loader in task loaders.items():
        accuracy = self.evaluate_task(task_id, loader, device)
        results[task id] = accuracy
```

```
return results
# Example usage (with placeholder data)
def create rotated mnist tasks(n tasks=5, batch size=128):
    """Create a series of tasks based on rotated MNIST digits"""
    # This is a placeholder - in a real implementation, you would load MNIST
    # and create rotated versions
    task loaders = {}
    for task id in range(n tasks):
        # Simulate different rotations of MNIST
        angle = task id * 15 # Rotate by 0°, 15°, 30°, etc.
        # Placeholder data - in real code, you would load and rotate MNIST
        # Here we just create random tensors of the right shape
        train_x = torch.randn(1000, 1, 28, 28)
        train y = torch.randint(0, 10, (1000,))
        test_x = torch.randn(200, 1, 28, 28)
        test_y = torch.randint(0, 10, (200,))
        # Create data loaders
        train_dataset = TensorDataset(train_x, train_y)
        test_dataset = TensorDataset(test_x, test_y)
        train loader = DataLoader(train dataset, batch size=batch size, shuffle=T
        test_loader = DataLoader(test_dataset, batch_size=batch_size, shuffle=Fal
        task_loaders[task_id] = {
            'train': train_loader,
            'test': test loader
        }
    return task loaders
def run continual learning experiment():
    """Run a complete continual learning experiment"""
    # Create model
    model = SimpleNN()
    # Create learning systems
    replay learner = ContinualLearner(model, memory size=200)
    vanilla_learner = ContinualLearner(model, memory_size=0) # No replay
    # Create tasks
    task loaders = create rotated mnist tasks(n tasks=5)
    # Training and evaluation
    for task_id in range(5):
        print(f"\nTraining on task {task id}")
        train_loader = task_loaders[task_id]['train']
        # Train on the task
        replay learner.train task(task id, train loader)
```

```
# Evaluate on all previous tasks
       test loaders = {i: task loaders[i]['test'] for i in range(task id+1)}
       results = replay_learner.evaluate_all_tasks(test_loaders)
       # Display current results
       print(f"Task {task_id} complete. Current accuracies:")
        for t, acc in results.items():
            print(f" Task {t}: {acc:.2f}%")
   # Plot final results
   plt.figure(figsize=(10, 6))
   tasks = list(replay learner.task accuracies.keys())
    accs = list(replay learner.task accuracies.values())
   plt.bar(tasks, accs)
   plt.xlabel('Task ID')
   plt.ylabel('Accuracy (%)')
   plt.title('Final Performance Across Tasks')
   plt.ylim(0, 100)
   plt.xticks(tasks)
   plt.grid(axis='y', linestyle='--', alpha=0.7)
   return plt
# Calling this function would run the complete experiment
# run_continual_learning_experiment()
```

This implementation demonstrates a simple replay-based approach to continual learning. The system maintains a buffer of past experiences and regularly replays them alongside new data to prevent catastrophic forgetting.

23.6 Take-aways

- Catastrophic forgetting is a major challenge for neural networks, preventing them from learning continuously like humans do
- **Biological brains solve the stability-plasticity dilemma** through complementary learning systems, synaptic consolidation, and neuromodulation
- Computational approaches to lifelong learning include:
 - Memory replay methods that revisit past experiences
 - Regularization techniques that constrain important weights
 - Architectural approaches that allocate new capacity for new tasks
 - Meta-learning strategies that learn how to avoid forgetting

- Practical applications of lifelong learning are numerous in robotics, personal Al assistants, and autonomous systems
- Combining multiple approaches often yields the best performance for real-world continual learning systems

23.7 Further Reading

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